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FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XV

OCTOBER, 1956

NUMBER 1

Fifty-four North Carolina F.H.A. Members and Advisers Among 2,110 Delegates to the National Convention in Chicago, Ill., July 2-6, 1956

District I—Joyce Currin, Adviser, Murfreesboro
Jeannette Worthington, Ayden, State President.
Betty Cummings, Tarboro.

District II—Mrs. Alma Phillips, Adviser, Jones Central;
Margaret Carol Banks, Southwood
Jenny Lou Taylor, Deep Run, State Song Leader.
Delores Carol Heath, Jones Central.
Jackie Young, Beaufort.
Myra Jane White, Southwood.
Ann Taylor, Southwood.
Polly Stroud, Southwood.

District III—Mary Elizabeth Burns, Adviser, Pinehurst
Helen Lewis, Red Springs, State Historian.
Barbara Adcox, Pinehurst.

District IV—Mrs. Florence Sorrell, Adviser, Benson
Margaret Rand, Garner, State Parliamentarian.
Ann Lou Ford, Garner.
Ann Rowe, Garner.
Janet Arlene Vick, Bailey.
Sue Weaver, Bailey.
Lane Farmer, Bailey.
Sonja Manning, Bailey.
Charmayne Ann Perry, Lowe's Grove.
Sue Wheeler Denning, Benson.
Becky Smith, Benson.
Sarah Brown, Mills, Louisburg.
Annette Fuller, Mills, Louisburg.
Marion Ashe, Northern.

District V—Mrs. Cora Whitehead, Ramseur
Doris Teague, Liberty, State Reporter.
Sarah Moore, Liberty.
Martha Jean Jones, Ramseur.
Sondra Vestal, Tri-City Central.
Carolyn Hennis, Stokesdale.
Ann Aldridge, Bartlett-Yancey.
Janice Powell, Bartlett-Yancey.
Helen Patsy Hunt, Bartlett-Yancey.

District VI—Mrs. Mary Kate Faulkner, Marshville
Penny Niven, Waxhaw, State Treasurer.
Pillie Ann Boatwright, Monroe.

District VII—Mrs. Madge Young, Taylorsville
Clyde Templeton, Union Grove, State Secretary.
Carol Scott, North Davidson.
Joan Zimmerman, North Davidson.
Kay Goodman, Boyden.

District VIII—Mrs. Mary L. Smith, Clyde A. Erwin
Becky Hayes, Harris, State Vice-President.
Carol Weir, Valley Springs.
Lib McLean, North Buncombe.
Judy Reese, North Buncombe.
Ann Featherston, Rutherfordton-Spindale.
Nancy Rosenthal, Shelby.
Mrs. Harriette Holton, Shelby.

State Adviser—Faye T. Coleman

Future Homemakers Who Earned State Homemakers Degree in 1955-56

Ayden—Brownie Harrington, Jeannette Worthington, Betty Lou Tripp.
Bartlett-Yancey—Janice Marie Powell, Joyce Ann Olive.
Bath—June Brinn, Sylvia Boyd, Geraldine Sawyer.
Bladenboro—Lettie Sue Hickman, Josephine Davis, Bonnie Hester, Linda Faye Bullard.
Belvoir-Falkland—Barbara Jenkins.
Cary—Carolyn Ross.
Chicod—Freddie Lucille Cox, Virginia Evans, Frances Jean Mills, Betsy Jean Spain.
Clyde—Elaine Curtis, Joy Young.
Cobb Memorial—Carolyn Austin, Lemma Jane Strader, Frances Ward.
Deep Run—Jenny Lou Taylor, Jo Anne Jones.
Franklin—Fannie Allen, Barbara Martin, Patricia Ann Melton.
Garner—Maggie Ann Rowe, Nina F. Jackson.
Lee H. Edwards—Frances Kinser, Lenora Roberts, Clara Pruett, Mary Linette Harwood.
Kenansville—Betty Chambers, Callace Marie Jones, Barbara Wells Mitchell, Patsy Quinn.
Kings Mountain—Becky Blanton, Jane Byars, Betsy Thronburger.
Liberty—Nathalia Teague.
Mount Holly—Janet Adcock, Violet Brooks, Barbara Green, Christine Helton, Margaret Louise Helton, Betty Howard, Helen Jones, Amelia Kelly, Gloria Lowe, Amelia McGinnis, Betty Massey, Shirley Lee Mauney, Kathleen Preslar, Judy Thompson.
Needham Broughton—Rachel Gulley, Glenda Faye Edge, Susan Elizabeth Davis, Sandra Strickland, Martha Stephenson, June Watson, Jane Hedrick, Barbara Randolph.

North Davidson—Carol Stadheim.
Old Fort—Margaret Cressman, Jeannette Elaine Morris.
Pamlico County—Margaret Harris, Betsy Pane, Betsy Ruth Paul.
Pikeville—Gail Lancaster, Jane Sasser, Tommie Ann Lancaster, Helen Elks.
Red Springs—Betsy Garruth, Janet McRacken, Edna Rose Duncan, Frances Ann Lewis.
Reynolds—Sue Merrell, Wilma Jean Wagner.
Roper—Jacqueline Skiles, Patricia Hassell, Theresa Maude Peele.
Rutherfordton-Spindale—Betty Brown, Anne Featherson, Pauline Griffin, Nelle Mauney, Linda Lewis, Patricia McDaniel, Patti Shehan, Sandra Putnam, Joan Robertson, Daphne Wingate.
Shelby—Susan Lutz, Charlotte Barry, Sarah McEntire, Amanda Lee Baker.
Stedman—Louine Armstrong, Carolyn Ann McDonald, Corenna Royal, Delphine Adams.
Stokesdale—Joy Ann Pegram, Sarah Middleton, Orlanda Jane Pope, Bonnie Robertson, Barbara Vernon, Glenola White.
Sumner—Lois Cook.
Silva—Ruth Crawford.
Tri-City—Sondra Vestal, Jacqueline Allen.
Tri-High—Katherine Scruggs, Patricia Crawley, Anne Melton, Kathleen Jackson, Doris Hamrick, Margaret Brindle, Becky Piercy, Frances Hamrick, Mildred Horn.
Valley Springs—Barbara Greene, Betty Lou Hollifield.
Waco—Melba Grigg, Della Faye Scism, Shirley Goodman.
Wakelon—Linda Dale Bailey.
W. R. Mills—Martha Allen, Sarah Brown, Anna Green Partin, Helen E. Allen, Annette Fuller, Peggy Ann Perry.

National Convention

Future Homemakers of America



EDITOR'S NOTE: *This story (condensed) as told by Jenny Lou Taylor to the editor of the Kinston "Daily Free Press" will help Future Homemakers in all of North Carolina realize to some degree the appreciation of these delegates for the opportunity to attend this convention — so beautifully planned and well-organized.*

It was 4 a.m. July 1, and I was beginning my "Cinderella Week." I was leaving for Chicago to attend the National Convention of the Future Homemakers of America.

Soon after I arrived at the Raleigh Seaboard Station at about 6:30 a.m., FHAer's from all directions began streaming in. The hub-bub of girls renewing old acquaintances and making new ones was briefly interrupted by the train's arrival. We all waived good-byes.

All of us were excited when we caught glimpses of the Lincoln Memorial and Jefferson Memorial from the train window as we entered Washington, D. C. During our two-and-one half hour wait Jackie and I went to the Capitol. I looked to the top of the dome and chills went down my back. It was breathtaking.

Washington is truly a beautiful city. One is always conscious that herein lies the records of the history of our country; and here, year after year, a few who represent the people of our country, make decisions which affect us all.

We arrived in the Windy City around 8 a.m., and at first I could only see railroad tracks, trains and tall dirty buildings. Then we took taxis to the Conrad Hilton Hotel, and the beauty of this 25-story building left me speechless! It shocked us

to find 12 elevators in the hotel. After we were registered we shot up in one of these elevators to the 16th floor, where we were to live for a week.

I was one of the five North Carolina delegates who had been chosen to participate in the All-States Chorus. There were 107 members of this Chorus. Each member had received at her home a copy of the music and words to several songs and had been instructed to learn the words and to practice singing the songs to music before coming to the convention. With this preliminary preparation, only a few rehearsals were necessary with our very gifted and talented director, Mr. Jerome K. Ramsfield of Chicago, Illinois.

In the evening Mr. F. Leroy Nelson was in the lobby at the organ. Girls from all over the country were

requesting their state songs—especially Texas. He played “Carolina in the Morning” and “Carolina Moon” for us. The girls really got excited when he played “Dixie,” which I believe was the most frequently-heard song at the convention.

That evening we attended the fireworks display at Soldiers Field. People of all races and creeds were there, and I think all had the same glad feeling as the band played “The Star Spangled Banner.”

We enjoyed some other first-class entertainment, including the “Crew Cuts” and “The Breakfast Club,” where we saw Dick Noel, Peter Donald, Sam, Homer and Jethro.

Thursday afternoon our North Carolina group went on a guided tour. Our visit to the Swift Company was interesting and informative, although we had chill bumps when we came out of the chilling room.

Our driver told us that Chicago has only 3,000 churches but 6,000 taverns. Its population of 5,000,000 is expected to be doubled in four years due to the new St. Lawrence-Great Lakes waterway now under construction.

Our banquet Thursday night was really beautiful. The Hawaiian delegation presented each delegate with a baby orchid, flown to Chicago from Hawaii that afternoon. There were 18 different dishes on the menu.

On Friday we heard reports and later met for our last general session when our new national officers were installed in a beautiful and impressive ceremony.

The end of the official convention was a sad occasion, for we had all enjoyed it so much, but I think that all of us were glad to be heading back for North Carolina.

This time I did stay awake to see Pittsburgh at night. The lights shining brightly through the fog and smoke made a lovely sight.

You could just tell when we arrived in our “Old North State.” The grass was greener, the sky more beautiful and the scenery prettier. (Of course I imagine we were a little prejudiced because we are “Tar Heels.”)

I sang all the way home from Washington. When I arrived in Raleigh, I was almost sick from my singing and the excitement, happy to see my family and friends, sad at leaving my new friends, and very thankful that I had had the opportunity to spend a “Cinderella Week” in the “Windy City.”



Nancy Rosenthal was elected at the North Carolina State Convention as a candidate for the office of National Secretary, and at the National FHA Convention in Chicago she won in the election and will serve as secretary to the National organization for 1956-57. North Carolina Future Homemakers are proud to have Nancy, a member of the Shelby Chapter and the North Carolina Association of Future Homemakers of America, to be a member of the National Executive Council.

FHA WORKSHOP— B. F. GRADY CHAPTER

On June 19, 20, 21, and 26, 1956, officers, chapter parents, and committee chairmen of the B. F. Grady Chapter met in the home economics department for a leadership training workshop.

Topics for the workshop included; Duties and Responsibilities of Officers; Parliamentary Procedure; Yearbooks; and Plans for the New Year.

Each session began with the opening ceremony led by our new president, Nancy Grady. At the close of each session, the group enjoyed a social hour.

During the week, each officer was given the opportunity of presiding at one of the sessions. Chapter parents attended regularly, and were most interested and co-operative.

A rough sketch of the yearbooks was made which will be completed in the fall, when plans are more definite. Yearbooks will include a list of past presidents, present officers, and members; opening and closing ceremony; requirements for degrees of achievement; projects; and a calendar of chapter activities including program topics, date and place of meetings—as well as special events. Leadership workshops do much to strengthen the FHA phase of the homemaking program!

CABARRUS COUNTY FHA OFFICERS WORKSHOP

The Cabarrus County FHA Officers Workshop for the 1956-57 officers was held at Mt. Pleasant High School on Tuesday, August 21.

This workshop is a gathering of all the officers from each club in the county for the purpose of learning their duties and how to properly carry them out.

The workshop consisted of eight groups each being directed by an adviser.

There were four chapter mothers present. The total number of officers present was 53, advisers 8, making the total present 65. Last year there were approximately 300 FHA members in Cabarrus County.

Dinner for the group was served picnic style in the home economics department.

The Lenoir-Greene FHA Rally was held at Gold Park on April 19. Each chapter in the two counties participated in some way.

Contentnea Chapter gave an interpretation of the creed followed by a play written by Lois Grey of the Moss Hill Chapter in which Moss Hill FHA members participated.

Officers for 1956-57 were installed.

Also on the program was a fashion show given by three students from each school who modeled dresses made in home economics class. Girls of La Grange also modeled a variety of styles from the Style Shop. We closed by singing our FHA Prayer song. Everyone skated until supper was served. At supper we had a choice of barbecue chicken or pork.

The Wingate Chapter was hostess to the social hour following the Anson-Union Bi-County Rally.

The Rally program consisted of—

Band Concert—Wingate Band
Song and Dance—Two Marshville girls

Welcome—Wingate FHA president

Response—Principal of Wingate School. FHA member—Lilesville

Fashion Show — “Graduation Through Vacation” Belk’s Stores in Wadesboro and Monroe, Models from chapters in Anson and Union counties

Relaxers — Song leader and pianist

Installation Service

The Meaning of the Rose

(This skit was presented during Vesper Services at the 1956 F. H. A. Camp at White Lake, N. C., by the Franklin Chapter. Parts of the rose—roots, stems, etc.—were placed on a large board as the parts were narrated.)

As you know the red rose is the flower of the Future Homemakers of America. Our Official Guide explains it this way. "The rose has been the favorite flower from remotest antiquity. It is found in almost every country on the northern hemisphere and is capable of cultivation in every state and territory of the nation."

A red rose is symbolic of vibrant, glowing health which contributes to happiness and efficiency in home and group life.

In the rose each separate petal is necessary for the formation and beauty of the full grown flower. So are an attractive personality, strong character and physical beauty necessary to a well-rounded individual.

As a rose must have sunlight and water, provided by God, for growth and beautiful color, so must a girl have the good example, guidance and encouragement which only can come from good parents in a good home to grow to full maturity.

We are going to show you a comparison between the growth of a rose and the growth of a girl. Starting with the root of the rose we shall trace its growth up to the full bloomed rose.

ROOTS—

The roots of a rose are symbolic of the home and family from which we come. Our families have given us the beginning of life and laid the foundation on which we will build our lives. They have cultivated the soil and provided the things necessary for growth. The influences that come from our homes are deeply instilled in our roots and most of them will never be changed.

The branches of this root represent these influences.

Our families have given us the foundation for health, both mental and physical. We have been guided through the dependent, immature years toward achieving independence and maturity. From our families we have learned that respect for the individual is the basis of a growing affection which if properly fostered, leads to the desire to have us reach our best development.



GIRLS (left to right): Barbara King, Greta Moser, Ruth Dunbar, Jolene Slate . . . Members of the Franklin Chapter.

Other roots that are firmly established by a good family are a sense of security and personal worth. It is important that we feel that we belong and as we grow into adults we will still have that sense of security that comes from the serenity and stability of good family life.

Roots of certain character traits have been cultivated. Loyalty, honesty, truthfulness and patience are some roots that should be firmly established by the family. The spiritual development—reverence for God should begin in the home. There is no better place to establish religious ideals. Jesus set the example for the well-rounded personality by increasing in wisdom, stature and in favor with God and man. The family could have no better example for guiding the growth of the young in the home.

Thus, the roots of our life are cultivated by our family life from which we should learn to meet life with high hopes and courage to face new situations with the expectation of great achievements.

STEM—

Just as the stem of the rose comes from the roots and is sustained throughout its growth to maturity so the child comes from the home and is nourished and guided there toward a mature life. It is in the home that we pass from a stature of complete dependence to independence. This period is rich in educational possibilities and emotional satisfactions.

The stem of the rose as well as the roots need rich soil, water, warmth, and sunshine for growth into a healthy plant that support the leaves and blossoms. The child also needs the factors that will help him grow into a well-rounded person so that he may face life courageously.

First, he needs the factors which are necessary for physical growth and the building of a healthy body.

Second there needs to be the opportunities to grow in wisdom and develop the abilities.

Third, guidance in relationships with the family and friends is essential for social and emotional growth.

Fourth, no personality is complete without the sunshine of God's love. During this period of growth one should seek and maintain a reverent attitude toward God and a mind that seeks for "the true, the beautiful and the good."

THORNS—

Growing up has its thorns too. There are often conflicts in our lives.

You might recall a few of the thorns such as your first day in school when perhaps you were away from your mother and home for the first time; losing your front teeth; shyness and bashfulness; embarrassing occasions; times when you were scared. Freckles or straight hair were probably thorns to some of you.

There are other thorns too in growing up. We are often in conflict with ourselves and our families. One moment we may behave in a childish manner and the next instant demand our rights and privileges as an adult. One moment we want our mother to make our decisions for us and then demand the right to decide for ourselves. We are afraid of being different and at the same time may not like what the crowd is doing.

(Continued on page seven)

Public Appreciation

Our Number One

Our Public Is Interested

"The first ingredient of any successful public relations program is good deeds. What is said about Future Homemakers, what is done by Future Homemakers, how it is said, and how it is done combine to form the public picture of this organization. The Challenge of Developing Sound Public Relations is Worth Accepting." So stated Mr. Hugh E. Muncy, Executive Manager, Illinois Chain Store Council, who spoke on "Public Relations Depends On You" at the National FHA Convention in Chicago, July 2-6, 1956.

Congratulations to all of you who are engaged in public relations projects and activities. Some of you have reported very worthy deeds which should promote good relations in your school or community. A few of the activities as reported are briefly described here:

Angier—For the Opening of school on September 4 a group of the FHA girls arranged a bulletin board in the hall of the high school building wishing the teachers and students a good school year. The official emblem was placed in the center with red lettering above and below it, expressing the chapter's wishes.

The girls brought flowers to the Home Economics department and an arrangement was made for each classroom. A card with the FHA emblem and best wishes extended to each, was placed on the desks with the flowers. Arrangements were also made for the auditorium.

Bartlett-Yancey—"Family and Friends Night" sponsored by the Future Homemakers of the Bartlett-Yancey Chapter has been one event of the year when activities in the homemaking program in the school and community are made known to the community public. Last spring interest in the program was so high that the school auditorium was overflowing for the special occasion.

A house was built and furnished by the Durham High School students of Vocational-Bricklaying, Carpentry, Homemaking, and Machine Shop. During Open House homemaking students show the public the draperies and other furnishings planned and made by them.

Hope Mills—The FHA officers of the Hope Mills school planned to help the principal again this year. They fixed materials for front hall bulletin boards, and fixed badges and diagrams for themselves to use on the first day of school.

Spencer—Future Homemakers of America at Spencer High School are busy these days making arm bands for civil defense workers here. The brassards will be used in the civil defense exercise scheduled for Salisbury on October 4 and in other phases of civil defense activity. There are 74 members in the Spencer Chapter. They made 888 bands.

Shelby—On September the seventh the FHA members had a tea honoring the new freshmen of Shelby High. A very attractive bulletin board with an octagon shaped clock—hands set at 3:30, the time for the FHA meetings during the year and large letters—**Now Is the Time** (above the clock) **To Join FHA** (below the clock). The tea helped prospective Future Homemakers to become better acquainted with FHA and what it stands for.

New Hanover—Included in the program of work of the New Hanover Chapter are the following plans:

1. Observance of FHA Week—Monday—Select a secret pal from the chapter and do something nice for her each day; Tuesday—Put a vase of flowers on each teacher's desk in high school. There are 89 teachers in our school; Wednesday—A television program using one of the skits from the National Convention; Thursday—"Do A Job For Mom Day"; Friday—A Tea in the home economics department after school for all new members, the home economics faculty, and each girl's mother.

2. November—the Chapter will secure through the welfare agency at school the names of several needy families and prepare baskets of food for them at Thanksgiving.

At the ironing board is Edna Rose Duncan, Betty Crocker Winner, Finance Chairmen FHA. Left of picture: Ruth McArthur, FHA Parliamentarian, and right is Betty Gray Dorman, FHA President. In the background is our FHA emblem and the Hi-Fi record player the chapter bought last year.



Challenge For 1956-57

Let's Tell Our Story!

Rutherfordton-Spindale—During their annual Mother-Daughter Banquet, Future Homemakers of America of the Rutherfordton-Spindale Chapter portrayed to their mothers and guests what membership in our organization could mean to each of its members. This portrayal was presented in pantomime with a narrator. The program interprets many phases of the total homemaking program. A copy of the complete script may be obtained from the state office by request. The introduction of this program is as follows:

NARRATOR:

If someone asked you what you considered to be the greatest promoter of good in the world, what would be your reply? Would it not be love? Tonight we shall look at some of the ways in which love finds expression—

In the home, where each member plays an important role, and has an unselfish concern for the others;

In the community, where time and talents are given willingly; And into a broader realm, by extending a helping hand to our brothers around the world.

Let us see how our world may have truth, love, security, and faith as realities, not dreams.

Taylorsville—Homes are being made more livable in the Taylorsville community as a result of individual home projects following a unit "Making Our Homes More Livable." Among the projects selected are: Cleaning Up the attic and burning rubbish; cleaning up the back yard and planting flowers; pruning shrubbery; repairing back steps; painting bedrooms; washing curtains and draperies; and painting and refinishing old furniture.

NEWS STORIES FOR YOUR HOMETOWN PAPER—

1. You do not need to write a heading or title for the story. The editor will decide this. Space may be felt at the top of the page for the heading.
2. If possible type the story and double space it.
3. Use names but be accurate in spelling the names and be sure that recognition is given to the right person.
4. It is very important that the first sentence be alive. It is the lead sentence. Read the samples below:

This

"Fun Night" is all that the names implies when as many as 350 Future Homemakers and Future Farmers inCounty gather together for an evening of planned and supervised recreation.

A letter from the Chief of Education Projects Section of the United Nations, M. L. Abeille, has been received by the president of chapter. The letter is an acknowledgement of the receipt of UNESCO Coupons from the chapter and an explanation of how the coupons will be used for home economics equipment in a Korean School.

"If you were a native of and your boy friend or your steady took you out for a date you would be certain to have a chaperone." This information came from a native of who visited the homemaking department at Surry High School and made a talk to Future Homemakers and their parents at the March meeting of the chapter.

"Welcome Mother Dear" in bold letters greeted the Mothers of Future Homemakers in the school on Valentine's Day.

More attractive and more livable homes are being noticed by families and friends of Future Homemakers in the community as a result of many individual and class projects in the homemaking program at the school.

Understanding people whose culture, customs and habits are different from our own is one way to help promote "International good will." This is the belief of the program planning committee of the chapter. This year five foreign born residents of the community have been invited to participate in programs.

Were you one of the proud mothers at last night's P. T. A. Meeting? Homemaking students demonstrated with poise and efficiency many skills acquired as a result of their training in homemaking classes.

Not This

Future Homemakers in County entertained the Future Farmers at the annual Fun Night Event on Saturday, December 5.

During the regular monthly meeting of the Chapter, the secretary read a letter which had been received from the United Nations Korean Reconstruction Agency.

The FHA chapter had a visitor from on the program for the regular meeting in March.

Members of the FHA entertained their mothers on Valentine's Day with a Tea.

Many Future Homemakers of the chapter have selected projects in their homemaking classes this year which will improve the appearance of their homes.

The Program planning committee of the chapter decided to invite some local people who are foreign born to take part in some of the FHA programs during the year.

The Program for the P. T. A. meeting last night was presented by Mrs., the home economics teacher, and her home economics classes.

Beautification Project

Continuous Through the Year

The outstanding activity of the past year's work was the joy of "reaping the harvest" of plans which were made three years ago. When Leaksville High School and Draper High Schools were consolidated as Tri-City, we had to attend school on the second shift for about six weeks. At least until it was possible to push by the workmen and enter through classroom doors to have classes. Teaching, above the noise of the hammers, saws and electrical machinery of the contractors within the building and the bulldozers on the outside, was no easy task. However, we were so overjoyed with the dream of the completed building that we did not fret about the few months of difficulty, until we learned that the brick wall being laid about 4 feet outside the home economics windows was to be an open coal bin. Having been taught and in turn teaching the girls to make the most of the situation at hand, we jokingly named the coal pile "Black Mountains" and, on one occasion, the coal was made into an attractive center piece for a lunch.

We began immediately to think what might be done in the four feet of space between the building and the walls of the coal bin. After considering several ideas the Tri-City Chapter of the Future Homemakers of America decided to plant climbing roses—hoping the roses would screen our "Black Mountains." We began a study of roses, accumulating bulletins from the extension agents, nursery, and a catalog from Jackson and Perkins Co.—the world's largest rose growers. From this material and talking with local rose growers, we learned that it was too late to plant the roses. This didn't kill our enthusiasm; we kept our plans until the fall and during National FHA Week, we planted ten climbers, eight of which were the Blaze and two Paul Scarlets, along the wall of the coal bin. Anticipating the annual activity of our FHA Club of putting a rose on each teacher's desk, we planted a dozen rose bushes for cutting and making flower arrangements. In the spring of 1954 we worked, fed, sprayed, and nursed the bushes with little results. Again in the fall we worked, fed and sprayed our little plants. We continued to nurse our roses and had asked the Vocational School to make



F. H. A. Girls typing runners. Reading left to right: Sondra Vestal, Vice-President will be President next year; Jackie Allen, Treasurer for two years, senior; Rachel Lynch, incoming Vice-President; Carol Houchins and Barbara Hatcher.

us a fence. Not until after they began blooming on the ground did we get any encouragement about securing a fence of iron pipe in a cement base so that would stand. The rest was left to the FHA girls. Again we worked, fed, sprayed, and put pine needles around the bushes for the summer. During the winter of 1955-56 we painted the fence and finally tied the runners up. As our spring was late coming, the roses were just beautiful during that trying last month of school. Not only did we enjoy them but we swelled with pride when such remarks as these were made by the students, faculty, principal and superintendent:

"Aren't the roses beautiful?"

"We are certainly enjoying your roses from our windows!"

"I declare they are beautiful! It's a shame they are not on the front side of the building."

"Your group certainly had an excellent idea three years ago when

they planned to plant the roses to screen the coal pile. They are far more attractive than the coal!"

This is an everlasting project as we must continue to work, feed, spray and nurse our roses from year to year, but it will also be an everlasting enjoyment as they bloom from year to year and the shrub itself will screen "Black Mountains" from the eyes of the students, teachers, and others who visit the home economics department of Tri-City.

COVER PICTURE

Two officers of the North Carolina Association of Future Homemakers of America, Penny Niven, Treasurer, and Doris Teague, Reporter, greet Dr. and Mrs. J. Warren Smith as they enter the Memorial Auditorium in Raleigh to attend the 1956 State Convention of Future Homemakers of America. Dr. Smith is the Director of Vocational Education in North Carolina.

THE MEANING OF THE ROSE

(Continued from page three)

Conflicting ideas of different generations often are like thorns. We are all familiar with "Now in my day things were different."

The thorns will always be there but whether we can handle the rose without being pricked will depend on how we can face these conflicting situations. Through sharing experiences and openly discussing these conflicts with our parents we can come to an understanding that will be acceptable to both. Then we can say with the poet, "every rose has its thorns, but ain't the roses sweet."

BUDS—

From this stem that is sustained by the roots grows the buds which will later develop into the beautiful flower.

The buds are symbolic of the developing beauty and talents of the young girl. You are growing out of the awkward age, when you felt you were all legs and arms, into a young woman of charm, poise and good manners. You have learned, or you are learning the importance of such characteristics as adaptability, self-confidence, patience, the joy of living and honesty in dealing with people and many others. The finer and more worthy these goals, the greater value they will have to you and the community where you will live.

The care and development and the use we make of opportunities at this time are most important to help us grow into full maturity and be the kind of grown-up we want to be.

A rose may be carefully cultivated up to this stage of development and have beautiful buds, but will never open into beautiful flowers if the same loving care is not continued. So we are at this stage of development in our lives and it is up to us to make the choice that will determine whether our lives will open out to give beauty and service to the world or whether we will wither and die.

LEAVES—

While the home is the center of our lives and usually has the greatest influence in our growing up, there are other influences that are important.

The teachers we have during our school years have a great influence in molding our characters as well as helping form habits and attitudes. Preachers and Sunday School teachers share in our growth, too, by helping us attain a deeper reverence toward things spiritual and a greater faith in God.

The kinds of friendships we form are very important. A real friendship that is based on sharing and understanding will grow into deep affection. Then, there must be confidence and loyalty if a friendship is to be lasting. Honesty and sincerity are also important. The friendships you have can help you develop these traits if the friend values these characteristics and tries to incorporate them in his own life. Thus the leaves of our rose represent these influences in the process of growing up—our teachers, preachers, Sunday School teachers and our friends.

FULL ROSE—

As our rose opens into full maturity, we see the beauty of each petal as it contributes to the beauty and elegance of the full blown rose. Thus, when we see an attractive personality, it too has the beauty of a rose. "To be grown-up means to be physically mature; next, to understand oneself; and then to have attained inner harmony and established goals that direct one toward consistent effort; wise choices and self-control." The grown-up is able to understand life's problems and to face them confidently. She's able to plan a satisfying design for living. She makes this plan "home centered" thus providing a powerful support for her normal physical well being, mental growth, and emotional fulfillment.

Thus, when you see a full grown rose in all its beauty, think of all the qualities that go into the making of a beautiful life—the life that is the goal of every Future Homemaker.

ODE TO A WARDROBE

Loaded with clothes
That all need repair
Plenty to wash—
Nothing to wear.

Filled with assortment
of fabrics and cloths
Inhabited yearly
By ravenous moths.

A joy to possess
A dread to keep straight
Contents are never
Quite up to date.

Your space is too small
Contents quite old,
Some old shoes are even
Covered with mold.

Though I quite often gripe,
At your contents outdated.
In my estimation
You're really high rated.

Not the things that are in you,
or even about you,
But what would I do, Oh
Wardrobe without you.

Judy Reese
North Buncombe Chapter
Weaverville, N. C.

THE NATIONAL CONFERENCE ON CITIZENSHIP—SEPTEMBER 16-19, 1956

Representing Future Homemakers of America at the National Conference on Citizenship were three of our national FHA officers: Ardis Armstrong, Vice-President from Montana, Helen Lerro, Treasurer from Massachusetts and Nancy Rosenthal, Secretary, from North Carolina.

There were 1,000 delegates from 800 organizations present. For this year—Election Year—the theme "The Voting Citizen" was a very timely one. As Future Homemakers we are below the age for voting on community, state, and national issues and in elections. What can we do? On the program were such nationally known people as—Honorable Thomas D'Arcy Brophy, Past President of the American Heritage Foundation and Honorable Charles P. Taft, Mayor of Cincinnati and Past President, Federal Council of Churches of Christ in America, and Honorable George V. Allen, former Assistant Secretary of State, now Ambassador to Greece. Each was concerned with the preservation of our American Heritage—to govern ourselves through ballot.

Please plan to give some consideration to what *You* can do in your community to get a large percentage of eligible voters to go to the polls—and vote in November. Less than 60 per cent of the eligible voters went to the polls in 1952. Many of these were bankers, doctors, dentists, and members of business clubs.

Chapter Chatter

"Garden of Love" was the Theme of the banquet given by the **Anderson** FHA and FFA chapters honoring their parents last spring. Highlighting the evening's program were two pageants, "The Family That Does Not Co-operate" and "The Family That Co-operates" presented by Earl Bradley, Jimmy Alfred, Myra Aldridge and Norma Ann Troxler. All the committees—program, decorating, food, hospitality and others co-operated beautifully to make this one of the most rewarding experiences of the year.

The **Aycock** Chapter of the Future Homemakers of America had a most successful year last year under a new system. The group had grown so large we found the executive council handling problems which girls were reluctant to discuss in such large gatherings. The personal element was disappearing and with it interest and co-operation.

Last fall four sub-groups were formed according to classes. These groups met every other Monday during class period, using the full period when needed. These were considered committee meetings where pertinent problems were worked out.

Once each month regular chapter meetings have been held. At this time the committee groups gave reports of their activities. And these groups took turns providing the program for these regular meetings.

During the year each group entertained parents or mothers in separate socials. The chapter did not have a joint banquet.

In this way more Future Homemakers were able to take part in chapter activities more interest was aroused and much more was accomplished.

"Families Together" was the theme of the Mother-Daughter Banquet by the **Beaufort** Chapter last spring. Jackie Young, FHA president, and Frances Bell were in charge of the program. Narrators for the flash-backs of the home and community activities of the FHA were Sandra Haskins and Pauline Woodard. Jackie Young, was one of the eight delegates from District II to the National Convention in July.

The **Bear Grass** chapter of the Future Homemakers of America honored their parents with a tea given in the home economics department. The room was decorated with native spring flowers. The refreshment table was centered with a lovely arrangement of dogwood and jasmine carrying out a green and yellow color scheme. Punch, yellow and green party cakes, party mints, and nuts were prepared and served by the Future Homemakers. Most of the parents of the FHA members attended.

In discussing a home, school, and community beautification project, the **B. F. Grady** chapter felt that "charity begins at home"—so they decided that they should work on their clothing laboratory in the Home Economics Department.

A steering committee was appointed and plans got under way for goals to be reached including means of financing the

project. The school, county, and home economics girls and their mothers joined hands to complete this project.

We badly needed more space, so we persuaded our superintendent to have a wall removed between the clothing lab and living room, which meant for added space and better arrangement of furnishings. They also patched our plastering and furnished paint for our walls, tables and chairs and cabinets.

FHA members got busy raising funds to finance their part of the project which included painting, sanding floors and purchase of floor covering, new adjustable ironing board, electric sewing machine, refinishing two chairs and a table, and material for slip covers and curtains. One of our chapter mothers, who runs an upholstery shop, volunteered to assist two girls with the slip cover. Several of the FHA girls stayed after school and made the curtains and refinished furniture. Some of the FFA boys assisted in sanding the floors. The school purchased one electric sewing machine for us.

When our project was completed, we held open house at PTA. Our FHA swelled with pride at the impression that our beautification project had made.

FHA Degrees were explained at the April Meeting of the **Boyden** Chapter. Ann Miller, degrees chairman, was in charge of the program. "Declaration of Intention" blanks for both the Junior and Chapter degrees were given out. Kay Goodman, who is second alternate to the office of national secretary represented the **Boyden** Chapter and the **Davie-Rowan** Bi-county Federation at the National FHA Convention this summer.

The **Cerro Gordo** Chapter of Future Homemakers had a visitor from Ceylon.

She was Mrs. Rance Fernando, who gave a talk, and answered questions about her native land.

Mrs. Fernando is an attractive, soft spoken, dark haired lady. She speaks English well, in fact she teaches in English in Ceylon.

She is a Home Economics teacher and is going to school over in Detroit, Michigan, on a scholarship.

Ceylon is a small island country off the southern tip of India. It is about half the size of North Carolina, with a population of about six million. The weather is hot all year round.

Mrs. Fernando was dressed in the native attire of the Ceylonese people. It consisted of a piece of cotton material, because of heat and cost, six yards long and 42 inches wide, which was wrapped loosely around the body. The Sari is also used as a hat. On her feet were strap sandals. Jewelry is very popular and plentiful in Ceylon.

The principal food of the Ceylonese is rice. Coconut is also very useful, in fact every part of the tree is used. Their food habits are quite different from ours. They use almost no milk.

The homes have cement floors, which are polished. We were interested to learn they only have half walls in their homes and schools for ventilation. Outside the city there are few of our conveniences. No TV even then. The people sleep under mosquito netting to keep out the insects.

The dating and marriage customs are peculiar to us. In some cases the parents choose the lifemate, but this is changing somewhat. They usually marry around 20. When couples date they always have chaperones.

The schools in Ceylon are different from ours. The girls and boys go to different schools. The girls wear white uniforms. They have three months of school, then a month of vacation, all year round. All religious holidays are observed. Mrs. Fernando who teaches the senior girls all of their subjects, makes \$40 a month. Their homemaking course is similar to ours.

"So Dear To Our Hearts" was the theme of the **Clyde** Chapter for their Mother-Daughter Banquet which took place on Valentines' Day.

During dinner Elaine Curtis presented us with several piano selections. Afterward an interesting program was given by members of the FHA. Rosemary Newman gave the welcome and her mother, Mrs. James Newman, gave the response. Amelia Robinson gave "Her Children Shall Call Her Happy" from the Bible. Mrs. Bonnie Shook, a member of the faculty, gave an inspiring speech on the relationship of a mother and a daughter. And then with the skit that had been prepared by ten girls on the "Broken Hearted Old Maids Club," we had an opportunity to howl with laughter. Patricia Lindsey closed the program with the singing of "Good Night Mothers, Farewell Daughters."

Future Homemakers of the **Erwin** Chapter planned and sponsored a program in April which had far reaching results as an interpretation of the homemaking program to the people in the Erwin community. The program included: A devotional "Builders of Homes"; an explanation of the creed; and explanation of how FHA fits into the school program; a history of the organization in celebration of its 10th anniversary, presentation of honorary memberships, special thanks to interested and co-operative individuals, solo singing and dancing and readings. The Fashion Show, and a Social Hour in the home economics department.

The proud fathers of the **Glendale** FHA members decided last year that it was high time they were invited to one of the annual socials previously held for mothers. So a Parents Banquet honoring both mothers and fathers was planned.

The many expressions of appreciation from our fathers for being included made us feel truly rewarded for our efforts in preparing for this Parents Banquet instead of the Mother-Daughter Banquet.

In addition to our parents, our guests included Mr. E. S. Simpson, Johnston County Superintendent of Schools, who was the featured speaker and with him was his lovely wife. Other guests were the local school committee, the high school faculty, and the former President of our chapter, Miss Betty Jane Boyette.

"Wearing of the Green" was the theme of the Mother-Daughter Banquet of **Greenwood** Chapter of the Future Homemakers of America last spring.

The approach of St. Patrick's Day influenced the program for the evening and was further accentuated in the decorations

of the cafeteria, the appointments and the three-course dinner menu.

Mrs. Robert Wallace, Lee County bookmobile librarian and a former member of the Greenwood FHA chapter, spoke briefly on the importance of homemaking. Mrs. Wallace stressed the importance of homemaking as a career.

Many careers today are open to a woman, she said, but still homemaking is the greatest, the most satisfying and the most rewarding. Homemaking, she stressed, is not confined to four walls, but reaches out into all phases of community life.

She urged her listeners to "have faith in your mission in life because lack of it has caused multitudes of failures. When we believe in ourselves we lift ourselves out from the masses and become an individual."

The FHA entertained at the **Robert B. Glenn High School**.

More than 400 Future Homemakers of America and Future Farmers of America joined together in the annual fun night event for chapters in **Stokes and Forsyth counties**.

Kay Krites, president of the Forsyth County FHA Chapter, was in charge of the program.

Music was furnished by the Glenn High School Band and the Forsyth County FFA Band. Square dancing, talent events and round dancing were features of the program.

Glenn, Kernersville, Walnut Cove, Clemmons, Griffith, Walkertown and Northwest high schools participated in the talent show.

Mrs. R. L. Kuykendall of Kernersville and Mrs. Nina Freeze of Walnut Cove are faculty advisers for the FHA fun night.

The **Mills** FHA'ers played host at the annual Franklin-Nash Bi-County Rally last spring. A full page—front page—spread in the *Franklin Times* all about our organization appeared during the week prior to the day of the Rally. The principal speaker for the event was Mr. C. H. Fries, assistant Superintendent of Nash County Schools. Greetings were extended by Mr. M. L. Rowland, Principal of Mills School, and Dr. Cecil Robbins, President of Louisburg College. Election of officers for 1956-57 was the main item of business. A Fashion Show sponsored by the Fashion Shoppe with FHA members modeling highlighted the afternoon program.

Five residents of **Morehead** and vicinity who were born in foreign countries were guests of the **Morehead City** Chapter at its annual Mother-Daughter buffet supper last spring. Each was presented with a red rose, and as they were introduced by Patsy Holt, our president, each one made a short talk. They were Mrs. Larry Cannon, born in Holland; Mrs. Odell Adams, born in the Bahamas; Mrs. M. J. Loutit from Scotland; Mrs. O. G. Sterlen from Norway, and Mrs. Ward Ballou, a French Bride. Our theme "International Good-Will" was carried out by having a group of flags of the nations on the center table, and by using strips of crepe paper in the colors of the flags lengthwise of each table covered with white cloths.

The Future Homemakers of the **Norlina**

Chapter honored their mothers at a Tea in the Home Economics Department Friday, May 11 from 2:00 until 3:00 o'clock. Chapter mothers, Mrs. George Reed and Mrs. Allen Kimball were in the receiving line with the chapter officers. Frozen fruit punch, fancy sandwiches, cake squares, cheese biscuits, and mints were served. These were prepared and served by the third year home economics girls.

There are fashion shows and fashion shows, but seldom one in which the men are favored. Future Homemakers of **Northern High School** decided to do something about it, and their Dads got a hilarious surprise.

It was "Daddy Date Night" for the FHA chapter. The girls entertained their fathers at a sumptuous banquet first, showing off cooking skills. The decorators in the chapter got a workout too,



carrying out an "April Showers Bring May Flowers" theme in the generous centerpiece arranged around umbrellas.

But the piece de resistance of the evening was the fashion show of men's clothes. Barbara Hill modeled sports clothes; Helen Dunlap showed what the well-dressed working man should wear; and Bobbie Hutchins wore the latest in pajamas. Judy Holloway and Marion Ashe had parts in the program, with Sylvia Goodwin, club president, presiding with the assistance of Miss Annie S. Wootten, adviser.

Marion Ashe, President of the Chapter, attended the National Convention in Chicago and she is making plans to work on her State Degree this year. Also she is taking definite action to continue to strengthen her chapter.

All members of the **North Davidson** FHA Chapter were quite busy several weeks before Valentine. They were planning and preparing for their Mother and Daughter Banquet. A delicious meal was served and afterward we had a wonderful program which included several solos, a resumé of the years work in our chapter, and a fashion show. A beautiful corsage was presented to our adviser, Mrs. H. E. Parker. After the banquet our mothers were given a chance to get acquainted.

To add an extra spark of interest to our spring fashion show, the FHA'ers of **Prospect Hill** decided to invite Miss North Carolina to participate in the show and to give us some last minute pointers on modeling. Too, we had just done an extensive amount of redecorating in the home economics department and wanted

to have open house for the community to see our accomplishments.

It was an exciting day for all the pupils and parents of Prospect Hill. Miss Arnold reigned as Queen during the fashion show. The models were home economics pupils and the garments were made by them in homemaking classes.

The president of the **Red Springs** FHA Chapter, Betty Gray Dorman, has been collecting dolls for eight years and at the present time has 100 dolls in her collection. She is a member of the International Doll Club which entitles her a doll directly from a foreign country each year. Betty Gray made a talk about her hobby and displayed approximately 60 dolls from her collection at a meeting of the chapter last spring.

Two FHA girls of the **Shelby** Chapter received \$50 War Bonds. These students plan to major in home economics in college. Ella Foy Suttle, daughter of Mr. and Mrs. A. C. Suttle, and Martha Reid, daughter of Mr. and Mrs. Show Reid were winners. Miss Suttle plans to enter W. C. U. N. C. and Miss Reid will enter Queen's College.

The Rev. John Robinson, pastor of Pleasant Grove Baptist Church at Vander, was guest speaker at the annual Mother-Daughter Banquet held in the **Stedman** school cafeteria on Tuesday evening.

Sarah Lou Owen, president of the Stedman Chapter of Future Homemakers of America, recognized special guests present, including the honorary chapter members and honorary chapter mothers.

The chapter mothers for this year attending were Mrs. W. H. Kelly, Mrs. R. E. McDaniel, Mrs. W. D. Fisher, Sr., and Mrs. Godbold. They presented a corsage of red roses to each of the old and new officers.

Chapter projects of the **Tri-High** FHA Chapter in Rutherford County during 1955-56 included operation of our school infirmary and starting a fund to buy a wheel chair to lend to anyone in the community needing one.

A program entitled "Building the Emblem" was presented at the **Weldon** FHA Mother-Daughter Banquet by Romano Nelms, Adelaide Newsom, Marty Pierce, Rachel Newsom, Nancy Garner, Joyce Newsom, Charlotte Elias and Becky Inge. Velma Ferrell presented Pat Clark with a chapter degree pin to be worn with the degree pin she received last year. Waitresses were members of the 8th grade.

Mrs. O. C. Stroud, Sr., of Ayden was speaker of the evening at the **Winterville** FHA Mother-Daughter Banquet. Mrs. Stroud stressed the main essentials necessary in making a good home as taught in FHA. Her inspiring talk encouraged all "To work for good home and family life for all." Mrs. Stroud stressed that "It's not what you say, but what you do which will actually make your FHA dreams become realities."

Jeannette Worthington, State FHA President was a special guest. Jeannette presented 13 beautiful red roses to deserving members and outstanding friends of the FHA.

The Future Farmers of America served the dinner under the supervision of their agriculture teachers, Mr. E. F. Hubbard and Mr. Douglas Bryant.

Scenes of the State Convention—1956



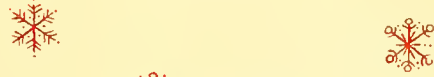
State officers (l. to r.): Doris Teague, Reporter; Penny Niven, Treasurer; Jeannette Worthington, President; Becky Hayes, Vice-President; Clyde Templeton, Secretary; Helen Lewis, Historian; Jenny Lon Taylor, Song Leader; (absent is Margaret Rand, Parliamentarian).



Jenny Lon Taylor and Carol Lynn Garriss with Mr. and Mrs. Garriss in a huddle after the morning session. Carol Lynn served as Vice-President 1954-55 and President 1955-56.



Center—State Degree Winners; Names of those earning state degrees are listed on inside cover of magazine. Top Center—Candidates for Secretary in a huddle before they were presented. Reading from left to right, First row on steps: Sarah Brown, Louishburg, Nancy Rosenthal, Shelby; Second row: Kay Goodman, Boyden and Clyde Templeton, Union Grove; Third row: Daphne Wingate, Rutherfordton-Spindale and Margaret Olson, New Hanover. Bottom—Lunch time for old and new officers and some guests—including Jimmie Hunt, State IFA President.



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XIV

DECEMBER 1956

Number 2

Christmas Ideas for the Reporters

What type of a reporter are *you* for your local FHA chapter? Do you only report the regular meeting to your newspaper? Why not show your chapter and your community that *you* can be a reporter with a "nose for news."

As a reporter, how do you help your chapter celebrate Christmas? Do you put your imagination to work and suggest ideas which will help your chapter to progress? There are many ways at Christmas that you and your chapter can celebrate this sacred holiday.

There are probably families in your own home town who have never experienced the true spirit of Christmas. Why not help them receive this joy?

Your chapter can always hold carolings and take along baskets of fruit for those who are sick, or the aged, or those in the hospitals—especially hospitals for crippled children.



There are many other Christmas ideas that you as a reporter can help your chapter carry through; but

remember to be sure to let the public know what your FHA is doing!

Don't wait! Begin today to help your FHA as a *reporter*!

By DORIS TEAGUE
F.H.A. State Reporter

FHA

I'm glad I belong to FHA
It helps me journey along life's way,
And as I dream about the world,
I can see a teenage girl.
As she grows day by day,
Her adviser tells her of FHA.
When she grows up
I'm sure she'll know,
Just how to cook, and how to sew,
And how to iron, and how to clean,
And how to do all sorts of things.

ANN HOLLOMAN and
GLENDA HARKER
Jones Central Chapter

North Carolina Association of Future Homemakers of America

State Officers 1956-57

President—Jeannette Worthington, Ayden
Vice-President—Becky Hayes, Harris
Secretary—Clyde Templeton, Union Grove
Treasurer—Penny Niven, Waxhaw
Reporter—Doris Teague, Liberty
Parliamentarian—Margaret Rand, Garner
Historian—Helen Lewis, Red Springs
Song Leader—Jenny Lou Taylor, Deep Run

District Advisers 1956-57

Joyce Currin—Murfreesboro
Mrs. Mary L. Smith, Clyde A. Erwin
Mrs. Madge Young, Taylorsville
Mrs. Mary Kate Faulkner, Marshville
Mrs. Cora Whitehead, Ramseur
Mrs. Florence Sorrell, Benson
Mary Elizabeth Burns, Pinehurst
Mrs. Alma T. Phillips, Jones Central

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

No Excuse for Eligible Citizens in Shelby Community Not Voting November 6, 1956

You haven't got a chance, Joe Voter; you'll have to vote whether you like it or not—the FHA has seen to that.

Time was when you could beg off your ballot on the grounds you'd tend to incriminate your kids if you left them alone while you went off to vote.

But leave it to the FHA—this association dedicated to making homes in the future—they've come up with a special baby-sitting service for election day.

Nancy Rosenthal, FHA president, Shelby High School, masterminded it. She offered the services of her FHA chapter to Mayor Harr Woodson, who accepted with alacrity.

Next thing you know Miss Rosenthal turned the whole thing over to a committee headed by Mary Lynn Lutz with Julia Sherer as co-chairman.

The committee set up an all-day deal for Tuesday from 8:30 to 6:30 (when the polls closed). All you had to do was call the FHA operator at 4101 and a baby-sitter would be right over.

This was one time when both kids and the baby-sitter got a break.

Incidentally, this Miss Rosenthal is a resourceful FHA'er. Said she, analyzing the baby-sitter to voter relationship: "If the citizen can provide transportation for the girl, fine; if not, a transportation committee will be set up by the students."

FAMILY LIFE CONFERENCE CHARLOTTE, OCTOBER 29-30

Clyde Templeton, State FHA Secretary, represented the State FHA Association of Future Homemakers at the North Carolina Family Life Conference held in Charlotte, October 29-30. Included in the reports by Clyde of the meetings she attended is this—FIRST DEMONSTRATION SESSION.

(Fourth grade students are not given homework over the week end, but are asked to complete a little project which they can share with their families. They each give a report of their project on Monday morning.)

Contents of Demonstration

1. Together, the group decided on Friday for each class member to



Mayor Harry Woodson reads a letter suggesting an FHA baby-sitting plan for election day. It was written by Nancy Rosenthal, Shelby High FHA president, who stands at far right behind mayor. Mary Lynn Lutz at left, was chairman of FHA Committee which would provide baby-sitting service for potential voters, who otherwise might not be able to cast a ballot.

provide a surprise for either parent over the week end. Each one waited eagerly to report his surprise as the teacher called on him.

2. By having no school assignment, the students expressed having more time to spend with their parents.

3. They thought that they enjoyed their lessons at school more by having less homework.

4. The projects made the children feel as if they were an important part of their families; thus, establishing a feeling of security.

5. It gave them a realization of what their parents do by actually helping them.

6. Some of the students even went so far as to draw illustrations and write little stories about their projects.

7. Personalities were certainly brought out as the children told their project story. For those who would not speak otherwise, the oral discussion was a step toward improving those personalities.

8. As the children fulfill their

(Continued on page three)

1956-57 GOAL II . . .

To Help Members Understand the Opportunities Open to Them in the Field of Home Economics

Future Homemakers who are interested in continuing their formal education after high school and are considering a major in home economics will be interested in what a former FHA member and an FHA officer of her local chapter has to say about her College Home Economics Club.

What Ruth Turnage has said in her talk "What the Home Economics Club Means to Me" could be a challenge to every Future Homemaker. Here is a copy of her speech.

"WHAT THE HOME ECONOMICS CLUB MEANS TO ME"

What does the Home Economics Club mean to me? Is it merely an organization for which I possess a membership card, just a means by which I get my picture in the yearbook? Or is it really a club in which I use my time, talents, and labor to foster the interest and development of Home Economics? I sincerely trust that it is the latter.

What does the Home Economics Club mean to you? Is it an organization in which you find much enjoyment from really being a member? Does your membership in this club help you to develop socially, spiritually, and educationally? Does this club offer to you many opportunities to meet people—girls who are preparing for a similar profession as you are and women who have already become professional experts in their own field?

Is it a club in which you work to help others, to foster international good will, to become a good citizen and community leader, and simply to learn to live with others?

If you are not getting these things from being a member of our Home Economics Club, perhaps I can help you find out why you are failing to be a successful club member. You have, no doubt, heard that you get out of a thing exactly what you put

into it. Just how much have you really put into your club?

To me the East Carolina College Home Economics Club has been a doorway, providing many opportunities to help me become a more well-rounded individual. When I entered college as a Freshman I immediately became a member of the Home Economics Club. It was only a few days before I was appointed to serve on the Refreshment Committee and found myself busy helping plan the club's parties and refreshments for various meetings. Working on this committee gave me the chance to meet some of the other Home Economics majors personally, and become friends. This enabled me to develop socially by working with others and sharing their experiences and ideas.

As a Sophomore I served as co-chairman of the refreshment Committee for our club. I not only furthered my experience in foods by preparing and serving the refreshments at our meetings but I also gained experience in acting as hostess to the group.

Our club meetings have consisted of a variety of very interesting programs. At these meetings I not only meet with girls who are studying to enter the same profession as I am, but many of our programs include visits from professional women. One of these programs was a panel discussion on "What Home Economics Offers You." The panel was composed of a home demonstration agent, a teacher, a home economist on TV, a power and light company

(Continued on Inside Back Cover)



These are Future Homemakers too. Only they are no longer affiliated with our organization. You see they are college students and our organization does not include college students. These girls are members of the East Carolina College Home Economics Club. They are preparing the Home Economics Club Bazaar to be held on Dec. 6, 1956. This semester they are residents in the Home Management House. Left to Right, They are: Polly Kearney, Francis Williamson, Sara Bryson and Mozella Bass.

A WORD TO CHAPTER OFFICERS

Are you one of the estimated 4,000 FHA chapter officers in North Carolina?

The honor of holding an office in your FHA Chapter carries with it many responsibilities and challenges which can result in an improved *you* and a *growing chapter*.

You were elected because your co-workers had faith in your ability to lead. Are you desirous of developing to the upmost those qualities which will enable you to be truly worthy of the faith entrusted in you?

Ask yourself these questions:

1. Am I interested in the growth and development of all members of the chapter and do I have the ingenuity and imagination to suggest experiences and activities which will mean growth of the individual?

2. Am I thoughtful enough to express genuine thanks and appreciation for even the smallest contributions made by members?
3. Am I happy over the accomplishments of my co-workers? Do I express my pride in them?
4. Am I competent in my job as an officer? Am I prompt? Do I perform my specific duties to the best of my ability?

Helen Lewis, your State Historian, offers this bit of advice. "For your New Year's resolutions remember 'A job worth doing, is worth doing well', so girls, with these words I challenge you, the Future Homemakers of tomorrow. Serving as your State Historian through 1956-57 is giving me a broader outlook on the Future Homemakers of America."

LOOKING AHEAD IN FHA

National FHA Week—April 7-13, 1957. Please don't worry if you observed National FHA Week the first week of November—the week which for a number of years has been proclaimed National FHA. At the National FHA Convention it was announced that the dates had been changed, but the final decision of the week of April 7-13 was not known until later.

"Today's Teenagers, Tomorrow's Homemakers" has been chosen by members of the National Executive Council as the theme for the 1957 National FHA Meeting which will be held at Purdue University in Indiana during July, 1957. Emphasis will be: "Family Happiness is Our Responsibility; Planned Action Prepares Us." Detailed plans are in the making. Watch for later information in *Teen Times* and this magazine.

Recommendations of the National Committee on **Emblematic Materials** included: that state officers' pin be made available for state officers to purchase, and that the state officers pin be the gold pin with the ruby in the guard; the purchase of their pins either for or by a state officer would be optional. Either the pin or guard, or both may be purchased by the state officer at the end of her term of office. (State officers watch for announcements regarding this.)

FAMILY LIFE

(Continued from page one)

project duties, they gradually assume more responsibility.

9. This was a great plane where the individuals could meet with a common interest. (The project of a retarded child was no different from that of an exceptional child.)

10. The children expressed this feeling for their families: "If we didn't have a family, we wouldn't be here."

Techniques of Demonstration

1. The teacher put the children at ease before their discussion started; a close relationship between student and teacher existed.
2. The teacher did not commend one student's project more highly than that of another; thus, a feeling of superiority was not present among class members.
3. Realizing that some children are not reached through the church, such projects are thought to help them.
4. They were learning how to state information about intimate things of the home.
5. This is a good channel through which children can interview parents because in some instances, the children had to have help to complete their project.

Picnic and Business?

Yes, it is possible. The FHA girls at **North Buncombe High School** proved it when they got together to plan the years activities for the club.

The 22 girls who held their Junior Degrees divided into groups to choose some good ideas on projects, activities, and to help to write the constitution for the North Buncombe Chapter of Future Homemakers of America. The disputed ideas were voted on; therefore no arguments occurred.

After the business session, the girls and advisers went to the Community Center in Weaverville for an indoor picnic. This was planned to be an outdoor affair but the weather did not permit.

The FHA organization at North Buncombe is planning to be very active this year.

One of our ideas has already been fulfilled. The FHA booth which we entered in the Intermountain Fair, won second prize. This was entitled: Future Homemakers Have a Barrel of Fun.

On Wednesday, October 10, the FHA girls at North Buncombe had a picnic and party after school at the Community Center at Lake Louise. This was in honor of the new members.

A COUNTY FHA NEWSLETTER

Reporters in twelve chapters in Wayne County contributed to a newsletter which was distributed at the Wayne County FHA Rally. Faye Sutton of Seven Springs is the reporter of the Wayne County Federation. It is assumed that she, with her adviser, and the chapter members, was responsible for getting the *Newsletter* mimeographed and distributed.

Contents of this *Newsletter* were: Theme for the Year, which is Careers in Homemaking; names of the county officers for 1956-57; and FHA Opening Ritual; and then news from each chapter. The news of chapters included names of officers, plans for the year, and accounts of projects and activities underway or already completed. (See Chapter Chatter for some of these accounts: Rosewood, New Hope, Mt. Olive, Brogden, Seven Springs, Grantham, Eureka, Fremont.)

FHA State Convention will be held in the Memorial Auditorium, Raleigh, N. C., Saturday, March 30, 1957.

Our Vision . . .

WAS EIGHT-FOLD

A Day at a Dist.

"With our purposes clearly in mind . . ." the Rally programs were underway. There were eight of them—eight Rallies, each held in a different section of North Carolina. It is only at the annual district rally that attendance is not delegated and each FHA'er affiliated has the privilege of attending her district rally. Invitations were extended to many others, including parents, school officials, and prospective Future Homemakers. Attendance exceeded 6,500 in the eight districts.

Programs were carefully planned and well-organized. Our district advisers and our state officers deserve our highest respect and our heartiest thanks for assuming such able leadership in sponsoring this big event—the annual District FHA Rally. In return the district advisers, carrying the major portion of the responsibility, and the state officers, who presided so effectively and graciously have expressed their heart-felt appreciation to all those who participated so willingly and efficiently in any phase of the program to which they were assigned or to which they themselves volunteered their service.

Why have these District Rallies continued in North Carolina through the years since the founding of the organization? Are the values of such meetings worth the time and effort required of so many?

Viewing the total picture which encompasses all the state of North Carolina, your state FHA adviser points out a few of the values she has observed and which she feels to be good reasons for the growth in attendance from year to year.

1. Greater appreciation of the goals and purposes of the organization are gained.
2. Ideas for programs with a purpose and ideas for worthy projects are obtained. Practical applications are made in the local chapters.
3. For each participant, a warm feeling of satisfaction from accomplishment is experienced. Recognition for participation by fellow members, parents, and advisers and visitors encourage and inspire the members to bigger and better accomplishments.
4. The nature of the programs is such that spiritual and inspirational values are received.
5. The systematic and democratic precedures used in the election of the state officer to represent the district and to fill a specific office in the State Association provide opportunity for each chapter to have a voice in the election and an opportunity to learn something about each candidate as well as see her in action before casting votes.

We can be both grateful and proud that an outsider—one who recently attended a Rally to cover the news for his paper—caught the true spirit of the occasion and sensed the intangible values of being a part of this group of fine teen-agers who are growing "by degrees" into mature womanhood. The editorial appearing in the Hamlet paper is one of which every Future Home-



Upper left—On the day of the Rally—registration is first on the Agenda. This is a scene at District VIII Rally held at the Clyde A. Erwin School in Buncombe County. Receiving the identification tag is Mr. T. C. Roberson, Superintendent of Buncombe County Schools. Left inset—Noteworthy of each Rally Program were skits and demonstrations which interpreted goals and purposes of our organization. Here is a scene of one such program at District I Rally. Lower left—Highlighting each Rally Program was a speaker, who spoke on topic which closely related the Rally theme, You In Home—In Chapter, In School, In Community. Dr. Irvin Sperry, professor in the School of Home Economics at W.C.U.N.C., who is shown here with Jenny Lou Taylor, State Song Leader and Judy Horne, President of the Richlands Chapter addressed the Future Homemakers in three Districts—II, VI, and VII. In the background, note the North Carolina Map which was used in the Roll Call of Counties and Chapters in the district. Upper right—Three, four, five, and sometimes even more candidates ran for a state office in each district. Running for the office of State Treasurer in District V were Vene Clark, Jamestown; Patsy Hunt, Bartlett Yancey; Jane Kirkman, Pleasant

AND STATE-WIDE

ally—In Pictures



den; Margaret Baxley, Sumner; and Carolyn Hennis, Stokesdale.
Running for the office of State Historian in District II are Doris
ring, Maury; Jane Barrow, Lucama; Agnes Rhue of Swansboro;
Jackie Young, Beaufort. Lower right—There are displays and
bits from most of the Rallies. Take home ideas are furnished
ugh the use of bulletin boards and such exhibits as the one shown
The exhibit was prepared by the Belmont Chapter in District VIII.

maker in North Carolina and every adviser should be proud. It is reproduced here for all of you to see.

HOMES OF NEXT GENERATION WILL BE IN GOOD HANDS

THERE WERE NEARLY 800 of them, and every one was taking part in dead earnest in whatever role he had been cast—in registration, in hospitality, in the entertainment, in running for office, in politicking, or simply in voting. Most were members of the organization known as Future Homemakers of America, some where visitors; all were attending the North Carolina District III Rally at Hamlet Saturday.

It was our privilege to visit that rally. In years to come, these now—young people will be attending “conventions” but somehow “rally” is at their present age the more—appropriate term for the meetings held by these girls for it reflects better the enthusiasm they put into them.

Old as we are, we were caught up to a degree in the breathlessness of the occasion—the genuine adolescent excitement, the sincerity, the beauty of what they were doing. There was a clean feeling about it all. It was a heartlifting experience.

These young people were practicing democracy in their rally and showing that they have learned much. In the skits which were part of the program, and in the entertainment segment at noon, they displayed imagination and genuine talent. And of course there is a lot of credit due their adult leaders.

But if these girls are the Future Homemakers of America, the home of the next generation in our land will be in good and able hands.

Although there was similarity in the programs of each Rally, there were differences. A similar pattern was followed in each district but, personalities being different everywhere, it is only logical that each Rally program had certain characteristics unique in itself.

From newspaper clippings, minutes, etc., are bits of news from Rally programs.

DISTRICT I

“Extra, Extra, read all about FHA” echoed down the aisle as Mary Lois Cullipher tried to sell the use of our publications issued by the national and state offices.”

Helen Lewis, State Historian from District III was visiting District I Rally, and proved to be very helpful as she asked each candidate questions concerning her

attitudes toward FHA. On-the-spot interviews were aids to the voters in the audience.

DISTRICT II

A Pageant: Highlights of the National Convention—
Future Homemakers You are Important:

In Home—The Family Album
In Chapter—Meaning of the Rose
Gypsy Dance
“Extra, Extra”
In School—Your Manners Are Showing
In Community—Hometown U. S. A.

This pageant—in four parts—was presented during the afternoon session of District II Rally. The narrator had this to say in conclusion:

“The theme of this rally has centered around YOU,
Now the question mark is, what will YOU do?
The job of chapter activities depends on YOU
Now the question is what will YOU do?
Your job begins when you arrive at home
That job is to make the results of this rally known.
To your parents and teachers who have given much
to you
To your home, chapter, school, and community,
too.”

DISTRICT III

Barbara Adcock, a delegate to the 1956 National FHA Convention at the Conrad Hilton Hotel, Chicago, Illinois, reported to members at the District III Rally in original verse. Her report included an account of the full week of the convention. The beginning of the report is recorded here.

“On the morn of July first in Raleigh, N. C.
At the railroad station there was a sight to see.
There were ten advisers and forty-three girls
All dressed in their best with their hair in curls.
The train took off and we were on our way
To the National FHA Convention in Chicago the
next day.
Although we were tired, we stood the trip well
And moved right in the Conrad Hilton Hotel.
There were girls over here and girls over there
But though I looked good, not a boy anywhere.
There were twenty-one hundred girls from city and
farm
And even some from Puerto Rico, Hawaii and Guam.
The theme of the National Convention was you—
In Home, Chapter, School, and Community too.
The meetings got started with a speech and a song
And seemed to get better as the days went on.
Dr. S. M. Brownell was the first one we heard
From the Office of Education he brought us a word.”

DISTRICT IV

Mr. Horace Seeley, Assistant Treasurer Carolina Power and Light Company, Raleigh, North Carolina, was the speaker at District IV Rally.

In summarizing his speech, Mr. Seeley had this to say: “So—You see the three streams of our life—first the stream to make the most of what you have; second, the stream to solve your own problems day by day; and third cross over the bridge in human relations. These three streams flow and feed into a large lake that make up a person—The lake of self-respect.”

DISTRICT V

District V Rally was held on a college campus—Elon College. Dr. L. E. Smith, President of the college, was present and extended a warm welcome to the Future Homemakers present. The Elon College Home Economics students joined hands with the Elon College High School Future Homemakers in serving as joint hosts for the Rally. The rally theme was “A Glimpse Into District V Crystal Ball.”

Dr. Lyda Shivers, head of the Sociology Department of Woman's College in Greensboro was speaker. “A good marriage does not just happen,” she emphasized, “It has to be *earned* as do all the other things which represent the finest values in life.” Dr. Shivers stated.

DISTRICT VI

District VI Rally was the only Rally to be held during the month of September. Because of this and because of the warm friendships and common interests developed among the state FHA officers during the National Convention and the State Executive Council Meeting in August, several of the state officers and one of the district advisers accepted Penny Niven's invitation to visit her and attend the District VI Rally. These visiting officers were Becky Hayes, State Vice-President, Helen Lewis, State Historian, and Doris Teague, State Reporter. Other guests who were recognized by Penny, State Treasurer, and presider at the District VI Rally were: Miss Mary Hines Leonard, Assistant State Supervisor of Home Economics Education; Mrs. Mary Kate Faulkner, FHA adviser for District VI; Mr. and Mrs. Olin Niven, parents of Penny; Mrs. Elizabeth Johnson, Penny's chapter adviser; Mrs. Ann Baker, Penny's former chapter adviser, who was her adviser when she was elected as State Treasurer.

DISTRICT VII

Dr. Irvin V. Sperry, Professor of Family Development at Woman's College of the University of North Carolina, was the Speaker at three of the eight District Rallies.

According to minutes of District VII, Dr. Sperry stole a place in the heart of each Future Homemaker as he discussed—“You in home, chapter, school, and community.” He kept the girls laughing the first few minutes with his report on research to find out the definition of “Love” and its effect on the teen-ager of today. In the last part of his talk he gave ten important suggestions for helping a girl to improve her personality and to make her a more worthwhile member of her “home, school, chapter, and community.” He said that FHA is a very important organization for two reasons:

“It helps to make for happy homes today, and it helps to establish happy homes in the future. These homes are the foundation of our society.”

DISTRICT VIII

The secretary of our national organization of Future Homemakers of America, Nancy Rosenthal of the Shelby Chapter, spoke to the members at District VIII Rally on the national growth of this organization.

Chief speaker at the Rally was Dr. Robert Seymour of Mars Hill, a graduate of Duke, Yale Divinity School, and the University of Edinburgh. His topic was “You Are Important.” Dr. Seymour stressed that you have

(Continued on inside back cover)

REMINISCENCE

Many things of value often happen in a chapter or a county FHA group which may have failed to reach the headlines. Though not exactly current news, the articles below describing projects and programs of Future Homemakers in North Carolina should have definite appeal and stimulation for many active FHA members.

Future Homemakers Earned Money To Help Toward Hurricane Relief

"A Talent Show" with admission fee was the means by which the Orange-Durham Bi-County FHA Federation managed to raise funds to help some people who were living in one of the hurricane damaged areas in the fall of 1955.

From the Superintendent of Public Welfare in the county to which the money was sent came the following expression of appreciation:

"Again we wish to thank you and the members of the Future Homemakers of America for the money which you sent to this department for hurricane relief.

The money has been used to help three of our high school seniors with their graduation expenses. These three seniors had been selected with the help of the principal and teachers since their families had received quite a bit of storm damage.

These students graduated with honors. Also, one was president of the Senior Class, one president of the Beta Club, and the other receiving a scholarship from the Alumni Association of the School.

On behalf of these students we wish to express our appreciation for your thoughtfulness."

Miss N. C. Day At Prospect Hill High

(Prospect Hill is one of North Carolina's newly affiliated chapters, and its members are quite proud of their accomplishments and their plans for 1956-57.)

To add an extra spark of interest to our spring fashion show, we decided to invite Miss North Carolina to participate in the show as well as to give us some last minute pointers on modeling. Too, we had just done an extensive amount of redecorating in the Home Economics department and wanted to have open house for the community to see our accomplishments.

Of course, we were overcome with delight when Miss Faye Arnold wrote us her gracious acceptance. Our excitement never waned from that moment on through all the preparations for her coming. P.T.A. members participated by attending open house and by having Miss Arnold as a dinner guest.

Miss Arnold reigned as queen during the fashion show and the Home Economics girls presented to her and the packed audience the spring fashions which they had made. The program ended with a talk by Miss Arnold on "Inner Beauty" which I am sure inspired every listener. Her gracious manner, her poise, her depth of thought along with her outer beauty made her an excellent representative of the ideal girl.

Yes, Miss North Carolina Day at Prospect Hill was a thrill we will never forget!

A Sample—Year's F.H.A. Program Plan

Included in the 1956-57 Yearbook of the Wilton FHA chapter is a month-by-month skeletal program plan. (In the yearbook also is listed names of members on refreshment committee each month.)

September:

Membership Drive

Monthly Meeting—Sept. 21—7:00 p.m.

Initiation Service, Hayride and Refreshments

October 5th

Program: Knowing Your FHA

Special Events:

Oct. 13 District Rally

Oct. 24 U. N. Day—Chapel Program;

Devotional, Song, skit, Talk on U. N.

November 2nd

Program: Practicing Democracy Throughout the World

Special Events:

Make posters urging people to vote

Make and serve candy and cookies to voters

December 7th

Program for Month: New Christmas Ideas

Special Events:

Dec. 19 Mother-Father-Daughter Banquet

January 4th

Program: "Home, School and Community Beautification." Our newest project. (A skit)

Special Events:

Help beautify our home, school and community: paint mail boxes, plant flowers and grass

February 1st

Program: "How is your SGIQ"—Panel Discussion

Special Events: Safety and Civil Defense

March 1st

Program: Spring Fashions

Skit—"The Case of Miss Judgment"

Special Events: Family night

April 5th

Program: "What Will You Do With Your Future"

Special Events: April 7-13—National FHA Week

Special plans for each day of week

Sun. Church Observance

Mon. Bulletin Board and Badges

Tues. Help Teacher Day

Wed. Help Mother Nite

Thurs. Clean Up Day

Fri. Mind your manners day

Sat.

May 3rd

Program: "Fun for All"

Special Events: P. T. A. program



Left to Right: Faye Murphy, Mrs. Joe Warren, FHA Adviser; Faye Arnold, Miss North Carolina (at the time the picture was made); Edna Blalock and Lorraine Smith—Examining a suit made by Edna in which jacket lining matched blouse.

Educationally Speaking

Special Events Can Mean Milestones Toward Growth

Imaginary Situations:

Your chapter has volunteered to serve as hostess to the county FHA Rally. You have been appointed chairman of the decoration committee. You were appointed because you had demonstrated with artistic skill certain floral arrangements in the home economics department. But for this big event what will you do?

Would you do this?

1. Meet with members of your committee and consider such things as the program for the meeting, the place of the meet- and what social or recreational activities are planned.
2. Answer such questions as: Is this a good opportunity to tell others through exhibits what we are learning in our homemaking course? What do we want to display? How can we arrange this display to be most effective in line design, etc? Where will we need flower arrangements? What is available in the way of flowers, greenery, or fruit at little or no cost? Can an attractive ornament or grouping of decorative objects be used as a substitute for a flower arrangement in places? What about containers and equipment? Where can we get help? What books in our department can we study and review for ideas?
3. After securing answers to the above questions, outline a schedule of work for each committee member and make definite plans as to time, place, etc., for going into action.

Since your chapter is the hostess chapter you will want to appoint a hospitality committee. This is an important committee because in a way the members of this committee determine the atmosphere of the Rally. Whether or not visitors feel welcome may depend upon how well this hospitality committee performs. Indirectly every member of the

hostess chapter will need to serve on this committee but specific responsibilities will rest with the appointed committee. Just what will be the duties of this committee? One way to discover your duties is to recall the small courteous acts directed to you on occasions when you were a visitor. Most always it will mean—A sincere welcome and greeting to visitors upon arrival, giving directions and information, introductions, explanations, and just conversing about things in general. There is no better opportunity to begin acquiring the art of pleasant conversation.

Creative Thinking Is a Part of Education

Members of the Fremont Chapter demonstrated their power of imagination when they wrote and presented a skit entitled "I'll Challenge That." The characters include.

Master of Ceremonies
Jacoby
Gertie, Going Steady
Lorrie, Lotsa Friends
Susie, Uncertain
Anna, Face Facts
Julia, Justa Housewife
Hannah, Happy Homemaker
A Family of five and two neighbors for a Pantomime

To give an idea of the type of program it is, the introduction is printed here. (If you should like to reproduce the skit in your chapter or county unit, you may secure a copy of the script by writing to the state office and requesting it.)

Stage arranged as a television set: microphone in center, contestants box large enough for two contestants, 3 chairs on each side for contestants: Large clock face on back wall with sign underneath "on the air."

Master of Ceremonies: Station F. H. S. now presents "I'll Challenge That!" sponsored by the Future Homemakers of America. Our sponsors are well known throughout the United States and its territories. The Wayne County Unit Chapter adopted for its years programs the title "Careers in Home Economics."

The newly elected officers for 1957-58 who will be installed at the State Convention in Raleigh on March 30, 1957 are:

President—Becky Hayes, Harris—District VIII.

Vice-President — Becky Nifong — North Davidson—District VII.

Secretary — Barbara Ellis — North Mecklenburg—District VI.

Treasurer—Margaret Baxley, Sumner—District V.

Reporter—Jane Eagles — Mills — Louisburg—District IV.

Parliamentarian—Betty Jo Lowdermilk, Southern Pines—District III.

Historian—Jane Barrow—Lucama—District II.

Song Leader—Jean Jackson—West Edgemont—District I.

Tonight our program is presented by the Fremont Chapter of FHA. The secret word for tonight is *Home-making*.

M. C. Jacoby: Please bring on the contestants. Our contestants for tonight were selected at random from the local club members.

(Contestants enter and take their respective seats, gibbering and laughing arranging skirts, etc.)

M. C.: All of you understand the rules of the game. Each time the secret word is used we will have a round of applause from the audience. Contestant number one will please step to the microphone. Your name please?

Gertie, Going Steady: No. 1

M. C.: And what is your challenge, Gertie?

No. 1: I'd like to have a steady boy friend but my parents and my best friend, Mary, many friends, say that I'm too young to go steady. It makes me mad to have someone always say "You're too young for this" or "You're too young for that!" How is a girl going to get to know enough about the boy she wants to marry unless she goes steady with him?

No. 2: I'll challenge that!

M. C.: And what is your name?

No. 2 Lorrie: Lotsa Friends, and I would like to help Gertie face some facts. Gertie, how old are you?

1956-1957 GOALS

(Continued from page two)

worker, a dietitian, and a homemaker. This is just one of the many ways in which the club has helped broaden my field of education.

Our club gives gifts to many organizations including the International Scholarship Fund, Care, Red Cross, and Cancer Drive. At Christmas we adopt a needy family and give them gifts of food, clothing, and toys. To some of these families we are the only Santa Claus they know. Having a part in sharing with others, especially those less fortunate than ourselves is a wonderful and rewarding experience. Such projects as these have helped me grow spiritually and become a better Christian. By helping those less fortunate than myself I am actually learning to become a good citizen—to serve others.

It is through the activities of the East Carolina Home Economics Club and the enjoyment that I get from being a member of such a wonderful club that I've discovered a desire—a rapidly growing desire to learn to play, work, and live with others and most of all to serve my fellowman and my God.

Perhaps you think that what I say sounds fine but that everyone can't be a committee chairman or an officer in the club. This is quite true but this is only a minor part of a club or organization. There are many more jobs to be done. For instance, one of our money-making projects is a bazaar. This one project provides an opportunity for every member to take an active part in the club. There are articles to be made in the clothing laboratory; candies, cookies, and fruit cakes to be cooked; posters for advertisement to be drawn; and canned goods to be brought from home. Then on the day of the bazaar girls are needed to arrange an attractive display of the things to be sold plus acting as sales girls during the bazaar. So you see there are plenty of opportunities for you to take part in and serve your club.

This year I am Vice-President of the Home Economics Club and chairman of the Program Committee. I realize that this is a big responsibility and a challenge. It is a challenge for me to serve. It provides an opportunity for me to serve the Home Economics Club and my fellow-club members by giving to them good, wholesome, and interesting programs creating enthusiasm in Home Economics; to serve my

community, which is temporarily East Carolina College, by becoming a well-rounded person and helping others.

It is to you—Home Economics Club Members—that I offer this challenge to take an active part in your club's activities. An organization with inactive members is like a plane with only one wing because the damaged wing prevents the plane from rising and making a successful flight. You, the inactive members, prevent the club from making a successful flight in accomplishing its purpose. It is definitely true that the Home Economics Club needs you. Far more important is the fact that you need the club even more than it needs you, because you need the challenge of learning to serve well yourself, your family, your community and your nation. The Home Economics Club is an organization which can give you this training if you give to it your hearty co-operation. This is what the Home Economics Club means to me. Will you not allow it to mean the same to you?

OUR VISION

(Continued from page 6)

a big part in making your home what it is; that we need to apply God's gifts of mental powers; and that a community is what it is because of the kind of people who live there.



We have talent at **Brogden**: Sue Smith, Carolyn Overman, Virginia L. Davis, and Jean Edmondson sang "Born to Be With You" at the County Fair and won 2nd place. The prize money, they gave the FHA chapter.

Come next Tuesday and some of us will be trying new hair styles. Mr. Thomas Martin, a beautician, is giving our program on hair styling.

On September 3, the **Erwin** FHA girls served both elementary and high school teachers in the Home Economics Building at the conclusion of a pre-school teachers meeting in the library.

Before school began, several girls made a "Welcome Back to School" poster, which was placed on the bulletin board in the high school building.

The most important achievement of this year was the printing of the first handbook of the FHA.

The following projects have been pro-

posed for the year: to help a needy family; to serve the football team; and to make favors for hospital trays at Christmas and sing carols for the patients.

The **Grantham** FHA program was begun this year with a meeting of the officers to plan the year's work. Our first meeting at school was enjoyed with a fall Fashion Show. The thirty freshmen girls who were being initiated took part. At our last meeting we had an interesting program on dry arrangements.

Our exhibit at the County Fair was a very great success. We are all proud of the blue ribbon we won. The theme of our exhibit was marriage vs. divorces.

Mrs. W. H. Cherry spoke on "How to Buy Clothes" at the November meeting of the Future Homemakers of **Morehead City** School on Friday. Mrs. Cherry displayed two dresses, one which could be used for several different occasions, by removing the jacket or by making a jumper of it; the other one which could be used only as a dressy dress. In selecting clothing, Mrs. Cherry stressed "think." Teen-age Consumer is a new National Project this year for the organization.

Fall fashions for the young and the "young at heart" were really on parade Thursday night, October 25, as Future Homemakers and co-operating members of the second and third year home economics classes of **Jones Central School** presented a fashion revue as the feature program for the Jones County Fair. The same seventy-odd participants, arrayed in creations of their own, demonstrated that "more than ever it's fun to sew, to create better fashions from better fabrics." Dresses displayed the new look—some full and some slim-skirted but all soft and supple. An array of colors and fabrics were much in the limelight too. As for fabrics, tweed of all kinds hit a keynote, as well as wools in a variety of weights, corduroy, synthetic fibers, and winter cottons in stripes, plaids and prints.

Besides winning third place with the fair exhibit the **Mt. Olive** Chapter had three girls to enter the talent contest. Norma Carol Summerlin won first prize with her pantomime and baton-twirling act. Carole Brock and Molly Dotson who sang a duet won a first prize also.

Our **Rosewood** Chapter is planning and preparing for our Mother-Daughter Banquet which will be on Friday night, November 2. "Autumn Leaves" is the theme being carried out.

The theme of the **Seven Springs** exhibit at the county fair was "All Together in Home, School, and Community." We were all proud of the light blue ribbon we won.

The **Wagram** FHA officers met in the Home Economics Department for a spaghetti supper on Monday night, November 5, and to plan the month's activities. The supper was prepared and served by the vice-president, Mary Shaw, and the reporter, Margaret Blue McKinnen, under the guidance of the chapter adviser, Miss Mary Ella Ingram.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

Fill your Cookie Jar with these dainties and you will be prepared when friends drop by during the Christmas Holidays:

NUT BALLS

- 2/3 cup butter or margarine
- 1 cup ground nut meats
(pecans, walnuts, black walnuts, etc.)
- 1 cup flour
- 3 tablespoons sugar
- 1 teaspoon vanilla

Cream butter, add other ingredients, and work with fingers until well blended. Pinch off bits and roll in balls the size of large marbles. Bake on lightly buttered cooky sheet in moderately hot oven (375° F.) about 10 minutes. Roll while hot in powdered sugar. Makes 60.

NOTE: To cream is to soften or blend (if combining two or more ingredients) by rubbing against the side of a bowl with the back of mixing spoon until the mixture is as smooth as cream.

Recipe and definition of cream—taken from The Boston Cooking School Cook Book by Fannie Merritt Farmer.



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XIV

MARCH 1957

NUMBER 3



State Convention Flashes!

Hear Mrs. Bernice McCullar of Atlanta, Georgia, talk on how to develop your personality. She writes about the "doings of FHA'ers" in Georgia every Sunday for the *Atlanta Constitution*. She's charming, and witty and has plenty of sense.

Hear a panel of N. C. FHA'ers tell how they develop their programs around our Four Purposes.

Hear Gilbert Alligood, FFA President (1 Boy — 3,000 Girls).

Learn our new State FHA Song composed by Farmville Members.

Make new friends from other chapters.

See our State Capitol.

Have a good time.

JEANETTE WORTHINGTON, President

1956-57 Membership

North Carolina has 456 chapters this year with a membership of 21,889.

North Carolina Association of Future Homemakers of America

State Officers

1956-57

President—Jeannette Worthington, Ayden
Vice-President—Becky Hayes, Harris
Secretary—Clyde Templeton, Union Grove
Treasurer—Penny Niven, Waxhaw
Reporter—Doris Teague, Liberty
Parliamentarian—Margaret Rand, Garner
Historian—Helen Lewis, Red Springs
Song Leader—Jenny Lou Taylor, Deep Run

District Advisers

1956-57

Joyce Currin—Murfreesboro
Mrs. Mary L. Smith, Clyde A. Erwin
Mrs. Madge Young, Taylorsville
Mrs. Mary Kate Faulkner, Marshville
Mrs. Cora Whitehead, Ramseur
Mrs. Florence Sorrell, Benson
Mary Elizabeth Burns, Pinehurst
Mrs. Alma T. Phillips, Jones Central

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina



The Future Homemakers Float of the Rocky Mount High School which appeared in the Homecoming Day Parade. Standing: Peggy Bulluck. Front row, left to right: Judy Cobb, Joyce Jones, Linda Speight. Center back: Doris Williams. Back row: Alice Starling, Elizabeth English, Betty Lou Jones.

PARADE!

Friendship

A friend is like old music loved and heard
beyond parched years of silence; like a light
burning among dark mountains, staunch and warm
after long travel through a lonely night.

No need of words has friendship, but the touch
of hand says all there is to say.

A friend is like strong sunlight in our hearts
though our steps falter and the years be grey.

FRANCES FROST.

We love a parade! These were the words repeated by the members of the Rocky Mount Senior High School chapter of the FHA as they industriously worked preparing a float for the Homecoming Day Parade.

The decorations of the float carried out the colors of the club with red and white crepe paper. Our emblem was mounted on a white background. Peggy Bulluck represented "Miss FHA" and stood overlooking the six seated members, who represented the various objectives of the club.

IN MEMORIAM

Emily Lawson Edwards
Ornum High School
December 6, 1956

HERE'S HOW

You and I know how rewarding FHA is; why not let as many other girls know as possible? Of course, they will enjoy participating in our activities and they can help make our organization a bigger and better one. Let's let them know about FHA . . . Here's How!

Our present members are our best sources for encouraging new members; they are the key to the success of our membership drives. If the old members are kept interested in our program, they will automatically stimulate the interest of prospective new members.

There are advantages in holding membership drives in both spring and fall. Chapters which hold fall drives favor them because of the enthusiasm the girls have after returning from their summer vacations. Chapters which hold membership drives in the spring feel that the membership dues are less pressing since annual and newspaper subscriptions, book fees and locker fees have been paid. If the executive council can plan committees and make program suggestions during the summer, the club loses no time organizing in the fall. Also, if the old members renew their membership in the spring, the fall drive can concentrate on the freshmen.

It is important that our meetings be held at a time that is most convenient for the members. The Bisbee, North Dakota, chapter reports that they enjoy having luncheon meetings. Other schools like this idea too. They like getting their meal trays from the lunchroom and eating in the home ec. lab. The Shelby, North Carolina, chapter finds that immediately after school is the time that suits them; and 7:30 p.m. for the Belmont, Iowa, chapter is most convenient.

Today's membership drives seem to cater to rising freshmen. If a girl develops an interest in FHA at this time, she usually retains it throughout her high school years. At "Eighth Grade Day" sponsored by the Beulah, North Dakota, chapter, a style show of clothes made and modeled by the girls is presented. They have displays concerning FHA activities and achievements, and various club officials explain the purposes of our

club to these rising freshmen. It's a good idea to invite the mothers of our members to an affair of this type. After all, they are our shining examples.

The Belmont, Iowa, chapter suggests introducing FHA in a similar way at a picnic for the eighth graders; several other chapters have found a "Freshman Tea" successful. Have you considered a "Slumber Party" with all the prospective members invited to join you at an all-night session at school? Of course, plenty of mothers would be on hand just in case a pillow fight gets out-of-hand! The Beulah, North Dakota chapter also gets credit for this idea.

The Boulder City, Nevada, chapter says that bulletin boards always attract attention. Be sure to put them in conspicuous places such as: home ec. labs, study halls, and hallways. (See the back cover for several ideas.) This is a terrific project for your public relations chairman.

"Make sure your chapter activities get plenty of publicity in the school and local newspapers," says the chapter in Reform, Alabama. (Remember to send news of what you are doing to the state and national magazines . . . everyone is anxious to know!)

At your first meeting you can suggest that each FHA'er bring a prospective member as her guest.

Let's keep our meetings and activities interesting. It is as important to keep our members as it is to get them.

Good luck . . . and happy hunting!

NANCY ROSENTHAL
National Membership
Chairman

Dear Mary,

I'm real excited about the FHA STATE CONVENTION on March 30 in Raleigh. It's my first trip to a convention so naturally I want to be "just right." Since you've been to two of them please, please answer my letter right away and give me some pointers on what to do and what to wear.

Sincerely,

JEAN

Dear Jean,

Of course you are excited over Our Convention. I remember how I felt on my first trip. Our adviser helped us decide what to wear and how to behave so it was real easy for us. Well! you know there will be about 3,000 more FHA'ers in Raleigh for the big event so naturally we take over the down-town area and all the people there are wondering what our Badge FHA means. So we must be courteous and well behaved on the streets, in the stores and wherever else we go then our organization will get a good recommendation from all the people. Of course, you know all about behavior in public places, but I thought I'd just emphasize this. We heard that the town has been quite impressed by us at other conventions.

About *dress* — You know how people think about girls who study home economics — They have everything! Anyhow, you ought to wear clothes that are becoming to you and not too fussy — say a suit with hat and gloves, or the dress you wear to church or something like that. Of course, if you wear high heels a lot that's O.K. — but don't forget you walk a lot on pavements and you can get real tired wearing high heels all day. Oh yes, I did say *hat*, didn't I? Any small cover for the head is appropriate especially at this time of the year.

Since it will be on Saturday there will be a lot more people on the streets so remember to walk in two's most of the time so everybody can pass without crowding.

I remember the fine time I had eating out — my first time in a big city. My adviser said we ought to try some new dishes when we went to the restaurant so I decided I would. Who wants to eat the same dishes we get every day at home. It's a lot of fun so try it.

You know N. C. has a law against throwing trash on the highway — costs you \$50.00 if you do, so I think we should be careful about throwing trash around the auditorium and outside. Sometimes, we forget and do things we wouldn't dream of doing at home and that is poor citizenship.

Here's to a GRAND FHA CONVENTION and a glorious trip for you.

Sincerely,

MARY

P.S. Leave the chewing gum at home.



Mother-Daughter-Father-Son Banquet, Rock Ridge High School.

Richland FHA

HOSTS AT TEA

The Richlands Future Homemakers entertained their mothers and friends at an informal tea on Valentine's Day from 2:00 till 4:00. We wanted to let them know we were thinking about them, and at the same time give them a chance to see our new home economics department.

All the girls had a part in planning and presenting this tea. We served Russian tea with dainty cookies, ham biscuits, open-faced sandwiches, and roasted nuts. The second year girls were responsible for baking the biscuits, and since the first year girls were beginning their cooking unit, they baked the cookies, which were of different sizes and shapes. They also made the Russian tea. The second year girls were also responsible for the decorations. The valentine decor was used throughout the room. The blackboard was made up to resemble one huge valentine card to the mothers. A red Indian head cloth covered the serving table with white cut-out paper designs. The design was created by one of the FHA girls. Popcorn strung on wires and dipped in wax made an attractive centerpiece for the table, making something which resembled larkspur.

There were approximately 200 guests present, including mothers, teachers, and board members' wives. Everyone seemed to enjoy our hospitality. We enjoyed giving the tea so much that we are trying to find some excuse to have another one! CAROL WATERS, Reporter

Careers in Home Economics

Alamance County home economists entertained a group of students from the various schools in February. The girls were chosen because they were interested in home economics as a career. The tables were decorated with yellow and black tapers and yellow spring flowers. Tiny cardboard keys, signifying "The Key to a Happy Future" were used as place cards. Five members in various fields participated in a panel with Mrs. Caroline Veno, home economist for Duke Power and Light Company, acting as moderator. Others included in the panel were Miss Jessie Potts, dietitian at Woman's College, Miss Katherine Millsaps, home demonstration agent, Mrs. Roy Apple, a homemaker, and Mrs. Helen Pope, home economics teacher at Walter Williams High School.

Ideas for FHA

Doris Teague, Reporter

How can our chapters make FHA Week — April 7-13 an important one this year? While browsing through some FHA newsletters from other states I got some ideas that I want to pass on to your chapter which may be different from some you have used in the past.

To help publicize your chapter see if a local merchant will let you decorate a store window. Use your FHA emblem, the colors and some of the work of your chapter members. Since it is our anniversary you could emphasize the Happy Birthday idea.

Ask your principal to let you conduct chapel one day. At this program you can emphasize the spiritual side of family living.

To interest the other girls in the high school and the members of the eighth grade in both FHA and home economics you could have a pretty but inexpensive tea to honor them and the teachers. A program describing the four purposes of our organization would be very appropriate.

Needless to say, all FHA members can attend church either as a group in one church or as smaller groups in the church to which they belong. Ask your minister to preach on the Importance of the Family.

By all means hold a chapter meeting during the week so each member will get renewed understanding of the meaning of FHA and exchange ideas of what membership in our organization has meant to each girl.

These are only a few suggestions. Get busy and plan now how your chapter will observe FHA Week and don't forget to interpret your ideas and work to John G. Public.

For You a Double Future in Home Economics — Career Bulletin 25c

American Home Economics Association, 1600 20th St., N. W., Washington, D. C. This booklet is dedicated to the home economists of tomorrow and to their parents, teachers and counselors who encourage them to explore career possibilities and to make a choice both happy and wise.

PUBLIC RELATIONS

By **HUGH E. MUNCY**

**Executive Manager
Illinois Chain Store Council
National FHA Meeting**

What Is Public Relations?

Public Relations means relations with the public, a fundamental attitude of mind which places the interests of others ahead of selfish interests. It is doing good and getting credit for it. It is building and holding good will.

Why Is Public Relations Important For Future Homemakers?

The continued and expanding effectiveness of Future Homemakers of America is dependent upon public appreciation of and attitude toward the principles and practices of this organization.

Who Is Responsible for the Public Relations of Future Homemakers?

This is the responsibility of each chapter member. Officers and advisers have additional leadership responsibilities.

How Is an Effective Public Relations Program Built?

I. Locating Your Publics

- A. Internal
- B. External
 - 1. Family
 - 2. School administrators and teachers
 - 3. Fellow students
 - 4. Prospective members
 - 5. Businessmen
 - 6. Representatives of public information media
 - 7. Church and community leaders
 - 8. Community organization members

II. Determining Present Attitude Toward Future Homemakers

- A. Unaware of organization — the challenge of providing full information.
- B. Complete approval — The challenge of maintaining approval.
- C. Complete disapproval — the challenge of building approval.

III. Action—Effective Utilization of

- A. Publicity
 - 1. Newspapers
 - 2. Radio
 - 3. Television
 - 4. Displays
 - 5. Exhibits
 - 6. Demonstrations
- B. Opportunities for community co-operation
 - 1. Service groups
 - 2. Welfare organizations
 - 3. Business groups
- C. Personal contacts
 - 1. School
 - 2. Family
 - 3. Community
- D. The "thank you" and expressions of appreciation

Summary

The first ingredient of any successful public relations program is good deeds. What is said about Future Homemakers, what is done by Future Homemakers, how it is said, and how it is done combine to form the public picture of this organization. *The challenge of developing sound public relations is worth accepting.*

Safety IN THE HOME

"Safety in the Home" was the topic selected for an adult class and presented by the "Future Homemakers" of Jones Central School on Monday night December 10 in the homemaking department. The idea of the FHA presenting an adult class originated in a previous executive council meeting of the girls. The group felt that it would be a good way to interpret some of the class activities for the public, as well as an excellent way to impart helpful information to others. The topic for presentation grew out of a unit the girls were studying on "Health and Home Safety for the Family."

The program began by presenting a skit on Safety in the Home entitled "The House That Wasn't Haunted," which appeared in the



Mrs. Johnson of Wayne County Red Cross Chapter accepts the wheel chair from Carol Jordan. There is a placard attached to the chair bearing the name of the FHA.

January 1954 issue of *Teen Times*. "Did you know that accidents in American homes kill thirty-one thousand every year and injure another four and a half million? Besides the sorrow, the pain, the suffering, there's an alarming money cost which amounts to 600 million dollars annually." Immediately the girls had the undivided attention of the group. How such things as scatter rugs, old papers, floppy shoes, frayed electric cords, old window screens, and other hazardous objects can cause these dreadful happenings was artfully portrayed by the girls.

Following the skit, each person was given a check sheet on "Is Your Home Free from Fire Hazards?" taken from January 1955 *Teen Times*. The check sheet was read, discussed, and evaluated.

An excellent mimeographed sheet on helpful points to remember in order to have "Safety in Family Living" was then distributed to the group. This was taken from the bulletin "Safety in Family Living" prepared by the Department of Home Economics and National Commission on Safety Education of the National Education Association, Washington, D. C. A helpful discussion followed the reading of these safety hints.

The approaching Christmas season was not forgotten and each member was given a pamphlet distributed by "The Accident Prevention Section, North Carolina State

Board of Health," Raleigh, on "Safety Hints for Christmas."

Last but not least a picture portraying several hazardous ways of doing things was passed out and each one present entered into a lively discussion on "What's wrong with this picture?" Approximately 40 wrong things such as ironing cord around hot iron, connecting appliances from light sockets, peeking in steaming pots, pulling out appliance cord by cord, and extension cords running across floors were named.

Was the class a success? Did the adults really feel it was helpful? Was it a good FHA project? Who knows? Remarks led us to believe that the information was helpful, that it was well presented, and that it was a good reminder of how careless one can be and how this carelessness may be overcome. Good attention and class participation showed interest of the group. Girls experienced a certain joy and satisfaction of a job well done. All in all we believe that the project helped to bring the adults closer to the school and the FHA organization closer to the public.

GOAL ACCOMPLISHED

FHA'ers in Wayne County became interested in the welfare of the sick in the county several years ago. After talking with the Health and Welfare Departments about some way of helping with this problem they decided to work on the project of purchasing a wheel chair

that could be used by incapacitated people. Finally the day arrived when the accumulation of funds from money-making projects was sufficient to purchase the wheel chair. It is in the local office of the Red Cross ready for use. Since there have been several requests in the past for such assistance, FHA members in Wayne know it will soon be in service and gratefully appreciated. We commend them for this worth-while project.

FHA NATIONAL MEETING PURDUE UNIVERSITY LAFAYETTE, INDIANA JULY 1-5, 1957

This is the third part of the cycle which National FHA follows as a pattern for national meetings and means the representation from the states will be small. North Carolina can send a total of 7 delegates (5 youth and 2 adults). Our National officer, Nancy Rosenthal will be counted in the seven. The state office and advisers are working on a plan for selection of our representatives from the incoming officers.

PLANNING FOR CAMP?

FHA'ers will rent the FFA Camp at White Lake for the weeks of May 27-June 1 and June 3-8. Begin making your plans early to enjoy the fun, recreation and leadership training which the camping experience affords. More information at a later date!! Look for it!

Do You Have a Right?

MRS. BETH DENNISTON
Editor, "Teen Times"

"Thief! Thief!" the first article cried. "You are stealing me."

If printed pages could talk, those words would be heard often.

And the first article would continue: "If they would have given me credit, I wouldn't mind being copied. In fact, I would have been flattered if someone thought I was good enough to be reprinted."

To answer, the reprinted article might say: "This wasn't a premeditated crime. I just didn't think. I guess I forgot my manners. I didn't mean to pass off your ideas as my own."

As the above conversation points out, reprinting without crediting the source is bad editorial etiquette. And bad manners can get one in trouble — morally, and sometimes legally.

A rather ugly name, Plagiarist, can be applied to those who forget their printing manners.

While one page shouted "Thief," another was threatening: "I'll sue! I'll sue!"

That is a copyrighted article talking.

"They can't print me without first getting permission. I belong to the people who printed me. (Or in other instances the article belongs solely to the author.) They paid for the right of ownership. I'd be very happy to be reprinted, but they should have asked permission. I'll teach them a lesson. I'll sue!"

Though these two conversations deal with printed articles, they also apply when copying other works — ideas, artistic reproductions, poems and even expressions. When an uncopyrighted work is reprinted, one should credit the source as it's only good manners. Before reprinting a copyrighted work, one must gain permission from the owner of the copyright.

Keep these conversations in mind!

Some materials in state newsletters and some articles, skits and devotions sent to national headquarters for *Teen Times* have been shrieking "THIEF" and "I'LL SUE."



Poster used at District Rally made by Emma Moore of Flat Rock Chapter. Lorali Cronkhite (L) and Emma.

Mirror, Mirror On the Wall

A skit by Judy Reese
North Buncombe High School

Carolyn

Mirror, Mirror on the wall
Tell me is it true of all.
These FHA's in Buncombe County
What do they do to earn their bounty
Are they waiting for future days
To work for better means and ways
Or are they busy as of now?
Are they mirror, where and how?

Mirror

Carolyn, I'm glad you asked me that.
Sit down and let's have a little chat.
Now you represent the FHA.
And before I go farther, I'd like to say,
That that is a wonderful organization
And furthermore has quite a good reputation.
The girls around here aren't letting it down
Now, what reason have you for that terrible frown?

Carolyn

Gee Mirror, I'm sorry but it's just well — you see
Activities mean quite a great deal to me.
In FHA we have certain set goals
And some people think that — (that poor unlearned
souls)
That FHA is strictly for fun
That nothing constructive is ever done.
And mirror that rumor just isn't so
But do FHA's here, help others to know.

Mirror

Well I happen to know that goal number one is
"Promote family living and increase family fun"
Well Lee Edwards decided to do just that
So they sat and they planned and they planned and
they sat.
They planned for themselves and their moms a nice tea,
Successful and fun for L. E.

Carolyn

Now they have a virtue I certainly treasure
They successfully mixed their business with pleasure.
And in doing the things such as that year by year
Some FHAer's choose a future career!

Mirror

Right Carolyn, how observant of you.
Did you also observe that that's goal two?
And while we are at it Carolyn (forsooth)
Remember how Reynolds gave dollars for truth.
And remember that that's part of goal No. 3
Understanding our neighbors but you were telling me.

Carolyn

These girls can claim no immunity,
To training in school, chapter, community

They really are taught to participate!
That's the last of the goals of our state.

Mirror

But they've been doing more than those things,
For instance look at Valley Springs.
They started with cloth 'n' thread 'n' sewing.
Working, playing, but steadily growing.
Add some paint to perk up features
To make a new lounge for the Valley Springs Teachers.

Carolyn

Vow! Was that project ever a honey!
And saved somebody a lot of money.
(Laugh from the Mirror)

Mirror

Erwin's spent some money too
Guess what they are trying to do?
They've a debt, they're helping pay
They want to pay it right away
FHAer's can't keep these
They're helping buy their new deep freeze.

Carolyn

Another chapter aids their school
They sure do practice the golden rule.
Do they ever use that wonderful unity
To help improve their own community?

Mirror

Well North Buncombe had a Hobo Day
On one early, cold spring day
They raked yards and painted fences
Working like people out of their senses
For five hours they worked like mad
Then got together and a picnic had.

Carolyn

Well, I must say their lesson they've learned
That nothing ventured is nothing earned.

Mirror

Now take a look at the chapter at Owen
It can't be said that wild oats they're sewing
They serve the Veterans hospital near
Not just once but once every year.

Carolyn

I'll bet that meal was mighty good
And those boys liked something besides the food
Namely the presence of feminine faces
Hats off to you girls, you'll all go places.

Mirror

Biltmore also has what it takes
Namely \$40.00 dollars from the sale of fruit cakes.
That much money can sure come in handy
Just one word for that so I'd say it was dandy.

Sometime in the coming days
Enka's starting something worth praise
Prettier homes are what they seek
So they're going to sponsor "Home Beautiful Week."

Teachers are a busy bunch
Gulping breakfast — skipping lunch
For their teachers' welfare is fearful
So they gave each an apple—then faces were cheerful.

Carolyn

We've eight chapters in this territory
So that just about ends your part of the story.

Mirror

Whooa Carolyn, don't stop me yet
There's one thing we're about to forget
Girls with perpetually busy hands
Must surely have some future plans.

Carolyn

I did forget and goodness knows
I surely want to hear of those.

Mirror

Well Owen has a bit of gloom
The barren state of their first aid room
Equipment and linens they plan to obtain
A nice cheerful room — what a sure cure for pain.

And Biltmore's planning will surely rate
They've a little gift they want to donate
A waffle iron is the gift by name
And then serve a supper of the same.
(Saffles I mean)

It takes hard workers to make things tick
And Reynolds too is concerned with the sick
Their services are quite necessary
To keep their first aid room sanitary.

The Future Homemakers out Erwin way
Are planning to work with the FFA.
They're planning a project for charity.
A Merry White Christmas — for less fortunate than we.

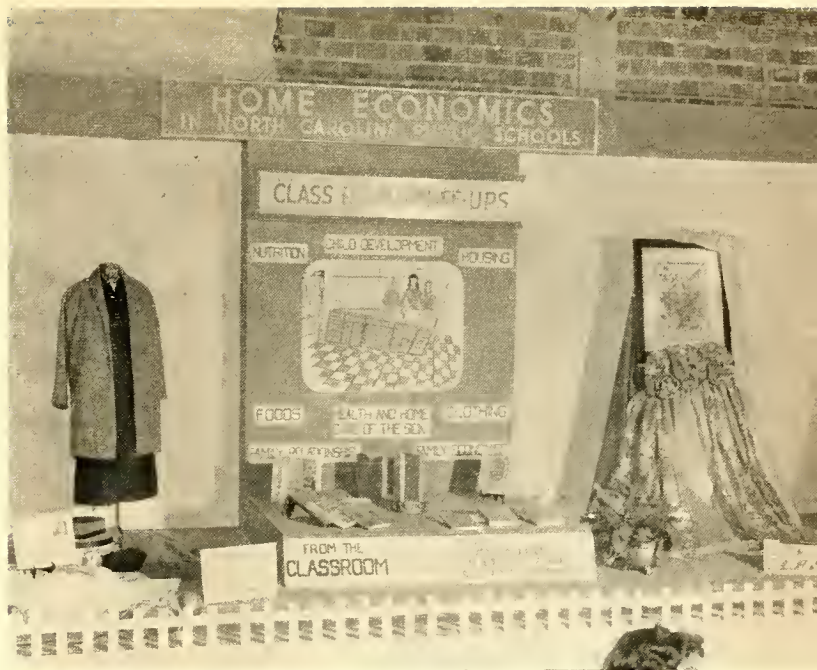
Valley Springs is selling greetings
To make some money outside of meetings
This project is sure some money to earn
And Carolyn, that helps their neighbor in turn.
Some department improvements they've made include
tiling—
And making new curtains, now we know why they're
smiling.

North Buncombe is planning to buy a gift too
A movie projector (no less) and brand new
Now that goal is high — that will be a big test.
But they're kinda like Texans—they like big things
best.

The Lee Edwards girls are loaded with talent.
And their Christmas project is sure something gallant.
A childrens home they entertain
That's helping others—some in pain.

Carolyn

Mirror I'm not worried now
But with all these things I don't know how
I'll ever remember them one by one
Could we kind of review all this work thats been done.



1956 State Fair Exhibit illustrating some of the work done
by home economics students.

Mirror

Woe is me the bitter cup
Questions like that just cover me up!!
(Posters)

There's something I wish I could help you to see
That you really don't need a magic mirror like me
From chapter projects to chapter elections.
A good self searching will show your reflection.
And if your work isn't showing much movement.
Maybe you'd better try a little improvement.

Carolyn

Was I awake or was I sleeping
Well anyway I'm glad they're keeping up their work
in FHA
'Cause tomorrow's homes are in our hands today.

BLACK CAT

By Nancy Byrd Turner

Don't never cross a road what a black cat cross—
'Tain't nothin' but sorrow, 'tain't nothin' but loss.
Brindle cat, spotted cat, dem's all right;
Safety in a yaller cat, blessin' in a white;
But de black cat ructionous, wid a bristle in his tail.
He fotchin' for de Debbles, and he better not fail.
De black cat travel wid his belly in de dus';
He gwine whar he gwine, and he gwine kase he mus'.
Black cat, black cat — when he cross yo' track,
No matter whar you gwine,
To a dippin' or a dyin',
No matter whar you hurryin',
To a marryin' or a buryin'—

YOU BETTER TURN BACK!

Chapter Chatter

The FHA in Mills School has done it again — they topped all previous records in the success of a Christmas dance at the Green Hill Country Club Saturday night with the senior girls as hostesses. Over 100 girls and boys enjoyed the festive occasion and atmosphere from 8 o'clock until 11:30 p.m., the chaperones, Mr. and Mrs. Max T. Brown, Mrs. R. L. Eagles, Mr. and Mrs. Osnevad and Mrs. Q. S. Leonard added to the merriment in dancing and helping with the music.

The dance room was beautifully decorated in the Christmas motif. Mr. Plott at Leggetts saw to it that we had the best in decorations. The punch, cakes, nuts and mints were just right for the party, too. We will always enjoy the memories of this wonderful Christmas party.

The Betty Crocker test was given Tuesday to 20 Senior girls. This is the first time this test has been given in our school. The test was a knowledge and an aptitude test for the Betty Crocker Search for the American Homemaker of Tomorrow.

Mrs. W. H. Cherry Spoke on "How to Buy Clothes" at the November meeting of the Future Homemakers of **Morehead City** School Friday. Mrs. Cherry illustrated her talk by displaying two dresses; one which could be used for several different occasions by removing the jacket or by making a jumper of it; the other could be used only as a dressy dress.

In selecting clothing Mrs. Cherry stressed, "Think, when buying clothing." Teen-age Consumer is a new National Project this year for the organization.

The **Coopers** FHA and FFA Chapters honored their mothers and fathers at the annual Mother-Daughter-Father-Son Banquet, Wednesday night, December 12, at 7 p.m., in the new school lunchroom. The Christmas theme was used in decorating the lunchroom.

Bobby Lancaster, FFA president, was master of ceremonies. He extended a cordial welcome to everyone present. The invocation was given by Mr. E. C. Pearce. During the meal Violet Strickland gave a toast to the mothers, using as her theme, Christ's mother to which her mother, Mrs. M. B. Strickland responded on behalf of all mothers present. Charles Lamm gave a toast to the fathers and his father, J. H. Lamm, rendered a very inspiring response.

Mr. John Willey, FFA Adviser, recognized the guests present, one of whom was Dr. Catherine T. Dennis, State Supervisor of Home Economics Education.

Members of the school board, high school faculty, and members of the teachers family were among the 200 attending the banquet.

Dr. Donald Melvin, pastor of the Tabernacle Baptist Church in Wilson, N. C., gave a very inspiring speech using "The Home" as his topic, and Mom, Pop, Junior, and Sis as the main characters.

The **B. F. Grady** Chapter of Future Homemakers of America held their annual Christmas Party on December 11 in the Home Economics Department. We had five charming young ladies as our hostess. They were Miss Carolyn Outlaw, Betty Lou Waters, Rubyleene Waters, Lorraine Howell and Doris Taylor.

We had a very inspiring devotion which was led by Joyce Harper.

Then we played some interesting games led by Joette Smith. After the games, the hostess served delicious refreshments which consisted of punch, cookies, salted pecans, mixed candy and open faced sandwiches.

When the most wonderful time came was when we all exchanged gifts. We presented our chapter Mothers with Poinsettias and our Fathers with shaving sets. We also presented our adviser, Miss Thelma Dilday with a piece of her crystal.

To climax it all we filled two needy boxes for needy families and went Christmas caroling.

The **Kernersville** Chapter of Future Homemakers of America and Future Farmers of America held their Annual Christmas Party on Thursday night, December 13 in the High School cafeteria which was beautifully decorated under the supervision of Glenda Redmon.

Games and square dancing were enjoyed throughout the evening. Entertainment was furnished by a Boys' quartet which included George Grace, Bartlett Warren, C. W. Pope, and C. A. Lemons with Kay Veach at the organ. The dance band also came in after their practice and played one number. The group sang Christmas Carols, led by Peggy Jones and Glenda Redmon.

Mrs. Roy Landreth and Mrs. Iris Vance, Future Homemakers' Chapter Mothers were present to enjoy the occasion along with Mr. C. V. Sigmon, principal and Mrs. R. L. Kuykendall, FHA Adviser and Mr. Sherrill, FFA Adviser.

After refreshments were served, gifts were exchanged. There were 80 members present. The gifts were presented by the presidents, Norma Evans and Jimmy Beeson.

A Christmas Party was held at the Rotary Club House in **Yanceyville** on Saturday night, December 15 at 7:30. The theme of the party was "Putting Christ in Christmas." No gifts were given to each other, but each girl presented a toy or some other gift at the door and these were given to needy families in the county.

One of the highlights of the FHA year was Monday when Mr. Ralph Aldridge spoke to the FHA on "Home Beautification." He had various types of shrubbery and told us where to plant them and how to take care of them. Mr. Aldridge is the 4-H leader for Caswell County and has worked with us for the past five years.

A very surprised man was seen at the FHA Officers Party held at the new school cafeteria, Tuesday night. This man was Rev. Carl May, one of our FHA club fathers.

Rev. May is one of our ministers and is leaving the first of December to go to Rowan County.

It goes to show a woman can keep a secret, for Mrs. May had known about

the surprise party for two weeks. It seems she planned to have a last fling then changed her mind and said let's go to Yanceyville.

Patsy Hunt, president; Rachel Shelton, Degree Chairman; and Omega Prevette conferred an honorary degree on Rev. May and presented him a Club Father pin. Other guests present were Mr. Ed Cook, Mrs. Hahn, Mrs. L. G. Page, and Mr. Parthemos. Mr. Parthemos is the science teacher and loved by all the pupils.

We shall miss Rev. May. For two years he has worked with us, speaking and showing slides and this year became Club Father. He attended the District Rally at Elon and afterwards he said "I never knew you all did so much." We wish Rev. May much success on his new charge.

Elise Chapter members have been mixing fun with work.

In July our executive council met and planned the program of work for the year to include monthly group meetings, individual projects, socials, programs and executive board meetings.

In September we introduced the FHA to prospective members. Seventeen of our girls declared that they wanted to work toward a Junior Homemaking Degree. During this month several of the FHA girls helped prepare and serve a meal for the local and county boards of education. Also, the FHA officers at Elise attended an officer's workshop at West End High School on September 21. On September 24, the new members and chapter parents were formally initiated in what we thought was a beautiful ceremony. Twenty-Six members attended the Moore County FHA Rally at Carthage.

What did we do in October? We organized a baby sitting center for the monthly PTA meetings. We had fun entertaining and serving the children. We made hot chocolate and cookies for them. Yes, October was a big month for us. We planned to run Sandra Wilson for State Parliamentarian. Sixteen members attended the District III FHA Rally at Hamlet. During October our yearbook committee finished the yearbook of which we are very proud.

November: There were two big events. The first event was our spaghetti supper. The purpose of the supper was to raise money to send an officer to a National FHA Convention some time in the future. We raised around \$60.00. The other event was our Float in the Christmas Parade. Our theme was: "In FHA We Learn." To pay for the float we sold popcorn balls at the parade.

The Future Homemakers and Future Farmers of America of **Southwood** School held their annual Mother-Daughter - Father - Son Banquet on Wednesday, December 12, 1956, at 7:00 o'clock in the school cafeteria.

A pageant, "The Meaning of the Rose," was presented by a group of FHA girls while Linda Vause served as Reader.

The **Shelby** Chapter of the Future Homemakers of America combined business and pleasure Friday night at the home of Mrs. Roger Laughridge. An outdoor supper was served to 80 members by Mrs. Laughridge and the club mothers, Mrs. Martin Rosenthal, Mrs.

Herman Eskridge, Mrs. W. W. Wallace and Mrs. Forrest Wolfe.

Two fifty dollar bonds were presented to the outstanding FHA members who plan to major in home economics in college. Ella Foy Suttle, daughter of Mr. and Mrs. A. C. Suttle, and Martha Reid, daughter of Mr. and Mrs. Snow Reid were winners. Miss Suttle plans to enter W.C.U.N.C. and Miss Reid will enter Queens College.

Junior Homemaker Degrees were awarded to 18 members and chapter degrees to seven members.

The January meeting of the Future Homemakers of America of the Shelby chapter was held in the auditorium Tuesday afternoon at 3:30. The refreshment table was in front of the stage where about 75 girls served themselves.

Mrs. Roland Leath was introduced by Linda Callahan, chairman of the program committee. In discussing "Courtship and Marriage," Mrs. Leath stressed what wonderful opportunities the FHA girls have this day and time. "Marriage is for adults, and courtship is a trial and testing period. Marriage is a partnership and a compromise."

She stressed when you marry a fellow, you do "marry" his family, and she suggested maybe one should not keep dating a boy one would not marry.

The importance of similar background and religion is most important.

The members of the Union Grove FHA Chapter were as busy as bees last spring working to provide a silver tea service for community use. After sales of vanilla flavoring had been conducted and the service was purchased, the chapter held a tea honoring parents of the community. The lovely spring tea attracted some three hundred people.

The regular monthly meeting of the Red Springs chapter of the Future Homemakers of America was held in the Red Springs High School auditorium Friday, December 14.

After the business session, led by President Eleanor McNeill, a Christmas program was presented by the program chairman, Rebecca Singleton.

The devotional was simple but very impressive. While Rebecca Bowen read the Christmas story in Scripture form over a backstage microphone, several girls portrayed the Biblical characters in the Bethlehem scene. Dramatizing the scripture were: Shepherds, Gail Sessoms, Faith Russel, Jean Cribb; Wise men, Delane Humphrey, Barbara Hales, Melba McNeill, Mary Dale Bowen; Joseph, Louise Holmes; angel, Frances Gibson, Heavenly Host, Brenda Smith, Carolyn Taylor and Linda Parnell.

After the Drama, a Christmas prayer was given by Sandra Ashford. The program began with a pantomime presentation of Eugene Field's poem, "Jest 'Fore Christmas" by Martha Kinlaw.

This was succeeded by a drama in story form of *The Little Math Girl* by Gail Huggins. The action took place in front of the curtain while the story was read backstage by Rebecca Singleton.

This program was also given in a special assembly for the entire Student body.

The Jamesville Chapter helped a very needy family in their community at Christmas with gifts of food, clothing, and money for buying gifts for all eight

children including toys, games and new clothing. "You can well imagine our increased enjoyment of Christmas because we helped this family in the community."

The Future Homemakers of the Derita Jr. High visited the County Home on Wednesday, December 19 and presented a Christmas program to the old folks.

While they were waiting for everyone to gather they sang Christmas Carols. After they arrived they told the meaning of each letter in the word Christmas. The Christmas story was told with carols in between paragraphs.

Little paper angels were passed out to the people and were placed on the supper trays that went to the bedridden. Also little packages of Christmas candies and cookies which had been made the day before were passed out.

"Sew a thought — reap a deed" or so the Buncombe County FHA'ers believe. They sewed their thought in the form of plans at a luncheon at the local S & W and sure enough on November 15, 1956, they reaped their deed. They had a banquet. But an extraordinary banquet. From our eight affiliated chapters came their eight officers, their advisers and their school principals. And oh! yes the principal's wives. County and city school superintendents, assistants, and their wives were also invited. This was the first banquet of this type in Buncombe County in over ten years!! Our program was designed to emphasize the purposes and importances of FHA. We thought it was a grand success.

FHA projects and activities were reported on by Betty Ann Johnson, Mary Gail Haynes, Glenna Parris, Lib McLain and Linda Thompson of the North Buncombe Chapter; Nancy Duprey, Owen Chapter; Annetter Harwood, Lee H. Edwards Chapter; Carol Weir, Valley Springs Chapter; and Earlene Roberts, Erwin Chapter.

Judy Reese, Lib McLain and Carol Weir presented the Catchy Chorus they had learned at the National FHA Convention in Chicago. Virginia Perkins and Nancy Ailen concluded the program with a song.

HIGHER EDUCATION IS WORTH WHILE

Young people often wonder whether higher education is worth the hard years of work, of study, and often, of sacrifice of their present wants.

Here are some statistics on life time earnings, classified by education which seems to prove that it's worth it.

The average elementary school graduate in a lifetime will earn \$116,000.

The average graduate of high school in a lifetime will earn \$168,000.

The average graduate of a college in a lifetime will earn \$268,000.

A college education on the average costs \$9,000 — compare it with the returns.



Miss Betty Craft, a senior at Ayden High School, was crowned queen of the home-making festivities. She has been an active FHA member all four years in High School, is president of Tri-Hi-Y, treasurer of the Beta Club and participates in the high school chorus and athletics.

Betty plans to continue her education in the fields of primary education and religious education upon graduation from high school.

SPRING

I had forgotten that the world
Wore such a shining grace of green;
Or that a poplar tip, unfurled,
Could bow against the wind, and lean
So delicately on the air.
The same thin three that, winter long
Stood desolate and stripped and spare.
I did not know that it was strong
As gentle things may often be,
To come into its own again
Or could so tacitly explain
The winter-riddle out to me!

—Selected.

IMPORTANT DATES

March 30.....	State Convention
April 7-13.....	FHA Week
May 22-June 8.....	Camp
July 1-5.....	FHA National Meeting

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

Families are the most important social unit in the world.

Doing any job well builds the foundation of future success.

Hobbies permit you to express yourself in an original way.

Getting along with family members is the basis of good relationships throughout life.

Consideration of others is the real essence of good manners.

Good grooming is essential to well-dressed appearance.

You don't fall in love, you grow into it.



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XIV

APRIL 1957

NUMBER 4

From Your Retiring President—

JEANNETTE WORTHINGTON

Dear Future Homemakers,

Serving as vice-president and president of the North Carolina Association of the Future Homemakers of America has been such a wonderful experience for me that I would like to tell you about it.

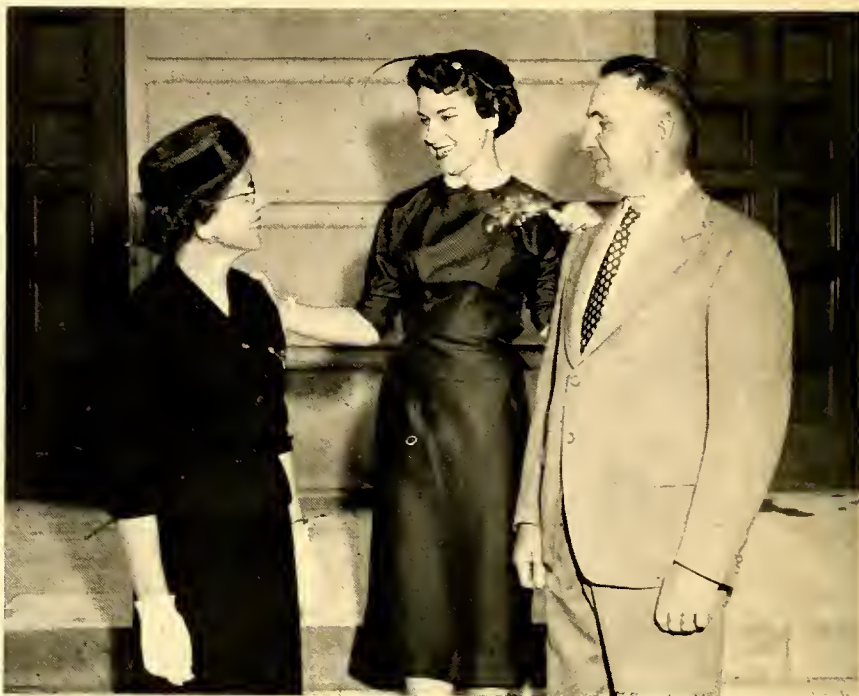
Last summer, at the National Convention in Chicago, Illinois, I met many marvelous people. Girls from every state in this nation exchanged ideas. Approximately 2,000 girls worked together to help make our organization stronger. Every delegate received enthusiasm, information, and inspiration to make her a better FHA member in her own chapter. All of our meetings at the convention opened with our opening ceremony, and some of the most thought provoking devotions I have ever heard. Although there were girls from every state and several territories — Alaska, Hawaii, and Puerto Rico — we were aware of the fact that all of us loved the same land and the same God. It was at this meeting that I really learned to love and appreciate the Future Homemakers of America.

Being president of the North Carolina Association of Future Homemakers gave me the privilege of attending the state convention of the North Carolina Future Farm-

er's last June and to bring greetings from our organization. This was really a thrilling experience. Imagine being the only girl in the midst of 2,000 boys.

The thrill of a lifetime came when I was chosen with Penny Niven, your 1956 state treasurer, to repre-

I can assure you that the experiences I have had as your state officer have enriched my life. The new friends I have made, and my association with some of the very finest girls, teachers, advisors, and supervisors in the world has been a most rewarding experience. My



Jeanette poses with mother and father at the State FHA Convention in Raleigh.

COVER PICTURE

This picture of the 1957-58 officers of the North Carolina Association of Future Homemakers of America was taken at the March 30, 1957, State Convention just before they were installed to their respective office. Reading, from left to right, these officers are: Jane Eagles, reporter, of the Mills Chapter in District IV; Margaret Baxley, treasurer, of the Sumner Chapter in District V; Jane Barrow, historian, of the Lucama Chapter in District II; Becky Hayes, president, of the Harris Chapter in District VIII; Betty Jo Lowdermilk, parliamentarian of the Southern Pines Chapter in District III; Barbara Ellis, secretary of the North Mecklenburg Chapter in District VI; Jean Jackson, song leader of the West Edgecombe Chapter in District I; and Becky Nifong, vice-president of the North Davidson Chapter in District VII.

sent the Future Homemakers of America at the National Meeting of the American Institute of Cooperation, at State College in Raleigh. Here we worked with boys and girls representing every Farm Youth organization in the United States and several foreign countries, learning about Farm Co-operatives. This was a meaningful experience, and one that I shall never forget.

On another occasion, I represented the North Carolina Future Homemakers at a Breakfast Meeting of the Home Economists at the Robert E. Lee Hotel in Winston-Salem.

I have also attended several of the district rallies and Mother-Daughter Banquets throughout the state, where I became acquainted with many wonderful FHA girls and advisors.

They say every experience changes a person's personality, and

ideals and purposes in life have been raised to a higher plane.

Future Homemakers I want to thank each of you for giving me this wonderful opportunity. I wish sincerely that each of you could have shared these thrilling experiences with me. I have always remembered that I was your representative. I wish for our organization continued progress. As thousands of girls all over the United States strive to achieve the goals of our great organization, we are helping to build a better world because truth, love, security, and faith are the very basis of world peace and happiness.

Good-bye Future Homemakers. Good-bye, to you, the greatest girls in the world. God bless you, Future Homemakers, God bless you everyone.

Love,
JEANNETTE

Observed In North Carolina Chapters

In the Sunday *Star News*, Wilmington, North Carolina, a full page was devoted to our FHA program. Barbara Jones, FHA president, emphasized our eight purposes. Quoting from the Newspaper are excerpts from the *Star News* concerning National FHA Week, April 7-12.

"This week of special observance is one of the most important events of the year for members of the Future Homemakers.

Throughout the United States and its territories, young girls will mark the week with special programs and activities.

Here in Wilmington the Future Homemakers have planned a number of activities including a tea on Thursday and going to Church as a group on Sunday.

Other events include putting flowers on each teacher's desk, choosing a secret FHA pal and doing something nice for her each day. The secret pals will be revealed at the conclusion of the week's activities.

Teachers and mothers of the



A SPECIAL OBSERVANCE DURING FHA WEEK—Mary Ann Ittner, Faye Matthews and Jacqueline Gene prepare for the Future Homemakers Tea. Teachers and mothers of the girls were special guests. In preparation, Faye cleans the silver, Mary Ann prepares the food, and Jacqueline arranges the flowers.

FHA girls have been invited to the Thursday afternoon tea. The girls have also set aside a special day during the week to help their Moms.

Radio Program on FHA. January—18. 1957

FHA IN WASHINGTON HIGH SCHOOL

Program opens with two or three girls trying to talk at once. Several distinct statement can be heard—

"What else did you do?"

"They looked so cute!"

"Who's our next president?"

Mother: Say, what are you girls so excited about?

1st Girl (excitedly): Oh, mother. May I have some money to join the FHA at school.

Mother: FHA! Mercy, that's Federal Housing Administration. What's that doing in the high school?

2nd Girl (laughingly): No, Mrs. Carr, FHA to us means Future Homemakers of America. It is a national organization. It is open to all high school girls who are taking or have taken home economics.

Mother: What are the purposes of your organization?

3rd Girl: We have 8 all told. The first is to work for good home and family life for all.

1st Girl: Another is to promote international good will.

2nd Girl: Don't forget the one that emphasizes the importance of worthy home membership. We strive to have happy homes in every way.

3rd Girl: By presenting programs for meetings, the officers planning our work, and encouraging family councils we try to foster the development of creative leadership in home and community life.

Mother: Don't you try to encourage girls to take home economics.

1st Girl: Well, we not only try

to get girls to take it, but we try to further interest in home economics throughout the community.

3rd Girl: These cute games we learn and camp life provide wholesome individual and group recreation.

2nd Girl: To encourage democracy in home and community life is an important purpose also.

1st Girl: Yes, as is the one to promote a growing appreciation of the joys and satisfaction of homemaking.

Mother: These purposes are all fine but what do you do to try to promote these things?

2nd Girl: We have a meeting twice a month and have a special program based on our purposes.

(Continued on page 7)

PUBLIC SERVICE

As We Strive to Accomplish Our Goals and Purposes

East Wilkes Chapter Activities:

Three hundred students received the Salk vaccine recently at a clinic sponsored by the East Wilkes FHA Chapter. The FHA girls did all of the secretarial work and helped during the clinic. A local doctor and four local nurses volunteered their services. Two additional clinics for the two vaccinations are planned.

The group also assembled 250 pre-school booklets for the East Wilkes School district.

A doll was also bought by the group and given to the children's ward at the Hugh Chatham Memorial Hospital. Mrs. Nina S. Tharpe and Mrs. Beulah Collins are advisers for the 65 FHA members at East Wilkes.

Altamahaw-Ossipee Chapter Activities

The Altamahaw-Ossipee Chapter of the Future Homemakers of America sponsored a series of discussions in the school Monday through Thursday, March 11-14 in the area of "Education for Family Living." The public was invited to attend these programs all of which were held in the school auditorium. Several outstanding speakers in the field of human relationships assisted as consultants in the series.

"Getting Along in the Family" was the topic for 9:15 a.m. on Monday. Miss Annie Laurie Burton, Alamance County Department of Public Welfare spoke on the topic and led a discussion afterward.



The shrubbery has been placed and these FHA members are finishing the job. Reading from left to right is the president, Velma Allen; vice-president, Linda Brady; Mary Tate Graham, Nancy Henley and Cynthia Leonard.

Dr. Lyda Gordon Shivers of the faculty of Woman's College, Greensboro, spoke on the topic, "Getting Along With Other Teenagers," at 1:00 p.m. Tuesday. She also presided over a discussion period.

Wednesday at 9:15 a.m., Rev. Tom Freeman, pastor of Hocutt Memorial Baptist Church, Burlington, talked about "Getting Ready to Assume Responsibilities in Marriage."

Mrs. Corrine Grimsley English, specialist in family life education with the Extension Service of the North Carolina State Department of Agriculture, conducted two sessions on Thursday at 1:00 p.m. She was moderator for a panel of students discussing the topic, "Developing Well-Rounded Personalities." The panel attempted to handle questions which their fellow students submitted during the week of emphasis on human relation.

At 7:30 p.m. Mrs. English presided over the program for the monthly PTA meeting. She used students in a forum-type discussion of some of the problems confronting teenagers as their personalities develop.

Then on Tuesday, March 19, the panel appeared on the County School's radio program from Burlington. Sandra Madren, president of the A-D Chapter of Future Homemakers and editor of the school newspaper, presided over the panel composed of Jerry Garrison, Lacala Patterson, Rhonnie Smith, Carolyn Terrell, and Connie Thiel. They discussed some of the questions which the high school students had submitted during the week.

Ramseur Chapter Activities

Home and school beautification is being stressed by Ramseur Future Homemakers. Here is a group in picture on left deciding where the shrubbery should be placed around the gymnasium.

VESPER SERVICE—BEGAN THE OBSERVANCE OF FHA WEEK IN THE JONES CENTRAL CHAPTER

At 5:30 p.m. on Sunday, April 7, in the Music Room of the Jones Central School, members of Jones Central FHA Chapter gathered for Vesper Service.

The Devotional was given by Rev. Lewis Dillman, Bible teacher at Jones Central.

Individual members who explained the meaning and significance of our organization—motto, flower, colors, emblem—were Joyce Whaley, Sue Carol Boyette, Billie Parker, and Linda Kay Mallard. Marie Price acted as president during the Service.

"FHA in Focus" was the topic of the speech by Rev. D. E. Hill, a teacher at Jones Central.

Refreshments were enjoyed in the Home Economics Room following Vesper Service.

I'm in FHA

(Tune of: A Little White Duck)

I'm in FHA here in Wake County,
I'm in FHA here in Wake County,
(I'm in FHA-in North Carolina)
(I'm in FHA-in North Carolina)

We work and play on the newest fad
Brag and strut and say we're glad.

I'm in FHA here in Wake County.
(I'm in FHA-in North Carolina)
F. H. A.



The Thousand Legged Worm

(POLLY WOLLY DOODLE)

Said the thousand legged worm as he gave
a little squirm, "Has anybody seen a leg
o'mine?"

"For if it can't be found, I shall have
to hop around on the other nine-hundred,
ninety-nine!"

CHORUS:

"Hop around, hop around! On the other
nine-hundred-ninety-nine.

For if it can't be found, I shall have to
hop around on the other nine-hundred-
ninety-nine!"

—Submitted by Janet Powell of the Apex Chapter
who says these have been used at Chapter
Meetings, and County Rallies.

P O E M

Written by Barbara Pope of the Coats
Chapter who is working toward receiving a
Chapter Homemaker Degree. (The poem
was submitted by Joyce Johnson, Reporter
of the Coats Chapter.

I am a member of FHA

With many thoughts and much to say.
About my work to be in future years
With much to learn and much to fear.

But first let me tell you what it means to me,
To be able to follow the steps of a recipe.
To take material and be able to sew,
By a complicated pattern with ruffles and
bows.
To be able to understand a child at play
And not to interrupt his work for the day.
When he's building or playing with dolls
Or his everlasting love and work with cars.

In my work at home, I'm proud to say
I'm able to pretend in my make-believe
way.

With no one to say "you're doing that wrong"
But be able to work and work on your
own.

Whether it be with a child or a brother
It's nice to know you're a sister and
mother.

At home, at school, at work, and at play,
Work with ease in your new found way.

A good home life is hard to build.
It takes courage, determination, and a lot
of will.

So do your best no matter what,
With what you have and not what you've
not.

Whether you are poor, good, or bad,
Happy, contented, or even sad.
These things aren't important to us
Just be forgiving and able to trust.

It doesn't matter what your occupation
Just work and live by our organization.
Follow the rules and never forget
That FHA is the best club yet.

To be able to lead and follow as well,
Your work in the future will be able to
tell.
So watch what you do and what you say
And always remember our FHA.

So Remember:

F stands for the future and the things you
can do.

H for the good homemakers, for me and
you.

Last but not least I'm sure you agree
A for America built by homemakers to be.

AMONG OUR

THE 1957 STATE

Yes, the annual State FHA Convention of March 30, 1957 is over, and the record of the events of this day is now being packed away — *Among Our Souvenirs*. Years later we shall enjoy reviewing all the happenings of this day.

Even before the program began, we were appalled as we watched all the girls surrounding us. All were attractively dressed, and the poised and gracious manner of each delegate made us proud of our organization.

Following the processional and the allegiance to the flag we enjoyed a most inspiring devotional presented by the Sandy Ridge Chapter. A reading entitled "The White Birds" was given by Sarah Joyce. This was followed by the beautiful voice of Winona Roberts who sang "Above the Hills of Time." She was accompanied by Angela Wall.

As we browse through our program notes of the 1957 State Convention, we will recall vividly the

words of welcome by Becky Hayes, vice-president of our state association. With clarity and sincerity Becky spoke:

"From the outer banks, the sandhills, the foothills and the mountains, we come again this thirtieth of March 1957, for our annual State FHA Convention. It is fitting that we meet here in our capital city which is representative of all our beloved Carolina from Cherokee to Currituck.

To me has fallen the honor of

"There is no need for any adviser or member to fail in securing help with chapter organization and guidance with the use of these FHA publications," stated the narrator of the Beaufort FHA Chapter, Sandra Haskins, in this portion of the FHA In Focus program.



INSTALLATION CEREMONY—1957-58 officers were installed in an impressive ceremony at the State FHA Convention.

SOUVENIRS!

CONVENTION

bidding you welcome. You—Parents, Guests, Advisers and Sister Future Homemakers. To each I extend a warm welcome. We are grateful that you could be with us. We hope that our meeting together will prove to be a wonderful experience which you will long remember with pleasure.

Recently as Gov. Hodges went to Kansas City he made the remark "I'm going to bring home the bacon." He did and we are still proud.

We are planning to take something home with us — stimulation, inspiration, and determination mixed tastefully with southern graciousness, beauty and charm; because along with Mrs. Hodges we know that even bacon needs a womanly touch to make it more appealing and desirable.

This is our challenge and without your support we cannot attain the goals.

We welcome and invite you to

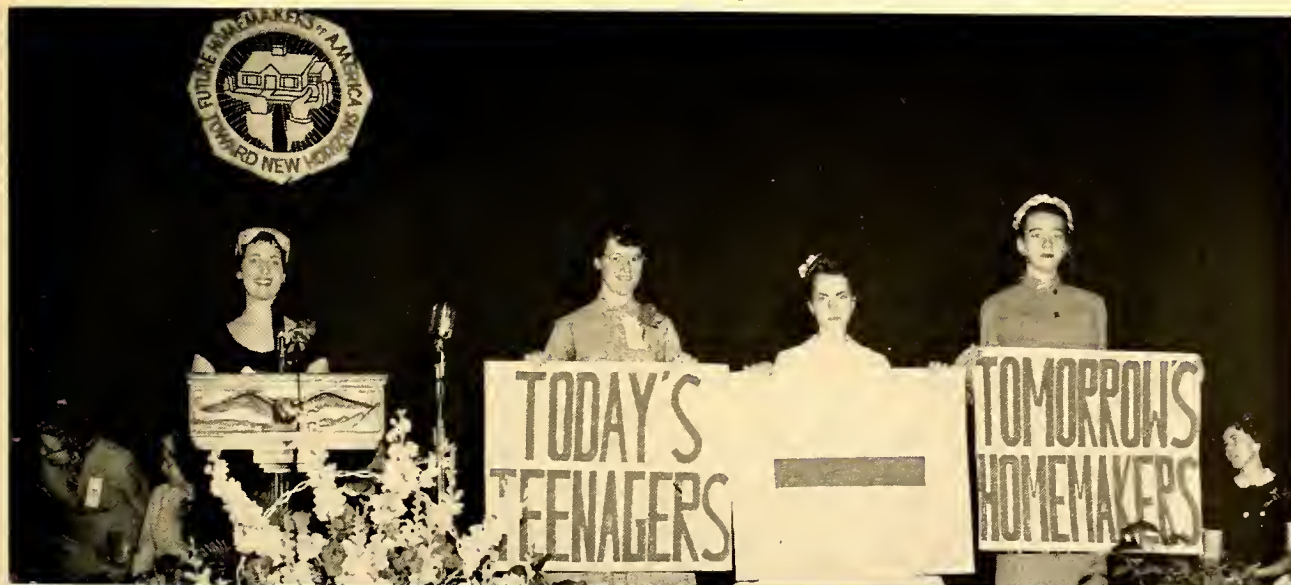
help us make this our most successful FHA meeting ever!

Again I bid you welcome, thanks.

Even the business of the day took on color when our state officers stepped to the microphone and reported to the huge audience — their specific duties of the year. Penny Niven, state treasurer, illustrated the financial story of the State in an interesting manner.

As a result of Penny's presenta-

Secretary of the National Organization, Nancy Rosenthal, presents plans for the 1957 National Meeting to be held at Purdue University July 1-5, 1957. The Theme of the national meeting is Today's Teenagers—Tomorrow's Homemakers.



Honorary Membership was conferred on four persons who had rendered outstanding service to the homemaking program in North Carolina. This year the Executive Council elected the following people: Mr. A. B. Combs, Director of the Division of Elementary and Secondary Education, of the State Department of Public Instruction. Mrs. Elizabeth Hedgecock Sparks, Home Economics Editor of the "Winston-Salem Journal." Mrs. Roger Laughridge, chapter grandmother for the Shelby FHA Chapter for the past four years. Mrs. Wilbur Worthington of Ayden, N. C., Mother of our State FHA President, Jeannette Worthington.

tion members should be more aware of how this organization is financed through its membership fees.

FHA'ers who sang the FHA Chant from the Red Springs Chapter were: Beth Duncan, Helen Lewis, Sally Gentry, Frances Gibson, Sandra Overstreet, Pat Troutman, Eleanor McNeill, Janet Currie, Madeline Thomas, Peggy Ratley, Janet McRacken, Rebecca Singleton, Barbara McGoogan, Pianist.

"FHA In Focus" — a feature portion of the afternoon program was an excellent illustration of how chapters in North Carolina operate to achieve state and national FHA Goals.

Planning the Year's Program is most important for a successful year in FHA. The Wilton Chapter made this evident in a pantomime. Nancy Blackley was the narrator. Others who participated were: Billie Griffin, Annabelle Latta, Jannie Harris, Emily Currin, Sue Jean Jenkins, and Ann Montague.

The script used by Nancy is recorded here:

Plans—such a very simple word,
'tis true;
But, oh, so important for FHA'ers
like you.

For any program of work to be a
success,
Time must be spent planning each
separate quest.

So, for the next few minutes, al-
low us to demonstrate
How the purposes and goals kept
our chapter wide awake.

Early one morning—'twas a hot
summer day—

The adviser greeted the officers,
who had been installed in May.

Each one brought paper, books, clip-
pings, and a head full of plans.
We see each as over this material
she scans.

Plans, ideas, goals and ambitions
are combined and sifted;
From this mixture, a program of
work was lifted.

Our leaders were present and fairly
well trained,
But new members were needed to
keep us sustained.

So a goal was set — forty members
to obtain;
The FHA picture was complete
when we added the last name.

Adviser, officers, members, chap-
ter parents — that's our crew;
Then committees were named, the
time had come to work, we knew.

To promote better family living—
that's goal *one*;
What could be nicer than a Family
Night for fun?

Then the Parent-Daughter Banquet
—a bit more dignified.
We knew from the response that
Lady Luck was by our side.

"What will your future be?" is a
question oft asked.
To show the open field in home
economics — that was our task.

To understand our neighbors, both
at home and abroad,
A program with the skit "Not
Wanted" caused the people to
applaud.

Then there is the training which all
of us need.
To participate in activities, to be
able to lead.

We want others to realize that it
makes good sense
To familiarize ourselves with "Mr.
Civil Defense."

Let's beautify homes, schools, com-
munity, too:
Clean up time, mailbox painting—
there is *so* much to do.

Co-operation, they say, is the key
to success.
Work together with FHA'ers and all
the rest.

Rallies, conventions, monthly pro-
grams, and special activities:
All this gave us a year of work and
festivities.

The plans, now on paper, seemed
of great size;
We knew that we must work if they
were to materialize.

A yearbook was planned and given
to each member;
It was full of information and great
services could render.

Vital information was included, you
bet;
Creed, emblem, purposes — so we
couldn't forget.

Each month's activities were
planned in detail;
Regular programs, special projects
—our work couldn't fail.

The story is told — there's nothing
more to relate;
Just plan your program of work
for '57-'58.

As Future Homemakers grow and
improve as individuals, and as
members of their family, their

school, and their community, they
begin to appreciate the value of
setting up goals and making definite
plans for achieving these goals.

Gwen Richardson and Martha
Ann Fuller of the Lee Edwards
Chapter in Asheville presented an
informative program on "How We
Work Toward Degrees of Achieve-
ment." First steps in starting with
the Degree program, the importance
of careful planning with the ad-
viser, the importance of an active
and interested Degree Committee,
the need for planning home ex-
periences and classroom activities
which will help to achieve goals —
were all clearly described by these
two Lee Edwards Chapter members.

"Interpretation of Our FHA
Goals and Purposes" in Buncombe
County, as explained by Judy
Reese and Mary Gale Haynes of
the North Buncombe Chapter,
should have given to all delegates
inspiration and ideas for telling the
public of our achievements in our
Future Homemakers activities and
projects. Judy and Mary Gale de-
scribed methods of interpretation
used in Buncombe County which
included:

1. Dinner for principals and su-
perintendents at which time an
original skit, entitled "Mirror, Mir-
ror on the Wall," written by Judy
Reese was presented.

2. Special radio and television
programs.

3. Newspaper write-ups and a
full page of pictures of project ac-
tivities of members.

4. County Fair Exhibits.

5. Participation in county and
district FHA rallies.

6. Special individual and group
projects for home, school, and com-
munity improvement projects.

"Using Our FHA Publications"
can mean progress and advance-
ment for members of the Future
Homemakers of America. Mrs.
Geraldine Beveridge, adviser of the
Beaufort Chapter and her FHA
members helped us to understand
how helpful these publications are.
Sandra Haskins, who was narra-
tor for this skit not only described
each publication but gave sugges-
tions for the use of each of the
publications. If you desire informa-
tion about how to order these pub-
lications, write to the State FHA
office, Department of Public In-
struction, Raleigh, N. C.

RADIO PROGRAM

(Continued from page 1)

Then we take projects to help carry on the work.

3rd Girl: Yes, for example, in September the officers, which were elected last spring, had a meeting with our adviser to decide what type of program would be most interesting to us. They also suggested possible projects for us to take.

2nd Girl: Do you remember hearing the girls tell of giving a needy family a gift of food during Thanksgiving? All the girls brought food from home and packed it into a basket. We carried it to the family we chose on the day before Thanksgiving. Boy, what a good feeling we had.

1st Girl: Oh, don't forget those dolls that were dressed. The Salvation Army gave us dolls and each FHA member made a cotume for it. These were to be given to children who would have no Christmas without those dolls.

2nd Girl: You know, I'm looking forward to the Valentine Dance that is being given in February. What fun we'll have with gay decorations, party dresses, and boys.

1st Girl: Then, mother, in March there is a State Rally to be held in Raleigh. All the districts come together to have a big meeting. We

get to meet the State supervisors and officers, and there is always a wonderful program on some phase of homemaking. Of course, the thrill of spending the week end in the city is always an exciting experience.

3rd Girl: Then, Mrs. Carr, the highlight of the year is the Mother-Daughter Banquet which is held in the cafeteria. For weeks we plan and prepare to invite our mothers and the school administration to a banquet in their honor.

2nd Girl: Then after school is over for the regular term the girls take off for FHA camp held at White Lake. Here they learn crafts, swim, play many games, learn how to become better citizens and gain many friends. Every minute of the day is planned so no one has time to get homesick.

Mother: My, it all sounds so exciting that I wish I were back in high school, just so I could be in the Future Homemakers of America.

1st Girl: Mother, here's our FHA Prayer song.

(Sing song)

Those participating on the program were: Barbara Galloway, as Mother; Marie Moore, Judy Tyer; and Joan Wells.

Chapter Chatter

The Altamahaw-Ossippee Chapter of the Future Homemakers and Future Farmers gave their annual Mother-Daughter, Father-Son Banquet March 9 in the school cafeteria at 7:00 o'clock.

For this occasion the red and white color scheme was used throughout the decorations. Down the middle of each table were red and white crepe paper streamers and candles. On the head table was a beautiful centerpiece of red carnations and white gladioli. Place cards were small ruffled nut baskets.

Connie Theil presided as toastmaster. Following the invocation by Kay Goodman, Sandra Madren, FHA president, and Mack Garrison, president of the FFA, welcomed the mothers and fathers and responses were given by Mrs. Howard Gerringer and Mr. David Moore.

During the meal, Caren and Phyllis Cole sang the "Banana Boat Song." Clyde Madren and Donald Whitesell presented a skit "A Trip to the Graveyard." The FHA and FFA report of events were given by Carolyn Terrell and Scott Truitt.

Sandra Madren, one of the senior participants in the national Betty Crocker "Search for the American Homemaker of Tomorrow," received an award as winner in the Altamahaw-Ossipee High School. Mrs. Rachel Troxler, FHA adviser, made the presentation.

J. Allen Lewis, superintendent of Rockingham County Schools, delivered the main address as a climax to the evening's program. He told the parents to make the most of their children because they grow up quickly. He urged the children to make the most of their journey along life's way.

Mr. Jack Dunn, FFA adviser, awarded door prizes to some of the parents and youth.

The Beaufort Future Homemakers of America sponsored a Twerp (Daisy Mae) Dance from 8:00 to 11:00 Friday night at the American Legion Building. Girls invited the boys and the admission was 25 cents each.

All students in the county were invited, announced Mrs. David Beveridge, FHA adviser. Chaperons were Mrs. Arvis McGehee and Mr. and Mrs. L. C. Smith.

Recently the second year home economics girls studied parliamentary procedure. The sixth period girls held a meeting to elect their officers. Those elected were president, Frances Mears; vice-president, Lillie Lewis; secretary, Barbara Fulcher; corresponding secretary, Mary Sue Moore; program chairman, Charlotte Carter; and reporter, Margaret Springle.

The next step was the biggest of all: naming our club. After a buzz session we decided to vote between two "The Two P's Club" and "The Order Backing Ladies." In case you're wondering what the two mean, we'll tell you. In the first one, the 2 P's stand for Parliamentary Procedure. The second one, "The Order Backing Ladies," means we are the ladies who back the orders of the club. The latter was chosen.

During the rest of the week we



Former State FHA Officer, Peggy Spruill from Pamlico County High School in Bayboro is now preparing to teach Home Economics as she works with FHA members of the Washington High School during her period of Student Teaching. A radio program "FHA in Washington" is being prepared. Reading from left to right are: Judy Tyer, Barbara Galloway, Peggy Spruill, and Marie Moore, President of the Washington Chapter. The picture was taken in the FHA corner of the home economics department.

learned how to carry on a meeting in general. On Friday we had our evaluation test. Then we held a meeting and the program chairman had made out another test for us. We learned a lot from this unit which was supervised by Mrs. Beveridge.

Students at Beaufort High School collected money for the Heart fund. They were according to Mrs. Potter, co-chairman of the drive. Representatives of the Hi-Y, Future Homemakers of America, Debating Club, and Beta Club participated in this project.

Miss Gladys Ellis of London, England, was the speaker at the March meeting of the **Boyden** Future Homemakers.

Miss Ellis gave an interesting talk on British school and home life.

"English school children at the age of 11½ enter secondary schools according to their IQ," she explained. According to Miss Ellis, most of their time is spent with academic subjects rather than domestic sciences. Cookery, laundry, and housekeeping are the three basic courses taken in domestic science. When Miss Ellis attended school, a flat or apartment was used for learning the housework.

The housing and social problems of the young people were stressed by Miss Ellis. During the war, one-third of the British houses were destroyed, causing a great shortage of homes. Flats for married couples rent for \$12 per week unfurnished. It is extremely hard for a single person to find good lodging. The upper social class lives in the burroughs.

England's "Socialized medicine" plan was explained by Miss Ellis. She told of the good care which the people received. Americans, Miss Ellis, said, are more carefree, make more money, and spend more than their English-speaking friends across the sea.

Prior to Miss Ellis's talk, a brief business meeting was held in which plans were made to attend the state FHA rally, March 30. Libby Arey, president, presided.

Approximately 25 members of the **Salisbury** chapter of the Future Homemakers of America attended the County Rally at Mount Ulla last month.

Kay Goodman, vice-president of the local chapter, introduced the speaker, Dr. Nelson Moore of Pfeiffer College.

Much in evidence was the live-at-home and do-it-yourself training of the FHA and the FFA of **Chinquapin** High School as they joined hands to hold their annual Mother-Daughter, Father-Son Banquet in the high school cafeteria on Friday evening, March 15. For this event honoring their mothers and fathers, the girls and boys, under the co-sponsorship of Mrs. Nettie C. Herring of the Home Economics Department and Mr. Willard Buffkin of the Agriculture Department, set forth active proof that a banquet can be staged without going beyond the local level for materials or talent.

Besides the usual social value derived from an event of this type and the family-style co-operation experienced, the lads and lassies found this to be also an educational venture. With a setting in old Holland, some study of the Dutch people, their land, customs and language was necessary as was evidenced by "Hwhnchen" (Barbecue chicken), the main course on the all-Dutch menu, and the dykes, tulips and other symbols of the Netherlands used

in all the speeches for the occasion. The girls flexed their artistic and culinary talents in the making of wooden-shoe nut cups, windmill table decorations, Dutch-boy and girl place cards, the fashioning of Dutch Iris with ferns and pink and white ribbons into corsages, and in their preparation of the pound cake and waldorf salad. Also brought prominently into the picture were the ever important patterns, needles and thread needed to transform the eighth grade waiters and waitresses into little men and women of the happy land of canals and tulips. The boys made special use of their saws and hammers in building table extensions, and of their ladders in hanging streamers and other decorations in the banquet hall.

Presiding as host and hostess for the occasion were Jimmie Bostic, president of the local chapter of the Future Farmers of America, and Eloise Sholar Carter, president of the Chinquapin Chapter of the Future Homemakers of America. As after-dinner speaker, Mr. L. P. Beverage of Burgaw, district manager of the R. E. A., left with the boys and girls some interesting "Thoughts for Tomorrow." Of the 206 people in attendance, a record number for an event of this type at Chinquapin, all seemed in agreement that the banquet was a delightful success.

The FHA and FFA Chapter of **Jones Central** High School honored their mothers and fathers at a banquet in the school cafeteria on April 5 at 7:30.

Bobby Barbee, FFA president, opened the special occasion by giving the "welcome" to the mothers and fathers and special guests, Jenny Lou Taylor and Douglas Hill.

Mr. J. W. Allen, principal of Jones Central, gave the blessing.

After the meal, Delores Heath, FHA president, introduced Jenny Lou Taylor, state FHA song leader and district president from Deep Run, who spoke on "Building a Home" and stressed that love is one of the most important building stones.

Bobby Barbee introduced Douglas Hill, president of the Southwood Federation, who spoke on "The Organization of FFA."

While waiting for some films to be shown, Jenny Lou led the group in a

song. The films shown were of some FHA girls and their projects and families. Pat Parker and her family were "Playing Together," Billie Parker and her family and Delores Heath and her family were "Planning Together," Bonnie Meiggs and her family were "Working Together," and Mary Jo Bender and her family were "Worshipping Together." Films were shown of Linda Kay Mallard and Elizabeth Wells, also. Linda Kay "modeled" some of the clothes she made. Elizabeth showed a chart on her project "Teenage Consumer," and a film of Elizabeth and her mother shopping together was shown to conclude the program.

Delores Heath gave the closing ceremony with all the FHA girls repeating the creed.

After the banquet, everyone adjourned to the music room for recreation.

JOYCE WHALEY
FHA Reporter

The members of the **New Hanover** Future Homemakers of America honored their mothers Friday night with a Mother-Daughter banquet. The banquet was held in the Home Economics Department with 65 persons attending.

For decorations a color scheme of green and white was used with red roses, the flower of the organization, as the centerpiece on each table.

The menu consisted of baked ham, garden peas, sweet potato soufflé, cole slaw, biscuits, cherry cake, coffee and iced tea.

The program was centered around the purpose of the organization with Joyce Cathey, Margaret Olson, Mary Szczereiak, Linda Sanford, Barbara Jones, Lynda Stevens, Mary Margaret Ginn taking part. The first part of the program entitled, "Our Land and Flag," carried out the thought that our influence in the home radiates its light far and wide throughout the land. The second part entitled, "Builders of the Home," carried out the thought that a house should not only be of material things, but also of love, faith and trust. The third part entitled, "Toward New Horizons," carried out the thought that we should live better today, so that our lives and those of our family may be better tomorrow.



This is the second year home economics class of Boyden. Unusual is the fact that there are four boys and four girls in the class.

FHA MEMBERS EARNING THE STATE HOMEMAKER DEGREE IN 1957

Bath High School—Meredith Brooks, June Garrett,
Barbara Pinkham, Peggy-Joyce Waters
Franklin—Ruth Dunbar
Liberty—Sarah Moore and Doris Teague
Rockwell—Midgie Huneycutt
Robert B. Glenn—Patricia Plaxico, Rebecca Ann Kin-
namon and Linda Motsinger
Union Grove—Clyde Templeton
Sumner—Margaret Baxley and Olivia Carolyn Tippet
Bladenboro—Joyce Dove, Shirley Smith, Betty Jo
Vaught, Glenda Sue Burney and Joyce Hester
Red Springs—Peggy Ratley, Helen Lewis, Janet
Conoly, Eleanor McNeill and Patricia Troutman
Stedman—Hellon Beard, Vivian Ann Williams, Lois
Evelyn Atkinson
B. F. Grady—Mary Gold Wallace, Connie Jo Wells,
Linda Marilyn Holt, Nancy Lillian Grady, Rubylene
Waters and Ann Kornegay
Bartlett Yancey—Nancy Jean Page, Elizabeth D. John-
son, Marie Gwynn, Omega Prevette, Jo Anne Mc-
Kinney, Helen Patsy Hunt, Rachel Shelton
Benson—Rebecca Smith
Berea—Barbara Hobgood
Durham Sr.—Carolyn Sue James
Grantham—Lydia Ann Spain, Barbara Jean Keen,
Lena Ruth Britt, Bobbie Jean Gray, Becky Jones,
Dorothy Price
Hillsboro—Betsy Ann Hall
Kenansville—Barbara Jean Brown, Gail Newton
Louisburg—Betty Jane Eagles
Pikeville—Lillie Dare Sasser, Bobbie Crocker, Vir-
ginia Crumpler, Effie Lancaster
Rosewood—Carol Jordan, Evelyn Collins
Roxboro—Mildred Louise Brown, Delaine Parker
Wood
Swansboro—Agnes F. Rhue
Wallace-Rose Hill—Mary Vann Wilkins
Warsaw—Rebecca Eason, Frances Mathis, Pauline
Costin, Sara Frances Kirby, Catherine Blalock
Franklinton—Sara Eason
Wilton—Billie Griffin, Jannie Harris, Nancy Blackley
Reynolds—Gail Hughey, Marilyn Smith
Shelby—Nancy Rosenthal
Flat Rock—Emma Moore
Harris—Becky Hayes
Rutherfordton - Spindale—Jane Blankenship, Judith
Moss, Lillian (Duncan) Bailey, Mary Alice Car-
son, Peggy Hill, Linda Logan, Ann Pate, Barbara
Walker
Tri-High—Carolyn Hawkins, Rebecca Taylor, Alice
Walker, Barbara West, Peggy Ann Blanton
Lee Edwards—Ruth Ann Goforth, Gail Jackson
Kings Mountain—Mary Ellen Baker
Old Fort—Dorothy Bailey, Eileen McEntire
Enka—Carolyn Ruth Roberts, Dorothy Williams,
Wanda Ruth Carter, Eva Ann Orr
Cool Springs—Barbara Ann Guffy
Conway—Pat Hedgepeth
Deep Run—Vonnie Lou Noble
Grifton—Joyce Dudley, Phyllis J. Dudley
South Edgecombe—Jessie Calphurnia Ellis
Tarboro—Sarah Elizabeth Cummings
North Buncombe—Judy Reece

1956-57 Membership

North Carolina has 456 chapters this year with a membership of 21,889.

North Carolina Association of Future Homemakers of America

State Officers

1956-57

President—Jeannette Worthington, Ayden
Vice-President—Becky Hayes, Harris
Secretary—Clyde Templeton, Union Grove
Treasurer—Penny Niven, Waxhaw
Reporter—Doris Teague, Liberty
Parliamentarian—Margaret Rand, Garner
Historian—Helen Lewis, Red Springs
Song Leader—Jenny Lou Taylor, Deep Run

District Advisers

1956-57

Joyce Currin—Murfreesboro
Mrs. Mary L. Smith, Clyde A. Erwin
Mrs. Madge Young, Taylorsville
Mrs. Mary Kate Faulkner, Marshville
Mrs. Cora Whitehead, Ramseur
Mrs. Florence Sorrell, Benson
Mary Elizabeth Burns, Pinehurst
Mrs. Alma T. Phillips, Jones Central

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

May is the month when most schools will end the work of the year.

Now is the time to evaluate the work of your FHA Chapter and your contributions to the goals of the organization.

Now is the time to carefully select your officers for next year—girls who will work, who sincerely want to accomplish our goals, and who take their responsibilities seriously.

Now is the time to do some preplanning for next year.

Now is the time for you to resolve that you will be an active member in fulfilling the purposes of FHA.

Here's wishing you a happy and fruitful summer vacation.



Goal 3 - Understanding Our Neighbors Both At Home and Abroad

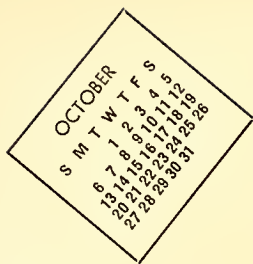
FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XV

OCTOBER 1957

NUMBER 1



Calendar Reminders

Dues: State and National dues are to be in the State office by January 15, 1958, if your chapter is to be affiliated for 1957-58.

The amount of the dues is 55 cents per member—plus 10 cents per member contributions for helping defray expenses of state officers and district advisers to national meetings. This makes a total of 65 cents per member. The State office is responsible for forwarding the national dues to the national office.

Degrees of Achievement: Deadline dates for filing Declaration of Intention to work for the Junior and Chapter degrees and the completed reports are set by the local Chapter Degree Committee. The deadline date for filing Declaration of Intention to work toward the State Homemaker Degree is November 15. (A request for forms must be sent to the State Adviser earlier in order to receive the blanks and to get the Intention form filled in and returned to the State office by November 15.)

State Convention: Date—March 19, 1958.

Place—Memorial Auditorium, Raleigh, North Carolina.

National FHA Week: March 23-29, 1958. (Due to the Easter date, FHA Week will be earlier this year.)

National Meetings: 1958—July 7-11 Hotel Muehlebach, Kansas City, Missouri, 600 delegates (members and advisers) of Future Homemakers of America.

1959—July 13-17 Conrad Hilton Hotel, Chicago, Illinois, 2,500 delegates (members and advisers) of Future Homemakers of America. (Begin *now* to plan to send a delegate to represent your chapter or your county federation.)

Annual Report: One copy is due in the State office by June 1, 1958, and earlier if possible. One copy is to be filed in the department.

North Carolina Association of Future Homemakers of America

State Officers

1957-58

President—Becky Hayes, Harris VIII
Vice-President—Becky Nifong, North Davidson VII
Secretary—Barbara Ellis, North Mecklenburg VI
Treasurer—Patsy Hunt, Bartlett, Yancey V
Reporter—Jane Eagles, Mills, Louisburg IV
Parliamentarian—Betty Jo Lowdermilk, Southern Pines III
Historian—Jane Barrow, Lucama II
Song Leader—Jean Jackson, West Edgecombe I

District Advisers

1957-58

Sadie Frances—Washington I
Mrs. Geraldine Beveridge, Beaufort II
Mrs. Sarah G. Shaffer, Stedman III
Mrs. Robinette Husketh, Wilton, Franklinton, Rt. 1 IV
Mrs. Glenna Lewis, E. M. Holt, Burlington, Rt. 1 V

Mrs. Amelia Sheffield, Star VI
Mrs. Nina Thorpe, East High, Ronda VII
Betty Shealy, Cherryville VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

FUTURE HOMEMAKER OFFICERS

★ RECEIVE TRAINING ★

CABARRUS COUNTY WORKSHOP

From Cabarrus County comes the report of the third annual workshop for all chapter officers in the county. This included officers from eight schools in the county. There were approximately eighty in all who met during the morning of August 20 in the Winecoff School. The advisers were the instructors or consultants, each adviser working with one group of officers—the presidents, the vice-presidents, the secretaries, etc.

Lunch was served buffet-style in the homemaking department. A second session followed after lunch. The meeting adjourned at 2:00 p.m. It had been planned that this workshop be held at Happy Lake, but because of bad weather, it was held at Winecoff School.

POLK, TRANSYLVANIA HENDERSON

Tri-County Workshop

Place: Camp Arrowhead — near Tuxedo, N. C.

Time: September 13 and 14, 1957

Story: How thrilled the officers were to finally have a workshop for the tri-county FHA. And out to CAMP ARROWHEAD! Polk and Transylvania and Henderson County FHA officers together with their sponsors had a week end of fun and work at Camp Arrowhead. Friday afternoon opened with a general session. This included a devotional, the opening ceremony, and introduction of guests (we were so glad to have the district supervisor, Miss Swann—in black and white plaid shorts too!).

After the general opening service we went into discussion groups all over the big camp; some in the "Falls" room, some in the game room, some in the mess hall, and perhaps some even in "Lower Egypt" (the toilet room!). In the discussion groups the purpose was to help each officer do a better job in performing the duties of her respective office. Qualifications and



Wanda Sumner, president of the Tri-County Federation (Polk, Transylvania, and Henderson) from Etowah chapter, and Joy Griesmeyer, the Tri-County reporter of the Hendersonville chapter, make final plans for the Tri-County workshop, only two days away. This planning took place in the Home Economics Department in the Hendersonville School.

lots of suggestions for being a good officer were given.

At about 5:30 we left discussion groups and wandered around the camp, starving to death and waiting for the dinner gong. It finally came

and did we enjoy our dinner. After dinner Mr. Carter, Assistant 4H Director for the state, led us in games and singing. He gave many ideas and helps for the FHA song leaders and we all had a marvelous time singing and going "bear hunting." After vespers we went to our cabins, but of course we did not go to sleep for hours. The sponsors kept calling us to stay in the cabin for we were on the side of the mountain and really hanging over a lake!

Saturday morning we met together and exchanged ideas which came out of the group discussions; heard Miss Swann discuss degrees of achievement; and had Mr. Adams, former Illinois State FFA Executive Secretary, to talk to us about leadership and opportunities for those who are officers in any youth organization. It was fun! It was thrilling! It was helpful! It was inspiring!

GRANVILLE-PERSON

With a view to learning "more about how to make our organization a meaningful experience to mem-



Chapter officers from Polk, Transylvania, and Henderson counties at Camp Arrowhead near Tuxedo to receive training for their responsibilities in their chapter 1957-58.

bers," officers and advisers in the **Granville-Person** bi-county organization had an all day meeting at the Helena High School Saturday September 21. The program for the day ran something like this:

Short General Session
Devotion
Discussion of Day's Plans
Announcements

Group Meetings of Officers, Advisers or Consultants
(Ways of making each chapter a good one by increasing efficiency of officers, proper reporting, parliamentary procedure etc.)

Lunch served by Helena Chapter
(Lunch consisted of wieners, drinks, and ice cream.)

A Model Chapter Meeting—
Demonstration and a report of work done in workshop recreation.

Future Homemaker—a Delegate to Denmark—From American Field Services International Student Exchange

Gail Harwell, a Future Homemaker of the East Mecklenburg Chapter, was one of the six Charlotte and Mecklenburg County high school students to go abroad as a delegate from the American Field Services International Student Exchange. Gail was to sail from Montreal—with 892 students from schools in the United States.

Gail's specific assignment was to live with a farm family in Spejlsby, Stege, Denmark. There are five children in the family.

Her experiences in her Chapter and homemaking classes were very helpful in preparing her for the trip. Last year she was secretary of her Chapter. She has earned her Junior Homemaker Degree. As a third year home economics student, Gail made her wardrobe for the trip. She also held down a job at an A & P Food Store to earn some money for the trip. An "Essay on Savings" won for her a savings bond. We hope to see some pictures of her activities abroad in a future issue of this magazine.

"Young women should set good examples for young men follow them."

Report of the National Convention by Jane Eagles given at District IV Rally by Barbara Catlette, Patricia Hicks, and Marla Gupton in the form of a relaxer.

(Audience participates by standing and acting the parts led by Patricia and Marla from the stage.)

I awoke (yawn) Saturday morning and jumped (jump) out of bed with a feeling of excitement and uneasiness. At first this seemed strange but then I remembered (point to head)—Today I left for the National F.H.A. Convention at Purdue University in Lafayette, Indiana. I ran (run) to the bathroom, cut on the water and attempted to wash my face (wash face). I dressed and went down

stairs (walk down) to try to eat breakfast. I gulped my orange juice and swallowed my other breakfast whole. (demonstrate) I then checked my suitcase (looks through). Everything was there including my 9 slips. (count 9)

I left Raleigh with the other girls from North Carolina. As we waved (wave) good-bye we were sorry to have to leave our parents and friends but then we had an adventure before us. We changed trains in Richmond, Virginia, and got with other girls on their way to the convention. We spent the night (sleep) on the train which was quite an experience for most of us.

We ate (eat) breakfast in Cinn. where we lost (stop) one of our

(Continued on page eight)

Those of you who attended the District Rally in your respective district during October will recall hearing a report from one of these officers who were delegates at the National meeting at Purdue University in Lafayette, Indiana. Many ideas for the Rally Programs were brought back to North Carolina by these delegates. The delegates are:

Left to right (standing) Becky Hayes, President; Barbara Ellis, Secretary; Jane Barrow, Historian; Jane Eagles, Reporter; (front row) Margaret Baxley, Treasurer (at the time of the National meeting); Nancy Rosenthal, Secretary of the National organization; and Jean Jackson, State Song Leader.



THROUGH COLOR SLIDES



No doubt you often receive a difficult assignment from one of your teachers. It just seems that no ideas are forthcoming and that you don't seem to have the human resource for tackling the job. But eventually the beginning takes shape and you surprise yourself with your own creative power.

Last year your state adviser and Ann Rowe, of the Garner Chapter, a member of the National Projects Committee, were asked to assign ten chapters to prepare color slides of experiences and activities of members in carrying out Goal IV—*To provide training for each chapter member for participation in home, school, and community activities.*

These chapters told a beautiful story, through slides, of worthy and rewarding experiences of F.H.A. members.

At the Robert B. Glenn School, three Future Homemakers decided to meet a real need of their school—to redecorate the teachers' lounge. These three made their plans and set their goals for working toward earning their State Homemaker Degree, and included in the goals was the improvement of the teachers' lounge. The pictures on the left show: No. 1—Pat Plaxico, Linda Motsinger, and Rebecca Kinnamon as they sit down and record their plans on paper.

When the building was new the painters had painted the walls of the lounge a bold pink with a strip of red at the baseboard line. The color combination and tone was an insult to the girls who had become color conscious. A soft green was decided for the walls. The girls planned to do the painting themselves. To remedy the glare from the windows, a sheer draw curtain was planned. They also decided to hang pictures and to add potted plants to make the room more cheerful.

On Friday afternoons and Saturday mornings these F.H.A.'ers donned their blue jeans and busied themselves painting the room. In picture: No. 2—Pat, Linda, and Rebecca are cutting the panels and sewing them together for the draw curtains which will be hung from a cornice board. This activity took place on afternoons after school. In picture: No. 3—The girls are trying the pale yellow boucle marquisette for effect. The material was chosen to filter the light and add softness at the windows. No. 4—The girls decided that growing plants would make the lounge more inviting. Linda has just planted a dish garden and tries it out on the end table. No. 5—Pictures emphasizing the color scheme were to add the finishing touch. Here, Pat and Rebecca try a picture for the effect they want.

The teachers find the lounge more relaxing and attractive with its soft green walls, pale yellow draw curtains, pictures and growing plants. Thanks to the F.H.A. girls.

In addition to the pictures—featured on this page of the project by the three girls from the Robert B. Glenn School, who were earning the State Homemaker Degree, you will be interested to know about the nature of

activities pictured by other chapters through slides.

The stories as shown are summarized below:

Pamlico County Chapter: A project, which has continued from year to year, is to work with school officials and other organizations in improving the school and keeping it clean and attractive. Each year F.H.A. members look forward to the suppers sponsored by the P.T.A. The F.H.A. members plan the decorations for the cafeteria, set the tables, serve the meal, and act as hostesses during the evening. As hostess, the members greet the guests at the door, direct them to the serving line, often carry a tray for a child or an elderly person, and help the guests find seats. Then, during the dinner, the F.H.A. members take turns at the piano furnishing soft dinner music. Having been successful at these projects, the F.H.A. members are frequently requested to help with social activities in local communities.

Script For Using the Slides—Prepared by the E. M. Holt Chapter—Slides Depict Goal IV: America's future depends upon her homes. Homes such as the one we see represented here by the Pike family.

(1) This family is just returning home after a visit with the married daughter. They are Mr. and Mrs. Walter Pike; their teen-aged daughter, Cobina; younger daughter, Ramona; and small son, Riley. Cobina, a Future Homemaker, will graduate from high school this year and Riley will start to school next year.

(2) Mrs. Pike realizes that her family has healthy appetites so she immediately goes to the kitchen to prepare dinner. Her two daughters, Cobina and Ramona, always assist her with the meals and sometimes surprise mother by preparing a meal all by themselves. Ramona is seen setting the table while Cobina washes lettuce for the salad.

(3) While the girls are busy in the kitchen, Mr. Pike takes a few minutes to finish painting the edge of a bench that is to be used in the living room. After painting, the bench will be complete except for attaching the metal legs. Mr. Pike enjoys helping to make the home more comfortable and beautiful.

(4) Riley has washed his hands but he calls for mother to come wash his face. Like most boys, he hates to wash his face; and too, he doesn't want to be late for that meal.

(5) After dinner, the girls have washed the dishes and it's time for studies. Mrs. Pike is shown here patiently explaining the English sentences that Ramona doesn't quite understand. Cobina is getting ready for her next book report that will soon be due.

(6) After lessons have been prepared, each family member likes to relax in his favorite chair before getting ready to retire for the night. Riley wants Ramona to help put his train on the track while dad watches television and mother thumbs through the latest *McCalls Magazine*. Cobina is in the next room having a very private conversation with her boy friend on the telephone.

(7) However, before retiring for the night, the family ends their day with family worship in the living room. Mother usually has charge of these devotions because her Bible selections are always so interesting, although they sometimes take turns. They know that a family that worships together, stays together.

(8) Here dad is seen taking time to read to his son that favorite horse story, *Black Beauty*. After one story, Riley goes for his pajamas.

(9) He returns to find that dad has fallen asleep in the armchair. No doubt he has had a busy day. Riley, a big boy now, is proud of the fact that he can put his pajamas on all by himself. Here, he is finishing the task by struggling with the last shoe.

This is only one afternoon in the Pike home. Let's see them at other times.

(10) The Pikes enjoy sharing their home with others, and other girls certainly enjoy sharing the Hi-Fi with Cobina. Wanda and Linda Jo are frequent visitors in the afternoons.

(11) Sometimes Linda Jo plays the piano and the whole family gathers around to sing hymns and popular songs. This is a phase of recreation in which everyone participates and this family enjoys doing things together.

(12) Cobina has taken Home Economics since she has been in high school and she likes to sew in her spare time. Here we see mother and daughter working together in the sewing room that dad helped plan and build.

(13) At another time, we see Cobina well pleased with one of the

(Continued on page eight)



Float made by Morehead City Chapter of Future Homemakers. Colors red and white—white background, red trimmings and letters. Girls wore white, carried red roses tied with red ribbon. The President (at top), Jenie White, wore red, carried white roses with white ribbon.



F.H.A. members of the Jonesville High School Chapter helped in making drapes and selecting pictures for the principal's office. Reading left to right: Nancy Allgood, Jean Myers, Florence Gray, Josephine Holcomb, Carolyn Everidge, and principal, Mr. Guy T. Swain.

THE WAY WE

WORK

IS IMPORTANT

Recruitment

Take the way we help new and prospective members to know and understand our organization. Some chapter members have thought of ingenious ways to interest others and to hold the interest throughout the year and beyond. As with most organized activities, it is necessary that we think far ahead, so before a school term is ended our plans for another term already begin—with an eye toward the incoming homemaking students

who will be eligible to join our Chapter of Future Homemakers of America next year.

Mary Ann Brady of the **Elise Chapter** in Robbins prepared a talk to give to the rising freshman class on May 15, 1957. She also passed out invitations for the girls to join the F.H.A.

Mary Ann's talk included a summary of the activities of the chapter since she had become a member with comments on how the chapter projects had helped in

the homes, the schools, and community; and how in turn the individual member herself had grown and developed from her participation in the programs, projects, and other activities sponsored by the chapter.

A Chapter Newsletter

A Newsletter was used in the Enka Chapter to bring its members up to date on happenings and plans. This way of informing members might help in many chapters, especially large chapters.

A copy of Enka's Newsletter:

Everyone has been so busy we thought a newsletter would help to bring our members up to date.

1. Our next event will be a wiener roast at Rhododendron Park, May 7 from 3:30-7:30 p.m. The cost will be \$1.00 per couple or 50c per person. You can pay Eva Ann, Dot Williams, Patsy Massie, Mrs. Kinser or Mrs. Williams. The deadline for paying is Friday, May 3. All members are urged to bring dates or a friend.

2. May 3. Our next meeting will be devoted to election of officers. Nominations have been made and are: President: Carolyn Crawford; Vice-President: Geraldine Hubbs; Secretary: Carolyn Roberts; Treasurer: Margaret Kirby; Historian: Betty Lou Crowder; Parliamentarian: Marilyn Plott; Reporter: Pat Mauney; Chaplain: Elaine Ballinger; Song Leader: open. We will have nominations from the floor and voting will be by secret ballot.

3. May 17. The last meeting will be installation of officers for 1957-58.

4. Are you interested in going to Camp White Lake from June 3-7? Enka has an allotment of ten. The cost is \$10.50. Cost of transportation is not definite. See Mrs. Williams if you are interested.

Old and Precious Memories—For Our Members in Enka Chapter

Sixteen F.H.A. girls, Mrs. Crowell, Mrs. Orr, and Mrs. Williams went to Raleigh March 29 and 30 for the State F.H.A. Convention. We stopped at W.C. Salem, Wake Forest, Duke, St. Mary's and State College.

In Raleigh, Dot W., Eva Orr, Wanda C., and Carolyn R. received their State Degree, the highest honor an F.H.A.'er can get. Carolyn Crawford is the new County F.H.A. Secretary. Congratulations, Carolyn!

F.H.A. week events: Sunday—a group went to our President's Church for 11:00 services. Monday—Devotionals over the P. A. system, a tea from 2:30-3:00 in the Homemaking Dept. for all club presidents. A Coffee Hour was held from 3:00-4:00 for the faculty. Tuesday—Our club president wrote a letter to all eighth grade girls which she delivered in person. We also had "clean-up" and "No Gripe" day.

Our Mother-Daughter Banquet was very successful. Sixty mothers and daughters attended. Entertainment was an original skit, "This Is Your Life" by some of our members. The Charleston stole the show.

The Adult Class has been going on for 3 weeks in the Homemaking Dept. Have you asked your mother or neighbor to attend?

Initiation!

DOES IT NEED TO BE RIDICULOUS?

Are there not times when the ridiculous costumes and the silly behavior which we see on parade during the initiation of new members in many chapters become just a little embarrassing? Even to some of our public this may prove to be the only interpretation of our organization.

The largest chapter in North Carolina, the **Rutherfordton-Spindale Chapter**, deserves commendation on the manner in which new members are inducted in the organization. The initiation program is described here:

Each new member is assigned to an older member, who becomes the "big sister." The "big sister" helps the new member with her responsibilities. A check sheet is prepared for the new member to use. The check sheets are turned in at the end of twelve days and filed for future reference. A copy of this check sheet is printed here so that you may see. You may decide for yourself the value of this type of initiation as contrasted to the supposedly comical one.

F.H.A. INITIATION DAY'S

Please check 12 of the following items and turn this check sheet in to your F.H.A. sister on Nov. 21.

I,, did these:

1.....Learned F.H.A. creed and repeated it to my F.H.A. sister.

2.....Learned purposes and motto of F.H.A. and repeated them to F.H.A.

3.....Did something special for my F.H.A. sister.

4.....Wore red and white for initiation service Thursday at Act. Pd. before the student body.

5.....Reported to the assigned teacher and did at least one good deed.

SUGGESTIONS: Wash blackboards. Clean out desks. Fix bulletin board. Dust bookshelves.

6.....Cleaned out my locker.

7.....Was courteous at school and home.

8.....Sold at least two boxes of Christmas Cards.

9.....Wore a smile for everyone I met.

10.....Attended F.H.A. Coke Party.

11.....Attended District Rally at Central.

12.....Did 2 of the following activities at home to relieve Mother's duties.

13.....Cleaned room..... Ironed..... Washed windows..... Arranged room..... Dusted the furniture..... Cooked a meal..... Vacuumed or swept floors.

14.....Plan to work toward the Junior Homemakers Degree this year.

15.....Publicized F.H.A. by telling others about it.

Continued on inside back cover

Creativity-Unlimited

Among our Chapter Members

SYMBOLS OF F.H.A.—FROM AN F.H.A.'ERS POINT OF VIEW

Written by Linda Rouse of the Southwood Chapter as she worked toward earning her Chapter Degree.

Our emblem is a very treasured part of our F.H.A.

It shows that tomorrow's homes are in the hands of the youth of today. "Toward New Horizons," our motto, is inscribed on its lower half; A home in the center is held by two hands which will toil the future path.

On the upper plane of the emblem we find our name so dear—

"Future Homemakers of America" so proud we are to hear!

Red and White we chose—our distinguished colors;

We liked these above all others.

They are symbolic of youth which is bound to succeed,

For youth has the courage and determination which successes need.

Innocence and purity, two wonderful traits,

Help to make this color combination one that really rates.

The red rose is the flower of the F.H.A.

It grows everywhere in the U.S.A.

Our rose is a symbol of vibrant, glowing health,

And this, you know, is our richest blessing of wealth.

The health of our members makes home a happier place,

And improves home efficiency at a very rapid pace.

Yes, our emblem, colors, and flower—

We're proud of each of these,

And our members—each and every one—

We hope that they will please.

God's Creed for F.H.A.'ers

To build homes in the future that will never be broken or suffer decay,
We as Future Homemakers of America with determination must begin today!

The foundation which is essential in building hath by God already been laid;

In Him, Christ the Lord, we as Future Homemakers of America shall be staid.

Time cannot destroy God's wonderful promises which are from above,
Which are to bless, enrich, and care for us—the recipients of his love.

So let us face the future confidently by trusting Him today;
He who is our great strength, everlasting guide, and present stay!

By: Jean Jackson
State Song Leader

A Unique Way to Present The Year's Program

The Elise Chapter of the Future Homemakers of America held their first meeting on September 4, 1957. To present the program of work for the year as drawn up by the executive council to the members and others, members of the council wrote the following rhymes and adopted the costumes for each month of the school year:

September is here, we welcome you all.

Come and look into our crystal ball.
(Fortune teller carrying a fish bowl.)

In October we think of frolics and fun;

But we really think you are the lucky one,

To see our program without a flaw,
Based on procedures of Parliamentary Law.

(Skirt and blouse of newspaper and carrying a gavel.)

In November we give thanks to God above,

For all we have and those we love,
And also we would welcome B. J.,
To speak to us on dating today.
(Pilgrim lady)

Now that Christmas time has come,
We will surely have some fun,
With our jolly recreation,
And program on Christmas decorations.

(Red evening gown)

As January rolls around,
And new resolutions we have found,
A program of becoming hair styles,
Will certainly leave us all in smiles.
(Old Father Time carrying an hour glass.)

In February our Mother-Daughter Dinner

Will surely be a winner.
And a talk on nursing careers
Will help in the future years.
(Nurse uniform)

The officers blow in with the March wind,

(Continued on page eight)

NATIONAL CONVENTION

(Continued from page two)

girls. She took the right train and we missed it.

We arrived in Lafayette, Indiana, Sunday and took a taxi to Purdue Union. We all piled into one taxi, suitcase and all (step in). We explored (look) every corner and crack on the Union Building which was our convention headquarters for the week. Then we unpacked (unpack) and ironed (iron) some of our most wrinkled clothes. Monday, most of the girls were beginning to arrive. We met loads of friends. (shake hands)

I had plenty of writing (write) to do since I was recorder for my group—"Teen-Agers Code for Family Living."

Monday night, Nancy Rosenthal presided over the general session which I must say was done expertly. (clap) After the session we had a get acquainted social in the ballroom. We sang songs and played games. (All sing "The More We Get Together.")

Some of the meetings we had while there were "Teenagers' Problems" which was of special interest to each of us. Dr. Christenser's talk and panel on this was indeed helpful. There was another panel headed by Mrs. Coleman on "Citizens Have Responsibilities." Perhaps the most interesting thing presented was "Rainbow Round the World" (circle) in which 17 states participated. Interesting reports on "Highways to Better Living" were given at the last general session.

As we toured the famous Purdue Campus, we talked, sang, and became better acquainted. "By, By Love" was the favorite that week. (Song by group here—appropriate "The More We Get Together" may be sung.)

Friday found us boarding (step in) the train for home. None of us wanted to leave. Purdue had captured our hearts. (cry) In Cinn. the relatives of the historian, Jane Brown, took us all out to supper between trains. We again spent the night on the train (sleeps) and boy, were we tired. We arrived in Raleigh Saturday where our parents met us. (hug) We were all tired but extremely happy. Those memories will be always remembered.

"Chapter Chatter"

A "Demonstration on How to Pin-Curl" was the program for the September meeting of the **Swansboro Chapter**. The demonstration was given by the Swansboro Beauty Shop Operator, who also gave pointers on hair styling.

Election of officers for 1957-58 was the business of the meeting.

A social period was included, at which time the sixty members who were present, enjoyed punch and cookies.

Plans for activities were made for the **Washington Chapter** when the officers with the two advisers and two student teachers from ECC held a workshop immediately following the opening of school on September 16. The year's program of work was planned and committees set up.

The girls decided that since they were to meet every second and fourth Tuesday in each month they would have one program and one business meeting a month, alternately. The programs which were planned seemed varied and quite interesting. Two money making projects which the girls decided upon were to sponsor the dance after the football game on October 25 and to sell dish cloths.

Plans for activities in the **Mills Chapter** indicate a full but exciting year for its members. Participation in the District IV Rally in Roxboro on October 5 is of its first concern. With Jane Eagles, the 1957-58 State Reporter, to help with ideas, which she brought back from the National meeting, the members were more than willing to help Jane and the District Planning Committee with the program for the Rally. A preview of the Pageant, "Rainbow Around the World," appeared on WUNC - TV on October 2.

Other plans of the Chapter included:

1. Preparing and serving refreshments at the September P.T.A. Meeting.
2. Special projects of the Chapter—such as the magazine campaign for increasing the treasury.
3. Chapel Program on "Initiation Day." Devotion was a reading "This Land and Our Flag" with the American Flag waving in the background. Dances, relays, a fashion show, and kicking footballs were some of the activities for the initiation part of the program.

The **Beaufort Chapter** under Adviser Mrs. David Beveridge, will sponsor again this year the dances after the football games. October 4, following the "big" game, will be their first dance.

The F.H.A. members will also act as waitresses for an Eastern Star luncheon sponsored by the Wesleyan Service Guild in the Methodist Church building September 14.

YEAR'S PROGRAM

(Continued from page seven)

And delegates to the State Convention we send
We serve to the Educo a supper so fine,
Which we may read about in "Teen Time."
(Delegate dressed to go to the Convention.)

In April to show others of our work,
So no doubts can possibly lurk,
We must have an effective plan,
To help our FHA expand.
(White dress and red accessories.)

As School comes to an end in May,
It is both a sad and joyful day,
But first we would certainly like to mention,
Our report on the State Convention.
(Bathing suit)

Now that you have seen our skit
We will let you rest a bit;
And just in case you are concerned,
The meeting is now adjourned.

On Friday, September 6, 1957, at 6:30, at the High School, Home Economics Department, the council entertained their Chapter Mothers and the Advisers of the Adult Class with a buffet Supper.

COLOR SLIDES

(Continued from page four)

formals that she and mother have made for the Junior-Senior banquet. As they observe the finished product, Ramona dreams of attending her first prom.

(14) The Pike children are learning at an early age that life holds its responsibilities. One of Ramona's duties is to take care of Henry the bird. She cares for him daily and cleans his cage and perches as needed.

(15) Shiny floors are a must for Cobina. One of her household chores is to buff the floors. I bet you can't guess who waters the plants! Yes, that job belongs to Riley.

(16) Ramona and Cobina share their bedroom and they take pride in keeping it neat and clean. They even share in the bed making and are quite pleased with their roll-apart beds which help conserve space in a normal sized room.

(17) Mr. Pike's Saturday afternoon job is mowing the lawn and Mrs. Pike works to keep the weeds away from her flowers and shrub-

bery. Young Riley is content just to play with his tractor.

Indeed, the Pike family appears to be an industrious one. Can it be that they strive to make this home happy by family work, family play, and family worship?

Joint planning and working with the Future Farmers of America resulted in increased interest and enthusiasm among members of the **Fuquay Springs** Future Homemakers as they prepared for the big event—a Valentine Dance. The slides show the following:

- (1) A committee making overall plans.
- (2) Boys and girls cleaning and decorating.
- (3) Girls preparing the refreshments.

“Families Together”—was the project which the **Jones Central** Chapter chose to emphasize and the slides this chapter made deal with four phases of family living—working, worshipping, planning, and playing together. A warm, glowing atmosphere of happiness is evidenced by the expression of joy and satisfaction on the faces of those in the pictures. Planning for beautifying the homes, working together to carry out plans, wholesome family recreation, and family worship are clearly illustrated in the slides.

The **Wilton Chapter** in Granville County.
The slides prepared by the

Wilton Chapter tell two stories. One is of the community beautification project—painting mailboxes in the community. The second story is about the “Patient in Bed” project which developed from a unit in Health and Home Safety. The slides illustrate how to make a patient comfortable with proper back rests, knee supports, supports to keep the weight of the cover off the patient’s feet, and other improvised articles for certain conditions of a patient. One slide shows an attractive and nutritious meal being served to the patient.

**LATTIMORE F.H.A.
EXECUTIVE COUNCIL—
A BUSY GROUP**

1957-58 promises to be a good year for the Lattimore Chapter, for the officers have been busy making plans for the year. We were very fortunate in having Miss Louise Swann, District Home Economics Supervisor, and Mrs. Mary Smith, former District F.H.A. Adviser, visit us and work with us, principally on degrees. Following the detailed work on degrees we discussed F.H.A. in general and were given some very helpful suggestions on membership drives, programs, initiation, and other chapter problems. After a half day of general discussion and exchange of ideas we decided that we must do some follow-up work and make some more definite plans. Mrs. Harris, our adviser, suggested that we might like a day or two at her mountain

cabin at Lake Lure where we could work out more detailed plans for the year’s work. We packed her car with food, clothes, cameras, and film and headed for the mountains. Needless to say, we spent some time swimming, eating, picture making, and all that goes with a mountain holiday. At the same time, we centered our thoughts on our plans for the year and came away with renewed interest and enthusiasm for our chapter. We were very grateful to Mrs. Harris for sharing her vacation with us and for the encouragement given us in our plans for the year.

**SPENCER F.H.A. CHAPTER
CIVIC COMMITTEE REPORT**

A new year brings to every F.H.A. Chapter new members, new interests, and new activities.
Before we even had time to settle into a regular routine our Civic Committee was called upon to help with the annual Alumni Banquet.
Eight of our many faithful members met in the school cafeteria to set tables to seat 175 persons.

Certificates of Award for Junior and chapter degrees may be ordered from Edwards & Broughton Co., North Boulevard, Raleigh, N. C. The prices of the certificates are: 25c each or 6 for \$2.00; 12 for \$3.75; 25 for \$7.25. Overprinting of names, in one line, can be done by the same firm for \$1.00.

INITIATION DAY’S

Continued from page six

- 16.....Let Mother and Dad have a night off while I stayed at home.
- 17.....Know officers of local offices.
- 18.....Understand parliamentary procedure used in meetings.
- 19.....Plan to attend all meetings.
- 20.....Am serving on some committee.
(Name It.....)
- 21.....Desire to serve on a committee.
(Check selection or name another)
..... Program Serving
..... Hostess Social
..... Reception Public Relations
..... Board Bulletin Food or Menu
- 22.....Did something special for my brother or sister.
- 23.*.....Did my assignment on special duty.

* Everyone is urged to do this one.

A schedule was prepared helping each new member and her big sister to know what day and what time during the day the various jobs would be performed.
At end of the initiation days a formal initiation service (the one found in the Official Guide) is presented before the student body.

The **Spencer Chapter** welcomed its 56 new members into the organization in a commendable way, also. It was an all-day initiation, ending with a reception in the Home Economics Department.
The new members wore red and white and a red rose during the day. Some of the requirements during the day were carrying books for the sophomores, bowing to them, saying the F.H.A. Creed, singing the F.H.A. song, and refusal to talk to boys.
The reception, which climaxed the day, was in honor of the new members, the chapter parents, the school faculty, school board members, and local ministers. New members wore party dresses. Officers wore evening gowns.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

News Is Needed:

This magazine, THE N. C. FUTURE HOMEMAKERS MAGAZINE, needs news items. *Teen Times*, your national magazine, needs news items. Stories with pictures—stories which may help another Chapter group or member get an idea that will grow into original ideas for chapter activities. Original poems and stories are needed. A home project of FHA members makes a good story.

Please refer to your September, 1956, *Teen Times* for the article "What's News and How to Write It"; and refer to the November, 1956, *Teen Times* for these human interest stories—The Dessert of Writing and It's a Snap.

The New Chapter Handbook: (It is hoped this booklet will be off the press in late October. Orders are now being accepted.) Chapters may purchase copies at 65 cents.

Sing With FHA (Developed by National Recreation Committee.) Now available at 20 cents per copy.

FHA In Focus (Revised 1957) This new illustrated brochure should be available some time in October—3 cents per copy.

(The order form in September 1957 *Teen Times* may be used to order the above and other FHA publications.)



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XV

DECEMBER 1957

NUMBER 2

WANTED!

News Items . . . About You or Your Chapter

What do you enjoy reading in this NORTH CAROLINA FUTURE HOMEMAKERS magazine? What *you* enjoy reading about other Future Homemakers and their experiences, they will no doubt enjoy reading about *you* and *your* experience. Why don't *you* send to your State Adviser some stories about what you or other members of your chapter have accomplished in improving home and family living? Home, school, and community improvement projects will be of interest to fellow members also. Though your contributions may seem small, your story may influence many members to work toward achieving a similar goal with success.

Perhaps Future Homemakers would enjoy reading about:

1. How you planned for and observed a special day in your home.
2. How you applied at home some special skill you acquired through your home economics training.
3. How you improved your relationships with other people.
4. How you improved the house in which you live.

This list could go on and on. But hope you have an idea and that News Stories will be coming to the State office soon. Pictures which help tell your story are needed also.

North Carolina Association of Future Homemakers of America

State Officers 1957-58

President—Becky Hayes, Harris VIII
Vice-President—Becky Nifong, North Davidson VII
Secretary—Barbara Ellis, North Mecklenburg VI
Treasurer—Patsy Hunt, Bartlett, Yancey V
Reporter—Jane Eagles, Mills, Louisburg IV
Parliamentarian—Betty Jo Lowdermilk, Southern Pines III
Historian—Jane Barrow, Lucama II
Song Leader—Jean Jackson, West Edgecombe I

District Advisers 1957-58

Sadie Frances—Washington I
Mrs. Geraldine Beveridge, Beaufort II
Mrs. Sarah G. Sheaffer, Stedman III
Mrs. Robinette Husketh, Wilton, Franklinton, Rt. 1 IV
Mrs. Glenna Lewis, E. M. Holt, Burlington, Rt. 1 V

Mrs. Amelia Sheffield, Star VI
Mrs. Nina Tharpe, East High, Ronda VII
Betty Shealy, Cherryville VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

H O M E M A K I N G

On October 4, a day before District VII Rally, the *Statesville Record and Landmark* newspaper printed an excellent news story with many illustrative pictures on the *Joys and Satisfaction of Homemaking*. The Story was entitled, "A Timely Salute to Future Homemakers of America." The pictures illustrated the experiences of the Future Homemaker in her classroom and in her home performing activities which should bring joy to a homemaker.

Quoting from the news story are the paragraphs below:

"A teen-age girl may go home from school next week and announce she will plan and help prepare meals for the family for a week.

"This announcement may cause some curious and doubtful looks to be exchanged by her father and mother. But she will probably be serious. It may be she has selected that for her project.

"Another teener may be working on a blouse, a pair of pajamas or even a dress as her project . . . another may be redecorating her room or making plans with her family for a larger project of renovating the kitchen or adding storage space. These activities are not unusual among a large group of girls who attend homemaking classes in Iredell County Schools and in Statesville City Schools.

"These girls can earn special recognition in their homemaking work. There is a state homemaker's degree, chapter degree and junior degree all of which can be earned by developing outstanding leadership and in Future Homemakers work.

"Chapters do outstanding work on the international, national, state, and local level. The girls work hard to send CARE packages to those more unfortunate than themselves. They raise funds for and often assist with equipment for their Home Economics departments: do baby sitting for mothers attending preschool clinics and parent-teacher meetings. It usually falls to the girls in the homemaking classes to



THEY COOK—Brenda McLelland, two, daughter of Mr. and Mrs. William V. McLelland, a future homemaker, gets a few pointers on cooking from her aunt, Brenda McLelland, daughter of Mr. and Mrs. G. L. McLelland, Monticello Drive, who is a homemaker student at Scotts High School. Brenda is beginning her second year as a member of Future Homemakers Scotts Chapter.

plan and prepare refreshments for groups meeting at the schools and they usually do waitress duty for school dinners and banquets.

"The interest stimulated in these teen-age girls through their homemaking classes and their Future Homemaker work is probably of more value to community development and to the homes of the future than any other one phase of the high school program."

"Child Care is one of the most important and most interesting projects in the homemaking courses in the Buncombe County schools," as stated in the Asheville *Citizen Times* Newspaper. This year the second

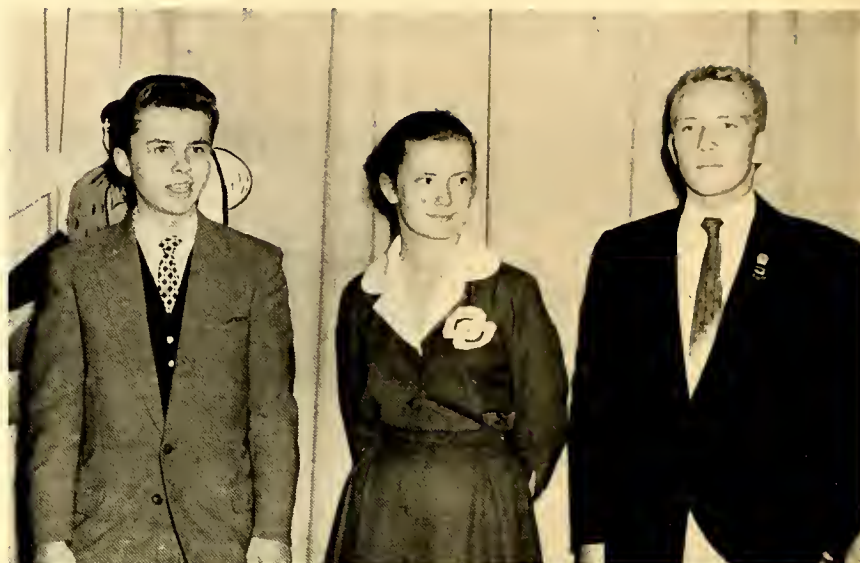
year homemaking students have young visitors (3-5 years of age) come to the school three consecutive days, remaining all day, with the different classes playing with them, preparing their fruit juice snack in mid-morning, settling them for naps, serving nutritionally-balanced lunches at noon, and otherwise "playing mother." The children enjoy this maturing away-from-home experience and many have been looking forward to their trips to school for several weeks. (One little girl explained to her mother, "I'll be gone all day, so you be sure to mop and dust and make the beds and do the dishes, even if I'm not here.")

What *America* Means to Me . . .

Let us look at a young man just getting off a large ocean liner in the busy port of New York. He is bewildered and friendless. What can he do and where can he go?

He has heard and read about this great country with its streets paved with gold and fortunes waiting to be claimed. To his eager eyes the port looks like any other he has seen, but deep in his heart he knows that there is a difference, a *great difference*.

Here, free from the dictatorship, desolation of communism, from the ruins of Germany, the loneliness of displaced persons camps, or the bleakness of little countries devastated by war, he can start anew, be accepted for what he is, not for what he has been; and he can live the life of a free man. He has the same opportunities as the next person for bettering his position, and he can worship as he pleases. Here he will make life long friends out of total strangers, try for a higher education and finally be free from the constant fear which



Reading from left to right: Vello Kuuskruu, Jr., Cherryville High School (who has been in this country eight years). Foreign exchange students Ann Duthion and Lutz Rodenhoff who took part in skit, "Around the World," during District VIII Rally Program.

plagues his fellow countrymen overseas. Here he can finally find peace of mind. *Who is this young man?*

He may be anyone of the hundreds of thousands of refugees

(Continued on page 6)



Say, FHA'ers,

HAVE YOU HEARD . . .

about the 1957-58 National Projects Survey? We have eight chapters in North Carolina taking part in this survey. These eight chapters will fill out questionnaires concerning the national project, Teen-age Consumer. These questionnaires will be concerning: Hobbies, Recreation and Movies, Dates, Parties and Other Social Activities since the entertainment phase of the Teen-age Consumer Project is being stressed. On returning these questionnaires to me, I will compile a report for North Carolina. This report will be sent to Mary Esther Goldchien, National Vice-President of Projects. From our report and from the reports sent in by the other National Projects Committee members, Mary Esther will compile a report that will be given at the 1958 National FHA Meeting.

The objectives of this survey are to increase interest in the Teen-age Consumer Project and to make teen-

agers aware of their spending in the area of entertainment and the influence it has on the family.

A tip of the hat to those chapters that are participating in the National Projects Survey!

By Jane Barrow,
Member National Projects Committee



My Week at F. H. A. Camp

This year I was elected Vice-President of the Lee Woodard High School FHA. I was glad to get to go to camp because I knew that it would help me out a lot in my duties. When I started my study for planning our yearbook I took all the notes I could. I knew that they would also help me. During our week at camp I had lots of time to dance, play ping-pong, and other games. We had wonderful meals while we were at camp.

When it was time to come home, I hated to leave. Our wonderful week was behind us, so we had to say good-by to all our new friends.

Then back at school I studied over the information I had gained. It was a "life saver." Mrs. Yelverton and the girls agreed they had saved us a lot of thinking. We used most of the programs that were suggested at camp. We have already had three

of our programs and they turned out nicely.

I was proud of my week because along with having a good time I knew I had learned a lot and I would be a better FHA member.

I know I will be a better officer and will do a better job working on my chapter degree.

by "Tookie" Minshew

An example of the value of leadership training at camp is illustrated in a letter from Mrs. Ialeen S. Mode, Franklinton, North Carolina.

"We did enjoy the camp program at White Lake so much. I am enclosing a few notes taken on Degrees by Emily B. Pearson on Wednesday, June 5."

1. Have an August workshop to plan program and degrees for year.

2. In September have a degree program appoint a degree committee.

3. In January have a meeting to check progress.

4. Award degrees at banquet or other special occasion.

5. Use the program of work to plan the projects and programs.

Group meetings notes on program planning.

1. Have parliamentary procedure demonstrated by boys group.

2. Film strip on parliamentary procedure.

3. Have a preacher who has been abroad to speak.

4. Country customs, dress, and prepare native dishes at a meeting.

5. Fashion show by freshman.

6. A day at camp skit.

7. Installation of officers.

8. Progress of degrees program.

9. Pre-election duties of officers.

10. Initiation of new members.

SUNDAY EVENING VESPER SERVICE

Jones Central Future Homemakers

Perhaps your Chapter could be responsible for a Vesper Service in your community churches occasionally, too.

As a part of the Service in which the Jones Central FHAers participated, a speech "What FHA Means to Me" was given by Sue Carol Boyette, a member. The opening paragraph of Sue Carol's speech began like this:

"Hello, mothers, fathers, teachers, and friends. We are very happy to see you out this Sunday evening. Each and everyone of us would like to say that we hope this FHA Vesper Service will be an inspiration in your life. I would like to speak for just a few minutes on "What FHA Means to Me." —

Then near the close of Sue Carol's speech she said this:

"I can say from the very bottom of my heart FHA has been an inspiration in my life. This is my last year of high school, next year I hope to continue my education in Home Economics. I hope if I ever reach the goal and graduate I will be an adviser who is as wonderful and encouraging to my students as my adviser has been to me and all the rest of the girls."

A Future Homemaker and Her Christmas

A Future Homemaker spends Christmas

In a self forgetting way,
She keeps herself busy,
Helping others have a happy day.

She bakes cookies for the children,
To less fortunate ones, she takes toys,
She helps make her own self happy,
By helping girls and boys.

To the aged she pays a visit,
And when the notes of the last carols fall,
She marvels at her happiness,
For she is the happiest of all.

By NANCY HARMON

(Nancy is the president of the Harris Chapter of Future Homemakers of America. You will recall that our 1957-58 State President, Becky Hayes, is also from the Harris Chapter.)

Congratulations to . . . OUR STATE THE MA

The dream of our pioneers is being realized today. As evidenced by our programs, we have grown from the mechanical memory work of the earlier years in our organization to the accomplishments in homemaking which make our organization a unique one and which demonstrates the joys and satisfactions possible in the life of the homemakers.

The scope of our program is broad, extending far beyond the walls of the individual homemaker's home; a successful homemaker is concerned with the welfare and happiness of her next door neighbor, the progress of the educational system in her community, the growth of the church, and the spiritual promotion of high moral values among the people in her community. From her own community, the homemaker now looks to other communities, even to communities in other lands and to the home life in these communities abroad.

"Understanding our Neighbor Abroad," was a goal which received a great deal of emphasis in all eight District Rallies which were held during the month of October, 1957. A pageant, "Rainbow Around the World," was presented at several of the District Rallies. The pageant was an adaptation of one which was presented at the National Meeting held at Purdue University, Lafayette, Indiana. The Future Homemakers in each district decided that this was a good opportunity to dramatize phases of living habits and to inter-



District I FHA Rally, October 26, 1957, Austin Auditorium on the campus of East Carolina College, Greenville, North Carolina. "Roll call of counties."

pret some of the customs in various lands. Exchange students and foreign born students were on the program in several districts.

which govern the election of the state officer? Be sure that *you fit* into the requirements.

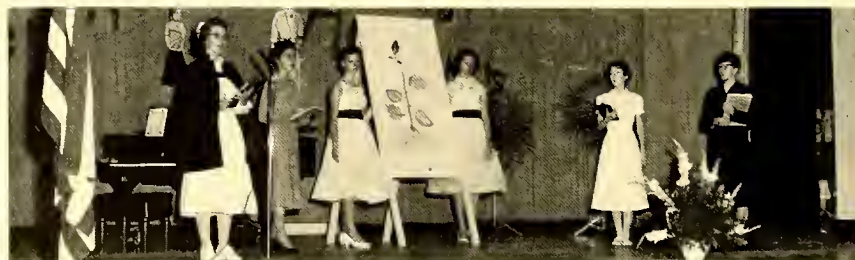
Would you like to know what

The main business of the day at each Rally was the election of the state officer to serve for 1957-58. One officer included in the invitation newsletter to the District Rally a letter to officer candidates, which is printed here as a possible source of help for electing qualified officers in Federations and Chapters, as well as in districts.

"Hi" Candidates!

You certainly are to be *complimented and admired* for submitting your services to the North Carolina Future Homemakers. You must have realized that there will be work involved, but, oh, so much fun, too! The people you will be associating with will be among the "choice" girls from North Carolina.

Have you read the preceding sheets — especially the regulations



District I FHA Rally, October 26, 1957, Austin Auditorium on the campus of East Carolina College, Greenville, North Carolina. "Rose Ceremony" or "Youth Looks Ahead." Shown here are students from West Edgecombe High School who are portraying the various directions a high school graduate, symbolized by the rose bud, may take. The directions are nursing, secretarial work, dietitian, and teacher. Later, the homemaker comes out and she is symbolized by a full blown rose. The script of this portion was written by West Edgecombe, as was the roots and stem. Greenville High School students wrote and presented the portion concerning the leaves and thorns which represented the school, church, homemaking classes, outside influences and hardships in life.



Rhoda Blanton doing Chinese dance, shown

OFFICERS AND OUR DISTRICT ADVISERS AND TO ALL PARTICIPANTS IN THE EIGHTH RALLY PROGRAM



Davidson County Chapters, District VII Rally. Pageant: Understanding Our Neighbors Abroad.

kind of campaign skits girls from all over North Carolina seem to feel are more effective? From hearing comments around, the girls seem to

agree that the skits which have a direct relationship with the duties of the office (Treasurer) make them "think" more.

Some suggestions for a skit might be as follows:

Personify some part of the treasurer's job (piggy bank and money) and let them talk about you, but don't let your pig and money do all the talking. We especially want to hear from *you*!

You have plenty of rope for the campaigns, but there must be some set rules:

1. No favors advertising candidates will be given out.
2. A time limit of four minutes of each candidate. There will be someone to call time if you run too far over the four minutes.

If there are any questions, please feel free to write me.

The best of luck to you!

Sincerely,
Jane Eagles
President, District IV
State Reporter
Louisburg, N. C.

"AS WE SAW IT"

This part of the District I Rally Program was in the form of a TV program on newsreel showing what

happened during the day as well as some unusual reactions of the FHA members who had come from all corners and sections of District I. Those taking part in the program appeared to be veterans in the art of acting and impersonation.

The Chapters presenting this original method of evaluating the Rally were the Belvoir, Falkland, and the Tarboro chapters. Included in this TV program were committee reports which were alive and entertaining.

DISTRICT III

Ten Future Homemakers dressed to represent various countries gave the roll call of chapters by counties. A contribution was made by each county representative to the UNESCO fund which was located back of a World Globe on the stage.

"Getting to Know You" was the topic used by five students of the Presbyterian Junior College, Maxton, North Carolina. Each of the five students came from a different country. The countries represented were: Korea, Peru, El Ecuador, Venezuela, and Cuba.

CHRISTMAS PROJECT

Securing toys for children in hospitals for Christmas is a project of the Albemarle Chapter of Future Homemakers of America.

Some of the activities of the Albemarle Chapter during the Christmas Season include:

1. Election of Reba Stamper to be "Miss Albemarle FHA" and ride in the Albemarle Christmas parade.
2. A demonstration on lighting and decorations for Christmas by a representative of Duke Power Company.



"Rainbow Round the World," Wayne County Federation presented at District II Rally, Beaufort, October 5, 1957.

skit, "Around the World." (District VIII)

There Must Be Many Interesting Stories . . .

. . On the Day of a District Rally One Chapter Reports:

"It was a cold and early Saturday morning at Boyden High School. Between shivers and snoozes we FHA'ers began to wonder if Anne Clifton was coming or not. The F.H.A. district rally was scheduled to begin at 10:30 sharp and the minutes were ticking away! One anxious girl called Anne and found that if she hadn't called, Anne would still have been sleeping. Anne explained that she had scattered notes all over the house instructing her family to wake her. However, her family hadn't awakened to find the notes to awake her. (Huh?)

After we arrived in Statesville, (Anne managed to drag herself out of bed and come along) everything seemed to be against us. Kay Good-

man didn't feel well and was taken by Miss Hall to the home of Mr. and Mrs. Southall, who were very good friends of hers. They lived opposite the school. The lunches in Miss Hall's car were transferred to Katharine Dearborn's car. Katharine didn't know about this and later she, Kay, some other girls, and some poor souls' lunches went to town! These poor souls, namely Nancy Small and Chris Rankin, were wandering around wondering what happened to their lunches! Luckily, they wandered across the street to the Southalls' home and while they were looking into all the cars for their lunches, Miss Hall spotted them. After Miss Hall had explained to them about the little trip

their lunches had taken, Mrs. Southall, noticing the starved looks on their faces, offered them something to eat.

Beth Smith, Boyden's exchange student, also had a wonderful time at the rally talking to Barbara Peterson, Statesville's exchange student. Beth enjoyed the ride to Statesville, but exclaimed that Americans drive "so fast."

After the rally, Miss Hall's carload of girls was very shocked to find themselves parked in a parking lot near a car that was on fire!

This indeed was a fitting end to the adventures of Boyden's FHA'ers in Statesville where "That rally became a riot!"

WHAT AMERICA MEANS TO ME

(Continued from page 2)

who have come to this great land of opportunity and security. He has the same problems, whether they be large or small, as those of the other newly arrived refugees, the same fears and the same opportunities. What does America mean to him? A land with more automobiles and telephones, more bathtubs and safety razors, public schools and medicine? No—America to him is a country where a person can be free to think, to speak, and to act, without barbed wire and machine guns; A place where he can be free from fear of non-existence tomorrow because the "honorable leader" has heard a rumor on him; where he can raise a family and attend church without opposition; where the government exists for him, not he for the government. America to him is the hope and faith in the future where men enjoy equality and freedom. It is up to us to keep his hopes alive.

What does America mean to *me*? It is a land of opportunity where one can reach positions of trust, and the heights of honor by traveling on the road of work and the pathway of duty. Let us ask God to always keep it that way.

How do I know these things? Well, you see, I came to America on a large ocean liner just eight years ago from a small displaced persons camp in Europe. I have found that this is what America has meant and will mean to me.

Written by Vello Kuuskraa, Jr., Cherryville High School, and presented by him in the skit "Around the World" at the District VIII Rally.



Statesville High School Chapter Officers at information table—District VII Rally. Left to right: Diane Lunsford, Vice-President; Sandra Williams, Secretary; Dotty Plyler, President; and Linda Elliott, Treasurer.

Future Unlimited for the Girl

Trained In Home Economics

Voice (Off stage): All aboard! All aboard! Future Unlimited now loading for Mt. Success . . . Connecting with Lake Ability, Port Energy, Skill Junction, Pleasant Valley and Happy Isle. Passengers board through special gate. First call: All aboard-d-d-d!

train record up briefly. lights up on stage—"Information" is right and "News Butch" left. (booths would be clever or you can just have the characters by mike.) conductor comes to entrance of train platform.

Voice (Off stage): Hey! Wait a minute! This isn't a regular train. What's going on here? Information! Information! Check schedule! Report schedule!

Information: This is Information! Your question, please?

Voice: Future Unlimited! Is it clear? What is it? Is it regular?

Information: Future Unlimited is a career special—all clear—leaves every spring, regularly, carrying passengers from home economics education courses to Mt. Success. Stick around—get a cross section of passengers.

News Butch (Nasal monotone): Cigars, candy, and cheezy wheeze. Special cases for college degrees. Protect your diploma from rain and snow. It's time to show the world what you know!

I. clothing enters (well dressed, but carrying length of material). Checks ticket with conductor.

Voice: Say, she's a beauty; but her dress is something new in the travel costume line. What's the extra material for?

Information: She's decided on a career in clothing and textiles. And you, my dear sir, will have to adjust your perspective a bit. This isn't an ordinary train with regular travelers—this is a super special. Our passengers won't be wearing togs of travel but clothes from the wardrobe of CAREERS IN HOME ECONOMICS. Careers designed to improve home and family living in many fields.

II. textiles boards the train (she is spotlighted).

Voice: Well, she's checked her tickets and she's on her way. Now that happens?

Information: Clothes and fashions could catch her. She may start as a saleswoman in a store, advance to stock or even buyer. She may produce fashion shows, plan advertising layouts, become a personal shopper, promote educational fashion programs, demonstrate patterns or specific products in the garment field . . . Oh, any number of things can come her way! Or, if chemistry and physics were part of her college course, she may do textile research, testing, or work with detergents in relation to fabrics. Or she may use her knowledge of textiles working in the field of interior decoration, but, whatever the route, she'll find interesting, well paying work. She won't regret her college degree with a major in clothing and textiles. Good luck—lucky lady!

Exit clothing. Train record up briefly.

Voice: Hey! Is someone ill? Hurt? Convalescent? The "gal in white" is coming my way!

Information: Don't get so jumpy! This passenger on the career special is headed for work in the field of nutrition.

News Butch: Candy, chewing gum, little white pills, carrots, calories, vitamins . . . for all ills. Balanced diets for the fat and the slim, all the knowhow for health, vigor, and vim.

III. Nutrition boards train.

Voice: Do I have to become a patient to get to know this fascinating bit of femininity?

Information: Well, you might find her in a hospital kitchen as a dietitian, or with a health department of a city, county or state. Maybe you'll find her in the consultation room of a large institution, planning diets for patients, or with a community health agency. Could be that she would do research in a laboratory . . . with a commercial foods company, her typewriter nearby so that she might write articles for others to read or perhaps you may find her demonstrating for a public service company, how to use the latest gas or electric equipment.

Voice: H'm . . . Would that I could read . . . Ah, Beautiful.

Information: Get your mind on

your business. The boss is looking. Nutrition enters train.

Voice: All aboard! All aboard! Careers unlimited—Second call! Passengers board thru special gate. Enter food service—goes to conductor.

News Butch: Candy, chewing gum, tomato and lettuce on rye, spaghetti, chocolate eclairs, or plain apple pie.

Voice: Hey! I've missed my lunch! Where has the time gone?

Information (Disgusted): You haven't missed a meal! Look at your waistline! Just a suggestion of food and you're off for the nearest gravy train!

Food service boards train.

Information: You're simply being introduced to a future tea room, cafeteria or cafe manager. She knows public eating places use about one fourth of all the food eaten in the U.S.A. She likes to work with food, is healthy, energetic, and ready for lots of hard work. She has chosen public food service for her career. She has her college degree—plus experience gained by working during school vacations. She may even be employed by the department of food service for an airlines company, or railway or steamship . . . and see the world. Or, she may arrange, describe and photograph those delicious connections we see in color magazines.

Voice: If she can cook as good as she looks, maybe I could get the job of professional taster. I love all kinds of food . . . specially vanilla.

Food service exits into train.

Voice: All aboard! All aboard! Future Unlimited now loading. Passengers board thru special gate . . . Hey! Here comes a happy Harriet! What's her line?

Information: That's easy—a teacher, of course. Look at that smile . . . and those adoring students. They were students in the high school where she did her student teaching last year before she graduated from college. They are eager to see her off to her first job.

V. Teacher has entered and is checking ticket—talking with her students.

Information: But such wonderful, surprising things—and such satis-

faction at the close of each day. This girl has chosen a career that will offer many, many opportunities for service. The vocational homemaking teacher has the opportunity to become a leader in working with the families in her community. She would also sponsor a chapter of FHA and think what fun that would be. She's really standing tiptoe on the edge of a thrilling time for teachers. Education for homemaking is now basic education in any school. The demand for qualified teachers runs ahead of the supply every year. The age range of the student is wide; nursery school thru college, and even adult classes. The subject matter varies—food, clothing, designing, home management, budgeting, recreation, home decorating and furnishing. Plan now to join other FHA members when they board Future Unlimited as homemaking teachers.

Teacher enters train. Students wave goodbye and leave.

Voice: Yeah! It makes me yearn for my youth. Teachers weren't quite like that when I went to school . . . All aboard! All aboard! Hold everything! Someone's late!

VI. Home Economics journalism rushes on—goes to conductor.

Information: She isn't late. She always travels that way! She's making a deadline for the newspaper, radio or TV.

News Butch: Candy, cigars, chewing gum, microphones, carbon, close-ups, recorders, telephones. Journalism on train.

Information: This is a glamour job! Or, so we are told by the public that watches. But, it takes hours and hours of trials, rehearsals, retakes and rewrites. It's home economics public relations, demonstrations, advertising, broadcasting, televising. This girl has to move fast. In fact, she must be prepared to do at least three things at the same time: use her hands, her voice and her mind. Fascinating intriguing, special. She's a dramatic artist, a food expert and a walking encyclopedia on questions concerning the home and home equipment. For a home economics major in combination with speech and journalism courses—it's a marvelous career. The future is bright for the girl with that special talent.

To do and to sell. To know and to tell. Journalism enters the train.

Information: Let's don't forget that many other interesting oppor-

tunities for employment are open to the trained home economist in all areas of living such as home demonstration agents, family life specialists, child development and family counselors, and housing consultants.

Voice: All aboard! All aboard—Last call.

Wedding music. Bride and groom enter, followed by two couples in the wedding party throwing rice. Mother, father and little sister of bride follow and stand waving farewell.

News Butch:

VII. Bride and Groom Board Train.

Information: Here's the grandest career of all . . . homemaker. The career which combines all the knowledge acquired for the rest of the list. This is the career which every girl wants sooner or later. Their high school, college or university home economics training will not be wasted. She'll be sort of home economics jack-of-all trades: homemaker, companion, educator, psychologist, nurse, housekeeper, cook, recreation specialist, community leader, general manager, nutritionist. She'll measure her success on the job not by a pay check, but by the health and happiness of each individual in her family. Look how she glances lovingly at her mother and father and little sister . . . and they at her. She's learned at home what a happy family life can mean—she's prepared for a wonderful journey as a parent and leader in her community of Future Unlimited. Bride and groom are joined by others who have entered train previously. All wave farewell as train record comes up. Lights begin to dim on stage until just a spot on train remains.

News Butch: Cigars, candy, ideas for you, too—Get wise, all you gals begin now to see what you, too, can do!

Information: Go to your nearest travel agency directed by your own FHA advisor—write or visit your nearest college for literature on these and many, many wonderful opportunities for service and profitable employment. Invite a college home economics major to talk at your next meeting. Begin now to plan as freshmen, sophomores, juniors, and seniors—for your trip on Future Unlimited thru Careers in Home Economics.

This skit was given at the 1954 Oklahoma State FHA. It was written by Mary Gray Thompson and appeared in *Teen Times* magazine, April, 1955.

Chapter Chatter

The Beaufort FHA'ers and their Adviser, Mrs. Geraldine Beveridge felt a deep sense of satisfaction over the success of District II Rally, which was held at the Beaufort High School. Mrs. Beveridge was the District II Adviser. Serving as district adviser and as adviser of the hostess chapter meant assuming a tremendous responsibility.

Twenty-eight new members were installed in the Beaufort Chapter during an impressive candlelight ceremony.

A Future Homemakers Chapter has been organized in the Guilford High School this year with twenty-three affiliated members. Quoting Pat Ward, Guilford Chapter Reporter:

"Though we are small in number, we hope to accomplish much before the year is over. We've already started on our degree work. We are planning to buy a mixmaster, pots and pans for our chapter project and individual girls are planning a home project. For our school project we are helping to raise money to plant grass and shrubbery around the school. We are planning to make a visit to the Order of the Eastern Star Home, and put on a program and carry fruit and flowers as a community project.

"In our F.H.A. we have been studying about being an all around person. We have learned that personality is everything about you that makes you an individual, that character is a collection of character in a collection of characteristics and attitudes, which largely determine the way you think and act, while integrity is what gives uprightness to character. It has been brought out that self discipline is when a person disciplines themselves and it is the only discipline that leads to the development of a strong character, it is believed that by the time a boy and girl leaves high school the character traits in their personality are all practically formed.

"Always choosing to do right builds integrity thus developing personality. It is further believed that some of the factors that make up personality are: Emotional, physical, mental, spiritual and social. We have learned that intelligence is using what you have to the best advantages. We decided that we would sum up by saying that personality is the body, mind, and spirit working together as a unit. Our aim in F.H.A. is to grow this year and hope that we will have a larger membership next year."

The Morehead City Chapter of Future

COVER PICTURE

Singing Christmas Carols are Donnye Barnhill, Vice-President of the Benevenue Chapter and Kay Davis, President of the Benvenue Chapter.

A Successful . . .

HOBO DAY IN MURFREESBORO

On a very cloudy Saturday in November the Murfreesboro Future Homemakers of America rose bright and early. As they dressed in their hobo clothes (patched blue-jeans, big brother's old shirt, and dad's discarded hat) they thought of what was ahead.

Armed with their lunch tied in a bright handkerchief on the end of a stick, the hobos marched forth to do the jobs they had acquired earlier in the week.

Posters had been made, articles published in the local paper, notes sent home to parents by the school children, and a door-to-door canvass

in the area assigned to inform the public that the invasion of the hobos would take place.

All morning they labored at raking leaves, baby-sitting, running errands, washing windows, trimming hedges, polishing silver, and a variety of other jobs.

At 12:00, tired and hungry, but elated over their financial success they arrived at the Home Economics Building for lunch and rest.

Then forward march and they are off once more.

After a very long afternoon, interrupted by showers of rain, they called it a day. Needless to say, all

were tired, had blisters and sore muscles galore, and were ready to go where there is "no place like."

Monday morning with the blisters healing and the muscles nearly back to normal, they called their day a big success and said "Let's do it again—next Spring!" Oh yes, the \$50.00 pay they received was the best medicine they could take.

There is just no substitute for enthusiasm. Miss Currin, homemaking teacher at Murfreesboro, states. "We are having the best success in our FHA that we've had since I've been in Murfreesboro. I have a hard time keeping up with their enthusiasm."

Homemakers held a special initiation program in the auditorium prior to the date of the District II Rally in Beaufort. After the Invocation, the 45 initiates filed into the auditorium. Seven veteran members, dressed in the organization's colors, red and white, presented a very timely and meaningful program entitled "The Gift of Love." Following this was the formal, but impressive Initiation Service. Each new member was presented with an F.H.A. pin, and each signed her name in the secretary's roll book.

Members of the **Swansboro Chapter** learned how to make a copper planter from their home economics teacher, Mrs. David Strole. Mrs. Strole had on display a planter, previously arranged—one which contained an assorted arrangement of green plants.

Susan Jones, a member, gave an interesting talk on flower and plant arrangements.

Sixty-three new members of the **Stedman Chapter** were initiated in October. Rev. Raynolds of the Cokesbury Methodist Church gave the Devotion.

Mrs. Maxine Faircloth gave an inspiring talk on what Future Homemakers of America had meant to her as a student, and now as a homemaker. Each member walked across the stage to receive her membership card.

Emily Vinson, a member of the Stedman Chapter, played a piano solo.

STATE OFFICERS FOR 1958-59

Elected at 1957 Fall Rallies—

(They will be installed at the State Convention, March 29, 1958)

President—Becky Nifong, District VII, North Davidson High School

Vice-President—Nancy Edwards, District VI, Wingate High School

Secretary—Cynthis Leonard, District V, Ramseur High School

Treasurer—Sybil Beasley, District IV, Coats High School

Reporter—Joanne Matthews, District III, Central High School, Cumberland County

Parliamentarian—Joyce Harper, District II, B. F. Grady High School

Historian—Betsy Benthall, District I, Woodland-Olney High School

Song Leader—Mary Gale Haynes, District VIII, North Buncombe High School

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

December 26th

This day I devote
Each and Every December
In thinking of friends
I forgot to remember.

Wish

I want all kinds of feelings in my life.
We gain from all our joys and sufferings.
Contentment gives us health and beauty too.
And courage is the gift that sorrow brings.

—The Cheerful Cherub



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XV

FEBRUARY 1958

NUMBER 3

DON'T READ . . . *This Page* . . .

(This article was prepared for you by your state reporter — Jane Eagles.)

Flash! The *Martians* have landed! Could you catch a reader's eye as well with an F.H.A. 'flash'? Flash! Mother-Daughter Banquet a *Bang!* The first step for writing an article is to catch the reader's eye.

"Mothers and daughters ate supper together at school cafeteria for the F.H.A. banquet." (Gads! I'm glad I didn't go to that dull banquet.) "F.H.A.'ers honored their favorite Moms at a 'gala' affair." (Now — I wish I had gotten an invitation to that swell affair.) You had a ball, so why not let the public know. Everything done in your organization worth writing about should be worth reading.

"Don't Read This!" Do I hint a use of psychology? It can be used very effectively. I'M NOT GOING TO SAY ANYTHING WORTH SAYING, SO BY ALL MEANS DON'T READ THIS. Could anyone tear you away from read-

ing this now? WHAT EVER YOU DO, DON'T CONTINUE READING THIS ARTICLE. I'M NOT GOING TO SAY ANYTHING YOU'LL BE INTERESTED IN.

An effective use of symbols such as this keeps a reader following your article. While you have their attention, lay the "goodies" of your chapter on thickly. A Christmas FHA party could be written in this Christmas tree form.

Try it sometimes.

If you are lucky enough to be in a vicinity where there is a newspaper printed, you could let the world know about your activities through that newspaper. The editors are usually very co-operative and more than glad to help you ad-

vertise your activities . . . WAIT! DON'T PUT DOWN . . . you haven't finished yet. . . . During F.H.A. week, the *Franklin Times* gave the Louisburg Chapter a whole page in their newspaper. The town of Louisburg and the surrounding community know that a Future Homemakers organization is active in their school. Do the people of your community know how active your chapter is? GET TO WORK REPORTER!! Use all the tricks of the trade, but "get on the missile." Ready, aim, FIRE — your Future Homemaker news.

OUR COVER

Shown is Jane Eagles, State FHA Reporter, and Peggy Tomlinson, Franklin-Nash County FHA Secretary-Treasurer, with A. F. Johnson, Jr., Managing Editor, and Elizabeth Johnson, Business Manager, of the local paper. They are compiling a page of news to be used for publicity for a Bi-County FHA Rally.

North Carolina Association of Future Homemakers of America

State Officers

1957-58

President—Becky Hayes, Harris VIII
Vice-President—Becky Nifong, North Davidson VII
Secretary—Barbara Ellis, North Mecklenburg VI
Treasurer—Patsy Hunt, Bartlett, Yancey V
Reporter—Jane Eagles, Mills, Louisburg IV
Parliamentarian—Betty Jo Lowdermilk, Southern Pines III
Historian—Jane Barrow, Lucama II
Song Leader—Jean Jackson, West Edgecombe I

District Advisers

1957-58

Sadie Frances—Washington I
Mrs. Geraldine Beveridge, Beaufort II
Mrs. Sarah G. Sheaffer, Stedman III
Mrs. Robinette Husketh, Wilton, Franklinton, Rt. 1 IV
Mrs. Glenna Lewis, E. M. Holt, Burlington, Rt. 1 V
Mrs. Amelia Sheffield, Star VI
Mrs. Nina Tharpe, East High, Ronda VII
Betty Shealy, Cherryville VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

HOME EXPERIENCES

*help future
homemakers*

Future Homemakers experience much satisfaction in achieving goals as they plan and carry out a home experience. Faithé White of the **Saratoga** Chapter in Wilson County chose as her project "Helping The Aged In My Community." After completing her project, Faithé wrote the following interesting report of her experiences:

"I chose for my project visiting the aged of my community because I felt it would cheer others and it would also help me knowing that I had helped others. It wasn't necessary for me to spend money because we have a surplus of milk and butter at home. So to the people I visited I carried milk or butter.

"My first visit was to Mrs. Frank Glover, a widow who lives alone. I stayed about three hours, and helped her by sweeping the floor and cooking a meal. For the meal I cooked hamburger, cream potatoes, garden peas and for dessert I had peaches. After washing dishes, we talked for about an hour. I took Mrs. Glover a quart of milk. I am sure Mrs. Glover enjoyed my visit. I know I enjoyed it.

"My second visit was to Mrs. Wooten and her daughter, who are both widows and stay alone. I stayed about an hour, and we talked of many things. Often I said something funny and they both laughed. I am sure they enjoyed and appreciated my visit because later they sent me some flowers from their garden. To them I also took milk.

"My third visit was to Mr. and Mrs. George Whitley, an elderly couple who have no children. I talked approximately a half hour with them. Mrs. Whitley told me that she was planning to move. I offered to help, but she thanked me and said that she already had a lot of help promised. I gave them a half pound of butter.

"My fourth visit was to Mr. and Mrs. Albert Bennett. Mother took me; and because the children were home by themselves, we did not stay long. We were there about twenty minutes. We talked most of

the time, and they seemed to enjoy the visit and would have liked for me to have stayed longer. I gave them nearly a gallon of milk for which they thanked me several times.

"I enjoyed my visits and I'm glad I chose that as my project. I feel as if I have helped to bring some joy to the homes I visited."

Paulette Ward from **Durham** Senior High School chose as her home experience — Making Arrangements or Centerpieces, Setting the Table, and Preparing a Surprise Salad or Dessert for the Family During Christmas Week.

Included in Paulette's report under the section *Things I Have Learned* are the following excerpts:

"I never realized it took so long to plan the week's menu of salads and desserts to be more attractive. It was also hard to get the grocery list made accurately for shopping for the week. I never realized how much it involved and the technique it took to put the finishing touches on arrangements and centerpieces for the table.

"This project helped me to realize that it is hard to be a housewife and it takes a long time to be good!"

Paulette's Mother wrote her evaluation. Among other things she states:

"I am proud of Paulette's planning for her centerpiece or arrangements, surprise salads or desserts. She made an outline for each day's project and followed this outline for the week.

"I observed her centerpiece or arrangement for the table very carefully; and, in my opinion, she has very good taste, as to the size, variety, and effectiveness of color."

NOTICE!

The Future Homemakers Song which was presented by the Farmville Chapter at the 1956 State Convention is now available for chapters for 10 cents per copy. Copies may be secured from Miss Elsie Seago, Home Economics Teacher, Farmville High School, Farmville, North Carolina. Enclose a long, stamped self-addressed envelope.

First year homemaking girls at Lee Edwards High School, Asheville, North Carolina, entertain three faculty members at a luncheon in their department.





I Can Tell All My Troubles to Tammy

Since I took child care in my second year of Home Economics, I have someone to whom to tell my troubles.

Our home economics class made many types of stuffed animals. We had many varieties which included: ponies, teddy bears, lambs, poodles, puppies, kittens, and tigers. They were stuffed with cotton, foam rubber, and some were even stuffed with old nylon hose. The cost ranged from 50 cents to \$3 depending upon the materials used.

We were thinking of children when we made the toys, but it

seemed we liked them well enough to keep them for our own use. Some of the names were Stevie, Goober, Jumbo, Tammy, Pokie, and Pee-Wee.

Now, you see we have someone to whom to tell our troubles, problems, and secrets. You know why, don't you? Why? Because he can't talk. He's a good listener!!

Second Year
Home Economics Class
Rock Springs High School
Denver, North Carolina

Understand Our Neighbors—Emphasized

Needham Broughton High School is very fortunate due to its situation. Being located in Raleigh, the capital city, Broughton is fortunate in students being from all over the world. This year the school has enrolled a boy from Budapest, a girl from Bagdad, and a girl from Brazil.

The FHA chapter decided to take advantage of this factor and have a panel discussion. Suham Shankindge from Brazil and Elosia Fredeieco from Bagdad made up the panel. They answered questions on customs, school life, and dating! The girls were mostly interested in their dating customs. In Brazil the teen-

agers are always chaperoned and travel in groups. No one ever dates without a chaperon, and one is never alone with persons of the opposite sex. The teen-agers have one big dance a year and smaller ones throughout the season. For the big dance, celebrations go on all night long and a breakfast is served around 5:00 p.m. followed by a day on the beach.

Suham very readily replied, "Well, we are much different from that." She went on to say that they are very much like us in that they can date. They are not chaperoned and date many different boys. Everyone

thoroughly enjoyed this fascinating panel and would suggest you try the same thing if you have any students from abroad.

The first and fourth units of the **Raleigh Chapter** of the Future Homemakers of America had a supper meeting on February 6 at 5:30. The meeting was held at the S & W Cafeteria Capital Room, in downtown Raleigh. The general business meeting was held, then a representative from Merle Norman Cosmetics gave the program on care of the facial complexion. The lady selected her model from the group and demonstrated the proper cleansing and make-up for a teenage girl. She gave the girls free samples of powder case and a card which entitled them to receive a free demonstration on skin care.

CORRECTION!

In the October, 1957, issue of the North Carolina FUTURE HOME-MAKERS Magazine there was an error in the date of the State Convention. The date of the State Convention is Saturday, March 29. The guest speaker for the Convention is Mrs. Bernice McCullar, from the Education Department in Georgia. All who have had the privilege of working with Mrs. McCullar know that she has a dynamic personality. Her experiences with Future Homemakers in Georgia and throughout the nation make her doubly qualified to help all of us as we strive to strengthen our program in North Carolina.

Webster Chapter Sponsors Projects

The Webster Chapter proudly reports three activities which helped to tell the public of Future Homemaker activities. Three major activities are:

A Radio Program on FHA Goals and Purposes

An Open House — Chapter Mother, Mrs. Joe Fulmer, was hostess

FHA Members were represented at a county-wide Health Conference.

(This was sponsored by the local Medical Society and Halcyon Club.)

This year the chapter has fifty-five members, the greatest number in its history. Five members attended the District VIII Rally in Cherryville. The radio station had just opened in Sylva when the members gave the radio program.

Christmas Party for Mom and Dad

Banquet night was fun for Mothers, Fathers, Sons, and Daughters at the La Grange High School.

It's Christmas! Star paper, star burst, and Sputnik gave us a background of gold and white. Christmas trees made from soap flakes, candles made from beaten paraffin, adorned our tables. A huge Christmas tree covered with soap flakes and snowballs and bells made by the students gave accent to our decorations.

Our FHA Boys, led by James Nelson, gave a very impressive opening ceremony. The invocation was given by Mr. W. A. Smith, superintendent of Kennedy Home. A very warm welcome was given by David Naylor, an FHA boy. The response was by Mr. Claude Aldridge. Guests were presented by Mr. Wade Ferguson, FHA adviser. Two of our important guests were Miss Molisia Barbour and Mrs. Margaret Barnhardt, student teachers from East Carolina College, who contributed greatly to the success of the banquet by helping in food preparation, taking pictures, and decorating.

The Future Homemakers helped in preparing the large amount of food, in making their own costumes, in decorating for the occasion. We were able to serve around two hundred guests a delicious Turkey Supper for the amount of 50 cents each.

The parade of winter clothes ranging from church wear to torador pants preceded the spectacular "Parade of Dances" which included the Mexican Hat Dance, Spanish Dance, Square Dance, Waltz, Highland Fling, Minuet, Polka, Bop, Charleston, and the Hula. The costumes, made by the girls, were made from war surplus materials.

As a mixer, the tables were pushed back, and mothers, fathers, guests, teachers, and students danced the Shoddie. Students enjoyed dancing with Mothers and Fathers. Many left by saying this should be done at least once a month.



The FHA girls at Celeste Henkel in their exchange class with the boys are making markers for their yards under the supervision of Mr. Perrell.

EXCHANGE CLASSES in Harnett County

The following units have been suggested for the homemaking teachers to use in teaching the boys: Ninth grade manners at home, school, and table manners, dress and grooming. Tenth grade, food combinations and quick meals. Eleventh grade, family relationships.

For the agriculture teachers to teach the girls: Ninth grade, Parliamentary procedure. Tenth grade,

simple home mechanics and repairs, safety in electric appliances. Eleventh grade, home beautification, landscaping, mixing paints, and refinishing furniture.

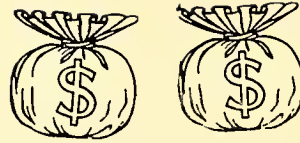
The idea of exchange classes is not something new. Mr. Proffit, county superintendent, approves the plan. A committee composed of agriculture and homemaking teachers met with Mr. Proffit to make final plans.

Mrs. Houston Henderson (a parent in the community and a teacher) bathing her six-month-old baby for second year Home Economics Class.

Miss Mathews, the student teacher, from Western Carolina College, Cullowhee, is helping Mrs. Henderson. Miss Mathews had done part of her student teaching in Child Care.

Mrs. Morgan's class and my class were combined for this demonstration. Both groups had been working on Child Care.





HOW MUCH DO TEEN-AGERS SPEND ON

One of our national projects is the Teen-age Consumer Project. This article concerns a survey made in North Carolina. Jane Barrow, of Lucama, is a member of the National Projects' Committee. She has been working with eight chapters in the state, collecting data on teen-age spending for recreational activities and hobbies.

The findings of this survey have been very interesting to me and I would like to share them with you.

Questionnaires were sent to the eight chapters and each member was given one.

The first questionnaire concerned teen-age hobbies. The results showed that eighty-six per cent of the members have hobbies, the favorite ones being cooking, sewing, and reading. The average amount of money spent yearly by each girl for her hobbies was \$11.83.

It was proved that the hobbies were beneficial to their families, as well as themselves. Cooking gives pleasure, as does sewing, and saves money. Reading proved to be educational, entertaining, and enjoyable. The majority thought their hobby would be useful in future life.

The second questionnaire concerned spectator sports. The results showed that eighty-two per cent of the members enjoyed sports as a spectator. A large per cent seemed to feel that these sports were expensive and that an average of \$29.19 is spent yearly by each girl. The favorite spectator sports listed were basketball, baseball, football, tennis, golf, and roller skating, in that order.

The third questionnaire, concerning participant sports, showed that sixty-one per cent of the members preferred participant sports rather than spectator sports and that they were less expensive. The results showed an average of \$8.94 spent per girl over a period of one year on this type of recreation. Favorite participant sports were skating, basketball, swimming, dancing, softball, ping pong, and bowling.

I found the last questionnaire one of the most interesting. It concerns dates, parties, movies, and other social activities.

Seventy-five per cent answered that they enjoy spending their leisure time dating, dancing, and attending movies.

Parties proved to be one of the most popular social activities. Favorite types listed were birthday, pajama, holiday, dancing, and church parties.

The dating results showed that the majority of the members dated once or twice a week, thirty per cent of the members dated none, twenty-five per cent of the members dated three times a week, and five per cent of the members dated five or six times weekly.

Other favorite types of personal entertainment were movies, records, reading, television, radio, and car riding.

The results showed that approximately \$23.71 is spent yearly per girl for personal entertainment.

I hope each of you will enjoy making comparisons with what appears to be the average teenager of North Carolina.

(Article written by Patsy Hunt, State Treasurer.)

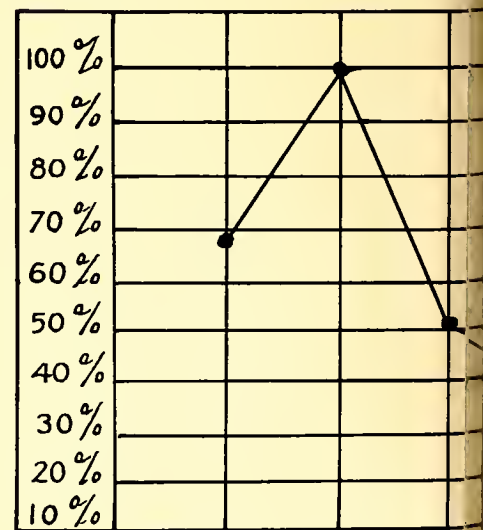
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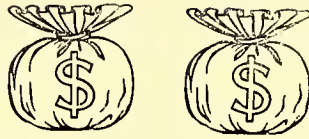
Cooking

PERSONA



Parties Movies Dancin

E C T



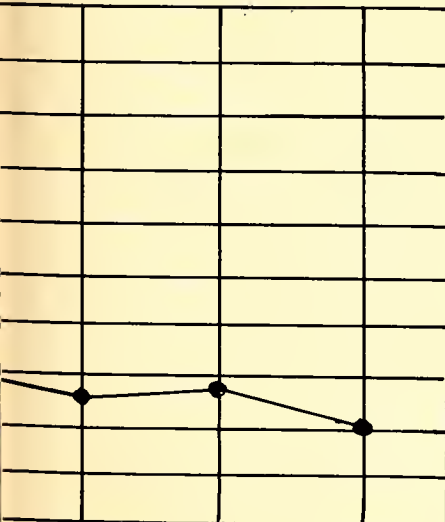
BIES—SPORTS—DATES—PARTIES—MOVIES

\$ \$ \$ \$

HOBBIES

Reading

AINMENT



Reading TV Radio

WISE BUYING AND USE OF MONEY

Interpreting the Teen-age Consumer Project, as well as gaining co-operation from parents was the purpose of the program presented by Future Homemakers of the **Lilesville Chapter** at a PTA meeting during November.

The Chapter news report as given by the adviser, Mrs. Wall, is as follows:

"For the skit, we used as a guide the Teen-age Consumer skit in March, 1957, 'Teen Times,' pages 1-3. We enlarged on this by using two, three, and four girls for each entrance, rather than one. They were dressed as described in the skit. In addition, the girls danced on to the stage, each group with a novelty step and forming a tableau in the center of the stage. The three girls with the large silver dimes, sang a jingle to the tune of 'Row, Row, Your Boat,' which ran as:

Save, save, your dimes
It's the best, you know
For your clothes and food for school
Because you need them so.

The stretchy dollars were made of plastic sponge and colored with green cake coloring. After the unveiling of the poster, the entire group danced in costumes and sang original words to the tune, "In the Middle of an Island."

WHEN DADDY GIVES US A DOLLAR

When daddy gives us a dollar,
We will spend it very wisely

Cashmere sweaters are our weakness,
Just a blue or red will do.

When daddy gives us a dollar,
Off to the bank we'll go hurrying,
Save and share will be our motto,
What good homemakers we'll be.

A bright new car we'd all love,
Just riding down the road,
Oh, no we must spend money
wisely.

When daddy gives us a dollar,
We will purchase according
What ever we buy—a pleasure it
will be.

As a follow up, the homemaking classes began the study of Wise Buying and Use of Money. In the course of our study, we made trips to the different food stores, the first time to study meats. The next trip we studied buying canned and frozen foods, also, vegetables. Each student had charts for recording information. This information was compiled in class. After this, we made trips to the ready-to-wear stores. Here the girls followed the same procedure with household linens, dresses, lingerie, sweaters, and other apparel. We then studied about investments.

The girls were interested in knowing how much they were now spending, so each one kept an account of all expenditures for a week.

(Continued on inside back cover)

NORTH CAROLINA CIVIL DEFENSE



Home Preparation for an Emergency is shown in this exhibit prepared by the North Carolina Council of Civil Defense.

The Civil Defense and Home Safety Project

As stated in the Suggested Program-of-Work in the September, 1957, issue of *Teen Times* magazine, the Civil Defense and Home Safety Project helps Future Homemakers be prepared for disasters—natural disasters such as hurricanes, floods, tornadoes, and home accidents—and man-made disasters such as wars.

As we work toward achieving Objective IV—To Provide Training for Each Chapter Member for Participation in Home, School, and Community Activities—we should plan for some defense and safety practices. The *Home Protection Exercises*, a booklet on A Family Action Program, published by the Federal Civil Defense Administration, offers excellent suggestions for practices in the home and in the classroom.

In a booklet prepared by the American Vocational Association—

Civil Defense and Vocational Education, it is suggested that home economics education and training is closely related and adaptable to civil defense functions.

Included in the recommended contributions which homemaking students can make are:

1. Learn how to use food supply recommended for emergency shelf (simple menus and preparation).
2. Give more emphasis to quick techniques of clothing construction and renovation of clothing.
3. Learn how to work under emergency conditions with makeshift and improvised equipment.
4. Learn how to care for children under emergency conditions.
5. Give attention to sanitation practices to follow under emergency conditions.

Mary Hines Leonard, Charles H. Moser Wed

Miss Mary Hines Leonard, daughter of Mrs. George N. Leonard and the late Mr. Leonard, and Charles H. Moser, son of the late Mr. and Mrs. H. J. Moser of Jefferson City, Tenn., were married on Saturday, the 8th, in the Corinth Baptist Church, Nashville, North Carolina.

The Rev. J. W. Kincheloe officiated and music was presented by Mrs. Charles Grainger, pianist. George A. Leonard gave his sister in marriage.

Mrs. George A. Leonard was matron of honor. Mrs. Leonard was former State FHA adviser.

Hugh J. Moser was his brother's best man. Ushers were Thomas A. Dean of Louisburg and Lawrence Leonard of Nashville.

The bride attended East Carolina College and the University of North Carolina. For the past few years she has been employed as Assistant State Supervisor of Home Economics Education with the N. C. Department of Public Instruction.

Mrs. Moser is an honorary member of the North Carolina Association of Future Homemakers of America.

NOTICE!!

Election of Candidates for

National Office of Historian

The Historian's Duties:

1. Keep Records, pictures, and/or other material of historic importance to the organization. Assemble the following materials:
 - a. Publicity concerning national meetings.

Secure clippings of all articles and pictures appearing in the newspapers about the meetings. Mount and place them in the hard-back 8½" x 11" folder provided by the national office for that purpose. A copy of the official program for all national or regional meetings should be included. The historian will make arrangements for securing the programs and news clippings at those meetings which she cannot attend.
 - b. Publicity concerning national officers representing FHA.

This will include clippings of all articles and pictures from the newspapers about national officers appearing on FHA or other programs to represent the national organization. The historian will need to solicit the help of each national officer and ask each to send the publicity about herself.
2. Carry out special projects that relate to the work of the historian.
3. Give the historian's notebook to incoming historian at the close of the national meeting. If this is impossible because of the type of national meeting(s) held, give it to the assistant national adviser, who will, in turn, give it to the incoming officer.

Advisers Note:

Send name and address of candidate to Mrs. Faye T. Coleman, state adviser, on or before March 5, 1958. Written qualifications should be attached giving the following information. The candidate must not be above Junior class level.

Name of Candidate.....Age.....

Classification in High School, 1956-57.....

School Address.....

Home Address.....

Father's Name.....Telephone No.....

Name of Local Adviser.....

Address

.....Number of years of homemaking instruction completed

.....Number of years of membership in FHA

FHA Offices held: State.....District.....

Chapter

Contributions the candidate has made to the FHA program on local, district and state levels:

Contributions the candidate has made to his home and family:

Contributions the candidate has made to the homemaking program:

Other comments:



The Bartlett Yancey Chapter is planning a "Sweetheart Ball," February 8. We have found that these socials are very successful in our school. Each member has an opportunity to help plan and prepare the party, and many of the girls plan and make their own dresses.

We are very pleased that one of our members, Linda Bradshaw, is working for her State Homemakers Degree.

In the near future, our chapter is planning to conduct several fund-raising activities.

The Elm City Future Homemakers had a gala evening on November 22 when they entertained their mothers at a Mother-Daughter Banquet.

The FHA sextet sang "Come Ye Thankful People" following the devotion. Piano solos, welcome speeches, talks of the Future Homemaker program, a humorous reading, awards of Junior and Chapter Degrees, and a skit entitled "Builders of Homes" made up the major portion of the evening's program.

Sixth grade and eighth grade girls served the meal which was prepared by the cafeteria workers. Ninety-one were present for the banquet. A harvest theme was used in the decoration. Cornucopias, pumpkins, fruit, red berries, miniature gourds, color leaves were used on the table along with orange and green burning tapers. Small turkey candles were used as favors.

Mothers and faculty members were honored by FHA members of the Henderson Chapter in December. The refreshment table was overlaid with a red cloth. The centerpiece was a large red burning candle encircled with greens and Christmas tree ornaments. At one end of the buffet was a large poinsettia interspersed with greenery. The other end was graced with red candles and greens. On silver trays were assorted cookies cut in the shape of snowmen, Christmas trees, Santa Claus and other symbols. Other refreshments were fruit cake, holiday candy squares, cheese straws, cream cheese and olive sandwiches and pimento cheese sandwiches.

The living room of the department was also decorated for the social. The coffee table held an original arrangement of greens adorned with tinsel and Christmas balls. In the classroom the bulletin board was decorated with a tree of Christmas cards while the blackboards revealed scenes pertaining to Christ's birth.

At the December meeting of the Morehead City Chapter Joyce Styron gave the origin of several of the Christmas Carols. A committee was appointed to look after the punch which the chapter was asked to prepare and serve for the Christmas Dance to be sponsored by all the organizations of the school. The chapter

(Continued on page eight)



WHOLESOME

GROUP RECREATION

Pictured here are a group of FHA'ers who have been working with a group of high school boys in making preparations for a television show, Top-Ten Dance Party. Betty Lou Cash, president of W. R. Mills Chapter, organized the group. She is pictured on front row — fourth girl from left.

Barbara Brown, an FHA member, held several dance lessons in

the school gym to help boys to learn to dance that did not know how. She organized the group, put notices of meetings up, checked with Principal about building, heat, etc., and arranged with her FHA Adviser, Mrs. Marjorie Leonard, to be present. Mrs. Max T. Brown, State Honorary Member and Chapter Mother, was also present for the dance.

CHAPTER CHATTER

(Continued from page seven)

sold peanut brittle and all 100 boxes were sold.

At the January meeting held on January 3 several of the second year Home Economics members modeled the garments they had made. Mrs. A. B. Roberts, of the Woman's Club, spoke to the girls about their project in getting a foreign student for our high school next year. She told the girls they would be the hostesses and asked their cooperation in raising the money and in helping promote this project.

The President, Jessie White, urged the girls to work on degrees and suggested the girls begin to think about attending camp at White Lake. The club voted to buy a new song book, some of the new copies of "FHA in Focus" and several copies of "Helps for Students to Evaluate Their Own Growth."

Eighteen officers of North Buncombe High School's 200 Future Homemakers attended an officer's workshop at Erwin High School. Two of our members who

are county officers lead group discussions.

Each of the North Buncombe chapters four clubs have been very busy with projects to make money for the Home Economics Department. They have served dinner to the Men's Club, Lion's Club, and Home Demonstration Club; have been in charge of concession stands at ball games; sold candy, Christmas cards; and had cake sales and cake walks.

We have had many interesting programs this year. We have had a panel discussion on boy and girl relationship, a film on parliamentary procedure, and a talk on hair styling given by a local beauty parlor operator. That is just a few of the many interesting ones.

Twenty members are planning to attend the State Convention in Raleigh during FHA week. North Buncombe will be honored to have Mary Gale Haynes installed as State Song Leader.

A Mother-Daughter Banquet is being planned for sometimes in the early spring.

This school year of 1957-58 has found us Future Homemakers of the Canton

Chapter of Canton, North Carolina, working like beavers.

We chose as our club project this year —to raise enough money for the club to visit Williamsburg, Virginia, in June.

Some of our girls did special projects. Those who finished their sewing project first, worked on making doll wardrobes to sell at Christmas. We took scraps from our blouses and skirts and made doll clothes. One girl's mother had bought a new cashmere coat. The coat was too long, so she had it cut off. From the scraps one of the girls made a beautiful, fitted doll coat, which we sold.

In addition to making doll clothes to sell at Christmas, we made and sold stuffed animals.

We made some money from our Christmas project and we hope to continue it next year.

The Spencer FHA Chapter was featured in a fashion show entitled "A Dreamer's Holiday" at an assembly program in the Spencer High School. In her dream, the "Dreamer" saw girls modeling a variety of school clothes, sportswear, housecoats, party dresses, and Church clothes. Mrs. Julia Slate, FHA adviser, who was in charge of the program reports that 95 models took part in the

The election of officers and planning the program of work for the year were given attention early in the fall by the members of the Davie Chapter under the leadership of Mrs. Annie S. Hyde, adviser. A highlight of FHA activities was the Halifax County Federation Rally held early in the school year. A large number of Davie members attended and participated in the program.

Henderson FHA members sponsor a sale. Led by President Dawn Rooker and Sponsor Mrs. Virginia Cobb, the Future Homemakers of America sold plastic tablecloths, laundry bags, and coat hanger covers during October. Proceeds will be used to finance club projects.

At the close of last year, the Club presented to the Home Economics Department a coffee table and a small rug, which are now being used in the living room of the Department.

The Future Homemakers of the Newport Chapter made plans early for chapter projects and activities. Plans for a square and round dance were discussed. Money-making projects, including the sale of Stanly products.

Carteret County was one of the first two counties in the State to exceed each year's total returns in the 1957 Christmas Seal Campaign. The FHA Chapters in the county were very active in this campaign.

Morehead City Future Homemakers of America made \$20.19 for the March of Dimes in Morehead City. Elizabeth Highsmith, Lily Willis, and Alice Wade sold blue crutch pins. FHA advisor is Mrs. Florence Cordova.

The amount of money collected by Morehead City School today totals \$102.70. Late receipts pushed the total over \$100.

Leadership Workshop

for

F.F.A. Officers

The **Buncombe** County F.H.A. officers are much better informed of their duties after January 8, when a leadership workshop was held at Clyde A. Erwin High School. All F.H.A. officers from the seven neighboring Buncombe County High Schools were invited to attend.

After a short devotional, Miss LaSalle Light, a former F.H.A. State Officer, gave a very interesting talk, on "What F.H.A. Meant to Her." The group then divided and each of the county officers led a discussion group "On the duty of each officer." The individual groups were given one hour for a discussion then the group assembled back in the auditorium, where a record from each group sat on a panel and discussed what each group had achieved.

Guest speakers were Mrs. Halt Callaway, *Asheville Times* Society Editor, Light, and Mr. Burrell Smith of Carolina Power and Light Company.

WISE BUYING AND MONEY

(Continued from page 5)

We then drew up a clothes program for a three-year period. With all this data, the girls planned a budget.

Several of the girls are now talking with their parents about the possibility of being allowed to manage a part of the money now being spent on them. I have suggested that they prove their ability by asking for the privilege of buying the family food for a period of time, then widening their scope as they gain experience and skill."

Certificates of Award for Junior and chapter degrees may be ordered from Edwards & Broughton Co., North Boulevard, Raleigh, N. C. The prices of the certificates are: 25c each or 6 for \$2.00; 12 for \$3.75; 25 for \$7.25. Overprinting of names, in one line, can be done by the same firm for \$1.00.

FINANCIAL STATEMENT

FHA FUNDS

August 31, 1957.....	\$43,953.73
Camp	30,000.00
	<hr/>
	\$13,953.73
Less Delegate Fund.....	4,174.38
	<hr/>
Balance in FHA Fund.....	\$ 9,779.35

FHA DELEGATES FUND

1950-51	\$ 289.02
1951-52	537.73
1952-53	1,262.06
1953-54	327.69
1954-55	661.62
1955-56	272.62
1956-57	823.64
	<hr/>
Total (with interest).....	\$ 4,174.38

FHA CAMP FUND

1938-1948 (including U. S. Government Bond 1942; interest on Bond and donations).....	\$ 6,976.79
1948-49	1,716.39
1949-50	2,338.14
1950-51	1,522.87
1951-52	1,525.63
1952-53	978.66
1953-54	2,022.61
1954-55	1,688.15
1955-56	1,129.49
1956-57	627.01
Interest on Bond 1947-1957.....	360.00
Over-all Interest $\frac{3}{4}$ amount invested.....	9,114.26
	<hr/>
Total	\$30,000.00

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America.
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE SAYS:

The important event for March is FHA State Convention, Raleigh Memorial Auditorium March 29, 1958. I'll be looking forward to seeing you.

RARE FRIENDS

Why are true friends so rare
I ask with mournful sigh—
I ought to ask instead:
What kind of friend am I?

—The Cheerful Cherub



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XV

MAY 1958

NUMBER 4

CANDIDATE FOR NATIONAL HISTORIAN



Elected as North Carolina's candidate for the office of National Historian of the Future Homemakers of America, Ann Carole Helderman is now making preparations for her campaign during the national meeting in Kansas City, Missouri, during July.

Ann Carole is an accomplished girl with a well-rounded personality. She enjoys activities connected with home and family living. Ann Carole makes her clothes, helps in decorating and furnishing her home, helps with the food preparation, shares with family decisions, and is active in church, school, and community projects.

Ann Carole is a member of the Rockwell Chapter in Rowan County.

The North Carolina Association of Future Homemakers of America will feel confident in Ann Carole's ability to represent the Association well should she be elected as National Historian for 1958-59.

OUR COVER

1958-59 officers are featured on our cover. These officers who were installed at the State Convention are: District I, Betsy Benthall; District II, Joyce Harper; District III, Joanne Matthews; District IV, Sybil Beasley; District V, Cynthia Leonard; District VI, Nancy Edwards; District VII, Becky Nifong; District VIII, Mary Gale Haynes.

North Carolina Association of Future Homemakers of America

State Officers

1957-58

President—Becky Hayes, Harris VIII
Vice-President—Becky Nifong, North Davidson VII
Secretary—Barbara Ellis, North Mecklenburg VI
Treasurer—Patsy Hunt, Bartlett Yancey V
Reporter—Jane Eagles, Mills, Louisburg IV
Parliamentarian—Betty Jo Lowdermilk, Southern Pines III
Historian—Jane Barrow, Lucama II
Song Leader—Jean Jackson, West Edgecombe I

District Advisers

1957-58

Sadie Frances—Washington I
Mrs. Geraldine Beveridge, Beaufort II
Mrs. Sarah G. Sheaffer, Stedman III
Mrs. Robinette Husketh, Wilton, Franklinton, Rt. 1 IV
Mrs. Glenna Lewis, E. M. Holt, Burlington, Rt. 1 V
Mrs. Amelia Sheffield, Star VI
Mrs. Nina Tharpe, East High, Ronda VII
Betty Shealy, Cherryville VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

OUR STATE PRESIDENT

Once upon a time the FHA needed a new state vice-president. Mrs. Coleman said, "FHA members, go look in the mountains, the hills, and the valleys of the Western District of N. C. and don't come back until you've found a candidate for vice-president. She must be well groomed, active in FHA, holding at least her Junior degree, a sophomore in high school, and a leader in her school and community."

As the Carolina moon rose and set over town and countryside, the seasons changed; and with these changes came the end of the search for a candidate, for, in the Harris Chapter, she was found.

Those were the words of a hopeful FHA'er in the fall of 55 at the District VIII Rally. The girl in the fairy tale was elected and she reigned as state vice-president and president during the years 56-57 and 57-58. As in all Fairy Tales, these have been happy and meaningful years, not only for the lucky girl, but for her family and small community. Of course, there have been some trials and tribulations — such as, How shall she begin her articles? or, Which dress shall she wear? But when the girl's mother and father and five sisters and brothers pitched in, these problems were soon solved.

While the fairy girl was working on her FHA degrees, especially her state, her family enjoyed and benefited by her planned and carried-out experiences. She planned, prepared, and served special meals with all the family sharing in the preparation and serving. With her brother and sister, she surprised her mother and father with an Anniversary Dinner.

Much home improvement has been made as a result of the girl's enthusiasm. The family planted flowers and grass to improve the yard, and redecorated some rooms. This was really a learning experience and fun for everyone.

All fairy characters want to do good for others. Since she had a Christmas teen-age party as an FHA project, her parents encouraged her to do more entertaining; because, being a wise girl, she made the family a part of her plans, preparation, and work. Her community shouted with glee about the many helpful things she did. She sponsored the March of Dimes, and the result meant that Harris School had more money for the polio fund.

Being a versatile and talented girl, she danced, sang, and talked for many of the civic organizations. This gave her a chance to really put to use many of the things she had learned through her FHA activities.

In her church, the fairy girl entertained the young children with a party, because, after all, they, too, need their social life.

To tell you FHA girls (and maybe boys) what the experiences as FHA vice-president and president have meant to her would take volumes, so she would like to mention some of the highlights, such as: the 1956 National Convention in Chicago, the 1957 planning meeting at Purdue University, attending the FHA Camp and the FFA Convention.

Yes, girls, the story is true, but it doesn't have to be a fairy tale, for any FHA'er, whether she is a state officer or not, can enjoy and benefit from many of the wonderful experiences and opportunities which this girl has experienced. And as she, Becky Hayes, in reality the fairy tale girl, comes to the end of her reign, she should like to say, "Thank you, Future Homemakers of North Carolina, for making this story one in which these experiences and opportunities will help us all to live happier everafter."

NOTICE!!!

**National Meeting—July 7-11
Kansas City, Missouri**

Three delegates can come from the membership at large. These three delegates should each represent a different district. For example Mary Jones may be from District VIII, Alice Smith from District III, and Sarah Thomas from District I. If your chapter or your County Federation is interested in sending a delegate or if an individual *qualified* member is interested in attending at her own expense, please write immediately to the State Adviser and further information about the meeting will be mailed to you. The estimated cost per delegate is \$150. Applications received first will be given first consideration.

NOTICE!

The Future Homemakers Song which was presented by the Farmville Chapter at the 1956 State Convention is now available for chapters for 10 cents per copy. Copies may be secured from Miss Elsie Seago, Home Economics Teacher, Farmville High School, Farmville, North Carolina. Enclose a long, stamped self-addressed envelope.

Becky's family planted flowers and grass to improve the yard. From left to right: Mr. Hayes, Mrs. Hayes, Elizabeth, Becky's sister, and Becky.



NATIONAL FHA WEEK

Activities of Chapters during Week of March 23-29:

Cary Chapter

1. A devotional was presented by an FHA'er in each home room in high school.

2. Bible verses were written on each high school bulletin board.

3. Each member wore red and white to emphasize the colors of our organization. The officers wore badges.

4. Jelly beans, candy, cookies, gum, popcorn, and other goodies brought by FHA'ers were taken to the Cherry Building at Dix Hill for the mentally sick children by our advisor, Mrs. Jordan.

5. Family night — each member did a good deed for her family.

A Devotional Presented During National FHA Week

Religion in the Home: Home relationships have their origin in the heart of God, and at the very beginning of creation.

Home, as God intended is a thing of exquisite beauty. Its various

loves—that of parent for child—child for parent—and children for each other. These loves are like a light breaking through from the great love of God himself. Jesus taught us to call God “Father,” ourselves sons or children of God, himself our elder brother. The home as God made it bears the nature of the divine plan. It is important to know that religion has a place in the home and in the heart of each member of it. The parents united in holy love transplant the seeds of Faith in us that we may put God first in our lives and worship and reverence his Holy Name.

As Future Homemakers we are indebted to the future generations to plant the seeds of faith ourselves, that the word of God may abound in every life.

There are ways we can do this. By reading the Bible daily with the family. By praying with the family and also privately when we are in need of divine Guidance and most of all keeping God first in our lives.

We must also be active in the church and become members whenever one is old enough to realize

that he is a sinner and needs a Saviour.

Live to make a life
Do not live to make a living
Rather live to make a life
For the measure to Succeeding
Is your service in the Strife
All you ever leave behind you
When your soul has crossed the bay
Is the good you've done to others
As you tarried by the way
Build a life as pure as Crystal
Build a spirit full of love
Build your mind by Noble Thinking
Build a Faith in God above
Build your life with Care and Patience
As the Sculptor hews the stone
With the master as your model
And your eyes upon the Throne
Noble lives have seen the beacon
Lighting mankind's upward way
They who serve are the immortals
Fathers of a Better Day
Let your light shine out in service
Noble living, Noble deeds
And until time's course is ended
Good will Blossom From the Seeds.

—Written by Pat Eason's Mother for Pat to present.

Ahoskie Chapter

President, Jewel Snipes, appointed different members to work on the following projects during the week.

1. Attending church together on Sunday night.

2. Serving refreshments to the teachers on Teacher's Day.

3. Sponsoring school clean-up day.

4. Preparing an FHA bulletin board to be placed in the main high school hall.

5. Collecting magazines to be taken to the hospital.

6. Writing a letter to the eighth grade girls encouraging them to join the FHA next year.

7. Climaxing the week was the state convention held in Raleigh.

To conclude the observance of National Future Homemakers of America Week, 14 **Junius H. Rose** High School Future Homemakers are attending the State Convention in Raleigh today.

Future Homemakers from all over America have been celebrating FHA Week (March 23-29) and approximately 3,800 Future Homemakers from North Carolina convened in

FUTURE HOMEMAKER

Discovers Herself

By Sylvia Simpson, Pembroke Chapter

I've been in Homemaking classes for two years, and active in FHA for three years. I'm an 11th grader, and I'm thrilled to tell you a little about Homemaking, FHA, and me.

First I'd better tell you about me. I'm 16 years old. I have one brother who is 8. Then, of course, there's my mom and dad.

I've really learned to appreciate these swell folks, especially after our freshman unit in Homemaking called “Being a Well-Rounded Person.” As a result of this unit, I decided upon a “Get-Along-With My Family” home project.

Up to that time I never thought very much about my family. I just rather took the members of it for granted. In fact, I don't really be-

lieve I ever thought of them as personalities with whom I could have fun and fellowship. After I started working on my project I learned there were many things we could do together. We have planned our vacation, we've gone to programs, and we've learned to enjoy each others companionship.

In working toward my degree I also took a food preparation project. My mother was overweight so I prepared low-calorie meals for her. As a result of this, she lost weight, looked better, and felt better. You see, it has worked two ways—I'm a better girl; we're a happier family!

My brother didn't co-operate very well with me until I started let-

Continued on page seven

Continued on page six

Home Experiences Help Future Homemaker

From the Badin Chapter as reported in the "Stanly News and Press," Albemarle, N. C.

The goal of homemaking instruction in the school is to help pupils develop into the kind of persons and home members who will be able to assume successfully the complex responsibilities of homemakers. In order to achieve such a goal it is essential for pupils to participate in a wide variety of experiences—experiences which are closely related to problems encountered in the home and in the community which give the pupils confidence in their ability to meet new situations with satisfaction.

Future homemakers experience much satisfaction in achieving goals as they plan and carry out a home experience.

Lynn Abernethy chose as her experience, "Improving My Room." The first thing Lynn did was to paint her room, then she had a bookcase cut and painted to fit into a special place. She says, "It is much more useful, looks nice, and is easier to clean." With the addition of a place to study with table, chair, lamp, new curtains, pictures, a bedroom chair, better lighting arrangement, electric clock, radio and study lamp, the room is lovely. Lynn says, "The old room looks like a brand-new one," and is so very comfortable.

Several girls have chosen meal preparation as experiences ranging from breakfast preparation to preparing, serving, and entertaining at Christmas dinners.

Thelma Talbert wanted to learn new and better ways to cook attractive meals. In this work her mother says, "Thelma has helped me a lot, learning more about food preparation. It gave me more free time for other things. When mother and daughter share an interest in this type of experience they are sharing other ideas of homemaking."

Billy Dick says, "When I do the house work my mother does not have it to do." To see each room clean and neatly furnished is a reward to any young lady.

Mrs. Drye in expressing herself concerning Cornelia Ann's work says, "I think all girls should take an interest in the home and Cor-

nelia's work will help her in later years."

Freezing foods for winter use was a joy to Joyce Morton.

There is the area of child development that Future Homemakers enjoy. Judy Hooks has this to say about some of her experiences, "I taught Debbie not to take Frank's toys away from him, to let other children play with her toys, to play well by herself, and not to cry after people. I have learned to be patient with children and to treat them with kind and loving care."

Miriam Drye considers baby sitting a real experience and wonderful training for a job some day—"maybe a governess." Baby-sitting is a test in skill in management and trustworthiness to her.

Varied experiences in clothing are chosen by the girls such as Evelyn Moore making clothes for her cousin for which she was paid for her work. Becky Klutz making her skirts and jumpers for her wardrobe rather than buying them. Loretta Ross, improving her wardrobe for any occasion. Bonnie Ridge is anxious to improve her sewing and develop better skill and techniques in the construction of a jumper which she needed to add to her wardrobe. Rosanne Hollis agrees with these girls that one learns to save money, develop skill, and also get a lot of pleasure while doing something very worthwhile. Patricia Dick made a blouse—her first.

Patricia Burris says, "Better grooming, good posture development come after results of long time practice," which is proven by Frances Stuart who is one of the county participants in the County Posture Contest.

Community experiences in church work, P.T.A., and civic work offer a wonderful opportunity for Future Homemakers to align themselves with worthy and beneficial experiences.

Every home experience should help a girl to improve her techniques of doing tasks of the home and should lead to a growing appreciation of time and energy spent as an important concern of the homemaker.

Jane Barker from Stanly County

expresses her feelings concerning her experience, "My First Garden" in a poem she wrote.

MY FIRST GARDEN

Down in my backyard,
There's a patch of fertile ground
And to make it a spot of beauty,
I began to look around.

**First I got my hoe and shovel,
My pick and trowel, too,
Then I purchased flower seeds
Zinias and forget-me-nots, so blue.**

Cosmos and tuberose
Carefully, I did sow.
I watered and watched for them
And hoped that they would grow.

**Spider lilies and marigolds
I planted in the sod.
I weeded them, and with patience,
I left the rest to GOD.**

A REPORT FROM THE BUNKER HILL CHAPTER

Buzzing with activities all year, the **Bunker Hill** Chapter proudly reports the following activities:

1. Fair booth at Catawba County Fair — blue ribbon award. The theme was centered around baby sitting.
2. Fashion show at P.T.A.—sponsored Fall Festival.
3. Provision of food and clothing for needy families.
4. Joint parties with FFA.
5. Bakes Sales—to help with March of Dimes, Heart, and Cancer drives. (\$101.71 realized.)
6. Radio program during FHA Week.
7. Magnolia tree placed on school ground.

There are two incompleting projects at the present. One is the purchase of a dryer for the department. Some money was made by feeding the local Masons, but more must be obtained. The other project is to help provide pictures for the newly furnished lounges and reception room at our school.

From the Laurel Hill Chapter comes a poem written by Mary Anna Evers, as she worked toward earning her Chapter Degree.

F.H.A.

F is for *fun* for all who belong.
 U is for *unison* when we sing our song.
 T is for *teacher*, our helper and guide.
 U is for her *understanding* aptly applied.
 R is for the *rose*, our flower we know.
 E is for *enthusiasm* that we show.

H is for *honesty* which we practice.
 O is for *officers* who serve to exactness.
 M is for our *motto*, tried and true.
 E is for *economizing* that we learn to do.

M is for *merit* marked by degrees.
 A is for *all* the things done for these.
 K is for the *keys* to a new way to live.
 E is for *education* that all clubs give.
 R is for *rules* which we must obey.
 S is for *success* which will come our way.

O is for *obedience* to all regulations.
 F is for *friends* we make in club negotiations.

A is for *ambition* to get ahead.
 M is for *memories*, never dead.
 E is for *excellence* in all we do.
 R is for *realization* of all that's true.
 I is for *initiation*, oh what fun!
 C is for good *conduct* of everyone.
 A is for *all* the things that we say are combined together to make F.H.A.

Children at Party

To learn how to play with children was one objective in the Guilford High School Homemaking Classes. Future Homemakers giving the Easter Party are Carole Alley, Patricia Richardson, and Betty Shuler.



Mrs. McCullar's Speech

"The Art of Being an Attractive Girl"

was the topic used by Mrs. Bernice McCullar, the delightful speaker for our 1958 State FHA Convention. Mrs. McCullar captured the hearts of the 3,800 Future Homemakers, Advisers, and guests with her vivid illustration, quotes, and with the sincerity of her context. A reporter of the *Morehead City Chapter* aptly summarized the essence of Mrs. McCullar's speech as follows:

She gave four suggestions for being a woman of strength and understanding: Be interested in everything around you and keep a friendly countenance, be serene and calm but don't be mediocre, learn to get along with people, and have faith in yourself, in other people, and in God.



Mrs. McCullar was educated at Georgia State College for Women and Mercer University. Daughter of a Baptist minister and has been active in the religious field. She was admitted to the Georgia Bar and practiced law with her husband, the late Judge C. B. McCullar. After his death she returned to the Georgia State College as Director of Public Relations for this Institution and as member of the English Faculty. In 1950 she joined the Georgia State Department of Education as Director of the Office of Information, a position she now holds. In this capacity she edits the Georgia *FHA News*, interprets the program through radio and newspaper.

Well known as an educational leader, church worker, lecturer and writer. Her pungent wit and humor in the book *Wit and Wisdom of Main Street* has been used by such radio and TV personalities as Don McNeill on The Breakfast Club and Ed Sullivan on Toast of New York. She is the mother of two children, a son and daughter, and the doting grandmother of two little boys.

Reading left to right: Dr. Catherine T. Dennis, State Supervisor of Home Economics Education; Becky Hayes, State President; Dr. Irwin V. Sperry and Mrs. Sperry, Becky Hayes, FHA President and Jim Sinclair, FFA President. Honorary Membership was conferred on Dr. I. V. Sperry, Mrs. W. C. Pressly, Mrs. Wilbur Hayes, and to Dr. Vester Mulholland (not present). State Degree Winners. Pictured in white are state officers who earned the State Homemaker Degree. Pitt County Future Homemakers who participated in Pageant—"Future Homemakers Look Ahead."



A Coveted Award for any Future Homemaker State Homemaker Degree

While applicants for the State Homemaker Degree waited for word of approval or rejection on the application, screening committees were diligently at work reviewing the reports. Pictured here are some of the members of the screening and evaluation committee in District II as they worked one Saturday in the La Grange Home Economics Department. Advisers and members in the picture are left to right, Mary Bryan Wooten, La Grange; Mary Gold Walker, B. F. Grady; Mrs. Wade H. Ferguson, La Grange; Martha Dare Garriss, La Grange; Mrs. Geraldine M. Beveridge, Beaufort; Jane Barrow, Lucama, State FHA Historian; Cauley Jones, Moss Hill; Anne Douglas Fields, Walstonburg. Standing is Mrs. Mabel L. Hall, District Supervisor, Greenville.



March 29, 1958

Atkinson—Shirley Faye Dixon, Mary Nell Shaw.

B. F. Grady—Nell Dixon Garner, Joyce Harper, Patricia Herring, June Ann Smith, Betty Lou Waters.

Bartlett-Yancey—Linda Bradshaw.

Benvenue—Vernelle Greene, Jeannette New.

Beulaville—Jessie Mae Rhodes, Betty Lou Williams.

Bladenboro—Nettie Sue Britt, Ella Dean Bryan, Carolyn Freeman, Joyce Hester, Ann Johnson, Willie June Pait.

Brogden—Marilyn J. Gainey, Tiffany Wiggins.

Clyde A. Erwin—Sharon Edwards, Martha Fisher.

Coats—Sybil Beasley, Marjorie Byrd, Patricia Byrd, Patricia Ann Ennis, Joyce Johnson, Norma Lee Johnson, Vickie Lou Lee, Ruth Lewis, Linda Parrish, Barbara Ann Pope, Barbara Lynne Stewart.

Cobb Memorial—Virginia Austin, Marie Fitzgerald, Marie Jones, Shirley Thompson.

Concord—Miriam Penninger, Peggy Jo Widenhouse.

Contentnea—Carol Edwards, Mary Lou Tilghman.

Deep Run—Glenda Sue Noble, Kathryn Olivia Smith.

Elise—Mary Ann Brady, Lorna Cockman.

Etowah—Margie Orr, Wanda Sumner. Flat Rock—Frieda (Ann) Camp, Jean Osteen, Barbara (Ann) Sosebee.

Franklin—Peggy Bondurant, Peggy Eades, Ann Fleming, Wilma Golding, Frances Ann Howell, Judy Beamer.

Franklinton—Jean Pearce.

Glen Alpine—Dottie Giles.

Grantham—Sallie Ann Best, Violet Bryan, Elizabeth Ann Laws, Annette Stevens, Dora Lee Thornton, Betty Gray Kornegay.

Grifton—Esther Hill Coward, Frances B. Davis, Sallie Mewborn, Emily Nelson.

Helena—Linda Alice Rhew.

High Point—Belinda Duckworth.

Hillsboro—Ann Wilkerson.

Jamestown—Patsy LaMarr.

Jones Central—Sue Carol Boyette, Elizabeth Wells, Joyce Whaley.

Kings Mountain—Elizabeth (Alice) Crawford, Jean Hicks.

La Grange—Mary Bryan Wooten.

Laurel Hill—Betty Jane Boland, Betty Ann Jackson, Priscilla Sanders, Helen Smith.

Lee Edwards, Asheville—Martha Ann Fuller, Mary Louise Goforth, Gwen Richardson.

Liberty—Faye Foushee, Linda Gardner, Doris Smith.

Lumberton—Linda Britt, Elizabeth Bullard, June Leggett.

Marshville—Flora Faye Helms.

Maury—Doris M. Beaman.

Mills, W. R.—(Doris) Jean Baker.

North Buncombe—Nancy Dillingham, Mary Gale Haynes, Helen Roberts.

North Davidson—Carol Scott.

Owen—Nancy DuPuy, Dianne Nesbitt, Betty Patton, Anne Woodcock.

Pinehurst—Carol Sheffield.

Ramseur—Linda Brady, Wincey Cox, Judy Maness.

Red Oak—Carolyn Frances Hunt, Ferne Dozier Jones, Diane Price.

Red Springs—Frances Gibson, Barbara McGoogan, Sandra Jean Overstreet, Rebecca Singleton, Barbara Watson.

Reynolds—Wilma Jean Keever, Clara Jean Reed.

Richlands—Brenda Gail Trott, Margaret Ann Thomas, Audrey Mazingo.

Rockwell—Ann Carole Helderman.

Roper—Diane Gaylord.

Rutherfordton-Spindale—Marjorie Cole, Merrill Hamlin, Sybil Huffstickler, Rebecca Ledford, Jane Lewis, Judy Poston, Gail Robertson, Ann Woodall.

Southwood—Lottie Faye Outlaw, Linda Rouse.

Stedman—Melba Rose Autry, Emma Lou Faircloth, Theresa McDaniel, Marjorie McLaurin, Sue Ellen McLaurin, Carolyn Royal, Emily Lynn Vinson, Shirley Ann Williams.

Tarboro—Peggy Stell.

Tri-High, Caroleen—Doris Matheny, Glenda Phillips, Judy Powell, Reita Waters.

Union Grove—Eloise Huie, Margaret Templeton.

Valley Springs—Carol Weir.

Waco—Joyce Gantt, Recca Greene.

Wallace-Rose Hill—Janet Allison, Victoria Bryan Carr, Mary Ellen Surratt.

Walstonburg—Vivian Beamon, Bonnie Burch, Brenda Jean Dail, Ann Fields, Leafy Mae Jones, Ann Wooten.

Washington—Marie Moore, Margaret Ann Shepherd, Joyce Sykes.

Weldon—Pat Clark.

West Edgecombe—Faye Goff, Harriett Horton, Jean Jackson.

Winterville—Barbara Manning.

NATIONAL FHA WEEK

Continued from page two

Raleigh this morning as a climax to the celebration.

The afternoon session was highlighted by the presentation of "Youth Looks Ahead," a ceremony comparing the growth of a girl with the growth of a rose, the official flower of the FHA. This ceremony was rewritten and presented by 21 members of the Pitt County Federation of Future Homemakers of America.

This ceremony, before it was rewritten, was presented at the District I FHA Rally in the fall at East Carolina College and again at the County FHA Rally March 18 at J. H. Rose High School.

Two East Carolina College Playhouse members, Bubba Driver and Tommy Hull, directed the final version in anticipation of its being presented at the State Convention. Mrs. Elizabeth Bodkin directed the music and accompanied the program.

Madge Stancill and Vickie Avery participated in the chorus while Frances Moseley placed parts of the rose in the ceremony. Mary French Hawes represented the ultimate in Future Homemakers as the Home-maker, the most noble profession of all.

Our Past State President, 1954-55

Hello, Future Homemakers!

As an ex-Future Homemaker and an about-to-be home economist, I have something to tell you. I'm Betty Calhoun, and a senior in Home Economics at East Carolina College. I want to talk to you about the possibility of continuing your education in home economics after graduation, by telling you something about my own experiences.



I can't remember when I ever actually decided to become a home economist. As my high school years passed, it seemed to be perfectly natural that this would be my choice for my future vocation. I enjoyed home economics more than any other subject, mainly because it was so practical. When I enrolled at East Carolina, I just "did what came naturally," and became a home economics major. I have never regretted my choice.

There is a saying that a home economist must be 1/3 Betty Crocker, 1/3 Marilyn Monroe, and 1/3 pack horse. However true this is, nevertheless, we home economics majors receive some training in each area. We learn about foods, not only how to prepare them attractively, but how to select them for the best possible nutrition. We learn that a home economist must be well groomed, not only for her own sake, but to uphold our profession. As for learning how to be a pack horse—well, we certainly have plenty of practice. Every time you see a girl on campus with an armload of books, boxes, magazines, flowers, clothes, etc.—there goes a home economics major.

Of course not all of college is work. There are many opportunities for fun and recreation. At East Carolina home economics majors are one of the most popular groups on campus. We participate in many extra-curricular activities, such as student government, clubs, and recreational activities. Of course, we don't have an FHA, but we do have a home economics club, which is a grown-up FHA. We do many worthwhile things in our club, and really gain much valuable experience. We

also have a home economics honorary, Phi Omicron, of which I am very proud to be a member. This is an organization of girls who have done outstanding work in the field of home economics at East Carolina.

As you know, there are many phases of home economics, and it is difficult to make a choice. I have already made my choice. I am going to become a teacher. I am doing my student teaching now, and I am really learning a lot about the teaching profession, and enjoying every bit of it. But there are other fields besides teaching: demonstration work, extension work, designing, dietetics, and most important of all, homemaking. Whatever profession you might choose, you can receive training in that particular field at the college of your choice.

As probably you have guessed by now, I am very enthusiastic about home economics. I must give some credit to the FHA for this interest. I was a member for four years, and during my Senior year, I served as president of the State Organization. May I encourage you Future Homemakers to continue your education by becoming a home economist. You will find, as I have, that it is a most rewarding and satisfying profession.

DISCOVERS HERSELF

Continued from page two

ting him help me with some of my activities and showing him how he could become a real part of the work and fun around home. For instance, my family helped me plan a pajama party for a few of my girl friends. They offered suggestions as to food, entertainment, etc. They helped me roll up my rugs, get the food ready to serve. My brother said he thought a pillow fight would be a lot of fun. It was fun for all of us and relieved mom and dad of some of the jobs they would probably otherwise have done.

I can see that because of my FHA project in Family Relations, we get along better, have more time for family fun, and have better feelings and a keener understanding of each other as individuals. I know my own home of the future will be a better one because of these wonderful experiences.

I've had some wonderful things happen to me because I'm an active FHA member and a Homemaking girl! Last year we had a tornado in our town. Five of the FHA members helped the Salvation Army distribute clothing and food to the homeless. I never really knew how much organizations like that did for needy people. My horizons were broadened very greatly!

Because I belong to the FHA, I've had other wonderful experiences. I have attended District Rallies, State Conventions, and FHA Camp. Last year, at the District III Rally, I appeared on the afternoon program in the skit, "What's Cooking?" in FHA 'Round The World," written by our Chapter and presented by the Robeson County group at the Rally. The entire program had as its purpose Goal III. "To understand our neighbors at home and abroad." This was a real experience for me.

There is one more thing that I'd like to tell you that has happened to me because I'm active in FHA and Homemaking. FHA has made me conscious of the fact that there is work in my community that I can do to make it a better place in which to live.

Some of the things I've done have been with other members of our FHA Chapter. We have visited our Cancer Center and have baked cookies and candies for the patients. And FHA members have contributed canned foods, clothing, and other things for needy families at Christmas.

While I was working for my Junior degree I was a member of our Sunday night Training Union Class. I would probably never have seen these opportunities to serve the religious life in our community, had I not been working on my degree and looking for an opportunity to serve.

Do you see the Benefits FHA and Homemaking offer? They are three: You.

Your Family—both your present and your future one!

Your Community—Perhaps I should say the world instead.

I know I'm a better me because I'm a homemaking girl and an active FHA member. You can be, too! Just try it!

Honoring Our Mothers and Interpreting Our Program

Beneath the eyes of a sleepy Japanese moon, the **Cary Chapter** of the Future Homemakers of America held their Mother-Daughter Annual Social.

The "gala" affair began with a song and poem dedicated to our mothers. We discovered that our mothers were much better sports than we had previously thought. For example in one game we fed crackers to each other blindfolded. In another game mothers tried to recognize daughters by merely seeing the nose.

The highlight of the party was an authentic Japanese dance performed by three of our members who had lived in Japan. A gaily-painted Japanese mural painted by the FHA members provided an interesting background for the dance. Colorful Japanese fans and butterflies adorned the walls, while Japanese lanterns hung gracefully from the ceiling. Adding to the educational side of the party was a showcase in which a complete Japanese outfit was shown.

It was at this occasion that Junior and Chapter degrees were awarded.

A tiered conversational piece—a miniature Japanese house made from citrus fruit—adorned the table. Around the Japanese house were

goodies of all kinds—sandwiches, olives, cookies, and punch.

The fortune cookies attracted special attention, because of the fortunes which were so cleverly concealed in them.

This year for our international project our chapter chose to send money for overseas relief through UNESCO. Plans had been made to send it to a European Country, however, the FHA'ers took such an interest in the small, overcrowded country of Japan that we decided to send our contribution to the people who have had some of the worst luck in the world—the Japanese.

"The Homes of Tomorrow Are In The Hands of The Youth of Today." This was the theme used by Reverend Russell Flemming who was guest speaker at the Mother-Daughter Banquet of the **Benvenue Chapter**. Beginning with a humorous definition of "girl" and "daughter," Reverend Flemming carried his listeners' thoughts to the more serious responsibilities, duties, and privileges of a mother and daughter.

David Harper, a talented young Rocky Mount senior, and a comedian in his own right, entertained the

group with his comic remarks and antics, and led in group singing.

Mrs. Fred T. Langford, sponsor for the Benvenue FHA Chapter, presented certificates and pins to forty-seven girls in recognition of achievements they have made in FHA work.

Mrs. Langford recognized Vernelle Greene and Jeanette New, two Benvenue seniors who are applicants for the State Degree. To be eligible to be a state degree candidate, a girl must have successfully completed two years of home economics, received both Junior and Chapter degrees, and held office in her local FHA Chapter.

In addition to the FHA girls' mothers, special guests included these: Mrs. L. S. Inscocoe, wife of County Superintendent of Schools and Home Demonstration Agent in Nash County; Mr. R. T. Griffin, Jr., a member of the Nash County Board of Education; Mr. Ralph Sturtevant, member of the Benvenue School Board; Mike Barnhill, president of the Benvenue Chapter of the Future Farmers of America; Mrs. B. H. Saunders, manager of the lunchroom at Benvenue School; the members of the high school faculty.

Future Homemakers Become Volunteers at Orthopedic Hospital

The volunteer work is of value to the hospital, assisting as it does in the extremely busy W.N.C. Orthopedic Clinic, and it is of much value to the girls who take part. Members of the Future Homemakers of America at **Clyde A. Erwin High School** are learning the value of volunteer service through a Saturday morning project at the Asheville Orthopedic Hospital.

There is a long list of Future Homemakers who signed up for duty, and plans are for continued service during the summer months when school is not in session.

The girls became interested in the Orthopedic Hospital because Mrs. Burwell Smith, their sponsor, is a

member of the Rhododendron Club, and the club also has many interests at the hospital.

Mrs. Norma Morgan, the other FHA adviser at the school, believes that the girls get invaluable training in leadership and in assuming responsibility, learning to follow directions and work with other groups—some of which they learn in the classroom studies and put into practice. For example, the child care unit in home economics courses now means a lot more to the girls than it did before.

The instructors feel that the girls will continue to be community-conscious and to do community work long after they complete their school work.

The girls say that giving time they could well use for themselves has proved the joy and satisfaction of doing for others.

And the girls say they are showing that teen-agers are interested in worthwhile things, "not just having fun."

The girls help the patients get ready for the doctors—some of the patients are very young and some are very frightened at the strange proceedings; they get the records for each patient to present to the physician with the patient; they take patients to the X-ray rooms; they baby-sit youngsters waiting their turn or they help entertain children who are not patients but who are at the clinic because the parents had to

Chapter Chatter

Located near the Seymour Johnson Field in Wayne County, the **New Hope Chapter** found it convenient to invite a foreigner to speak during a regular meeting. The members are always pleased with programs of this nature. The fashion show also proved to be a big event and a successful one.

The Mother-Daughter Buffet Supper was considered the highlight during FHA Week. Mrs. G. L. Overman of Goldsboro entertained the group with her humorous remarks of the past and present time of mother and daughter experiences.

One of the most successful years ever is reported by the **Red Springs Chapter**. One of the busiest months was October. Forty-nine members along with the adviser, Mrs. Stanton, and an honorary member, Mrs. McDonald, attended District III FHA Rally in Rockingham. Several members were in the pageant "FHA Around the World." A window display for the Fall Festival was another outstanding project during October.

During November, the Initiation Program and a party took place. Membership cards and FHA magazines were distributed and reviewed.

A covered dish supper for mothers followed by a play, "The Blue Overall Angel," proved to be very successful. Other projects during December included visiting the rest home and taking cup cakes and other delicacies to the Cancer Home in Lumberton.

A play "Mrs. Pennigal's Cat" was the main feature of the January meeting. This play was also given for the entire student body during an assembly program.

February was for business — money making projects, a panel discussion, and plans for a social.

March included many activities in observance of National FHA Week, attending the State FHA Convention, and preparing members in planning for degree work another year. Five members of the Red Springs Chapter received the State Homemaker Degree at the State Convention this year.

The **Fallston Chapter** was host to 210 Future Homemakers in ten chapters in **Cleveland County** at a recent Rally. "To Promote Better Living" was the theme and the speaker, Mrs. L. B. Connor, used as her topic "Family Relations."

In addition to members present were nine Chapter Mothers, nine Advisers, Mr. Gray, Fallston Principal, and Miss Louise Swann, Area Supervisor of Home Economics Education.

bring them along when the children who are patients were brought.

The FHA chapter has other community projects, but the work at clinic is hands-down favorite.

Clara Buckner states, "Yes, we could stay in bed these Saturday mornings! But we are helping to prove that most teen-agers aren't 'juvenile delinquents.' The little that

"Personality" was the subject of the address given by Mrs. C. G. English of the North Carolina State College Extension Division at the **Warren-Vance Bi-County FHA Rally**. All chapters participated in the program and approximately 250 members, advisers, and mothers were present.

Spencer Chapter won the attendance prize—with 72 members present at the **Rowan-Davie Bi-County Rally** which was held during National FHA Week. More than 300 members and guests attended. The Rally was held at **China Grove School**. Mr. Carson, the Principal, brought greetings, **Mt. Ulla Chapter** presented the Devotional, **Boyden Chapter** was in charge of entertainment, and decorations were prepared by the **Rockwell Chapter**.

Each chapter elects an officer. The office held in each chapter rotates each year.

Observance of National FHA Week in the **Morehead City Chapter** began with emphasis on service to the high school. Devotions were conducted by members over the intercom sending messages on personal influence and good family relations. Red roses were presented to each teacher. Courtesy was the ware one day. Family day was Saturday and Church Attendance in groups on Sunday.

The **Ruffin Chapter** this year cleared \$267.35 from the beauty pageant which this chapter sponsors annually. Forty-six girls participated in the pageant. Each girl is sponsored by a local merchant. The money will be used for improving the Home Economics Department.

"Degrees of Achievement" was the program for the March meeting in the **Boyden Chapter**. The program was planned by Jan White, vice-president. Ann Carole Helderman from the **Rockwell Chapter** spoke on the requirements for degrees and value of them to the member.

Newport FHA members sponsored a sale led by our adviser, Mrs. Ruby Simmons. The members sold coat-hanger covers and sponges. The FHA members also have monthly bake sales, and the past two sales have turned out successfully. The proceeds will go toward our Mother-Daughter Banquet.

At our last FHA meeting we had a guest speaker, Mrs. Gerry Beveridge, the FHA Adviser from Beaufort, North Carolina. She spoke to us concerning FHA Degrees.

We would like to share with you our FHA activities in the **Nebo Chapter** for the 1957-58 school year.

After selecting qualified officers and chapters mothers, we began a campaign to gain new members for our club. We set aside activity period each second and fourth Wednesday for our regular meetings.

we can do, helps other teen-agers, too."

"Really, it's all fun," says Sharon Edwards, the chapter president. "It's fun, partly because we don't have to do it, partly because we feel that it is helping us to become a part of the community, and partly because we feel that we are doing something that is needed."

A committee was appointed to plan our program of work for the year. Plans were made to begin on several projects immediately, the first of which was the seeding of an unattractive area outside the home economics department. In addition to sowing grass, tulip bulbs and candytuff were planted. By the time the first blades of grass began to peep out of the ground we had forgotten the aching muscles and blisters we had after those hours of digging, raking and pulling weeds.

Having successfully completed our first project we sat out to improve our first-aid room. Several chairs and a storage shelf were painted, draperies were made for the window, and sheets, pillowcases, towels, washcloths, blankets, and pillows were purchased or donated to make the room more attractive and convenient. A schedule was drawn up so that two FHA girls are responsible for the care of the room each week.

At Thanksgiving we prepared and delivered a basket of fruit to a rest home in the community. The smiles and words of thanks convinced us this should be a part of our activities each year.

In September our school was host to the Schoolmasters Club. The FHA girls decorated the school lunchroom in a Japanese motif and several of the waitresses donned authentic Japanese costumes.

Another highlight of our year was the trip to district FHA Rally at Cherryville. Seventeen members, two chapter mothers, and our advisor attended the rally. Our club enjoyed helping with the exhibits prepared by the McDowell County and Marion High clubs.

Our plans for spring include a Mother-Daughter Banquet, the state FHA Rally, observance of FHA week, and a picnic honoring our chapter mothers.

Of course, to carry out the projects we needed "money in the bank." At the beginning of the year a finance committee was appointed which suggested sponsoring a chicken pie supper and the sale of personalized stationery and furniture polish. The chicken supper netted seventy dollars. For the sale of the furniture polish and stationery the club divided into two teams with the agreement that the winning side be treated to a party by the losers. Our chapter has also sold pies, cakes, and fudge.

We feel our chapter work this year has been successful due to advance planning and learning to work together. We hope other chapters have had as much fun as we have had in our FHA work this year.

By Gloria Wise, President.

Big babies, little babies, middle-size babies or just any size—were contestants in the Baby Contest sponsored by the **Mayodan Chapter** of the Future Homemakers of America under the leadership of Miss Ruth Hyder, the advisor. There were thirty-one contestants.

Along with the Contest there was a Talent Show with talent from in and around Mayodan taking part. "The Squares" of Madison were winners in the Talent Division and Ricky Richardson in the Baby Contest. The FHA will use the \$326.50 for projects.

The group chose "Our Mother's Love" for the theme of the Mother-Daughter Banquet to be held during National FHA Week. Plans are being made to observe National FHA Week with each day set aside as a special day.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



Caroline says:

Perhaps your Chapter may wish to sing these words
by Mrs. Walter Latham, Bethel, N. C.

BLESS F. H. A.

Tune: Bless This House


Bless our F. H. A. we pray
Grant us wisdom all the way
Bless our aims, so high and clear
Building futures without fear.

Bless our homes in every hall
Let Thy peace live over all.
Bless our work that it may show
Hope and courage as we go.

Grant our members vision bright
Striving always for the right.
Bless the dreams of hope so rare
With faith ascending like a prayer.

Bless the F. H. A. within
Keep us pure and free from sin.
Guide us all that we may be, Homemakers inspired
by Thee
Grant that we may ever be, the hope of our country.

This song was used in the Pageant, "Future Homemakers
Look Ahead" which was presented by the Pitt County Federa-
tion during the 1958 State Convention.



*Future Homemakers
Hope to Grow Through . . .*

*Personal Development
Better Family Living
Stronger FHA Chapters
Correlated with the
Homemaking Program
Understanding Our
Neighbors
Participating in
Community Affairs*

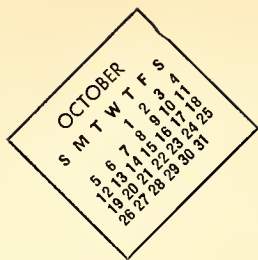
FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVI

OCTOBER 1958

NUMBER 1



Calendar Reminders

Dues: State and National dues are to be in the State Office by December 1, 1958, if your chapter is to be affiliated for 1958-59.

The amount of the dues is 55 cents per member—plus 10 cents per member contributions for helping defray expenses of state officers and district advisers to national meetings. This makes a total of 65 cents per member. The State Office is responsible for forwarding the national dues of 15 cents per member to the national office.

Degrees of Achievement: Deadline dates for filing Declaration of Intention to work for the Junior and Chapter degrees and the completed reports are set by the local Chapter Degree Committee. The deadline date for filing Declaration of Intention to work toward the State Homemaker Degree is November 15. (A request for forms must be sent to the State Adviser earlier in order to receive the blanks and to get the Intention form filled in and returned to the State Office

by November 15.) This year a *Plan of Work* is to be filed with the Declaration of Intention.

State Convention: Date—April 4, 1959.

Place—Memorial Auditorium, Raleigh, N. C.

National FHA Week: April 5-11, 1959.

National Meeting: 1959—July 13-17. Conrad Hilton Hotel, Chicago, Illinois, 2,500 delegates (members and advisers) of Future Homemakers of America. (Begin now to plan to send a delegate to represent your chapter or your county federation.)

Annual Report: One copy is due in the State Office by June 1, 1959, and earlier if possible. One copy is to be filed in the department.

Important!! Affiliate early.
Send news items to State office.

North Carolina Association of Future Homemakers of America

State Officers

1958-59

President—Becky Nifong, North Davidson VII
Vice-President—Nancy Edwards, Wingate VI
Secretary—Cynthia Leonard, Ramseur V
Treasurer—Sybil Beasley, Coats IV
Reporter—Jo Anne Matthews, Central-Fayetteville III
Parliamentarian—Joyce Harper, B. F. Grady II
Historian—Betsy Benthall, Woodland-Olney I
Song Leader—Mary Gale Haynes, North Buncombe VIII

District Advisers

1958-59

Mrs. Theresa Brown, West Edgecombe I
Margaret Carol Banks, Southwood II
Mrs. Ada Melvin, Bladenboro III
Mrs. Dorothy Hales, Boone Trail IV
Mrs. Edith P. Morgan, Franklinville V
Mrs. Helen Thompson, Endy VI
Mildred Beamer, West Yadkin VII
Mrs. Patsy C. Bowers, Glen Alpine VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina



Planning the program for the year are left to right Miss Annie S. Wootten, adviser in Northern High School; Jane Sanford; Betty Gilchrist, chapter president; Barbara Smith, Faye Painter; Miss Cleo Cudas, Home Economics teacher.

Ideas Are Born

Through Group Planning

A "Welcome to Freshmen" was an idea which materialized during a meeting of FHA members in the **Northern High School** in Durham County before the opening of school. Some old members would wear badges and serve as guides to assist freshmen girls in finding classrooms. Charts of welcome would be prepared and displayed. Other plans included:

1. A big square dance, for wholesome recreation and for income to carry out worthy projects.

2. A county fair exhibit: Title, FHA Trains for Leadership Through Home, School, and Community Projects.

3. Shrubs and trees planted on the school ground using money earned from dance and fair exhibit.

4. Help two deserving families at Christmas by contributing used and new clothing, toys, canned foods, and potatoes.

5. Nut cups to be used on trays of ward patients at the V. A. Hospital.

6. Magazines and scraps of materials for inmates at the county home.

7. A social for mothers or for both parents.

* * * *

"We've sent this little flower
We hope it brings you cheer.
It says we're glad to have you,
At N.H.H.S. this year.
We're happy that You're with us,
And hope that God will grant,
A friendship that will be here,
Much longer than this plant."

By Pat Badon, A Future Homemaker at New Hanover High School

This poem was attached to each of the brightly decorated pots of German Ivy, Coleus, and Geranium—one of which was placed on each

teacher's desk just prior to school opening. The project resulted from co-operative planning and work by members of two student clubs of **New Hanover High School**—The Future Homemakers of America and the Distributive Education Club.

The plants were truly a co-operative effort. Jerry Matthews, Distributive Education student, secured the planters from the store, where he is employed on the Co-operative Training program. Mr. and Mrs. George West, 2401 Shirley Road, furnished the cuttings, which the Future Homemakers, under supervision of the advisor, Mrs. Alton Wright, rooted. Several members of the two clubs assisted in wrapping the planters with foil and ribbons being guided by Miss Carolyn Dukes, teacher in the Home Economics Department.

Many students from each club

Continued on page three



An FHA MEMBER can develop personally through the "Degree of Achievement" Program.

Nancy DuPuy's story about her degree work is an interesting one. (Part of her story as told by Nancy is printed here.)

Nancy DuPuy redecorates her brother's bedroom. Refinishing furniture, making curtains, adding ruffles to pillows and a lamp shade in the guest bedroom, and finally adding a coat of paint and selecting rugs were among the activities of the homemaking project which preceded Nancy's interest in improving her brother's room.

Self Improvement – A GOAL FOR ALL

Once upon a time there was a little girl who lived with her mother and father and twin brother in a brown house. Her name was Cinderella. Now, Cinderella's family did everything they could for her, but she was still unhappy. You see, Cinderella wanted to take home economics. She was always dreaming of the things she could make, the pretty clothes for herself and her mother, curtains for her brother's room, and a great big cake for Daddy! At last, when she began to learn the wonderful art of homemaking, her home economics teacher became her fairy godmother and helped her make all her dreams come true.

Cinderella came home one day very much excited. She had joined FHA and was quite thrilled over all the things they planned to do that year. She participated in all the

FHA Chapter activities wholeheartedly and tried to do her part in each. She was very pleased that year when her classmates nominated her to a county office.

The North Carolina Association of FUTURE HOMEMAKERS OF AMERICA

State Homemaker Degree

This is to certify that Nancy DuPuy having satisfied all the requirements of this degree is hereby entitled to all the honor and opportunities pertaining thereto.

In witness thereof this 29th day of March, 1958.

Becky Hayes
State President
Faye T. Coleman
State Adviser

During her two years of home economics instruction she gained lots of valuable knowledge and had many happy experiences. She was asked to give a demonstration of the correct way to make biscuits for her home economics class and the district adviser. Cinderella was somewhat nervous and rather surprised when they turned out pretty good! Her mother was pleased as the housing unit inspired Cinderella to re-finish a dresser and then a desk for her room. She got a big kick out of making the costumes of two Highland Dancers for herself and another girl who did the Highland Fling in the May Day exercises. Cinderella became real interested in sewing, so she decided to fix her summer wardrobe as a home project. She worked very diligently and greatly profited by it! When her home economics

teacher sent in the write-up, Cinderella just beamed with joy when it received third place in the district.

Now, Cinderella enjoyed FHA and home economics so much that when her teacher suggested that she work on her degrees she was delighted. She received her Junior Homemaker Degree when she was in the ninth grade and her Chapter Degree in March 1957. Then she began with great enthusiasm to think and consider her plans for the State Homemaker Degree.

First, Cinderella decided to work on her personal goals. Since she enjoyed sewing and wanted to improve this skill, she took as her project making herself more attractive by choosing the correct styles and accessories. She spent approximately \$18.00, thirty hours on sewing and shopping, and lots of worthwhile energy on this project. The satisfactions received from compliments of family and friends plus that feeling of being "well dressed" were rewards for all efforts.

Cinderella enjoys school; she is an "A" student and participates in many school activities and in such organizations as the Student Council, Future Teachers Association, Beta Club, Bible Club, Latin Club, and School Annual Assistant Editor.

As to FHA, this is her third year of really good times. In FHA she has served as Vice-President last year and has planned a full year as President now. She was commentator for a style show which was given to the P.T.A. and also spoke at a Buncombe County Officers' Banquet.

Cinderella always greatly enjoyed the FHA Rallies and attended all that were possible. She would come back like a "recharged battery," ready to remake the whole chapter!! She found these Rallies to be a great help in understanding the State Program of Work and in suggesting ideas which could be carried out when she returned home. Her county officers held a workshop for all the local chapter officers and Cinderella and the other officers attended this meeting. It proved to be a wonderful help to the officers, and all the members benefited indirectly.

Cinderella and the other four girls who were working on their State Degrees felt that they should do a project for the school along with their ones for community and home. They chose to paint the cabinets in the kitchen of the Home Economics Department. One February Saturday, all came in old jeans

Continued on page eight

BASIC TO PERSONAL DEVELOPMENT IS:

Good Family Living

It's Fun to Try

(Summary of a Home Experience of a Future Homemaker in the Lilesville School)

Who said, "Two can live as cheaply as one?" Even so, it is fun to try. How do we know? Our class in homemaking has been working hard to prove this old adage. We have learned that with family co-operation, a good plan and some buying know how, money can be stretched. Dorothy proved this to be true, even though she was buying groceries for eleven rather than two.

Dorothy, the oldest of eight children, wanted the experience of handling money, so she could learn how to use it wisely. With her parents' best wishes, she began to plan the spending of the family's food dollar. The results indicate that she planned well, for she kept within

her budget allowance and at the same time met the nutritional needs of her family.

Dorothy realized that she was successful in this home experience because she planned well in advance. She understood the value of reading newspaper advertising and helpful hints found in feature articles on the women's page. Buying the right variety, style and container size to meet specific needs, contributed to her success. During the entire experience proven procedures for buying groceries were followed, such as brand name selection, label reading, special seals and guarantee identification.

More than money management was learned. Dorothy says, "It takes family co-operation to make a food allowance work and sometimes it isn't easy. But it is worth the effort, for it's lots of fun and a real satisfaction to work with a large family."

These Future Homemakers received many benefits from serving on the Committee for evaluating applications for the State Homemaker Degree.



In Your Chapter's Progress

Program for "Teens With a Purpose"

Progress in any organization results from a composite of vision, imagination, ideas, thinking, worthwhile goals, plans, action, and continuous evaluation.

"Teen With a Purpose," the theme of the National Meeting in Kansas City, Missouri, with programs centered around this theme brought to each delegate an awareness of her responsibility as a Future Homemaker in recognizing her purposes and in formulating goals for the attainment of these purposes.

Margaret McKinnon of the Wagram Chapter expresses her feelings when she repeats the Creed of the Future Homemakers of America.

* * *

We are the future Homemakers of America

We face the future . . .

and what a future . . .
never before so many opportunities

never before so many challenges.

There will be hardships, but we will face them with warm courage . . .
and high hope.

(courage because it will not be easy; hope because we *can* conquer.)

Conquer because we have the consciousness of seeking old and precious values,

Values which have been conquered and have been secured

truth . . .
freedom . . .
happiness . . .
perseverance . . .
love . . .

qualities we seek to build into our homes and into America's future.

Let us live
and in living express all that is good and fair.

Let us live
and through living make truth and love prevalent, security and faith realities.

Let us live
and in living build America into one big home in a stable community.

Let us live and worship God
with an increased faith and zeal.



Understanding our neighbors abroad was featured in a Banquet program of the Cary Chapter.

Let us live and love
to make our lives richer and fuller.

Let us live for security
made strong for all people.

Our home must be worldwide,
It must include our world family,
It must be built on faith,
faith in ourselves and in our purpose.

Hold fast Future Homemakers . . .
cling to courage . . .
Live . . . and Hope!

By Margaret McKinnon,
President, Wagram Chapter



Lexington F.H.A. members enjoy making preparations for their "Daddy-Daughter" Dinner.

Daddy-Daughter Supper

A supper and a program for fathers sponsored by FHA members helped to interpret to them the home-making program in the Lexington School.

The meal was an excellent one, composed of fried chicken, gravy, creamed potatoes, green beans, tossed salad, biscuits, cup cakes and ice cream, and iced tea. The fathers, as well as the daughters, enjoyed the meal very much. After the meal, we had group singing conducted by our song leader.

The officers presented a program especially for the fathers explaining the purpose and meaning of the FHA after which there were several pictures made.

Fathers became better acquainted with each other during the clean-up period by the daughters.

The Voices and the Voice

(Devotional given by Iowa at 1958 National FHA Meeting, Kansas City, Missouri)

Voices of girls in white follow the voice which is opposite on the left-hand side of the page.

Speaketh Hate (Girl dressed in black)

I am the voice of Hate—
I am the clamor of war, the heat of anger, the persistence of prejudice.
I build mighty weapons and threaten the world with my dark power:
I crush the weak and helpless.
I tear my enemies asunder.
I tread upon those different from myself.
I build the world of yesterday and will control the world of tomorrow—
Come unto me, you awakening masses, and I will give you power!

Speaketh Fear (Girl dressed in yellow)

I am the voice of Fear—
I am the great sustainer of things as they are.
I am the force that blinds, the power that paralyzes.
I cripple reforms—agonize in indecisions—foster despair.
I isolate men from each other in the rigid boundaries of class and race.
I have nourished the hearts of men through all time.
Come unto me, you awakening masses, and I will lull you to sleep again.

I am the voice of Greed—
To him who has, I give more, and to him who has not, I take away even the little he has.
I fill my stomach and throw away what is left.
I do not share.
I fill my mind with knowledge and use it for my own advantage.
I exploit the world for my satisfaction, and do not teach, strengthen, or uplift.
Come unto me, you awakening masses,
I will fill your stomachs and your minds and your spirits, and we will take the place of your oppressors.

Speaketh Pride (Girl in green)

I am the voice of Pride—
I appeal to the selfishness of men's hearts.
I promote jealousy and envy in individuals and in nations.
I make gods of men.
I am ruthless, passionate, dishonest, lustful.
I gorge myself on ignorance and superstition.
Come unto me, you awakening masses, and I will give you the vanity of fame.

The Awakening People Speak (Dressed as a peasant or in red.)

I am the voice of the illiterate, the oppressed, the hungry, the dying.
I am eagerly questioning, persistently demanding, pathetically clinging.
I am riotous, tempestuous.
I am silent, listening.
I am a whisper in despair, a cry in oppression, a shout in awakening.
I am hoping, groping, dreaming, scheming.

The People Speak Again

I have heard the voices and the Voice
And I must choose between them.
Who will bear me witness?
Who will my counselor be?

(Voices of 3 or 4 girls dressed in white at side of stage read all of the lines on this side of the page.)

Not by might, nor by power, but by my Spirit, says the Lord of hosts.
I am the way, and the truth, and the life; no one comes to the Father, but by me.
I say to you, love your enemies and pray for those who persecute you.

God did not give us a spirit of timidity but a spirit of power and love and self-control.
God is love, and he who abides in love abides in God, and God abides in him. . . .
There is no fear in love, but perfect love casts out fear.

I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst.
He who sows sparingly will also reap sparingly and he who sows bountifully will also reap bountifully.
As each has received a gift, employ it for one another, as good stewards of God's varied grace.

Whoever would save his life will lose it, and whoever loses his life for my sake will find it.
Where jealousy and selfish ambition exists, there will be disorder and every vile practice.
If any man would come after me, let him deny himself and take up his cross and follow me.

I call heaven and earth to witness against you, this day, that I have set before you life and death, blessing and cursing; therefore, choose life.
Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me.
He has sent me to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord.

Projects Which Contribute To



Left to right: Gloria Wise, Margaret Holland, Frances Perkins, Helen Watson, Barbara Owens.

Community Development

The fair, which was held in the school gymnasium, was made up of home-made and home-grown exhibits. Students and community enthusiasm and interest were apparent during the entire fair preparations. Throughout the preceding summer when food preservation was at its height, the spirit of friendly competition prevailed. Throughout the preceding winter when farmers and their families had some leisure time many fine seams were sewn and many beautiful quilts pieced and quilted, again with a spirit of friendly and gainful competition.

Brighter homes and a better tomorrow are both possible for the Future Homemaker who takes advantage of the opportunities which are hers through her homemaking courses and her FHA chapter activities.

According to a member of the *La Grange* Chapter, values from membership are:

In the School

Co-operation among students through committee work and chapter projects.

A wonderful student-teacher relationship through work on projects and programs related to homemaking and our FHA Goals.

In the Home

Pride in the interior and exterior surroundings.

Better understanding of other members of the family and improved relationships in the home.

In the Community

Participation in community affairs through chapter projects, and later as a homemaker, exercising leadership in church and community organizations which will strengthen the community.

But most of all, the Future Homemaker of today hopes to reflect in her future home—understanding among family members, co-operation and security, and all the factors essential for happy family life.

The project may be an individual one or a group project. Almost any project in any area of the home-making program—housing, foods, clothing, child development, family economics, or family relations—can directly or indirectly contribute to community development.

As a group, the Ahoskie Chapter of Future Homemakers of America sponsored a school clean-up day during FHA Week.

Members of the Ahoskie Chapter also collected magazines and carried them to the hospital in the community for the patients in the hospital.

A community fair is sponsored in a number of communities. It may be called the "Fall Festival," or some other title which is appropriate to the community and/or season.

The Eli Whitney Chapter co-operates each year with the community fair which is held at the Eli Whitney School.

Last year the Anderson School Vocational Department, the Anderson P.T.A., and the Home Demonstration Clubs in the Anderson Community sponsored a community fair. Future Homemakers in the school participated.

F.H.A.

We build the homes of tomorrow
That will stand forever and aye,
Founded on love and friendship,
For we are the F.H.A.

We'll take our forefathers' courage,
And put it to use today,
We'll fit the children of coming years,
To live in a better way.

Taking a measure of kindness,
Mixed with facts that we've learned
today,
We'll build for America's future,
For we have the will and the way.

So here's to F.H.A.—greetings,
We really mean it when we say,
We'll do our best to support you,
As we build for a better day.

An original poem by Delane Humphrey of The Red Springs, North Carolina, Chapter
Ideas Are Born—Through

COVER PAGE

Our cover girl is Becky Nifong of the North Davidson Chapter, who is President of our North Carolina Association of Future Homemakers of America.

The words and music to the FHA State Song which was adopted several years ago can be ordered from Miss Elsie L. Seago, Farmville High School, Farmville, N. C. (10c per copy)

Chapter Chapter

The **A. C. Reynold** Chapter reporter states that the Future Homemakers in her chapter were actively engaged during 1957-58 school term with service projects for people in the community. Children at the Orthopedic Hospital received help at Thanksgiving; and colored eggs were prepared by FHA members and delivered to the children at Easter. At Christmas the members were Santa Pals for a family of seven.

During FHA Week, a daily devotion for the entire school was presented by FHA members. Initiation of new members and a tea honoring them was given. Officers used the beautiful emblem service for interpretation to the entire student body.

The **Bethel** High School Home Economics Class booth was number one at the Southern States Fair in Charlotte.

"From Rubbish to Beauty" was the title of the booth. The display was composed of grease can lids, farm crops, and wild flowers. The lids were covered and used as trays with crops and flowers arranged as baskets and pictures. The cost involved in putting on the display, according to Mrs. Wooten, the adviser, was approximately \$10. First Prize was \$75.

The **Cabarrus** County F.H.A. Workshop made up of eight schools representing Cabarrus County met at Happy Lake near China Grove on Thursday, August 21, 1958, from 10 a.m. to 3 p.m. to make plans for the coming year.

Attending were eight F.H.A. sponsors, 57 F.H.A. officers out of 475 F.H.A. members, and two chapter mothers, Mrs. Brady Black of Bethel and Mrs. Frank Earnhardt of Mount Pleasant.

Following the morning session they were free to partake in the various activities provided at the lake. After this they had a weiner roast in the picnic area preceding the afternoon session.

The song leader group announced plans for a song writing contest in an effort to obtain an official county song. One song from each school will be submitted and all will be judged by the group at a time to be selected.

Each of the officers were divided into groups from the different clubs which consisted of one sponsor and eight girls from the different schools.

The lovely Georgian Colonial Cottage at **Durham** Senior High School was the scene of the Mother-Daughter Banquet held on April 23, 1958.

In honor of the occasion each FHA'er pinned a rose on the shoulder of her mother. Mrs. Alice Tillett, was the guest speaker. She is the Supervisor of Elementary Education in the City of Durham, and was voted as the "Outstanding Mother of the Year" in Durham. Mrs. Tillett presented in her own dramatic and humorous manner one of Sidney Porter's short stories, "Johnny Valentine." Officers and members practiced the art of being gracious hostesses during the evening.

The **Elsie** Chapter at Robbins outlines the program of work for 1958-59 as follows:

September

Program: Business meeting and introduce program of work.

Project: To get new members.

Social: Initiation of new members.

October

Program: Joint recreation program with Candor High School. Led by Miss Ruth Jewel from the State Department of Public Instruction.

Project: To run a girl for the office of state song leader.

Social: District Rally at Wilmington, N. C.

November

Program: "How to Buy Clothes by a local merchant."

Project: Supper to raise funds for our FHA.

Social: County Rally.

December

Program: A demonstration on making Christmas decorations.

Project: Sharing in the Care Project. Giving a supper for Woodmen of World to raise money for the Home Economics Department.

Social: Buffet Supper for Chapter parents and Adult Advisory Committee.

January

Program: A minister will speak on "Good Relations in the Family."

Project: Giving gifts to girls at Samarcand.

Social: Going to Samarcand.

February

Program: "A Career as a Home Demonstration Agent."

Project: Planning FHA Week.

Social: Mother-Daughter Banquet.

March

Program: Election of Officers for Next Year.

Project: FHA Week.

Social: Eighth Grade Tea and Installation of Officers.

April

Program: "Sing Together."

Project: Southern Pines Garden Tour.

Social: State Convention.

May

Program: Report on State Convention.

Project: Campus Clean Up.

Social: County Rally.

A yearbook was prepared and presented to Future Homemakers of the **Fremont** Chapter very early in the year. The book contains a directory of members and officers with telephone numbers, committee chairmen, the FHA Creed, the FHA Prayer Song, and the program topics along with names of the participants in the program and the names of the chairman for each program. Some of the planned topics are: January—Proper Grooming. February—Choice of a College. March—How Do You Rate With Yourself? April—Etiquette. May—Child Care.

Although the theme for the **Haywood County** Rally was, "FHA in Dreamland," the skits, musical numbers, and in fact, all parts of the rally program, demonstrated or illustrated that the dreams could become realities. Each chapter in Haywood County participated in the program. **Canton** High School and **Fines Creek** High School each gave a skit on "Careers in Home Economics." The **Bethel** Chapter gave the Invocation. A skit on program planning was presented by the **Crabtree** Chapter. Group singing, installation of 1958-59 officers, and business were also included in the rally program.

A feature article about her homemaking department and the FHA was written by a senior at the **Jones Central** High School for the school paper. The purpose was to interpret to school officials, to the entire student body, and to parents purposes and goals of our organization with accounts of activities which help to achieve goals.

Sections of the feature article had the following titles:

Home Economics Department Has Made Steady Progress

Exchanging Equipment Is Difficult

New Washer Purchased

Department Raises Own Money

Food Preservation and Sewing Stressed

Projects Make Homemaking Real

Child Care Project Outstanding

Future Homemaking of America Supplements Homemaking Program

Members of the **Kernersville** Chapter feel that the beauty of their Mother-Daughter, Father-Son get together is that they manage to get into the school for these occasions people who never go to the school at any other time.

This "Get-Together" doesn't have to be a formal or informal banquet. It can be a picnic, a buffet meal, or a party with refreshments—each with some type of program or exhibit for interpretation.

A fashion show followed a Mother-Daughter Reception in the **Lansing** School. Future Homemakers modeled dresses made in the homemaking classes.

The decorations were very appropriate representing a garden using the white picket fences. The fence had an archway and was surrounded by flowers, shrubbery, a wishing well and white benches.

The **Mt. Gilead** Chapter aided with the work of the Foster Parents, Inc., an organization which is a unit of UNESCO, by making dolls to be distributed to needy children overseas.

Officers for the 1958-59 school year were installed at the close of the 1957-58 term. The candlelight ceremony was held in the school auditorium on May 13. A red carnation was presented to each mother present. A social hour followed. Punch and cookies were served by FHA members.

"A Close Look at Ourselves" was the topic used by Mrs. Corrine G. English, N. C. Extension Specialist in Family Relations, during the Spring Rally of the **Nash-Franklin Federation** of Future Homemakers. The Rally was held in the auditorium of the Spring Hope High School. The Middlesex Chapter was in

charge of the entertainment which was presented in the form of relaxers. Cooper's Chapter was responsible for the Devotion.

A part of the afternoon's program was the awards of Degrees of Achievement.

The **North Buncombe** High School Chapter of Future Homemakers of America observed FHA Week by a series of special activities and programs.

The highlight of the week was a Mother-Daughter Banquet held in the school cafeteria. Other special observances included a worship service Sunday morning when many of the members attended the service of Flat Creek Baptist Church.

"Be Kind to Teachers Day" was observed. Posters were placed in the windows of business houses in the five outlying school districts. Each morning an FHA girl gave a devotional over the Public Address System. The student body requested that this continue after the week was over.

At the end of the week seventeen girls attended the State Convention in Raleigh where three of them received State Degrees.

The fourth period FHA'ers presented a combined fashion and talent show to the student body. Several cake walks have been held. The proceeds from both activities were used to buy equipment for the Home Economics Department.

Modeling some of the latest creations of the sack rage were the forty-five "Initiates" of the **Norwood** Chapter. A big sister created an attire for her little sister. Each attire was created from a burlap or feed sack, some odds and ends of material and ribbon (used to trim the sacks and accessories), lamp shades (fashioned into very lovely hats), and lots of ingenuity.

After each member had modeled her outfit to its best advantage, typical of the "Roaring Twenties," awards were presented for the most original, the most representative of the roaring twenties, the best tailored, and the outfit with the best color combination.

As a part of the recreation a Charleston contest was held.

As a climax to the evening of fun and frolic, the chapter officers served refreshments to all eighty members, mothers, and friends in attendance.

"Hi Fi Fashions," a fashion show presentation highlighted the evening program when members of all FHA Chapters in **Stanly County** held a Rally in the Endy High School. Members of the Badin and Albemarle chapters served as models. The impressive Installation Service was used for installing the 1958-59 officers of the County Federation.

The Norwood Chapter conducted an inspiring devotional, and greetings were offered by the Endy High School principal and the president of the Endy Chapter.

Entertainment was provided by several girls from the Badin and Endy chapters, and included a tap and ballet dance by Lynn Abernathy of Badin.

Miss Harris, the new president, conducted the closing ritual. Then the group moved to the Home Economics Department where refreshments were served by the Endy Chapter.

Self Improvement—

Continued from page three

and sweatshirts bringing their paint brushes in hand. They worked very hard and the results were amazing!

During FHA Week, the girls wanted the whole school to know what FHA was doing! So, a chapel program with a short talk and a humorous skit was put on with Cinderella as moderator and fellow FHA'ers in the other parts. Also, at Christmas, the club members made a display of gifts which could be made inexpensively and placed it in the school lobby for all to see.

When the time came for the Buncombe County Fair, the girls really found their opportunity to "tell the world." Cinderella and several other girls met to work on ideas and plans for two booths at the fair. After hard thinking, they came up with a solution; the FHA booth would emphasize the Fourth purpose, "to work for good home and family life for all," and the home economics booth would demonstrate how the homemaking instruction revolved around the homes of tomorrow. In the FHA booth, they tried to show the phases of family life when family members should be together, with worship as the center, and radiating out to work and play.

As to church work and community participation, Cinderella has served as Secretary, Vice-President, and President of her local youth group at church and is now worship chairman and pianist. She also was chosen to attend the County Family Life Conference her freshman year.

Cinderella was on the committee which worked on services and activities for a United Youth Week, Jan. 26-Feb. 2, 1958. The committee members worked on posters, announcements on the radio, and articles for the newspaper. A chapel program at school was arranged with a speaker and an interpretation of the poster and theme. Cinderella took part in this service and in the community service Sunday night February 2. A foreign ministerial student from Brevard College was the speaker and all churches were invited.

Cinderella's main project for community participation was her help in the local horseshow. She has a Registered Tennessee Walker and is Vice-President of the local Equitation Club. She is real "horse-crazy," so she was very much excited and happy that she could help. She

worked with several girls to make fourteen posters advertising the show. As a member of the club she helped to sell tickets, make the numbers, and thread the sleeve bands. Cinderella and Red Wing, her horse, tried to stir up interest and then rode in the afternoon and evening shows. This horseshow was sponsored by the P.T.A. and the proceeds went to provide free lunches to under-privileged children at school.

Cinderella first took finishing up a small guestroom which heretofore had just been a "deposit" as her homemaking project. She began with the furniture, since all extra furniture had been placed here. She moved out some, added some and shifted what was left. The holly-wood bed was unchanged, but she took out a small dresser which had a brown chintz skirt to match the curtains. This she used to make a valance for the curtains, a cover for a low cedar chest, pillowcases for two small pillows on this chest, ruffles for a new lampshade, and a ruffled pillowcase for the pillow in an antique family rocker which was added. Then Cinderella and her mother painted the room a bright yellow. With the addition of two brown rugs and a "coffee" chenille bedspread which were on hand, the room was complete and the result was a bright, cheery, old-fashioned bedroom. The total cost was \$8.00 for the paint and lampshade.

But Cinderella had enjoyed this so much that she decided to extend it to her brother's room. Since Dave's room was papered in a tan shadow plaid, she chose a spice brown textured bark (which was on sale!) and made draperies and a matching bedspread for his hollywood bed. She, also here, rearranged a few things, but left his desk which contains his amateur radio station and is built with bookcases. These, she made him clean out and had him place his junk radio parts here, instead of in the corner! She reupholstered the seat in a straight back chair for his rig and placed a large, bright world map on the wall above his bed for color. Her daddy has promised to make a low bookcase to replace a small, battered one and she is to help by putting the finish on it! She plans to center a colorful picture over this bookcase and to arrange his books and a globe effectively. She also plans to dye a loop rug dark green to place beside his bed. But the main thing, or at least the thing she is most proud of,

Report on Speakers

National FHA Meeting Kansas City, Missouri

By CYNTHIA LEONARD, State Secretary

During the seven general sessions of our National FHA Meeting, we welcomed four very inspirational and informative speakers.

Mr. Hubert Wheeler who is Commissioner of Education from Jefferson City, Missouri, was our first speaker. Mr. Wheeler spoke at our opening session and used as his topic, "Take a Look, You are the Future Homemakers."

Yes, we are the future homemakers and as such our responsibilities are great and very numerous. Did you know that there are 150,000,000 girls in the United States today and that their children will number 350,000,000? That sounds like quite a lot of Americans, doesn't it?

Mr. Wheeler strongly recommends the teaching profession as a sure way to help others, better our community, and still earn a good, steady salary and have time to be a capable homemaker and mother.

Mr. Wheeler says that "economic stability is ours if we but keep it." He points out that working hours have been reduced from eighteen to eight; Working days have come down from seven, to six, to five, with four predicted; And the merging of farm and suburban areas is near at hand.

We are also in an age where automation plays a very important part. As Carl Sandburg said, "the people of the twentieth century have taken the ball of the earth and made a little thing."

And as for us, Mr. Wheeler predicts a "fabulous future" if we but prepare for it.

The theme of our second general session was "Recognizing the Value of Education" and Dr. Charles E. Koeble, Dean of Faculty at Northwest State College in Maryville, Missouri, spoke to us on "Why an Education?"

Dr. Koeble gives four guides to us in obtaining an education. The first is self evaluation. Consider your assets and liabilities. Take personality tests, achievements tests, and others that can be obtained from teachers, counselors and employment agencies. Take college entrance exams—Evaluate Yourself.

The second guide is self direction. Set up possible goals and check them out. Investigate realistically income, hours, future, associations, and necessary training.

The third guide is self realization. Realize your goal, striving always to better what you are doing.

The fourth and last goal is self confidence. Never lose faith in yourself and your ability to succeed.

Dr. Koeble left us with this advice. "Don't be satisfied with less than the best and get an education, for an education is to make of you that which you can become if you will."

At our third general session our theme was "Becoming Better Citizens." Our speaker, Yaraslava Sachno, a student at Marymount Junior College at Arlington, Virginia. She spoke to us on "What it Means to be a Citizen." Yara came from Czechoslovakia, a communist land of constant fear and restraint and found a new home, new friends, and a new way of life opened to her as she saw for the first time the beloved Miss Liberty and could almost hear her say, "Bring them your tired, your poor, your tempest tossed to me. I lift my lamp beside the golden door."

Through "Voice of America" and "Radio Free Europe" these people learned the truth. It is our duty as citizens to be well informed so as to keep giving them this truth and to carry out our responsibility to our nation, future citizens, and the whole world.

Our last speaker was Dr. Royden C. Braithwaite, director of the College of Southern Utah at Cedar City, Utah. Dr. Braithwaite spoke at our fifth general session, the theme of which was "You and Others." He gave us several points that would help us in our relationships with others.

The first being, "Think and Thank." Second, "Reverence for Life." Third, "Appreciative Understanding." Fourth, "Nurturing God Given Talents." Fifth, "Being Responsible for Life Fulfillments."

Dr. Braithwaite said, "man must feel himself to be a co-creator with God."

was the slipcover she made for an armchair for Dave's room. This material, a light green with a modern design, was also on sale. She worked on it most of two days and wouldn't have been able to finish it without the help of the pussycat!!! She spent \$11.00 on the material and had just loads of fun! In fact, so much, that now she is in the process of recovering a chair for the living room!

Cinderella said herself that she thought working for her State Degree was **very** rewarding and worthwhile, and her parents surely felt that it had been profitable!

Now Cinderella is happy, and with all this experience and training, she hopes someday to marry a handsome prince and to live happily ever after.

Oh . . . by the way . . . Cinderella is Nancy DuPuy of the Owen FHA Chapter in Buncombe County.

Ideas are Born—

Continued from page one

took part in the project which was described by several of the teachers as being one of the most thoughtful gestures to have happened to them since being in New Hanover County.

Miss Peggy Moore, new English teacher, coming here from teaching in Henderson last year said, "Already these students have made me feel at home." Mrs. Berneice Bjonerud, head of the Commercial Department and beginning her 29th year at New Hanover said, "If the actions of these two clubs are an indication, then we should have a fine student body this year."

* * * *

"Necessity is the Mother of Invention." And so it was with the Waco High School Home Economics Department who realized the need for a place to fit the garments which they made in class.

A search was begun for materials to make a screen to separate one corner of the department.

Old stage equipment was found and cut down to size and hinged together by the boys in the Agriculture Shop.

The screen was covered by some of the FHA girls in a modern-designed wallpaper to blend with the color scheme of the department.

The cost was small (only 35 cents) because the covering materials were furnished by a local Shelby firm.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



Caroline says:

You will probably want to learn the words and music
to:

LET THERE BE PEACE ON EARTH (Let It Begin With Me)

Let there be peace on earth
And let it begin with me:
Let there be peace on earth,
The peace that was meant to be.

With God as our Father,
Brothers all are we.
Let me walk with my brother
In perfect harmony.

Let peace begin with me,
Let this be the moment now.
With ev'ry step I take,
Let this be my solemn vow:

To take each moment and live each moment
In peace eternally.
Let there be peace on earth
And let it begin with me.

Music can be ordered from:

Hansen Publications, Inc.
119 W. 57th Street
New York 19, New York

1959



HILL

FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVI

DECEMBER 1958

NUMBER 2

The "Old Fashioned Christmas"

Are The Values Worth Reviving?

Can you imagine the joy and happiness experienced by the child and all members of the family when all share in making decorations for the house and then trimming the tree that was perhaps cut from the family's farm or from a neighbor's forest (with permission, of course). Stringing popcorn, making chains from strips of colored paper, gathering pine cones and holly berries and mistletoe and running cedar, etc., can prove to be a wholesome, delightful experience for all, especially the children.

Then after the tree is all decorated what fun it would be to gather in

the kitchen and pull candy or decorate cookies, or help with that favorite Christmas cake. The chil-

dren can shell the nuts, cut fruit, and clean the mixing bowls, and help with errands for mother.

State Officers For 1959-60



ELECTED AT 1958 FALL RALLIES

(They will be installed at the State Convention, April 4, 1959)
President—Nancy Edwards, District VI, Wingate High School
Vice-President—Sammie Gatlin, Dist. V, Franklinville High School
Secretary—Ann Alphine, District IV, Dunn High School
Treasurer—Kall Hall, District III, Rowland High School
Reporter—Elaine Parker, District II, Jones Central High School
Parliamentarian—Celia Clark, Dist. I, Robersonville High School
Historian—Catherine Blanton, District VIII, Shelby High School
Song Leader—Dawn Crissman, District VII

North Carolina Association of Future Homemakers of America

State Officers 1958-59

President—Becky Nifong, North Davidson VII
Vice-President—Nancy Edwards, Wingate VI
Secretary—Cynthia Leonard, Ramseur V
Treasurer—Sybil Beasley, Coats IV
Reporter—Jo Anne Matthews, Central-Fayetteville III
Parliamentarian—Joyce Harper, B. F. Grady II
Historian—Betsy Benthall, Woodland-Olney I
Song Leader—Mary Gale Haynes, North Buncombe VIII

District Advisers 1958-59

Mrs. Theresa Brown, West Edgecombe I
Margaret Carol Banks, Southwood II
Mrs. Ada Melvin, Bladenboro III
Mrs. Dorothy Hales, Boone Trail IV
Mrs. Edith P. Morgan, Franklinville V
Mrs. Helen Thompson, Endy VI
Mildred Beamer, West Yadkin VII
Mrs. Patsy C. Bowers, Glen Alpine VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

Improving Family Relationships

With Older Members of Family

How many teenagers these days really enjoy being with their grandparents? When staying with the older members of the family, comments similar to this one are heard all too often. "Oh, no—do we have to stay with grandma today? All she wants to do is sit and talk. Besides, she doesn't understand any of the things I do."

The girls belonging to the Future Homemakers of America from **Bessemer High School** in Greensboro felt that many grandparents are left out of the family group at times because of lack of understanding between the older family members and the teenage members.

With this in mind, the FHA girls took as one of their projects for this year, the improvement of family relations with the older members of the family. The girls decided some ways to get to know their grandparents better would be to listen to their stories, talk about the family photographs, and to ask questions about some of the ways they did things when they were young.

Through their project, the girls were able to learn more about their grandparents and to learn more about the customs during the time they were growing up. To

Pictured from left to right is June Cranford; her grandmother, Mrs. James Cranford; Mary Ann Fuller; and Kathy Collins. They are all enjoying some of Mrs. Cranford's old photographs of her family. The girls are members of the Bessemer High School.



their surprise, the girls found the dating customs were very different. Because most of the dating was done at home, it was up to the girl to have many things planned for the evening. Other popular types of entertainment for dates were square dances, hay rides, and parties—all well chaperoned, of course. Some of the girls decided it would have been great fun to ride in a buggy and go to a real square dance, rather than go to so many movies.

Both the girls and their grandparents thoroughly enjoyed this project. The older and younger generation were drawn closer together and more understanding between the two resulted.

There seems to be nothing the older set enjoy more than sitting down and talking about days gone by. The girls have learned a great deal about their own family background, the customs, and the dress of another generation.

Besides learning so much about the oldsters, the grandparents have learned more about the teenagers and have come to enjoy doing things for them which their parents don't have time to do; such as knitting that crew neck sweater her granddaughter has been wanting.

Much more unity, happiness, and understanding has been the result of the joint efforts of this project.

* * * *

SPECIAL THANKSGIVING CELEBRATION HONORING MOTHERS AND FATHERS

Southwood Chapter

FHA & FFA

The cornucopia overflowed with a bountiful harvest of fruits, leaves, nuts and vegetables in the Southwood Cafeteria, Agriculture Room, and Home Economics Department on the evening of November 19, 1958, when the Future Homemakers and Future Farmers honored their mothers and fathers. A back drop of emphasis was designed by Henry Harper portraying "Thankful Hands" with the first verse of Psalm 136, "O give thanks unto the Lord; for He is good; for His mercy endureth forever."

The banquet program—with FHA and FFA members in charge was:

Recitation: "Why Are We Here?"

Invocation

Welcome to Guests

Toast to Parents and Friends

Continued on next page

Group Singing: "Come Ye Thankful People"
 Recitation: "Indian Summer"
 Special Talent Numbers: Instrumental music, singing by four members, and a solo
 Recognition of Special Guests: Superintendent of Lenoir County Schools, Supervisor of County Schools, Principal of School, and Local County Board. Special thanks were expressed to the FHA and FFA Advisers.
 Recitation: "I'm Thankful"
 Solo: "God Bless Our Families"
 (to the tune of "Bless This House")
 Reading: "What Thanksgiving Means to Me"
 Vocal Solo: "How Great Thou Art"
 Group Singing: "Over the River and Through the Wood"

* * * *

WELCOME TO FUTURE HOMEMAKERS OF THE WAYNE COUNTY FEDERATION

(At the first county rally at Pikeville on
Tuesday, October 7, 1958)

By Barbara Jean Clark, Goldsboro Chapter

Welcome, welcome, all ye old members and all ye new ones.

Welcome, this word has a meaning that has probably never been mentioned before. The word really has a lot to do with an FHA member. Each letter in welcome tells us something that FHA members should strive to do. Let us endeavor to be these things at all times.

W—Willing

An FHA member should be willing to do her part for the best of the community.

E—Eager

FHA'ers are eager to learn and do for the good of the people.

L—Labor

An FHA members is ready to be of any help to those who need help at any time.

C—Considerate

FHA members are considerate of everyone. They realize that everyone has separate opinions and they always consider the other person's opinions.

O—Opportunity

An FHA member looks for the opportunity to help and serve her school, family, friends, city, and country. She fills the need she is best suited for.

M—Makers

FHA members are makers of the homes. The world could not survive without us, so we should step in and fill this responsibility.

E—Effort

An FHA members puts forth an effort in any task she is assigned whether great or small. She tries to co-operate with whomever she is working.

W E L C O M E

Put them all together, they spell welcome, a word that means the world to the FHA of Goldsboro High when they try to do their best. Through our FHA we are inspired to become better leaders for a better world.

Two worthy projects in the Tri High Chapter at Caroleen, N. C., are illustrated here. Left: Operation of School Infirmary—An infirmary worker and an alternate are on call each period if needed in the infirmary. Joyce S. Hill, an infirmary worker and State Homemaker applicant, gives first aid to Charlene Wilson, whose finger was injured. Brenda Lynch, who is an infirmary worker, is checking the first aid book to be sure that proper first aid is rendered. Right: Making Tray Favors for the Homes for the Aged and County Hospital—Nan Philbeck and La Vern Gibson discuss the project with their adviser, Mrs. Mildred H. Reid.



In co-operation with the Welfare Department, Future Homemakers of the Lumberton Chapter planned this Christmas party for a group of twelve children. For place cards the FHA'ers painted the mugs and used one at each place setting.



PROMOTING INTERNATIONAL INTEREST AND UNDERSTANDING

By Bessemer FHA Chapter

Other countries have ways of life which differ from ours here in America. Mrs. Peter Eways, mother of one of the Bessemer High School FHA Chapter girls, talked to the chapter about the way of life in her native country of Palestine.

The American families vary from being very close together to very far apart in family life and relationships. In Palestine, there is a close and meaningful relationship among the family members. Much love, respect, and courtesy is shown to each other.

While in America more and more housewives are working at public jobs, in Palestine the husband considers it an insult if his wife works outside the home. Her role is confined to housekeeping and to rearing the children. In the non-indus-

trial towns, many of the men have to work in another town to provide means of support for their families.

Being less delinquent and more appreciative might begin to describe the children of Palestine. Since education is paid for, it is not taken for granted as in America. The children are more interested and sincere in their efforts.

Household chores such as making beds, washing dishes in a basin and carrying water from the community well are carried out by the children. While the children are still young, they begin to learn to sew and embroider. Elaborate embroidering is characteristic of the Syrian garment. Assisting their mother in cooking soon follows. Syrian foods have many combinations unfamiliar to the American. Many have unusual

ingredients such as lentite beans, cypress seeds, and wheat meal which gives the foods delightfully different flavors.

The children's friends are always welcome in the home and much of their recreation is games similar to those of America. Other recreation is conducted by the church and school. The basis for this organized recreation is the belief that children are less likely to go astray.

Sometimes we tend to feel that the American way of life is the only way. But all the things we consider important really had a foreign beginning and were brought to this country by our ancestors. Since learning more about the country of Palestine and the people, we realize more the importance of world wide understanding and harmony.

Many weeks of advanced planning and preparation precede the big event—the District FHA Rally. Future Homemakers and advisers in eight areas of the state simultaneously exercise their imagination and ingenuity in planning a Rally Program which will help interpret some of the goals and purposes of the homemaking program. Plans are made and then action must follow. Responsibilities must be delegated. Many members and advisers will be included in the final preparations. It matters little whether or not you live in the extreme west, the piedmont

Interpreting Our Goals and DISTRICT

provement and enrichment of family living is invaluable. An added value is the growth of the individual participant in developing certain of her inherent abilities—such as leadership, skills, art of working and

Before the date of the Rally in District IV, local newspapers and radio stations in the area announced the coming event with a preview of the program. This editorial appeared in *The Sanford Herald*:



Dressed as fairies, Ann Cobb and Rose Stephens hung stars on the FHA letters in the background as Freda Britt called the roll by counties at District I Rally. The stars were of white paper edged in silver glitter, each star bearing the name of a county.

area, or the coastal area, you have an opportunity to participate in the district program. This is true because the North Carolina Association is organized into eight districts—your chapter is in one of these districts.

The experiences in planning and preparing a Rally Program which has as the overall purpose, the im-

socializing with other youth and with adults.

If a member has no active part in planning and preparing for the program, she can still be a very active participant by observing and formulating ideas which she may carry to her chapter for planning activities to strengthen her chapter and its members.

A Welcome to FHA

Central High School, Sanford and Lee County are pleased to play host Saturday for the meeting of District IV of the State Future Homemakers Association. Some 800 to 900 students from 12 counties will attend.

We hope their visit here will be instructive and fun, too. Somehow,

Purposes Through

RALLIES

the name of their group intrigues us. We are glad to note the growth of interest in homemaking arts among high-school age girls.

No one needs to be reminded that homemaking is one of the world's most important jobs. But too long the calling went without public recognition or scientific study. Future Homemakers and their advisers, drawn from the ranks of home economics teachers, apparently are starting early to change all this. May their tribe increase!

FHA members in **District V** were very pleased to have present as their guests: Miss Vergie Lee Stringer, Assistant Supervisor of Homemaking Education, who brought greetings from Woman's College; Dr. Naomi Albanese, Dean of Home Economics at Woman's College;

Mrs. Rebecca Smith and Miss Louise Lowe, instructors at Woman's College; Miss Mary Floyce Price, graduate assistant and 10 student teachers from Woman's College Home Economics Department. Conrad Powell, Ruffin FFA Chapter president, brought greetings on behalf of the Ruffin FFA'ers.

Since Sammie Gatlin was elected to the office of vice-president of the State Association during the Rally, she, with her adviser, Mrs. Edith Morgan, has attended two District Rallies held in other parts of the state. This could probably be termed "pre-service training" for assuming her responsibilities as vice-president 1959-60 and as president 1960-61.

Program features at the **District VI** Rally included: Speaker, Rev.

Jerry Faulkner, the Christian Education Director of Central Methodist Church, who gave a very wonderful talk on the topic, "Teens With a Purpose." He helped all to realize that our purpose in life is to, "Be what you are—but be the best you can be."

Relaxers: Miss Charlene Rotha, physical education teacher of the Albemarle Junior High School, led the group in some very entertaining relaxers.

Skit: "Ins and Outs," by East Mecklenburg Chapter, followed by a panel discussion of the skit by the Wadesboro Chapter.

Entertainment: Tap dance, Lynn Abernathy, Badin Chapter; Pantomime, Frances Hussey, Nancy Efird, and Ann Mercer, Endy Chapter.

Illustrating and Telling the Story of the National Meeting: Nancy Edwards.

At the **District VIII** Rally a panel of future homemakers interviewed home economists on purposes of the organization helping members to understand opportunities open to them in the field of home economics and the value of continuing their

Continued on inside back cover

District VIII Rally—Left to right: Mary Gale Haynes, North Buncombe Chapter, Song Leader of North Carolina Association of Future Homemakers; Nancy Edwards, Vice-President, Wingate; Mrs. Patsy C. Bowers, Glen Alpine, District Adviser; Sheryl Allison, President Lee Edwards Chapter and Buncombe County FHA organization.



Home Economics

The skit here is entitled: *A Trip to the Moon on the Trans-Planetary Air Way*. The idea on "Careers in Home Economics" came from a past issue of *Teen Times Magazine*. Some of the script is original and written to fit in with the rally theme, "Family Living in the Sputnik Age."

The program was presented at District III Rally under the direction of Mrs. H. L. Burleson of the Barnesville Chapter.

A Trip to the Moon on the Trans-Planetary Air Way

Stage is arranged to represent an air terminal. A desk in center, small chair, and mike on a table. Name of airline displayed. Down stage R is also a small table, chair and mike for narrator. Rows of seats are near center, but on either side for passengers.

When curtain is drawn girl at center desk is busy arranging papers, etc. Narrator is taking her place at other table, some of the passengers are already seated, others are seen coming in glancing here and there.

CHARACTERS:

Bell Attractive Clothes: Dressed in neat travel outfit, with accessories, carries pattern book or some sewing equipment.

Teresa Textiles: Wears a lab coat or coat, carries beaker, flask, etc.

Betta Nutrition: Wears white uniform, carries nutrition books, charts, etc.

Florence Food Service: Dressed in white suit, carries tray or large pot.

Tillie Toiler Teacher: Dressed as school teacher, has folder, test papers, roll book, etc.

Judy Journalism: Shoulder bag, camera, glasses, wears attractive suit.

Ima Interior Decorator: Wears dark skirt, attractive smock, carries blueprint, maybe piece of drape material over arm, etc.

Bride and Groom: Dressed as they were for the wedding, followed by two couples in wedding party, also father, mother, and small sister of the bride.

Moon Man: Use your imagination as to how he should be dressed.

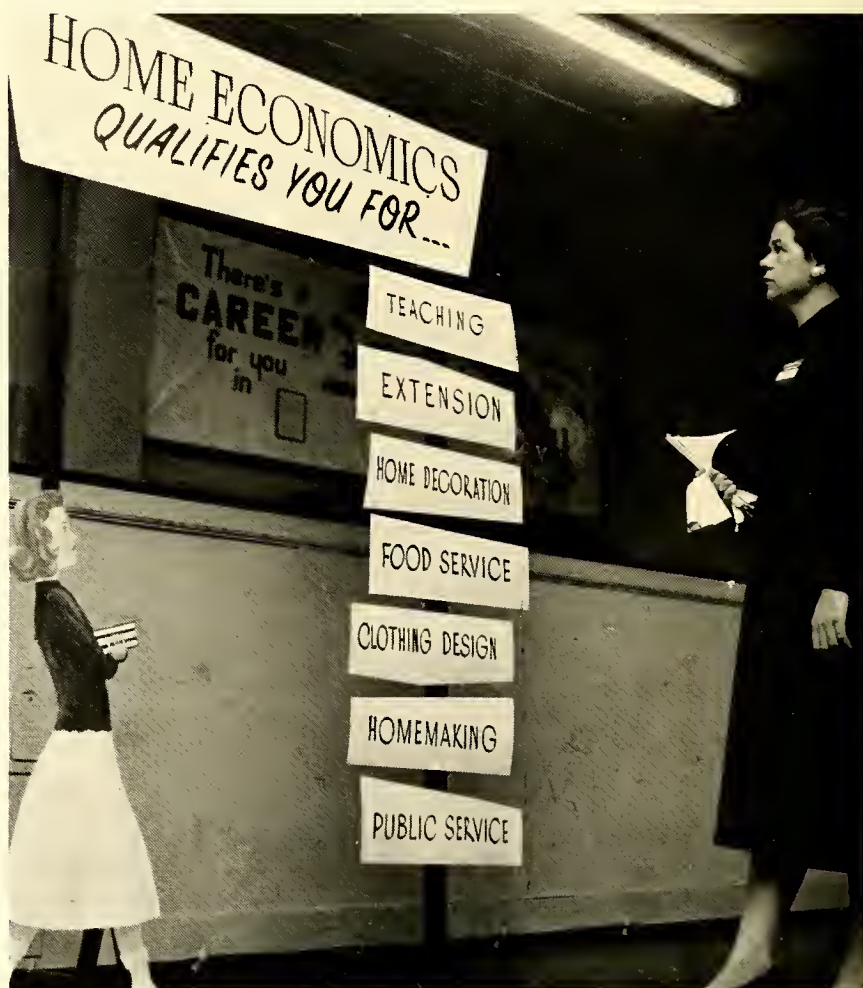
SKIT:

T.A.: Trans-Planetary Air Way
Announcing:

T.A.: Attention please—calling flight of Trans-Planetary Air Ways now loading at gate Careers for Mt.

Success recently established on the Moon with landing at Lake Ability on Mars, Port Energy on Venus, Skill Junction on Jupiter, Pleasant Valley on Pluto and Happy Isle on Saturn. Since this flight "Future Unlimited" is the first to leave the earth carrying only passengers trained in Homemaking, and only those who have volunteered their services as an outcome of Mr. Moon Man coming down to earth in search of co-workers to aid him in establishing more permanent residence on the moon, credentials will have to

This was one of the exhibits at the State Counselors' Conference at Davidson College October 31 and November 1, 1958. Looking at the exhibit is Julia Bynum Barrett, Girls' Counselor at the Josephus Daniels Junior High School.



be presented and checked. Passengers making the flight have not been able to contact Mr. Moon Man directly, but as stated before are going on this flight as a result of his request for volunteers, however, they do hope to meet him on the trip.

Nar: May I remind you that this isn't an ordinary flight, these passengers won't be wearing togs of travel, but clothes from the wardrobe of "Careers in Home Economics," Careers designed to improve home and family living. Each passenger will please report to the Inter-Planetary desk when called. T.A.: Miss Bell Attractive Clothes. She's decided on a career in clothing. (Clothing gets up—goes to desk and presents credentials, then steps back of T.A.)

Nar: Clothes and fashion could catch her. She may start as a saleswoman in a store, advance to stock or even buyer. She may produce fashion shows or plan advertising lay outs, become a personal shopper, promote educational fashion programs, demonstrate patterns or specific products in the garment field. Oh, any number of things may come her way. (Clothes leaves.)

T.A.: Miss Nutrition—calling Miss Betta Nutrition. (Nutrition gets up—opens bag looking for credentials—goes to desk presenting them, then moves back.)

Nar: Well, you might find her in a hospital kitchen as a dietitian or with a health department of a city, county or state. Maybe you'll find her in the consultation room of a large institution planning diets for patients, with a community health agency, or it could be she would do research for Du Pont or some other company in a large laboratory—with a typewriter near by so she might write articles for others to read, or perhaps you may find her demonstrating for a public service company on how to use the latest gas or electric stove, or other equipment.

T.A.: Again calling passengers for the "Super-Sonic Flight Future Unlimited." Miss Tillie Toiler Teacher. (Teacher who has been chatting with some of her students gets up, fumbles for her possessions, hesitantly leaves the students and goes up to the desk to present her credentials.)

Nar: That's easy—a teacher of course. Look at that smile and those adoring students. They were students from the school where she taught this past year, they were most

eager to see her off since she has promised to get them a "Moon Boy Friend." (Teacher and students stand to back.)

Nar: But such wonderful surprising things, and such satisfaction at the close of the day. This girl has chosen a career that will offer many, many opportunities for service. The vocational Homemaking teacher has the opportunity to become a leader in working with families in her community. She would also sponsor a chapter of the Future Homemakers of America, and this would make FHA inter-planetary, just think what fun that would be. (Leaves.)

T.A.: Miss Ima Interior Decorator. (She is absorbed in looking through a magazine and doesn't seem to hear.) I repeat—Miss Interior Decorator, Miss Ima Interior Decorator. (Gathers up her belongings and starts to desk.)

Nar: From cave man to moon man the establishment of a home is common. To add beauty, convenience and comfort is the task of this girl. (Here she presents her credentials.) This girl works in the

fascinating realm of color, structure, and design and may be employed by firms of interior decoration, large department stores, as consultant or serve as home furnishings editor of a magazine.

T.A.: Miss Food Service—Miss Florence Food Service, your flight is scheduled to leave in five minutes. (Florence gathers up her things and goes up to the desk—then moves back.)

Nar: This passenger has chosen public food service for her career. You have just seen the manager of a future tea room, cafeteria or restaurant. She knows public eating places use about one third of all the food eaten in the U. S. A. She likes to work with food and has chosen public food service for her career. She has her college degree. Who knows she may be employed by the department of food service for an air line company, or she may arrange, describe, and photograph those delicious foods we see in color magazines. If she does return from the flight to the Moon, we would all like to be the official taster of

West Edgcombe Fair Exhibit

The Future Homemakers of America of West Edgcombe made an exhibit to be shown at the county fair. The theme was Civil Defense and it was entitled, "We Are Ready, Are You?" Civil Defense is one of our national projects. The booth was arranged with a wood stove, kerosene can, shelves of food,

games, a bed, lamp, shovel, frying pan and other cooking and eating equipment, cans for disposal of waste, purified water, first aid supplies, and all other minor articles necessary for a family to stay alive during any type of disaster. The girls were awarded a first prize blue ribbon.



those delicious planetary foods she would bring back with her. (Leaves.)

T.A.: Miss Teresa Textiles—please report to the desk, Miss Textiles. (She is looking around and then makes her way to the desk.)

Nar: Chemistry and physics were majors in her training so she may do textile research—and they are needed, since man is producing more and more fabrics each year. Surely in this marvelous age of science no career in Homemaking has a more promising future. (She leaves.)

Judy Journalism comes rushing in, hands full, bag on shoulder, also a camera, she seems to be all excited.

T.A.: Still calling passengers for the Super-Sonic Flight "Future Unlimited." (Upon seeing Judy, her expression changes.) She says: No, she isn't late, she always travels that way. She's making a deadline for the newspaper, radio or TV. This is really a glamour girl. But it takes hours and hours of trials, rehearsals, retakes, and rewrites.

Nar: Journalism is home economics public relations, advertising, broadcasting and televising. This girl has to move fast. In fact she must be prepared to do at least three things at the same time, use her hands, her voice, and her mind. She is a dramatic artist, a food expert, and a walking encyclopedia on questions concerning home and home equipment. For a home economics major in connection with speech and journalism courses it is a marvelous career. The future is bright for the girl with that special talent. (Leaves.)

Nar: Let's not forget that many other interesting opportunities for employment are open to the trained home economists in all areas of livings as home demonstration agents, family life specialists, child development, family counselors, health educators, and housing consultants; but this first flight to the moon could not carry them all.

Plan of Work for Achieving Goal IX of the State Homemaker Degree

By Elaine Shepherd
North Buncombe High School

Standard IX

Help others in the community to understand the goals of a broad homemaking education program.

Goal I

To prepare displays on FHA purposes and Civil Defense.

- a. Hall case
- b. Gather materials

Goal II

By preparing devotions emphasizing the importance of the home.

- a. Devotion given to entire student body daily, sponsored by FHA.
- b. Study booklets and pamphlets for devotions.

Goal III

To show the participation of Home Economics and FHA in school and community activities by writing an article for school annual.

- a. Page to be devoted to Home Economics and FHA first time this year.

Goal IV

To encourage individuals to take Home Economics.

- a. Talk to eight grade students
- b. Talk to girls in high school who have failed to take at least one year of Home Economics.

Chapter Chatter

One of the most important projects of the **Newport Chapter** this semester is the **FHA Doll**. Rose Simmons, chapter reporter, states: "We wouldn't be surprised if our **FHA Doll** isn't the best dressed girl in town. The **FHA** girls have made many outfits for her. We plan to sell chances on her and plan to have the drawing before Christmas." Proceeds will be used for projects and activities which will help to strengthen the chapter and its members.

Many of the **Newport** members are interested in earning degrees of achievement this year.

The **Mayodan Chapter** was host to the **Rockingham County FHA Rally** in October. "Do's and Don'ts on Dating" was the topic of the panel discussion—a feature of the program at the rally. Panel members were: Principal of **Mayodan High School**, Mr. J. C. Atkinson; mother, Mrs. Jim Tom Williams; President of Student Council, Ronnie McGhin. Bonnie Williams, Vice-President of the **Rockingham County Federation**, was moderator.

Following the entertainment, which included a skit, "Hubba Hubba," by the **Mayodan Chapter**, an invitation was extended to all to visit the **Home Economics Department** and to go to the cafeteria for a reception and dance.

The **Bethel Chapter** has an enrollment of 88 this year. Already the chapter members have earned over \$150 for send-

Mrs. David Beveridge's third year home economics class, **Beaufort High School**, is shown using local materials in making dried arrangements. The materials used were nuts, leaves, berries, pine cones, seed, seed pods, sea oats, driftwood, burrs, and flowers. Shown in the picture, foreground, are Nancy Pittman, Helen Mason, and Sara Roarty. Standing, left to right, are Marsha Hill, Norma Jean Gainer, Dorothy Ransom, Monya Eubanks, Virginia Arthur, Paula Hill, Barbara Fulcher, Mary Sue Moore, Roberta Willis, Billie Jean Skarren, Diane Garner, Glenda Harris, Joyce Sewell, and Becky Adams.



ing a delegate to the National Convention in Chicago. \$75 was made on exhibits at two fairs—Cabarrus County Fair and the Southern States Fair in Charlotte. An FHA float in the Christmas parade is a project for December.

The **Star Chapter** reports on their initiation. Our initiation scheme was interesting this year. We used the different stages of a girl—beginning with the baby and ending with grandmother. We climaxed the day by crowning an "Initiation Queen." We collected 3,747 pennies that day, a nice addition to the treasury. We made pictures and it will appear in our local paper.

The **Beaufort Chapter** hopes to boost the attendance of PTA for their school this year. Parents during the past years have said, "We can't go to PTA because we can't find a baby sitter."

This is no longer an excuse because the FHA is prepared to take care of the children of all ages.

The FHA girls entertain the children with stories and pictures from the school library, recreational games, toys, and records.

Many parents will appreciate and use this added service. It will give them the opportunity to watch and listen to their older children who may take part in the program.

The Carteret County newspaper described the FHA float as one of the most impressive units in the homecoming parade.

The **New Hope Chapter** won first place in the Exhibit Division at the annual Wayne County Agriculture Fair held this year near Goldsboro. The exhibit was centered around "Qualifications and Qualities of Good Homemaking."

Second place was won by Seven Springs and Mount Olive. Third place was won by Rosewood and Pikeville. Fourth place, Grantham; and fifth place by Eureka.

"Family Relations" was the theme used for the exhibit of **Richlands Chapter** at the Onslow County Fair. A cartwheel was used. On the hub was printed "Affection," signifying that the hub of family life is affection. On each of the spokes of the wheel were certain traits that should radiate from the hub. One member received three blue ribbons, three red ribbons, and six white ribbons on the products she exhibited at the fair.

Future Homemakers in Person County had a part in planning for and helping prepare the Person County "Challenge" exhibit at the State Fair.

The Person County exhibit was sponsored by the County Agricultural Workers Council with Tom Hobgood, assistant county agent, as chairman. The entry was entitled, "Finer Spiritual Values—The Power for Putting Your Community Into Orbit." There were three cutaway sections: (1) "Communion With God," illustrated with a church scene. (2) "Learning To Serve," illustrated with a school scene, and (3) "Working Together," illustrated with a farm and home scene. Scale models were used in each section.

This exhibit portraying better farming and better rural family living won the first place cash award—\$650.

DISTRICT RALLIES

Continued from page five

education. Panelists included: Jean Cordell, Valley Springs Chapter; Miss Peggy Rice, homemaking teacher at Leicester High School; Shyrl Allison, Lee Edwards Chapter; Nancy Edwards, Wingate Chapter, vice-president of N. C. Association of FHA; and Rhoda Blanton of Shelby Chapter. Guests interviewed were Mrs. Helen Curry, homemaking teacher, Morganton High School; Mrs. Walter Yow, homemaker, Asheville; Miss Lauretta Head, dietitian at Oteen Veterans Hospital, Asheville, and mystery guest, Mrs. Elizabeth Sparks, home economics editor of *Winston-Salem Journal and Sentinel*, Winston-Salem. Mrs. Sparks is widely known as a newspaper food columnist. She told the Future Homemakers that the dual responsibility of being a homemaker, wife and mother and a home economist in business can be exceedingly satisfying, but requires good management of time and resources.

Devotional by Beaufort Chapter at **District II Rally**, New Bern.
Scripture—Psalm 27: Kay Temple

Poem—Life

Life is a gift to be used every day,
Not to be smothered and hidden away;

It isn't a thing to be stored in a chest

Where you gather your keepsakes
And treasure your best;

It isn't a joy to be sipped now and then,

And promptly put back in a dark place again.

Life is a gift that the humblest boast of,

And one that the humblest may well make the most of;

Get out and use it as much as you may;

Wear it, and use it as much as you may.

Don't keep it in niches and corners and grooves—

You'll find that in service its beauty improves.

Prayer: Ruth Treschan (A German refugee who has been in U.S.A. 3 years.)

O Lord Jesus, who has told us
in Thy Holy Word that Thou

love us, and gave Thy Life for us, keep us in that love, and help us more and more to read, love and understand Thy work, that we may learn of Thee and of Thy Holy Spirit of Thy Father in heaven. Amen.

Song: Soloist—Bobbi West; Accompanist, Judy Gillikin

Oh, Lord in my heart I have something to tell,

So I'll start from the first

When on my knees I fell;

I asked for mercy and that you supplied,

Now my sins are forgiven,

I have *nothing* to hide.

Just want to tell you I'm thankful
for all that you've done,

For the stars and the moonlight
and the setting sun;

When my work here is through,
I'm coming home to be with you,

Just want to tell you I'm thankful,
that's all.

When I feel discouraged, You're there to see me through;

Of all the friends I've known
there's no one like You,

All my needs you supply,

Oh, it makes me want to cry,

Just want to tell You, I'm thankful,
that's all.

IMPORTANT DATES

The State Convention—Raleigh Memorial Auditorium, Raleigh, North Carolina, April 4, 1959. You will receive information about the program early in 1959.

National FHA Week—Follows the Convention—April 5-11, 1959.

The National Convention—Conrad Hilton Hotel, Chicago, Illinois, July 13-17, 1959. Many have expressed interest in sending a delegate. At this time there is not sufficient information to send the application forms which should be ready early in the year. In the meantime *it will help if the chapter adviser will send a note to the state office indicating plans to send a delegate.* Even if this has already been done orally or by letter it would be wise to do so now. This will give some idea for planning the trip.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



Caroline says:

Christmas—More Meaningful When Family Members
Share in:

Worship

Christmas caroling
Attending special church services and programs
Reading passages in the Bible about the birth of
Christ
Listening to and telling Christmas stories

Planning

The dinner menu
Tasks to be performed
The guest list
Gifts
Decorations

The Final Preparation

Carrying through the plans above.



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVI

MARCH 1959

NUMBER 3

OUR COVER

One of the most breathtaking of North Carolina's natural beauties is Hickory Nut Falls. Plunging 400 feet over granite cliffs high in the Appalachian Mountains, the waterfall provides sightseers with a truly awesome spectacle.

Thousands of motorists yearly travel U.S. 74 to Chimney Rock Park near Asheville, N. C., where Hickory Nut Falls is located. Visitors to the Park see the remarkable Chimney Rock itself as well as many other unusual rock formations.

The hike to Hickory Nut Falls may be made along the Cliff Trail. Before reaching the Falls itself, one comes upon Inspiration Point where a gorgeous panorama of beauty spreads out below. Hickory Nut Falls is to the west, the emerald waters of Lake Lure to the east and

Hickory Nut Gorge and the Rocky Broad River below awe the viewer.

The alternate trail to the Falls — Skyline Trail — passes the Opera Box, a lovely sheltered spot to view the mountains rolling away in the distance. Further along the trail, the majestic Satan's Head perches on the cliffside surveying the scene below. The highest point on the trail, Exclamation Point, provides a gorgeous view of a 75-mile vista.

At the end of the trail the hiker reaches Hickory Nut Falls itself. A charming mountain stream ambles to the cliff edge and drops suddenly a distance of 400 feet into the valley below. This whimsical surprise of nature provides a breathtaking view to the sightseer. The sheer beauty of crystal waters cascading down the steep cliff wall is a sight not soon to be forgotten.

The great cliffs are formed of a kind of stone formed only at depths of a mile or more within the earth. As a result, there has been no perceptible erosion of the rock over which the water falls in centuries. Geologists are unable to explain this remarkable phenomenon.

Amazingly, the pool at the base of the falls contains trout, hardy

fish which swim upstream, climbing 1,100 feet in less than one-half mile. Trout also live in the stream above the falls.

The stream that forms Hickory Nut Falls once served a useful purpose by supplying power for a grist mill for a community of more than 30 families who lived at the top of the mountain at the turn of the century. They dammed up the stream and created a pond to supply their power needs, but the flood of 1916 swept all traces of their mill away.

An interesting sidelight on the Falls is told by Norman Greig, President of Chimney Rock Park. Many years ago, about 1885, neighborhood boys wanted to know how high the waterfall was. A gourd and a long string were dropped to the bottom. At a shotgun signal from the boys at the bottom, the string was cut at the top, and was carried home to be measured.

The huge stone pylons at the entrance to Chimney Rock Park are an invitation to travelers, with an hour or a day to spend, to see the many natural wonders of the Park, including the inspiringly beautiful Hickory Nut Falls.

North Carolina Association of Future Homemakers of America

State Officers

1958-59

President—Becky Nifong, North Davidson VII
Vice-President—Nancy Edwards, Wingate VI
Secretary—Cynthia Leonard, Ramseur V
Treasurer—Sybil Beasley, Coats IV
Reporter—Jo Anne Matthews, Central-Fayetteville III
Parliamentarian—Joyce Harper, B. F. Grady II
Historian—Betsy Benthall, Woodland-Olney I
Song Leader—Mary Gale Haynes, North Buncombe VIII

District Advisers

1958-59

Mrs. Theresa Brown, West Edgecombe I
Margaret Carol Banks, Southwood II
Mrs. Ada Melvin, Bladenboro III
Mrs. Dorothy Hales, Boone Trail IV
Mrs. Edith P. Morgan, Franklinville V
Mrs. Helen Thompson, Endy VI
Mildred Beamer, West Yadkin VII
Mrs. Patsy C. Bowers, Glen Alpine VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

Over 24,000 copies of the North Carolina Future Homemakers magazines are delivered to the Home Economics office in the Education Building where they are processed for mailing. They arrive at the office in individual packages of 400 copies. This picture shows two of the secretaries, the state adviser, and the messenger clerk preparing to get the packages in the mail.



OUR MAGAZINE SPEAKS!

You didn't know what I went through before I reached you, did you?

First, I waited for news from you, and some pictures, too, which would tell the story of what you are doing. Then I was all mixed up trying to decide where your news and picture best fitted in my pages and columns — And, those captions aren't easy either! I want you to read me and I may just make it too dull or I may make it sound like some of our advertisements — too far-fetched to be interesting or practical.

Space is to be considered, too, and I'm only 12 pages including the covers.

Now I ponder! What *do* you want to read? I would like for all 24,083 of you to be interested in what I am saying and in addition I would like to help you in some way to strengthen your chapter programs and to help you do things as an individual to develop in some constructive way. But I need your help, *too*, if you are to get the kind of articles, stories, and pictures you

want. After all you make the news, and you have the story to tell. You tell your story in writing and pictures, and from there on — well, this is what happens to me:

I am placed in a typewriter and: the secretary to the State Adviser of the North Carolina Association of Future Homemakers begins pounding on me. Before that, of course, I'm edited and your story may sound slightly or a great deal differently from the way you told it, but it is usually told in one way or the other.

After my layouts have been made, and my cuts ordered from the engraver, my typewritten copy is turned over to the printers. The foreman at the print shop marks each piece for the size and kind of type, and the width it is to be. Then I am turned over to the linotype machine.

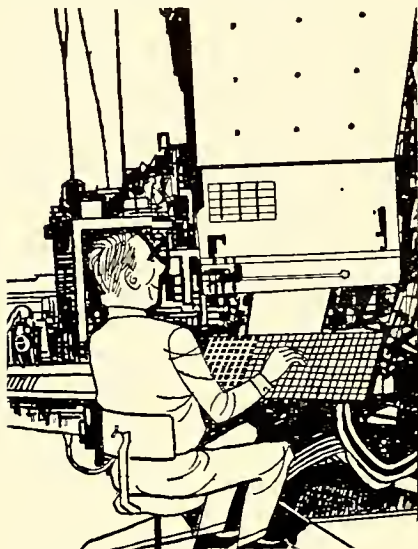
The linotype is a complicated machine having a keyboard which looks somewhat similar to a typewriter. The linotype operator types me out on the keyboard and I come from the machine in lines, each one

a solid piece, which is cast from molten metal. When I am in type, I am then put on a galley, which is a metal tray about 22 inches long. My face is then covered with ink by a roller, and a sheet of paper put over my face. I am run through a proof press, and the piece of paper then carries a perfect impression of my face. This is a proof. My proof is turned over to the proofreader and I am read carefully to see that all my words are spelled correctly. Then back to the linotype and any errors are corrected.

My editor then takes the corrected proof sheets and pastes up a dummy, fitting in my reading matter with proofs of my cuts, which have by this time been returned from the engraver. If she has figured right, everything is fine. But if she has overestimated, and there is more type than my pages can hold, she must decide what to leave out. If there isn't enough, she must write some more.

Now that I am in dummy form (no wisecracks, now, about me

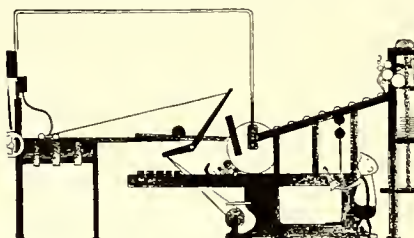
being a dummy) — I go back to the printer, and the foreman gives me to one of his men, who is called a compositor. This man takes my



"The linotype operator . . . types . . ."

type and cuts, and puts me together according to the way my editor has pasted me up. I am inked again and another proof made of each page. I am beginning to look like a magazine at this stage. Now to the proofreader where I am checked again, and then to my editor for her final check.

Back I go to the printer! Final corrections are made, and then I go to the lock-up man. He takes my four cover pages, and separates my red from my black, and puts the part that prints in black in a steel frame, which is called a "chase." My parts that print in red are put in another chase. Then my inside eight pages are put in still



"I go to the printing press . . ."

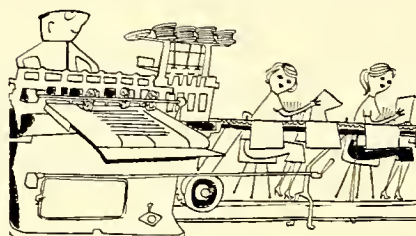
another chase. Each one of these chases is called a "form," and each form is a separate printing operation.

Now I go to the printing press. My forms are locked on the "bed" of the press, the press is loaded with paper, the ink fountains are filled, and the pressman presses a switch. Rollers run over my face, spreading

ink smoothly. A huge steel cylinder picks up a single sheet of paper, and presses it firmly against my inked face. I come out the end of the press a printed sheet. My cover must go through the press twice, once for the black and once for the red. When I get through with the presses, I am two large flat sheets, printed on both sides. The smaller of the two sheets is my cover, two pages on each side of the sheet. The other sheet is my inside eight pages, four pages on each side.

Now on to the folding machines! My sheets are fed through these complicated machines and they come out folded, with each page where it should be.

Then I am fed to the gang stitcher. This is a long machine with an endless belt. By hand, my two forms are put on this belt, my inside first, and farther on down the belt, my cover. This machine then puts the cover over my inside and puts two wire staples in my back-



"... fed to the gang stitcher"

bone. Now I am really getting somewhere! I am all together with all my pages in right order, but my sides are all rough, and some of my pages won't open.

I am now taken to the cutting machine, which is a huge power driven knife, razor sharp. My top, bottom and outside edge is trimmed smooth.

At last I am done! I am now loaded on a truck, and carried to my editor who, together with her staff, puts your name and address on me and today you found me in your mailbox.

A cookbook, "Favorite Recipes of Alabama Vocational Home Economics Teachers," has been published as a money making project for FHA Chapters in Alabama. The cost of the book is \$1.00. Copies may be ordered from Miss Ruth Stovall, State Supervisor, Home Economics Education, State Department of Education, Montgomery 4, Alabama.

Community Development Program

Dianne Dibrell, a former Future Homemaker from Mills River Chapter in Henderson County and who is now a student at Woman's College in Greensboro, explained some of the specific values of the community development program at a meeting of the Asheville Agricultural Development Council.

"The biggest problem that concerns youth today is the feeling of not being wanted.

And Community development has backed up its youth by giving us a chance to sit on councils organized in individual communities. They give us a chance to speak our ideas and to carry though on all of them. They have inspired an interest in youth and because of this interest, we have set our goals higher."

Miss Dibrell described the type of things young people are doing and can do in community programs and ended with this plea: "Train us—guide us—believe in us."

After taking a course on Family Relations in Mrs. Julia Slate's Home Economics class, I was inspired to write the poem, "Cleaning Up Her Room." The poem is typical of me as well as any other teenage girl on a Saturday morning.

CLEANING UP HER ROOM

She throws a pile of sweaters
Hurriedly on a chair;
Discards a bunch of stockings
She thinks beyond repair;
Takes down two pretty pictures
Too childish for her taste
Picks up some candid snapshots
And tears them up in haste.
She moves the bed and dresser,
Observes them with a moan,
Flops in the nearest armchair
And then decides to phone.
She talks about the movies
And then about her dates;
She switches conversation
From chemise to dirty plates.
She ignores her task of dusting,
Forsakes the mop and broom.
But following mother's order
She's "cleaning up her room."

ANN SCRUGGS
North Rowan Chapter

AFTER GRADUATION FROM HIGH SCHOOL—WHAT?

Yesterday: Officers of Our State Association
Today: College Students

What happens to each of you after you receive that high school diploma is a concern of many. Parents, teachers, and friends keep a watchful eye on your progress.

Each Future Homemaker will be interested in hearing a progress report on our state officers of the two past years.

OFFICERS—1956-57	STATUS—1958-59
President—Jeannette Worthington.....	Meredith College, Raleigh
Vice-President—Becky Hayes.....	Converse College, Spartanburg, S. C.
Secretary—Clyde Templeton.....	Wake Forest College, Wake Forest
Treasurer—Penny Niven.....	Woman's College, Greensboro
Reporter—Doris Teague.....	Greensboro College, Greensboro
Parliamentarian—Margaret Rand.....	Woman's College, Greensboro
Historian—Helen Lewis.....	Greensboro College, Greensboro
Song Leader—Jenny Lou Taylor.....	Meredith College, Raleigh

Noteworthy: At Greensboro College, Helen Lewis and Doris Teague room together. At Meredith College, Jenny Lou Taylor and Jeannette Worthington room together.

OFFICERS—1957-58	STATUS—1958-59
President—Becky Hayes.....	Converse College, Spartanburg, S. C.
Vice-President—Becky Nifong.....	Serving as 1958-59 president—Senior in High School
Secretary—Barbara Ellis.....	Woman's College, Greensboro
Treasurer—Patsy Hunt.....	Stratford College, Danville, Va.
Reporter—Jane Eagles.....	Meredith College, Raleigh
Parliamentarian—Betty Jo Lowdermilk.....	
Historian—Jane Barrow.....	Mt. Olive Jr. College, Mt. Olive
Song Leader—Jean Jackson.....	Completed a Business Course

Nancy Rosenthal, National FHA Secretary 1956-57, is now a student at Cornell University, Ithaca, N. Y.

In a Christmas message, Nancy had this to say:

"I love Cornell but the work continues to get harder, and the weather continues to get colder. The catalogue didn't mention this. What do I do now?"

According to Jenny Lou Taylor and Jeannette Worthington — "College activities helps one to 'live a more useful and satisfying life' and prepares one to 'face the future with warm courage and high hope'."

A diary prepared by Jenny and Jeannette will give you a greater insight into "college life," and help to prepare you if you plan to continue your education and plan to live on a college campus.

May 1, 1957 — The rainy, cold

weather did not dampen our spirits as we came to Meredith for our first week-end visit and the May Day activities. We, Jeannette and Jenny, were surprised to see each other at the registration desk. After a memorable week-end, we anticipated rooming together in the fall.

September 11, 1957 — Today we moved into our dormitory room. Each of us had more boxes and clothes than we realized we possessed. This was the day our counselor and "big sister" helped us to feel at home in our "new home away from home."

September 12, 1957 — This is our first morning at Meredith and as we walk down the stairs on our way to the auditorium, we see a familiar face. It is Ann Rowe, who attended the National FHA Convention in Chicago with us. During the week we met many other girls who were FHA'ers.

September 16, 1957 — Church activities are important to us in our lives here at school. This first Sunday we were welcomed and although a little homesick, took our places among the college students to worship.

September 20, 1957 — FHA prepares girls for leadership and this fact was proved when Jenny Lou was elected to serve our Freshman Class as president. History repeated itself in 1958 when Jane Eagles, another former state officer was chosen to lead her class here.

October 6-11, 1957 — Dear to

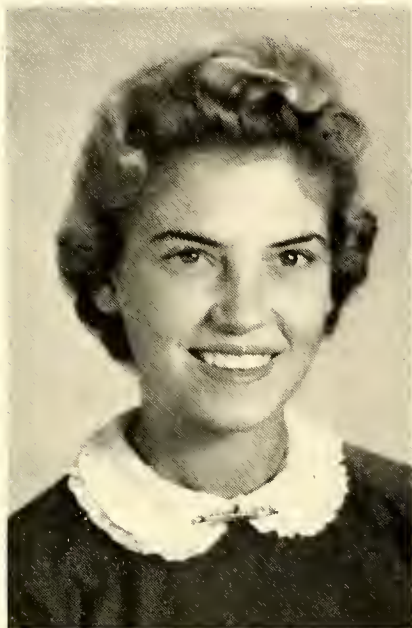
(Continued on page eight)



Left to right: Jenny Lou Taylor, State Song Leader 1956-57; Jane Eagles, State Reporter 1957-59; Jeannette Worthington, State President 1956-57, relaxing in a dormitory room after quiet hour and study.

BECKY NIFONG
State President

Your state president is 18-year-old Becky Nifong. She is the daughter of Mr. and Mrs. L. R. Nifong and has one sister, Phyllis. Her activities have been numerous and varied during her high school years. In keeping with this Becky was recently voted "Most Versatile" by



BECKY NIFONG

the members of her class. Her activities include being a member of the 4-H Club for five years. Becky has held the office of president three years and secretary one. Many awards have come her way while in the 4-H Club.

Five foot Becky laughs as she tells of her experiences during the two years she was a member of the Girls' Basketball Team. Her comment was, "I warmed the bench most of the time."

Since the North Davidson Band was organized three years ago, Becky has enjoyed sharing her musical talents by playing the clarinet for two years and playing the bells one year. Other musical talents include singing with the Golden Melody Girls' Quartet for four years and during that time they have won nine trophies and several cash prizes.

Becky has been on the majorette squad for three years, served as vice-president of her freshman class, a member of Future Teachers Club for one year, a reporter for the school newspaper staff as a

senior, school winner of "I Speak for Democracy" Contest and placed second in county.

Blonde, blue-eyed Becky has won several titles during her high school years. She has been crowned Miss Erlanger, Miss Industry, School Christmas Queen, and was a member of the school's Valentine Court.

Of course Becky has taken an active part in FHA activities. This is what she has to say about it:

"Through FHA and Home Economics I learned about child care and how to understand children. Had it not been for this training, I would not be able to take the responsibility of teaching a class of 15 beginners at church.

"The State Rally is not far off. After this I will be leaving my post as President very regretfully. My work with Mrs. Coleman, the state officers and others with whom I have been closely connected in FHA marks a most meaningful period in my high school days. To you, Future Homemakers, I am most grateful.

"Soon graduation time will be here. My days of schooling will be completed, I will start my climb in the adult world to make my own living. Although my days as a Future Homemaker will be over, I shall always remember them. These experiences will serve as a guide in years to come because I will then be a *Real Homemaker*."

NANCY EDWARDS
State Vice-President

"When I attended the State Convention in 1957 little did I dream that at the next State Convention I would be installed as your State Vice-President," says Nancy Edwards.

Living in a small college town Nancy is a member of a family of five. She has an eighteen-year-old brother and a thirteen-year-old sister. Her mother teaches and her father is a poultryman.

Nancy puts FHA at the top of her interest list but also says she

Our 1958-59

Get to Know Them Better Before



NANCY EDWARDS

enjoys her many school activities. She has served as Chapter Secretary and Parliamentarian. At Wingate High School she participates in many activities. This year Nancy was elected President of the Junior Class. She is serving as Vice-President of the Band, Art Editor of the school paper, and Circulation Manager of the annual. Last year Nancy was tapped into the Beta Club and she is also a member of the Glee Club and 4-H Club. For three years she has been a cheerleader. Even though these activities keep her busy she manages to be an honor student.

Nancy states, "As I look back over my two years as a member of the Future Homemakers organization I suddenly realize it has had a special meaning for me. It has given me many experiences that are priceless. I have had opportunities to travel and make new friends. It is helping me to grow as an individual, to develop leadership and improve my personality. Through the Future Homemakers organization I have a deeper appreciation for the art of homemaking.

"I shall never forget my wonder-

ate Officers

State Convention April 4, 1959

ful experiences at the National Meeting in Kansas City, Missouri, this summer. Seeing the various phases of FHA work unfold before me I realized with a great organization ours is.

"I would also like to express to each of you a personal 'thank you' because you are the ones who made it possible for me, as one of your state officers, to attend the National Meeting."

To major in Home Economics in college is what Nancy is planning now and she is sure the skills she acquires through FHA work will be a great benefit to her in this career.

CYNTHIA LEONARD

State Secretary

Your State Secretary for 1958-1959 is Cynthia Leonard. Cynthia is sixteen years old and a junior at Ramseur High School. She is the daughter of Mr. and Mrs. W. H. Leonard of Ramseur and has one younger brother, Gerry. Family activities play a very important part in Cynthia's life.

Since her freshman year in high school Cynthia has been interested

in FHA work. She was chapter secretary last year and is now vice-president of her chapter.

Cynthia is also active in other school organizations. She is secretary of the Junior class and a member of the Beta Club, Library Club, Glee Club, French Club, Music Club, and The Order of Rainbow for Girls.

Church plays an important role in Cynthia's life. She is an active member of the choir and pianist for the Intermediate Department at Sunday School. She enjoys teaching in Bible School in the summer and is pianist for Baptist Training Union. She is community missions chairman of Girls' Auxiliary.

Work in Home Economics and FHA and writing a column of teen news for a local paper are helping Cynthia to begin making preparations for a career in Home Economics and Journalism.

Cynthia remembers her election as State Secretary as "one of the most exciting and wonderful events of my life!" Her installation at the State Convention and the trip to the National Meeting at Kansas City, Missouri, last July rank at the top of her list of memorable events.

To each of you Future Homemakers, Cynthia says, "Serving you as your State Secretary is indeed a privilege. I am looking forward to working with and meeting many of you this year."

SYBIL BEASLEY

State Treasurer

"I remember attending, as a sophomore, a District IV Rally. Inside, a little tug told me how wonderful it would be to be a state FHA officer. FHA meant so much to me that I wanted to share it with many other girls. Little did I dream that this would be nourished into a reality, but it did when I was elected State Treasurer. Holding this office has been the highlight of my life. Words could never express what I have gained. My only wish is that each of you could really share my experiences with me. Working with

the state officers has been a rare privilege. Nothing could replace our trip to the National Meeting in Kansas City, not only because of the invaluable knowledge I received, but because of the fellowship of so many wonderful girls from all over the world.

"Being a member of my local chapter has been very beneficial. I



SYBIL BEASLEY

have served as chapter parliamentarian and county historian. Working on and heading various committees has given me leadership training. Working for and earning the Junior, Chapter, and State Homemakers Degrees has helped me mature as well as added to my knowledge things about FHA and homemaking. FHA Camp at White Lake I attended one summer was an enjoyable as well as profitable experience.

"Some other of my school activities in addition to my FHA work include Beta Club, Student Council, Glee Club, Teenage Club, Future Teachers of America, school paper, Assembly Chairman, Class Reporter, Yearbook editor, Chief Marshal, class plays, and Miss Coats High of 1958. The Miss Coats High contest is sponsored by our FHA Chapter.

"I enjoy, too, my work in the Coats Baptist Church where I am a member. I am a member of the Baptist Training Union, Young Woman's Auxiliary, and the choir.



CYNTHIA LEONARD

I prepare our weekly bulletins and am pianist and assistant organist.

"After graduation from high school, I plan to major in science education at the college of my choice.

"I can never measure what FHA has meant in my life, but it has had a great deal of influence. It has helped me meet people and has given more depth, new ideas and a broader outlook to my life. As I said, serving as a state officer has been the highlight of my life because it has meant working with other FHA'ers who are indeed 'the cream of the crop.' And that means each of you. Good luck always to each of you and may God bless you."

JO ANNE MATTHEWS
State Reporter

"I was born into a tightly knitted farm family with three brothers, Bobby, A. B., and Dwight; and one sister, Mary Donna. My mother and father, Mr. and Mrs. Cecil O. Matthews, have taught each of us the meaning of sharing, the joy of companionship, and the respect and worship of God. From early childhood we have attended Clement Baptist Church together.

"For generations my ancestors have been farmers, tilling the soil. We grow numerous crops and I take an active part working in the field.

"I am a senior at Central High School, and enjoy taking a part in



JO ANNE MATTHEWS

school activities. As a freshman I earned a letter on the Varsity Basketball team, as a junior I was selected as an All-County player, and this year I am captain of the team. I am treasurer of the Monogram Club. This is my second year as secretary of the Beta Club. Being in the Junior Play and being a marshal for graduation were highlights of my Junior year. Each year I have been a class officer and this year I am President of the Senior class. I was voted "Best All-Around" by the Senior class. Driving a school bus and working on the annual staff is great fun. I have completed many 4-H projects and have won district and territorial awards in them. Since I joined 4-H I have held all offices in school and served as secretary and vice-president in the county organization. My favorite subject is typing.

"FHA has always been my favorite organization. Since joining I have attended all the State and District rallies. As a freshman I was awarded the "Best Groomed" award in the chapter. As a sophomore I received my Junior Homemaker's Degree and served as secretary of the chapter. My junior year was a busy one. I was president of the chapter, presided at the Bi-County Officers Institute, was elected and installed as State Reporter, and received my Chapter Degree. This year I am again serving as president of the Central Chapter. Recently, I was chosen as the school's "Betty Crocker Homemaker of Tomorrow."

"As for my future, I hope to attend Woman's College, U.N.C. to study home economics. With a degree in this field, I plan to enter the honorable profession of teaching, and pass the knowledge I have obtained on to others. My aspirations? To be able to give my family the same type of home life that my parents gave me.

"To you, Future Homemakers of North Carolina and especially District III, working with you as a state officer has been the most wonderful experience of my life. Nothing can compare with attending the National Convention and meeting girls from all over the world, being installed as a state officer, or presiding at the District Rally. Thanks to you for this privilege. I'm looking forward to seeing you at the State Convention in March."

JOYCE HARPER
State Parliamentarian

It was a frightened Joyce who stood in front of the sea of faces on October 4, 1958, in the New Bern High School Auditorium. Yes,



JOYCE HARPER

frightened but very happy. Happy that she had reached the goal she had set as a freshman at her first State Convention. She had hoped some day to be a state officer and preside at a District Rally. The dream had come true, and it was a wonderful experience.

Eighteen-year-old Joyce lives on a farm with her parents, her fifteen-year-old sister, Lu Jean, and her nine-year-old brother, Rodney. She and her family have always lived on the farm and together they attend Harper-Southerland Presbyterian Church where she has become a member of the choir and the Youth Group.

Joyce has attended B. F. Grady School from the first grade on. Upon entering high school she was caught in the constant flurry of events. She became a cheerleader and class reporter, but the first organization she became a member of was the Future Homemakers of America. Many opportunities were brought Joyce's way through the FHA. She had the privilege of attending the rally, the State Convention, and summer camp. Also, she earned her Junior Degree.

In her sophomore year she be-

(Continued on page eight)

PROMOTES BETTER UNDERSTANDING OF OUR ORGANIZATION

Bailey Chapter

One of the best ways to gain a better understanding of any organization is to become acquainted with its leaders or people who have been in the organization for a long time. This is exactly what the Bailey FHA'ers decided to do to help us learn more about our organization. Miss Alice Strawn, Supervisor of Student Teachers at East Carolina College and an honorary member of the FHA, visited our chapter and discussed the opportunities that we

find in home economics. Her talk, "Reach for a Star" was informative, entertaining, and most inspiring. We all became more aware of what a vast field home economics is and how we need to prepare ourselves to meet its challenge.

Another program that has proven to be a highlight of the year was our visit from Mrs. Glenda Noble Johnson, a former FHA state officer. Mrs. Johnson, now an employee of Carolina Power and Light Company, spoke to us on "FHA

and What It Means to Me." "Through my experiences in the FHA, I can now face the challenge of homemaking with faith that I shall be successful," said Mrs. Johnson. She also told the group that she now had a wide circle of friends that she became acquainted with when she was a FHA member. Mrs. Johnson concluded her talk with a beautiful individual interpretation of what our FHA creed had meant and would always mean to her.

The **Bailey Chapter** recently danced its way right into the hearts of many people who have been crippled by infantile paralysis by observing former President Franklin Roosevelt's birthday. The Bailey FHA'ers sponsored a "Sock Hop" in the school cafeteria and gave the proceeds to the March of Dimes in memory of President Roosevelt.

Granite Quarry Chapter

An important service project of the **Granite Quarry Chapter** was to have a White Christmas. Each girl brought clothes or canned food wrapped in white paper. The white gifts were boxed up and given to the Salvation Army for distribution to needy families in Rowan County. Through this project each girl was given the satisfaction of knowing that she was helping to keep the true meaning of Christmas.

As a money making project the club sponsored a bake sale. Each girl either baked a cake or a pie or helped to sell them. The money received from this project was added to the treasury and will be used for a mother-daughter banquet to be held later this year.

Another favorite project of the club is to sponsor "Twirp Week" each year during the week of Valentine's Day. The entire school participates and a lot of fun is the result of the planning of the FHA.

Beaufort Chapter

Fathers in the **Beaufort School Community** were made aware of the Future Homemakers goals and of some of the activities in the total homemaking which are carried on to meet these goals. A **Father-Daughter Covered Dish Supper** was held in the fall. In addition to presenting a well-planned interpretive program, each FHA member was responsible for bringing her father and enough food for eight people.



Standing is Ramona Tolson, new FHA President of the Charlotte and Mecklenburg Federation of the Future Homemakers of America. Seated at the left is Shelley Raymer, Secretary of the federation.

"We hope that our new county organization, Charlotte and Mecklenburg divisions, which was formed for the 1958-59 school year will help us to be more interested in FHA, homemaking, and each other. We have planned to have lots of fun together.

"For one of our projects this year we served as hostesses for the Parade of Homes. The girls played with the pony that was given away as door prize and they enjoyed doing this. The county club received \$100 for this project. One of our projects that we are looking forward to this year is the county rally, which we are in the process of planning."

1958-59 STATE OFFICERS

(Continued from page six)

came vice-president of her chapter and earned her Chapter Degree. That same year Joyce was tapped into the National Beta Club and was elected Chief - cheerleader. Through experience in Home Economics she learned to design and sew most of her clothes.

She became president of her FHA Chapter in her junior year, but the highlight of the year occurred on October 5, 1957, when she was elected State Parliamentarian. She was installed on March, 1958, and that same day she walked across the stage to receive her State Homemaker's Degree.

Joyce's other activities kept her busy, too. She became a school bus driver, a member of the Monogram Club, a Marshal, and was again elected Chief - cheerleader.

This year Joyce is a senior and vice-president of her class. She drives a school bus, is a typist on the annual staff, and is assistant Chief - cheerleader. Now, she is looking forward to the State Convention.

After graduation she hopes to win a scholarship and wants to attend Flora Macdonald College. She plans to major in business or library science.

BETSY BENTHALL State Historian

Betsy Benthall, your State Historian, is an active eighteen-year-old senior at Woodland-Olney High School. During Betsy's years in high school at Woodland-Olney she has participated in many activities and won numerous honors. Last year, as a junior, she was awarded the History Medal for the entire school and had a leading role in the graduation exercises by serving as Chief Marshal. Betsy has made outstanding contributions to the organizations which she is a member of. They are as follows: Beta Club, Glee Club, Literary Society, Annual Staff, Paper Staff, and Basketball Team.

If you mention FHA to Betsy, she will eagerly tell you of the many happy experiences she has enjoyed as State Historian. At the top of the list would be attending the National Future Homemakers Convention in Kansas City, Missouri, with the other state officers and the South



BETSY BENTHALL

Carolina delegation. Another important event was attending the Executive Council Meeting in Raleigh last summer, and of course, the District I Rally. In the Woodland-Olney Chapter, Betsy has served as a local officer of Future Homemakers and has earned her Junior and Chapter degrees.

Mr. and Mrs. R. C. Benthall of Woodland, North Carolina, are very proud of Betsy. Together they have attended the Baptist church in Woodland. Now Betsy is taking an active part as a church member. She is assistant organist for church, pianist for Training Union, assistant pianist for Sunday school, and a member of the church choir.

After graduation Betsy is planning to enter Meredith College as a Home Economics major.

MARY GALE HAYNES State Song Leader

"My name is Mary Gale Haynes. I am seventeen years old and I live at Barnardsville. My parents are Mr. and Mrs. Fred Haynes; and I have one sister, Leslie, who is nine years old. Our home is in the country so naturally I live on a farm.

"If you were to pass by our place in the summer, you would probably see me in our tobacco patch or the corn field. You might even see me riding our mule.

"I am a member of Dillingham Presbyterian Church where I am pianist and Junior Choir director.

I am also president of our Youth Fellowship.

"I am a senior at North Buncombe High School. This year I was elected president of the Senior Class, Feature Editor of our annual, and Miss High School. I am a member of the Beta, French, and 4-H clubs, and also a member of the Student Council and, of course FHA.

"About this time last year, I was getting over the excitement of being elected State Song Leader. As I recall that, it was the longest one I have ever spent in my life. Then, finally, when Becky Hayes announced the winner, I laughed, then cried. This was the happiest mo-



MARY GALE HAYNES

ment in my life, a State Officer in FHA. So many times since then, I have wondered if it were all a dream. I remember all the wonderful times I have had and then I know that it is all true.

"I have enjoyed FHA more than any other thing in my four years of high school. I feel that I have learned more about the decisions I will have to make than girls who haven't been members, especially in leadership training."

AFTER GRADUATION

(Continued from page three)

the hearts of all college students are the traditions they share with all their college's alumnae. The first of these traditions at Meredith is Rush Week. Both the Philaretian

and the Astrotekton literary societies sponsor parties and encourage you to join with them. We fell in love with Milton, the "Phi" teddy bear who is mascot. We also felt a challenge in the "Phi" motto, "Plain living and high thinking," and went "Phi" on Decision Day. Later Jeannette was elected to be the freshman society marshal.

October 18, 1957 — Later in the fall, the Athletic Association sponsored Corn Huskin' Bee. We had fun planning our costumes. Jenny was dressed as Bessie the Cow—complete with cow bell, and Jeannette was dressed as a milkmaid. And we were quite amazed to hear our biology teacher win the hog calling contest and to see our dignified English teacher dressed as Little Tommy Tinker.

March 9, 1958 — A typical Class Day — 7:45: We are standing in line in the cafeteria for breakfast when our suitemate comes in and gives us our mail. Jeannette heard from a certain East Carolinian, and Jenny heard from her parents. Granny Taylor also sent a box of food — roasted pecans, fudge, and pecan crescents. We'll eat this tonight during study hours.

8:30: First class. Jeannette goes to Latin, and Jenny has history. A former Latin teacher here told the Latin class about her recent trip to Rome. The history class had an unexpected "pop" on the assignment.

9:30: Jenny is in French class; Jeannette is in Physical Education class and taking folk dancing — and enjoying it.

10:30: Chapel. All the students assemble during the busy day to take a short time out for worship. Today one of the Raleigh ministers was the speaker. A missionary who had been in Africa 10 years was here last week, and Dr. Waldo Beech of the Duke University faculty will be here next week.

The College Chorus also sang an anthem this morning. They really have a way with music. We are eagerly anticipating their Spring Concert.

11:00: Back to class. This period we have chemistry class together.

12:00: Lunch. We sat with Jackie Young of Beaufort, who also went to the National Convention with us.

2:00-5:00: This is the afternoon we learned the principles of pressure canning and canned corn and soup in our home economics foods

course. We were also reminded that Mr. Austin Baer from the new School of Product Design at N. C. State would be the speaker at our next Home Economics Club meeting. That sounds interesting.

6:00: Family style dinner. After a busy day of classes, it is relaxing to sit down with your friends at mealtime. Tonight the group sang "Congratulations" to several of the girls who had been tapped into the Silver Shield, an honorary leadership society here on campus.

7:00 - 10:00: Study Hours — need I say more?

10:00: There is never a dull mo-

ment at Meredith after study hours. Many nights popcorn parties are held in the suites, or surprise birthday parties are given. A group of girls may be together talking over the events of the day and sharing a box of food from home. Tonight our suitemates helped us devour the food Granny sent this morning.

10:45: We had Family Altar, a devotional period for all the girls on our hall, in our room tonight. We all agree that this is the right way to come to the end of a busy day.

11:15: Lights out and good night. After all, there is another big day ahead tomorrow.

MAGIC DREAM

By ELAINE SHERRILL

Across the way in her little room
Sits sad little Sally filled with gloom.
She has a problem on her mind
As most girls do, you'll often find.

The problem concerns the proper clothes
To flatter her looks and please her beaux!
To make a dollar go as far as she can
And all the bargains to carefully scan.

She finds it hard to get the right style
In a dress that's chick, be it flannel or faille.
She worries about what tomorrow will bring
In the way of clothes for she hasn't a thing.

More dresses and skirts she needs for each day
But she hasn't much money with which to pay.
"Ho Hum!" How she wishes that she could sew
For beautiful fabrics can be purchased quite low. (Yawn)

It's getting late, she must go to bed!
Maybe the future will be brighter ahead.
Mr. Sandman, bring her a dream
About the best looking clothes she has ever seen.

Sprinkle all your magic ideas around
So she will be completely high style bound.
Put her to sleep right and quickly send
A variety of fashions in the latest trend.

(After fashion revue)

It's time to wake up, little sleepy head
Because a brighter future does lie ahead.
You can have attractive clothes just designed to suit you
But here's one thing you will have to do—

Sign up for homemaking at Lee Edwards High,
That beautiful school in the land of the sky.
In clothing you'll learn the tricks of the trade
And before you know it, your clothes will be made!

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hands of the youth
of today"



CAROLINE ANNOUNCES:

Deadline date for sending credentials for candidate
for office of National Treasurer—March 15, 1959.

Every chapter should have at least one copy of the
Chapter Handbook. This can be ordered from the order
blank sent to each chapter after affiliation.

Remember the date of the State FHA Convention
April 4, 1959, at the Memorial Auditorium, Raleigh,
North Carolina.



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVI

MAY 1959

NUMBER 4

Cover Picture:

The Wright Memorial is located at Kill Devil Hills in Eastern North Carolina. This is the spot which was chosen by the Wright Brothers, Orville and Wilbur, to experiment with the gliding of plane surfaces in the air. Here they could get the elevation for a take-off and the steady winds for support. These first attempts were made in September, 1903. Now—Let's recall the changes and developments which have resulted during the 56 years which have followed! Seems almost unbelievable, doesn't it?

North Carolina Association of Future Homemakers of America

State Officers

1959-60

President—Nancy Edwards, Wingate VI
Vice-President—Sammie Gatlin, Franklinville V
Secretary—Ann Alphine, Dunn IV
Treasurer—Kay Hall, Rowland III
Reporter—Elaine Parker, Jones Central II
Parliamentarian—Celia Clark, Robersonville I
Historian—Catherine Blanton, Shelby VIII
Song Leader—Dawn Crissman, Boonville VII
(See picture on page 5—names are listed above reading from left to right)

District Advisers

1959-60

Mrs. Rachel F. Swindell, Bath I
Mrs. Julia P. Kennedy, Moss Hill II
Mrs. Berline R. Baldwin, Clarkton III
Mrs. Pearl Stroud, Dunn IV
Mrs. Gwendolyn Griffin, High Point Sr. V
Mrs. Betsy R. Blankenship, East Mecklenburg VI
Mrs. June G. Reichle, Davie Co. Cons. VII
Mrs. Frances S. Bartlett, North Buncombe VIII

State Adviser

Mrs. Faye T. Coleman

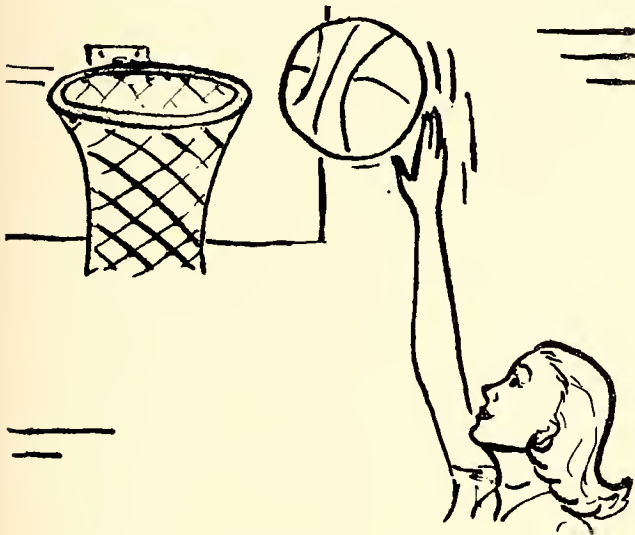
STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

Future Homemakers Shoot for

HIGH GOALS



"To be Future Homemakers with high goals," was the 58-59 motto of the Wingate Chapter. We're shooting high in order to reach our goals. This is the success story of how we've rung baskets for the months of September through March.

GOAL I. TO GET ACQUAINTED.

The stage is in September and the characters are FHA girls. As backs are tanned, hearts are warmed toward new members who are being welcomed at a get-acquainted outing at Cheraw Beach.

GOAL II. TO BE INITIATED.

To the October Initiation these Hobos brought not only their knapsacks, but also their noggins which were filled with a creed, a song, and the purposes of FHA. Every new member should know these vital things.

GOAL III. TO BROADEN SPIRITUAL VALUES.

The religions of the world were explained and honored at the District VI Rally in November. Future

Homemakers from the Wingate Chapter participated in an inspiring pageant.

GOAL IV. TO HONOR OUR MOTHERS.

Inspired by the Christmas Spirit, daughters showed their love and appreciation as they honored those who had guided them—their mothers. December is the perfect time for a Mother-Daughter Banquet.

GOAL V. TO STRESS HOMEMAKING SKILLS.

The Biscuit Baking Contest, sponsored by the FHA, was such a success that our advisor and our principal have decided to make it an annual affair. Drab days in January were lightened by the smell of hot biscuits which were being made by the 36 contestants.

GOAL VI. TO UNDERSTAND OUR NEIGHBORS ABROAD.

At the February meeting two Turkish girls came to explain the Home Economics program for teen-age girls in Turkey.

GOAL VII. TO INFORM OTHERS ABOUT FHA.

Radio was our medium when we sought to inform the public of our organization. March days were spent

Continued on Cover 3



Goal I. To Get Acquainted—Cheraw Beach.



Goal III. To Broaden Spiritual Values.



Goal VI. To Understand Our Neighbors Abroad.



Goal V. To Stress Homemaking Skills.

Search for Ideas for 1959-60

by Reviewing Programs of 1958-59

Idea for Initiation

The students at **Clyde A. Erwin** High School were surprised one morning to see what appeared to be at first glance visitors from foreign lands. A closer look, however, proved that these "visitors" were members of their own student body. The Clyde A. Erwin FHA Chapter was having its initiation program. This initiation was different from any we had ever had and many thought it was the best.

The new members were dressed as girls from different countries such as Holland, Hawaii, and Mexico. They chose these countries because these were the countries that FHA has helped by the sale of UNESCO stamps and because this type of initiation would help to carry out one of our goals of the state and national organizations to understand our neighbors both at home and abroad. Each girl chose a country and went to the library to find how the girls in that particular country dress. The best costume was judged by the applause of the old members. The winner, the little Japanese girl with her exotic attire, was presented with an FHA pin.

Each new member was required to know the creed, the motto, the flower, the color, and the purposes. Fines were collected from those who could not meet this requirement. The money is to be used to buy an FHA banner for the chapter.

This initiation drew the attention of the whole school. It also helped those who had not joined FHA to decide that they might like to join next year.

Dedication of Yearbook to Mothers of Members

The Attractive Yearbook for members of the **Beulaville** Chapter was dedicated to the mothers of its members.

"From the first time the doctor placed a tiny pink bundle in your

arms until now, you loved and cherished us. Because we want you to know that we appreciate the sacrifices you have made for us, we wish to honor you, *our mothers*, by dedicating our yearbook to you. In the years to come we shall strive to make you proud of us by becoming good leaders and good homemakers in our communities."

The yearbook included the Creed, Purposes, Emblem, Colors, Flowers, Motto, Program Topics for the year, Chapter Officers and Quad County Officers, Chapter Parents, Committees, Important Dates of the year, Opening and Closing Ritual, members having received degrees, and qualifications for Junior, Chapter, and State Degrees.

Banquet Program Ideas

The theme, "Mother Is A Jewel," was effectively carried out at the **Belvoir - Falkland** Mother-Daughter Banquet.

An arrangement of three dozen red roses was placed on each of the main tables. The other tables had a jewelry box containing jewelry and surrounded by candles as the centerpiece.

The bulletin board was eye catching with the words, "Mother Is A Jewel," spelled with red roses.

"Jewels In Your Future" was the topic used by Miss Alice Strawn, who was guest speaker, for the occasion. Miss Strawn is Teacher Educator in the Department of Home Economics at East Carolina College in Greenville.

The Valentine motif was used in decorations for the Mother-Daughter Banquet held by the **Elm City** Chapter. A six-foot heart was used as a background for the program. Centerpiece arrangements on the banquet tables were silhouette of hearts with carnations and fern interspersed with red burning tapers and ivy. Heart-

shaped programs and candy cups marked the individual places.

A program of interpretation was presented. This program included; an impressive devotional, "The Gift of Love," a welcome to mothers, a talk, "What FHA Means to Me," Poem on Home, School, and Community Beautification, Piano solo, "The Lord's Prayer," the presentation of Junior and Chapter Homemakers Degrees, and a Summary of FHA Activities of the past year.

* * *

It was a Yuletide Banquet for mothers, fathers, daughters, and sons at the **Rock Ridge** school. 250 people were served at this banquet. At the north end of the room were the three wise men leading camels in the comfort of sheltering pine trees. In the distance could be seen a yellow moon surrounded by glittering stars against a dark blue sky.

On the west side of the room was a crude stable in which Mary was seated by a manger holding the newborn child. Numerous animals were surrounding the stable, looking on while the Holy star glittered overhead.

Each table was lighted separately with sparkling candles. The head table, overlaid with white cloth was centered with a Christmas arrangement.

Both the Future Farmers and the Future Homemakers participated in a special program in the auditorium following the dinner.

FHA girls presented "Fashionable Dreams," a demonstration of apparels that were designed and made by them.

The group then assembled back in the cafeteria where the tables had been moved back along the walls leaving the center of the floor open. The empty space was readily occupied with sliding feet as the old and young alike entertained themselves by square dancing.

OBSERVANCE OF NATIONAL FHA WEEK



Plans for FHA Week began in many chapters several months before the week of April 5-11, National FHA Week.

Carrying out the purposes of the organization was foremost in the minds of the committee members of the **Bailey Chapter** as plans were made for observance of this special week.

Sunday—Worship Service Day

Participate in Worship Service in local churches with a Choir composed of Future Homemakers singing FHA Prayer Song. Other FHA members sit in body with Chapter Mothers. Printed announcement about FHA in Church Bulletin and posters on church bulletin board.

Monday—Publicity Day

Proclamation of FHA Week by School Principal who will be presented a red rose.

Poster in classrooms and downtown windows. Special radio program.

Tuesday—School and Community Improvement Day

Clean-up campaign in school. Encourage all to keep lockers clean. "I'm a Litterbug" sign placed on lockers needing cleaning. Conscious of opportunities to help all the teachers. Wash windshield of car owners (teachers and visitors at school). Place sticker on car "Your Windshield Was Washed—Compliments of Future Homemakers."

Clean windows of local Volunteer Fire Department.

Visit homes where members of the family are sick.

Members not participating in any of above will write a letter to someone in the hospital or sanatorium.

Thursday—Family Day

Performing at least one duty Mother usually does.

Chapter Mothers invited to the Home Economics Department (8 Chapter Mothers).

Friday—Wholesome Recreation Day

Outdoor wiener roast, followed by a "Sock Hop." (Proceeds to be

used to help defray expenses of sending two delegates to the National FHA Convention.)

* * *

"Well, what do FHA'ers do?" Is a question which the **Beaufort Chapter** members tried to answer during NATIONAL FHA WEEK. Through well-planned programs during the week the goals of the organization and the means used by the members for achieving the goals were explained and exemplified. Effective use was made of the news press, the local radio station, a Mother-Daughter Banquet. (In the fall a successful Father-Daughter covered dish supper was held.) Contacts with people as the Mayor, who proclaimed FHA Week in Beaufort, attendance and participation in Church Services in groups, and attendance on April 4th (day prior to FHA Week) at the 14th annual Convention of the North Carolina Association of Future Homemakers of America.

The citizens of Beaufort are certain to be more aware now of the true values which active members may derive from participation in carrying out the goals of this organization.

* * *

Glimpses of FHA'ers In Action in West Edgecombe Community.

Each day of FHA Week was observed in a very special way. A few of the activities which are different from those suggested in the account given from other chapters are:

"The FHA decorated the tables in the lunchroom with copies of a blessing typed off on white paper with a red construction background to carry out the FHA colors, red and white. Members brought flowers from home and decorated the tables with them.

FHA members wore red and white name tags throughout the week to identify them.

In addition to the FHA Prayer Song as a response to the pastor's prayer on Sunday, the "Emblem Service" was presented.

Several girls from the chapter visited the various hospitals in Rocky Mount. They carried lollipops for all the small children and scripture verses for the older people. Another of the duties performed by our FHA members was making tray-cards. These cards were red with a Bible verse written in white to carry out the FHA colors. A little token of friendship was attached to it. On Wednesday these tray-cards were taken to Rest Homes.

One of the many activities during FHA Week was a window display at J. C. Penney's. The name—The Wheel of Future Homemakers—was given to the display. The idea was centered around a huge, old fashioned wheel from the spokes on which ribbons were attached. These ribbons were attached to dolls dressed to represent seven different fields of home economics: nurse, teacher, airline hostess, interior decorator, dietician, homemaker, bride, and graduate. This showed the wide range of careers open to young women in this field.

On Saturday members participated in a radio program.

The FHA'ers bought rose bushes and enjoyed setting them out beside the Home Economics building and the lunchroom. A fence was built for the roses to run on. The posts were donated. Next year abundance of red and white roses is expected!

New Life to Old Window Curtains—A Project

The following story is told by Nancy Huntley of the Beaufort FHA Chapter. It indicates some values our home economics training in school can have in our own home living. This story was sent to the *Progressive Farmer* entitled, "Mother Learns a Lesson."

While working on a Future Homemakers of America project, I learned from my home economics teacher that old nylon or dacron marquisette curtains can be bleached, dyed, and starched in the automatic washing machine or by hand. A commercial bleach quickly removes old colors and any dye will penetrate the fibers. A medium

Continued on Cover 3

THE 14th ANNUAL ST



Colonel Laren Jenks, Post Chaplain at Fort Jackson spoke on the topic, "We Are Builders of Homes."



Miss Anne Hall, retired Home Economics teacher, and Mrs. Madeliene Street, faculty member of the School of Home Economics at Woman's College, received Honorary Membership in the State Association. Becky Nifong, State President, presents the award.

A Letter to the 20,000 Members Who Were Not Delegates to the Convention.

Dear Future Homemakers of North Carolina,

It was a beautiful day in Raleigh on April 4, 1959. Natives of Raleigh and visitors to the Capital City wondered what was happening when they observed the great number of attractively dressed girls in town. They were impressed with their politeness and their gracious manners.

Visitors at the Convention commented on the clever, but refined manner used by members who were campaigning. Eleven girls in North Carolina were seeking the candidacy for the office of National Treasurer. Election of this candidate was a major feature of the Convention program. Competition will be keen at the National Convention with South Carolina, Virginia, and North Carolina each seeking votes from all 12 states in the Southern Region for the office of Treasurer. (Tennessee, having had the National Historian for 1958-59 will be ineligible to have a candidate for Treasurer for 1959-60. On a rotation system one of the 4 states listed above may have an officer each year, but all states in the Southern Region have voting delegates who elect the officer. The number of voting delegates is based on membership in each state. North Carolina for instance with its membership of 24,083 will have only 3 voting delegates.) May as well give you a report now on the results of the election returns at our State Convention. Catherine Blanton of the Shelby Chapter won. The two runner-ups were Cynthia Leonard of the Ramseur Chapter, 1st alternate, and Susan Chandler of North Buncombe Chapter, 2nd alternate.

You would have enjoyed the Choral Music directed by our State Song Leader, Mary Gale Haynes. The voices from the fifty Buncombe County members could be heard in all parts of the filled auditorium. The voices were beautiful and the music had an uplifting effect on the



Jo Anne Matthews, State Reporter (right) announces the top three of the eleven who campaigned for office of candidate of National Treasurer. Winner was Catherine Blanton of Shelby (next to microphone); Cynthia Leonard of Ramseur, 1st alternate and 1958-59 State Secretary; and Susan Chandler, 2nd alternate, North Buncombe Chapter.

E CONVENTION—1959



Panel Members (top picture) discuss seriously "How Youth Organizations Work Cooperatively for Community Progress." From left to right Becky Nifong, FHA President, who was moderator. Representatives of other organizations are Frank Stitch, III, National Honor Society; Nancy Mitchell, Beta Club; Roy Murphy, Student Council; Roger Mozingo, Future Farmers; and Nancy Edwards, Future Homemakers. Pictured below—1959-60 officers of the State Association of Future Homemakers of America. (For names, office, district and school of each see inside of front cover.)

audience early in the morning of our Convention.

A salute goes to each of our state officers for performing so efficiently her responsibilities for the Convention Program. You would have been proud of each of them.

Our guest speaker, Colonel Laren Jenks, Post Chaplain, Fort Jackson, Columbia, South Carolina — very handsome in his military uniform— had much to offer to each of us in his philosophical advice in "Building Better Homes." His background of experience made his remarks carry weight and special meaning to all of us.

School youth organizations have many goals and purposes which are common to all, although each organization has some goals and contributions which are uniquely its own. A representative of several school organizations appeared on a Panel speaking on an assigned subtopic related to the overall topic, "School Youth Organizations Work Cooperatively For Community Progress."

Becky Nifong, as Moderator, introduced the panel members and projected questions. Each organization representative was very serious and sincere in the statements made.

Quotes are given here in order that you may understand that citizenship is a goal common to most school organizations.

Frank Stitch, III — National Honor Society

"To belong to the National Honor Society one must possess qualities of leadership. To be a good leader, one must be intelligent, possess a good character, and be able to serve as well as lead.

"The National Honor Society serves as a stimulus to potential leaders by holding before them the reward of recognition and the need for success—Emphasizing qualifications of scholarship, character, leadership, and service, the National Honor Society will continue to train students for efficient and contributing citizenship."

Nancy Mitchell—Beta Club

"What better way can outstanding youth lead than by setting not only a good, but an influential example. If we hope to help in building a better community we must each begin by first building a better you and a better me. By performing such seemingly small deeds as lending a helping hand, speaking an encouraging word or showing a kind gesture are

contributing more to those around us than it is possible to measure, while we are being strengthened in character as well as prestige."

Roger Mozingo—Future Farmers

"The officers, with the help of the adviser, at a regular chapter meeting try to motivate the members and inspire them to the point where they are not only willing but anxious to help plan and move forward with a good community development program.

"Committee chairmen are selected for all important phases of the development program and they in turn, meeting with the adviser, plan and conduct a community survey to find out what the needs really are and determine the best type of community development program to undertake."

Nancy Edwards — Future Homemaker

"Today we are considering some of the challenges of 1959 as we, the Future Homemakers, prepare for family living in our communities. We are living in a scientific age which is bringing about changes in our way of life, attitudes, traditions and education. This age finds a larger percentage of our girls entering the fields of science and mathematics, but the majority are still expected to provide happy, successful homes for the young men of this generation and to bear, nurture, and care for the next generation. Statistics show that girls are assuming these responsibilities at an early age.

"By the time a girl becomes of age for marriage she must have learned to be a manager, nurse, counselor, diplomat, teacher, cook, decorator,

gardener, and carpenter; as well as a responsible citizen in her community. She needs some degree of specialization in all of these fields in order to fulfill her responsibilities as a wife, mother, and community leader, and at the same time to be a person in her own right.

"How can a high school girl receive this training in such a short time? The answer is found in our homemaking program and in the Future Homemakers' organization. When we look at the goals set up in our national program of work we can easily understand how they help us prepare for family living. Heading the list is the goal: To Promote Better Family Living. Many girls plan and carry out with other family members home projects which will contribute to good family living such as: food purchasing, care for young children, preparing food, provision of first aid kits, emergency food shelves, wise buying, and home beautification. Many girls have home responsibilities which train them in the art of homemaking. Our FHA encourages family altars and Church Day services during FHA Week which are essential to the spiritual development of a girl. In the churches of our communities she receives inspiration of faith and spiritual strength.

"Our girls have not forgotten their individual development and improvement. We find them budgeting their allowance and improving their appearance and personality.

"Safety at home and in the community is another great part of our forward movement in the promotion of better family living.

"Goal four finds our chapters busy training their members for participation in home, school and community activities. This goal is designed to help Future Homemakers plan ways of making their homes, schools and communities, as well as our state more attractive. It directs girls in their responsibilities for volunteer services in civil defense and community drives such as Heart, Christmas seals, Red Cross, Polio and Cancer.

"When a chapter or an individual girl follows through on any worth while project set up by our FHA she will receive training which will give her the basic preparation for marriage and family living.

"We must remember that individuals make up a family and families make up the community. It may be a family which must get along on a shoe string. But this string must be made of the right material—

SONG

Tune—"Around the World In 80 Days." Words written by Helen Roberts, North Buncombe High School Chapter.

Around the world in every home,
No one could have a mother
Who is sweeter than my own.
You urge us on, when hope seems
gone
With humbleness within my heart
I now do bow to you.
I pray somewhere, sometime, some-
how
I'll be as good with patience kind
As my dear mother now.
May God on you, pour out his bless-
ings low
Oh, mother dear, I love you so.

strong, — close-woven, — enduring. This string must be flexible enough to bulge at times or stretch one way or the other without breaking, strong enough not to break under the slight weight of trouble, close-knit enough so that if one thread is frayed a little, the whole thing does not ravel, durable enough to withstand a reasonable amount of friction, and able to bend a little without breaking—yet always tight enough to hold the family together for the sake of our communities. Communities are only as good as the people who live in them and as a result the responsibilities of community progress rest upon us, the Future Homemakers of America.”

It is difficult to describe the effect the Pageant, “Wide, Wide Heart,” had on every person in the audience. All were inspired by the portrayal of the characters of the meaning of these words:

“The World stands out on either side
No wider than the heart is wide;
Above the world is stretched the sky,
No higher than the soul is high.
The heart can push the sea and land
Farther away on either hand;
The soul can split the sky in two;
And let the face of God shine through.
But East and West will pinch the heart
That cannot keep them pushed apart;
And he whose soul is flat—the sky
Will cave in on him by and by.”

Members of the Dunn Chapter presented this Pageant with a stage setting which was very effective. The flags of the United Nations, the costumes of countries, the spot lights, and the clear speaking voices made the program one to be remembered.

And as always, the beautiful Installation Service, left the out-going officers a little tearful, but at the same time happy for having had the opportunity to serve us. They will not forget us. We will not forget them, and we will be seeing them and hearing from them. As for the incoming officers, they are at the present joyous in preparation for the National Convention in Chicago where they will gain many ideas and increased enthusiasm and inspiration for assuming their responsibilities as officers next year.

There is so much more to tell you about the Convention, but maybe this letter will give a general impression. Wish it were possible for all

Convention Pictures Available

Members who are interested in securing pictures which were taken by Mr. Alton Daniels, 1618 Sunrise Avenue, Raleigh, North Carolina, may order them at \$2 per picture. A brief description of each Photograph Number is listed below. Please send your order directly to Mr. Daniels at the address shown above indicating the Photograph Number.

Photograph No. 1—Overall view of crowd in Lobby of Auditorium before beginning of program.

2—Information desk with Mrs. Frances Horton, Edna Roberson, and Brenda Roberson from the Millbrook Chapter; and a teacher from Clyde A. Erwin Chapter.

3—Buncombe County Chorus under the direction of Mary Gale Haynes.

4—Stage setting including all those who were seated on the stage during the early morning program.

5—Treasurer’s report by Sybil Beasley of the Coats Chapter.

6—Speaker — Colonel Laren T. Jenks.

7—Panel—Becky Nifong, Frank Stith, III, Nancy Mitchell, Ray Murphy, Roger Mozingo, and Nancy Edwards.

8—Conferring State Honorary Membership on Miss Ann Hall and Miss Street by Becky Nifong.

9—Susan Astin receiving State Degree from Becky Nifong, Cynthia Leonard, and Joyce Harper.

10—Members who received degrees.

11—(a) Opening scene “Wide, Wide Heart” by Dunn Chapter. (b) With costumes—This picture will be available in color soon.

12—Jo Anne Matthews in charge of election—Catherine Blanton as candidate, Cynthia Leonard 1st alternate, and Susan Chandler 2nd alternate.

13—Scene outside of Auditorium—Alice McCoy taking Ann Craft’s and Ruina Heath’s picture.

14—Scene at lunch on steps outside of Auditorium—Janet Carpenter and Barbara Hefner. (My feet hurt.)

15—Scene at lunch — Janice Sandlin, Faye Kennedy, Judith Kennedy, and Glenda Thomas eating out of back of car.

16—Installation Service.

17—Catherine Blanton with Campaign Manager on stage while campaigning for the office of candidate for National Treasurer.

18—FHA State President — Becky Nifong and FFA State President—Roger Mozingo.

19—1959-60 State officers installed.

A Future Homemaker Wins Top Honors

North Carolina’s *Betty Crocker Homemaker of Tomorrow* is Hesta Brint Royster of **Fallston High School, Fallston, N. C.** Hesta received the highest rating in a written examination on homemaking knowledge and attitudes administered to 9,378 senior girls in 388 schools throughout North Carolina. She will receive a \$1,500 scholarship from General Mills and becomes a candidate with 47 other state winners and the representative from the District

of Columbia for the title of All-American Homemaker of Tomorrow.

Sylvia Elaine Burroughs, **Edneyville High School, Edneyville**, rated second in North Carolina and will receive a \$500 scholarship. Her home is in Bat Cave, N. C.

The test in this fifth annual national homemaking program was designed and judged by Science Research Associates of Chicago. The school of each state Homemaker of Tomorrow will receive a set of the Encyclopaedia Britannica. The national runner-up will receive a \$4,000 scholarship, third place winner a \$3,000 award, and fourth place winner a \$2,000 grant.

24,083 members to get together for a Convention.

Best regards,
Delegates to the 1959
State Convention

Chapter Chatter

One of the highlights of the celebration of FHA Week at **Lee Edwards** High School was the Mother-Daughter Banquet at the S&W Cafeteria with Sheryl Allison, President, presiding. Jo Ann Morgan was program chairman.

The program consisted of reports on the State FHA Convention on April 4 in Raleigh and a Panel Discussion on Teenage Problems.

To each of four members of **Mills Chapter** in Franklin County a certificate of achievement was presented from the Curtis Vocational Division, Independence Square in Philadelphia, for achievement in practical sales work and in recognition of outstanding ability in salesmanship, business proficiency, and school spirit. The four receiving the award are: Sue Wilson, High Salesman; Joy Cattrell, Iris Matthews, and Carolyn Gupton.

The **Roxboro** FHA'ers presented an "Ed Sullivan Show" at the Granville-Person Bi-County Rally held in Stovall in March. During the program, Nancy Long of Roxboro who had been elected from her chapter to enter the race for the candidate from North Carolina to run for the office of **National Treasurer**, was introduced as a visiting celebrity in the audience.

Twelve Future Homemakers of the Roxboro Chapter appeared on the Peggy Mann T.V. Show on WTVD modeling garments which they had made in home economics class.

The **B. F. Grady** Future Homemakers of America and the Future Farmers of America honored approximately 200 mothers, fathers, sons and daughters, and guests at the annual Mother-Daughter and Father-Son Banquet.

Rev. Reid Erwin of Chinquapin was the guest speaker.

The Mexican theme was used in the decorations and the program. Judy Kornegay, song leader, entertained the group with a solo, "South of the Border," and guests were recognized by Joyce Harper.

The **Mayodan Chapter** selected "Home of Every Lands" as the theme for the annual Mother-Daughter Banquet on March 20th. Homes of different lands were used for decoration.

Following the introduction of special guests, a report of the chapter's

achievements of the year was given. Nine members received the Junior Degree of Achievement, and ten members received the Chapter Degree.

Miss Louise Lowe, who is currently with the Teachers Education Program at Woman's College and a former Assistant State Supervisor of Home Economics Education, was guest speaker.

The **Granville-Person FHA Federation** held its annual Bi-County Meeting at 3:30 P.M. on March 20th at Stovall High School. Annie Catherine Stovall introduced the speaker, Sam D. Bundy, humorist and principal at the Farmville High School. The audience was entertained by his jokes and witty remarks, but a great lesson was cleverly woven into the talk. In closing he pointed out that the best things in life are free.

Included in the evening's program were: A buffet style supper; group singing; skits; presentation of attendance award, which went to the Bethel Chapter; and the final impressive Installation Service. Annie Catherine Stovall, the new president closed the 1959 Rally Program.

The **Elise Chapter** of Robbins, N. C., had a very successful and enjoyable year. They began the year with the initiation of 18 new members.

In October we had a joint recreation program with Candor High School, led by Miss Ruth Jewel from the State Department of Public Instruction. We also attended the District IV Rally at Wilmington, N. C., and ran Mary Ann Brady for state treasurer.

At our regular November meeting the Rev. Mr. Chaffin spoke to us on "Good Relations in the Family." We attended the county rally at Vass, and gave a buffet supper for Chapter parents and Adult Advisory Committee.

In December we had a demonstration on making Christmas decorations and carried gifts to the girls at Samarcand.

"How to Buy Clothes" by Mrs. Hazel Pollock, merchant of local department store, was our January program. We also had a very successful spaghetti supper to raise money for FHA.

In February Mrs. Nancy Carrie spoke to us on the subject of "A Career as a Home Demonstration Agent." The highlight of the month was our Mother-Daughter Banquet.

The election and installation of new officers for the year 1959-60 highlighted our March program.

April is the most beautiful month of the year and the second and third year girls proved it by attending a garden tour of Southern Pines and coming back with "Ows" and "Ahs." We also attended the state convention where Sandra Wilson received her state degree.

We rounded out our year by supporting a campus clean up and attending the county rally at Aberdeen.

It has been a very enjoyable year and we are looking forward to our next years in FHA.

ECHO FROM A FABRIC

By OLIVIA HOLLOMAN

Dunn FHA Chapter

It shouldn't happen to a person what happens to me!

Here I am sitting on this old counter in a department store. People come in and stare at me as if I were a monstrosity. Why, some of the things they say is enough to make me blush!

"I like the design, but what a color! It is terrible!"

I don't say a word, but I think to myself, "You are not so pretty yourself."

Then a teen-ager comes into the store. I like her from the first. She says I'm "divine"! Whatever that means? She buys six yards of me. I'm so proud! I know I will make a beautiful sheath.

After they try to suffocate me by putting me in an old bag, my new owner starts to walk.

When we get home she throws me to the floor. When she returns, she has everything you can imagine: scissors, tape-measure, pieces of paper, *candy* and a *coke*!

I think to myself, "I'm too young to die."

She lays me out flat — lays those pieces of paper out on me and then, "Ow! She's finishing me off!" Oh, she has stopped. Why, she's making a dress. How nice! She finishes cutting me and starts sticking me with a needle. "That hurts!"

Oh, she is putting the dress on now! "I'm so excited!"

I'm so ashamed! Of all the treacherous things to do! What will my friends say when they see her in this?

Whoever thought I would be made into a "Sack"!!!

NATIONAL FHA WEEK

Continued from page 3

starch solution will give a crispness to the curtain, help eliminate the ironing problem, and prevent absorption of dirt and dust while hanging at the windows.

Starched curtains should be hung dripping wet along the straight side with clothespins clipped to the hanging ruffle to serve as weights to pull the curtain taut down from the clothes line. Shape the ruffle by hand as they dry.

My mother says that she learned a valuable lesson from my project. It helps her to save time, energy, and money when she redecorates the other windows in our home.

We have all heard the song "He's Got The Whole World In His Hands." When we listen to these words on the radio or sing them absently to ourselves at home, we think only of it as a popular song. But, stop and think! Doesn't it have a special meaning to each of us?

Our abilities can be no more than our faith and hope in God. Even when things go wrong our faith in

Him will help us to overcome our trials.

If each of us would realize that we are "In His Hands" and that we can do nothing without His help; we would strive harder to do His will and make the best of our talents and abilities which would be pleasing in His sight.

by Gloria Faircloth
President of Elm Coty Chapter

National Convention of Future Homemakers of America

North Carolina's quota for the Convention:

Members — 87. Adults — 22. Total — 109. This quota includes all the state officers, district advisers, candidate for National Treasurer, and her adviser.

At the present time there are 75 in North Carolina who have applied.

If your chapter or county group wishes to send a delegate please write to the state adviser. Some information has been sent to each chapter.

Those who have applied may expect to receive a copy of the tentative program and other information soon.

HIGH GOALS

Continued from page 1

in preparation for a short program presented by several of our members.

GOAL VIII. TO SUPPORT OUR ORGANIZATION.

April promises the State Convention which will be followed by National FHA Week. Our aim is to be well represented at the Convention and to support our chapter activities during FHA week.

GOAL IX. TO EVALUATE AND TO LOOK TO THE FUTURE.

With the climax of the year, May will be a month for taking inventory of our achievements and looking to the future.

As we count the goals we have rung, we hope to mark up the year 58-59 as a VICTORY!

C A M P — J U N E 1 - 6

Applications for Camp indicate that all cabins will be filled to capacity, all cots occupied, and all seats in the dining hall taken.

Let us hope that each Camper will take advantage of all the training in recreation and leadership. The opportunity to meet and get to know, Future Homemakers from various sections of the state should mean much to each camper.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



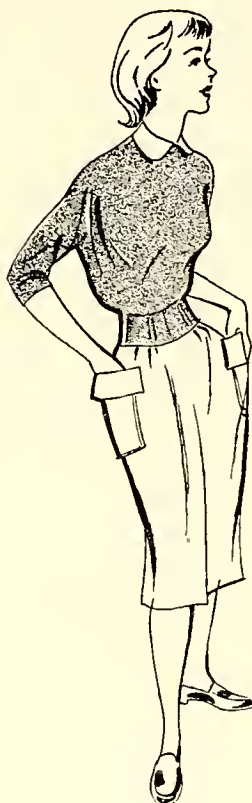
"The homes of tomorrow are in
the hands of the youth
of today"

Caroline Says:

"My Feet Hurt"

This cry was expressed by nearly 4,000 Future Homemakers at the Memorial Auditorium and downtown Raleigh during the noon hour on the day of the Convention of the North Carolina Association of Future Homemakers of America, April 4th.

This picture of Janet Carpenter, Derita, N. C., and Barbara Hefner, Derita, N. C., was caught by our photographer during the lunch hour.





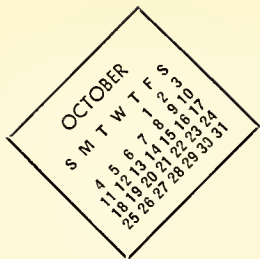
FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVII

OCTOBER 1959

NUMBER 1



Calendar Reminders

Dues: State and National dues are to be in the State Office by December 1, 1959, if your chapter is to be affiliated for 1959-60.

The amount of the dues is 55 cents per member—plus 10 cents per member contributions for helping defray expenses of state officers and district advisers to national meetings. This makes a total of 65 cents per member. The State Office is responsible for forwarding the national dues of 15 cents per member to the national office.

Degrees of Achievement: Deadline dates for filing Declaration of Intention to work for the Junior and Chapter degrees and the completed reports are set by the local Chapter Degree Committee. The deadline date for filing Declaration of Intention to work toward the State Homemaker Degree is November 15. (A

request for forms must be sent to the State Adviser earlier in order to receive the blanks and to get the Intention form filled in and returned to the State Office by November 15.) A *Plan of Work* is to be filed with the Declaration of Intention.

State Convention: Date—March 26, 1960.

Place—Memorial Auditorium, Raleigh N. C.

National FHA Week: April 3-9, 1960.

National Meeting: 1960—July 11-15. Statler Hilton Hotel, Washington, D. C. 900-1,000 delegates (members and advisers) of Future Homemakers of America.

Annual Report: One copy is due in the State Office by June 1, 1960, and earlier if possible. One copy is to be filed in the department.

Important!! Affiliates early.

Send news items to State office.

North Carolina Association of Future Homemakers of America

State Officers

1959-60

President—Nancy Edwards, Wingate VI
Vice-President—Sammie Gatlin, Franklinville V
Secretary—Anne Alphine, Dunn IV
Treasurer—Kay Hall, Rowland III
Reporter—Elaine Parker, Jones Central II
Parliamentarian—Celia Clark, Robersonville I
Historian—Catherine Blanton, Shelby VIII
Song Leader—Dawn Crissman, Boonville VII

District Advisers

1959-60

Mrs. Rachel F. Swindell, Bath I
Mrs. Julia P. Kennedy, Moss Hill II
Mrs. Berline R. Baldwin, Clarkton III
Mrs. Pearl Stroud, Dunn IV
Mrs. Gwendolyn Griffin, High Point Sr. V
Mrs. Betsy R. Blankenship, East Mecklenburg VI
Mrs. June G. Reichle, Davie Co. Cons. VII
Mrs. Frances S. Bartlett, North Buncombe VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

Our Cover:

LIBRARY OF RESTORED TRYON PALACE

"For We Have The Clear Consciousness of Seeking Old And Precious Values."—From Our FHA Creed

North Carolina's rich historical heritage as portrayed through old homes is exemplified in the cover picture of our magazine. Governor Tryon's Library in Tryon Palace in New Bern contains some 400 of the 500 volumes in the collection owned by Governor William Tryon when he occupied the original Palace in 1770.

Though the art of good and gracious living can be achieved under the humblest of circumstances, we can gain great appreciation for the artistry in design of furnishings and architectural structure through a glimpse into the grandeur of this beautiful restored Palace in North Carolina. Tryon Palace has been described as "the most beautiful building in the Colonial Americas," its architecture is unique in America in that it was designed as a London vicinity house.

From England came much eighteenth century material, such as the beautiful mantels, brass locks, woodwork, doorways, inside shutters, the 1741 wrought-iron gate and railing at the Palace approach, and urns and stone baskets for the gardens.

Two shades of paint on the interior of the Main Building are known to have been there originally, for they were copied from bits of plaster, excavated there,

along with thousands of other artifacts, during the archaeological research.

The early history of North Carolina becomes more real and alive as one views the restored Palace.

This mansion was the first fixed Colonial Capitol, in 1770, serving not only as the Capitol, but as the residence of the royal governor.

In the Palace on August 25, 1774, met the first Provincial Convention of North Carolina, the first anywhere in America to be called and held in defiance of British orders.

Governor Richard Caswell and other State officials elected under the first Constitution of the independent State of North Carolina were inaugurated there on January 16, 1777. The first State General Assembly convened in this State Capitol on April 7, 1777, and met there from time to time as late as 1794 when the State Capitol was moved permanently to Raleigh.

President George Washington was entertained there at a banquet and ball on April 21, 1791, during his visit to New Bern. Many other distinguished personages were guests at the Palace.

Note: The factual information of the restored Palace was taken from a leaflet issued by The Tryon Palace Commission, 1958.

A PLAN:

The Initial Step In Developing "Our Blueprint For Action"

The Chapter Yearbook or Handbook has been of invaluable help in many chapters. With the multitude of school, church, and community activities, each offering opportunities for members to develop potential abilities, it is even more important that each member have a copy of a chapter book and use it continually for reference during the year. The contents might include the following:

Name of Officers
Name of Chapter Parents
Standing Committee Chairmen—
and members (possibly)
Committees for Special Events—
(possibly)

Name of Sponsor
Chapter Constitution
Policies

Degrees of Achievement—Symbol
and/or requirements
Program Plans for Year

(The Wheat Swamp Chapter set
up program plans last year as fol-
lows:

Plans for the Year

October 13.

Program on Degrees
Yearbook completion
Planning session by Degrees
Committee before October 13.

November 10.

Program on making and keeping
homes beautiful
Planning session to complete ar-
rangement of Home Beautifica-
tion Program before November
10.

December 8.

Program, "Making Others Happy
Through FHA Work."

January 12.

Program, "Vocation in Home-
making"
Planning meeting for program at
regular meeting
FHA Banquet—Thursday, Janu-
ary 8, 1959.

February.

Program on "Civil Defense and
Home Safety"
Planning session on program
(Continued on Cover 3)

Short, Short Stories

About Interesting Projects of Future Homemakers in North Carolina

LOOKING TOWARD THE FUTURE



Because Joan Howarth, a Future Homemaker of the McClintock Junior High School, was very fond of babies and because she wants to become a nurse in a Maternity Ward, she decided to select as her home project in her Home Economics Class "Learning to Care For Babies and Small Children." Joan observed the behavior pattern of eight-month-old twin boys while baby sitting



with them and their two sisters (one 3½ years old; the other 6 years) and a brother 9 years of age. Joan learned many other things about each child as she watched them at play and at mealtime, at bedtime, etc. The emotional responses and the mental and physical development of the twins were studied carefully in order to gain a greater understanding of them.

UNDERSTANDING A NEIGHBOR ABROAD

From Trondheim, Norway, came Astrid Sundt, eighteen years of age and a senior in High School. The Hudson School was participating for the first time in the Foreign Exchange Student Program.

Astrid found it difficult to believe that she had a list of subjects from which to choose. In making out her schedule, she chose to take Homemaking II, and proved to be a very apt student. The girls watched with interest the progress that she made in class, and they found that she too had much to contribute.

Christmas time made the girls think a great deal about Astrid, and the fact that she was so far away from home. They wanted to know what they could do to insure a very "Merry Christmas" for her. Group work on this project began, and it was decided that the chapter would celebrate "Christmas in Norway." To set the stage, Astrid spoke to our FHA Chapter in early December, on the traditional way Christmas was celebrated in her native land. The girls were more enthusiastic than ever, and ready to begin work. Each girl served on some committee and the entire activity was well organized.

The department was decorated in keeping with the Christmas greens used in Norway. Astrid was dressed in her native costume and Christmas cookies and cakes along with punch was served. The cookies, cakes and punch were made by Norwegian recipes taken from a

book she had brought with her. Games were played and even though the music was not typical Norwegian, it added much to the occasion.

All of the girls had a wonderful time, especially Astrid. Too, each girl felt that she had contributed to the party's success because she was a member of a committee. Toward the end of the party, the girls presented Astrid with a gift of lingerie. They felt that they had had a part in making her first Christmas away from home a happy one.

SURMOUNTING OBSTACLES

In Reaching Most Any Goal—There are obstacles to surmount.

Need we be discouraged?

An adviser's account of a Chapter activity in her school should give one faith in what can be accomplished when the desire is strong enough and the activity a worthy one.

"Very early during the planning of FHA Chapter activities a Mother-Daughter get-together (a covered dish buffet supper) was mentioned. This idea was continually discussed at each planning meeting and it appeared evident that such an occasion *must* be included

in the year's plans even though there seemed to be numerous odds to overcome.

As usual there was the matter of finances. All chapter funds on hand and all that it seemed feasible for the chapter to earn were already planned for in the chapter budget. Individual and school schedules were crowded with academic and extra activities and there seemed to be no time to prepare a meal for 150 people. Again there were no funds to buy food or hire it prepared.

These problems and others didn't dampen the enthusiasm of FHA'ers to have their mothers as guests at a meal. A tea or party was suggested, as a substitute, but these ideas had little appeal to the girls.

The executive council seemed positive from the very beginning that a covered dish buffet supper was the answer, and so it was.

Although I had my doubts as to the outcome of such an occasion I tried hard to direct the work with an air of confidence.

Committees set up were numerous and included all 83 chapter members. A chairman and two co-chairmen headed most committees.

By a given date the attendance committee had a complete list of all FHA'ers and their Mothers who expected to attend. From a menu planned by the food committee each girl was asked to bring a certain food with some suggestion as to the amount. On the written food plan, given to each girl, was an escape clause allowing her to contact the food committee if she preferred to bring another food. We were surprised that no one asked to change to another food and only one girl notified us that she and her mother would be unable to attend. No girl came without her mother. One girl, who was sick felt her responsibility so strongly that she sent her chicken even though she could not come. In the event that it was not practical for girls to bring such foods as fried chicken or potato salad they were assigned canned fruit for the salad, pickles, lettuce, or a package of rolls.

By supper time on the appointed day the decorating committee had the school cafeteria attractively decorated with red roses, (both real and paper ones made by the girls), green ivy, and white candles. The colored program covers completed the tables.

Chapter Mothers worked with the food arrangement committee in receiving food and placing it on the table. One chapter mother and the wife of a county school board member made this remark about the food table, "No Woman's Club or Church Supper has ever looked prettier."

The only help hired was a colored woman to work with the clean-up committee on those stacks and stacks of dishes used by 160 people who attended. No chapter funds were spent for food.

The program—A Friendship Garden of Red Roses—was adapted from an article in the N. C. FUTURE HOMEMAKERS Magazine. Colored slides compared the life of a Future Homemaker with that of a rose as a script was read.

Faculty members and mothers were the only guests.

This experience strengthened my belief in the theory that success comes when activities are well planned and have enthusiasm back of them. As far as I know

there was one hundred per cent co-operation among FHA members from the smallest detail to the most glamorous of duties."

PEN PALS

In the past many requests for names of pen pals have come to the state office. It is now possible to secure from the national office names of pen pals from Japan, the ages ranging from 12-17.

Please write to the state office early if you are interested in having a pen pal. Address your request to Mrs. Faye T. Coleman, State FHA Adviser, Department of Public Instruction, Raleigh, North Carolina.

A CHAPTER CONSTITUTION

A MUST FOR KEEPING THE GOVERNMENT OF THE CHAPTER RUNNING SMOOTHLY.

The suggested skeletal outline for your Chapter Constitution given here is taken from pages 53 and 54 of the *Chapter Handbook*. For help in filling in the outline you will need a copy of your *Official Guide* and a copy of the *Chapter Handbook* which can be ordered from:

Future Homemakers of America
National Headquarters, U. S. Office of Education
U. S. Dept. of Health, Education and Welfare
Washington 25, D. C.

Suggested Outline

- Article I. Name and Purposes
- Article II: Organization
- Article III: Membership
- Article IV: Emblem, Flower and Colors
- Article V: Active Membership Degrees of Achievement
- Article VI: Officers
- Article VII: Meetings
- Article VIII: Dues
- Article IX: Amendments

HONORARY MEMBERSHIP

Has your chapter conferred honorary membership upon any individual in your community recently?

Number 3 under Section A of Article III of the Constitution of the North Carolina Association which deals with *Membership* is as follows:

Section A

3. *Honorary Membership.* Any individual who has helped to advance the homemaking program or has rendered outstanding service to the Future Homemakers of America may be elected to honorary membership by a majority vote of the members present at any regular meeting or convention or by a majority vote of the chapters of the state.

The awarding of honorary memberships shall be limited to four for the state association in any one year and to one for each of the local chapters of the association in any one year.

The *NATIONAL* FHA Convention

Conrad Hilton Hotel

July 7-13, 1959

"How will I ever be able to let other people know what this experience has meant to us, especially to me?" remarked one of the delegates to the National Convention, as the train on the return trip was nearing Raleigh. "I know what it has meant to me, but putting into words all I have gained is next to impossible." This is in spite of all her determination to so relate her experiences and to so illustrate the many and varied ideas presented during the convention program in a way that many, many Future Homemakers in North Carolina may benefit from this 1959 Convention.

It will be very difficult for any delegate to portray to others the real values received from attending and participating in the National Convention. Everything about the convention was exciting. The program alone provided inspiration, enthusiasm, ideas, keener insights into ways of improving personal and family living and ways of strengthening our chapters through improved programs and projects. In addition — there was the thrill of traveling by railway in two private cars — reserved for Future Homemakers of North Carolina (what happened en route to Chicago and the return trip can be left to your imagination); the *ordeal* of getting baggage and self from the station to the hotel — and finally from hotel back to station, with extra baggage accumulated; the breathtaking view of our home for a week in the beautiful Conrad Hilton Hotel, the friendly atmosphere which prevailed all week (everyone — maids, porters, clerks, managers, bus drivers, taxi drivers, elevator operators — seemed interested in us and our program and made us

feel at home even in the elaborate surroundings); and lastly but not least there was the wonderful relationships with many Future Homemakers from other states throughout the United States.

Notes taken by Lottie Faye Outlaw, a member of the Southwood Chapter and a delegate to the Convention indicates the challenge which is ours as presented by speakers on the program.

Notes taken of the speech by Dr. Lawrence G. Derthick, Commissioner of Education, U. S. Department of Health, Education, and Welfare, Washington, D. C., include the following excerpts:

ment of Health, Education, and Welfare, Washington, D. C., include the following excerpts:

We make a living out of what we get; we make a living out of what we give.

To rise above the masses, one must put pressure on oneself.

Soon there will be so many advances, people will have to be re-educated every eight or ten years.

Getting married too soon puts a ceiling on potential abilities. If he can't wait leave him. There's one

Delegates

Adult Delegates: Mrs. Berline Baldwin, Miss Margaret Carol Banks, Mrs. Frances Bartlett, Mrs. Betsy R. Blankenship, Mrs. Faye T. Coleman, Mrs. Eva Deanes Gray, Mrs. Harriette Holtan, Miss Catherine Ingram, Mrs. Evelyn K. Johnson, Mrs. Julia Kennedy, Mrs. Gertrude McRae, Mrs. Edith P. Morgan, Mrs. Kathleen F. Nicholson, Mrs. June G. Reichle, Mrs. Florence Sarrell, Mrs. Pearl O. Straud, Mrs. Rachel Swindell, Mrs. Nina S. Thorpe.

Youth Delegates: Jenny B. Abrams, Anne Alphine, Nala Sue Auman, Olivia Barbee, Sybil Beck, Catherine Blanton, Ann Brack, Arline Brooks, Audrey Bunce, Zana Carawan, Susan Chandler, Celia Clark, Gail Couch,

Brenda Caward, Betty Cox, Dawn Crissman, Libby Crowell, Florie Currie, Nancy Edwards, Vennie Lau Edwards, Betty Jan Fletcher, Theresa Faster, Sue Garrison, Sammie Gatlin, Theda Haithcack, Bonnie Hall, Kay Hall, Judy C. Hedgepeth, Darius Lee Hicks, Priscilla Holland, Anne Jahnsan, Brenda Jahnsan, Barbara Jean Jones, Kacie Jordan, Cynthia Leonard, Betsy Lucas, Jaan Delaria Lunsford, Jean McClamrack, Linda Manning, Lau Mathis, Celia May, Judy Mack, Ruth Ann Nesbitt, Lattie Faye Outlaw, Elaine Parker, Elizabeth Peters, Mary Linda Pinkham, Patricia Pawers, Sue Reardan, Julia Renegar, Jann Samands, Betty K. Smith, Ann Sauter, Catherine B. Tawe, Ja Anne Viverette, Christine Waters, Margaret Weimer, Diane Wilsan, Glaria Yaung.



FUTURE HOMEMAKERS OF AMERICA



FUTURE HOMEMAKERS OF AMERICA is the national organization for students studying homemaking in junior and senior high school. It is an incorporated, non-profit organization supported by membership dues.

HOW MANY MEMBERS? 500,000 in 10,000 chapters in the United States, Puerto Rico, and the Virgin Islands.

WHO SPONSORS? The Home Economics Education Branch of the U.S. Office of Education and the American Home Economics Association are co-sponsors. The head state supervisors of home economics education guide the state FHA association programs. High school homemaking teachers are the local chapter advisers. Youth officers elected by the members give leadership at local, state, and national levels.

WHAT ARE FHA PURPOSES? Future Homemakers of America carry on chapter and individual activities which help them to improve personal, family, and community living.

Future Homemakers promote good home and family living.



They find interest and help in family studies, on home and chapter projects. They find that mutual love and respect for one another's ideas contribute to happy homes.



Individuality, better care of personal business and clean, uncluttered quarters. They study school responsibilities help them learn to understand and care for their children.

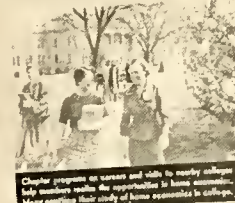


Students take responsibility for each homemaking task as



Students take responsibility for each homemaking task as

Future homemakers further interest in home economics.



Chapter programs on various and able to nearby colleges help members realize the opportunities in home and community living through carefully planned projects.

Future homemakers gain understanding of neighbors at home and abroad.



Students study customs and home life of other countries. They learn to know students from abroad and the people of their community by including them in chapter activities.

Future Homemakers develop their individual potential abilities



With the help of teachers and homemaking teachers, they set goals for self-improvement. They develop their own and understandings through carefully planned projects.



They become sympathetic and businesslike for social occasions. They become play, the work is more fun when shared and learn the give and take of good human relations.

Future Homemakers develop creative leadership in home and community life.



Students take responsibility for each homemaking task as



Students take responsibility for each homemaking task as

This picture of the exhibit on display at the National F. H. A. Convention is being used at various professional national meetings and conventions to further interpret the organization of Future Homemakers of America—its sponsors, its members, its goals and purposes and activities.

waiting at the right time. (If not, you go out and find one!)

Three magic phrases to catch a man: (1) I think so, too! (2) Say it again! and (3) You're wonderful!

Seeing others mistakes while ignoring your own — story of the sieve who chided the darning needle for having a hole in it. The sieve couldn't see its own holes; all it could see was the darning needle's one hole.

If I have a thousand friends, I haven't one to share. But if I have one enemy, I meet him everywhere.

Keep smiling — keep folks wondering what you've been up to.

Smile a while and another smiles and after a while there are miles and miles of smiles.

Benito Mussolini's motto: Believe, Obey, Fight.

John Wesley's motto: Believe, Obey, Love.

Be careful how you live. You may be the only Bible some people will ever read.

From Dr. Glenn R. Hawkes, Professor and Head Department of

Child Development, Iowa State College, Ames, Iowa, Lottie Faye recorded the following:

Look to this day for it is life. Yesterday is a dream. Tomorrow is a vision. Happiness is living today, not tomorrow. Don't do away with tomorrow, but *do* enjoy today.

You are a real person. Enjoy who you are. Learn to live with yourself. Understand and appreciate the worth of the human people.

The way you hear is up to you. Each person sees differently.

The family is like an octopus and a porcupine. *Octopus* — You can never escape from your family — neither can you escape from an octopus; each holds on. *Porcupine* — Things in a family get sticky and bother you sometimes. You usually back away — as you do from a porcupine.

(Illustration — To man: "What are you going to do?" To lady: "I don't know — it's your dream.")

The gulf of space between parents and children is a problem. Parents are growing also. Adolescence is not easy, and neither is middle

age. Understand that everyone in your family is growing.

Your family tomorrow is something to think about. It will last longer than your family now. Take time to insure your happiness and success in marriage.

Good homes do not just happen. You have to work. Husbands and wives must have respect for each other's opinions.

Family living calls for real living. Make family living "quality living" — really awakening and enjoying bodily sensations. Make the minutes you have with your family count.

Your family today and your family tomorrow is up to you.

NEW JACKET

The new FHA Blazer Jacket is now available. It is white wool with bright red piping and the official emblem is on the pocket. The jacket can be ordered from Marshall Field and Company, Chicago, Illinois. Only affiliated chapter members may order. Sizes are from 10-20. Each \$14.95.

FHA'ers All

RELAXER PRESENTED BY TEXAS AT THE 1959 FUTURE HOMEMAKERS OF AMERICA NATIONAL CONVENTION

(As the underlined words of the following scene were read the girls concerned with these words stood up and waved.)

Narrator:

Dear Diary—This has been such fun, sharing this glorious week in Chicago with all of these wonderful *Future Homemakers!*

I have met such outstanding girls from the *Atlantic Region*, the *Pacific Region*, the *Central Region*, the *Southern Region*, and some girls all the way from *Hawaii*, *Puerto Rico*, and the *Virgin Islands*.

Not only have these *girls* been interesting and outstanding, but their *directors*, *advisers*, *teachers*, and *parents*, as well.

These FHA'ers began putting a new life into the city of Chicago throughout the days of Sunday and Monday. Some of these people arrived by *plane*, others by *special*

trains, *special busses*, and still others came in *cars*, from all over this great country.

Among all of these 2,000 FHA'ers I have met almost that many different types of girls. I have met *blondes*, *brunettes*, *red-heads*—*tall and slender* girls, *short and plump* girls—those with *blue eyes*, *green eyes*, *brown eyes*—those who are *shy* and *bashful*—those *vivacious* ones who never die down.

We have all found that we have something in common with each other—whether it was *rushing desperately* to a meeting and *arriving late* after all — or *going without breakfast* to be on time—*sitting shoeless* through the interesting speeches—*worrying about tipping* the bellboys—how much?—and how to do it smoothly—*shopping in Marshall Fields*—gaining a better appreciation of our foreign neighbors by *attending the International Trade Fair*—and reaching the conclusion now that staying up so late last night wasn't such a good idea after all!

We have all had the privilege of meeting *Chapter Officers*—*District Officers*—*Area Officers*—*State Officers*—and our *old and new National Officers*.

And—its so good to be able to say now that we know *Miss Edna Amidon*—whom we have all heard so much about.

We are also proud to have met our *National Advisers*, *Miss Lois Oliver* and *Miss Mildred Reel*, and the members of our *National Advisory Council*.

Dear Diary—I do so hate to see this convention come to an end, because I have met so many new and wonderful friends and experiences—but now this FHA National Convention of 1959 will be an impressive memory because of its tremendous success. Now we all agree that this wonderful success has come to us as a result of much preparation—*planning*, *diligent work*, and the complete co-operation of our *National Advisers*, the *National Advisory Council*, *State Advisers*, *State Directors*, *Area Advisers*, *District Advisers*, *Teacher Educators*, *Homemaking teachers*, all of the *Presidents*, *Vice-Presidents*, *Secretaries*, *Treasurers*, *Parliamentarians*, *Historians*, *Pianists*, *Songleaders*—and our wonderful *parents*.

Because of all of these, who have participated, and under the guidance of our teachers, and above all under the guidance of our God, I know we have all gained knowledge and enthusiasm that will help us as *Future Homemakers of America*, to go on toward *New Horizons*.

Goodbye now, Diary—
Until we meet again.

Narrator:

Our skit takes us to a downtown Chicago department store where we find Miss FHA Chapter. She is a very charming Chapter, dressed in a solid organization, buttoned with FHA emblems, but she is lacking the proper accessories to give her a well-rounded appearance. Let's see what we can do for her.

We'll start with her shoes, fashioned by TEEN TIMES. In TEEN TIMES you can get new ideas for the many different activities which will help your chapter step forward with new ideas.

To heighten this growing outfit is this Official Guide hat. Sitting on top of the world, this guide includes facts, history, ceremonies, rituals, the Constitution and By-Laws, which your chapter *cannot* go without.

Here is her charming "Sing With FHA" bracelet. Your chapter's heart will sparkle like the stars when its members sing from this FHA Songbook.

Another important part of the cos-

SKIT ON "PUBLICATIONS"

Presented by Missouri at the second general session at the 1959 National FHA Convention

tume is this pair of gloves which can symbolize your parents and how they guide you. The booklet, "You and Your Chapter Parents" seems to fit the hands of this customer.

This is FHA's "Handy Andy" Chapter Handbook purse. This is an absolute must for every FHA outfit. It helps you to make new goals, plan programs, and bring about leadership.

And last but not least, this little red rose will brighten up Your Focus on FHA.

Now before you leave, Miss FHA Chapter, here is a souvenir to take home to your adviser. This "Hand-

book for the Teachers" will help the students evaluate their growth.

Now you see an FHA Chapter with all the proper accessories.

Your own chapter can be just as complete, for all these publications are on sale in the Writing Room just outside the Ballroom.

BE A WELL-DRESSED CHAPTER!

II.

Presented by Missouri as a follow-up skit at the sixth general session at the National FHA Convention

Narrator:

In this scene we find Miss FHA Chapter again visiting her favorite shop, the Publications Center. She is looking for fresh accessories, for her last season's shoes, hat, bag, her gloves and flower have that wilted look.

If you will remember, her shoes were fashioned by TEEN TIMES, so new and up-to-date every month; her bracelet of gold by "Sing With

Chapter Chatter

Mothers of FHA members in the home economics department at Alexander-Wilson High School had an opportunity to see their daughters in the role of hostesses and to view a display of their work when they were honored at a tea given under the direction of Mrs. Jack Stephens, home economics teacher.



There was on display projects completed by the first, second, and third year home economics students, and exhibits included aprons, personal grooming notebooks, boy-girl relationship notebooks, dresses, jumpers, and blouses, suits, housing notebooks, baby dresses, pillow cases, aluminum trays, ming gardens, and Christmas ideas and decorations. Party sandwiches, nuts, mints, cookies, and punch were prepared and served by

FHA"; her gloves fashioned by Your Chapter Parents, the booklet that shows how to add warmth to any Chapter. This so-badly worn handbag, the Chapter Handbook, has carried all of Miss FHA Chapter's daily necessities in its many compartments. Here now frayed rose is the FHA in Focus which carries the first facts about FHA. Even the buttons, of FHA emblems, are frayed or missing, and her Official Guide hat has lost its queenly state. Miss FHA Chapter needs a new outfit to begin the school year! Is your Chapter dressed for fall? If not, follow Miss FHA Chapter's example and hurry to the Publications Center. It will be open just one more time, Friday morning—that's tomorrow — from 9:00 to 10:00 o'clock. Look smart, be smart, follow Miss FHA. CUT THE CORNERS AND HEAD FOR THE CENTER — FHA's PUBLICATION CENTER!

the girls to 125 parents, teachers, and Chapter members. Four of the officers served as hostesses at the tea: President, Rae Von Gumm; Vice-President, Joyce Scarlett; Secretary, Betty Stout; Treasurer, Kay Brewer. The Executive Council of the Future Homemakers of the Beaufort Chapter invited the school principal to meet with them when plans for the year's activities were made. Certainly this should be helpful to both members and the principal in planning the calendar in order to have as few conflicts as possible. Laughter swept through the audience many times as "Scattered Showers," a one act play, was presented by the Cullo- whee Chapter of the Future Homemakers of America. The play, an outgrowth of our study of Child Development, is one of a series about the climate in the home. Starring in the play were three sophomore girls: Frankie Dills, Bette Bridges, and Karen Vom Lehn. They played the roles of the mothers of three 'nicely dressed little boys—imaginary boys that is. The play was a big success and thoroughly enjoyed by teachers and pupils alike. Corina Hoots and Jo Watts from the Etowah Chapter of the Future Home- makers of America are busily making



book satchels for the retarded children in Henderson County. The chapter has chosen the School for Retarded Children as their principal project for 1959 and 1960. In the New Bern Chapter, each day of National FHA Week was observed in a very special way. Members attended Church of choice on Sunday to begin the week's observation. Devotionals were given over the intercom system at school each school day except Wednesday.

NEWS from FHA FEDERATION

When chapters in a county or in a group of counties organize to form a Federation, interest seems to be higher. This is another opportunity for sharing with your neighboring chapters ideas for achieving the goals of our organization. Getting to know more members, developing leadership, and many values can be derived from participating in a Federation program. A workshop for officers of the Alamance County Chapters of Future Homemakers of America was held before school opening in the Home Economics Department of Walter Williams High School in Burlington. During the first session when all officers met jointly, Jo McAdams, a special guest, highlighted the program as she led the group in songs. Duties and problems were discussed in each officer group. Helps were given by the adviser in charge, and ideas exchanged in the groups should help to strengthen the FHA program in Alamance County this year. "Know Yourself"—The importance of understanding the self first to effective leadership was the theme of the Buncombe County meeting of officers and chapter mothers of Fu-

ture Homemakers of America. A. C. Reynolds Chapter was hostess to the group. R. A. Tomberlin, Director of Instruction, county schools, addressed the group on the theme of the workshop. Group meetings on duties of the various FHA officers were led by State Representative, Gordon H. Greenwood of Black Mountain; L. P. Miller of the County Board of Education; Miss Louise Swann of Asheville, Assistant State Supervisor of Home Economics Education; Wade Hampton, Reynolds Teacher; and Johnny Whisenunt of Lee Edwards High School. Future Homemakers from Franklin-Nash Bi-county Federation had reason to be proud of their accomplishments during the week at FHA Camp in June. Franklinton, Bailey, and Mills (Louisburg) shared a cabin. Two members of the group who represented the cabin in ping-pong came out second place in the camp. The entire group played volleyball and the group won the Championship award. The group was second place in the talent program, and was runner-up for the cabin having earned the most points during the week.

A FUTURE HOMEMAKER'S LIFE DURING CAMP WEEK...JUNE 1-7

On the last evening of Camp, all campers relived the week up to that point. From the program printed here it is hoped you may get a mental picture of a typical week at Camp. The program was prepared by advisers from the *Glenn, Southwest*, and *Bailey* Chapters. Just about every camper participated in the presentation.

Friday Night Camp Program—1959
Narrator:

We look in on three F.H.A. girls who did not get to come to camp this year. They have received cards and letters from friends at camp and have met at Carol's house to compare notes and to watch television. We find them talking about the fun they are missing.

(The girls sit on a blanket in the middle of the floor, eating and "ad-libbing" a conversation about what they are missing. Then one girl turns on the television in an effort to get their mind off camp. The TV comes on in the middle of the program "The Price Is Right!" To designate the programs, a girl holds a poster with the name of the program on it.)

THE PRICE IS RIGHT

Mistress of Ceremonies: The next item going up for bids is a trip to the F.H.A. camp at White Lake near Elizabethtown, North Carolina.

This trip will be available the first week in June. You will have delicious meals served in the true camp atmosphere. You will be sleeping in screened cottages under the tall pines native to that area of the country. Organized sports, and swimming will keep you busy and give you an opportunity to get that good sun tan early this year.

Bids are now going up for this, our last item . . . Panel bids . . . (ad-libbing).

(Panel: Quen Burgess, Nancy Brannon, Maxine Liles.)

M.C.: I am sure your bids must be too low . . . but we will open the envelope and see who is our winner of this fabulous vacation. The price is \$10.50 . . . and our winner is Quen Burgess. (Bell rings) And here's a bonus offer . . . While you are at the camp you will take a boat trip across the crystal clear water to the great amusement center at Goldston Beach where there will be fun for all. You will travel across the lake by pleasure cruiser. While there you will enjoy the bump cars, the roller coaster, and the exciting tilt-a-whirl.

Our grand winner tonight is Quen Burgess. We'll see you next week at the same time. Now a word from our sponsor.

COMMERCIAL: Girls sing "On with the Texize—off with the dirt." If your cottage is one of those with marks on the wall, dirt on the table and sand under the beds . . . What you need is Texize Cleaner.

M.C.: The State Department of Public Instruction in Raleigh now presents a public service announcement. (Safety Skit — "Sammy's Safety 'periences.")

(A girl changes channels after making a comment.)

TO TELL THE TRUTH

(Three girls stand on stage, all dressed similarly.)

M.C.: What is your name, PLEASE?

(Each girl answers with: My name is Louise Beeson.)

What is your name, Please?

What is your name, Please?

As the girls come forward, will the panel listen carefully to the following facts.

I, Louise Beeson, am a member of the Walkertown F.H.A. Chapter. I have been to several other camps. This week I have been helping raise the flag. When we return home I will go to Camp Shirley Rogers as a Counselor. Next year, I will be president of our chapter.

We will now have the voting. (Asks for each vote. Each panel gives her reason for her vote.)

Will the real Louise Beeson please step to the center?

Will our other members tell us who they are and what they do? (I am _____ and I have been calling the names of those lucky ones who have received mail this week.)

(I am _____ and I have played the clarinet each morning the flag was raised.)

M.C.: We will now have a word from our sponsor:

COMMERCIAL: (A girl who is very sunburned, looking very uncomfortable says: "If you want to have a lovely tan without blisters, the product you need is *Ski and See* — Right away, without delay — hurry over to Elizabethtown, only 6 miles away and buy *Ski and See*.)

M.C.: Instead of Playhouse 90 tonight the F.H.A. network presents a special program—the presentation of the *Caroline Awards*.

We are indeed happy to have all of you with us tonight for the presentation of the "Caroline" awards.

First, we have Miss Sharon Daugherty who will present the first "Caroline" award for the best talent as portrayed last Tuesday at the Stunt Night Program. Miss Daugherty will also present the Fashion award.

Awards:

M.C.: We are indeed honored to have with us tonight as special guest Miss Ruth Jewell, Consultant of Public School Music. She and her music class will entertain us with a dance number. Miss Jewell.

Dance:

M.C.: Now, Miss Betty Briggs will present the Caroline winners of the Relay and Horseshoe contests.

Awards:

M.C.: Again we have Miss Jewell and her music class entertaining us with a song.

Song:

M.C.: Miss Jean Holt will present the volley ball and Ping Pong winners.

Awards:

We have a lovely Japanese dancer, Miss Carolyn Dellinger, who will entertain us with our next number.

Dance:

M.C.: Miss Ann Jessup will pre-



A scene of Future Homemakers at White Lake Camp during the recreational swimming period.

sent the softball and Free Throw awards at this time.

Awards:

M.C.: Mrs. Coleman will present the award for Cabin Clean Up.

Award:

M.C.: Now, is the moment we have been waiting for. Who will be the camp winner for this 1959 F.H.A. Camp? Miss Stewart will present this award.

Award:

M.C.: Again, I want to say thank you to Playhouse 90 for giving their time so that the 1959 Caroline Awards could be televised this evening.

Channel F.H.A. signs off the air with a special vesper program.

Vespers:

(Girls on floor have a conversation about getting their names on

the list early to be sure that they get to camp next year.)

THE END

(Note: The girls giving out the awards used envelopes and procedures similar to those on the Emmy or Academy Awards.)

THE INITIAL STEP

(Continued from page 1)

Program on "Home Experiences"
Home Experience bulletin board
Planning session for program.

April.

Program; a week of food, fun, and fellowship at Camp. By members that attend camp a planning session for program.

May.

Program on Parliamentary Procedure
Planning session for program.

Plans for F.H.A. Week

Sunday.

Have FHA Sunday School.

Monday.

Publicity Day, Bulletin Board and news in newspaper.

Tuesday.

Courtesy Day, Home and School put roses on desks.

Wednesday.

Clean-up Day; building, lockers, grounds, and dress and act your best.

Thursday.

Family and Fun Day.

Friday.

Chapel Program.

Saturday.

Attend State Rally at Raleigh.)

Creed

Flower

Colors

Motto

Purposes

Opening and Closing Ceremony

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"



Caroline says:

Nothing can be much more tragic than for a chapter which started out with big plans by interested and enthusiastic members to fail to carry out the plans. The result is first disappointment and later loss of interest. It is better to select fewer objectives and fewer experiences and be fairly assured of success than to attempt many and do a poor or mediocre job with each.

THE LEADER

A leader is best
When people barely know he exists,
Not so good when people obey and acclaim him,
Worst when they despise him.
Of a good leader who talks little,
When his work is done, his aim fulfilled,
They will all say, "We did this ourselves."

Chinese Proverb
Michigan Newsletter

C640

World's Largest Living Christmas Tree in Wilmington, North Carolina



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVII

DECEMBER 1959

NUMBER 2

A Pleasant Thought

When at dusk, the heavens seem to glow in all their mighty splendor,
And all the falling dew does scent the earth with freshness,
When chamber doors are closed once more and gentle sleep does slide
Into its rosy depth,
All seems well with us, the peasants of life, for nothing is left
But the beauty of sleep.

When sleep has hushed the weak and the weary, I, in my bed of thought,
Do listen to the sounds that romp in the midnight darkness.
As my thoughts do twist and twine from thrill to dullness, I think of those I could have helped along
the way.
I think of this and nothing more!

VELMA NANCE, Senior Secretary
Marshville Chapter of Future Homemakers

North Carolina Association of Future Homemakers of America

State Officers 1959-60

President—Nancy Edwards, Wingate VI
Vice-President—Sammie Gatlin, Franklinville V
Secretary—Anne Alphine, Dunn IV
Treasurer—Kay Hall, Rowland III
Reporter—Elaine Parker, Jones Central II
Parliamentarian—Celia Clark, Robersonville I
Historian—Catherine Blanton, Shelby VIII
Song Leader—Dawn Crissman, Boonville VII

District Advisers 1959-60

Mrs. Rachel F. Swindell, Bath I
Mrs. Julia P. Kennedy, Moss Hill II
Mrs. Berline R. Baldwin, Clarkton III
Mrs. Pearl Stroud, Dunn IV
Mrs. Gwendolyn Griffin, High Point Sr. V
Mrs. Betsy R. Blankenship, East Mecklenburg VI
Mrs. June G. Reichle, Davie Co. Cons. VII
Mrs. Frances S. Bartlett, North Buncombe VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina



Catherine Wood Blanton

"An Open Letter to the North Carolina Future Homemakers"

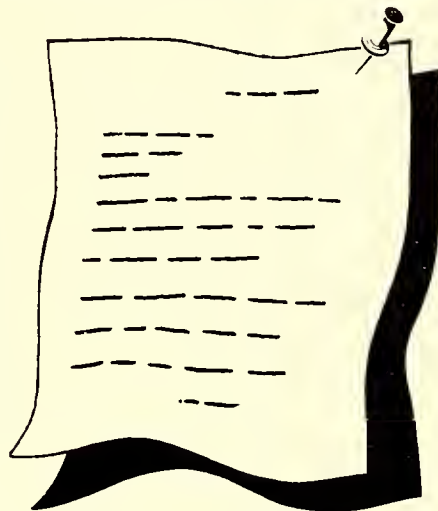
representatives from twenty-three foreign countries took their oath of citizenship, I was filled with determination to return home and try to make others, especially young people, aware of their citizenship rights and responsibilities.

As a climax to our wonderful stay in Washington, hearing military bands, youth panels, vocal groups, and marvelous speakers, Mrs. Holton and I were invited to attend a reception at the Swiss Embassy given by the Ambassador himself, in honor the New Bern, N. C., Tryon Palace Hostesses.

In accordance with the theme of this year's conference, which was taken directly from the motto of the organization: "United States Citizenship—Know It; Cherish It; Live it," I sincerely believe that I have broadened my knowledge and appreciation of citizenship, and I hope that in some small way, I can perhaps share this inspiration with you.

My second trip to Washington began September 28, when Mrs. Holton and I again flew to the Nation's Capital for the National Executive Council meeting. It was good to see the other national officers again and to renew the brief acquaintances that we had made during the past summer at our National Convention in Chicago. It was also wonderful to meet with the officers of the New Homemakers of America and the members of the National Advisory Board.

At this meeting we reviewed our individual national projects and made plans for our 1960 National Meeting, which will be held also in Washington, D. C., during the month of July. I was very impressed by the number of decisions and plans concerning the convention that we were permitted to make. I never had realized before that our organization was so extremely democratic, in that its policies and programs are generally determined by the youth members of the Executive Council.



Since the chief job of this meeting was to consider arrangements and features for the National Convention, I would like to tell you that I know that all of you who attend next year's meeting will enjoy the activities that have been planned for you. I hope that many of you will be able to attend and that those of you who do not will read about it and enjoy the convention publications.

As you can readily see, I have been rather busy traveling, meeting new people, and exchanging ideas. Finally I have returned home to begin my technical duties as National Treasurer.

I am now overcome with gratitude to you, for your having made all of this possible for me. As members of the North Carolina Association of Future Homemakers of America, you chose me to represent you as your national officer. To all of you I say a heart-felt thank-you. As the days and years pass and my memory becomes dull because of the passage of time, I know that remaining vividly will be the remembrance of my marvelous year as your National Treasurer.

Very sincerely yours,

CATHERINE WOOD BLANTON
State Historian and National
Treasurer, Future Home-
makers of America

During the past months, as your National Treasurer, I have been fortunate enough to go to Washington, D. C., twice, representing the Future Homemakers of America.

My first exciting and rewarding journey to the Nation's Capital was made on September 15. On that day Mrs. Harriette Holton, my local adviser, and I arrived at the Capitol Building just in time to catch a glimpse of our Soviet visitor, Mr. Khrushchev and also of our own President Eisenhower.

Having been patriotically inspired by giving Mr. Khrushchev our cool welcome, we spent the remainder of our four days in Washington at the fabulous Shoreham Hotel. There, with two other national officers, I represented the Future Homemakers as a delegate to the Fourteenth National Conference on Citizenship. During those splendid and well-filled days, we heard excellent speakers, such as The Honorable Arthur S. Flemming, Secretary of Health, Education, and Welfare, who inspired us to serious and constructive thinking. We also took part in small discussion groups—meeting youth and adult representatives from all over our nation and exchanging ideas and suggestions pertinent to increasing one's knowledge and appreciation of United States citizenship.

During the second day of the conference, we witnessed on the beautiful Washington Monument grounds the first Naturalization Ceremony ever held out of doors. The day was September 17, National Citizenship Day, and as thirty-four

F.H.A. Educational Exhibits

Since many people fail to realize the importance of a good breakfast, the **Jones Central** FHA'ers prepared as their educational exhibit at the county fair a booth stressing the way to score high on breakfast.

Illustrative drawings were made by the FHA girls. A poor breakfast and a good breakfast were displayed, and clockwise menus were given. Educational material for everyone was prepared, also.

Why is breakfast important? Because a person has not eaten anything for twelve hours or more. If breakfast is skipped or skimmed, about midmorning a feeling of hunger or fatigue occurs. From one-fourth to one-third of our day's food allowance should come from breakfast.

Those who skip breakfast because they are afraid of gaining weight, should remember that breakfast foods are the least fattening and most important. A good breakfast should consist of fruit, cereal, whole-wheat or enriched bread, butter or fortified margarine, milk or a hot beverage and a breakfast meat if desired. Remember breakfast is the most important meal of the day. Eat a good breakfast!

New greens, vibrant blues, browns, rich maroon red, and gold were seen as the girls from the **Jones Central Chapter** paraded the new fashions at the Jones County Fair.

The fabrics of wool, winter cottons, and new blends were most noteworthy. Plaids were popular, too.

Styles that are always good were most popular. The shirt-waist, the sheath, and the princess lines were seen. The weskit trimmed with braid or fringe, the very best of fashion this season, was modeled by several girls.

Everyone enjoyed the fashion show, especially the 49 girls participating! Elaine Parker, our own State Reporter was narrator.

Reporter of Jones Central
Rebecca Foscue



Chowan High School Chapter

A dark brown paint was used by Future Homemakers of the **Roxboro Chapter** to paint the shadow boxes (made by the F.H.A. President's father) to use in the Person County Fair Exhibit. Pale yellow army-supply-store fabric was used for the background.

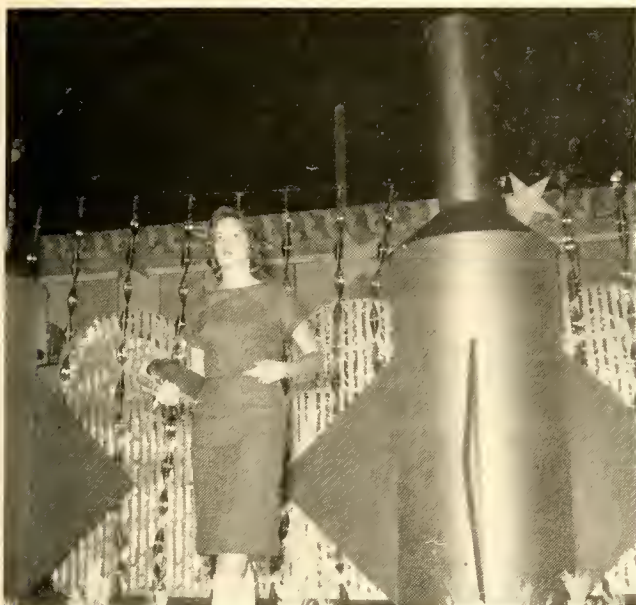
FHA members dressed the dolls, made fabric bedspreads and curtains, papered the interior of the boxes and made the furniture from paper and pictures. An electrician donated two spotlights which were very effective.

The blue ribbon went to the exhibit and with it the award of \$45.

The **Chowan High School Chapter** of the Future Homemakers of America, with the help of their adviser,

Roxboro Chapter





Pictured here is Nancy Olive of the Bartlett Yancey Chapter. Nancy was one of the girls to model in the Danville, Va., Fashion Show held annually during the Danville Fair. The theme for the show was "Out of the world in fashions."

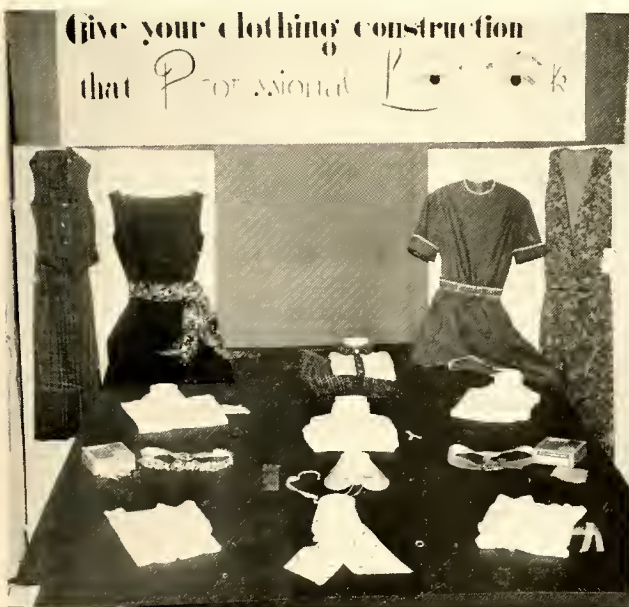
Mrs. Loraine H. Rogerson, won the trophy for having the best fair exhibit at the Chowan County fair.

The trophy was presented to Mary Alice Perry, president of the Future Homemakers of America, by Mr. Roy Spruill, representative of the Home Feed and Fertilizer Company.

The Chowan Chapter is real proud of the cup and will work real hard in the future to win it again. If the Chapter wins it three times in succession, the Chapter can keep it permanently.

The Chapter has won the blue ribbon several times but this was the first year anyone in our group has received the trophy.

The exhibit below was entered in the Cabarrus County Fair by the Harrisburg Home Economics Group. They



won first prize of all the entering home economics exhibits.

As shown in the picture, the FHA'ers are trying to show how to give clothing the professional look. In the lower left and right corners are pull-over sweaters that were made into cardigan sweaters and decorated. Just above the sweaters are belts made with contour belting, and a collar with cording. Also shown are monogrammed blouses, a blouse decorated with lace, a shirt and matching bermudas, skirt and matching weskits, a dress with cording, and a dress decorated with a sash. The group learned very much from this experience.

Interpretation Through the Medium of the Local Newspaper

Appearing in *The Daily Reflector*, Saturday afternoon edition of the Greenville newspaper, was a full page feature article on the Pitt County Future Homemakers of America. *Reflector's* Woman's Editor, Peggy Smith, clearly defined the over-all goals and purposes of our organization. Quotes from her article follow:

"The over-all goal of the group is to help individuals improve personal, family and community living. Each year, members of local chapters develop a program of work including projects and experiences which will help them work toward their goal.

"In order that the public may know how this organization affects its members, the *Daily Reflector* has pictured the eleven presidents of FHA Chapters in Pitt County on this page and reported the accounts given by each president on 'What FHA Means to Me'."

Sue Ellen Hunsucker, president of the Winterville Chapter who thinks of FHA as a service made this statement, "Any organization of which one is a member offers opportunities and responsibilities, but the Future Homemakers of America does more. It gives the girls the inspiration and the incentive to work and to accomplish. FHA members, in every activity, are given the responsibilities of leadership and of following—each being involved in an intricate system of co-operation. Our work in the organization prepares us for bigger duties in the future and introduces problems that we are obligated to solve.

"The work of our organization is vital to our nation. The purposes for which we stand should be the basis for every home. I am proud that I can have a small part in our magnificent purpose—to serve our communities, our nation, and our homes as Future Homemakers of America."

When asked what the chapter meant to her, Shirley Whitehurst, president of the Bethel Chapter, made these statements: "Because I am a teenager, I know that the homes established in the near future will be done so by girls and boys who have beliefs, attitudes and training similar to mine.

"We want for ourselves and our future families the best opportunity will provide. To have this, we must study and learn those things that will make for better living.

"Future Homemakers of America is just one of the many phases in Homemaking Education, but it is one whose goals and aims are forever reaching toward new and better horizons. Being a FHA member today means a better family member tomorrow."

Each year one important feature of the day's program is sharing the National Convention Program with all Future Homemakers in the respective district. The North Carolina Association will benefit greatly from the experiences of the 77 delegates to the 1959 Convention. Reports of the Convention were different in each district, but in each district members could be proud of the originality and the creativeness of those delegates giving the report—and all members, no doubt, caught the enthusiasm and appreciation of each delegate for having had this opportunity to attend a national convention.

Another very important feature of the Rally program is the election of the state officer for the coming year. Not every candidate can win—but each candidate, with her supporters, is to be commended for having run and for having made a real contribution toward strengthening her chapter, her district, and finally the State Association.

* * * *

Though a similar pattern was used in each district for the day's program there was some variation in the special feature programs as seen in the skeletal outline below:

DISTRICT I

"Hands"—Devotion by Pamlico County Chapter

REVIEW and NEWS

OF THE DAY

The Day of the Rally in Eight Districts in North Carolina

Welcome—Mr. M. B. Weaver,
Principal of Pamlico County
School

Greetings—Mr. G. W. Harriett,
Superintendent of Pamlico
County Schools

Sing With FHA—Led by Mr.
Charles Stevens, Choral Direc-
tor, Washington High School

"Youth in the Home, Today and
Tomorrow"—Reverend Earle
J. Rogers, First Baptist Church,
Washington, D. C.

Solo—Jane Du Laney, Edenton
Chapter

Pageant—"The Big, Big World
and the People In It"—Rich
Square Chapter

DISTRICT II

"Hands" — Devotion by Mary
Bryon Wooten, La Grange
Chapter and Kay Rivenbark,

Soprano, Southwood Chapter
Welcome — Mr. Frank Mock,
Principal, Grainger High
School

Greetings—Mr. Jean P. Booth,
Superintendent, Kinston City
School

"You Have Tremendous Possibili-
ties"—Dr. Jerome G. Toloch-
ko, Rabbi of Temple Israel,
Kinston, North Carolina

Sing with FHA—Mr. James Hall,
Choral Director, Grainger High
School

Solo—"Autumn Leaves" — Polly
Glover, Rock Ridge

Jerry Howard and His Ivy Leag-
uers—Directed by Mr. Harry
Shipman, Band Director,
Grainger High School

Pageant—"The Big, Big World
and The People In It"—Wayne
County Chapters Directed by

Checking the Rally Program in District VII are (left to right) Mrs. Frances Barlett, home economics teacher at North Buncombe High School and District eight adviser; Catherine Blanton of the Shelby Chapter and State Historian; Barbara Jean Nix of Bethel; Judy Renfro of Cullowhee; and Beula Adkins of Owen.





The Roll Call by counties in District II.

Mr. Clifton Britton, Director of Dramatics, Goldsboro High School

DISTRICT III

Welcome — Rayceine Carpenter, President, Fayetteville Senior High School

Greetings—Mr. Sam R. Edwards, Principal of Fayetteville Senior High School

Relaxer — “Getting To Know You”—Lumberton Chapter

“Developing Our Potential Abilities”—Mr. Bert Ishee, Principal, Alexander Graham School Luncheon Entertainment — Scottish Dancers, A Spanish Dancer, and Group Singing Souvenirs of the National Convention—Rockingham Chapter

DISTRICT IV

“Hands”—Devotion by Benvenue Chapter

Welcome—Mr. Joseph Holliday,

Principal, Needham Broughton High School

Greetings — Panthea Gupton, President, Needham Broughton Chapter

Pageant—“The Big, Big World and the People In It”—Benson Chapter

Talent Time—Wake Forest Octette, Dunn’s Crewnecks

“Youth Can Be Charming” — Miss Billye Cook, Nancy Taylor Charm School

DISTRICT V

Skits on the Four Objectives of Our Organization — by delegates to the 1959 National FHA Convention

“Blueprint For Action” — Reverend Thomas Haggai, Pastor, Emerywood Baptist Church, High Point, N. C.

DISTRICT VI

Devotions—Harrisburg Chapter

Welcome — Sara Jean Hildreth,

President, Wadesboro Chapter Greetings—Mr. B. F. Strickland, Principal, Wadesboro High School

Greetings—Mr. W. F. Wildermuth, Supt., Wadesboro City Schools

“Youth Can Do” — Dr. Morris Husted

Relaxer — Dianne Wilson, Garlinger Chapter

Talent—Ann Black, Bethel Chapter; Linda Hildreth, Wadesboro Chapter

“Youth Can Do, Through Home Economics”—Mrs. Billy Jean Simpson, Mrs. North Carolina of 1959

DISTRICT VII

Devotion—Beaver Creek Chapter

Greetings — Johnson Stillman, Principal North Rowan High School

Greetings—Charles Erwin, Superintendent, Rowan Schools

DISTRICT I RALLY, BAYBORO, OCTOBER 3—Pictured; seating his wife and other family members at lunch in honor of the guests at the District I Rally is Rev. Earl J. Rogers of Washington. He was introduced as morning speaker by his daughter, Emmy, a member of the Washington Chapter of Future Homemakers. Also pictured with the family is Celia Clark, State Parliamentarian, and Mrs. Rachel Swindell, District I Adviser.



Relaxer — Judy Pardue, West Yadkin
 Skit—"A Salute to the 50th Anniversary of Home Economics"—East Wilkes Chapter

DISTRICT VIII

Devotions—Rutherfordton-Spindale Chapter
 Welcome—Future Homemakers! —Scottie Chandler, President, Hendersonville Chapter; Mr. Hugh Lockaby, Principal, Hendersonville High
 Greetings—Supt. Hugh D. Randall, City Schools; Supt. J. M. Foster, Henderson County Schools
 "You and Your Family"—Dr. I. V. Sperry, Professor, Family Life Education, Woman's College, UNC
 Panel Discussion "The Girl and Her Family" — Patsy McKin-

ney, Forest City Chapter
 Relaxer — "Getting To Know You"
 Music—Hendersonville High Jazz Band
 "Charmingly Yours"—Mrs. Jack Keeter, Rutherfordton; Rutherfordton-Spindale Chapter
 Let's All Sing—Rebecca Wilson, Edneyville Chapter

Every Future Homemaker in North Carolina and those interested in the homemaking program in our schools are indebted to our district advisers, our state officers and planning committee members for the very fine educational programs provided through our District Rallies each year. Our state officers who preside at the Rallies offer much in the way of incentive and enthusiasm as they demonstrate that "Youth Can Do," and that we all want to strive to develop our potential abilities.



A skit "A Salute to the 50th Anniversary of Home Economics" was presented by the East Wilkes Chapter at District VIII Rally.

"Food Comes First" for Potential Youth Power

North Carolina is among the many states in the country now participating in this new program—"Food Comes First" for Youthpower. It is based on Youthpower and the value and importance of proper nutrition for the teenage group, and is supported by the entire food industry. This project was activated as a result of nationwide concern over the health of the nations' youth.

The North Carolina Farm Bureau Federation has volunteered to take initial leadership in establishing a statewide committee to plan a program for the next few months. A successful nationwide program will depend upon activity leading up to the selection of 6-10 well qualified boys and girls to attend the nationwide Youthpower Congress in Chicago in February, 1960.

According to present plans, the North Carolina Association of Future Homemakers of America will be represented at the Congress.

Watch for further development of this project in your local newspaper.

A PATTERN FOR LIVING

Given at State Officers' Workshop

By Jeanice Paul

State Parliamentarian

Alabama Association of F.H.A.

We, in Home Economics, believe in a plan for doing everything. We want a budget for our time and money, a recipe for preparing a dish, a pattern for making a garment, and I can name many other plans and patterns that we need and use. A major one in my mind is a plan for our lives or a *pattern for living*.

I have chosen just such a pattern in one short verse of scripture taken from the 2nd chapter of Luke. This chapter, you know, deals with the birth of Christ and his boyhood. The 52nd or last verse of this chapter is and I read, "And Jesus increased in wisdom and stature, and in favour with God and man."

Our responsibility here and at all times is to gain knowledge and apply that knowledge for the betterment of ourselves today, our families tomorrow, and mankind at all times. Next, let us think of how important it is that we keep our bodies clean within and without, filled with nutritious food and wholesome thoughts so that we may develop our statures to their full potentiality. May we through this development never lose sight of God and never fail to realize that through Him our strength and counsel comes. A steadfast faith, a wholehearted love for God, and sincere and dedicated practice of the Ten Commandments he laid down for us opens the way for His favor and certainly paves the way for us to draw the favor and trust of our fellow man.

In this day of atomic fear, tranquillized security, and satellistic speed, we now in our youth must establish a philosophy of life based on Christian principles if we are to achieve any degree of the ever-searched-for intangible — called — Peace. If we here today, the makers of tomorrow's homes, can establish our pattern after Jesus and let that pattern be radiantly shown in what we think, say and do—then tomorrow's world will be more secure and more sublime with God's love and satisfying peace.

Prayer: Dear Heavenly Father, help us to have beauty of soul and spirit as we pattern ourselves after the only perfect example.

Applauding Our Chapter Reporters

Who Are Promoting Good Public Relations as They Tell the Story of Activities Which Interpret Our Goals and Purposes

From the National FHA Program of Work, two objectives were selected by members of the North Buncombe FHA Chapter. These two objectives are:

1. To develop a better understanding of our families and to contribute to their well being.

2. To interpret the value of home economics as a basic part of our total education.

Having adopted the above objectives the following projects were planned: (1) to contact the PTA group to see what they are doing to improve educational and spiritual values in home, school, and community (2) to sponsor a progressive dinner (3) to make a collection of family prayers and mount in a scrap book to present to our family (4) to prepare kits on Careers in Home Economics and other professions (5) to donate to the school and city libraries (6) to have a panel of chapter members to present a program on the "Values of Homemaking and FHA." (7) to write more articles for the school paper, the town paper, our North Carolina FUTURE HOMEMAKERS MAGAZINE, and our national magazine *Teen Times*.

Reporter:
LINDA GAIL BURLESON

"Good Footsteps Make Progress" was the theme of the Rutherford County Future Homemakers annual workshop, which is in reality a training school for officers.

Mr. Forrest Hunt, principal of the Tri-High—the school in which the workshop was held, delivered a welcome. Greetings were extended by the president of the Tri-High Chapter, Janan White and the Tri-High Chapter mother, Mrs. Perry Byers.

"Footsteps Toward Stranger Membership," a program presented with the use of colored slides by the

Cool Springs Chapter proved to be very educational and helpful to all chapters in the Federation.

Following the opening session officers divided into groups according to the office held. In each group (presidents, vice-presidents, secretaries, treasurers, reporters, etc.) it was the officer in the County Federation who, with the help of her adviser led the discussion. Through these group sessions, each officer became more aware of the duties and responsibilities of her office, and received suggestions for ways of successfully fulfilling these duties and responsibilities.

A request from Chapter parents following last year's workshop resulted in the following suggestions regarding the responsibilities of Chapter Parents:

SUGGESTIONS FOR RESPONSIBILITIES OF CHAPTER PARENTS

1. Help plan social events.
2. Serve in place of adviser at local chapter meetings when adviser is unable to attend.
3. Work with a committee to carry out a special responsibility.
4. Help the F.H.A. adviser at any meetings the chapter is hostess for.
5. Attend local and county, and if convenient attend district and state meetings helping with transportation if needed.
6. Attend chapter meetings and some of the executive council meetings.
7. Offer to participate in some chapter activities such as: help with community projects, participate on a program, participate in social hour, clip items for the scrapbook, help with fair booth, and others.
8. Work with degree applicants.
9. Help a new home economics

teacher to become acquainted with the community.

10. Assist with publicizing and interpreting chapter activities to the community such as: F.H.A. Week, American Education Week and summer activities.

11. Chaperone for special occasions such as: field trips, social events, etc.

Reported by
PATSY MCKINNEY
President of
Rutherford County Federation

The Clarkton Chapter of Future Homemakers of America initiated new members in a candlelight service held in the Home Economics department. The program was planned to carry out one of our goals, "Promoting Good Will," and the group welcomed Miss Virginia Parsons who spoke on her recent trip abroad. Miss Parsons said, "I am happy to know that Future Homemakers are doing such a wonderful work in promoting international good will."

At the November meeting of the Clarkton Parent Teachers Association, Future Homemakers presented two skits. Senior girls presented a short play, "Got a Date?" which included a fashion show. Each girl modeled the garments she had made in class.

"The Big, Big World and the People in It," was a skit given by the Freshman F.H.A.'ers. Comments afterward proved that our work was as worthwhile as it was fun!

Reporter,
JANE GAIL LATHAN

The first program of the year for the Beaufort F.H.A. Chapter was a candlelight installation and initiation service with 36 new members taken in the chapter.

F.H.A. Chapter members will sponsor football dances, sell cans of candy and dish cloths in order to purchase a new gas stove for the foods lab.

The Beaufort won first prize of \$10 for the Home Economics exhibit at the County fair. It was on correct methods of ironing. It was planned and organized by third year home economics girls and was dis-

played by Sandra Whitehurst and Sandra Jo Poke.

Frank Cassians, an insurance man, explained the need and benefits of family insurance to the second year girls. They have been studying money management.

The F.H.A. girls will provide free baby sitting in the home economics department for each P.T.A. meeting. Refreshments were served by Future Homemakers at the first meeting of the Parent-Teachers Association.

A well chaperoned dance held in the Scout Building was sponsored by the F.H.A. chapter following the football game. Admission was 35 cents.

NANCY HUNTLEY
Beaufort Chapter Reporter

The Robert B. Glenn Chapter has an enrollment of 108 members. This year we gained 33 new members. Our plans for the coming year include many activities which will benefit our school, chapter, and community. Recently thirteen of our members attended the District 5 Rally at High Point.

JEANNE WEAVIL
Chapter Reporter of
Robert B. Glenn F.H.A.
Chapter

Fair Week Activities—Rosewood

"Is the Gobblebug Getting Your Dollars?" was the title of the exhibit prepared by the Rosewood Future Homemakers. The exhibit received a blue ribbon and fifty dollars at the Wayne County Fair on September 14. There were nine other home economics exhibits—Fremont received second place and New Hope placed third.

The Rosewood exhibit was planned one rainy night in July by members of the fair exhibit committee. Faye Woodard was chairman of the committee and Becky Jordan, F.H.A. president, played an important part in making the gobblebug become a reality. The idea came from a cartoon in a home economics bulletin on money management. With the "gobblebug" eating dollars as an attention-getter, the girls planned to make a sample budget, dividing the dollar according to the needs of an average family. Ways to control the dollar were listed briefly on a poster. Money manage-

ment booklets were used to complete the exhibit. The colors used were black and white with accents of red. Good balance, proportion and other principles of art were considered.

The exhibits were evaluated by

three home economics teachers (not in the county), who used a score card in judging.

This was a real learning experience—and a rewarding one for the hard work it required.



PAKISTAN *Visitors*

Syed Hamid and Rabia Mahmood from Karachi, Pakistan, delighted members of the Needham B. Broughton chapter of the F.H.A. with their many interesting remarks about life in their native country.

On leave of absence from the University of Karachi, Mr. Mahmood is working on his Ph.D. in Zoology at North Carolina State College. At the University, he worked in the science department and did much toward getting it organized.

Mrs. Mahmood told the girls something about the troubled history of their twelve-year-old country. Pakistan was once a part of India but was divided into two free countries after petition by the Moslems and Hindus. East and West Pakistan are now separated by India.

Mrs. Mahmood then proceeded to tell us about the family customs of her people. As in other Eastern countries, the teen-age boys and girls

do very little together — no dating, dancing, or going to the same school! The girls spend much of their time learning to cook and sew, as well as getting an education. Marriage customs were especially interesting. A girl's family picks several young men who are well educated, have good jobs, and come from good families, and invites them to several parties. From what the girl sees and hears about the men, she must decide which one she wants, or she may turn away all of them. Even though this system may not seem good to us, it has resulted in extremely few divorces for the people of Pakistan, compared to those of America.

Today, Pakistan is swiftly becoming a modern country. The women have "lifted their veils" and are working along with the men as doctors, lawyers, and teachers in order to help their nation achieve its place in the world.

Devotional

Presented by Utah Future Homemakers of America
At the 1959 National Convention

Sacred music as background to the very last statement when FHA Prayer Song will be played.

Posters required: Large one for background—3 girls holding it: "Let Your Light So Shine." Four other small scrolls held by four students—written on scrolls:

"Imagination"
"Opportunity"
"Responsibility"
"Enthusiasm"

Another poster can be used in front of the podium including statement: "Live FHA Ideals—Truth, Love, Security, Faith"

Narrator: In New York Harbor between Manhattan and Staten Island lies a sunken shoal called Robin's Reef. A lighthouse stands there to warn of hidden dangers to those who go by sea. For years the keeper of Robin's Reef Lighthouse has been a woman, now an elderly widow, by the name of Mrs. Jacob Walker. I would like to tell you the life story of Mrs. Walker as she tells it in her own words:

"I was a young girl living at Sandy Hook, New Jersey, when I first met Jacob Walker. He was the keeper of the Sandy Hook Lighthouse. He took me there as his bride and we were very happy. Some years later we were transferred to the Robin's Reef Lighthouse. After four years my husband caught a cold while tending the light. The cold turned to pneumonia and they took him to a hospital on Staten Island. I remained behind to look after the light. A few nights later I saw a rowboat coming through the darkness. Something told me the message it was bringing. Two days later we buried my husband on a hillside on Staten Island not too far away to be seen from the lighthouse. Every morning since then, I stand at the porthole when the sun comes up and look out across the water toward Jacob's grave. Sometimes the hill is green, sometimes it is brown, sometimes it is white with snow. But I always get a message from him. It is the same thing I heard him say more often than anything else in life. It is always the same, just three words: 'Mind the Light!'"

Ever since that beginning so long ago the greatest need of the world has been for more light, for more "light minders," more "light carriers."

"Let your light so shine before men, that they may see your good works and glorify your Father Which is in Heaven." We, as Future Homemakers of America have a light of truth, love, security, and faith that glows brightly, as if it were touched by our Creator. Let us unfold our light from beneath the bushel, hold it high, and let the whole world see and know our wonderful organization. In order that others may profit from our light, we must improve our flicker into a steady, never-failing beam, filled with courage and determination to succeed.

Each one of us has been blessed with talents and gifts in order to build our character, not selfishly, nor for world acclaim, but in the service of our fellow men, for the uplift and enrichment of others. And as we exercise our God-given talents, we shall be added upon and gain new talents, abilities, and a stronger light to help others. We do not want to bury our light under a bushel. It is our responsibility to cultivate each gift we have been given—to shine our light into the lives of others.

First, in adding fuel to our torches, let us set our FHA ideals high, that nothing may mar or corrode them. We do not want them so low that they may be easily attained, for "in following the course of least resistance, men and rivers grow crooked." Let us think of our ideals as the highest peak on the highest mountain.

I want a mountain always in my heart,
A white unconquered peak, aloof, apart,
Gold in the dawn, dark Cameo at night,
Challenging me to scale its Godlike height.
Oh, may I never reach that high white shrine,
For the goal belongs to God—but the climb is mine.

Yes, Future Homemakers,
Aim for a goal, then start on your way,
It may take a year, or only a day.
Be sure to travel slowly and watch for mistakes,
But Oh, don't worry about the time it takes.
The path may be rough and mostly uphill,
But you'll get mighty close by using your will.

This poem may well be light to the life of not only US, but to many others around us. We are largely the creatures of our own environment and associations. Let us beware of anything that lowers the ideals or makes us satisfied with anything less than our level best—with anything but excellence—or which tries to make us believe that being mediocre is good enough, or that ordinary will do. It is the mind which will be satisfied with nothing but the best, and which will have nothing to do with anything less than excellence, that achieves that which is worthwhile.

Girl Holding Scroll "Opportunity": Along with our high ideals, let us show others that we are mindful to the light of "opportunity." Let others see that we, the Youth of America, are *selective* and choose only those opportunities which will be most uplifting and rewarding, those which will be life-enriching.

Narrator: The wise girl will make more opportunities than she finds. We do not ever want to be blind to opportunities, simply because we feel we do not have time to take them. Both the time and the opportunity will fly by, never again to be offered to you. "Lost!—somewhere between sunrise and sunset, 2 golden hours, each set with 60 diamond minutes. No reward is offered for they are gone forever." After we have firmly grasped our golden opportunities, let us take upon ourselves the responsibility of doing the very best we can with them.

Girl Holding Scroll "Responsibility": We, as Future Homemakers of America, have not only the opportunity of making the homes of the future great, but a responsibility to set a firm foundation for our future homes in our homes of today. Let the light of "responsibility" shine brightly in our homes so it will carry on in our future.

Narrator: No one rides dead-head on the road to happiness—if we reach that goal, we must pay the fare.

One of the most dangerous things on a railroad is an engine moving without cars. It has power, it has speed, but it has no responsibility. It may leave the roadbed on a curve—a curve that it easily negotiates if it is pulling a string of cars. Like the railroad locomotive moving aimlessly without cars, is the person who goes through life without responsibilities. He may lose his sense of balance on a curve of life, and that curve may be just the one that a person with proper responsibilities would hardly notice. When given responsibilities, take them, and remember—one minute of *Do It Now* is of more value than ages of *Put It Off*. God made America fruitful: As FHA'ers we have the responsibilities of keeping our nation great.

Now let's add *Imagination* and *Enthusiasm* to our responsibilities—and we will indeed have found the spark that sets our light of responsibility aflame.

Girl Holding Scroll "Imagination":

Take Imagination and Enthusiasm
And Hitch the two together,
Then fix your gaze on the highest star
And forget about the weather.

Take a pound of pluck and energy
And mix with an ounce of thrift.
Then forward march to the heights ahead,
And don't be begging a lift.

Girl Holding Scroll "Enthusiasm":

Pick out the hill you want to climb
And fix your gaze on the peak
Then blaze your way to the very top,
The bottom is reserved for the weak.

Narrator:

Imagination and Enthusiasm—
Mark you! this matchless team
Is yours to harness and drive to the goal,
Of all your heart has dreamed.
Imagination and Enthusiasm—
Oh, girls, if you are wise,
You'll give 'EM the rein, then fix your gaze,
On the brightest star in the skies.

All Five Girls: (Turn to sign and lift their inner hands up toward sign.) Yes, "Let your light so shine that it may become a beacon to all those who need help."

Narrator: And remember—"It isn't necessary to blow out the other person's light in order to let your own light shine."

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"



Caroline says:

"Toward New Horizons"

I was once asked, "Why do we have an F.H.A. motto, and what does it mean to you?"

Since then I have often thought, "What does it mean to me? Toward what new horizons are we, the Future Homemakers of America, striving?"

Webster says, "A horizon is the limit of one's mental vision." The apparent meeting of the earth and the sky, the meeting of our present and our future, the meeting of time and eternity—these are our horizons.

Our future—the vast unknown that stretches before each of us—what does it hold? We cannot see beyond the horizon of each present moment; therefore we must prepare ourselves for whatever may come. The homemaker of today is not only a wife and mother, but a teacher, a nurse, a social and civic leader, and often a breadwinner, as well as the manager of her home. How much more, then, will be the responsibility of tomorrow's homemaker; her home may be in the realms of outer space!

We, the youth of today—the homemakers of tomorrow—must prepare ourselves to meet the new horizons stretching before us. We must be ready to accept the challenge of the world of tomorrow; it will be in our hands.

KAY HALL, State Treasurer



Painting—By John Singleton Copley in The North Carolina Museum of Art, Raleigh, N. C.

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FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME XVII

FEBRUARY 1960

NUMBER 3

OUR COVER PICTURE

This painting, purchased by the state from the original one million dollar grant which was appropriated by the North Carolina General Assembly in 1947, is by John Singleton Copley. It is a large portrait of Sir William Pepperell and his family, of Boston, Massachusetts.

This painting shows the influence of English portraiture on our American school of painting.

At the outbreak of the revolution, Pepperell fled to England because of his loyalty to the British crown. With him he took his American wife, Elizabeth Royall (daughter of the Honorable Isaac Royall of the Massachusetts Council) and their children. Mrs. Pepperell died en route and was buried in Halifax, Nova Scotia. Our painting was executed some time after the arrival of the father and children in England. The painter also arrived in England

about the same time and most likely used Mrs. Copley as model for the figure of the mother. Since he had painted Elizabeth Royall and her sister at an earlier time in Boston, he depended on his memory and possibly on sketches for her features.

The North Carolina Museum of Art, one of the South's newest and finest museums, located just off historic Capitol Square in Raleigh, is a source of pride to every North Carolinian as theirs was the first state in the nation to set aside public funds to found an art collection for its people.

North Carolina Association of Future Homemakers of America

State Officers 1959-60

President—Nancy Edwards, Wingate VI
Vice-President—Sammie Gatlin, Franklinville V
Secretary—Anne Alphine, Dunn IV
Treasurer—Kay Hall, Rowland III
Reporter—Elaine Parker, Jones Central II
Parliamentarian—Celia Clark, Robersonville I
Historian—Catherine Blanton, Shelby VIII
Song Leader—Dawn Crissman, Boonville VII

District Advisers 1959-60

Mrs. Rachel F. Swindell, Bath I
Mrs. Julia P. Kennedy, Moss Hill II
Mrs. Berline R. Baldwin, Clarkton III
Mrs. Pearl Stroud, Dunn IV
Mrs. Gwendolyn Griffin, High Point Sr. V
Mrs. Betsy R. Blankenship, East Mecklenburg VI
Mrs. June G. Reichle, Davie Co. Cons. VII
Mrs. Frances S. Bartlett, North Buncombe VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

NATIONAL FHA MEETING

If we are to have representation from all sections of North Carolina, it will be best if each district could send two delegates in addition to the state officer (whose expenses will be paid from the 10 cents contribution of the members). The national treasurer, Catherine Blanton, is included in the quota.

The delegate must be an active FHA member. She should be capable of making a contribution to the convention program and be able to bring the "Convention Back Home" in order to strengthen local programs as well as county, district, and state programs which will eventually strengthen the entire State Association.

Applications from those who wish to attend will be considered on the basis of the date the application is received in the office, the number of applicants from any one district, and the qualifications of the applicants. If one district should have only one applicant and another district has four or five, then the applications from the district having the larger number of applications will be considered. The applicant's atti-

tude, interest, and enthusiasm in the home economics program are important factors. Remember that a senior graduating in 1960 will have little opportunity to apply her learnings and experiences at the convention in her local chapter and the state program next year.

Below is an estimate of the Convention Expenses:

Registration	\$ 3.00
Room (3 persons per room) \$4.50 per person per day, plus 3 per cent tax (5 days)	23.18
Train fare (round trip)	13.37
Box lunch enroute85
Transfer of luggage	1.00
Tips	1.00
Tour of Washington	1.50
Return trip-meal on diner	2.00
Meals for the entire week except Thursday noon but including the Thursday night banquet	21.60
(Delegates will be free to select their own eating places Thursday noon.)	
	<hr/> \$67.50

IMPORTANT DATES!!

For Spring and Summer 1960

State Convention : Raleigh

Memorial Auditorium
March 26, 1960

Camp

Future Farmers—White Lake

May 30-June 4
June 6-June 11

National F.H.A. Meeting

Statler Hilton Hotel
Washington, D. C.
July 11-15

Quota for North Carolina
Members—27
Adults—7
Total—34

Who will attend:

1. All state officers plus National Treasurer... 8
2. Adults 7
Adviser of National Officer 1
District Advisers ... 5
State Adviser 1
3. Delegates at large representing chapter, county, or district
Youth 19
Adults 0



From left to right are the chapter officers: Kitty Tawe, Secretary; Marilyn Taylor, Vice-President; Judy Hedgepeth, President; Judy Whitley, Treasurer; and Sandra Odom, Chairman of the Project Committee and Mr. John Laugharn.

One hundred and thirty-eight members of the Benvenue Chapter of the Future Homemakers of America had a busy schedule in December making and repairing toys for children of needy families.

It all began at the November meeting. Sandra Odom, Chairman of the Christmas Project, held a workshop on Repairing Old Toys. Her enthusiasm was caught by each member which resulted in every member bringing a toy to the December meeting. Mr. John Laugharn, Chairman of the Christmas Activities for the Rocky Mount Jaycees, was on hand to accept the toys which were distributed by his organization.

Members should be commended, according to Mrs. Fred Langford, Chapter Adviser, for a "job well done." All work was done by members outside school hours. This project may have grown out of the desire of FHA members to bring joy and happiness to every little girl on the Christmas Opportunity List.

“Winter Wonderland of Fashion”

A great upsurge in interest in home sewing was in evidence at the Lee Edwards High School in December when Homemaking classes II and III (105 students) presented a fashion show entitled, “Winter Wonderland.”

Special guests at the revue were students in the homemaking departments of David Millard and Hall Fletcher Junior High schools, and Mothers of homemaking students at Lee Edwards High School.

Mrs. Kennedy, the home economics teacher, feels that the home-making course as a whole, particularly the section devoted to family budgeting, is having a desirable influence on early marriage. One girl at least has told her that she was contemplating marriage before she has finished her education until she reached the budgeting section. That made her think and she put off her plans.

The script, written by Helen Glenn, and announced by Vickie Greene is printed here:

It's wintertime and it's quietly snowing;
While above the tree tops the wind is blowing.
The snowflakes are making the ground glistening white
Making ready for Christmas and Santa's visit at night.

The outside weather may be chilly and bad
But on the inside all hearts are happy and glad.
The fireplace is glowing and everyone is warm
While making preparations for a happy Christmas morn.

The tree is glowing with ornaments so bright;
Popcorn and gifts make decorations just right;
Hanging Christmas cards will add to the fun
Increasing the Christmas spirit which has just begun.

All of this makes minds wander far away
Dreaming and planning for the coming holiday;
A new coat for Mom and a new tie for Dad;
New clothes for Sis in the latest fad!

But Sis keeps thinking of those clothes she saw today.
If she could just buy them, she would feel quiet gay!
Their colors were perfect; they fit like a glove—
These for her wardrobe, she dearly would love!

She's already priced them but the cost is too high!
But she wants those garments so bad she could cry!
SHE HAS AN IDEA—a good one I'll confess!
She's decided to make those garments because the cost will be less!

She went out and bought materials and started to sew
But there were too many things she just didn't know.

WHAT COULD SHE DO NOW?

Easy—She joined a homemaking class one day
And became a good seamstress or so they say!

We'll soon find out in a fashion revue
Which the FHA is sponsoring for you.
Watch for our star wearing clothes she has made
And you'll find out her sewing really has paid.



WINTER WONDERLAND OF FASHION—A skit entitled “Winter Wonderland” served as the setting for a showing of 105 costumes made and modeled by Homemaking Classes Two and Three of Lee Edwards High School. Modeling their own creations are Joan Brendle, tenth grader; Danno Post, 12th; Sarah Peacock, tenth; Glenno Wilson, 12th; Koy Motheson, 12th and Miss Fortune.

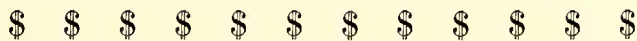
In Memoriam

On January 6, 1960, as the New Year was beginning, Linda Wade Clarke, promising young daughter of Mr. & Mrs. Hal Clarke, and a member of the Junior Class of Celeste Henkel High School, left this world to enter that land of perfect happiness and lasting peace.

Linda had completed the Junior Homemaker Degree and had started on the Chapter Degree. She was very active in the following clubs: Beta, FHA, Glee, FTA, and Science.

We miss Linda, but our comforting thought is that the grave can not hold God's own. We think of Linda at this moment as living more vibrantly, more joyously, and more abundantly than an earthly world could allow.

Young Moderns CAN Make Money Behave



Consumer Education—National Project of Future Homemakers of America



The problem of personal and family finances may seem comparatively minor to us now, but it will be a very real and major part of our world of tomorrow; and tomorrow follows close on the heels of today. Soon each of us will be leaving our present homes to make new lives for ourselves, whether it be in college, business, or our own new homes. And each of us will then be responsible for our time and money and how they are used.

Often we hear “money isn’t everything!” Money really isn’t everything, but rather a means to an end, whether that end be shelter, food, clothing, personal luxury, or the advantages of an advanced education. Though it should not be the most important thing in our lives, money — or the lack of it — does cause many serious problems. Records show that a great number of divorces and broken homes stem from money problems. Wise management can make our money get for us at least some of the things we want.

Values determine how we spend our money. To some, higher education is the goal toward which their resources are to be directed; to others it may be a fine house, a big car, more entertainment, or more insurance for the future. Even one who has the highest values, however, can have a careless attitude toward his money and will still be no better off financially.

Assuming more responsibilities is a great part of growing up. At first these responsibilities include dressing ourselves and forming good grooming habits. Later there may be added the duty of some household chores and the care of our pets. At our age these responsibilities should include managing our own finances.

It is necessary to plan ahead if our money is to do the most good. This means budgeting our finances. Some find budgeting to be a grim and tiresome job; it needn’t be. We should first take into consideration our income and all the things we want to do with it. That means setting aside money for routine needs such as lunch money, recreation, and clothing; it also includes providing for special expenses which might arise.

It follows logically that it makes good sense to keep financial records. This need not involve long hours spent struggling over big black ledgers with involved bookkeeping methods; keeping records can be a simple process. It can also be a source of personal satisfaction; even when our money doesn’t stretch as far as we would like, it is some consolation to know where it did go. Anyway by keeping tabs on how each dollar is spent we can perhaps stretch them.

One point to keep in mind is that most young people cannot afford to do all the things they would like to do at once. When they try, they often find themselves head-over-heels in debt. But with more wide-awake attitudes toward our finances and with better management, we young moderns can make our money behave.

KAY HALL, *State Treasurer*

Young Moderns Can Make All Resources
Behave - With Good Management of:

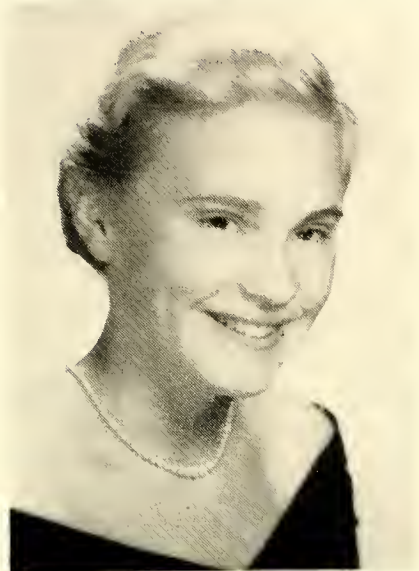
TIME		ENERGY
	TALENT	
APPRECIATIONS		SKILLS
	POTENTIAL POWER	
CREDIT		COMMUNITY SERVICES

ELAINE PARKER

State Reporter

How does it feel to be a state officer? Just wonderful! On October 4, 1958 when I was elected State Reporter by District II, I began the most exciting year I have ever known.

I live on a farm, just outside of Pollocksville, with my parents, Mr.



and Mrs. Edward Parker, my fourteen year old sister, Susan, and my eleven year old brother, Jack. I'm a country "gal" and proud of it!

I have always enjoyed participating in school activities. I have been an attendant for Home Coming for two years, and an attendant for Monogram Sweetheart for three years. I have been a member of the 4-H Club for eight years, and have held many offices. This year I am president of my school club and my community club. I am also secretary of the County Council and was president during 1958-59. I have held the office of reporter in the Beta Club and class editor of our yearbook. I am also a member of the Math-Science Club. In my sophomore year I served as FHA chapter secretary. During my junior and senior years I have had the honor of serving as president.

My trip to the National FHA Convention in Chicago last summer was one of the highlights of 1959. But this was just the beginning! At State 4-H Club Week, I was tapped into the State 4-H Honor Club. Then during our annual county fair,

I won the title "Miss Jones County" of 1959-60. It is easy to see that this has been a most exciting year for me.

I am a member of the Pollocksville Presbyterian Church. I have sung in the choir for eight years, helped in Vacation Bible School, and am now serving as president of my Senior High Fellowship.

FHA has played a major part in my life. By attending rallies, state conventions, camp, and now serving as State Reporter, I have had many wonderful experiences. I have met girls from all over the state and made many new friends.

I would like to urge each of you to continue your work in Future Homemakers of America. Work for your Junior, Chapter, and State degrees! I shall cherish my degrees and FHA always!

DAWN FLEMING CRISSMAN

State Song Leader

My name is Dawn Fleming Crissman. I am seventeen years old. I have two sisters, Judy, who is eighteen and now a freshman at Greensboro College and Daphne, who is nine, one brother, Fleming, who is six. We live on a farm with my parents, Mr. and Mrs. Eugene Crissman, one mile north of Boonville, North Carolina.

We have 4,000 chickens on our farm. I gather eggs and help grade them, ready to send to the hatchery, drive the tractor in hay making time and help in the house.

I am a Junior at Boonville High School. I am the vice-president in our local 4-H Club, also I am recreation and song leader in the county. I am a member of the school chorus and French Club. And of course FHA where I am the song leader in our local chapter and FHA recreation leader in the county.

I am a member of the Boonville Methodist Church where I sing in the choir and am secretary of my Sunday school class. I am secretary of the Methodist Youth Fellowship; also the Fellowship Chairman and recreational leader of the MYF in the Elkin-Yadkin Sub-District.

A year ago now I was living through one of the most exciting experiences of my life, having been elected state song leader in FHA.

WHO'S

On the Executive Board North Carolina Future-Homemakers

Five of our state officers have provided introduction to the 24,169 members of the Future-Homemakers of America.

It was hard for me to believe when Becky Nifong announced that I was the new state song leader. That marked the beginning of the happiest year of my life.

Then came all the trips and meetings



ings which I attended with great pleasure. The trip to Chicago for the National Convention was a wonderful and exciting experience for me. I know I will never forget it.

I have enjoyed FHA and I treasure all I have learned in it during my high school days. I know it will help me all through my life especially in homemaking and leadership.

WHO

Council of the Association of of America

ief sketch of themselves by way of
50 chapter advisers.

KAY HALL

State Treasurer

have just begun to realize how
fortunate I am to be an Ameri-
cizen, a state FHA officer, a



a school senior, and a girl! This
has helped me to become
re of my many blessings, and
his I say a most sincere "Thank
" to all of you who have made
possible.

My home is about eight miles
from Rowland, where I am a Sen-
ior at a small high school of about
one hundred fifty students. I have
two older brothers, both married,
and a sixteen-year-old sister who is

a Junior at Rowland High. We are
members of the Rowland Baptist
Church.

My parents own a small restau-
rant about a mile from our home
where I have worked since it was
opened in 1957. In October, 1959,
an explosion wrecked the restau-
rant and seriously injured several
members of my family, but we plan
to reopen Stonie's Grill in the very
near future.

Of course I am very much look-
ing forward to college. Next year I
plan to enter the Woman's College,
U.N.C., to study Home Economics.

Now my year as a State FHA of-
ficer is about to become a memory.
In March, Nancy Britt of Barnes-
ville will become your State Treas-
urer; I wish her much success and
happiness.

SAMMIE GATLIN

State Vice-President

Sammie Gatlin, your State Vice-
President for 1959-1960, is a junior
at Franklinville High School. Seven-
teen-year-old Sammie is the oldest
daughter of Mr. and Mrs. Sam Gat-
lin and she has two sisters, fifteen-
year-old Jean and eight-year-old
Beth.

Sammie, an A student, has mem-
bership in many clubs and organiza-
tions which includes the following:
Beta Club, French Club, Mono-
gram Club, and Music Club. Sam-
mie has been in the 4-H Club for
five years and during this time she
has won several awards, ribbons,
and certificates. Basketball has
taken much of Sammie's time for
the past three years. She has earned
her high school letter, but she still
gets in plenty of "bench warming."
FHA is Sammie's number one ac-
tivity. She has been chapter song
leader and is now serving as
treasurer of her chapter. Sammie
holds her Junior and Chapter de-
grees, and is now working on her
State degree. She says, "FHA is the
most rewarding of all my activities.
Nothing has given me deeper satis-
faction or such a sense of achieve-
ment. I realize that FHA is doing
much for me now, and I know that
the benefits and assets that I will

receive from FHA and from my
study of Home Economics in the
future will be of inestimable value."

The National FHA Convention
was a wonderful and inspiring experi-
ence for Sammie. "The warm friend-
ship of the other FHA girls gave the
whole week a very special glow.
There were so many wonderful events
and new experiences during this
week."



Sammie had the pleasure of at-
tending FHA camp at White Lake
one summer. This proved to be
profitable as well as enjoyable.

In the annual "Voice of Democ-
racy" essay contest, Sammie was
placed first in her school and also first
in her county.

"In October I had the oppor-
tunity to attend the 'Family Life
Council' in Durham. Through this
experience I have gained im-
measurable knowledge and under-
standing of the problems that af-
fect family life."

Sammie and her family attend the
Franklinville Baptist Church where
all are active members. Sammie en-
joys her church work very much.
She is a member of the choir, the
Young Woman's Auxiliary, and the
Training Union. Sammie is pianist
for the Intermediate Department in
Sunday school and for the Young
People's Department in Training
Union. She is also an eager partici-
pant in the annual Youth Week pro-
gram of her church.

Sammie has attended two state
conventions and she is looking for-
ward to March and the 1960 con-

(Continued on Inside Back Cover)

Freda's Saturday Radio

Show—FHA—WOHS

Freda: Opening and introduction. Then, Mrs. Holton, what actually is F.H.A.?

Mrs. Holton: Future Homemakers of America; under U. S. Dept. of Health, Education, and Welfare; membership is optional to girls and boys who are studying or have studied homemaking education in secondary schools; there are approximately 500 thousand members in all of the fifty states plus Puerto Rico and the Virgin Islands.

Freda: Catherine, from an FHA'ers point of view, what are some of the projects that are being carried out nationally by the Future Homemakers?

Catherine: I can best sum up what FHA'ers do by telling you about our motto and its significance to all Future Homemakers: The motto is "Toward New Horizons." This motto is a challenge. It reminds members that their contributions to home life today will influence the kinds of homes they will have tomorrow; and that the family life of the members will influence the community and ultimately the world. I would also like to add that this year the organization has put into action a new national project, *Youth Can Do*. This project will be in continuous use for three years in all state associations.

Mrs. Holton: The National Program of Work for 1959-62 includes four objectives with suggested projects under each.

Freda: Thank you. Now I would please list these in order to give us a clearer picture of the work that will be carried on for the coming years in our local chapters?

Mrs. Holton: (Explains objectives and projects.)

Freda: Thank you. Now I would like for us to learn more about your activities as members of the National Executive Council? Catherine.

Catherine: As National Treasurer of the Future Homemakers of America, I have really been busy during the last few months.

Freda: I understand that you and Mrs. Holton, have really become almost District of Columbians. Please tell us about your first trip to Washington. I believe that you were both delegates to the Citizenship Conference, weren't you?

(This report was in the December issue of the North Carolina FUTURE HOMEMAKERS of America Magazine.)



RADIO INTERVIEW—Miss Freda Lynch, center, "Poce" Reporter for Shelby High School, is shown above interviewing Mrs. Horriet Holton, left, Shelby High Home Economics teacher and local adviser of the FHA, and Miss Katherine Blanton, right, who is national treasurer of the Future Homemakers of America and president of the local FHA. Miss Lynch is heard each Saturday at 12:15 over WOHS.

Freda: All of that sounds wonderful! It doesn't seem as if you left one stone unturned. I do understand that you both returned to Washington for a second time. Catherine, would you please tell us about this trip?

Catherine: (Tells about Executive Council Meeting.)

Freda: Mrs. Holton, I also understand that Catherine is serving this year as a State FHA Officer —

would you please tell us a little about her office and the State Executive Council?

Mrs. Holton: Certainly, Freda. Catherine is State Historian and President of District VIII Rally. Here she presided over a meeting in the Fall at Hendersonville where about 1,000 girls attended. She went to Raleigh last August to make plans for the State Convention which will be held in Raleigh this spring. You might also be interested to know that Catherine has written articles for the *State FHA Magazine*, the *National Magazine*, *Teen Times*, and also for the *Progressive Farmer*, *McCall's Magazine* and a new Youth Christian publication. Frankly, Freda, I don't see how Catherine does so much, and you know she is a student at Shelby High and is taking 6 subjects.

Freda: Believe it or not, that's true, I happen to know about her wonderful record. Tell me, Mrs. Holton, hasn't Shelby had a lot of publicity with all the Future Home-maker honors?

Mrs. Holton: Yes, Freda, it is good for our school and city. We were interviewed on Don McNeil's Breakfast Club in Chicago, Catherine was on coast-to-coast TV news, movie-tone news and none of this has gone to her head. She is one of the most wonderful students I have ever worked with. One more thing, I believe you would be interested in. Our *State Magazine*, which is published in Raleigh, gave

Shelby a big plug in November. Carol Dare said that Shelby was not only famous for governors, but also for FHA National Officers. She reminded her readers that Nancy Rosenthal was National FHS Secretary three years ago and now Nancy is majoring in home economics at Cornell. Then, Catherine is carrying away all the honors now as National FHA Treasurer. Approximately one-half million members are in the national organization. Well, figure it out for yourself. We are either lucky or we have some outstanding students at Shelby High—maybe it is both of them.

Freda: Thank you, Mrs. Holton. Catherine, I understand that your duties as national treasurer are not at a stand still now after your trips to Washington. Tell me, what occupies your time as national treasurer?

Catherine: You are certainly right, Freda. My work has just begun. I am now doing the desk-work, as it might be called. As national treasurer, I am also Chairman of the National Finance Committee for 1959-60. Each year the chairman carries on a project concerning finances of related fields. This year I am working with eight committee members from eight different states all over the nation. I also have thirty-two sub-committee members, who work under the eight committee members. As all my work is carried on through correspondence, it is my duty to formulate my project and to send letters to my committee. This year, my project is to revise a list of lucrative, educational, and purposeful projects. This list will later be made available to all chapters for their use in establishing workable budgets. I am anxiously awaiting the results of my survey. The response from all those working with me has been wonderful.

Freda: Thank you. I really wish that we had longer to talk, but it seems that time has just about run out. Is there a closing comment that either of you would like to add?

Catherine: As you can readily see, I have been rather busy — traveling, meeting new people, exchanging ideas, and returning home very tired, but overcome with appreciation to the vast number of people who have made all of this possible for me. As the days and years pass and my memory becomes dull be-

cause of this passage of time, remaining vividly will be the remembrance of my marvelous year as National Treasurer of the Future Homemakers of America.

Mrs. Holton: Freda, we have enjoyed talking to you today and we hope that some of our comments will help your listeners see the challenge which confronts the youth of our nation in the changing world. Surely, the homes of tomorrow are in the hands of the youth today.

Freda: Closing. . .

“Chapter Gatter”

The **Etowah** FHA Chapter has been making Christmas stockings to be distributed to the Henderson County retarded children. In addition to making the stockings for the children, they also made gifts for the children to give to their mothers. The mothers received these gifts when they attended the Children's Christmas Party.

The **Richlands** Chapter of Future Homemakers has been busy since school began. We initiated forty-five girls in the fall.

In October we entered an exhibit in the Onslow County Fair. Our exhibit emphasized safety precautions in health.

When wool garments were finished in the second year class, we put on a fashion show as a chapel program. The show was put on in a very unique way using Daisy Mae and Little Abner (of the comic strip) as leading characters to add a bit of humor to the show. We were asked to give our fashion show in P.T.A. Everyone thoroughly enjoyed the show. We received many compliments on our suits and dresses at the time and are still getting them.

Six of our FHA girls served at the NCEA Banquet held in December at our school. We always enjoy getting to serve at a banquet and we learn by doing it.

Our chapter remembered the four retired teachers in our community. To two of them we gave boxes of home-made candy, and for two of them we made attractive Christmas trees from tooth picks and styro-

foam. They were very happy that we had remembered them. One of the teachers has been confined to her bed since June. This is what she wrote us, “Thanks so much for the Christmas tree. It has made my Christmas more cheerful and I have enjoyed it a lot.”

In October two of our chapter members, Anne Barbee and Miriam Taylor sponsored through our FHA the UNICEF project. Through their efforts we were able to send to headquarters a check for \$12 to be used for needy children.

As most of you probably remember, it was cold the Tuesday before Christmas, but the FHA girls in **Franklinville** were warmed by the smiles of the old and invalids to whom they were caroling.

First we got in the spirit by putting a Christmas window display of clothes, stuffed animals, and toys in a downtown store.

For one particular family in a near-by city, Santa Claus didn't wear a red suit and whiskers. In fact, Santa wasn't even of the masculine gender, for he appeared to that family in the form of FHA girls.

As one of our projects, our chapter sponsored a needy family's Christmas. The family, whose name was obtained through the local welfare department, consisted of a mother and five children — four boys and a girl.

Collections of clothing, food, and toys were made by the FHA'ers. Two nights before Christmas, the gifts were taken to the home of the family. A warm friendly reception awaited the visiting girls as they played the role of Santa's helpers. The delighted looks on the faces of the mother and five children warmed our hearts and helped to show us the real meaning of giving at Christmas.

The fourth Sunday in January was hard on our feet but helpful to the National Polio March. Our members turned out in numbers to collect money from our neighbors and friends in the Polio March FHA.

Our club is planning to sponsor a Grandparents Night Banquet. We shall present small gifts and show them how our club is helping us be better citizens of our community now and better mothers later.

Growing as a Future Homemaker of America

Degree Applicants Gain a Greater Appreciation for "Good" Homes and "Wholesome" Family Living As They Strive to Achieve Goals of the Organization

Excerpts from the application report of Juanita Ann Alkazin, Scotland Neck Chapter—1959.

"Making a home a happy and comfortable place to live is an art and science. It involves knowing how to do many things. The problems and skills of homemaking come under the general heading of home economics.

"It unifies knowledge from many fields in solving home-life problems. It draws on science, art, social science, psychology, and mathematics. It makes instruction personal for students by teaching them how to dress becomingly, eat better, care for their homes, and live happily with their families. It also teaches the importance of good citizenship and of taking an active part in social and civic affairs. The home economics teacher is an adviser, a pal and a problem - solver. She teaches the facts of life to eager youths. Her job is a hard one that brings her the satisfaction of having played a part in developing our nation's future.

"In my family, home life has been very important. We are a close family and take pride in this. It is hard to put in words the pride I have for my family. As the time for me to leave home draws closer, we have spent more time together. This close union of ours has meant a lot to me and probably will have bearing on my future.

"My mother is active in club work and is president of the BPW Club of our town. My father owns a grill. My brother who is only 15 years old has a great talent for drawing and painting. He has done a portrait of my father which was very good. My love for my family has been expressed by my willingness to work for my family, especially in time of an emergency. I contribute my abilities and achieve-

ments to my home training and correct guidance in school.

"I must give home economics the honor of making me more conscious of my interests and abilities. Without this course I could not have been able to take these responsi-



JUANITA ANN ALKAZIN
Scotland Neck Chapter

bilities as I did. The true value of homemaking is essential to every girl for her success as a woman in the world today."

Consumer Education

"In our family it is the custom to buy when it is needed. Many times during Christmas we give needed items of clothing. Mother has been on a diet and has been losing weight. Therefore, she needs some new spring or summer outfits. We are at present making her two outfits and as she needs clothes she makes them. Mother and I both sew and since we are both hard to fit, we make just about all of our clothes. Brother's needs were satisfied by a gift of a sweater, coat, and shirts. David and I buy sweat-

crs that we both can wear, for we both wear the same size.

"At present I am concerned about going to college. Since I have entered high school my parents have been preparing me for college. At different occasions, I have received my set of luggage and a clock radio. On every item of clothing we have put a good hem or seam for a longer wear and they are made out of good quality materials. This year we started saving for my class ring which I will receive this year. To sum things up, my greatest need now is for the future, for which we are preparing.

"During this past summer I had the responsibilities of keeping house and managing mother's store for seven weeks. If anything should happen to my mother or father I feel like I could run the home efficiently enough until I could get aid."

The Number One Man in My Life

"Here stands a figure of a man in front of his store. An everyday scene, but what is so special about this man? Like many other men he is about five feet 8 inches, heavy set, a little gray at the temple, and bald on top of his head—a 60-year-old man who has seen life in its splendor and in its hardship.

His life began in a little Mediterranean country in 1897. Being a member of a large family it was a hard life. His early family life was a split one. Very early in his childhood his father and some of the children came to America. At the age of nine, he and the rest of his family followed. From a quiet, peaceful town they came to bustling New York. Upon father's arrival here he was placed in the 5th grade, but only to stay in school till he reached the 8th grade. For a large family, it was a heavy burden on the father, so our mystery man went to work to help support the family. That was his hardship, working and slaving for his parents. Many years later, his parents died and were buried in Atlantic City.

After 35 years in Atlantic City,

he came to Scotland Neck to open his store, still unmarried. Then he began corresponding with a widow in Mississippi. On March 2, 1941, he was married. On January 17, 1942, a girl was born. Poor Dad! Was he down-hearted because he had expected it to be a boy. Two years later along came a boy. Heaven help us! What a boy! He did win a dollar off the doctor on this one. Now he has been in Scotland Neck for 22 years.

Here we are at the beginning. There stands a figure of a man in front of his store. You have seen his life in hardship and splendor. A character, whom once you meet, you'll never forget. Maybe 60 years old, but deep down he is just like a kid. As any boy who has worked for him in the last 22 years. He hasn't changed except for that bald spot on top. That's right! Ask any boy and he will tell you that Dad is still the understanding patriarch. When the boys need money, advice, or help, there he is with his helping hand. If we don't watch him, he'll give his shirt off his back. Of course, there are bad sides to his character. Not being able to keep a secret heads the list of his vices. One night we were entertaining guests. Mother had told him about something that was to be kept quiet. At the table he began, "Did you know.....?" Mother changed the subject, "I like that dress you have on." Again he started, "How about"? Mother finally kicked him. "What have I done now?" he replied. One of the women said, "Can't you see, she wants you to shut up." Like a child it just about killed him.

To know this man, you must have the skill of a mind-reader. For instance, the other day at the table he told my brother to get rid of this. He did not explain what "this" was. Finally, we found out he wanted Brother to have a hair cut.

Strong and hefty as a 16-year-old boy, he is ready to go a round or two anytime. But loving the outdoors, he finds it hard to stay in; so, if you find a sign on the door "closed," he is probably home in the yard or gabbing somewhere.

Yes, there stands a man who when he wants something, will not stop until he has it. A man whose every dream is fulfilled. He has a place in which to enjoy the comforts of home, a family, a devoted

wife, and a business to support his family. Maybe at times, he is a little strict or old-fashioned; but, he is still the number one man in my life.

Let me tell you about my dad
Who whips me when I'm bad.
Who provides me with bread and butter

With never a word to utter.
Through each and every page,
I have told his life age.
The number one man in my life
Is "my dad."

A Well Chosen Home Project Can Bring Satisfaction to a Future Homemaker and Her Family

A unit on Housing and a gift of a painting set resulted in an interesting home project for Sandy Strader, enrolled in a home economics class at Cobb Memorial High School.

One major reason for selecting this project was as Sandy stated, "This was an inexpensive way to acquire some new pictures for my room."

Some learnings she expected to achieve as she worked with oil paint on the pictures were:

1. To follow instructions
2. To paint carefully and stay within the lines
3. To avoid getting paint on self or furnishings
4. To avoid wasting paint
5. To make a schedule of working time
6. Time to start and stop; plus selecting a place with good lighting.

WHO'S WHO

Continued from page 5

vention. The state convention last spring marked a milestone in her life and March will mark another. Sammie remarks, "Words can never express what I have gained as a state officer. The association with the other officers and with all the other gracious and wonderful people affiliated with this FHA organization does much to build character, personality, and a genuine respect for humanity. My deepest and most sincere desire is that each of you might have a share in the experiences of your state officers. Thank

you so very much for giving me this opportunity and honor."

ANNE ALPHINE

State Secretary

"I'll never forget that day in Sanford, at the District IV rally when I was elected your State Secretary.

It was the happiest day of my life. In fact, this whole year has been like living in fantasy. Attending the National Convention in Chicago, Ill. during the summer and presiding over the District IV rally this fall have been thrills that are unexplainable. I've met many won-



derful FHA girls and learned a great deal about the Future Homemakers of America. To me, the FHA is the best organized club in any school today."

Your State Secretary, Anne Alphine, is 16 years old and is a junior at Dunn High School. She lives with her parents, Mr. and Mrs. Jesse Alphine. She is the oldest of four children. She has a sister, Kay, and two brothers, Clifton and Ernest.

Last year she was the Dunn chapter president and Harnett County vice-president. This year she is serving as Harnett's FHA president.

Anne's other activities include the Beta Club, FTA, Student Council, and Sanitation Committee chairman for her school. She is the assistant pianist and organist for the church that she attends.

"Working with FHA these years has helped me to decide on a future with home economics. At the present time, I am planning to attend Woman's College in Greensboro to further my education."

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"



Caroline says:

"Do you know that your thoughts rule your life, Be they pure or impure in the strife? As you think—so you are, And you make or you mar Your success in the world By your Thoughts."

"You can never tell what your THOUGHTS will do. In bringing you hate or love; for THOUGHTS ARE THINGS, and their airy wings Are swifter than carrier doves. They follow the law of the universe,—EACH THING MUST CREATE ITS KIND: And they speed o'er the track to bring you back Whatever went out from your mind."

Anonymous

Taken from: *Something To Live By*

By: DOROTHEA S. KOPPLIN

YOUR 1960-61 STATE OFFICERS

Sitting from left to right are Sammie Gatling, Franklinville, President, Katherine Jordan, Cary, Vice President. Standing from left to right are Nancy Britt, Barnesville, Secretary, Faye Smith, B. F. Grady, Treasurer, Sue Wallace, Bath, Reporter, Nancy Evans, East Mecklenburg, Song Leader, Susan Chandler, Weaverville, Parliamentarian, and Elaine Renegar, Harmony, Historian.



FUTURE HOMEMAKERS

★ North Carolina Association ★



Chapter Program—Fuquay Springs

The Future Homemakers of America meeting held March sixteenth in the high school auditorium featured an all-male panel discussion on "The Qualities Men Desire When Selecting a Wife." This program was planned to emphasize all of the club's purposes and to help each girl improve herself.

Fred Manley, popular vocational

agriculture teacher at Fuquay Springs High School, moderated the panel. Also expressing their views on the pertinent questions for discussion were the following teachers and students: Howard Cayton, a teacher of seventh-grade health and physical education; Fred L. Hunt, vocational agriculture teacher; Leonidas Betts, a high school Eng-

lish teacher; Skipper Phelps, an outstanding Junior; and Richard Engle, president of the Student Council.

From a list of previously prepared questions, the panel was first asked about the importance of a woman's physical beauty when a man is considering her for his wife. They agree that although physical beauty was important, of more importance is an attractive personality. The religious, economic, and social background of the boy and girl, according to the panel, should be similar. The panel also agreed that there is no magic age for a boy and girl to be married but that this depends entirely on the maturity of the couple.

"Definitely!" was the only comment when the men were asked if they expected their wives to be able to carry out homemaking activities. In regard to the most desired personal character trait, it was the consensus of the panel that unselfishness is most often sought when men are looking for a wife. "Party" girls will never be seriously considered for marriage but will only be remembered when a man desires a good time.

Mr. Manley began a summation of the points discussed, but was unable to finish because of the lack of time.

North Carolina Association of Future Homemakers of America

State Officers 1959-60

President—Nancy Edwards, Wingate VI
Vice-President—Sammie Gatlin, Franklinville V
Secretary—Anne Alphine, Dunn IV
Treasurer—Kay Hall, Rowland III
Reporter—Elaine Parker, Jones Central II
Parliamentarian—Celia Clark, Robersonville I
Historian—Catherine Blanton, Shelby VIII
Song Leader—Dawn Crissman, Boonville VII

District Advisers 1959-60

Mrs. Rachel F. Swindell, Bath I
Mrs. Julia P. Kennedy, Moss Hill II
Mrs. Berline R. Baldwin, Clarkton III
Mrs. Pearl Stroud, Dunn IV
Mrs. Gwendolyn Griffin, High Point Sr. V
Mrs. Betsy R. Blankenship, East Mecklenburg VI
Mrs. June G. Reichle, Davie Co. Cons. VII
Mrs. Frances S. Bartlett, North Buncombe VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

APRIL 3-9, 1960

Memorable Days in the Life of Future Homemakers in North Carolina

Values of this organization with its clearly defined purposes and objectives were demonstrated and illustrated in communities in all areas of the state as most of the 460 chapters in North Carolina observed National FHA Week in very special ways.

STANLY COUNTY FHA CHAPTERS HAVE INTENSIVE PROGRAM

How does it feel to be county officers of Future Homemakers of America of Stanly County? Just wonderful. However, it is mixed feeling, one of appreciation, one of obligation, and a feeling of the need of self-improvement and training.

The county officers feel very grateful to have been chosen as a representative group from each chapter in the county, meeting together from time to time planning county programs, sharing ideas, and enjoying fine fellowship. We are proud of our organization and what it stands for in every girl's life.

In recognition of the world we live in and National Future Homemakers of America Week where there are Future Homemakers who believe that better homes will make a stronger nation, and that better understanding between nations will make a peaceful world. I, Evelyn Moore, your Stanly County FHA

President, urge you Future Homemakers to work for these great intangibles and to begin with the materials at hand — yourselves, your families, and your homes.

Home is a special kind of word in any language. To the **Badin** members of Future Homemakers of America home is as integral a part of their activities and purposes as it is of their name.

The members have tried hard to devise projects to use their knowledge and skills in all different areas of homemaking. Programs have been planned to develop a better understanding of the family members and to contribute to their well-being. The officers met in August and planned and printed a yearbook and set up tentative programs.

Future Homemakers of **Richfield** have shared in various activities which have given them some insight into aspects of homemaking.

In October they planned for the following year and joined in fellowship singing. Initiation in November provided a chance for clean fun. At the Christmas program, demonstrations were given on Christmas decorations. The January meeting was rather unusual. During the evening the home economics department became a temporary gymnasium. In February members experimented with cookies and punch.

Linda Brantley, Nancy Brannon, and Esther Williams exercise their abilities for talking as they rehearse for a radio program, which was given on "Publicity Day" Monday. The Bailey Chapter participated in various activities during the week as they celebrated the 15th birthday of Future Homemakers of America, in conjunction with National FHA Week.



The county officer, Ann Crowell, represented the **Richfield** FHA in the Christmas parade. The float which she and the other officers of the county rode was very attractive. The girls' sense of balance was severely tested in the course of jolts, stops, and starts.

The **Oakboro** FHA has been active this year, participating in all the rallies. First was the county rally held at Norwood. Next was the district rally held at Wadesboro. The last and most important rally was the state rally held at Raleigh.

This year started a new point system. The girl who accumulates the largest number of points wins a trip to FHA Camp.

The first meeting of the year for the **Norwood** chapter was an impressive candlelight installation and emblem ceremony. Initiation was the chief topic for October when the new members provided entertainment. The club tried to spread a little Christmas cheer by going caroling through the community.

With the new year, the girls' thoughts turned to their personal appearance. They invited Miss Elizabeth Ann Byrd, a former **Norwood** FHA'er, who had just completed a beauty course, to visit them. She showed the members how to set and comb a hair style that would be popular for special occasions. She also demonstrated the proper use and selection of make-up.

Club projects have included a scrapbook of cartoons which was presented to the Stanly County Hospital for use in the lounges. The club also sold home products to help finance their projects.

In June, all of the officers of the **New London** School attended the County FHA Workshop which was held at the school.

During the Christmas season, the club made favors for the trays for the patients at the Stanly County Hospital. Another project which the club plans to complete by the end of the school year is the purchasing of rubber toys for the Murdock School for Retarded Children.

Personal improvement and understanding foreign friends has been a keynote of the meetings held and planned during this year for the **Albemarle** chapter. Some of the girls joined with the New London Chapter in exhibiting an interesting approach toward solving family problems at home, entitled "Have Problem — Will Talk," which won second place at the Stanly County Fair.

Seven of the girls attended the state convention. Following the convention daily activities which emphasized FHA week were as follows:

Teachers received red roses which were placed on their desks.

Bulletin boards around the school helped to support the FHA emblem and creed.

Coffee and doughnuts were served to the teachers in the office before class.

All of the girls wore red and white ribbons with the FHA emblem on their sweaters and blouses.

Last fall the **Endy-Oakboro** Future Homemakers exhibit won first place at the county fair. The booth was centered by a bride and groom with two paths leading away. One showed footprints of selfishness, alcohol, nagging, high school marriages, jealousy, no religion, and unfaithfulness. The other path featured footprints of family worship, Golden Rule,

similar background, honesty, trust, understanding and love.

Individual project work has not been neglected by the girls this year. At Christmas time some members made cookies and paid a visit to five different homes in the community where there are shut-ins. They said they chose to do this to let the shut-ins know that the young people had not forgotten them, and also to learn some of the problems that confront these people.

Under Carolyn Drake's leadership, Stanfield's Chapter of Future Homemakers of America used for their theme for this year "Learning About FHA."

Last year at the June workshop, held at New London High School, the girls learned about the responsibility of the FHA officers. They have applied what they learned this year in their respective offices.

NASH CHAPTERS JOINED IN OBSERVING NATIONAL FHA WEEK, APRIL 3-9

The Bailey FHA chapter celebrated the 15th birthday of Future Homemakers of America as they observed National FHA Week. Preparations for the annual celebration began several weeks ago by the appointment of a committee to make plans for various activities during the week. The committee devoted much time in planning the various activities to carry out the purposes of the organization.

Activities included: chapter participation in the group worship at the Bailey Baptist church on Sunday.

Members served as usherettes, pianists, and the group singing a special selection, "The FHA Prayer." Maxine Liles read the scripture, followed by a special prayer by Linda Manning for the FHA Worship service. The chapter displayed an arrangement of flowers, consisting of red roses, the chapter flower.

Monday was devoted to publicity for the FHA organization. The day began when the president and committee chairman presented the principal of Bailey High school a red rose and requested that he proclaim the week of April 3-9 as National FHA Week.

Posters were displayed on bulletin boards and store windows in Bailey to make everyone aware of National FHA Week.

Community Day was observed Tuesday, as the FHA'ers made cookies and took time out from their schedule to visit friends in their community who were confined to their homes.

Wednesday, the Bailey chapter observed "Teacher Appreciation Day" by honoring the high school faculty at a luncheon. Each class was given a basket by the FHA members to be used in a clean-up campaign. All FHA'ers came to school dressed in the colors of their organization, red and white.

Thursday was set aside as family day and was observed by each member of the FHA chapter taking part in some responsibility normally assumed by their mothers. Each family was encouraged to plan some type of recreation for the evening.

Friday night's program was postponed until Saturday night. The Bailey FHA

and FFA played games and danced at the party.

A "hobo" day and bake sale concluded the annual celebration Saturday. The proceeds will be used to make a contribution to the Bailey Volunteer Fire Department, and to send a delegate to the National FHA Convention in Washington, D. C.

The 138 members of the Benvenue Chapter highlighted the observance with their annual Mother-Daughter banquet at Buck Overton's Tuesday evening. Jasper Smith, comptroller of North Carolina Wesleyan College, was the guest speaker. His topic was "These Changing Times."

Mrs. Fred T. Langford and Mrs. George V. Safy, sponsors of the FHA group, presented certificates and pins to 59 girls in recognition of achievements in the FHA degree program.

Members of the Coopers chapter made posters featuring FHA slogans, prepared

Homemakers of America celebrated National FHA Week April 3-9. Each day the girls had a special project which they carried out. Friday was "Club Grandmother Winnie Laughridge Day." "Miss Winnie" was presented an FHA compact, flowers and a gift "for one who had everything" — a large box wrapped like a letter was presented by Claudia Abernethy. This contained stationery, stamps, all occasion cards and postal cards.

When the FHA girls arrived at her home she surprised them with delightful refreshments — so typical of the FHA Grandmother. Mrs. Laughridge is a State Honorary FHA member. She received this honor in Raleigh three years ago.

Other activities for the week were as follows:

Church FHA Day. Ministers were sent letters and were asked to recognize our club during their announcements.



A group of FHA members from the Davie County Consolidated High School making plans to celebrate National FHA Week. The members made their blazers. They are from left to right standing: Jean Alexander, Linda Faster, Carolyn Sain, Jane White. Seated: Thresa Faster, Mary Lais Nichols, Barbara Faster, and Linda Bager.

bulletin boards at the school, and planted red rose bushes.

During the year, FHA members sent cards and flowers to families in which there was death or sickness. At Christmas, the young homemakers decorated the cafeteria, the principal's office, and the home economics department.

Twenty Coopers girls earned the junior degree and 16 earned the chapter degree during the year.

Next month, the Coopers chapter will present a fashion show at the meeting of the Parent-Teachers Association. The girls will model garments made in home economics classes.

The Middlesex FHA group made plans for its annual Mother-Daughter banquet, highlight of the year's activities.

In December, the chapter sponsored a talent contest with top honors to Phyllis Hales for her piano solo.

The Shelby Chapter of the Future

Bulletin boards decorated by club girls and refreshments served to the faculty in Home Economics Laboratory.

Story in paper, pictures made; the chapter presented a flash camera to home-making department.

Chapel program on FHA with panel discussing "Teen-Age Problems."

Wear red and white day. Emblems made for each member.

"Miss Winnie Day," Club Grandmother.

"Do a good deed day."

The Davie FHA Chapter observed National FHA Week by choosing a chapter project for each day of the week. (1) All ministers in the county recognized the FHA members attending church in a group and they mentioned that it was the beginning of National FHA Week. (2) A devotional for the student body and a chat about our organization was given to

(Continued on Cover 2)

STATE WINNER in the BETTY CROCKER---

Search for the Home- maker of Tomorrow

Carol Anne Pyles, daughter of Mr. and Mrs. Paul E. Pyles of Cary, received the highest rating in a written examination on homemaking knowledge and attitudes administered to 10,112 senior girls in 395 schools throughout the state. She will receive a \$1,500 scholarship from General Mills and become a candidate with 49 other state winners for the title of All-American Homemaker of tomorrow.

Carol Anne has been an active FHA'er for three years at which time she has served on numerous committees. She always has been a willing, dependable worker. Carol Anne says, "FHA has helped stimulate my interest in the art of homemaking. I have learned through working on various Future Homemaker committees that careful planning and thought are essential to a well-rounded person. This has given me poise and confidence that I have needed as President of the Student Body."

In the homemaking field Carol Anne is especially interested in clothing construction and makes most of her own clothing. One of her clothing projects was an attractive Easter outfit.

In addition to being in the Future Homemakers of America, Carol Anne is in the Future Teachers of America, Beta Club, on the Yearbook staff, and President of the Cary High Student Body. She is a member and regularly attends the Cary Methodist Church.

She plans to enter the Woman's College of the University of North Carolina next fall and hopes to be a high school teacher when she graduates. Carol Anne feels preparation for college has already been made by the good, down-to-earth experience gained especially from her Future Homemaker chapter and various other school and church activities.

On April 23 Carol Anne and ad-

visor, Mrs. Lucille M. Jordan began an expense-paid tour of New York City, Williamsburg, Virginia, and Washington, D. C. On the tour were the other state winners and advisors. The trip ended in Washington, D. C., on April 28 where the All-American Homemaker of tomorrow was announced.



CAROL ANNE PYLES

Splish, Splash

Now gather round friends,
if you'd like to hear
This saga of how I bathed
baby so dear;
Let's call the whole thing
"Operation Splish-Splash" —
So here we go, and
we're off with a dash!

First, Let us assemble
the things that we'll need;
Of all his small wants we
Must surely take heed.
Let's check over the list
to make sure they're all here,
As the time for this cleaning
operation draws near.

Pajamas, diapers and,
yes, rubber pants,
These are made ready well
in advance;
Undershirt, too, and booties
for his feet,
Everything ready, so clean
and neat.

A towel, some soap and a
wash cloth so white,
These too, we must have if
we do it just right;
Some rubber boats and
some plastic ducks small —
These things he'll enjoy and
he won't even bawl!

Now comes the tub-filling
with water so warm,
To soothe him and please
him 'twill work like a charm.
Then tumble him in from
his head to his toes —
He'll coo with delight as
everyone knows.

Next, take him out dripping,
so fragrant and sweet,

And towel him off from
his head to his feet.

Pajamas come next with a
bottle of milk,

For this wee little brother
as soft as pure silk!

Then into his bed, and
cover him well.

Of this experience I'm happy
to tell.

My poetry's poor, and I haven't
much time.

But let me just say ere
I close up my rhyme,

Brother Donnie was happy,
and so, too, was I,

We were always ready to
"give it a try."

My project has helped
me in so many ways —

My mother approved it, and
gave it her praise;

My teacher commended, she
thought it well done —

And truly I think many
values I've won.

A few minor points I
may have left out,

But you can, I am sure,
tell what it's about.

'Twas a happy experience,
rewarding and good.

And I learned to bathe
babies, as all homemakers should.

Ten times did I bath this
wee little mite,

An experience truly heart-
warming and bright,

I'm glad that I had in
this splish splashing a part

For this wee little brother
so close to my heart!

F.H.A. Convention

IN PICTURES

The Convention Program focused attention to the 1959-62 Objectives.

Dr. Naomi G. Albanese, Dean of the School of Home Economics, Woman's College, Greensboro, N. C. was guest speaker, using the topic "There Is A Place For You In Home Economics."

A pageant followed which dramatically portrayed ways by which members can work toward achieving our over-all goal — to help individuals improve personal, family, and community living now and in the future — through concentrated efforts on the four objectives.

Top photos — Left to right: Scene of presentation by the Benson Chapter interpreting Objective IV — Understanding Our Neighbors. Treasurer's report by Kay Hall, State Treasurer. Dr. Naomi Albanese, Dean of the School of Home Economics and Nancy Edwards, State FHA President.

Second row: Mrs. Florence Cardova, Miss Helen Stuart, and Vergie Lee Stringer receive honorary membership certificates from state president. Scene from skit presented by the Scotland Neck Chapter on Objective II — Understanding Family Members. Grainger Chapter in Kinston also helps to interpret Objectives II in the skit "This Isn't 1890."

Middle Inset: Registration ran smoothly due to the excellent cooperation of registration committee members. "Splish Splash" — A presentation by the Ahoskie Chapter is printed in this issue.

Bottom photos: Representing Future Homemakers of America at National Meetings and reporting during the State Convention were from left to right — Kay Hall, State Treasurer, who represented the North Carolina Association of Future Homemakers of America at the Southern Safety Conference in Jacksonville, Florida; Nancy Evans, installed during the State FHA Convention as 1960-61 State Song Leader from East Mecklenburg who represented the State FHA Association at the Youth Power Congress in Chicago; and Catherine Blanton, National Treasurer — a member of the National Executive Council — and State Historian, represented Future Homemakers of America at the Citizenship Conference in Washington, D. C. Nancy Edwards, FHA President and Norris Tolson, FFA President. Objective III: Interpreting The Value of Home Economics — A skit by the Bailey Chapter.





Well Planned Programs Are Essential for Special Occasions

Dr. Catherine T. Dennis, state supervisor of Home Economics, was introduced as a special guest at the Coopers Mother-Daughter Banquet. In response to her introduction, Dr. Dennis pointed out the growing recognition of the field of home economics as important to our future, not only in developing techniques in homemaking, but also in improving relationships, ideals, and attitudes. She emphasized the changing role of the American woman and the part home economics must play in preparing today's teen-ager for that role.

* * *

TOAST TO THE MOTHERS

By Carol Brown
Gatesville Chapter

Tonight we are here to honor our mothers and show them our appreciation for all they have done for us. We love our mothers because they are a part of us. Our mothers protect us from dangers, difficulties, and disappointments. Yet, they do not dominate our lives. They help us develop our qualities of character that will remain with us throughout our lives. The most potent influence in the life of a child, and the most powerful force in determining his character is the home. The mother in the home, not only makes it a happy, cheerful place for her children, but also helps to build a stronger community and finer nation. It is with great pleasure that we honor our mothers here tonight. And now I propose a toast — to those to whom we owe all that we are and for whom we would like to be all that they believe we are — our mothers.

RESPONSE

By Mrs. W. E. Brown

No greater joy can come to the heart of a Mother than to see her daughter develop into a fine type of womanhood.

In our daughters we relive our own girlhood over again. It is instinctive for us to want for our own daughters everything that we ourselves missed in life. Being a mother is a difficult task for we want to protect you, our daughters, from all difficulties, dangers, and disappointments. Yet we do not wish to dominate your lives, and we realize that only by meeting with hard knocks will you be able to develop character and strength that will enable you to deal adequately with the problems of life.

No real mother ever thinks twice before making a personal sacrifice for her daughter's welfare. We do that instinctively; that is, a part of the bargain we made with life and God. And no matter what the cost in time, effort, and sacrifice involved in rearing our daughters, we are repaid a thousand times over when we see them developing into fine upright young women. Forgive us, daughters, if at times we boast a bit about you and show inordinate and ill concealed pride in what you accomplish. You are a very extraordinary person to us. We love you, not because of your accomplishments or the awards you have made, but because you are our daughters. You may be, and probably are, "as full of faults as an old shoe," but love makes us blind. Looking at you, we see your fine qualities which no amount of faults can obscure.

We love you, our daughters, because you are a part of us, because you give to our lives a sense of fulfillment, because you make us feel that we are needed, and because so long as there is any way in which we can aid or help you our mission in life is not completed. Truly our daughters are our finest possessions.

The very best that we could wish for you in the years to come is that you may know the happiness and contentment that come from having a home and daughters of your own. And may your daughters be the same source of pride and comfort and joy to you that you have been to us. The love of a daughter makes any mother a better mother and brings out the best that is in her.

And now, to those of the newer generation who, in making new paths, carry our faith, our hopes, and our hearts' encouragement, I propose a toast to our daughters.

* * *

"In our hands we are holding husbands, homes, children, doctors, nurses, churches, teachers, and preachers" said Mr. Grant Banks, Jr., speaker for the first session of the **Rutherford County Future Homemakers** at their annual rally. Mr. Banks emphasized all the abilities girls need to develop in order to grow into good homemakers, citizens and Christians in his talk on "Developing Our Potential Abilities."

The inspiring devotions were presented by the Harris Chapter after which an unusual roll call was held. Each county officer placed an artificial red rose on which was printed the total membership of the club and the total number present on a flannel board to make an attractive flower arrangement in a cardboard container when completed.

Also carrying out the theme of the rally, "Youth Can Do," Mrs. Mary Ann Fathing, nutrition consultant from the State Board of Health, spoke on "Foods Come First For Youth Power."

The new officers, who were introduced, gave reports of local chapter activities on the county project, "Civil Defense." Many worthwhile things have been done and more are planned.

The Mother-Daughter, Father-Son Banquet was a kick-off for FHA

Courtesy and National FHA Week
—April 3-9 in the **Lucama** School.

The banquet program included: Junior and Chapter Degree Awards; recognition of members who received State Homemakers Degrees; a skit entitled "Journey Through FHA Land" which explained activities and experiences throughout the year. The devotional was "A Strong Woman" presented by members of the chapter in memory of a recently deceased woman in the community. A chorus of FFA and FHA members, directed by a student, and a solo by the Lucama principal added much to the banquet program.

The week of April 3-9 was FHA Courtesy Week. The following activities were carried out: presentation of roses to the teachers, be courteous to teachers, taking elementary children out for exercise, replacing shrubs around Home Economics Cottage, and a devotion over the inter-com.

National Convention of Future Homemakers of America, July 11-15

North Carolina's quota of delegates has been increased from 34 to 50. As of May 2, the quota of adults has been filled — 8 district advisers, adviser to the national office, and the state adviser. Including the 8 state officers for 1960-61, our national treasurer, and fifteen applicants at large, we have a total of 34 delegates. This means that 16 additional members may attend.

Important: If your chapter decides to send a delegate or if you wish to attend as an active member, discuss this with your chapter adviser and notify the state adviser by May 18. Since only 16 additional applications can be accepted, the earliest post marked letter or telephone call will be accepted.

Cost of the convention and transportation is listed in the February issue of the **NORTH CAROLINA FUTURE HOMEMAKERS OF AMERICA** Magazine. Please refer to this issue. A special bank account will be opened for convention expenses of delegates. All applicants will be sent forms to return with a check to the state office. Additional information concerning the convention will be sent to each delegate following receipt of this form and check.

We Interpret

Our 1959-62 Objectives!

Pageant at the 1960 State Convention

Prologue: Sammie Gatlin

(As curtain rises quartet (Composed of Dawn Cressman, State Song leader and three girls from the Boonville Chapter) starts singing "Marching to Pretoria")

Future Homemakers, the world beckons us toward new horizons! We are greatly needed; to really be of any great service, we must first prepare ourselves for whatever the future holds. To make definite plans and to be prepared for future opportunities is to have half the battle won. Just as a construction crew would never attempt to build a towering skyscraper without a blueprint, neither should we start building our lives without a plan.

A great world lies ahead in the space age for the Future Homemaker who is prepared when opportunity knocks. Women constitute a huge reservoir of untapped resources in the business world. To gain success in an increasingly complicated world, a woman must have thorough training and be willing to work hard. Likewise, the career of homemaking requires varied skills.

Many ingredients are needed for a good home. A wise homemaker follows her recipes very carefully in order to get the desired results and it is with this same meticulous care that we should develop our homes. The first ingredient for a happy home is 2 cups of love. Second, 2 cups of warm understanding. Add to this 4 teaspoons of thoughtfulness, and 2 teaspoons of helpfulness. Sift together thoroughly, then stir in an equal amount of work and play. Add 3 teaspoons of responsibility. This responsibility must be shared jointly by all the family members.

Our FHA Program of Work for 1959-62 is designed to help us prepare for a useful and satisfying life. Today we are presenting some interpretations that may help us understand our four objectives:

OBJECTIVE ONE

(Bugler)
(Page — Placard)

"To develop our potential abilities." The two projects for this ob-

jective are *Teenage Consumer* and *Youth Can Do*. Because finances play such a leading role in family life, the *Teenage Consumer* project was selected to help us learn how to manage time, money, and energy, wisely. Today we have four most interesting characters who propose to tell us of the poor treatment we've been giving them lately. Miss Budget, if you will. . . . Presented by the Ramseur and Franklinville Chapters.

SKIT I

Quartet — Upward Trail

Because we believe in the importance of the family, we must add a few more ingredients to our recipe for a happy home. Season to taste with study and culture, then fold in a generous amount of worship and faith in God.

OBJECTIVE II

(Bugler)
(Page — Placard)

"To develop a better understanding of our family members and to contribute to their well being." Will be given in three parts.

For part one we have Juanita Ann Alkazin of the Scotland Neck Chapter, a high school senior on her graduation night, as she thinks of her wonderful family life. Other chapter members pantomime her experiences as she talks.

SKIT I, PART I

"Splish! Splash!" — Gloria Carter of **Ahoskie** and chapter members tell us about her little brother and her home experience. "Splish! Splash!"

SKIT II, PART II

In our classes and our chapter meetings we have discussions about how to get along with friends and members of our families, but we seldom hear about getting along with grandparents. The Kinston Chapter will present a skit, "Granny, This isn't 1890."

SKIT II, PART 3

Quartet — FHA Round

Good homes and families don't just happen. They come by our un-

derstanding, knowledge, and respect for others' differences. Good homes take study and putting knowledge into effect. Training for homemaking gives us the skills and the knowledge needed to improve our homes, therefore, let us add an additional ingredient — wisdom.

OBJECTIVE III

(Bugler)
(Page — Placard)

"To interpret the value of home economics as a basic part of our total education." The project, "Your future with home economics," as designed to education. Are we aware of the many and varied horizons that would be opened to us as a trained home economist?

The Bailey Chapter will present.

SKIT III

Quartet — "In Christ, There is no East or West"

This world we live in is made up of many, many people. People who are alike in many, many ways, yet different in many, many ways, also. We must have an open, intelligent mind and a loving and understanding heart if we are to be channels of international good will and fellowship. Let us add a full measure of faith, hope, and charity to our recipe for a happy home.

OBJECTIVE IV

(Bugler)
(Page — Placard)

"To promote good will through getting to know our neighbors at home and abroad." A presentation by the Benson Chapter is designed to help us develop greater understanding and appreciation for people in our own and other countries.

SKIT IV

We have presented some important ingredients of a happy home: love, understanding, thoughtfulness, helpfulness, equal amounts of work and play, responsibility, study, culture, worship, faith in God, wisdom,

faith, hope, and charity to our happy home. Let us place these ingredients in a pan well greased with security and lined with respect for personality. Now sprinkle lightly with a warm sense of humor. Next allow to set in an atmosphere of democratic planning and of mutual sharing. Bake in a moderate oven. When well done, remove the top with a thick coating of Christian teachings.

Serve on a platter of friendliness garnished with smiles. Result — a happy home.

Now, we conclude this spotlight on our program of work. May we use it in charting a blueprint for action in the year ahead as we grow as future homemakers.

One of the skits dealing with the care of the small child in the family is reproduced here.

NARRATOR:

In our Family Relationship classes and our FHA meetings we have discussions about how to get along with friends and members of our families, but we seldom hear about getting along with grandparents. The **Kinston Chapter** will present a skit, "Granny, This Isn't 1890." The first scene takes place in the home economics department followed with a scene at Linda's home.

SKIT:

NARRATOR: This skit has presented a problem which is not unique to many boys and girls.

In the skit that has just been presented, "How might all this difficulty have been avoided? How can we as teenagers help older people such as grandparents feel that they belong?"

1. Pay them attention and take time to talk to them.

2. Offer encouragement and praise.

3. Realize that everyone is an individual. Try to understand him.

4. Include them in family affairs.

5. Show them love, consideration, and respect.

6. Introduce them to your friends.

7. Let them feel that you respect their opinions. Ask for advice and help.

8. Remember their special occasions and give them gifts, flowers, etc. Always try to bring older people into the group. This takes understanding and time.

DEGREE WINNERS

District I

Bath: Helen Sullivan

Bethel: Shirley Whitthurst

Chicod: Carole Anne Lassiter, Carole Sue Stokes, Sandra Gaskins

Conway: Betsy Sumner

Creswell: Linda Oliver

Winterville: Lora Ellen Hill

District II

Beaulaville: Glenda Thomas

B. F. Grady: Alice Faye Smith, Bobbie Herring, Frances Gail Grady, Judi Kornegay, Sandra Smith Herring

Chinquapin: Donna Faye Lonier, Eleanor Cavanaugh, Joyce Swinson, Sonja Lanier

Contentnea: Cappy Jo Langston, Jeanne Carr, Vennie Lou Edwards

Jacksonville: Kaye Greene, Lillian S. Nicholson, Martha Melton

La Grange: Helen Hardy

James Kenan: Lura Ann Penny

Lee Woodard: Barbara Pittman, Brenda Lucas, Joan Yelverton, Judith Carroll Base, Linda Faye Gardner

Lucama: Janice Taylor, Sylvia Watson

Penderlea: Shirley Gurganus

Richlands: Anne Barbee, Miriam Taylor

Rosewood: Alice Ellen Newell, Lynda Radford, Margaret Ellen Rose

Saratoga Central: Carolyn Langley, Faith White

Wallace Rose Hill: Beth Mattocks, Janice Newton, Linda Mozingo, Wanda Perkins

Walstonburg: Becky Winstead, Beverly Lang, Connie Parker, Joyce Cox, Mary Elizabeth Gaye, Nancy Carol Adams, Pat Harrell

District III

Cameron: Judy Stanley, Sallie Phillips

Red Springs: Carol Jane Lewis, Delane Humphrey, Helen Edwards, Sandra Barden

Rowland: Kay Hall, Mary Crawford

Seventy-first: Jean Spears, Peggy Harris

Stedman: Audrey Bunce, Bonnie Hall, Geraldine Albertson, Joanne Strickland, L. Rebecca Faircloth, Mary Tarrant, Patsy Melvin

District IV

Angier: Doan Wood, Judith Ann Ennis

Bailey: Ann Brock

Benson: Sharon Barbour

Benvenue: Betty Spain, Catherine Towe, Joan Morris, Jo Ann Viverette, Judith

NOTICE!

Lost articles at the State FHA Convention will be sent to the owner upon request. Include a description of the article with the request.

Melton, Judy Hedgepeth, Olive Korne-gay

Coats: Barbara Langdon, Gayle Johnson, Nora Avery, Sandra Poole, Susan C. Johnson

Corinth-Holders: Joyce Barham, Linda Parrish, Shirley Moody

Dunn: Anne Alpine

Durham Sr.: Suzie Apple

Helena: Frances Walters

Needham Broughton: Carol Cox, Pan-thea Gup-ton

Roxboro: Barbara Oakley

Wilton: Joan Perry

District V

Bartlett Yancey: Brenda Cook, Linda Slaughter, Nanci Payne, Sharon Slaughter

Central (Davidson Co.): Shirley Jean Black

Franklinville: Camilla Jane Saunders, Ersell Shane, Linda Presnell, Priscilla Ann York, Rebecca Anne Stout, Sammie Gatlin

Gibsonville: Brenda Gerringer

Gray Chapel: Barbara Rae Cox, Louise Kime

Madison: Doris Louise Shelton

Mayodan: Audrey Smith, Bonnie Williams, Donna Amos, Judy Ann Grogan, Lenna Vaughn, Linda Via, Louise Goins

North Davidson: Carol Dorsett Murphy

Ramseur: Anna Rae Hodgin, Jane Cra-ven, Linda F. Caudle, Peggy Lawson

Robert B. Glenn: Jeanne Weavil

Seagrove: Betty Lee Luther, Betty Richardson, Carolyn Trogdon, Doris Vonnannon, Kay Asbill, Linda Jo Johnson, Linda Sue Brewer, Rebecca Au-man, Sue Richardson

Walnut Cove: Mary Katherine Redmon

District VI

Kings Mountain: Dianne Neal

No. Three: Carolyn Wright

Shelby: Judy Dale, Kay Wilson

District VII

East Wilkes: Arlene Brooks

District VIII

Bethel: Barbara Jean Nix

Bryson City: Shirley Becker

Clyde A. Erwin: Lorraine Brown, Mary Lynn Sluder

Enka: June Taylor, Louise Elders, Patricia West

Etowah: Carolyn Kilpatrick, Corina Hoots, Jean Watts, Josephine Watts

Flat Rock: Bessie Mae Levi

Lee Edwards High: Joyce Warren, Lynn Hampton, Rebecca Morgan

Chapter Chatter

This year there are 105 members in the **Needham Broughton** chapter. Last fall they sponsored the annual Good Luck Dance. The theme was "Autumn Paradise," and it was very successful.

After the December PTA meeting the FHA had their annual money-making project, a bazaar. Each member donated an article to be sold. They had a variety of things — cakes, candy, stuffed animals, aprons, pies, Christmas decorations, and Christmas stockings.

In November they were the host school for the District IV Rally. There were over 1,000 girls at the meeting.

The **Vance-Warren** County Future Homemakers held its spring rally at the John Graham high school in Warrenton on April 13.

Installation of new officers, a talent show, and fashion parade were highlights of the program. The Littleton chapter was responsible for the roll call; the Zeb Vance chapter, programs; and the John Graham members were in charge of the stage, flowers, and refreshment.

The **Madison-Mayodan** Chapter honored their mothers at the Mother-Daughter Banquet held in the Mayodan cafeteria March 18. The theme of the banquet, "Mother Is a Jewel," was carried out with approximately one hundred and seventy-five persons attending the event.

Beaufort Future Homemakers celebrated National FHA Week by contributing their services to the school faculty members during the week. The faculty, their students, and the FHA members enjoyed the relationship and help during this occasion.

During one of the meetings the president used a check-list in helping the group to evaluate the program of work for the past year. The evaluation proved that the members and officers had been busy helping to improve themselves, the local chapter, school, community, and state association.

A few of the **Cary** chapter's participation during the week was a chapel program, news report in the Cary paper, blessings on cafeteria tables; coffee for the teachers, and Daddy-Date Night which concluded the program.

Excerpts from the **West End** School News Articles:

North Buncombe: Irene Ball, Linda Burleson, Sue Garrison, Susan Chandler

Rutherfordton-Spindale: Betsy Denson, Catherine Sumners, Jane Sherrill, Kaye Yelton, Madge Guffey,

Tri-High: Diane Hicks, Ingrid Byers

Valley Springs: Ruth Finch

Webster: Anne Sellars

Haven't heard many rumors about the Home Economics Mid-Term exams being short and easy. Miss Kernodle has one favorite answer that popped up on a completion blank. The answer, **Wrights' Brothers Aeroplane** was in the place where **Wrights' Silver Cream** should have been. However, she says that plane might come in handy yet for her to get around in to see "What's Cooking."

Wonder what a man's shirt is doing on display in the Clothing Lab? Carolyn Lewis Coggins is proud of the sports shirt she made for her father. So proud, in fact, you probably saw her modeling it at recess one day. That size 44 looked real cute on you Carolyn! Hubby's will have to be sized down a bit. Carolyn's father says that from now on she can make plenty of his shirts — he likes her's best. Now she is getting ready to make a white one using the flat fell seam!

Barbara Garner and Jean Hannah — Orchids to you for those hard hours spent on your home projects! We know that both you and your families are enjoying those freshly painted living rooms with their cheerful colors.

Have you noticed our display of Nutrition posters in the cafeteria? Follow our slogan "Map your meals for better health."

The FHA'ers are constantly trying to find inexpensive ways to make our school more attractive whether it be a simple poster or a requested pair of draperies. Your suggestions and comments are welcome.

We are very proud of our modern kitchen wall cabinets, we hope it won't be too long until new base cabinets and sinks are added. Then we'll be ready for the kitchen walls to have a face lifting of plastering and paint.

The March meeting of the **Alexander Wilson** Future Homemakers of America club was a recreational program with the members and their dates participating. Recreation was led by Gerald Johnson, physical education and health teacher at Elon High School. Mr. Johnson directed us in new square dance steps, entertaining games, as well as round dancing.

The Home Economics Department at **Anderson** High School had a Fashion Show taped at WFMY-TV, Channel 2, Greensboro, N. C., on Monday, March 14. The group consisted of 25 girls under the direction of Mrs. Ella E. Taylor, teacher of Vocational Home Economics. The program was presented on Miss Carol Stoker's "Second Breakfast" at 9:15 a.m., March 15.

NASH CHAPTER

(Continued from page 2)

the student body over the inter-com system. (3) Coffee served to the teachers in the homemaking department all during one day. (4) News articles in county paper. Special improvements were made in the homemaking department. (5) All teachers in the high school given a red rose upon arrival at school. (6) These projects included bulletin boards and displays in the homemaking department and throughout the school. (7) Luncheon for all FHA members.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"

Caroline says:

The summer months, free from studies and school activities, should be a wonderful time to put into application training received in homemaking classes and FHA activities.

Don't forget our four goals:

Goal 1. Develop Potential Abilities.

Goal 2. Better Understanding of Family Members.

Goal 3. Interpret the Value of Home Economics.

Goal 4. Promote Good Will Everywhere.





FUTURE HOMEMAKERS

★ North Carolina Association ★

OUR COVER PICTURE

Artist, Jeff Hill, recognized the many opportunities open to a Future Homemaker member after he had reviewed the contents of our *Chapter Handbook* and issues of our *North Carolina Future Homemakers Magazine*. Two years ago he designed the winter scene on the December issue.

The caricature sketches on the cover page clearly portray some of the values which Future Homemakers seek to achieve. Namely, *Self Improvement*, *Better Home and Family Life*, *Community Improvement Through Service*, and *Wholesome Recreation*.

Through many and varied activities

National Meeting in 1961

Who? — 1,000 delegates (Members and advisers) Future Homemakers of America

Where? — Chase-Park Plaza Hotels, St. Louis, Missouri

When?—July 3-7

“The National Association of Secondary-School Principals has placed this activity on the Approved List of National Activities for 1960-61.”

these goals are being reached in varying degrees in all eight of the districts outlined on the map of North Carolina.

Emblematic Materials

FHA emblematic materials should be ordered from only authorized dealers which are:

L. G. Balfour Company (official jewelry, etc.)

711 14th Street, N. W.
Washington 5, D. C.

Ringer St. Croix Company (official jacket—Eisenhower type)

3300 N. E. Fifth Street
Minneapolis 18, Minnesota

Marshall Field & Company (official jacket—blazer type)

Chicago, Illinois

(Balfour and Marshall Field advertisements are included in the September, 1960 issue of *Teen Times*.)

NOTICE !!!!

Two copies of the October, 1960 issue of the North Carolina Future Homemakers of America magazine will be sent to every chapter which affiliated

for the 1959-60 school year. A copy for each member will be mailed immediately after affiliation dues for 1960-61 are received in the State office.

North Carolina Association of Future Homemakers of America

State Officers 1960-61

President—Sammie Gatlin, Franklinville V
Vice-President—Kakie Jordan, Cary IV
Secretary—Nancy Britt, Barnesville III
Treasurer—Alice Faye Smith, B. F. Grady II
Historian—Elaine Renegar, Harmony VII
Parliamentarian—Susan Chandler, Weaverville VIII
Reporter—Freda Britt, Murfreesboro I
Song Leader—Nancy Evans, East Mecklenburg VI

District Advisers 1960-61

Miss Frances Newby, Perquimans I
Mrs. Emily R. Wells, Wallace-Rose Hill II
Mrs. Louise Burleson, Barnesville III
Miss Ruth Turnage, Bailey IV
Mrs. Agnes L. Farthing, Ragsdale V
Mrs. Mary Miles, Anson VI
Virginia Coltrane, North Surry VII
Mrs. Sue T. Glover, Old Fort VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

Future Homemakers Learn How to Stretch the Food Dollar

"Managing the Food Dollar" is a unit the Future Homemakers have really enjoyed this year. We have learned many things that will be helpful to us when we become homemakers. As a supplement to our classroom bookwork, we visited the grocery stores downtown in a search for values. Some of the points we learned to use as a guide for wise-buying are:

1. Save when planning meals by—
 - a. Planning well-balanced meals
 - b. checking advertised specials
 - c. Planning meals as far in advance as is feasible
 - d. Planning each day's meals as a unit
 - e. having menus flexible
 - f. considering cost, time, energy, and quality
 - g. making and using a shopping list
 - h. arranging items according to counters
2. Save when shopping for foods by—
 - a. considering location and physical aspects
 - b. deciding the best time to shop
 - c. knowing your requirements
 - d. being alert to value
 - e. comparing price, quality, and planned use of foods
 - f. reading the labels
 - g. taking advantage of specials
 - h. watching for alternate choices
3. Save when preparing foods by—
 - a. storing food properly
 - b. using all of what you buy
 - c. using tested recipes
 - d. using proper cooking utensils
 - e. cooking vegetables in little or no water
 - f. cooking meats at low temp.

These suggestions can be very helpful to every homemaker, as they have been to us.

CLARA DENNING, SHARON BARBOUR, Benson F.H.A. Chapter.



Clara Denning and Sharon Barbour wrote article on "Managing the Food Dollar." This picture appeared on a poster which the City Market manager displayed to advertise his weekend special.

Some Resource Material Which May Relate to Your Program of Work

HI NEIGHBOR BROCHURE—

U. S. Committee for UNICEF United Nations, New York

WORLD NEIGHBORS, INCORPORATED BROCHURE—

Headquarters: 1145 19th Street, N. W., Washington 6, D. C.

PACKET OF SAFETY MATERIALS FROM:

The American Red Cross National Headquarters, Washington 6, D. C. "Baby Care Is A Family Affair," "Accident Prevention Check List for Child Safety," "Tornado Safety Rules," "Teaching Johnny to Swim," and other leaflets are included.

IS YOUR HOME FALL PROOF?

National Safety Council, 425 N. Michigan Avenue, Chicago 11, Illinois.

A FAMILY IS THE STRENGTH OF ALL ITS MEMBERS—

Metropolitan Life Insurance Company, New York, N. Y.

YOUR VOTE COUNTS AND VOTERS CHECK LIST—

The American Heritage Foundation, 11 West 42 Street, New York 36, N. Y.

SAFETY ON WHEELS—

Nationwide Insurance, Columbus, Ohio

UNESCO AT YOUR SERVICE—

Public Liaison Division, New York Office of UNESCO, Room 2201 United Nations, New York

THE OPPORTUNITIES THAT BOOKS OFFER—

The Children's Book Council, Inc.
175 Fifth Avenue, New York 10, N. Y.

Sample Illustrations of What a Future Homemaker Can Do

By well-planned and carefully executed projects and activities, a Future Homemaker informs her neighbors of what she is working toward. Her aims and objectives are focused on

Self-Improvement
Good Home and Family Life
Service and Citizenship
Wholesome Recreation

Injected in all plans and activities are Provoking Thoughts on What—After High School???

FATHERS ARE WONDERFUL, TOO

Have you ever included your wonderful fathers in your FHA chapter plans? The Harris FHA Chapter tried the idea by sponsoring a Father-Daughter Buffet Supper, and it was such a success that they know you will want to try it, too.

You may think your dad is just a "man to dole out money" when it comes to having fun, but get him out with a group of frolicking FHA'ers, eating hamburgers with all the trimmings, and believe it or not—you'll have a frolicking pop!

To start the evening on the "right foot," the fathers were given time before supper to become acquainted while Martha Davis played some of those favorite tunes that all fathers enjoy.

The hamburgers were delicious, and the very thing to keep the fathers unaware of their P's and Q's. For an hour they, in the eyes of their daughters, simply turned into delightful teenagers, and were twice as much fun.

Have you ever seen men pass a ring on a toothpick completely down a dining hall? The girls declared that it couldn't be done, but the fathers beat them at their own game. Many more games were thoroughly enjoyed.

Talent was discovered that night that no one knew existed. The Harmon sisters, Yvonne, Doris, and Dorcus blended perfectly on an old favorite melody. Some of the seniors presented an appropriate pantomime, "Father Knows Best." Surprise turned into glee when father-daughter special was presented by Rita Robbins and her

father, Clyde H. Robbins. Diane Hopper gave a "Tribute to Our Fathers," which was the first serious moment of the evening.

Wynona ended the gala evening with a very appropriate poem about "Our Fathers." Truly this night was enjoyed and will be remembered by everyone who participated. More binding relationships between fathers and daughters show that the evening was one well spent. The lasting benefits of the evening will always be of value to the FHA girls and their fathers.

DISPLAY OF HANDICRAFTS ATTRACTED ATTENTION AT MOTHER-DAUGHTER BANQUET

An attractive and colorful bulletin board immediately struck the eye as one entered the front hall of the Garner High School on the night of the Mother-Daughter banquet. On a red background was the FHA emblem. Beneath it were stairs on which one must climb to reach her homemaker degree. Names of girls working toward achieving a degree were printed on the steps in order of progress made at this time.

Draped on the back of the office bench were sweaters hand-knitted by two FHA members. More sweaters, but incomplete, by other members were on the bench. On the left of the bench were other articles which included a pillow and a caterpillar made by a chapter member. On each side of the bench were refinished picture frames containing mirrors. Beneath one mirror was a refinished table on which lay a refinished violin with artificial ivy



As a token of appreciation to the faculty, Erwin FHA members washed cars for them during National FHA Week.



Donno Abernathy, Pam Kimery, and Lindo Anderson of the How River chapter model church and travel costumes which were made in home economics class.



"The strategy of handling one and two year old children" was the title of a home experience, by Elizabeth Ann Horkey from Myer's Park School in Mecklenburg County.

Future Homemaker Is Working Toward



These FHA members of the Erwin Chapter attended the First Baptist Church in a group during National FHA Week.



Members of the Chicod Chapter take pride in the school grounds. Three FHA members are shown here cleaning the grounds around the home economics cottage.



Miss Winnie Laughridge, an honorary member of the State Association of Future Homemakers of America from Shelby, N. C., is honored by members of the Shelby Chapter.

winding in among the strings. The violin would make an interesting wall arrangement. Underneath another mirror was a ceramic table made by one of the FHA'ers.

Across the hall was a display of the following items:

- White and colored doilies
- White terrycloth bathroom curtains
- A dressing table
- A pretty dress
- A round scatter rug

FHA HIGHLIGHTS IN CULLOWHEE

"We are the builders of homes, homes for America's future. . . ." These words are a challenge to every Future Homemaker of America. Each of us has an important role to play in building our nation's future, and we realize that we must have adequate preparation if we are to give a command performance.

The **Cullowhee Chapter** of the Future Homemakers of America, like many other chapters throughout our state and our nation, are striving to do just that. Active participation from each member enabled our chapter to complete a year's program that was both successful and enjoyable.

Last fall our calendar was filled with planned activities for each month of the year. Some of the plans carried out were:

1. Just before Thanksgiving the freshman girls entertained their parents and the faculty members at a tea and style show.
2. Before we knew it Christmas had come and gone. Our FHA Chapter had co-sponsored a white Christmas campaign at school and had made a family very happy with gifts of clothing, food, and toys. We found happiness ourselves in making others happy.
3. In March our chapter was represented by five delegates and our sponsor at the State FHA Convention.
4. During National FHA Week dresses that had been made by three chapter members were displayed in the window of Elsie's Dress Shop in Sylva. Red roses were presented to each high school faculty member.
5. Our busy year was climaxed

with a high school assembly program. The first part of the program consisted of an emblem service in which the meaning of the different parts of our FHA emblem were explained. Following the emblem presentation, 24 girls modeled spring dresses they had made.

As the year comes to a close we can happily look back on a year of valuable, now experiences, all of which helped to mold our future happiness. As future homemakers, "We face the future with warm courage and high hope."

SUMMER RECREATION PROGRAM, ROWLAND HIGH FHA

(Copy of letter sent to citizens in the Rowland community).

FHA is undertaking a Wednesday night program to be held in the Community Center (old Home Economics building) during the summer from 9-11 p.m.

Rowland High School boys and girls, graduates, and their special guests are welcome to come to dance, to play ping-pong or to just sit and talk.

Each time an FHA officer and her hostess will be in charge, assisted by at least one other hostess and host (if possible); the FHA officer will arrange for selling drinks and playing the music. She will open and close the building.

The hostesses will have complete authority. The boys and girls are supposed to stay and we hope will enjoy themselves, but if the hostesses wish to close before 11:00 p.m., they may do so.

We need **YOU** to help this program. If many parents will assist, the task will be light on all. If you are unable to come the night assigned to you (see enclosed schedule), please change with another hostess and if for some reason you can't do that, please phone Sara Lee Sellers as soon as you can so that a substitute may be secured.

Please take this responsibility and help our program succeed.

Very truly yours,
Sara Lee Sellers,
President, FHA
Mrs. Albertine P. McKellar,
Advisor



We Are Strolling Along Down

Memory Lane

The 50 North Carolina delegates to the 1960 National Meeting at the Statler Hilton Hotel in Washington, D. C., July 11-15 are engrossed in pleasant memories of this new and exciting experience. Elaine Renegar, State Historian, relates this:

Listen! I hear music. Where is it coming from? Sounds like it is coming from this room. What large doors; I can hardly open them. My! What a lovely room—red, white, and blue, and look up there at the flags. There must be one from every State and there are so many girls in here I am sure there are some from every state. Now I can see where the music is coming from. It is the orchestra of the United States Marine Band conducted by the Assistant Director, Captain James B. King.

The 1960 National Meeting of the Future Homemakers is now in session under the direction of Andrea Krishnitz in the Presidential Ballroom of the Statler Hilton. Following the opening ceremony we saw

the advancement of the colors, a joint Service Color Guard with Lieutenant Roberta Roberts of the United States Marine Corps in charge.

After the greetings, welcome and presentation of the objective, we were given our P's and Q's to follow this week. Then, we seemed to notice that something had gone wrong. If you did not find out why the program was so unorganized at the end, I am sure you saw the news article in the *Post* on Tuesday morning titled, "Arthur S. Fleming, Secretary of Health, Education, and Welfare, stood up 1,000 girls in Washington last night."

Before the close of the first General Session, our National Officers told us what to expect from "This Week."

Group singing and a lovely, yet inspiring devotion got us well on our way for the second General Session. Following the roll call of the States, we were presented our objective . . . "Citizenship Begins at Home." This was followed by a panel discussion directed by Mrs. Margaret W. Fisher.

Our Third General Session was a Business Meeting. After a report from the discussion groups. We received the reports of the Secretary, Treasurer, and Regional Vice-President, President, Historian, and Parliamentarian. In the reports we were told what was

DELEGATES TO NAT

Suzie Apple, Dianne Beckener, Nancy Britt, Betty Brown, Janet Brown, Susan Chandler, Judy Dale, Anne Davis, Nancy Evans, Sammie Gatlin, Evelyn Green, Bessie Heath, Doris Hess, Nelda Holder, Betty Sue Honeycutt, Lyndia Faye Jones, "Kakie" Jordan, Carolyn Langley, Maxine Liles, Nancy McCleny, Phyllis Moffitt, Joyce Oakes, Glennie Overman, Amelia Phillips, Peggy Quinn, Elaine Renegar, Kay Rintz, Rita Robbins, Hazel



being done to aid our projects. The reports included: Youth Can Do, Family Fitness, Teenage Consumer, Family Unity, Betterment for Elders, and Public Relations.

In the Teenage Consumer's report, we saw the Old Woman Who Lived in a Shoe.

There was an old woman who lived in a shoe

This ole woman knew what to do.
Her children were FHA'ers that knew how to buy anything
From appliances to bloomers
For they were good teenage consumers.

During the Public Relations report we were given this recipe for P.R.'s Birthday Cake:

- 1 pinch of Purple Pixie Dust
- 1 cup of smiles
- 2 ideas in polka-dot sacks
- 2 measures of community service
- 2 measures of careers in home economics

Sift in potential abilities and participation. Add family togetherness with fun and frolic. Sprinkle with enthusiasm and creative ability and serve with the Public Relations silver service spoon.

Following these reports we were then introduced to our 1960-61 National Officers.

Look at the Washington Monument. Listen! I hear music again. I believe it is coming from the Sylvan Theater which is located be-

hind the Monument. Now I can see that it is the United States Army Chorus under the direction of Captain Samuel Loboda.

Tonight I have seen and realized how much my American Heritage really means to me by attending the pageant "Papers of Fire."

No one wanted to miss the 6th General Session on Thursday morning because we were to hear music. This time it was the All-States Chorus under the direction of Mary Lou Alexander.

Look who is now being introduced. It is the Honorable Arthur S. Fleming. I am really glad he had a second chance to speak to us because I don't believe anyone can ever forget his inspiring speech about our Heritage.

Thursday afternoon was time for each of us to really be grateful to our Heavenly Father for our American Heritage. It was on this afternoon that we saw many of the great memorials erected to our forefathers as well as many other points of interest while touring our Capitol City.

Listen once more! I hear music. It, too, is coming from the Presidential Ballroom, but this time I find it set for a banquet and across the room I see the source of music. It is the United States Waves Chorus directed by Musician 2nd Class Ralston Pitts. Following a delicious and lovely meal, during which we received orchids from Hawaii, we

heard an address by the Honorable Katherine H. Stone, member of a House of Delegates in Virginia. This was followed by the Presentation of Honorary Memberships and an International Talent Show.

During the closing General Session on Friday, we heard the reports of the National Committees. Catherine Blanton, North Carolina's own National officer, gave us a report of the finance of our national organization. She told us where our money came from and where it has gone. She also gave us a list of helpful hints for chapter moneymaking projects.

Hand puppets were used in giving us the *Teen Times* report. They told us of the many and varied uses of *Teen Times*.

While whispering quite "loudly" about the numerous and very interesting projects which were carried on throughout the nation, five scouts gave us the National projects report. Road signs and terms were used to compare the values of FHA and Home Economics in our Public Relations report.

At the close, we were given a report on how to take the "convention back home" by our listening team members. This chain of ideas was a charm bracelet filled with charms to represent each session or meeting of the convention.

The installation of 1960-61 National officers brought to a close the 1960 National Future Homemakers of America Convention.

NAL FHA MEETING



Sauls, Alice Shepard, Faye Smith, Patricia Smith, Emmetta Stirewalt, Betty Tate, Marilyn Taylor, Sue Wallace, Judy Whitley, Aliene Wilson, Judith Wood, Priscilla York, Mrs. Louise Burleson, Virginia Coltrane, Mrs. Sue T. Glover, Mrs. Mary Miles, Miss Frances Newby, Miss Ruth Turnage, Mrs. Emily Wells, Catherine Blanton, Mrs. Harriette Holton, Mrs. Faye T. Coleman.

Objective II: To develop a better understanding of our family members and to contribute to their well-being.

PROJECT: FAMILY UNITY

Through *Family Unity* experiences we may learn to understand and develop a closer relationship with members of our family and learn to be a co-operative member.

PROJECT: FAMILY FITNESS

Family Fitness experiences will concentrate on the physical, mental, social, emotional, and spiritual well-being of all family members.



The camera caught this pose of Nancy Edwards, 1959-60 State FHA President of the North Carolina Association, as she was entering church with her family.

“The Home I’d Like to Have”

A prize-winning essay by Cynthia Leonard, Ramseur Chapter

Every girl dreams of the day when she will marry and have a home and family of her own. I am no exception. As a Future Homemaker, I look forward with great anticipation to the time when I will be a present homemaker. I fully agree

with journalist, educator, and writer, Dr. Will Durant, who said, “There can be no fulfillment of life’s ultimate purpose without a successful marriage and a good family life.”

As I grow older my dreams of my future home begin to take form,

and I visualize some very real and vital attributes that I want my home of tomorrow to possess.

First of all, it will not be my home, but our home. My husband and I will work and plan as a unit to build a home upon the Christian principles in which we believe.

It is not a part of my dreams that my home of tomorrow be housed in a mansion of brick or stone. I would rather it be built on the enduring cornerstones of love, faith, respect, and security; for our home must be of such a quality that it will endure for a lifetime.

Such a home must have an abundance of love. A deep, true love which abides among all of the family members. The love upon which our home is based must be patient, selfless, long suffering, and kind. It must be a love which will bear all strife and withstand all conflict—a love which will endure forever.

To withstand the fears and the tensions of the advancing age of nuclear fission and space travel, there must be ever present within our home, faith which is unwavering—faith in God, faith in the things which are right, and faith in ourselves and each other and our ability to succeed as a family.

I hope that within our home there will also be respect. Respect for the individuality of each family member—respect which encourages him or her to develop strong, true, independent traits. I hope also that our family will live and work together in such a way that those about us will have respect for our home.

In my dreams I see our home as a secure place, and security is a gift which I sincerely wish to offer my children. I want to establish the kind of home where my children will grow strong mentally, physically, spiritually, and emotionally free from fear and anxiety.

SUSAN CHANDLER, State Parliamentarian, Offers Helpful Tips to You

"How Much Parliamentary Procedure Do You Know?"

1. Who takes charge in the President's absence?

2. What are three ways of voting?

3. When are the four times the motion to adjourn is not in order?

4. What are the two kinds of committees?

5. What rules of Parliamentary Procedure do the Future Homemakers of America follow?

6. Why might the President leave the chair?

7. Name some things the minutes should contain.

"Answers"

1. The Vice-President.

2. Secret ballot, show of hands, acclamation.

3. (1) When a speaker has the floor.

(2) When a vote is being taken.

(3) After it has just been voted down.

(4) When assembly is in the midst of business which cannot be abruptly stopped.

4. Standing and special.

5. Robert's Rules of Order.

6. She might wish to take part

A copy of the order blank, which will be sent to each Chapter upon receipt in the State Office of the affiliation dues, is reproduced here for your use now. The "Chapter Handbook" is essential for all chapters.

ORDER BLANK

FUTURE HOMEMAKERS OF AMERICA
Department of Health, Education, and Welfare
Office of Education
Washington 25, D. C.

Please be sure to give correct mailing address

Date.....

Name.....

Terms: *Net Cash*

Address.....

Make checks or money orders payable to:
FUTURE HOMEMAKERS OF AMERICA

City..... State.....

Quantity	Publication	Amount
	Official Guide for Future Homemakers of America.....25¢ each (describes the organization, its purposes, bylaws, etc.)	
	Chapter Handbook65¢ each (gives chapter members, advisers and others help in planning, carrying out and evaluating the local chapter program)	
	A Guide to Help You Grow as a Future Homemaker of America.....25¢ each (gives suggestions for students and guides for working toward Junior and Chapter degrees)	
	A Guide for Helping Students Evaluate Their Own Growth.....25¢ each (handbook for teachers in guiding students' growth in the homemaking program and in their FHA work)	
	You and Your Chapter Parents.....20¢ each (gives ideas on ways to work with parents in the local chapter)	
	Sing with FHA.....20¢ each (includes various types of songs for group singing)	
	Cooperative and Competitive Activities in Home Economics Education.....15¢ each (a discussion of educationally sound ways of working to achieve worthwhile goals; includes a guide for judging activities)	
	Subscription to TEEN TIMES—national magazine of FHA.....\$1.00 per yr.	
	Mat of Official Emblem.....15¢ each (for newspaper publicity purposes)	
	Emblem Stencil.....50¢ each (contains 9 emblems in four sizes on a mimeograph stencil)	
	FHA in Focus......03¢ each (illustrated brochure describing FHA)	
	TOTAL:	

in a discussion. She would call the Vice-President to the chair and hand her the gavel.

7. Name of organization, date, presiding officer, secretary, motions made and result, committees appointed, committee reports, something about the program.

In a chapter meeting there is no need to be formal to the extent of dulling the spontaneity of spirit, but there must be some order to enable a chapter to function properly.

Purposes of parliamentary procedure—

To give courtesy and justice to every member.

To give consideration to only one thing at a time.

To give every member an opportunity to be heard.

To give consideration to the opinions of all with the understanding that the majority determines final decisions.

LET IT RAIN, LET IT RAIN, LET IT RAIN!

What's a picnic without rain? Even though the climate was wet, our spirits at *Durham Senior High* were not dampened at our Father-Daughter Picnic.

As we arrived at the local park's picnic area, monstrous, gray clouds hung over in the sky. Each of us whispered a wistful prayer that they would "go away and come again some other day." Before our festivities were well on their way, many of us had to dash away from the shelter to raise our convertible tops or car windows.

Even with the sudden rain, how could our spirits be dampened with a delicious lemon-meringue pie smiling up at you and golden brown fried chicken teasing your appetite?

Our guests-of-honor were our favorite beaux, our fathers. As we prepared the many lovely foods, we kept in mind "the way to a man's heart is through his stomach." Each tempting bite was mixed with love and care.

What a sight it was to see our dads pile their plates high and later return for seconds and thirds! The more they ate, the more they seemed to enjoy every bite.

As a crowning touch to our picnic, we made several dads very proud by announcing that their "Little girls" were to be next year's chapter officers and delegates to the National Convention in Washington.

Seeing Is Believing

By RUTH B. LAWRENCE

F.H.A. Adviser

Cobb Memorial High School

"I'd rather see a sermon than hear one any day"—gave Cobb Memorial an idea for their Mother-Daughter banquet. Instead of having a program along with the meal and talking about their progress during the year they decided it would be a good idea to display their year's work. By doing this, it would help the mothers to see actually what the girls had been doing and also help the girls to evaluate the unit and see for themselves what they had accomplished during the school term. They could also take a look into the future to see what was in store for them next year.

Large letters were cut and hung from the ceiling to illustrate the various areas of home economics studied. The display included articles made at home and in class.

In the child care unit the freshmen girls set up a baby sitter corner with posters of various things necessary to be a good baby sitter. Music, songs, books, records, home made toys, bought toys and other things were here to represent entertaining small children. The 10th grade set up under the child care unit a bath tub with a doll for bathing instructions, bassinet for sleeping habits, baby food and formula for feeding a baby, medicine for sickness, clothing, toilet training and some things to help train children in good behavior and habits. The third year unit was illustrated with diets, clothes and routine for expectant mothers, pictures of an embryo, preparation for a new baby and changes to expect in the home when the family increases.

These illustrations helped the mother to see that the girls were not only studying child care in home economics, but it helped them to see how much the girls would miss if they failed to take home economics more than one year.

There were six other phases of home economics displayed in the same way showing the things the

girls had learned and the results. Displays were as follows: quilt tops, pillow cases, table cloths, place mats, painted pictures in frames, upholstering a chair, house plans built with cardboard and the landscaping, flower arrangements, jellies, jams, preserves, pickles, canned vegetables, baked cookies and cakes, clothing garments and many other things done in the various units.

The banquet was served in the cafeteria and following it the guests were invited to the department and classroom to see the exhibits.

Yes, it was quite a bit of work, but so rewarding as you stood back and watched the girls and the guests enter and listen to the girls as they beamed and began talking—

"Hey Mama, Sue and I did this," "Come here Mama, and see the house I planned and built of cardboard, and look at my landscaping," "See Mama, I told you the pickles would keep" or "Look at my jelly, it's as pretty as yours."

There were many comments among the students as they beamed with pride in showing off their year's work but even the teacher beamed a little as she continued to listen—

"I never realized before the things taught in home economics"

"Well, until now I thought sewing and cooking were the only things taught in home economics"

"I sure do hope Judy will be able to take home economics three years"

As you plan your banquet this year or other activities, keep in mind that one look at the work being carried on in the department, one picture in the paper, one speech over the radio is far more valuable than all the words and its just like a canceled check—you have proof that Home Economics is a must in our communities of N. C.

BIT OF HUMOR

Teacher: "What animal is satisfied with the least nourishment?"

Robert: "The moth, teacher. It eats nothing but holes."

The teacher was trying to get her class to understand something about the ether. "What is it that pervades all space," she asked—"something which no wall or door can shut out?"

"The smell of boiled cabbage," spoke up the class wit.

Teacher: "Every day we breathe oxygen. What do we breathe at night, Willie?"

Willie: "Nitrogen."

A teacher asked her class to draw a picture of that which they wished

to be when they grew up. The pupils went diligently to work with paper and pencil, some drawing pictures of soldiers, policemen, fine ladies, etc. They all worked hard, except one little girl, who sat quietly holding her pad and pencil in hand.

The teacher, observing her asked: "Don't you know what you want to be when you grow up, Anna!"

"Yes, I know," replied the little girl, "but I don't know how to draw it. I want to be married."

A teacher called for sentences using the word "beans."

"My father grows beans," said the bright boy of the class.

"My mother cooks beans," said another pupil.

Then a third popped up: "We are all human beans."

Teacher: "What is the surest way to keep milk from souring?"

Dorothy: "Leave it in the cow."

"But, Betty dear," advised her mother, "you are not getting all the peelings off the potatoes!"

"Yes, I am, Mother," replied Betty, "all except in the dimples."

"Father."

"Well, what is it?"

"It says here, 'A man is known by the company he keeps.' Is that so, Father?"

"Yes, yes, yes."

"Well, Father, if a good man keeps company with a bad man, is the good man bad because he keeps company with the bad man, and is the bad man good because he keeps company with the good man?"

OPERATOR'S LICENSES

Operator's Licenses were issued in freshman clothing classes at **Haw River** to students who could successfully thread the head and bobbin

of the machine and operate it without confusion. A bulletin board displayed at the beginning of the clothing unit with this simple question: "Are You A SMO?" created much interest and curiosity on the part of the students. Spelled out SMO means Smooth Machine Operator. The operator's license (a card

similar to a driver's license) is required as the preliminary step in the construction of the first garment in home economics classes. Mothers report that their daughters are so proud of these little licenses that they carry them in their wallets right along with some of their most treasured pictures.

Seamstress must carry this on person otherwise are not entitled to sew . . .

License Number:

Restrictions:

Name.....

Address.....

City..... State.....

This is to certify that the person herein named has passed all tests for threading both top and bottom of machine and putting in needles correctly.

Date issued:

Expires 9-1-60

(Signature in full)

issued by:

commissioner of seamstresses

Not valid until numbered and signed by commissioner

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"



Caroline Says—

During 1959-60 the number of members in the 461 chapters in North Carolina totaled 24,169.

By districts the numbers were:

District I.....	2,752
District II.....	3,254
District III.....	3,192
District IV.....	3,719
District V.....	3,495
District VI.....	3,047
District VII.....	1,999
District VIII.....	2,711

MAY WE CONTINUE TO GROW!!!

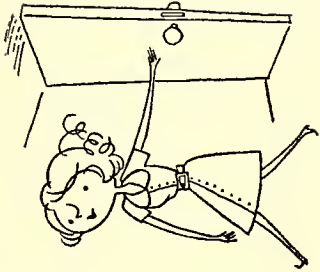
FUTURE HOME MAKERS

Day by Day
REMINDERS
for our F.H.A.



1961 Calendar

NORTH CAROLINA



Dear FHA'ers:

You have just opened the door to a new and better chapter—through your new 1961 calendar. This calendar is for *you*. Plan your activities for the year and fill in the proper spaces on your calendar. The summer months, June, July, and August have been omitted. Keep your calendar in your notebook or hang it on your wall. Now there can be no excuse for missing out on all the pleasure to be gained in FHA with your calendar as a reminder!

Sincerely,
KAKIE JORDAN
Vice-President

North Carolina Association of Future Homemakers of America

State Officers 1960-61

President—Sammie Gatlin, Franklinville V
Vice-President—Kakie Jordan, Cary IV
Secretary—Nancy Britt, Barnesville III
Treasurer—Alice Faye Smith, B. F. Grady II
Historian—Elaine Renegar, Harmony VII
Parliamentarian—Susan Chandler, Weaverville VIII
Reporter—Freda Britt, Murfreesboro I
Song Leader—Nancy Evans, East Mecklenburg VI

District Advisers 1960-61

Miss Frances Newby, Perquimans I
Mrs. Emily R. Wells, Wallace-Rose Hill II
Mrs. Louise Burleson, Barnesville III
Miss Ruth Turnage, Bailey IV
Mrs. Agnes L. Farthing, Ragsdale V
Mrs. Mary Miles, Anson VI
Virginia Coltrane, North Surry VII
Mrs. Sue T. Glovier, Old Fort VIII

State Adviser

Mrs. Faye T. Coleman

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

January

Begin the *New Year* with a backward and a forward look—

Look back—to analyze where you have been, what you have accomplished, and where you are at the present in reaching the goals you set for 1960-61.

Look forward—in order to make specific plans for all the months of the year.

You may want to

—Check progress toward Degrees of Achievement

—Check National Program of Work for 1959-62 for suggested individual and chapter activities which might fit into your chapter Plan of Work

What did members of your chapter do during the Holiday Season which helped to reach our FHA objectives? Tell other members in the state by sending reports to the state office.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February

Try special activities which will prove to yourself, family members, members of your chapter, and friends and neighbors that you can be creative, expressive, and appreciative—in the art of gracious living in your home.

Has a member of your chapter worked on a project which would be newsworthy? Send articles and pictures to the state adviser.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Ground Hog Day	3	4
5	6	7	8	9	10	11
12 Lincoln's Birthday	13	14 Valentine's Day	15	16	17	18
19	20	21	22 Washington's Birthday	23	24	25
26	27	28				

March

Expand your imagination to encompass your home community in planning for improvement.

Improvement can mean—

Wise expenditure of time and energy in clean-up projects and in provision of needed additions for community development.

Service to children, the aged, invalids, and those confined.

March is a good month to place emphasis on "Food Comes First for Youthpower." Nutrition plays an important role in *Family Fitness*—a national FHA project.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15 State Homemakers Degree applications due in state office.	16	17 St. Patrick's Day	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Good Friday	

April

Observe National FHA Week. Plan something special for each day. Make the public aware of what you are working toward through news articles, radio programs, television programs, and person-to-person contacts.

Don't forget the State Convention on the 15th. North Carolina can elect a candidate for the office of National Vice-President of Recreation.

Be prepared to vote on the revised FHA State Constitution at the State Convention.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 April Fool's Day
2 Easter	3	4	5	6	7	8
9 National FHA Week 9-15	10	11 NATIONAL	12 FHA	13 WEEK	14	15 FHA State Convention
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

May

Send annual report to State Office. (Keep one copy for chapter file.)

Plan to attend FHA Camp—May 29-June 3, June 5-10. Use application forms which will be included in the Spring Newsletter.

Consider sending a delegate to National FHA Meeting—Chase-Park Plaza Hotel, Saint Louis, Missouri—July 3-7

(Information regarding quota for states and details will be sent to chapters early in the spring.)

Begin plans for the year 1961-62.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 May Day	2	3	4	5	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 FHA at FFA White	30 Memorial Day CAMP Camp Lake, N. C.	31 BEGINS			

September

If you did not hold workshops during August by all means do so now.

Affiliate with the State and National Organization. Collect dues early and send dues to the state office. You will benefit by being prompt in affiliating.

Complete your Plan-of-Work for the year. Inform all members of the plans for chapter programs and activities.

Take inventory of your FHA library. Be sure you have at least one copy of the "Chapter Handbook." (It is helpful if each chapter officer has a copy.)

This is the month for planning the Rally Program in your district.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October

Fill in your calendar with dates of the District Rallies after you have received your Fall Newsletter with the announcement of dates and places.
You may be invited to participate in the Rally Program.

Concentrated efforts to achieve goals should get under way during this month.

A good month for interpretation through fair exhibit, P.T.A. programs, and school assemblies.

Observe United Nations Day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 UN DAY	25	26	27	28
29	30	31				

November

Reminder: Deadline date for filing application for State Homemakers Degree is November 15.

This is a good month to take inventory of the many blessings which are ours and to express appreciation to family, friends, neighbors, and above all, our Heavenly Father.

Many ways for expressing appreciation can be planned. Ask this question, "What can I do to make the day brighter for?"
(name of individuals or a group)

Try to acquire some special skill in a phase of homemaking—decorating, cooking, handicraft, etc.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15 State Homemaker Degree application filed in State Office	16	17	18
19	20	21	22	23 Thanksgiving	24	25
26	27	28	29	30		

December

Reminder: December 1st is the deadline for a chapter or member to affiliate with the state and national organization of the Future Homemakers of America

According to Webster—the family constitutes the fundamental unit in civilized societies. During the Christmas Holidays very special activities can be carried on in family groups to promote “family unity” and “family togetherness.”

Safety in the Home should be re-emphasized.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Deadline date for State and National affiliation	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Caroline Says:

For the Year 1961 . .

I resolve—

to use my calendar as a Guide and Reminder of things to do on special dates
and on all the days throughout the Year!

I will . . . resolve — remember
react — reminisce

1961

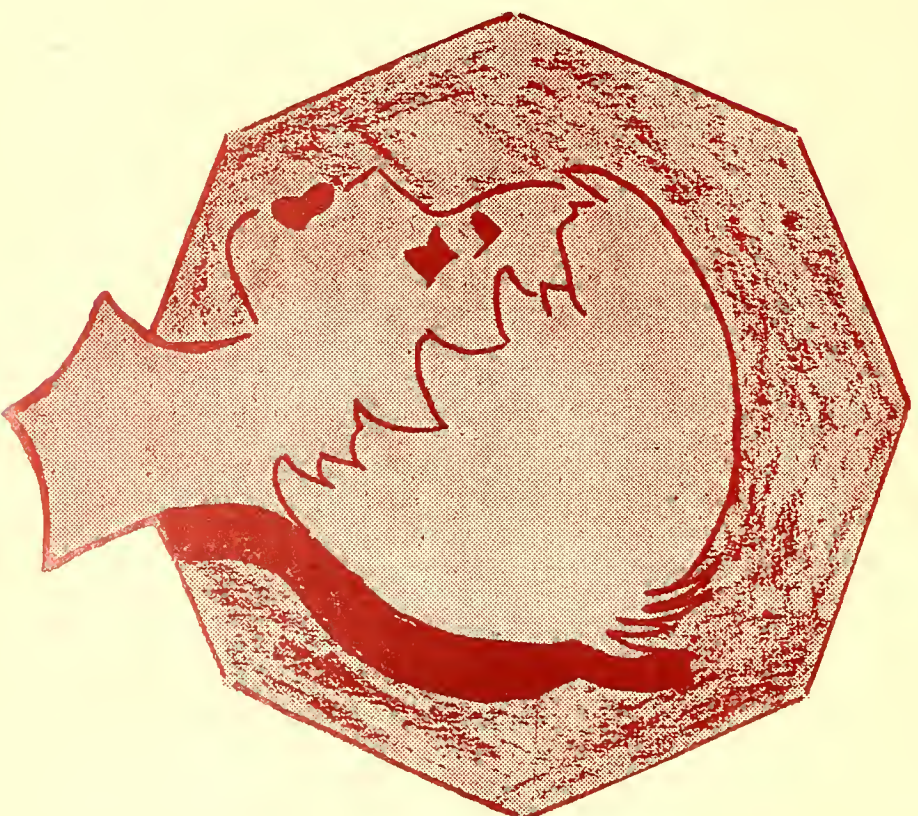
Objectives

- I To develop our potential abilities _____
- II To develop a better understanding of our family members and to contribute to their well being _____
- III To interpret the value of home economics as a basic part of our total education _____
- IV To promote good will through getting to know our neighbors at home and abroad _____

1961

Projects

- Youth Can Do _____
- Teenage Consumer _____
- Family Unity _____
- Family Fitness _____
- Your Future With _____
- Home Economics _____
- Getting To Know You _____





FUTURE HOMEMAKERS

★ North Carolina Association ★

OUR FEBRUARY COVER

National Safety Council

NONA'S NOTES

JANUARY-FEBRUARY, 1961

Highlight of the banquet program was the presentation of an honorary FHA membership to Don Whitley, *Wilson Daily Times* Farm Editor. Mr. Whitley was chosen as an honorary member by a unanimous vote of the Bailey Future Homemakers chapter.

Ann Brock, president, presented a gold key to Mr. Whitley, symbolic of an honorary membership into the FHA organization. During the presentation, Miss Brock stated that the recipient had used his time and talent to promote the purposes and the overall program of the Future Homemakers of America.

His many services have been given

Sitting—

When you stop and think about it safety is the big concern of parents when sitters take over.

Here are some safety tips for baby sitters:

Accept caring for children as an important job to be done safely.

Keep outside doors locked. Never open the door for strangers.

Follow parents' instructions as

given, doing such extra work as agreed upon.

Answer the telephone courteously and take the message in writing.

Eat only the food that has been left for you.

Have guests only if the parents agree.

Stay awake and on the job as you are hired to do.

Leave the house in as good order as it was when you arrived.

in publicizing the local, district, state and national participation of the

Bailey chapter in the FHA activities for the past three years.

North Carolina Association of Future Homemakers of America

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Mrs. Mary Miles, Anson VI
Virginia Coltrane, North Surry VII
Mrs. Sue T. Glovier, Old Fort VIII

State Adviser

Catherine T. Dennis

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

1960-61 Affiliated FHA chapters in the North Carolina Association
453 chapters—25,068



A Very Personal Note...

TO EACH
OF YOU!!

PLEASANT memories bordering on nostalgia engulf me at this moment as I write this farewell message to you following my recent resignation as State Adviser of the Future Homemakers of America.

As State adviser for the past seven years, my experiences have been many and varied. Each experience has been interesting and enriching. "Getting to know *You*" has been the most pleasant and rewarding experience of all. This has been more than a mere acquaintance. There was much I learned about you through correspondence. Always there was a close unity felt as I reviewed and published news articles of your activities and accomplishments. In reviewing State Degree applications, it was as though I had made a personal visit in your home and met all members of the family—and even the neighbors. Your annual reports often proved to be more interesting than a popular novel because these were truly "true stories."

I was able to attend many local banquets and socials, many county workshops and meetings, and many District Rallies. At each of these events I observed with pride the comprehensive understanding and appreciation of youth as you demonstrated and interpreted the values found in our Creed, Motto, and Purposes. I cannot forget our annual State Convention to which three to four thousand came each year; many of you partici-

pated on the program and each of you were a participant as you listened attentively and began thinking of how you could strengthen your chapter on your return home. Every year there was one week when a few of us became a very close knit family for the week of the National Meeting. Memories of the close relationship during this very special week will be remembered and cherished always. Then, there was Summer Camp—two weeks in early summer when we became well-acquainted. We learned much in leadership and recreation. Yes, I shall even miss the nightly rounds with the flashlight and the shh-ing as we passed the cabins with wide awake Future Homemakers waiting for us to retire.

On December 10, 1960, I was married to Conder Stinson Williams, 2626 Churchill Road, Raleigh, North Carolina, and as much as I shall miss my work with Future Homemakers and the home economics program in the State, it seems imperative that my time now be devoted to my new family. The principles, the purposes, and the goals of the Future Homemakers of America will be my guide as I strive with my family to make a happy home for all of us.

May you continue to work toward achieving the goals of our organization. Remember there is no substitute for a Happy Home.

FAYE T. WILLIAMS

The Thirteenth Annual Conference

of the

NORTH CAROLINA FAMILY LIFE COUNCIL

WEST MARKET STREET
METHODIST CHURCH
Greensboro, North Carolina

*Excerpts from the program by
by Sammie Gatlin, State FHA Presi-
dent.*

The family life cycle is constantly changing. There are three main stages in this cycle: (1) marriage, (2) having children, and (3) the children leaving the home. But this cycle is rapidly changing. Men and women want to get married at a younger age. In 1890 the male average was twenty-nine, but it dropped to twenty-two and seven-tenths years of age in 1957. In 1890 the average age for the first marriage was twenty-two, but it dropped to twenty years of age in 1957.

Women are having their first child at an earlier age. In 1940 the average age was twenty-three for the first births, but in 1958 it dropped considerably. Parents are much younger than previously. For this reason, responsibility comes earlier, too.

Fathers are younger when they marry than they formerly were. There is a sharp rise in the fertility of both young and old fathers.

There is a tendency to marry earlier and to have larger families. This factor points to the growing strength and popularity of family life in the United States. Thus we have evidence of strength rather than weakness in family life in this nation for the present and also for the future.

Nine out of ten births now are to women under thirty. The strength of the family is shown by the increase in family size. The child-bearing cycle has been pushed to an earlier age. Child birth is much safer than previously. Currently ninety-six per cent of all births occurred in hospitals. But there are some areas in North Carolina where the percentage of births occurring in hospitals is as low as fifty-three per cent.

Today there is an increase in the total number of married couples. The peak of family responsibility has become considerably earlier, and the size of the family has increased.



There is little difference today in the average size of American families except in the non-white south where the average family is somewhat larger. The average life span has increased twenty years since 1900. About two out of every three white baby boys living today in the United States will live to see the first quarter of the twenty-first century.

The number of widows has been mounting steadily. Presently there are about eight million widows in the United States. There are several reasons for this number. Females have a more favorable mortality trend. Widowhood has shifted to older ages, yet the duration of widowhood has lengthened. Young widows must seek gainful employment in order to support their children.

North Carolina has undergone a shift in places where the people live. Thirty-one per cent of all North Carolinians live in eight counties. This densely populated area begins at Raleigh and moves up the Piedmont. One-third of the state's population lives in nine counties. Mecklenburg County contains more people than the twenty-five smallest counties. The rate of growth in North Carolina will be only two-thirds that of the national rate. Three hundred,

twenty-five thousand North Carolinians left the state, and most of them were young. The reason for this migration to other states is the sad lack of good paying jobs within the state.

Because of the rising tide of teenage marriages, there is a great need for some information given at a period prior to these marriages. The husband is much less mature than the teenage wife. Early marriage places vocational limitations on both partners. There is evidence of a lack of preparation for marriage and parenthood and the responsibility of supporting an early family.

The average age of marriage has dropped in all progressive countries. The decline has been greater for men than for women. As a result there is a narrow age gap between the ages when people marry. Well educated people usually marry later than the less educated. Marriages from the fourteen to seventeen age levels have shown no increase. Statistics show that men from twenty to twenty-four are the most vulnerable to marriage. Ten per cent of all marriages are with brides under eighteen and grooms under twenty. The favorite age combination is eighteen to twenty for brides and twenty to twenty-two for grooms. Thus the marrying age for girls is eighteen to twenty and twenty to twenty-two for men. One-third of the women marries at eighteen and nineteen.

There are varied reasons why Americans are marrying early. Marriage fluctuates with existing business conditions. In the earlier days boys had sex freedom with the low class girls, but today both boys and girls have sexual freedom. Our dating system is the chief factor in early marriages. The boy exploits the girl sexually, and the girl exploits the boy financially.

There are fewer obstacles to marriage than there was formerly. Today marriage is much less of a commitment. Now women work before the children come, and then again after the last child is in school. Because of present methods of birth control, marriage does not necessarily

entail children as previously. A family can be postponed if conditions are bad, but not marriage. The fact that the act of marriage is irrevocable has reduced the obstacles to marriage. Some couples say that if their marriage doesn't work, they can get out of it and try again.

Early marriage is not restricted to those of low economic conditions. The pattern of the working wife and the student husband is quite evident today. Of the students under discussion thirty per cent are male students, but only ten per cent of them are female.

High school marriages are not more likely to occur in the low economics class. But in such cases, family relations seem to be poor. The parents accept these early marriages and co-operate with church weddings. The high school marriages are more likely to be conventional weddings. The tendency to start dating, going steady, and becoming engaged is a characteristic of early marriage. Girls who marry early usually date older boys during their dating years.

Early marriage tends to increase the number of children that each woman has. Families are begun and closed early. As a result, mothers are healthier and have fewer miscarriages. They can take better care of the children, and they are less burdened with a sense of responsibility. These young mothers are more flexible in adapting to their situation. But this early motherhood makes women less professionally ambitious. To them work is only a means to an end—never a career in its full sense. This is a tremendous waste of the intelligence of our women.

The younger the two parties are, the less stable is the marriage. Early dating and going steady contribute to early marriages. Parents think it cute for their kids to date and to go steady. It is a tragic fact that thirty to fifty per cent of high school marriages involve pregnancy. Strict marriage regulations somewhat reduce early marriage. Our schools must give married students special counseling. Early marriage is a permanent trend, and it constitutes both a problem and a challenge.

An increased enrollment of married students in high schools can be expected. There are three categories of married students: (1) the married, (2) the secretly married, and (3) those who drop out of school to get married. It is our responsibility to

Continued on page six



Fayetteville members rehearsing for a Thanksgiving program for the elderly women at the Confederate Women's Home.

1961 FHA National Meeting

Where? Chase-Park Plaza Hotel, St. Louis, Missouri.

When? July 3-6, 1961.

How Many? From North Carolina—36—7 adults and 29 FHA'ers.

How Much? About \$150.00 if entire N. C. quota attends.

National Office for Area Sub-region C: Vice-President of Recreation.

Theme: Youth—Measure Your Values!

Objectives: To recognize what values are. To understand where and how we get our values. To realize how values affect our decisions. To stimulate further thinking about our values.

**FINAL APPLICATIONS FOR
STATE HOMEMAKER DE-
GREE DUE IN OFFICE OF
AREA SUPERVISOR ON
OR BEFORE MARCH 15.**

Characteristics Which Should Be Considered when Selecting a Candidate for a National Office

She should:

—be a good manager of time. Get jobs assigned her done promptly.

—be cooperative and dependable. Assume responsibility and carry through. Meet obligations promptly. Work without constant prodding.

—recognize that being a national officer involves responsibility as well as honors. Be willing to work for the betterment of the organization and in all ways exemplify the standards of a good Future Homemaker.

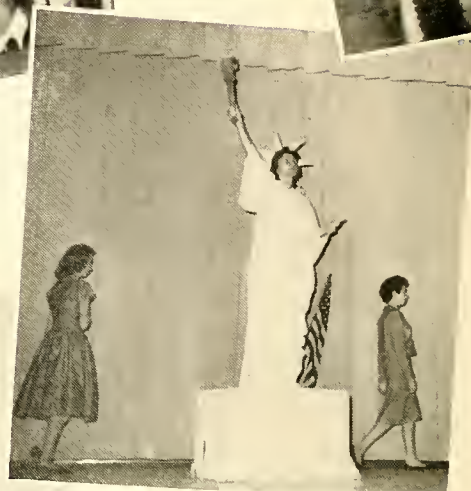
—get along well with people. Respect others' viewpoints. Delegate authority well and get others to accept responsibility.

—express herself clearly and well. Have a voice that can be heard.

—be self-confident. Meet situations tactfully.

—make good appearance. Be neat, tastefully dressed and well-groomed.

—have a cooperative family who has a real interest in FHA.



Mem

thoughts

Yes, indeed, on these pages are memories of the eight districts from your rally . . .

The following happy girls are District I, Mabel Louise (Fike High); District II, Judy Cubberly, Fike High; District IV, Kakie (Fike High); District VII, Ina Ross, Altamahaw Ossipee High; District VIII, Dianne Eca. They will be installed at or



S . . .

ne by . . .

e pictures which bring back
See if you can recall one

your officers for 1961-62.
Perquimans High; District
et III, Ruth Guin, Stedman
ary High; District V, Jan
et VI, Rosalie Ervin, Wine-
e, Union Grove High; and
therfordton-Spindale High.
onvention on April 15th.

My Ideal

OF MARRIAGE

Most every girl looks forward to the day when she will say, "I do," to the one she has chosen for her life partner. Therefore, I know that I am no exception when I say that I look forward with great anticipation to that day and even more forward to the days that will follow. I fully agree with Bishop Hazen G. Werner who said, "A wedding is a ceremony, but marriage is an achievement accomplished by continuous growth."

My definition of marriage is the coming together of two emotionally mature persons to share their lives and to unite for mutual enrichment in every possible manner. I believe that only through marriage can men and women attain their highest good.

Love is essential in all marriages, but it alone cannot make a happy one. It is the basis, but love-plus is the genuine recipe, love plus a number of things according to the make-up and desires of the couple. One essential quality for a happy marriage is common sense. We must realize that marriage is a reality, not a dream, and that it is not a bed of roses. It is good for a couple to have disagreements, but they should profit by them. Marriage is somewhat like a garden. We have to do more than just plant seeds.

Falling in love is easy, but staying in love is hard. Many marriages are at first based on romantic love. After marriage one can discover so much about the partner. Discovery changes romantic love to realistic love or indifference. Realistic love is the stuff of which happy, secure marriages are made. A dash of romance added to realistic love is fun; it is desirable, but not essential.

I have heard many say that success in marriage is a matter of finding the right person, but I disagree to some extent. I feel that it is a matter of being the right person. Lots of people are strictly concerned with finding "Mr. or Miss Right," forgetting that marriage is for two and that they themselves should be right.

Success or failure in marriage will depend upon the partners themselves. It takes two to make a marriage and it will be what they make it. There

is less friction and the results are always better if those working together will pull in the same direction. Happy, lasting marriage is a goal that involves a sound adjustment between two people. Only working together for the good of themselves as one, can success in marriage be attained.

NANCY BRITT
State Secretary

THREE IMPORTANT EVENTS

National FHA Week
April 9-15

State Convention
Memorial Auditorium
Raleigh
April 15

FHA Camp Weeks
White Lake
May 28-June 3
June 5-June 10

ANNUAL CONFERENCE

Continued from page 3

formulate plans to take care of the needs of married high school students. A survey of married students in North Carolina accredited high schools has been conducted by The Woman's College. This survey shows that more than eighty per cent of the reporting schools had married students enrolled. The county schools and the mountain schools had a larger enrollment of married students. Eighty-two per cent of the married students were female, and only eighteen per cent were male. The twelfth grade girls accounted for one-half of the married students. Most schools determined whether or not to admit married students by the individual cases. Fifteen per cent of the schools reporting restricted all activities of married students. Some required a hearing before the board of education before they could return to school after their marriage. One-half of the schools reporting dismissed all of the students as soon as pregnancy was known. One-eighth said married students were not an asset to the school, and ten per cent were undecided. One-half of those schools reporting said that married students were a problem. Some said that



Father-Daughter Cover Dish Supper Given by Beaufort FHA'ers to honor their dads.

married students were more settled than the other students.

There were numerous reasons why married students were considered to be a problem. They were said to influence other students to marry. Also they discussed their personal marital experiences. Married students were reported to not fit into the school pattern. They expected special privileges and showed evidence of immaturity. These students produced poor scholastic achievement. Married students were reported to be a problem first of all to other students and, secondly, to themselves. One-fifth reported having a course in family life education available for married students. Four-fifths of those who reported such courses available said courses were offered in home economics. Ninety-six per cent of those schools reporting said family life units were offered in home economics. Only fourteen per cent reported a planned counsel provided for married students. The guidance or teacher counselor did the counseling. Eighty-five per cent said that nothing was done to help married students in any special way. Some schools reported guidance and study groups under the direction of the home economics teacher.

Memo to— Committee Members of National Projects

From—Bettie Cook, Vice-President of National Projects, Moody High School, Moody, Texas. Concerning the project and plan of action for 1960-61.

Project: "To Give Publicity to Youth's Constructive Contribution to Society."

Goals: To encourage chapters to develop activities relating to the National Projects.

To encourage them to tell others what youth are doing constructively.

Plan of Action:
Recommend that each committee member develop, with her own chapter, a project relating to one of the six national projects.

Each committee member contact her state adviser for the selection of three chapters in her state to work on the same project.

As a Swiss FHA'er Sees Us

I am Judith Lutz, foreign exchange student from Berne, Switzerland. Berne is a pretty city, nearly as



big as Charlotte and eight hundred years old. There I attend a private school and take about twelve subjects.

Every Friday afternoon from two o'clock until eight o'clock I took homemaking last year because every girl in our State has to take home

economics courses before she is eighteen years old. On these afternoon classes we first had a workshop either on sewing, nursing, or house cleaning; followed by preparing a dinner.

Here in Shelby High School I take third year home economics and I enjoy this very much because it is the subject where I learn the most about the people in the United States. It amazes me to see how you all master good management by doing homemaking so quickly and easily, using modern methods and machines.

Imagine my surprise when I saw our jelly on the display at the Cleveland County Fair. Also something to write home about is making biscuits and rolls because I've never even heard of these! And, different and delicious is ice-cream, made in a freezer.

Home projects I like because we learn to put into practice at home what we study in class. This brings closer relationship between parent, teacher, and school.

Another thing I like very much is the FHA. In Switzerland we do not have a club like FHA. Therefore, it has been a new experience for me to work towards new horizons with our home economics girls in extra curricular club activities.

Proposal

Ideas for getting your activities underway—

1. Select one of the six national projects listed:

Objective 1. To develop our potential abilities.

Projects: Youth Can Do. Teenage Consumer.

Objective II. To develop a better understanding of our family members and to contribute to their well-being.

Projects: Family Unity. Family Fitness.

Objective III. To interpret the value of home economics as a basic part of our total education.

Project: Your Future With Home Economics.

Objective IV. To promote good will through getting to know our neighbors at home and abroad.

Project: Getting to Know You.

2. Refer to Program of Work—pp. 13-18 in September 1959, *Teen Times* as a means of getting ideas for activities.

3. See what has been done by other chapters to carry out projects as reported in *Teen Times*, April, pp. 3, 5, 6, and 8; Feb. 1960, pp. 13-14; Nov. 1959, pp. 1, 2, and 5.

Ideas for publicizing

1. Make it interesting to your local chapter by trying some of these techniques—a film and panel, demonstration, outside speakers, field trip, program using all chapter members.

2. Tell your story to others through radio, news articles, television, talks to civic or service groups.

3. Use criteria for good news story—See Public Relations, page 59, in *Chapter Handbook*, in preparing news story.

FREDA BRITT, *State Reporter*

Chapter Chatter

The 176 members of the **Benvenue Chapter** of the Future Homemakers of America held their fifth meeting of the year on January 11, in the school auditorium.

After the opening ceremony, led by president Marilyn Taylor, program chairman Mary T. Burnette introduced the guest panel. Mary T. chose her idea for the program from "The Home, The Hub of Good Citizenship," a theme used at the National Convention last July. The panel, with Mrs. June M. Looney, Guidance Director of Nash County Schools as moderator, discussed citizenship in the home, community, and school. Other panelists, Mrs. H. P. Glasgow, a parent; Mr. R. B. Gordon, Benvenue principal; and W. T. Adams, minister, discussed good citizenship in their respective fields.

The panelists brought out the fact that the skills of good citizenship are not learned over night, but by degrees. The pre-school child has his own small world to live in and never gives much thought to others. When the child begins school, his world widens and he learns that he is not the only person in the world. As the child matures and his world becomes even larger, not just including the home and school, but the church and the community also, he must learn self-discipline and how to work with others for the good of the community and not just himself.

As Rev. Adams pointed out, the Biblical story of the Good Samaritan presents three attitudes toward life: (1) What's yours is mine, if I can get it; (2) What's mine is mine and I'll keep it; and (3) What's mine is yours if you need it. A good citizen strives to be the person with the third characteristic, not selfish, but sharing.

After the discussion, a question and answer period followed which allowed FHA members to ask the panel questions concerning good citizenship.

Boone Trail Chapter of FHA
Mamers, North Carolina

Dear Girls:

Let me take this opportunity to express my appreciation for the very enjoyable evening at your Mother and Daughter banquet. From its very beginning to the end it reflected the efforts of people who know what they are doing and who know how to get it done.

The menu was a delightful and complete choice; the food too was very enjoyable and deliciously prepared. One would not have thought that it was possible to have decorated an ordinary school lunch room as attractively as you had done. The program was both enjoyable and informative, a tribute to those responsible for its planning and presentation. I especially enjoyed the special singing and wish to express my admiration for those who are willing to participate in such things that others may receive a measure of enjoyment.

The thoughtful and responsible character which was reflected in this banquet

gives every indication that many happy and successful future homemakers are now enrolled at Boone Trail.

So for a father who found himself delightfully entertained at your Mother and Daughter banquet, let me say thank you and God bless you.

In appreciation,
Ray Sparrow, Minister

Mrs. Frances Jarman, "North Carolina's First Lady of Radio," was guest speaker at the FHA annual Mother-Daughter banquet which was held at **Credle School in Oxford**. She spoke on "Charmed Manners," a subject dear to her heart as she has conducted several charm schools throughout North Carolina as well as having been over 20,500 radio programs.

Following Mrs. Jarman's speech, a fashion show was given by the waitresses entitled, "Fall of Fashions." Such originals as a "tea dress" covered with tea bags and "print dress" made of news print were modeled by the eighth grade waitresses.

The banquet, which is the highlight of the FHA'ers year, included a toast to the mothers by Nancy Farabow (with her mother responding). The "Cinderella" theme was carried out in decorations. A storybook castle was in the background, a slipper on each placecard, and a big clock showed the approaching magic hour of twelve. "Everyone fell into the magic spell and left the banquet in clouds of enchantment, saying this was certainly a most successful banquet," commented Susan Daniel.

The skit presented by the **Creedmoor** girls illustrated an actual classroom scheme in the area of housing. The girls, with their teachers, were planning to decorate the bedroom, dining room, and living room of the Home Economics Cottage. The over-all goal was stated — activities suggested — and a money making project was suggested and discussed as means of financing the project. The classroom discussion helped one girl to see what she could do at home to improve the appearance of her own bedroom. This led the teacher into the home for a home visit. While in the home the teacher was able to help the girl and her mother to see home experiences, FHA and classroom activities as a combined unit. The girl chose to use the work on her bedroom as a goal towards improving the appearance of her home in her FHA degree work.

December 21, 1960 was a big day for the ten **East Henderson** FHA girls. We prepared Christmas boxes for the children at the Greenville Rescue Mission, Greenville, South Carolina. We left the school about four o'clock and carried fourteen boxes of clothing and food.

We reached Greenville about four thirty and distributed jumping Santa Clauses, which were made by several FHA girls, to forty-three small children. We visited with the children and were shown by the "mothers" throughout the orphanage. These small children are from broken homes or homes where the parents are unable to take care of the children.

The children showed such excitement as we visited them and seemed delighted with their gifts. As we drove home it gave us a special warmth to be able to spread a small ray of joy during Christmas.

The **Fayetteville Senior High Chapter** of FHA, working to achieve their second objective, "To develop a better understanding of our family members and to contribute to their well-being," gave to the Confederate Women's home a very enlightening Thanksgiving program. The program was given on Wednesday, November 23 at 3:45 p.m.

At the beginning of the program to help the ladies better understand our organization, Linda Krause read the FHA Creed. Camelia McRae, our president, then led the group in a prayer. After this the FHA Choir presented a Coral reading entitled, "A Thanksgiving Hymn." A skit bringing to mind pictures of the first Thanksgiving was next on the program. Participating in the skit were: Dot Crane and Charlotte Cade as Indians; Katherine McMillian as Priscilla, an old fashioned Pilgrim girl; Suzanne Chiotakis as the Pilgrim boy and Joanne Parrish sang a solo. "Ah Believe Me is All Those Endearing Young Charms." Mary Cade played the piano for the entire program. In conclusion the Future Homemakers Choir sang, "Faith of our Fathers" and "Come Ye Thankful."

By sharing with the elderly ladies a little of their time and Thanksgiving spirit, our FHA'ers learned a great deal about older people. Because of this experience a satisfying and joyous memory accompanied them throughout their Thanksgiving holidays.

On Wednesday night, December 7, the **Gatesville Chapter** of Future Homemakers of America entertained at a Mother-Daughter Banquet in the Gatesville High School Cafeteria.

The theme for the occasion was "Christmas in Winter Wonderland." A color scheme of blue and white was used. Painted snow scenes were placed on each wall of the cafeteria. The tables were covered in white table cloths with sapphire blue runners down the center. Centerpieces for the tables were triple candle holders with twisted blue tapers surrounded by silver magnolia leaves and blue sycamore balls. The program covers and place cards were of blue and white with snow ski scene printed on them. A decorated Christmas tree stood in one corner of the room. A lighted Santa Claus and his reindeer were hung outside the window headed toward the Christmas tree. A blue spotlight shone on a painted scene on the bulletin board which illustrated the theme of the banquet. The entrance doors of the cafeteria were covered in white and decorated with red bells, stars, and Merry Christmas in silver letters.

Marian Parker, President of the FHA, served as toastmaster for the evening. After the opening FHA ceremony, Marian welcomed the guest and Mrs. Thomas Parker responded. Olivia Taylor gave the toast to the Mothers after which Mrs. W. P. Taylor responded.

Special music for the program was by Peggy Carter, Faye Lane, and Olivia Taylor, who sang "Winter Wonderland." Linda Jordan sang "White Christmas" and Joy Brown sang "Silver Bells."

The main feature of the program was a Christmas Fashion Revue presented by the Home Economics II and II classes. The garments modeled by the girls were constructed in Home Economics classes. The Christmas Fashion Revue, entitled

"Santa's Secret" was preceded by a short skit in which Corbett Hand played the part of Santa Clause. The script for the show, written in rhyme by Carol Brown and Vivian Casper, was narrated by Frances Neble. Etta Brown Spivey rendered background music as the girls modeled their garments in front of a snow scene on the bulletin board.

Mrs. Evelyn B. Willey, Home Economics teacher, awarded eleven Junior Homemaker Degrees to Sandra Williams, Peggy Green, Faye Lane, Roxie Moore, Doris Eason, Jane Tinkham, Faye Felton, Linda Eure, Patricia Umphlett, Detra Hedgepeth, and Olivia Taylor and three Chapter Homemaker Degrees to Judith Johnson, Nellie Yelton, and Vivian Casper.

The banquet was concluded by the members repeating together the FHA Creed. Everyone then sang together "Silent Night."

For fifteen months, a young member of the Jordan Chapel Community, thirteen-year-old Melvin Andrews, had been suffering from rheumatic fever. He was confined to a small room away from the world of noisy laughter and fun shared by other children. His world was dark and lonely as he prayed for comfort and cheer.

Meanwhile, back at **Grantham High School**, a group of girls were carrying out a project in which they learned about home care of the sick. The national goal of the Future Homemakers is "to promote good will through knowing our neighbors at home and abroad." To combine these efforts, the club members decided to become sunbeams brightening the isolated world of Melvin Andrews.

They began by gathering fruit for a sunshine basket which several of the girls presented to Melvin. His face was the picture of happiness as he received it. During National FHA Week, the members contributed get - well cards which were sent to him daily. Slowly, he learned to laugh again through the comic books brought to him. At Christmas, the girls played Santa Clause by decorating a Christmas tree which they carried to him, along with a model airplane. Each of the girls sent him a cheerful Christmas card.

Melvin has written several letters of thanks, telling the girls how much brighter they have made his life by surrounding him with pretty cards, toys, and comic books. He wrote that he would never forget what wonderful friends they have been to him.

These future homemakers are happily rewarded by having Melvin back in school now and knowing that they helped to encourage him.

"Six Steps to Survival" was the title of a display arranged in a local department store window recently. **Southern Pines** has a very inactive Civil Defense Program. Our chapter's main purpose to stimulate interest by showing what preparation was needed before a disaster occurred. Our display illustrating the six steps with a background of an atomic explosion was most effective. People began to ask questions.

Questions were not enough for the enthusiastic FHA members in **Southern Pines**. Each member began assembling necessary home supplies and cleaning basements. This enthusiasm has spread

somewhat but not enough. Our chapter plans to continue this project each year until local Civil Defense officials promote an active program.

The Future Homemakers of America Chapter of **Stedman**, North Carolina, held their annual dance with the Future Farmers of America in November. Instead of having just the usual dance they wanted to do something different. They decided to have a Masquerade Party since the clubs had never had one. After much planning and hard work the night finally arrived. Everyone walked through a door covered with multi-color streamers and stood amazed at the "new world" in the cafeteria. Glittering mask and stars were lovely beneath the colored floodlights. Through the air floated balloons and the music played when everyone danced. Guests looked around and greeted L'il Abner and Daisy Mae, Little Red Riding Hood, and the Big Bad Wolf, a couple of beatniks, Cinderella, a pioneer couple, Scottish dancers, a Chinese maid, flappers, gypsies and many others. At the end of the Ball, it was easy to see that everyone had enjoyed the dancing and refreshments and it would be a night long remembered.

Charlotte F.H.'ers Begin Active Year

The **Garinger High School** chapter of the Future Homemakers of America has started the 1960-61 year off with a bang.

First, we elected officers who are as follows: President, Mary Fisher; Vice-President, Pris Tillman; Secretary, Nancy

Helms; Treasurer, Pat Tillman; and County Representative, Gwen Rodgers. Miss Francis Ryan and Mrs. Virginia Boyd are our advisors.

Our first project was a "Surprise Package" booth for our school carnival, which took place on October 21, 1960 at **Garinger High School**. Several members of the club baked or bought all kinds of goodies to go in boxes which were wrapped attractively and sold at a price between fifty cents and a dollar. Long before the carnival was over, we had sold all of our boxes and had made fourteen dollars. However, since half of all the money taken in went to the Student Council, which sponsored the carnival, we made a profit of seven dollars. Our booth was decorated with red and white crepe paper, and we used the FHA banner in the background.

Our second big project was helping the county chapter distribute pamphlets door-to-door for a local paint company. For this the **Mecklenburg County** chapter will receive a check for two hundred dollars.

For Christmas we helped another school club to play Santa Clause to a needy family. Each member brought her old toys and clothes which were in good condition. Then we wrapped them and on Christmas Eve, representatives from each club took the gifts to the family.

More activities have been planned for the remainder of the year so we are hoping that our projects may have helped your club plan the rest of its year.

TRIAL OF COUNTY EDUCATOR PROVED TO BE ENTERTAINING

Mr. J. J. Tarlton, that notorious superintendent of public instruction in **Rutherford County** was placed on trial Thursday night at **Central High School's** cafeteria by the Home Economics teachers of the county and the Future Homemakers of America members.

The Mock Trial followed the theme of whether Mr. Tarlton should be allowed to retire next June or not. Several key witnesses were called to the stand to testify on the subject at the trial, which was presided over by "Judge" Rita Robbins, president of the county FHA.

His summons read as follows:

State of North Carolina, County of **Rutherford**, in the Court of Public Schools: The **Rutherford County Home Economics Association**, plaintiff, vs. **Jesse J. Tarlton**, accused.

This matter comes before the County on motion of the **Rutherford County Home Economics Association**. It appears that **Jesse J. Tarlton**, accused, has applied for retirement.

IT IS, THEREFORE, ORDERED, that the accused appear at 7:00 o'clock p.m., December 8,

1960, in the **Central High Cafeteria** to show cause, if any he can, why he should be allowed to retire. You are the honor dinner guest of the Plaintiff.

And the summons was signed by the members of the Home Economics Association as jurors and plaintiffs.

Following the delicious meal served by the FHA girls, the court was called to order and "Judge" Robbins took her seat on the bench. **Bonnie Hamrick** of **Ellenboro** was prosecuting attorney, and **Betsy Denison** of **Central** was defense attorney.

Actually, Mr. Tarlton should feel close to the organization, because he is one of the few men in the county that can claim membership in the **Future Homemakers of America**. In 1954 he was voted an honorary membership in the FHA, and it is an honor of which he is very proud.

A plaque was presented Superintendent **Tarlton** in appreciation for the many years of service given to the education of the youth of his county and particularly for his aid to the FHA program in the county.

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"

Caroline Says:

Knowing when to say nothing
also shows a final command
of the language.

Do not expect the harvest the
day after the seed is sown.

Without tact you can learn
nothing.

There is only one important
moment in your life—that
is now.

Courtesy is the art of living in
a crowd.



C64D

YOUTH RESPONDS



FUTURE HOMEMAKERS

★ North Carolina Association ★

A Good Secretary

OUR MAY COVER

Ann Scott, Billy Clark, President
of Fayetteville Senior High, and
Gretchen Bens strike for our benefit.

A GOOD SECRETARY! Is that not what every organization or club
needs and depends upon? Without a good secretary no club could function
properly or adequately.

Are you a secretary? If so, why not be an ideal one by possessing the
traits I have listed below.

I—is for industrious, initiative and interest

D—is for dependability and diligence

E—is for efficiency in everything one does

A—is for accuracy—work that's "A" plus

L—is for Learning—an absolute "must"

S—is for sincerity expressed every day

E—is for enthusiasm one possesses

C—is for cooperativeness and courtesy one stresses

R—is for reliance

E—is for effort and eagerness

T—is for one's tactfulness and tolerance toward all

A—is one's attention in things, big and small

R—is for responsibility

Y—is for one's yearning to prove ability

If you try a little harder, perhaps you can be an "IDEAL SECRETARY."

NANCY BRITT, State Secretary

North Carolina Association of Future Homemakers of America

State Officers

1960-61

President—Sammie Gatlin, Franklinville V
Vice-President—Kakie Jordan, Cary IV
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1960-61

Miss Frances Newby, Perquimans I
Mrs. Emily R. Wells, Wallace-Rose Hill II
Mrs. Louise Burleson, Barnesville III
Miss Ruth Turnage, Bailey IV
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State Adviser

Catherine T. Dennis

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

1960-61 Affiliated FHA chapters in the North Carolina Association
453 chapters—25,068

Convention Comments . . .

15th Annual State Convention

Three thousand, nine hundred and ninety-seven registered and some turned away so the rumor goes. It was a glorious sunny day with enough cold to lift the spirit and exhilarate us. The impressive presentation of colors by the Four Oaks Chapter and our pledge of allegiance gave a few moments of solemnity to the occasion. Our President, Sammie Gatlin presided with poise and serenity so that no one could imagine that she had quivering knees!

Following the presentation of the condition of our finances in a very original way by our treasurer, Alice Faye Smith, the real program got under way. For forty minutes you could have heard a pin drop while we listened attentively to a talk by Rev. Albert G. Edwards, pastor of the First Presbyterian Church on "Strengthening Spiritual Values in the Family." He gave four important ideas to remember: 1. There must be some coercion in family living to instill habits which help young people to begin developing values for self. 2. That through good conversation and exchange of ideas we begin to set ideals for ourselves. 3. That imitation begins early in the life of a child and those who are nearest to him are the people he imitates. This fact makes it doubly important that parents and older children set good examples and, 4. Spiritual training must begin early and in the home. The inspiration gotten in home is important in the development of all family members.

Following Dr. Edwards' address, Honorary State Membership was conferred upon Dr. Naomi Albanese, Dean of the School of Home Eco-

nomics, Woman's College in Greensboro; Mr. James Everette Miller, Assistant State Superintendent of Public Instruction; and Dr. Dallas G. Herring, Chairman of the State Board of Education.

After fifteen years, the constitution of our organization was amended by adoption. Then everyone scattered for lunch. Some did not leave the grounds as evidenced by Jones Central and Southwood Schools.

As usual, we had a treat in hear-

ing greetings from the F.F.A. President. This year Bobby Robinson traveled all the way from Marshall to bring them.

Mary Elizabeth Overton gave an interesting report on her trip to Atlanta to attend the Southern Regional Safety Conference and Freda Britt likewise reported on her trip to Chicago to attend the National Youth Power Conference.

Then came the highlight of "How Pretty Can You Be" by Mrs. C. Lee Revell of Columbus, Georgia. Her talk was centered on making the most of our assets. She gave some interesting demonstrations on posture, walking, and sitting and she carried on a rapid fire question-answer period from the floor.

Girls earned their State Home-maker Degree and received their certificates.

The impressive installation service closed the meeting with the 1961-62 officers as follows: Mabel Louise (Pete) Cook, Treasurer, District I; Judy Cubberly, Secretary, District II; Ruth Quinn, Vice-President, District III; Kacie Jordan, President, District IV; Jan Ross, Song Leader, District V; Rosalie Ervin, Historian, District VI; Linda White, Parliamentarian, District VII; and Diann Edwards, Reporter, District VIII. The district advisers were introduced in order of districts with Anne Lasiter, Mrs. Norma Lee Yelverton, Mrs. Retha Thompson, Mrs. Gladys Farnell, Mrs. Hazel Tripp, Mrs. Mary N. Copple, Mrs. Dorothy Felts, and Mrs. Elizabeth H. Reed.

And last, but not least, Becky
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Youth Responds . . .

TO SAFETY MEASURES IN THE HOME

"Teens For Safety" was the theme of the Youth Division of the 22nd Annual Southern Safety Conference and Exposition in Atlanta, Georgia, March 5, 6, 7, 1961. There were approximately 250 youth delegates in attendance from 14 Southern States: Arkansas, Alabama, Florida, Georgia, North Carolina, South Carolina, Oklahoma, Virginia and West Virginia, Louisiana, Mississippi and Texas.

The program of the Youth Division of the 1961 Conference was a continuation of the effort begun in 1955 to give the Youth of our Southland an opportunity to meet together in order that they may become more aware of the need for Youth leadership in safety activities and that they may plan a more concerted attack on accidents of all types and especially those with which Youth are concerned.

"A Safer Southland—The Challenge of the Sixties" was the subject discussed at the first general session of the Youth Division. At this session, youth delegates divided into four workshop groups—School—Home—Farm and Home Safety.

I attended the Home Safety workshop as the official delegate of the Future Homemakers of America from North Carolina.

Because more than 4,000,000 people are injured and over 27,000 killed each year in home accidents, we realized the utmost importance in "planning an action program in Home Safety for the High School."

Home Safety is today one of the greatest unsolved problems in the Safety field. In addition to the 27,000 deaths there have been between 4,000,000 and 5,000,000 people injured and approximately 130,000 permanently disabled in home accidents annually. Annually, 14,500 are killed by home falls and 5,000 are killed by home burns. Home accidents kill more children (one to

fourteen years of age) than any disease. There is one death from a home accident every 18 minutes—one injury every seven seconds.

What can the Future Homemaker of America do to help solve the vital problem? We cannot make every home a safe home, but we can initiate in our Future Homemaker of America Plan of Work a program of



Mary Elizabeth Overton, Benvenue Chapter, represents N. C. FHA'ers at Southern Safety Conference.

Home Safety Education which will approach the problem in our own homes. Through our program we must teach Future Homemaker of America members the cause of Home Accidents together with some means of preventing them if we are to promote safer home living for the high school girl and her family.

The Home Safety Section Workshop made the following recommendations for an Action Program after three sessions were held.

1. That, due to changing patterns of American culture, the Southern Safety Conference consider adding

another workshop to the present framework of the Youth Section to deal with the problem of *Recreational* and *Outdoor Safety*.

2. That the safety groups for the 1962 workshops be furnished a more comprehensive supply of resource materials both before and during the conference.

3. That young people take emphatic steps to acquaint their families with the preparations for disasters and to encourage that each home is prepared by having necessities such as first-aid kits and food supplies, etc. as well as by having actual disaster drills.

4. That youth organizations be included in the Civil Defense programs on the national and state levels and that Civil Defense be promoted by young people through skits, television shows, displays, etc.

5. That each school adopt a project of checking each home represented by using checklists available through the National Safety Council and in this way find and eliminate home hazards.

6. That each school have a planned program for the year in home safety which will include using school and home safety checklists, assembly programs, radio programs, school and community newspaper articles, posters, and exhibits, and other means of arousing awareness and concern in home safety.

7. That young people become familiar with and encourage action toward more strict enforcement of gas and building codes.

8. That all baby cribs, beds, and toys be furnished with non-poisonous varnish and paints.

The safe way can become habitual by Future Homemaker of America members through safety practices in the home. Family safety is the whole family's responsibility. A creative attitude will help us to stand on our feet safety-wise. We must all think of safety practices to keep our homes safe.

REMEMBER: We all want to do things the easy way. Human nature, that's all. The safe way becomes the easy way with just a little thought and practice. *Home Safety* is a "round the clock" job. The injury you prevent or the life you save may be a loved one's or it may be . . . YOUR OWN!

MARY LIB OVERTON,
Benvenue Chapter.

FREDA BRITT AT NYP CONGRESS

Youth Responds . . .

Dear FHA'ers:

When I received a letter from our state supervisor, Dr. Dennis, telling me that I was one of the six delegates who would represent North Carolina at the National Youth Power Congress in Chicago, I was indeed a surprised and very happy FHA girl.

On Tuesday, March 8, I met the other delegates, Dianne Monroe, Nancey Basenight, Rusty Taylor, Rodney Howell, and Cole Porter in Raleigh. We were all anxious to learn exactly what this "Youth Congress" was all about. The N. C. Farm Bureau which was sponsoring us had a "send off" breakfast on Wednesday morning. Commissioner L. Y. Ballentine and Mr. Wallace Parker of the Farm Bureau were present to give us some ideas of what we would be doing. Then, off into the wild, blue yonder, we went. This in itself was quite an experience since only one of the delegates had ever flown before.

We arrived in Chicago about 1:00 o'clock and headed for the Hilton Palmer House, which was the headquarters for the Congress.

That evening we had our first meeting to learn our purposes and to get organized. "Food Comes First for Youthpower" was the theme as it

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TO GOOD EATING

Parents who complain that their youngsters pull a vanishing act at meal-time might benefit by running the whole show with a little more zeal.

Admitting that teenagers were sometimes responsible for a decline in family dining, a group of outstanding youngsters representing teenagers across the country, declared that adults in the family must show stronger leadership in effecting a return to this American tradition. They felt the family should dine together during two meals a day, at least, to preserve and strengthen family unity.

Paul S. Willis, president of Grocery Manufacturers of America, Inc., underscored the youngsters' comments on family dining and said that true respect and understanding between children and parents are a result of shared experiences. And there are few better ways, he pointed out, to bring the family into closer contact for full companionship than by gathering them around the dining

table. We should emphasize food for its social aspects as well as for its nutritive value, and enjoy mealtime as a family retreat from the day's hustle and bustle.

Mr. Willis also said that the Congress was most successful in its aims to bring about a better understanding of the food industry as a whole to the adult as well as the teenage public, and to point out the various steps required in processing food from the time it leaves the farm until it reaches the table.

The delegates, who met with food industry representatives, educators, nutritionists and civic leaders, also resolved to press for a movement to promote better breakfasts in their homes and local communities to keep teenage nutrition up to par.

During the conference, the delegates elected two "All-American Teenagers" — seventeen-year-old Dianne Monroe of Rockingham, North Carolina, and Allan Anderson, 18, of Chapin, Illinois.



Becky Brown of Hamlet Chapter, North Carolina's candidate for Vice President of Recreation.



Erwin F.H.A.-F.F.A. entertain Mothers and Dads.

Youth Responds . . .

LEARNING TO LIVE WITH CHILDREN

From the viewpoint of the three groups involved, the "Playschool" conducted recently by the Home Economics Department of Stokesdale School was a tremendous success. Mrs. Margaret Coltrane, Home Economics Teacher, conceived the idea of a "Playschool" when she was planning a unit of study on child development.

Eighteen home economics girls spent five weeks studying the unit. Two of these weeks they conducted the "Playschool." The first week prior to the school was spent in talking about what a playschool is, the value of the school to pre-school children and in making plans for the school the two following weeks. The

last two weeks were spent in further study and evaluating the school.

The school was held for ten children in the 2-6 year age group in the morning from 8:30 until 10:30. The children were selected from the response to a questionnaire the girls had sent out.

Each girl was required to assist for 2 hours in the school and to observe for four hours. Each girl observed a child (the same child) and noted the reactions of the child.

The second year students studied food for children, prepared and served snacks to them. The third year students studied behavior and emotional problems.

From the viewpoint of the home economics girls, the experience has developed for them a deeper interest in small children, a further recognition of the value of play in a child's development, more respect of the child as an individual, a better understanding of how a child grows and develops, and better habits of precaution in caring for young children.

From the experience, the children have had the opportunity to share with a group, play with toys and materials not usually available at home, to enjoy music and musical games with other children, to develop their crea-



tive ability through various play material and to have had a good time.

The experiment gave the teacher the opportunity to present the unit of study in an interesting and absorbing way so that it was a real learning experience for the pupils.

TOTS AND TEENS

Since the beginning of the second semester the girls in Durham High have been studying Child Care. After making reports and various discussions on the different phases of childhood, they had a more vivid understanding of children. Each girl had an observation sheet to make a careful study of a small child.

On February 24, 1961, the first year home economics classes entertained children from the ages of two to five. The party was given for the purpose of observing the actions and sayings of small children.

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LOVING IS SHARING

Our Hillbilly

By NANCY JAMES

Since Christmas some one in the James family, Mr. Ralph E. James, Sr., my dad; Mrs. Ralph James, my mom; Ralph, Jr., my older brother; Nancy (that's me); and Sam, my younger brother, always asks "Who is going to pick up our 'Hill-billy' this weekend?"

It all began before Christmas. Sam and I asked Daddy and Mother if we could adopt a little girl for the holidays. Looking back with mixed emotions, I'm not sure whether we thought it would be fun to shop for toys again, whether we had the feeling of wanting to give or just what it was.

Daddy tried one orphanage and then another. We all shared in the joy when one of them told us we could come out and meet the girl who could spend 10 days of Christmas with us.

After attending church and having lunch, we rode out to meet our child. Our whole family talked at the same time on the way to the orphanage; each trying to convey to the other what the little girl would probably be like. We decided that our four-year-old would have blue eyes, dimples, and long curls—a Christmas doll. But no, our Joan Hill was nine years old, short for her age, with beautiful chestnut hair. Mother had always said that she thought her Jameses had the largest brown eyes that she had ever seen, but Joan's topped them all. The minute we saw her she smiled, not from ear to ear, but "all over," if you know what I mean.

The date set to pick her up was on Christmas Eve and the fun began for us with our Christmas shopping.

Weeks of anticipation were to follow and in these weeks before Christmas we shopped for Joan, buying everything from toys to clothing. I do not know which member of the family had the most fun shopping for her. As the weeks drew nearer to Christmas we began to try to hurry time along. Finally the big day arrived. On Christmas Eve Daddy went to the orphanage to get her. When she arrived she was glowing, but one could tell this experience was going to be new and exciting for her. She was rather shy at first, but we all knew that as soon as she got used to us she would change.

On Christmas Eve my steady, Nathan, and I were double dating to a midnight church service. About 10 o'clock Sam and Joan were playing cards and he asked, "Joan, what do you want for Christmas?"

She replied, "I wanted a bicycle, but I know I can't have one."

I'm told that Ralph, Jr., Daddy and Mother sighed deeply and held on tight until Joan was tucked in bed. Then the big conference got under way. You could have probably heard statements like the following: "Gee, if I had just known. I sent all of the bicycles back to Greenville."

Ralph, Jr. kept saying, "Dad, please

let me go to the Greenville warehouse and get one; I'd stay up all night. I'd go back to Raleigh and eat sandwiches for two months if she can have a bike."

Mother said, "There will be other times, her birthday or next summer." All of them were almost sick! (Daddy tells it straight—that Mom said with tears, "I want her to take a bicycle back with her, or I can't send her back.")

We were unable to get the bicycle by morning, but after an extensive search we were able to get one the following Thursday.

After a night that seemed like an eternity, Christmas morning finally arrived. We were all excited because we wanted to see how Joan would react on Christmas morning. On the eventful day, she came bouncing down the stairs and headed toward the living room just as if she had been with us all of her life. She walked into the living room, surveyed what was before her, and marched straight for her Santa Claus. A smile crept across her face as she saw what was before her. That smile expressed more happiness than any words could ever say. After that we couldn't keep her quiet. "I've a present from Grandmother James. Who's she? Where does she live? Why did she give me a present? Look what I got! Oh! Boy!" These and many other sayings were uttered by her on the most confused and most wonderful Christmas morning I have ever spent.

After she had gotten used to us it was only a matter of time until she grew to like our friends. She fell in love with my best friend, and, believe it or not, my boy friend also.

Another great urge of Joan's was to answer the telephone. No matter where we happened to be, if the telephone rang, we could hear Joan racing to answer it. She soon got so used to the phone she could distinguish one person's voice from another. Then in her high little voice she would announce to the household, "Nancy, it's Nathan."

One bright Thursday morning Joan and I went to the hair dressers. It was her first trip to the beauty salon and believe me she was excited. In fact, she was so excited she could hardly sit still, but somehow she managed. As she was having her hair combed out, she would eye herself one way and then another.

When she got home, she was afraid to move for fear the curl would come out. Every five minutes she would ask, "Is the curl coming out of my hair?" The curls just had to last through Thursday evening since Judy Green, one of my best friends, and I were having a semi-formal dance for about forty-five of our friends. During that afternoon Joan was in the middle of all the decorating for the dance. She was here and there handing us scissors, hammers, evergreens, and continually asking, "Where is it at?"

And Nathan and Judy's boyfriend David, answering her with the old, teasing reply, "Behind the at."

Judy and I had made holiday corsages

from round peppermint candy and red ribbon for each girl that was coming to the party. Joan was so thrilled when we told her she could pin the corsages on the girls when they arrived. With the party underway, she had a ball dancing with a number of the boys. Before the party, Sam had teased her about having the first dance, but when the time came for the first dance, she had a stomach ache from sipping too much fruit punch during the day.

As the hour drew near for Joan to go back to the orphanage, no one would consent to take her back. Daddy insisted that he had to watch the football games. Ralph, Jr.'s excuse was, "I just can't do it." Finally someone had to do something. They were tying the bicycle in the back of the car when Mother, Judy, Sam, Joan, and I came out of the house with all her clothes and toys. She gave them both a big hug and a kiss and I saw Daddy's hand going into a familiar pocket for a dollar. She kissed him on the cheek and then put her hands on her hips and looked at him with those laughing eyes and said, "What's the matter with you? Aren't you gonna kiss me good-bye?"

It wasn't the ordeal to take her back that we had expected. Her brother met us and helped untie the bike. All the children were coming back from the house they had been visiting and were full of news and excitement.

Along with all the farewells, Joan was told that we would pick her up on Friday after school for the week end.

On one of the week ends, snow was on the ground and Ralph, Jr. was home; all the family went bowling. She was an awkward sight trying to roll the ball down the alley, but somehow she managed to get one strike. Joan had such a grand time. On this eventful visit Joan gave the unforgettable name "Sir Pappa Bear" to Daddy. On Sunday, she was giggling and teasing when Mother overheard her say, "Oh, I don't want to go back to the orphanage."

My mom's reply seemed to be the answer that would have to be given. Mother said, "Joan, we just play like this on holidays and week ends. Daddy goes to work in the mornings. I go to work also; Ralph, Jr. has to go back to school; Nancy has her job at home and school tomorrow, and so does Sam. Would you want to stay in this big ole house by yourself?" "Oh, no," was her reply.

Joan is here this week end, wiggling right beside me on the sofa while I am trying to share our wonderful experiences with you. There are so many funny little incidents I could tell you—how she pulls the cover off me at night; shopping for new shoes and boots; telling Grandmother two boys kissed her under the mistletoe; the afternoon rides; her first sleigh ride in the snow; Joan in the bleachers yelling for me at the basketball games; crawling up in Daddy's lap pretending she was afraid of the television program; shampooing and rolling her hair; helping do the dishes, wanting to go in the car with any member of the family who happened to be going; waking me up in the mornings; playing the radio, and writing love notes to everybody on the kitchen blackboard.

Speaking of the blackboard we wrote a note to Joan saying "We love you, our Miss Joan Hill." Is this not the secret to all good family relationships?

Youth Responds . . .

GETTING TO KNOW YOUR NEIGHBORS AT HOME AND ABROAD

Fayetteville Senior High Chapter of Future Homemakers of America worked toward their national goal, "Understanding our neighbors at home and abroad," at a recent meeting in the home economics lab.

The group heard a panel of five foreign ladies discussing customs of their own countries. The panel answered questions asked by the audience.

When asked what means of transportation teenagers use on dates in the countries represented, Mrs. Frank Moore from Japan said, "They don't have cars, so most of them walk."

In Russia, Mrs. J. M. Kaplan explained, teenagers walk and go by street cars.

Mrs. Clarence Beck from England responded that teens don't usually get to drive a car because they can't get their license until they are 17, so they are forced to use buses.

"Teenagers don't get a chance to use a car," Mrs. Thomas Vaughn from Austria replied; "they usually catch a bus. Sometimes they go on mountain hikes and take bicycles."

Mrs. Gertrude McNabb from Germany said, "Often in the summer time teenagers travel the country by bicycles. They stay overnight at hotels, supervised lodging places for young people.

"Travel for dates is mainly by streetcar or bus since few teenagers have cars," she added.

"In Russia" Mrs. Kaplan said, "it isn't sophisticated for the sexes to show interest in each other publicly. They have a sophisticated flirtation." She added that girls follow the interest of the boys. "If the boy is interested in music, the girl becomes interested in music."

Before the war, marriages of many Japanese young people were arranged, Mrs. Moore said; but today Japan has become somewhat Americanized. "Many of their dating customs are the same as yours," she told F.H.A. members.

"All married women wear the



Anne-Kirsti Haga

same hair style. This makes it easy for everyone to know who is married and who is not."

Mrs. Beck said that English schools are not coeducational. "This is good, we feel, because the girls

(Continued on inside back cover)

MEET ANOTHER FOREIGN STUDENT

I am Anne-Kirsti Haga, foreign exchange student from Oslo, Norway. I live just outside the capital with my parents and three younger brothers.

The school systems in Norway and in the U.S.A. are two entirely different systems. When we in Norway finish the seven-year-long elementary school at the age of 13-14, only the students of higher academic ability can continue to the five or six-year-long high school. In Norway we have no opportunity to select the courses which we wish to take, so in high school we have about sixteen subjects, although we study some of them only one or two periods a week.

We start with sewing and knitting two periods a week in the fourth grade of elementary school, and continue with this throughout the school. In sixth and seventh grade we have cooking, one whole schoolday for about six weeks in the fall and spring.

These two years of cooking are the only education in cooking a Norwegian high school girl gets if she is not attending a Home Ec. college afterwards. Sewing, however, is continued the two first years of high school.

So, as you see, in Norway we don't have home economics like you have it here. We have sewing and cooking, but we lack family living and home management tremen-

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Youth Responds . . .

UNDERSTANDING ELDERLY FAMILY MEMBERS

Fayetteville Chapter choir brightened the day for the residents of the Confederate Women's Home with a song fest.

Rowan County Chapters prepared sunshine-baskets and tray favors to the nearby VA hospital; visited other hospitals and rest homes in the county to liven the residents with a "conversation."

Planning for Christmas

By

BARBARA JEAN ALEXANDER

Pamlico County High School

I chose this Christmas project because to me Christmas is the best time of the year. We always decorated the house, but we have the same things each year. That is why fixing some new decorations is the first thing I want to do.

Christmas is sad when you think of families who cannot buy gifts or the old people who are so lonely since all their children are gone away from home. It does me good, or it just adds a lot to my Christmas, if I think I have made someone else happy. Last year I fixed some toys for a needy family. This year I think it would be nice to do something to cheer an old person. We, Elaine and I, have decided to take a box of cookies and candies to a couple of old ladies who live alone, but once had families to share Christmas with them.

Elaine and I worked on the candy and cookies together. We had a delightful time making the cookies. The baking went along smooth, but we had more fun decorating them with the bright colored icings. We first followed set patterns for each shape of cookie, but after decorating a few, we used our own imagination and created original decorations which we thought were attractive. We made two kinds of cookies and two kinds of candy.

On one Saturday in November my parents and I decided that I should spend some time with my grandparents. They had just returned home from the hospital after a few

weeks of treatment for injuries sustained in an automobile accident. Of course, they wanted to return to their own home, but they would need someone to cook, clean house, and stay with them at night. I wanted to stay so I could prove to my family that I could really be using my home economics training. It seemed a good idea to me to use this experience as my home project for my Home Economics II class.

On Sunday morning I arose as soon as I was called. Grandfather had already built the fire in the wood cook stove and with some directions I learned how to build the fire myself. Grandmother explained to me where everything was kept and how they liked their breakfast cooked. She always put the coffee on to help me get started. Breakfast was easy to prepare because I got things in order first. My home economics class had studied "foods and nutrients" which helped me to plan the breakfasts. "Variety is the spice of life," I think, so each morning something would be a little different. All the breakfasts would be centered around eggs with a meat, fruit or juice, cereal, bread and coffee.

After breakfast I washed the dishes, straightened the kitchen, swept, dusted, and got in wood or coal if it was needed. Then I would prepare my grandparents for their day before I left for school.

When I returned from school I would help my aunt or my mother prepare supper. Then I would wash dishes, sweep, do homework, cook or bake, wash out clothes, or sew. The week before Christmas I spent the evenings making stuffed dolls for some little girls.

On Fridays I cleaned the upstairs and the front rooms that were not used often.

Sunday dinner was a family time with each person bringing a dish to contribute toward dinner. Then in the afternoon they all visited with us. Christmas Day was celebrated the same way.

As my grandparents began feel-

ing better they wanted to help with the house work and get outside more often. On Fridays Grandfather and I went to the grocery store to buy the groceries and to do the necessary errands. Grandmother was beginning to cook again and soon she didn't need me anymore. So on the sixteenth of January I went home.

I feel the courses I took in Home Economics have prepared me for my future homemaking. I had studied child care, cooking, sewing, nutrition and family relationships. The latter became very important to me when my grandparents began to get discouraged and felt they were a burden on us. It was necessary for us to encourage them and make them feel wanted and needed. Another lesson I learned was that older people want friends and relatives to call upon them for they long to remain members of the community.

DONNA FOX

FREDA BRITT

(Continued from page 3)

had been for the Congress last year. There were about 125 delegates representing twenty-four states. One of the first things I noticed and which was prevalent throughout the three days, was the high calibre of young people there. Everyone was so friendly and seemed to be sincerely interested in learning what we, as the Youthpower of America, could do to keep America healthy.

From the beginning we realized that this was a program for THE INDIVIDUAL. It was the young people's Congress. We had leaders and resource people to guide us, but it was up to us to contribute and gain the most out of every session.

One of the most outstanding features to me was the discussions. We were divided up into small groups of about 20 with a delegate taking the initiative in starting the discussion. It was interesting to find that the problems we have in North Carolina are much the same as those facing teenagers of Kansas, California, and all the other states. The groups discussed such topics as: Food and Nutrition, Food Industry careers, Food and Community, Food for Health and Fitness, Food for Family Mealtime, and Food for Fun and Happiness. The resource people, specialists in their fields gave us the background material. We took it up from there.

In my group the problem of teen-

agers skipping breakfast was discussed and we tried to find ways by which we could "bring back breakfast" in our homes. Also, the problem of family unity at mealtime was widely discussed—how we could try to stop this "eating in shifts," and plan at least one meal in which the family ate together. There were other good discussions—not only about food for our family but we took a look at the food problems of our communities and then widened the scope to what we as the Youthpower of America can do for a starving world.

Not only did we talk about food, but believe me we also had plenty of it. On Thursday there was a luncheon with Rev. Bob Richards, former Olympic star, to give us a really inspiring talk. Friday night, we had an International Banquet and very good program. At my table there was a student from the Philippines and that talking to her was especially interesting to me because my dad was over there during the last war. In fact, throughout the whole congress we were privileged to hear many prominent speakers.

All work and no play makes Jack a dull boy—so good times were included on the program. Meeting girls and boys from the other states, other F.H.A.'ers was fun while listening to other accents was amusing. And, can you imagine dancing to two orchestras? Well, we did after the Thursday banquet.

On Friday afternoon, we were divided up into smaller groups to tour some of the food industries that were helping to sponsor the Congress. I visited the Chicago Board of Trade and had a really interesting afternoon. Others went to Quaker Oats Company, Swift Company, Campbell Soup, etc.

There were so many important things said, so many exciting ideas given that I believe all of the delegates went home interested and ready to do something about this "business" of nutrition.

I am grateful to the N. C. Farm Bureau for making part of the National Youth Congress, and I am even prouder to belong to our F.H.A. organization because we are the "Youth Power" who have a very important part to play in helping people, both young and old, to learn to eat better, feel better, and look better.

Food is important to you as a person—to your family for good



Rockingham Chapter Presents New Flag to School.

health, to the economy of America, and as a symbol for Peace to millions of underfed peoples of the world.

FREDA BRITT

YOUTH RESPONDS

(Continued from page 4)

In preparing for the party, invitations were made by the girls and were given to each child to be invited. The girls made animals from construction paper, crepe paper hats, and napkins in the form of animals. In the center of the refreshment table, the construction paper animals were arranged in the form of a circus parade. The girls divided into groups of three and were responsible for reading books, singing, playing games, and other activities as means of entertainment for the children.

The refreshments consisted of orange juice, and to carry out the theme of the circuit, cookies were made in the shape of gingerbread men, Droopy, Yogi Bear and others.

As the children were preparing to leave they were each given a hat, balloon, and a couple of the paper animals as favors. Some children were having so much fun they did not want to leave.

After the departure of the children a class discussion was held. Each girl told of her experience with the child she was observing. It was generally agreed that the experience with the children was a profitable one

FOREIGN STUDENT

(Continued from page 6)

dously. My mother wrote the first, and so far, the only text-book in this three years ago, so we have started, but it takes a long time to get it into every school. We hope to get it more developed and worked out in the next few years.

Here in Monroe High School I take home economics and enjoy it very, very much. We have a new beautiful Home Ec. department and a beautiful kitchen to "operate" in. It amazes me to see all the modern machines you have in these departments, and all the fast, smart methods after which to work.

Just now we are working on our Spring projects, and I am looking forward to seeing what we can do to improve our homes. These projects are very good for us, because the homes and the school get closer to each other.

I also enjoy very much to be a F.H.A.'er this year. I have been to rallies and conventions, and enjoy these tremendously. I have a lot to take with me back to Norway, a lot to tell my mother, my teachers, and friends. Thank you for teaching me and giving me so much!

CONVENTION COMMENTS

(Continued from page 1)

Brown from Hamlet was elected to represent North Carolina as candidate for National Vice-President in Charge of Recreation. Looks like we have a winner!

HAPPY GIRLS WIN THEIR STATE HOMEMAKER DEGREE

District I

Bath Chapter: Phyllis Jean Cutler, Christine Waters. Pantego Chapter: Melisia Wallace. Jamesville Chapter: Diane Griffin. Conway Chapter: Sarah Evelyn Darden. Creswell Chapter: Viola Moore.

District II

Beulaville Chapter: Sue Duff, Peggy Quinn, Judy Williams. B. F. Grady: Sandra Blythe Bell, Scarlett Raye Hill, Janice Holt, Lynda Westbrook. Wallace-Rose Hill Chapter: Lois Hawes. Walstonburg Chapter: Ruby Moore, Lou Strickland. Jones Central Chapter: Gretchen Davis, Margaret Jones, Martha Pruitt. Contentnea Chapter: Margaret Harrell, Ruina Heath, Joyce Oakes. Southwood Chapter: Janice Clark. Moss Hill Chapter: Priscilla Holland. Atkinson Chapter: Gayle Foyles, Shelby McIntyre, Sarah Wells. Brogden Chapter: Mary Lois Grady, Ann Scott. Grantham Chapter: Carol McGee Best, Iris Joyner, Janet Laws, Mary Alice Thigpen. Nahunta Chapter: Janice Anderson, Shirley Baker, Lillian Davis, Linda Sasser, Betsy Thomas. Rosewood Chapter: Doris Rebecca Jordan. Elm City Chapter: Anne Davis. Lee Woodard Chapter: Janet Lewis, Peggy Reason. Lucama Chapter: Silha Marie Ellis, June Kirby, Virginia Ann Kirby, Sandra Cora Mercer, Jean Pittman. Saratoga Chapter: Bonny Draper, Barbara Jean Harrell.

District III

Williams Chapter: Angelia Diona Powell. Central Chapter: Mary Barbara Ray. Pine Forest Chapter: Sandry Llorens. Stedman Chapter: Jean Strickland. Lavetta Strickland. Hoke County Chapter: Janice McInnis. Cameron Chapter: Gaynelle Tillman. Barnesville Chapter: Nancy Britt, Diane Britt, Brenda Leggette, Johnnie Lou Pevatte, Doris Walters, Linda Walters. Pembroke Chapter: Brenda Brewington, Maureen Dial, Arlita Lowry. Red Springs Chapter: Kathy Ratley.

District IV

Creedmoor Chapter: Carolyn Duke, Joyce Keith, Sue Keith, Linda Lane, Shelia Lester. Coats Chapter: Cheyle Dorman, Carol Jones. Benson Chapter: Gloria Allen, Clara Cobb, Anne Johnson, Camille Levinson. Corinth Holders Chapter: Sandra Green, Joyce Ann Johnson. Judy Wall. Four Oaks Chapter: Peggy Johnson. Princeton Chapter: Jean Adams, Linda Stewart. Bailey Chapter: Barbara Sue Lamn, Kay Thompson. Benvenue Chapter: Judith Ann Joyner, Sally Lucas, Mary Elizabeth Overton, Marilyn Taylor, Judy Carol Whitley. Red Oak Chapter: Frances Gupton. Needham Broughton Chapter: Carolyn Cherry, Judy Rhodes. Cary Chapter: Katherine Jordan. Amelia Phillips. Fuquay Springs Chapter: Jerry Johnson. Garner Chapter: Evelyn Green, Joyce Stevenson.

District V

Anderson Chapter: Linda Aldridge. Bartlett Yancey Chapter: Joyce Whitlow. Central Chapter: Ann Carrick, Donese Comer. North Davidson Chapter: Brenda Hines. Southwest Chapter: Vicky Brown, Jacquelyn Casey. High Point Chapter: Sharon Frazier. Jamestown Chapter: Judith Bryan Webster. Gray's Chapel Chapter: Judith Bryan Webster. Gray's Chapel: Lynda Blake. Randleman: Jadene Frazier. Ramseur Chapter: Dairus Hicks. Seagrove Chapter: Margaret Auman, Jane Boone, Verna Dean Cole, Ann Eaton, Betty Jo Johnson, Carolyn King, Janet McCaskill, Betty Sue McNeil, Katherine Yow. Madison-Mayodan Chapter: Dorinda Black, Elaine McCollum. Walnut Cove Chapter: Mary Ruth Bullins, Margie Shelton, Judy Smith.

District VI

Bethel Chapter: Rachel Ann Furr, Rita Elaine Linker.

District VII

Davie County Consolidated Chapter: Kay Rintz. Harmony Chapter: Ann Carter, Elaine Renegar. Union Grove Chapter: Jane Ireland. North Surry Chapter: Sandra Beasley, Glenda Caudle, Sue Childress, Linda Draughn, Geraldine Fletcher, Sharon Jones. East Wilkes Chapter: Mary Frances Key.

District VIII

A. C. Reynolds Chapter: Carolyn Alexander. Lee H. Edwards Chapter: Emilie Bostic, Lynn Brewer, Pat Caldwell, Linda Kay Downey, Ann Gosnell, Eleanor Lois Hipps, Donna Norton, Sherry Snipes, Gale Todd, Elaine Warf, Clyde A. Erwin Chapter: Rita Ann Hensley. North Buncombe Chapter: Brenda Dillingham, Nancy Dillingham, Helen Fisher, Melba Hawkins, Betty Sue Honeycutt, Shelby Pendergast, Nancy Yount. Valley Springs Chapter: Nancy James, Lillie Tandy, Glen Alpine Chapter: Barbara Jean Wright. East Henderson Chapter: Sandra Anders, Ruth King. West Henderson Chapter: Linda Praytor, Lorene Rhodes. Cullowhee Chapter: Frankie Dills, Irene Hinds, Karen vom Lehn. Chase Chapter: Phyllis Baldwin, Ada Jane Ledbetter, Janan White. Rutherfordton-Spindale Chapter: Laura Lang Carson, Diann Edwards.

NEIGHBORS

(Continued from page 6)

have very few social pressures. They do not worry about how they look or shapes instead of their studies."

The age for marriage in Austria is in the early twenties, Mrs. Vaughn added.

Elizabeth Parnell, a club member, said that the girls who attended enjoyed the discussion, and some may even try some of these new customs on their own boy friends.



Happy Girls Win Their State Homemaker Degree

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"

Carolina Says:

Accidents are a major menace
to America's health.
Help keep your community
accident-free.
Check your home for accident
hazards.
How's Your "Eat-quette?"
Are you a Tsafkaerb Reg-
dod? Remember a child is a
little "you."



C 640

TEEN-AGE CONSUMER



FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME IX

OCTOBER 1961

NUMBER 1

Is Your Chapter Planning a Program on Consumer Education?

A nationwide survey conducted by *Seventeen Magazine* reports that America's teen-age girls spend the colossal sum of 4½ billion dollars a year! With this astounding figure in mind, how has your chapter developed the national project—Teenage Consumer?

Last year the following chapters developed the project in varied ways. Some of the ideas are listed below:

Exhibit—"Be A Wise Consumer"—North Buncombe

Christmas Bazaar—Each member made and donated a gift to be sold. Altamahaw-Ossipee

Raised money to give \$100.00 scholarship to senior girl who will enter college this fall. Graham

Field trip to department, furniture, grocery, and electrical appliance stores. Anson

Planned chapter programs—"How to Buy Meat and Save on the Food Bill" and "Buying Sportswear." Wadesboro

Cooperated with two other county chapters in preparing a blue ribbon fair booth—"Buy Ways that Make Cents" featuring ideas on stretching the food dollar. Beaufort

Borrowed examples of ready-made cotton dresses in different price groups and compared them with

dresses which were made in class. Elizabethtown

Arranged a table of inexpensive and useful gifts for a bride-to-be for a chapter program. Havelock

A representative from the bank spoke at a chapter meeting on managing and saving money and financing a home. Fayetteville Central

Planned and prepared party refreshments emphasizing efficient use of time, energy, and money. Gatesville

During the "January White Sale" our chapter planned a program stressing good buymanship of linens. Contentnea

Two chapter members presented ideas from the book "The Hidden Persuaders" by Vance Packard. They stressed some of the things used by advertisers to appeal to the consumer to urge him to buy. Pembroke

Hi, Future Homemakers of North Carolina! I am quite excited about being your State FHA Adviser. I came into this position July 1 with a wonderful initiation treat—I climbed aboard the train with your twenty-five FHA delegates bound for the National Convention in St. Louis. What wonderful Future

Homemakers and what a wonderful convention!

I am a native North Carolinian from High Point. I attended the Allen Jay High School, was a Future Homemaker, and later majored in Home Economics Education at the Woman's College. After teaching vocational home economics four years, I completed my master's degree also at the Woman's College. Last year I taught at the Ohio Wesleyan University. However, with a husband at Carolina and home sickness for the Tarheel State, I returned to this state as your State Adviser.

It has been exciting and stimulating to work with your Executive Council in August. Their goals and ideas for the year are clearly in mind.

As you and your chapter plan projects and activities this year, please send to us a picture and article to use in this magazine. Other girls are most interested in what you are doing.

I shall be looking forward to getting to know you from your articles, at rallies, and at the state convention. May you have a most successful chapter this year.

Mrs. Ernestine H. Frazier

Our cover girl is a student at Clyde A. Erwin High School studying management.

North Carolina Association of Future Homemakers of America

State Officers

1961-62

President—Kakie Jordan, Cary IV
Vice-President—Ruth Guin, Stedman III
Secretary—Judy Cubberley, Fike II
Treasurer—Mabel Louise Cook, Perquimans Co. I
Historian—Rosalee Ervin, Winecoff VI
Parliamentarian—Linda Faye White, Union Grove VII
Reporter—Diann Edwards, Rutherfordton-Spindale VIII
Song Leader—Jan Ross, Altamahaw—Ossipee V

District Advisers

1961-62

Mrs. Marjorie Spencer, Tarboro I
Mrs. Norma Yelverton, Lee Woodard II
Mrs. Retha Thompson, Williams III
Mrs. Gladys Farnell, Fuquay Springs IV
Mrs. Hazel Tripp, Madison-Mayodan V
Mrs. Mary Copple, Mount Holly VI
Mrs. Dorothy Felts, East Rowan VII
Mrs. Elizabeth Reed, Sylva-Webster VIII

State Adviser

Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina



Kakie Jordan

Life as your

State F.H.A. President

By Kakie Jordan, F.H.A. President

I have just begun to realize how very wonderful it is to love "Living". Because I am so very fortunate in being an *American* teenager, a high school senior, a girl, and North Carolina's State Future Homemaker president. As teenagers, all of us have many things to do and to see and to learn and to be. As in my case, I feel I have actually become part of the letter meaning of FUTURE HOMEMAKERS, because it has taught me so much and has helped girls from North Carolina to California. I have found that if you let it, FHA can enrich every facet of your personal make-up.

Life as your State President has many rewards, including exciting experiences and much hard work. FHA, along with many other things, has combined to enrich my life. Of course, my family is a large part of this enrichment. I live in Cary, nine miles from Raleigh, with my mother and father, Mr. and Mrs. Graydon W. Jordan, a brother, Miller, 15, a dog, Tribble, and a cat "Cinky". My daddy works in Raleigh as a State Tax Administrator and my mother is a teacher at Cary Senior High School. All of us are member of the Cary Baptist Church, in which we participate in all its activities, and attend regularly together.

My school activities for this year include being a member of the Beta Club, Spanish Club, and Dramatics Club. Interested in journalism, possibly as a career in conjunction with Home Economics. I am the Cary teen writer for the *Raleigh Times*

newspaper and have been a member of the paper staff at school for three years. A basketball player for three years, (I never hit the basket!). I am presently secretary of the Varsity Club. This generally takes care of my school activities.

Count Tolsior once said: "The vocation of every man is to serve other people." Serving you as your State President is a real pleasure and privilege. My services include many activities, duties, and responsibilities. I have been FHA reporter and vice-president in my local chapter. These offices along with the 110 members in our chapter gave me the push and experience I needed to run for a state office. Nothing gives me greater satisfaction than a sense of achievement. Junior, Chapter, and State Homemaker Degrees are among those achievements most highly cherished. Being a state officer two years, as vice-president and president, has given me double life enrichment and double duty, so to speak. Some of my most important duties are planning and presiding over district rallies, district planning meetings, executive meetings, and the state convention. For two years I have taken an active part in the camp program at White Lake. I have been fortunate in being able to at-

tend and participate in three national conventions; one in Chicago (1959), Washington, D. C. (1960), and this past year in St. Louis, Missouri, (1961). While attending my first national convention the summer prior to my sophomore year, I was entranced by the array of work and good done by the Future Homemakers from all over the United States and of the high rank of leadership North Carolina held, as fourth largest in membership. This tended to make me want to push North Carolina even to further heights by developing the potential of each individual in our state, whether it be in leading the chapter or promoting it by being a good committee member.

Of course, there are many outstanding privileges, too, for example, I represented you, FHA'ers, at the State Future Farmers of America Convention in Raleigh and brought greetings to approximately 3,000 good-looking boys! Also, I represented you at two meetings of the North Carolina Youth Fitness Commission held in Raleigh this summer. Ways and means of improving youth fitness in North Carolina were discussed and plans made. By the way,

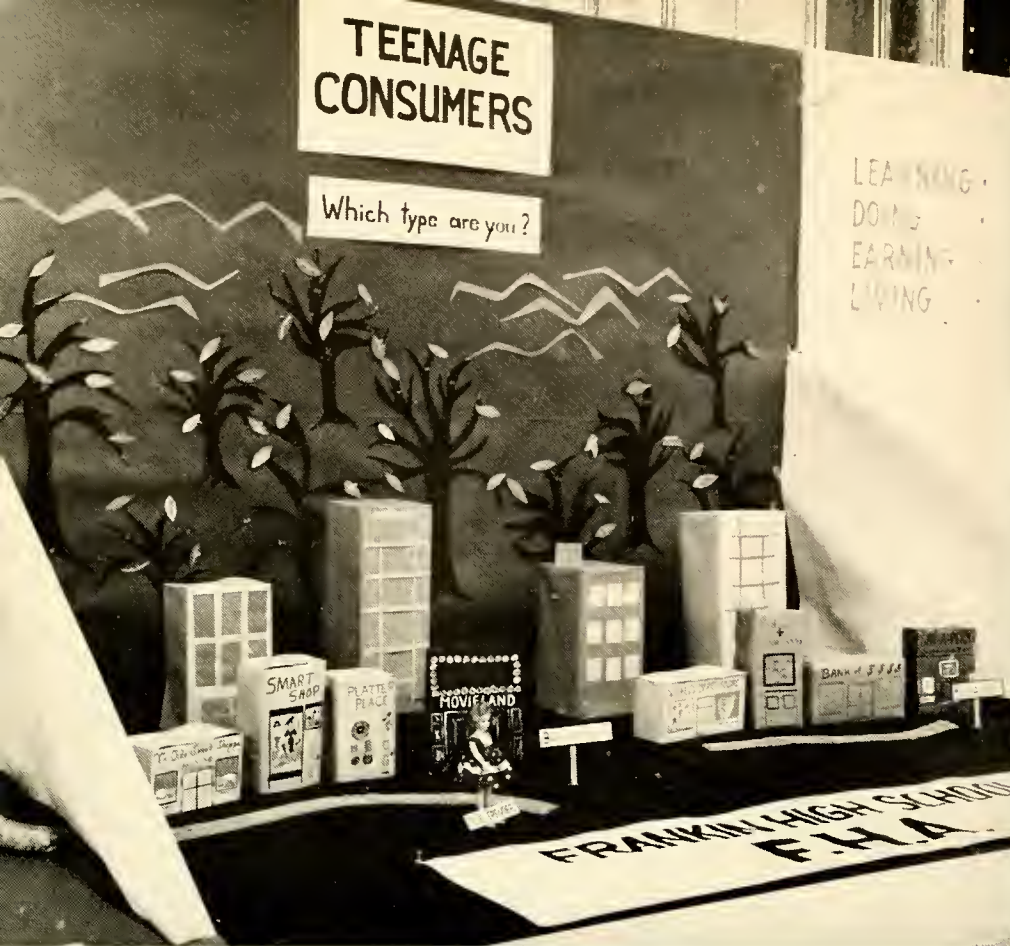
(Continued on inside back cover)

Study of Teenagers and Their Money

Experts in economics are quoting for us figures in the millions of dollars which they say will pass through the hands of our teen-agers within the next few years. How this money is used, the attitudes and habits developed in relation to the handling of money by these teen-agers will have a tremendous influence upon the economic condition of the homes and families of the future. What can we do in our classes to help teen-agers develop a set of values which will guide them in handling their money in such a way to give satisfaction to themselves, as well as

others? How can we help them to realize the effect their spending habits have on the economy of the nation, and even the world? How can we help them to evaluate the barrage of advertising being beamed at these inexperienced purchasers with many wants and dollars to spend? To help us to be more aware of the amount of money our students have and how they use it, we are making a small study on "Teenagers and Their Money."

Dept. of Home Economics
of the NEA



OUR FHA FAIR BOOTH

As ideas were being tossed about at Franklin High School summer FHA workshop, the idea for "Teenage Consumer" was pulled from our Program of Work, plus some materials that were on file.

The idea was to show the contrast between Susie Spender who squanders her money on Broke Street, and Patsy Plonner. Patsy and her budget book do not show in this picture, but she is "in the chips" on Money Avenue.

Members who worked on the booth include: Corol Hedden, Ann Bloine, Borboro Tolley, and Nancy Howard. The school art department and their instructor, Miss Jeon Hemphill, did the background for the booth, and helped "build" the shopping center. It was very colorful!

(6) Always insist on well-known names.

(7) Have a panel discussion on whether teens should buy on credit terms. In most cases you will find that it is according to the particular situation.

After you have experienced some of these projects you will find that you have more money, more time, and energy and are more satisfied with yourself as a wise person. But, remember in order to achieve your purpose and become an asset to your family, chapter, community, church, etc., you must not stop working. You must continue until you have mastered your purpose. Then and only then will you be that successful person in the future who has had a past of wise management.

Are You . . .

Consumer Wise?

By Ruth Guin, State Vice-President

To many teenagers of today one of the hardest things to do is to learn to manage wisely. As the saying goes, "behind every successful man there is a woman," so also behind every wise and successful person somewhere in the past background there has been wise management of their time, money, and energy.

Today, there are so many ways for teens to develop their understanding of managing wisely. How would you like to be one of those lucky people who never seem to run into any problems in managing? Well, it's very simple. Look my suggestions over below, or maybe you can think of some more that would widen your knowledge as well as be fun:

(1) Have a local merchant speak

at your school and have him or her give you tips on wise purchasing.

(2) Learn how to select quality articles so you can get the very best for your money.

(3) Learn how to value "bargain" articles, that is, whether they are really worth the little they are asking or whether they would be better off in the garbage can.

(4) Learn to care for the articles you purchase, especially clothing.

(5) Have a project at school on a certain color scheme for the fall, summer, or whatever. In this project you buy things that match your color scheme and none other. Perhaps if your color scheme is red, don't buy an orange sweater just because you think it's different.



Ruth Guin

We Like to Study Family MONEY MANAGEMENT!

Home economics is a lot more than cooking and sewing—just how can one learn family money management, ask girls at **Durham Senior High**.

Family money management is taught by allowing the students to plan a budget for a newly married couple. This budget is one that is shaped to suit the needs of the individual couple and is neither confining or restricting.

The budget only provides for the husband's salary with \$267 to spend each month. The wife's salary can either be put in a building and loan account to draw interest or on the unpaid principle of a home should the couple buy their home when they are first married.

The main objective of having the wife save her salary is to keep the couple from experiencing living on a lower income level when the wife no longer can work outside the home.

Record keeping is very important both in planning a budget and following one. It's easy to keep records of income and expenditures when you set up a simple form and jot down the amount of your income and expense in a minute or less every day.

Budgeting wasn't a great shock to the girls for each area of the home-making program centers around money. The girls learn how to cook, they learn how to use recipes "from scratch" so they won't have to buy so many expensive packaged foods. They are urged to try different foods and brands so they will know which their family likes best.

When studying housing the students are taught unholstery and drapery making, they cover lamp shades and make table linens. And anyone who has ever had any of these things done by a professional knows what a saving that can be.

This is the model budget that the girls set up for a newly married couple with \$267 take home pay:

Rent	\$50	19%
Food	44	16%

Car	40	14%
Utilities		9%
Electricity	7	
Water	3	
Phone	3	
Fuel	10	
Insurance		7%
Health	12	
Car	3	
Accident	4	
Furniture	17	7%
Car Expenses	20	7%
Household	16	6%
Church	13	5%
Medical	7	4%
Savings	5	2%
Recreation	3	1%

The upkeep and expenses on the car were cut down considerably when the girls decided that a small foreign car was the most practical kind for a young couple to buy. (One of the girls drastically cut the amount of payments on the car. When she was asked what kind of car she planned to buy she answered airily, "Oh, a third-hand straight shift." She quickly changed her mind, however, when she was given some idea of what the cost of repairs and upkeep on it would be.)

Household expenses, of course, cover a multitude of items including cleaning supplies, cosmetics, laundry and a newspaper subscription.

Glenda Emery, at right, is discovering the importance of keeping good records all year around as she practices completing an income tax blank while Cathy Leathers, at left, shows her how the textbook says it should be done and Judy Bradley leans over to offer an encouraging word.



Meet Me in Saint Louis!

Diann Edwards, State Reporter, Rutherfordton-Spindale High School

1961 MIRACLE RECIPE

DO you want the recipe for the marvelous dish known as the 1961 National Meeting held in the Chase Park Plaza Hotels, in St. Louis, Missouri, July 3-6? Twenty-five North Carolina delegates traveled from Raleigh to St. Louis by train just to see some famous cooks, our national officers, cooking up this miracle recipe.

First measure $\frac{1}{8}$ cup of travel on a Seaboard train across country to St. Louis. Living on a train for two days was a new experience for most of the girls. The first night about bed time all the girls began to pull out treasured pictures of their boy friends. They were immediately labeled such names as "The Greek God" and "Hercules," so that by bed time all were pretty well versed on each girl's love life.

In $\frac{1}{8}$ cup of travel most girls would expect to find a small sprinkling of boys. The delegates were about to give up hope when the train stopped and boys began to board the train in droves. Our car, which by the way was reserved, was instantly filled with shaved-headed marine reservists, most of whom were college freshmen. But, as all good things must come to an end, the boys were left when the girls changed trains in Washington, D. C. Having an hour in our national capital, the delegates scraped up a smidgeon of travel by walking from the train station to the capitol building. Then all aboard to St. Louis.

Part of this $\frac{1}{8}$ cup of travel was in St. Louis in street cars and taxis from the hotel up town and back. St. Louis is one of the biggest towns many of the girls had ever seen. We loved St. Louis because it had every imaginable type of shop and store. Nevertheless, the delegates seemed to wind up in the bakery three times out of four, buying doughnuts to take back and eat in their lovely hotel rooms.

At this point fold in $\frac{1}{4}$ cup of well-planned, usable programs on the topic of Youth Measure Your Values. This theme was developed through Dr. Bernice Moore's speech on "What are Values?" Dr. and Mrs. Russell Smart guided the audience in determining where and



First Row: Doris Young, Mrs. Dorothy Felts, Judy Quinn, R. L. Guin, Ann McKnight, Jane White, Mabel Louise Cook, Ann Vestal, Mrs. Hazel Tripp, Rosalee Ervin, Kathy Bean, Judy Cubberley, Ann Jennings, Mrs. Gladys Farnell, Elizabeth Powell
Second Row: Dr. Catherine T. Dennis, Mrs. Elizabeth Red

how we get our values. Finally Dr. Glen Hawkes tested the girls who were in attendance for ranking nine values included in a test. We ranked the values in the following order: education, family life, pleasure, efficiency, concern for others, economy, health, status and friendship. Needless to say, we were a bit disturbed that friendship ranked last on the list. However, Dr. Hawkes suggested that this might be due to our con-



Charlotte Herbert, Brenda Boyd, Mrs. Ernestine H. Frazier, Billie Mask, Judith Rodgers, Ruth Ann Davis, Mrs. Retha Thompson, Mrs. Mary Copple, Susanne Rayburn, Ellen Pratt, Polly Itaker, Mrs. Marjorie Spencer, Mrs. Norman Lee Yelverton. Miss Jordan absent when picture was taken.

sidering dating as something more than just friendship.

In order to get ideas from all the delegates now add $\frac{1}{4}$ cup of participation. The girls really got a chance to sound off by singing all the new and different relaxers led by the very popular Sharon Porter. Each state had members in the All States Chorus, which added beauty to the daily meetings.

At the final session the delegates divided into buzz groups and discussed ways to stimulate further thinking among teenagers on values. These groups also planned ways to continue work on values in the local chapters and in the state organizations.

North Carolina participated by entering a candidate for the office of national vice-president of recreation. She was a lovely, brown-haired girl with a charming smile, Becky Brown of Hamlet, N. C. Becky did not win but she ran a close second.

Next throw in a pinch of opera to put everyone in a dreamy make-believe world. The FHA'ers were privileged to go to the largest outdoor theater in the world, the Municipal Opera, to see *The Great Waltz*. The costumes and singing were excellent. Another thing out of the ordinary about the opera was that the theater is the only outdoor theater in the United States that is air-conditioned.

Any convention without good food is not a success: so add $\frac{1}{4}$ cup of food. That was no problem at all because the food was way out of this world. Most of the food was served in the exhibition hall in the Chase Hotel. At night sometimes the Future Homemakers went to the restaurant in the Chase. One night it was filled with Philadelphia Phillies, who were more than willing to give their autographs. But that is not all, some nights the delegates had doughnuts in their rooms and from their windows they watched the floor show on the terrace.

The food on the train was delicious too, but most of the girls weren't accustomed to paying a dollar seventy-five cents for a bacon and tomato sandwich. Nevertheless, they got so hungry that prices were often second concern.

Well, now add the last ingredient, one more $\frac{1}{8}$ cup of travel. As North Carolina's twenty-five delegates left the terminal station in St. Louis there were feelings of mixed emotions of girls who longed to stay but who were happy to be going home to see their families and boy friends. This two day trip on the train was not void of the presence of the opposite sex. The train was filled with army boys that the girls were forbidden even to look at on the long way home. But, you guessed it right, the delegates couldn't quite live up to this, because the soldiers were sort of cute.

After one day and night on the train the FHA'ers again arrived in Washington, and then after a 15 minute lay-over, they were on their way to Raleigh and home.

You have the ingredients, now all that is left to do is to sift the ingredients together and you have the best national convention ever. To appreciate fully this dish, you should try it sometime, for this dish, your national FHA convention, will always head the list of your favorite recipe.

Betsy has two main interests—her own art work and preservation of family treasures.

The oldest and perhaps the most treasured family piece which she's tackled is a clock which belonged to her paternal great-great grandfather.

Betsy Hine
Glenn High School



To be wise consumers when selecting household appliances is most important to Patsy Tyson, Faye Brantley, and Nancy Purkerson of Spring Hope. No doubt they are learning to check the name plates, fit of handles, weight, materials, brand, ease of assembly, and use as they become wise teenage consumers.

Linda redecorated her bedroom as a home experience. She began her revamping job by painting her room architrave and painted her bookcase bed, chest, dresser, and chairs with a flat black paint.

With the help of her Home Economics teacher, Linda chose a figured cotton chintz material and made new draperies and a matching bedspread.

The young decorator picked up the soft green from her draperies by making covers for two chairs in the same shade of cotton sateen. She added a pale green and cream-colored mosaic table.

Linda Kimball
Glenn High School



Have You a Project on

Money and Time Management

By Christine Marie Waters

Bath High School

The understanding that responsibility, hard work, and sound judgment are necessities in a good life is probably the greatest gift my parents have given me. They have taught me, at an early age, to accept responsibility no matter how hard it seems to be. In realizing this, I found I could reach my goals. I know this is the reason I decided to take the project of working and purchasing, on my own, a sewing machine.

As school came to a close in the spring, I began planning my summer's work. I live in the tobacco region of North Carolina and there are many jobs to be found on the community farms. As I am well acquainted with farm work, I was able to find work for six days a week.

As the month of June came and the crops were in the young growing stage, I began work. I worked eight long weeks housing tobacco. The summer was a long and hot one. One day I would almost scorch my feet on the hot ground and the next day I would shake in my boots as a summer rain storm broke through the sultry air. From six o'clock in the morning until six or seven o'clock in the evening, I worked six days a week and eight weeks in all. I drove tractors, helped hang tobacco, loaded dry tobacco, and did other jobs that were all in the routine of a day's work. I don't actually know whether determination or enjoyment pushed me on, but my summer was one I'll long remember.

I learned more than just how to work hard, but also how to get along with people, how to give a little instead of take, and how to rely on the ever important idea of doing a job well if it's worth doing at all.

As the summer came to a close, my savings had grown. I was ready to purchase my machine as soon as

I could investigate and search for values. Thus, I began my search for the ideal sewing machine. I wanted a machine that had all of the new

features. I studied various brands in the order catalogues and I visited several stores. I talked with several people acquainted with machines and discussed different models of machines. Finally, I made my choice of a machine which had the attachments and some special features. I was especially pleased with the twenty year guarantee for all parts. I, at last, had accomplished my goal!

It was now time for me to get my school clothes. As I wanted more for my money, yet good values, I chose to sew as much as possible. I selected wool fabric and lining for three skirts and green fabric for a shirtwaist dress.

I enjoyed making the shirtwaist dress as it was the first one I had tried to make with cuffed sleeves. The color of the dress was enhanced
(Continued on inside back cover)

Planning Meetings Does Help!

During their planning meeting at the home of their adviser, Mrs. Catherine Meadows, on August 10, the Garner High School FHA officers set up goals for the coming year that would help them develop more consideration and respect for older people, also to develop a better understanding of other countries and their values. The Future Homemakers included in their calendar of activities for the coming year—an ice-cream supper for initiation of new members, a Daddy-Date Night, Clothing an orphan, Good Luck Dance, and Mother-Daughter Banquet.

In order to carry out these plans, they agreed to meet every two months to evaluate the Chapters progress toward these goals and to set up work plans for incompleting projects.

The president, Nelda Holder, along with the vice president, Charlotte Herbert, challenged the secretary, Susan Ferrell; the treasurer, Sterling Banks; the parliamentarian, Carolyn Sealey; historian, Judy Mason; and songleader, Judy Stone, to select committees from each class to help them carry out their objectives.

Charlotte Herbert's scrapbook of her trip to the National Convention inspired the entire group to follow standards set up by our national

leaders. This entire group recommended some degree work as a prerequisite for any chapter officer.

The meeting was focussed on some of last year's activities and how they could be improved. They realized that all of the members enjoyed the yearbooks last year. It was decided that the yearbooks should contain the names and addresses of the officers, dates of rallies, dates of chapter activities and the motto, creed, and purposes of their organization.

Now that they had their projects chosen they planned ways to carry them out. In order to bring happiness to older citizens, they planned to sing Christmas carols at Rest Homes and at aged peoples residence. They also began thinking of ways they could get a better understanding of people from other nations. They discussed maybe adopting a child from overseas. They would support it financially and send toys and clothes. Another idea was to have a child in their home over the Christmas holidays.

If at the end of a school year, you realize that your chapter has had to leave out a lot of important activities that you had hoped to get in, why not plan a planning meeting. That's just what the Garner High School FHA did!

Charlotte Herbert
Garner High School

Chapter Chatter

Officers of the **Beaufort** chapter, Future Homemakers of America, met to plan projects for the new school year.

Dail Barbour, president, conducted the meeting. Other officers attending were Bonnie Ward, vice-president; Tina Willis, secretary; Mary Ann Dudley, treasurer; Irene Whitehurst, reporter; Clara Quidley, historian; Julia Piner, recreation leader.

Projects adopted were the continuation of the PTA babysitting clinic, co-sponsorship of a county dance, achievement of degrees, acquisition of handbooks, care of the first aid room, mother-daughter and father-daughter banquets, bulletin board displays, sponsorship of an assembly program and departmental and school improvements.

Improvements planned for the home economics department this year include a larger refrigerator, tote trays and cabinets, new tables, an easel stand, new curtains, machine covers, and other smaller items.

To raise funds to finance the projects, the officers decided to sponsor dances after the home football games and to sell roasted peanuts, candy, greeting cards, and dishcloths.

A year of planning and work made the planting of 150 rose bushes around **North Buncombe** football field a reality.

Money was raised by the FHA to purchase the bushes and the peat moss to improve the soil.

The FFA boys worked in order to prepare the soil and the holes for the bushes. The Agriculture teacher talked to each of the classes on the proper way to plant a rose and to care for it. During the last week, the boys and girls worked together and planted the bushes. Due to pre-training no one missed a class and all the bushes were planted in one day.

In May a special chapel program was called in **Erwin High School** auditorium to present the coveted interclub council plaque to the outstanding school club of the year. The high school faculty had cast their votes several days previously by secret ballot for the club they thought had done the most for the

school and in helping it become a better school for all.

Everette Thomas, President of Student and Inter-Club Council presented FHA president, Melba Hardin the plaque in behalf of the club.

The two runners-up clubs were the Future Business Leaders of America and the Student Council.

Members of the Future Homemakers of America and their teacher-advisers from nine schools in **Richmond, Scotland, and Hoke Counties** held a workshop in the Home Economics Department at Hamlet High School.

Becky Brown of **Hamlet** reported to the group her experiences while attending the National FHA Convention at St. Louis.

Becky's report was given as she formed a "charm bracelet", placing on a chain an illustrated paper "charm" representing each highlight of the convention.

Following Becky's report, buzz sessions were held on projects, program ideas, and degrees as the girls shared ideas which had proven successful in their own FHA chapters.

The meeting was closed with a picnic lunch.

Approximately sixty **Gaston County** Future Homemakers of America met for an all-day training workshop at Tryon High School.

Those attending were local chapter officers, advisers, and chapter mothers.

And the day's program of entertainment was the **Belmont** chapter's Kitchen Cabinet Band. With instruments made from kitchen utensils, they cleverly presented two numbers, "Hobbies" and "Dixie".

Other skits were planned and conducted by members of the Tryon and Bessemer City Clubs.

H. F. Livingood, principal of **Tryon High School**, extended greetings to the group and discussed some of the responsibilities of leaders.

Miss Louise Swann spoke on Back-to-School activities of value to chapters, selection of projects, and ways of working to carry out worthwhile goals.

Barbara Bullard from **East Mecklenburg** High School chose to help care for people who were unable to completely care for themselves as her home experience. Barbara stated that she was especially interested in going into hospital work as a career and this phase of nursing was especially interesting.

Some of the experiences and satis-

factions Barbara accomplished are as follows:

"Since these patients are physically handicapped, their problems are different from other patients. Since I do plan to make a career of nursing, I thought that any experience would help me to decide definitely what I would most enjoy.

"I contacted the hospital and discussed the possibility of becoming a volunteer worker during the summer, holidays, and week ends.

"One of the things I learned was how to keep my feelings under control. I assumed at first that I would be unable to look at the patients. Soon, however, I found that they were not as disabled as it appeared the first few days.

"This work was very rewarding personally and I wish more students had the same opportunity to do such wonderful work!"

The **Bartlett-Yancey** Chapter of the FHA was really busy celebrating FHA Week! Their activities were many—involving all the Bartlett-Yancey FHA girls. Each girl agreed to carry out special duties of each day of the week. Their duties were listed as follows:

Monday: Advertise FHA through posters placed in school hall and in stores at Yanceyville. Also to help make a bulletin board illustrating the purpose of FHA.

Tuesday: Home Day. Be cooperative and appreciative toward family group. Perform special duties and be as helpful as possible. Learn to prepare a new dish and serve to the family.

Thursday: Each FHA member planned to bring fruit to school in order to prepare a "Happy Wishes" basket to send to the County Boarding Home.

Friday: Teachers Day: Purpose was to encourage cooperation between teachers and pupils. The FHA members presented teachers of the Bartlett-Yancey High School an apple and also a floral arrangement.

Saturday: State FHA Convention held in Raleigh and we were well represented with as many members attending as was allowed.

Sunday: Attended all services at church and sat with our families.

As you can see, FHA strives to help the Future Homemaker become a well-rounded individual. The motto, "Toward New Horizons" is taught to us in our monthly programs and many activities in FHA.

"Salary is not paramount in con-

sideration of job opportunities; wealth is not the most important thing to strive for," said Betty Feezor, well-known home economist and radio and TV personality, in an address to members of the **Shelby** chapter of Future Homemakers of America.

After deflating the primary importance of material wealth, the speaker listed some of the spiritual riches toward which her listeners might strive.

Her remarks, made at the FHA Chapter's annual Mother-Daughter banquet at Cleveland Country Club, were tied in with the banquet theme of "The pot of gold at the end of the rainbow."

Listing pretty clothes as one of the important coins in the average girl's pot of gold, she advised, "Don't be a copyist. Pick what looks good on you. Buy the dress that is plain, basic, of good material, which knows no season."

Popularity, she said, is another of the golden coins craved by the average student. In seeking to be popular, she advised, "Depends on what you have been taught, not on what others think. Be on guard against the point of temptation."

In seeking happiness as a golden coin, she urged, "Don't expect to find it in more things. Be yourself, act like yourself." Identifying her own philosophy of life with the Christian philosophy, she advised, "Ask the Guide for a roadmap."

Approximately 130 FHA members, their mothers and visitors were present for the banquet. Visitors included two honorary members.

The first meeting of the **Benvenue** chapter was held in the school auditorium September 12.

Special guest was Mrs. Shirley Woodard, manager of the campus room at the Youth Shop. In her opening remarks Mrs. Woodard stressed that the well-dressed high school girl must plan her wardrobe and shop with this plan. Then she pointed out that accessories were very important if the girl expected to be fashion smart and well-dressed from head to toe.

State Convention
Raleigh Memorial
Auditorium
March 31, 1962

LIFE AS YOUR STATE FHA

(Continued from page 1)

watch for the "fitness" booth at the State Fair, October 16-21.

If there is one thing I enjoy, that is meeting new people and making new friends. Several times I have spoken at Mother-Daughter banquets, district rallies, and helped teach classes at workshops. This afforded me a chance to learn *you* better. If any of you would like me to attend or help out in any of your meetings, I shall be glad to, if my schedule permits. In conjunction with all of this, I have written an article on careers for *Teen Times* (April issue, 1961) and was in charge of our State FHA Calendar (January issue, 1961). During the year, I will write various other articles or skits for our FHA magazine.

When I think of all FHA has done for me, fellow Future Homemakers, it makes me feel like the gentle brown cow when the milk truck

passes. On the side of the truck were the words: pasteurized, homogenized, chocolate, skimmed, and so forth. The cow looked at his cow friends and said, "It makes us feel a little inadequate, doesn't it?"

That is the way I feel toward all of you, 25,000 Future Homemakers in North Carolina, but I hope your confidence is with me, because I am doing and will continue to do my very best for you.

MONEY AND TIME MANAGEMENT

(Continued from page 7)

with gold buttons on the cuffs and blouse. I completed my garment with a wide belt made of the same fabric.

With all of my money gone and the summer over, I would have otherwise been blue, but not this time. I felt I had really accomplished something and had something to show for a long summer's work!

Capsule Treatment on

"CREDIT"

A capsule treatment of some fundamentals that may come in handy to new homemakers or established families in the handling of their money management problems are:

1. Set aside 10 per cent of actual take home pay in the form of liquid savings.

2. Use credit sparingly and weigh the advantage of immediate acquisition as against delaying while accumulating all or part of purchase price.

3. Do not let total monthly installment payments exceed 20 to 25 per cent of monthly take home pay.

4. As a general rule, limit payments to any single creditor to not more than 10 per cent of take home pay. (An exception may be made in the case of the purchase of an automobile.)

5. Do not contract a debt for more than the period for which you can project your future income and outgo.

6. Make the largest down payment within your means and the

shortest terms of repayment, allowing liberally for any contingency that might prevent you from carrying out your agreement.

7. When purchasing a home, the sale price should not exceed twice gross annual income and monthly payments should not exceed 25 per cent of monthly take home pay.

8. Be prompt in payments. A good paying record insures future accommodation, while tardy payments can destroy your credit standing and, in turn, seriously effect your future living standards.

9. Installment credit should be used for emergencies, necessities, and durable goods, not for luxuries and services quickly consumed.

10. Your local bank is likely to be your best source of credit, both from the standpoint of reasonable terms and integrity.

Remember !!

Send your affiliation dues to State Office by Dec. 1

Future Homemakers of America

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope,
For we have the clear consciousness of seeking
Old and precious values.

For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America,
We face the future with warm courage,
And high hope.



"The homes of tomorrow are in
the hand of the youth
of today"



Caroline Says:

If a man empties his purse into his head no man can
take it away from him. An investment in knowledge
always pays the best interest.

The only reward of virtue is virtue: The only way to
have a friend is to be one.

The reward of a thing well done is to have done it.

Nothing great was ever accomplished without enthusi-
asm.

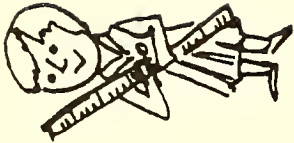
FUTURE HOME MAKERS



V.19 #2

1962 CALENDAR

NORTH CAROLINA



Dear Future Homemakers:

Measure your values and note them on your 1962-1963 calendar! Your program of work is filled with important events you are planning in your FHA chapter. The dates for these events are constant reminders of the deadlines and responsibilities you are going to assume. Use your calendar as a yardstick of progress and make everyone aware that you are an active organization!

North Carolina Association of Future Homemakers of America

State Officers 1961-62

President—Kakie Jordan, Cary IV
Vice-President—Ruth Guin, Stedman III
Secretary—Judy Cubberley, Fike II
Treasurer—Mabel Louise Cook, Perquimans Co. I
Historian—Rosalee Ervin, Winecoff VI
Parliamentarian—Linda Faye White,
Union Grove VII
Reporter—Diann Edwards, Rutherfordton-
Spindale VIII
Song Leader—Jan Ross, Altamahaw—Ossipee V

District Advisers 1961-62

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Mrs. Norma Yelverton, Lee Woodard II
Mrs. Retha Thompson, Williams III
Mrs. Gladys Farnell, Fuquay Springs IV
Mrs. Hazel Tripp, Madison-Mayodan V
Mrs. Mary Copple, Mount Holly VI
Mrs. Dorothy Felts, East Rowan VII
Mrs. Elizabeth Reed, Sylva-Webster VIII

State Adviser

Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

January

Begin the New Year with resolutions to:

Check your chapters plan of work for the year, determine your accomplishments and make plans for completing your plans.

Check your progress toward earning a Degree of Achievement.

Plan an assembly program, write articles for your school newspaper, local newspaper, state and national FHA Magazines. Interpret FHA to your family, school, and community!

Ask chapter members how they like the chapter programs and how they may be improved.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Years Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Learning and unlearning are two good lessons.		

February

Have a "Brainstorming" session for new ideas for chapter programs and projects.

Think of your interests and talents and put them to work in making your chapter projects a success!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Follow the counsel of the wise.			1	2	3
4	5	6	7	8	9	10
11	12	13	14 Valentine Day	15 Send articles to National Office for April issue of Teen Times	16	17
18	19	20	21	22	23	24
25	26	27	28			
				What is planned ahead of time is done quickly.		

March

Determine how safe your home and surroundings are and make plans to eliminate unsafe areas.

Practice safety measures and help teach rules of safety to the young members of your family and community.

Participate in a program and project on Civil Defense. Plan for a visit to a Fallout Shelter. Plan an exhibit and program of the emergency needs—food and water.

Make plans to attend with the delegates from your chapter, the State Meeting, March 31.

Begin making plans for carrying out special activities and projects for National FHA Week April 1-7.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	He who respects his parents never diles.			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 FHA State Convention

April

Encourage creative thinking by organizing a study or conversation group of teenagers to discuss current national or local issues and new books which effect family life.

Read a good book on family life—April 8-14—National Library Week.

Show your love and appreciation to Dad, by planning special events in his honor this month.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
N A T I O N A L			F H A		W E E K	
8	9	10	11	12	13	14
N A T I O N A L			L I B R A R Y		W E E K	
15	16	17	18	19	20	21
22	23	24	25	26	27	28
Happy Easter!						
29	30					
			There is no price for honesty He who has it, happy he!			

May

Chapter president and adviser submit annual report to the State office.

Make plans to attend FHA Camp—May 28-June 2, June 4-9. Use application forms which will be included in the Spring Newsletter.

Begin planning now for an outstanding chapter for the year 1962-1963. As you have carried out your program this year, you have thought of experiences which may be included in next year's program.

Make plans for a meeting of the new officers in your chapter to be held in the summer. This is an excellent time to plan your 1962-1963 program of work.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Faith may mountain.	move a	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
Mother's Day						
20	21	22	23	24	25	26
27	28	29	30	31	All who hurries stumbles.	
	FHA CAMP Carolina, May 28 - June 2, and June 4-9.	BEGINS at White Lake, North				

September

If you have not had an Executive Council planning meeting, plan to have one soon. Don't forget to include your chapter parents! Review the National Program of Work, and decide on your chapters program of work for the year.

Practice democratic procedures—review “Roberts’ Rules of Order.” Set up a budget to finance this year’s activities.

Plan a tentative outline for all of your chapter programs this year. Interpret the values of FHA to all of your friends who are taking Home Economics or have previously taken Home Economics.

Note the date of your District Rally on your calendar!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29

Sail when the weather is fair; you do not know what the weather will bring.

October

Note the date of the District Rally on your calendar after you have received your Fall Newsletter with the announcement of dates and places.

Plan to file your intention to work on a degree of achievement, make a plan of work and begin your work this month.

Become acquainted with your chapter parents and all members of your FHA chapter.

Make plans to observe U.N. Day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 U.N. Day	25	26	27
28	29	30	31	A girl is like oil.	without patience a lamp without	

November

Remember! The final date for filing your application for State Home-makers Degree is November 15.

In this month of Thanksgiving, let us express our appreciation to our family, friends and our Heavenly Father.

Remember the aged people in our community with special recognition.

Remember also, the families who are less fortunate in our communities with an extra surprise of a visit, food or clothing.

Last reminder—plan for your affiliation dues to reach your state office by December 1.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
Before you can steer the helm you must learn to row.						
4	5	6	7	8	9	10
11	12	13	14	15	16	17
				State Home-maker Degree Filed in State Office		
18	19	20	21	22	23	24
				Thanks-giving Day		
25	26	27	28	29	30	

December

December is the month in which we remember our families and those we love in a special way. Encourage special meals and participation in church and other group activities as a family group.

Carry out a service project such as: stuffed toys or repair toys for an orphanage, welfare food baskets, and caroling at homes in our community.

The holiday season will also provide an excellent opportunity for you to work on your degree of achievement.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Don't trust your friend and tell him For he will tell them to his friends And it will cost you dear.	things you'd not have others hear;			1 Affiliation Deadline
2	3	4	5	6	7	8
9	10	11	12	13	14	15 Send articles to National Office for Feb. issue of Teen Times
16	17	18	19	20	21	22
23 30	24 31	25 Merry Xmas!	26	27	28	29

CAROLINE SAYS:

- Plan your activities for 1962-1963!
- List activities in proper spaces on calendar!
- Refer to your calendar frequently in order that you may be informed of FHA activities!

Opportunities for You

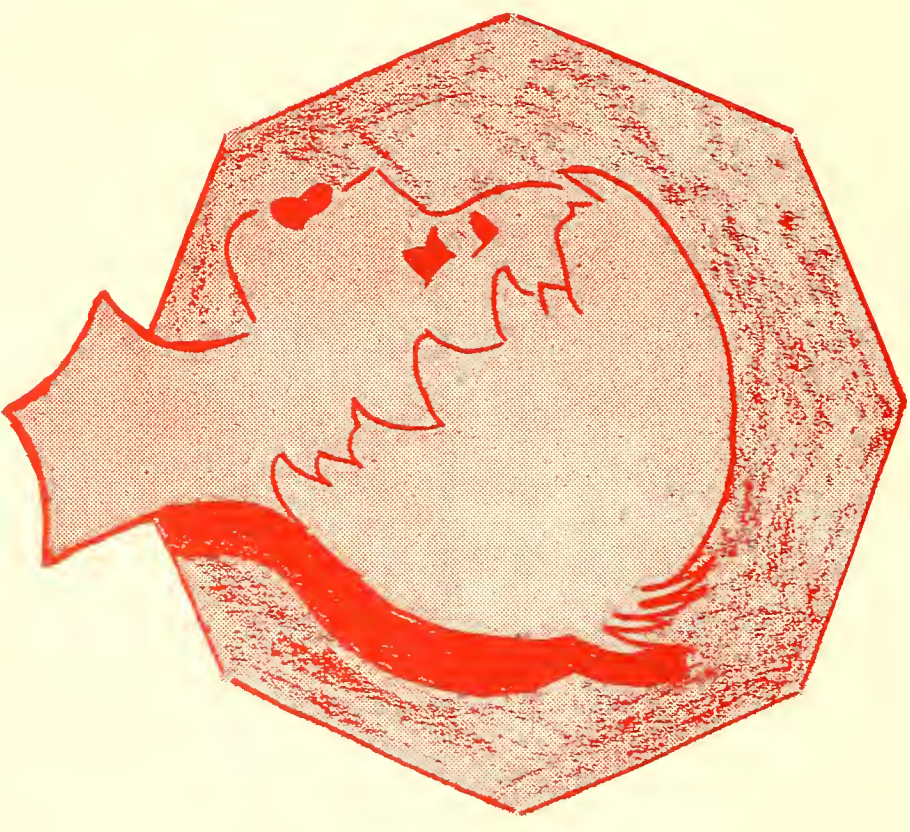
The opportunities in FHA for you,
Picturing hope and courage anew.
Upward and Onward to our goal,
Our Eight Purposes we will uphold.

In building homes we strive to do our best.
We do our work with much vigor and zest.
And even all our lifetime through,
We'll remember what FHA can do for you.

You'll meet with many obstacles,
With some time left for fun,
But let's always heed our motto,
And work "Toward New Horizons."

Roberta Kinder

Harmony Chapter of FHA





FUTURE HOMEMAKERS

★ North Carolina Association ★

Looking for . . .

Some chapters during the past year have been busy preparing and presenting programs on "Family Unity" and and "Family Fitness." You may find some of their ideas helpful in planning your chapter program.



- Presented a skit to members on Civil Defense. They stressed the necessities for family survival in case of an emergency.—Altamahaw-Ossippee
- Panel discussion, "What a Man Expects in His Wife."—Candor
- Panel discussion at PTA meeting, "How Families Can Live Together Successfully."—Cameron
- Showed film, "Teenage Eating Habits" followed by a discussion.—Cool Springs
- Each girl kept an account of what she spent for one month. At the next monthly meeting they compared their expenditures with the annual family income.—Elizabethtown
- The theme of the Mother-Daughter Banquet was "Building Better Homes for a Better World." The speaker concentrated on the development of social, emotional and spiritual well being of all family members.—Valley Springs
- A tribute was made to grandmothers at a chapter meeting. The feature of the program emphasized the important role grandmothers play in family relationships.—Haw River
- A mock fashion show of hats, using the theme "Safety in the Home."—La Fayette
- Debate on physical health versus mental health (helped to establish a better understanding of their close relationship).—Oak City
- Learned simple first-aid measures which one can apply in an emergency.—Norwood
- "Give Your Heart to Your Family," theme during Valentine Week. Family activities were promoted.—Chase

OUR COVER—The reigning FHA Sweetheart is Libby Warwick. On her right and left respectively are Susan Kay Woodall (Miss North Carolina) and Patricia Williams. Libby and Patricia are Future Homemakers of the Hobbton Chapter.

DECEMBER COVER—The attractive young lady on the December magazine cover was Blenda Caulder of the Laurinburg chapter and the two children were Danny and Peggy Chavis.

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Mrs. Elizabeth Reed, Sylva-Webster VIII

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STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

440 chapters.....26,824 members

LIVING IN BALANCE BEGINS IN THE FAMILY

The fourteenth annual conference of the North Carolina Family Life Council was held in Charlotte at the Myers Park Baptist Church, October 22-24, 1961. Two State FHA officers, Dianne Edwards and Rosalee Erwin, attended and reported an interesting and worthwhile meeting.

The theme for the conference was "Living in Balance Begins in the Family." The opening session was a panel presentation "Gaining Perspective: The 'State of Being' of Today's Family—a Balance Between Realism and Idealism." This panel was moderated by Dr. Mildred I. Morgan and composed of the following panel members: Patricia Ann Lawrence, M.D., Charles Starting, M.D., Dr. Carlyle Marney, Judge Willard I. Gatling and Dr. Irwin V. Sperry.

The second session was keynoted with an address by Robert N. Ruth-

erford, M.D., Obstetrician from the University of Washington at Seattle. Dr. Rutherford spoke on "Conserving and Enriching Family Well Being."

At the luncheon Mrs. Robert N. Rutherford, a former marriage counselor, spoke on "The Cleopatra Course-Ways to Reburnish Charm."

During the third meeting of the group a symposium was held at which time various representatives of organizations made their contributions showing how "Dynamic Family Interaction is Accomplished Through Many Channels." Among these speakers was our own Rosalee Erwin, Historian for the North Carolina Future Homemakers of America.

After the symposium the audience was given a choice as to which group meeting it would attend. The sub-

jects presented by a group leader were as follows:

Child from Birth to 6
Early School Age Child 6 to 12
Later School Age Child 13 to 21
High School Students
College Students

The next general meeting used the theme "Preparation for Responsible Family Living" and was highlighted with an address by Dr. Olin T. Binkley, Dean Southeastern Baptist Theological Seminary whose subject was "The Four Religion Needs in the Home."

The last speaker for the three day conference was Frances L. Ilg, M.D., Director of the Gesell Institute of Child Development who chose as her subject "Living in Balance Begins in the Family."

Perhaps at no one conference has so many outstanding speakers been included in a program. We shall long remember the North Carolina Family Life Council Meeting held in Charlotte. We wish every FHA member could have had the opportunity of attending this wonderful series of meetings.

HOME ECONOMICS . . .

. . . and Its Role in Satisfying Home Life

By PETE COOK
State FHA Treasurer

A butcher, a baker, a candlestick maker—have you ever noticed that each of these world-famous occupations is directly connected with home economics? The variety, the quantity, and the quality of home economics careers are almost unbelievable; yet one is available to any person with the desire and ambition to attain such a career.

Perhaps I am more aware than the majority, of the priceless benefits of a degree in home economics because I have a sister who has a B.S. from East Carolina in this field. Now as Mrs. Dolan A. Winslow, wife of a United States Air Force Captain and the mother of two small children, she has the full time occupation of a homemaker. Prior to her marriage Mrs. Winslow was Sue

Cook. She has derived experiences from having studied home economics, teaching home economics, and being a homemaker in Charleston, South Carolina; Tokyo, Japan; and presently Tacoma, Washington. Surprisingly enough, Sue is singing the praises of home economics louder than ever before.

This is what she has to say to you.

Calling all Future Homemakers to the aid of their country! Believe me, all the experience you gain in preparation for your role as a homemaker in the Space Age is of great importance, not only to you, but to our country as well.

In the past five and half years we moved seven different times. Three of these years were spent living in



Japan. I am convinced the life of an Air Force Wife is ever changing. The personal experiences gained from majoring in Home Economics at East Carolina and from teaching for two years in Elizabeth City have proven invaluable to me.

Life in Japan was interesting, but what a challenge it presented! There we were, two rural North Carolinians, living in the largest city of

(Continued on page 6)

Last summer I was fortunate to take a tour of England, Holland, Germany, Austria, and France with singers from the University of Tennessee, where I am studying home economics.

While most of the students concentrated their attention on music. I took the opportunity to increase my knowledge of the European contributions to our American homes.

Since so much of our furniture, fashions and foods has evolved from the European civilization, I was aware of the typical resemblance of our furniture to theirs, but not so much resemblance to our fashions, because it is well known that the American woman is the best dressed woman in the world.

The first stop on our itinerary was London. While most of the singers' time was occupied with the com-

was there any trash, dirt or filth. Everywhere we looked there were unique apartment dwellings with bay windows. I did not see an apartment without lace curtains hanging at the windows and each one was meticulously clean—so clean, in fact, that a passerby could see all the way in the homes. Inside, the walls looked as if they had been whitewashed; outside, the sidewalks and buildings looked as if they had been scrubbed with a fine-bristle brush.

The contrast of Germany to Holland was one of black to white. Germany was a country of war-scarred buildings and Hitler's multi-million dollar and multi-hundred mile Autobahn.

As everyone knows, Germany is a country of Hummel figures, beer-gartens (gardens), and picturesque

—from the preponderant baroque buildings to the unique underground gift shoppes.

As for the dress of the typical Austrian woman—every one that I saw wore dark hose, black spool-heel shoes, white woolen pleated skirts, and usually, brown hip-length sweaters. Not even in Paris did I see an awareness of style among the average French woman as I did among the average Austrian woman. Surprised? I must admit that I was!

While we were in Vienna, we were all determined to see Schonbrunn Palace where the Kennedys and the Khrushchevs had attended a concert only a few weeks previously.

The ballroom was actually gaudy—which is typical of the Baroque influence. Murals were painted on the ceilings and walls. These symbolized cherubs and The Omnipotence.

The predominating colors were gold and blue, while the background of the walls was painted white.

The most interesting room that I saw was the boudoir of Marie Antoinette, the daughter of Maria Theresa. Dainty blue and white printed china squares were used on the walls instead of wallpaper. Gold and white Louis furniture was upholstered in heavy printed blue and white material.

Since the Baroque color for the outside of the buildings was a shade (Continued inside back cover)

European Impressions

By ANGELA UPCHURCH

Home Economics Major, University of Tennessee, Former Future Homemakers Chapter

pulsory concerts, I took time to go shopping.

I had always heard of British tweeds and the quality of them. I was surprised, however, at the relatively few shoppers who actually wore British tweeds on the street. Of course, the material was displayed in the department stores. But the English, being conservative, did not appear to be so enthusiastic about purchasing the woolen textiles as were the tourists.

To be truthful, I looked at some British tweeds, lovely fabrics, but prices were unreasonable once they were converted into our money; therefore, I decided to purchase the typical Scottish military plaid—Black Watch.

From London we took a train to the coast and crossed the English Channel to Holland on a liner.

I do not believe that I have ever been so impressed with the cleanliness of a country as I was with Holland.

One always hears of how meticulous the Dutch are, but not until you can see it for yourself can you fully appreciate the attempt at perfection that these people make.

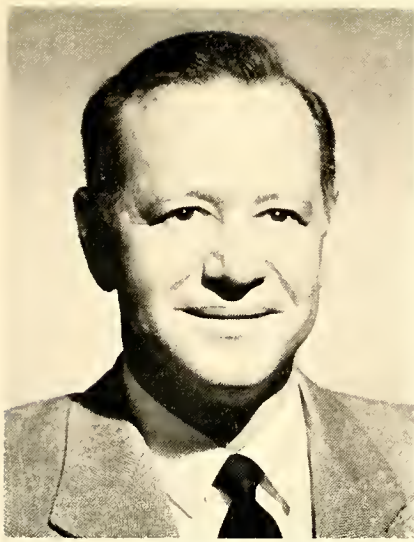
Nowhere that our bus travelled

Berchtesgarden. From one extreme to the other, Germany has almost anything any tourist would want.

Ah, Vienna! What a change from everything we had observed before



Angelia Upchurch as a "Consumer Buyer in Europe."



Convention Speaker

Dr. Walter K. Kerr, who is known throughout the nation and the world for his interest in youth and his leadership of youth activities, will be the keynote speaker at our State FHA Convention.

Dr. Kerr has recently resigned as pastor of the Marvin Methodist Church in Tyler, Texas from which he has been pastor for the past ten years in order that he might give himself full time to youth work in a youth crusade for God and Freedom and has now founded the Walter Kerr Youth Crusade. The purpose of the crusade is to help the youth of America and the youth of the world in their fight for freedom. Dr. Kerr has just returned from a Youth Mission in the Orient. The purpose of the youth mission was to prepare the Korean Youth for the free elections which would be held in Korea in 1966. The young people realized that if they are to have a democracy they must have energy. Dr. Kerr spoke to over 60,000 Korean Youth. Eight thousand were converted to Christian faith. Many of them were Moslems, followers of Confucius and Pagan. Quite significant is the fact that 600 of those converted were communists.

The North Carolina delegates to the National FHA Convention held in St. Louis last summer, had the opportunity of hearing Dr. Kerr and are looking forward to his visit to North Carolina.

A VIEW OF . . .

College Life

By NANCY EDWARDS
State FHA President 1959-1960

High school FHA activities—a memory and teaching home economics in the future—a dream, these are the things surrounding the present of a college student majoring in Home Economics Education. During my freshman year at Woman's College of the University of North Carolina, I became familiar with the staff, curriculum, and fellow students of the School of Home Economics. The first semester orientation course designed to enlighten freshmen of the requirements and opportunities in the field of home economics proved to be extremely informative and interesting. Talks from professors and panel discussions enabled us to learn more about the careers that we were choosing.

The electives for freshman home economics students include clothing, art, and food preparation. Each of these is a one semester course. Art was my first choice and the six hours that I spent in the art lab each week were fascinating. Besides learning the basic principles of design and color, I began to understand and appreciate modern art. Second semester, I exchanged my brush and paints for measuring spoons and a foods lab manual. In Food Preparation I studied the nutritive value, preparation, and preservation of numerous foods. Rather than preparing complete meals, the lab work in this course was concerned with the study and preparation of food in certain groups. Even though french fries and pancakes do not taste good together, they were both included in the lab on fried foods, so we prepared them at the same time.

Home Economics courses were only a part of my freshman curriculum. Classes in chemistry, history, English, Spanish, and physical education kept me busy. Those first quizzes and the term papers that

followed made me aware that college is not as hard as everybody tells you—it's harder.

There is also the brighter side of college life, such as Rat Day. The upperclassmen woke up at the burst of dawn and during the day that followed we gained first-hand experience as underdogs.

Becoming adjusted to living in a small gray room on third floor was an additional hazard. My roommate and I consoled each other with the knowledge that none of the other girls had the privilege of living in the smallest room on campus. There is never a dull moment in a dormitory with over a hundred girls. Bridge parties, sharing care packages from home, and the excitement of mail from a certain male contribute to the pleasant side of college life. In addition Mid-Winters at Wake Forest, fraternity parties, and the Elliot Hall Ball helped to make my first year at college a memorable one.

During the year I also became familiar with the activities of the Home Economics club. A picnic, Christmas bazaar, and informative programs are included in this organization's activities. The Home Economics club banquet in May was one of the highlights of my freshman year. At this banquet I was recognized as the recipient of the Danforth Freshman Leadership Training Scholarship. The last of July, I journeyed to Muskegon, Michigan to spend two delightful weeks in mental, religious, physical, and social training at Camp Miniwaca. Associating with girls from fifty states and several foreign countries reminded me of the National FHA Conventions I attended.

The Future Homemakers Organization gave me a deeper appreciation for the art of homemaking. After graduation in 1964 I hope to become a home economics teacher; so I can help other girls to realize the importance of home economics training as a background for ALL careers.

F. H. A. Camp
May 28-June 2
June 4-June 9

DO YOU District Ra

These pictures no doubt bring to you recognize a familiar pose?

The 1962-1963 officers and advi

DISTRICT I Secretary, Mary C
Mrs. Margaret Fr

DISTRICT II Vice President, Ju
Miss Emily Lois S

DISTRICT III President, Ruth G
Mrs. Myrtle Stogn

DISTRICT IV Recreation Leader
Mrs. Nancy Darde

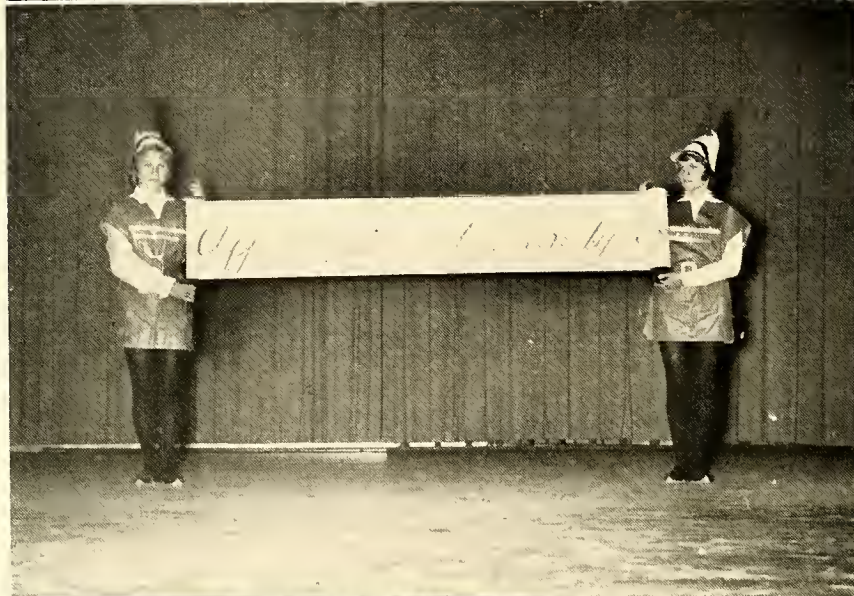
DISTRICT V Historian, Kathy
Mrs. Margie S. E

DISTRICT VI Parliamentarian, Jk
Mrs. Alice Forbis

DISTRICT VII Reporter, Brenda
Mrs. Arlene Patte

DISTRICT VIII Treasurer, Sandra
Miss Barbara Wis

They will be installed as officers ad



RECALL . . .

s Last Fall?

ights of the eight district rallies. Do

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oyner, West Edgecombe
noskie

Smith, B. F. Grady
Elm City

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, Union Grove
Surry

ast, Clyde A. Erwin

s at our State Meeting on March 31.



Getting to Know You

Last year Alice Avett, a student at Hudson High School, selected as her home experience the decorating and preparation of a room for an exchange student. Alice was most interested in making this room furnishings typical of those enjoyed by the average American girl, so that her friend would be truly living American-style.

In August, Claudia Kubin, from Germany, came to America to live with Alice and to attend Hudson High School.

Claudia, and Alice have written the following article to acquaint us with Claudia and some of the German customs.

Claudia Kubin, foreign exchange student at Hudson High School arrived in New York on August 21. She came by ship from Rotterdam, Holland, with about 900 students, enroute to the United States under sponsorship of the American Field Service Program. Claudia is 17 years old, and comes from Heilbroun, a town of 90,000 inhabitants in the southern part of Germany. There she attended one of the six high schools in Heilbroun which is an all-girl school. The students have no choice of their subjects, instead they have thirteen required. During the first four years of high school she had Home Economics which included knitting, crocheting, embroidering, simple sewing, and food preparation.

Claudia is now a senior at Hudson High School and is taking Home Economics II. She is a member of the Future Homemakers of America Club, Future Teachers of America, Honorary member of the Student

Council and Beta Club, and a member of the varsity basketball team. This is a new experience for her, for there are no clubs of this type in Germany.

Claudia is making her home in Hudson with the Reverend Clegg Avett family. Reverend Avett is pastor of the local Methodist Church. She has an American sister Alice, 17 years of age, who is a senior in high school and is very active in school activities. She is taking Home Economics II and is Parliamentarian of the Hudson FHA chapter. Her American brothers are Wallace, who is 20 years old and a senior at Carolina, and Jim, who is 14 years old and a freshman in high school.

In Germany, Christmas preparations start with the Advent season. The last four Sundays before Christmas are called the Advent Sundays. For each Sunday people light one candle on their Advent wreath of fir branches so that on the last Sunday four candles are burning.

On December 6th, "Nikolaus Day" is celebrated. Children put a big shoe in front of their doors before they go to bed and next morning it is filled with sweets and other goodies.

Christmas Eve is Holy Night, the night of Christ's birth. You can find a Christmas tree in every home. The tree is decorated with gold, silver, or colored Christmas balls and little sweets. Burning candles are on the branches of the tree. The smell of wax and the fir tree together with all the delicious confections make for a very festive occasion. Gifts are exchanged and opened on Christmas Eve. Everybody is happy and one can hear the same melody in Germany as well as in America—"Silent Night, Holy Night."

HOME ECONOMICS

(Continued from page 1)

the world. Life was stimulating, exciting, and rewarding; but yet so unlike our parental homelife.

Japan is one of the strategic areas in the Far East, and the battle between democracy and communism is just as prevalent there as in other areas of the world. The Japanese were very interested in our democratic way of life, and it is best as it is practiced in our homes. This is so different from the patriarchal family. My husband flew to most of the Far East and we both went to Hong Kong. From these experiences we have agreed that the American way of life is *the* way of life for us.

Our life as service personnel is full of constantly changing physical settings, separations, and other characteristics that one would consider as threats to our marriage. In spite of them all we have achieved a semblance of calmness and stability, and have found our marriage to be fulfilling and rewarding.

So let me encourage all of you to develop these opportunities for experiences and say that I personally feel much of our present happiness stems from the background in Home Economics. Please remember, in our homes we develop our most vital natural resource and upon this our democratic way of life is dependent.



Claudia Kubin and Alice Avett.

**Final Applications for
State Homemaker Degree
Due In Office of Area
Supervisor On Or Before
February 28, 1962**

Each of us should make a real effort to know our neighbors better. Helping others is not only beneficial to them but to us, also. It is not hard to be nice to people; all it takes is a little giving of ourselves. Why not try smiling and saying "hi" to everyone you pass in the halls at school? Although this may seem strange to you at first, before long it will be the natural thing to do. Simple gestures such as this will make other people happier, and they will remember you for your friendliness.

Another thing you can do is sincerely try to understand others. In other words, find out what makes them "tick." Forget about yourself and concentrate on what your associates say and do. When talking with others encourage them to express their ideas and beliefs. Give them your opinions in exchange. This can afford better understanding between you.

Getting to know and to help others seems to me to go hand-in-hand. There are numerous ways

GETTING TO KNOW YOUR NEIGHBOR

By JUDY CUBBERLEY
State FHA Secretary

your local FHA chapter can help the less-fortunate. Look at some suggestions I have listed below.

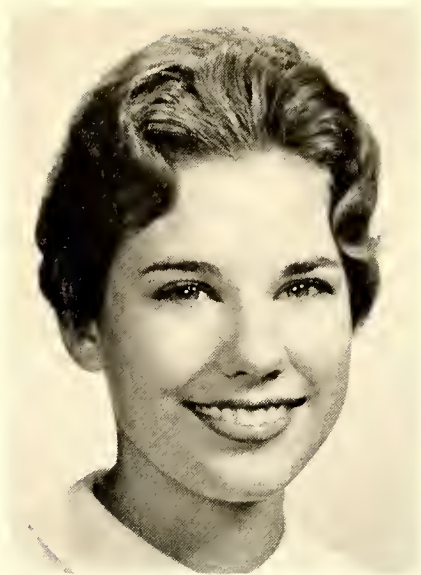
1. Let each girl in your chapter "adopt" a shut-in to visit once every two weeks.

2. Have a magazine drive. Let this be school-wide. Give the magazines you collect to your local hospital.

3. Sponsor a school-wide old clothing and toy drive. Give the articles you collect to your local welfare agency.

4. Take an Easter opportunity.

5. Have an Easter party for the underprivileged children in your community. Be sure to hide eggs for



the children to find. This is fun for everyone!

The happiness you receive from knowing and helping others is well worth your effort. The rewards are many and very satisfying.

Chase Future Homemakers Shared Christmas With Senior Citizens

Christmas was given a special meaning when Chase FHA'ers shared the holiday season with the elderly people in their communities. Before the holidays began each FHA girl was given a sheet of suggestions to help carry out the Chapter project, "Enjoying, Helping, and Understanding Older People." These suggestions were developed by a committee in an effort to help carry out a chapter project continued from last year—"Senior Citizens are Important."

The suggestion sheet included ideas from baking cookies to presenting programs. However, the girls were encouraged to do things which they thought would best meet the needs of an elderly person or persons and give them personal satisfaction and enjoyment.

Many an elderly heart was gladdened during the holiday season due to this project, and a great number of Chase FHA'ers reaped the results of a gratifying experience.

A wide range of activities was carried out by the girls. For exam-

ple, one girl invited an older couple to eat Christmas dinner with her family; another spent the afternoon with a blind lady; some addressed Christmas cards for neighbors; still others made Christmas candy and cookies with their grandmothers; fruit baskets were delivered and visits were made; one took care of her grandparents to give others time off; and others did things ranging from singing Christmas Carols, visiting rest homes, wrapping gifts, and putting up Christmas decorations for older people.

Ninety-five home economics girls took part in making tray-favors for seven homes for elderly people in the county. The girls brought from their homes pine cones, pieces of ribbon, sweet-gum balls and Christmas cards.

After everything had been collected, one day of classes was devoted to painting pine cones, sweet-gum balls, tying ribbon, cutting out Christmas scenes, and putting all this together into 180 lovely tray favors. Each favor carried a Christ-

mas wish and the signatures of the Chase FHA chapter.

At the same time in the other home economics department, traditional Santa Claus boots were being made under the supervision of three State Homemakers Degree applicants. These boots were cut with pinking shears from red broadcloth and stitched with Christmas green. When the boots were finished, they held a Christmas card bearing greetings, the name of the FHA chapter, and a candy cane.

Fifty-five tray-favors were carried to the county hospital to be used on Christmas day.

The three State Homemaker Degree applicants enjoyed delivering all the tray-favors to the rest homes and the hospital.

In summing up our work done on this project, we feel that we benefited more than the elderly people. But, there is one thing we all learned and that is, "Senior Citizens are Important, and they do have something to offer youth, if we will give them a chance."

LIFE IN OKINAWA

By JACKIE EVANS
Millbrook Chapter

My family and I have recently returned from a tour of duty in Okinawa, a small island in the Pacific.

Everything in Okinawa is still very primitive. Instead of the beautiful self-defrosting refrigerators which Americans use, the people of Okinawa preserve their food by placing it in the water at the bottom of a well. Only some of the more fortunate families can afford an ice box!

The Okinawans prepare their meals on a small coal stove, similar to our barbecue grills. The main foods in their diet are rice, fish (either raw or cooked) and tea made of rain water.

The schools are quaint and simple in structure since building materials must be produced by hand. The buildings are constructed of bamboo and rice paper, and are "open air" for summer comfort. The children attend school the year around except for a four weeks period when the rice is harvested and families enjoy festivals.

The people enjoy sports as track, swimming, baseball and fishing (which is also done as an occupation).

The Okinawans manufacture luxurious silks, brocades and wooden statuetes. The art and skill involved in making these has been passed from generation to generation for many centuries.

As we here in America enjoy many of the luxuries of life it is difficult to realize that people of other countries endure many hardships and that their customs are different from ours. Through friendship, and a better understanding of a country's culture, we as Americans can win the friendship of other people and nations and have a peaceful world.

IN MEMORIAM

Jo Cameron
December 28, 1961
Apex District

Have You Remembered the Senior Citizens in Your Community?

By LOU MASSEY
Clayton High School

In planning FHA activities for the year, the Clayton Chapter of the Future Homemakers of America thought it would be fun to share our Chapter activities with a group of Clayton's elderly women. The girls looked around and located six women whom they wanted to adopt as Chapter grandmothers. Notes were mailed to them and each graciously accepted the honor.

Planning projects for these FHA grandmothers has meant lots of fun to our members. As part of our Christmas activities the Future Homemakers visited these grandmothers. Standing outside the windows, the girls, dressed in white

blouses and holding lighted candles, sang Christmas carols. Eager to interpret FHA to our grandmothers, we presented each of them a red rose bearing the symbolism of the rose of our organization.

Reaction from our grandmothers were varied. Their smiles, laughter, and a few tears mixed with a whole lot of gratitude made us realize that we had not only accomplished one of our FHA goals, but we had conveyed the true spirit of Christmas.

Has your Chapter selected grandmothers? Why not add this to your plans next year. Our Chapter has found this to be one of our most rewarding experiences.



Clayton Future Homemakers sing to senior community members.

1962 NATIONAL FHA MEETING

Where?	Hotel Utah Motor Lodge, Salt Lake City, Utah.
When?	July 9-12, 1962.
How Many?	From North Carolina—35—8 adults and 27 FHA'ers.
How Much?	\$275.00 if entire North Carolina quota attends.
National office	for Area Subregion C: Reporter.
Theme:	Guideposts for Progress.
Objective:	To introduce and Interpret the Program of work for 1962-1965 and motivate members to use it.

North Carolina would like to fill its entire quota of delegates to this meeting. Discuss with your chapter the possibility of sending a delegate to glean ideas for projects and activities for your chapter next year. Write to your state adviser soon if you wish to send a delegate.

EUROPEAN IMPRESSIONS

(Continued from page 2)

of sandstone, Schonbrunn was no exception and had been painted sandstone, too.

Wienerschnitzel was my favorite dish throughout Europe, and while I was in Vienna, I ordered it at every opportunity. Wienerschnitzel is actually pork, breaded and broiled. It is a specialty of Vienna and costs only about fifty cents a serving.

From Vienna, we took an overnight train to Paris. As dawn was approaching, I raised the shade of my compartment and noticed the buildings tall and narrow with louvered shutters. There was a similarity between the French and German buildings, the only difference being that the French buildings had louvered shutters that so many homes in America use today.

Truthfully, Paris was disillusionment to me except for the metamorphosis that took place at night when all the street lights were on and glimmered on the Seine. At that time, all the dirtiness and shabbiness that was so evident during the day was hidden for a while.

There was a similarity of Versailles to Schonbrunn with a lot of gold leaf and murals on the ceilings. Even though Versailles is larger than Schonbrunn, Schonbrunn has more rooms. The French garden on the exterior of Versailles was not so impressive as the one at Schonbrunn, perhaps because I saw the one at Schonbrunn first, or because there was no imaginative arrangement of the flowers at Versailles, or maybe because the French did not seem to take an interest in the upkeep of the foliage and plants.

On our landing at Idlewild, I realized that there is no place like the United States with its neon signs, billboards, and brightly colored automobiles. A trip abroad makes one more appreciative of the heritage that is his in this prosperous land and at the same time makes one aware of the European contributions to our society.

Chapter Chatter

Bartlett-Yancey, Anderson, Prospect Hill and Cobb Memorial chapters co-operated with the Danville Fair Committee in September. Future Homemakers from each of the chapters made garments suitable for various occasions and modeled these during the fashion review.

The **Bath, Fuquay Springs, Forest Hills, Sylva-Webster** and **Harmony** chapters are participating in the National Finance Committee project. The objective of this work is "to help Future Homemakers recognize the various expenses they must face upon entering college, a business school, or some other institution of higher education." Elizabeth Powell of the Fuquay Springs chapter is North Carolina's official committee member.

A new refrigerator was presented to the **Beaufort** homemaking department by the FHA chapter. The money was raised through the sale of cards, candy and dish cloths. The girls are now raising money to buy trays and cabinets for the department.

The **Chinquapin** chapter gave its Mother-Daughter Banquet on December 13, in the school cafeteria. A red and green color scheme was used in the decorations. Each mother received a red or green hat pin cushion.

Mrs. Edwin Lanier, formerly from Wisconsin, spoke on the comparative differences in food habits. One example of a strange food eaten in Alaska was moose which could be served twenty-three different ways. She explained that traveling could be intriguing and educational.

A visit to a Slimorama studio was a feature for the October meeting of the **Durham** chapter. An illustrative lecture on hair care, styling and figure control was of primary interest.

The **Elm City** chapter honored their mothers at a Mother-Daughter Banquet at the school on November 21. A Thanksgiving motif was used throughout the banquet room and gave a background for the theme "Harvest Time." The theme was carried out in the use of yellow mums, cornucopias, Indian corn and ivy. The program started with "What is Thanksgiving?" a skit written by an FHA member. Miss Alice Strawn, field teacher trainer at East Carolina College, was guest speaker and talked on "You and Home Economics—Today and Tomorrow." Honorary membership was conferred to Mrs. Fred Davis, a chapter mother.

This has been quite a busy year for the **Hobbs** Future Homemakers. The year was started in August by selecting a chairman for the following committees, Miss Hobbs Pageant, Sweetheart Ball, Mother-Daughter Banquet and Degrees of Achievement Committee.

The degrees committee drew up standards for degree work. The Declaration of Intentions were filed by 30 girls and 13 girls have passed the first standards set up by this committee.

On November 17, the annual Miss Hobbs Pageant was presented by the Hobbs Future Homemakers of America. This is their way of demonstrating "Youth Can Do."

On December 22, the members honored their sweethearts and crowned a senior girl as sweetheart of the dance.

During the first week of December the FHA beau was selected and will be recognized at all functions and in the school annual.

Nash and **Franklin County Bi-County** rally was held at Coopers High School. Mr. C. Ray Privette, a faculty member at Louisburg College, was guest speaker for the rally. He centered his remarks around the theme, "Youth — Measure Your Values."

The **Oxford** chapter visited the Bryant's Rest Home during the Christmas holidays. The girls shared Christmas verses, poems and carols with the patients. Later they returned to the homemaking cottage to enjoy refreshments.

The **Robeson County** FHA chapters sponsored their first county-wide officers training workshop, on October 26, at Littlefield High School. The program on Parliamentary Procedure was presented by the officers of the Littlefield chapter of the Future Farmers of America. Each officer attended her respective workshop. The workshops were designed to promote more effective work and leadership by the officers. The area supervisor and state adviser were present for the meeting.

In the fall, the **Shelby** Future Homemakers practiced food preservation and entered products in the Cleveland County Fair. They also prepared a booth "Between You and Destruction," stressing food, water and equipment necessary for survival.

December 6, was the highlight of the year when the **West End** FHA and FFA held their first joint banquet in the new school cafeteria.

The guest tables were centered with a Christmas arrangement made by the Future Homemakers.

Reverend Dan Norman, Minister of the Eureka and Lakeview Presbyterian Churches spoke on "Youth—Measure Your Values."

A feature of the evening was a panel discussion in which parents and students discussed, "Does Father Know Best?"

The **North Buncombe** FHA held a Christmas skating party Monday, December the eleventh at Spud's Roller Rink. Most of the girls who attended were not very good skaters and the ones who could skate were kept in laughter by the antics and mishaps of the non-skaters. Several games were played, the most interesting one being the one in which the girls exchanged comical gifts with each other. After the gifts had been opened each girl was asked to make up a poem about her gift.

On Monday, December the eighteenth, several FHA'ers took fruits to the Parkway Nursing Home to give to the elderly folks. After the fruits had been distributed, the girls sang carols. The people were delighted at hearing the familiar old songs and the girls delighted at singing them.

For an after Christmas project the FHA is sponsoring a drive for Christmas cards. The cards will be sent to missionaries in foreign countries. The entire school has been asked to help with this project.

As another project the Club has voted to send money to Medico. The money will come from several fund-raising projects of the Club.

IMPORTANT EVENTS! !

National FHA Week
April 1-7.

:- :- :-

State Convention
Memorial Auditorium
March 31.

CAROLINE SAYS:

WORLD

Love has many voices.

It speaks in the eyes of a child with a pet,
in the smile of a mother holding her new-born,

in the touch of hand upon hand when the
way is narrow and the darkness
blinding.

Love says, "I am your friend. You are my
friend.

Together, we make a world."

Text by Anne Renick

Minutes, Nationwide Insurance Co.



A TRIBUTE TO THE NEW CHAPTERS OF 1961-1962

Alexander High School

Bowman High School

Brevard Jr. High School

Charles B. Aycock High School

Clayton High School

East Davidson High School

East Montgomery High School

East Surry High School

Ellenboro High School

Gaston High School

Greene Central High School

Jacksonville High School

Jordan-Matthews High School

Ledford High School

Leland High School

Lillington High School

Louisburg High School

Thomasville Jr. High School

Maxton High School

Middlesex High School

Mount Airy High School

Newton-Conover High School

Parkwood High School

Pittsboro High School

Rohanen High School

Spring Hope High School

South Rowan High School

Sun Valley High School

Surry Central High School

Union High School

Waco High School

West Lincoln High School

Wilson Jr. High School

Wilson Mills High School

Youngsville High School

CC40
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Youth Can Do



FUTURE HOMEMAKERS

★ North Carolina Association ★

Show Your Community that “Youth Can Do”

RACHEL FARMER
Bailey Chapter

Has your chapter decided on a project for this year? Perhaps you already have, but if you have not, why don't you select one? Projects are just as helpful as a news article in obtaining favorable recognition from your community.

If you are lacking ideas why don't you go to the town council, the mayor, or some of the civic organizations for help. They will be glad to help you get started because they like to see their young people taking some initiative.

My local chapter has tried to have one community project during every National FHA Week.

We have, in past years, had a clean-up drive, cleaned the firehouse and made cookies for the older citizens and shut-ins.

Each year, the people in your community are asking for volunteers to help with the March of Dimes and the Heart Sunday. These make excellent projects. You could participate as an individual person or your chapter could lead the drive.

Last year our club had its first Hobo-day. When the people of our town found out how strenuously our girls worked, they were extremely surprised and proud.

Girls, we are members of that notorious group called “youth.” We have to prove ourselves many more times than other groups do.

As Future Homemakers we can establish projects and by carrying them out we prove to the American communities of today that the youth can do, and are doing.

OUR COVER—Doris Young, President Beaufort Chapter, picks flowers for adults in the community during National FHA Week.

MR. ALTON DANIELS will make 8 x 10 glossy prints of convention pictures. If pictures are desired, send \$1.50 per picture to the State Office by May 20.

North Carolina Association of Future Homemakers of America

State Officers 1961-62

President—Kakie Jordan, Cary IV
Vice-President—Ruth Guin, Stedman III
Secretary—Judy Cubberley, Fike II
Treasurer—Mabel Louise Cook, Perquimans Co. I
Historian—Rosalee Ervin, Winecoff VI
Parliamentarian—Linda Faye White,
Union Grove VII
Reporter—Diann Edwards, Rutherfordton-
Spindale VIII
Song Leader—Jan Ross, Altamahaw—Ossipee V

District Advisers 1961-62

Mrs. Marjorie Spencer, Tarboro I
Mrs. Norma Yelverton, Lee Woodard II
Mrs. Retha Thompson, Williams III
Mrs. Gladys Farnell, Fuquay Springs IV
Mrs. Hazel Tripp, Madison-Mayodan V
Mrs. Mary Copple, Mount Holly VI
Mrs. Dorothy Felts, East Rowan VII
Mrs. Elizabeth Reed, Sylva-Webster VIII

State Adviser
Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

442 chapters.....26,827 members

Girls, Get Wise to Your Future!

Economists, sociologists and psychologists are all suggesting that the next five or ten years are going to bring dynamic changes in our civilization that will directly affect the women's role in the home and in the labor market.

Needless to say, grandma's role seems to have been a rather uncomplicated life though one which required great physical stamina. She was charged with the task of rearing a large family, staying in the home to provide some of the basic necessities as making clothing, preparing food which was locally grown and all without the aid of our modern-day time saving devices. The home and the family were her primary concerns.

The American girl today still holds to those values of providing a home and rearing a family, but many other serious factors are effecting her role in the home and complicating her tasks. Economic necessity, more advanced training of women—many in the fields which were primarily for men—conquest of disease, innovation of many laboring saving devices to eliminate long hours devoted to home care, fostering of female talents and the longer life span of women are forcing a reappraisal in the values girls hold for the future. With a longer life span and hours being freed from doing household chores, neither housework nor the rearing of children can absorb all of our lives. Even today authorities tell us that the average girl who graduates from college will work outside the home for twenty-five years. Girls with less education will work for a longer length of time.

The available manpower is decreasing while there is an intensifying increase in demand for workers just to feed, house, clothe, educate,

and maintain health of an expanding population. Add to this the people needed to produce the extras and luxuries that we demand and the materials, equipment and machinery which must be maintained in order for this country to maintain its place in a tense and technological world that is engaged in a struggle for survival. Clearly we see that *women* will have to take employment outside the home, that they will have to assume a dual role as homemaker and wage earner and that they will have to be educated for these dual responsibilities which for many girls begins at an early age.

Studies by psychologists indicate that before marriage girls of every socio-economic level eagerly give lip service to the idea of working after marriage but, once married, inwardly and often disastrously resist work. High school girls even confess that early child rearing is a good way to get out of the work-a-day world. Two surveys in the midwest give some evidence on this attitude. One hundred young married women, with preschool children, yet working at full time jobs were interviewed in a city of medium size. The education of this group ranged from a well-paid principal to an undereducated, unskilled worker in a factory. Eighty-five per cent of the group reported that they had never expected to work after marriage. The remaining fifteen per cent stated that they had not planned to work full time after the birth of the first child.

The need to make a living for the family is given as the reason why women work. Recent figures suggest that almost 20 per cent of all families are supported by a woman's earnings. Even in households headed by a man, many women share heavily in breadwinning because of illness,

aged parents, inflation or costs of educating children.

Let's look at the future of girls and women not through rose-tinted glasses but viewing the future more realistically, for the majority of girls will assume that dual role of mother and wage-earner. Preparation for this dual role is essential. Take a fresh look at self-understanding and understanding other people. No longer are we self-sufficient for relationships are so complicated and interrelated that we must strive to get along with our fellow man in job occupations, in helping maintain national economy and in giving the family members more advantages than can be secured by the earnings of the head of the family.

How will we meet the compromise situation of family and outside employment? We can begin now to avail ourselves of every opportunity for a good education. Seek guidance in deciding on a future vocation and begin even now to cultivate attitudes and skills which will enable one to have a rewarding life even as dual responsibilities are being assumed. Management of one's time, energy and money in managing the home, skill in food preparation for nourishing meals, sharing in decision making, and much preplanning will be needed in maintaining a satisfying family situation. This is where some home economics education will be invaluable help in later life.

Though less time may be available to spend with the family, we can emphasize quality through well-planned family participation in all activities. Gaining insight into how family living changes in its various stages and learning to make choices in terms of family practices, standards and values is all a part of the educational process for the future for good family life.

National Youthpower Congress

GLEND A EMORY

The National Youthpower Congress, an organization dedicated to the purposes of improving the nutritional status of youth and interpreting some of the careers available in the food industry, was held in Chicago, Illinois March 28-31.

Twenty-three states sponsored delegates to this meeting. Included in the delegation from North Carolina were Karen Cash, Hoke Smith, Marilyn Timberlake, David Crockett, Ann Daniel, Larry Whittington, Woodrow Carroll, Jr., George Kyle and myself, Glenda Emory. Each of the delegates represented a youth organization as 4-H Club, FFA, YMCA, Youth Fitness Commission, Boy and Girl Scouts and the FHA.

At the beginning of the meeting the delegates were divided into eight small discussion groups. The topics for discussion dealt with nutrition, fitness, family meal patterns, advertising misinformation, distribution of food products, manufacturing, and agriculture. Mrs. Muriel Wagoner, a nutritionist, stated that teenagers who believe that certain foods should be left out of the diet, simply because in large amounts they may add additional weight around the hips and waistline, should reconsider their selection of food. All foods are nutritious and should be included in the diet but it is not desirable to include

an abundance of one food to the exclusion of others.

Rarely do we read a newspaper, magazine or watch television that we do not see a product promising to help us reduce those "ugly pounds." No less frequently do we read of a woman who lost 125 pounds as she followed a "fad" diet. Quick reduction of weight, especially when the food may lack the daily nutritional requirements, often causes serious harm to the body, by making it highly susceptible to disease. We must not confuse those foods high in nutritional value with those high in caloric content. Foods may be very rich in nutrients and very low in calories and likewise those foods high in calories may contain only a small quantity of nutrients.

Recently with the anxiety over national problems, both parents working, and diversified family interests, the family meals are frequently not a time of fellowship and enjoyment, but rather a hasty snack prior to getting away to a meeting or a date. Teenagers across the nation recognize this serious problem and encourage more family meals together, and more time spent enjoying and knowing other family members. This is a problem in which the solution must be shared by both adults and youth.

Karen Cash, an FHA member in the Forest Hills chapter, was



elected one of the four "Top Teens" because of her participation in the discussion group on proper nutrition.

Delegates gained a greater insight in food production by touring some food processing companies as Swift and Company, National Dairy Council, and the Corn Products Company.

Mr. Bob Cox of Chapel Hill spoke at the closing assembly on "Food and Youth Fitness." We were reminded that food and exercises are both essential for building a strong mind and body.

We left the meeting with a determination to improve our own dietary patterns and habits, to help our families to recognize the importance of family meals together and to encourage our friends and associates to eat better in order to look and feel better.

Have you taken a good look at yourself lately? WHAT do you see? Is there a sparkle in your eyes, glow in your skin, brightness in your hair, bounce in your step, and a pretty shape to your figure? These are basic for a natural beauty.

A beauty diet is a habitual, lifetime program of eating, for beauty is really a by-product of good health. Scientific research studies reveal that girls' diets during the teen years are less adequate than boys because girls are always trying to lose weight. Cast aside any false ideas you may have about diets and learn how you can gain or lose weight with nutritious food that can reap huge beauty benefits.

Because so many young people have neglected to eat properly, we

For Natural Beauty

KAKIE JORDAN
FHA President

have been accused of becoming soft and not measuring up in fitness with the youth of other countries.

Being concerned about this problem, President Kennedy has set up a National Commission for Youth Fitness. Governor Sanford has also set up a steering committee to plan a teen fitness program for our state.

Last summer this committee made up of different youth groups such as the Boy Scouts, Girl Scouts, 4-H, FFA, Future Homemakers and the advisers of these youth groups met two times to discuss the fitness program in North Carolina and what could be done to improve teen nutrition. The theme for the meetings was "Fitness is Everybody's Business." Through general discussion, the following ideas were considered by the group for their "action program":

1. A set of slides on nutrition be made available to local groups
2. Fair booth at state and county fairs
3. Greater participation and emphasis on Youth Fitness Week

(Continued on page 6)

A Small Child Took My Hand

JO MARSHALL
Southern High School
(Durham County)

After much contemplation concerning what to do for my home economics projects, I hopefully arrived at the North Carolina Cerebral Palsy Hospital. As I walked down the well-waxed halls, I felt as though I were a job applicant rather than a volunteer aid. A small toffie-haired fellow incased in a neck brace and crutches, calmly proceeded to inquire as to whom I might be. Having a brother near his age, kept me from being startled by his boldness, and yet I found myself wondering if children with cerebral palsy were not different from other children. I knelt down beside him and thrust out my hand and announced just as seriously as he had asked, that I was Jo.

Miss Ava Albritton, head-nurse for the Cerebral Palsy Hospital, led the way down the hall to meet the children. We went into a large room with a television and a hundred children crammed into it. After proceeding through the traditional process of being introduced to the children and the girls who work with the children, I felt all the workers eyes looking in my direction. Evidently they were either waiting to see my reaction to the children or to see whether I would pivot around and leave. I tried to make the muscles in my face untighten and I faked a nonchalant expression and made my way through the mass of wheel chairs, crutches, walkers and beds on rollers to a little boy lying on the floor. I went from one child to another, getting each to smile and talk to me. I put my "rubber face" to use, and got them to chuckle. I caught a wink and an "A.O.K." sign from one nurse to another and knew that I had received their approval.

When I arrive at the hospital in the afternoon, the children are in the recreation room playing. Some want you to read a book to them the moment they catch a glimpse of you coming around the corner. I always



go "table hopping" and speak to each child. It seems very important to the children to remember their names, so I have learned almost forty of the children.

When the children talk, they always like to hold or touch your hand. They are fascinated with my watch and ring. One little girl named Cora, often stops me to listen to her spell

"arithmetic" and everytime it is spelled incorrectly.

When the children are prepared for dinner each must have a bib in place. Each child has a specific seat at dinner and before the food is served each must drink a glass of milk. I feed two children, one who has both hands in braces, both legs in braces, and who must lie on a bed on rollers all the time.

After the children are dressed in their night clothes they go back to the recreation room to watch television. I stay with them to try to mediate arguments and to shift wheel chairs and beds so everyone can see the screen.

Now that my project is almost complete I realize that children at the Cerebral Palsy Hospital are not miserable, mistreated or rejected but are happy rather normal children. All the time spent in helping at the hospital has provided a deep and rewarding experience—an experience which has aided me as I grow and mature into an adult.

Baby Sitting for Love and Money

PAM COUGHENOUR
Laurinburg Chapter

Baby sit? I love it! I enjoy baby sitting because I love to see the cute expressions that children have, but most of all I like to be with them and



take care of them. Besides I get most of my money from babysitting.

In school we learned to organize a babysitting kit. A kit includes pad and pencil, sheet with important information, snack, flashlight, sweater, apron, one or two no-cost gifts, book to read or homework. I haven't been using the babysitting kit long because I just learned about it this year, but I have found that everything becomes easier with the right equipment.

The parents of the children you keep will feel more comfortable and happier if you use the babysitting kit. It shows the parents that you have a real interest in babysitting.

Here is a comment from one mother:

"I think the babysitting kit is marvelous! It is so reassuring to see the sitter coming prepared to work. It is nice to leave home knowing the telephone numbers and any special instructions are written down. It is so easy to get rattled when things go wrong. Written instructions help to prevent this."

I think the babysitting kit is a huge success. It has helped to keep our telephone ringing for more babysitting—for love—and money.

A Penny Saved, A Penny Earned



Polly Whitaker demonstrates the steps involved in covering a pair of shoes. In photo number one, she has covered the front of the shoe with glue and, making sure the point of the fabric is at the toe of the shoe, she's preparing to glue the fabric to the shoe. In the second picture she's carefully smoothing the fabric. Notice that there is about $\frac{1}{2}$ inch overlapping. This overlapping is trimmed (picture number three) so that just enough is left to push under the sole as Polly is doing in the fourth picture. The fifth photo is of another shoe, all finished except for the heel. One side of the fabric has been glued down, just past the center seam, and Polly is bringing the other side over it and turning the rough edge under. In the last picture Polly models her shoes which match the jacket and blouse of the suit she made. (A demonstration on covering shoes will be a feature at camp.)

FHA AIDS MOBILE DENTAL UNIT

BETSY WARREN
Prospect Hill Chapter

"I haven't decided on a vocation to pursue when I finish high school." This statement was one frequently heard at the Prospect Hill High School this year.

Realizing the importance of finding some answers to the problem, the Future Homemakers decided to investigate some local opportunities for further vocational training.

Some students were interested in becoming a dental assistant when they finished high school, some first-

hand experience was very helpful in reaching a final decision.



Faye Pruitt of Prospect Hill Chapter is shown serving as dental assistant to Dr. Lewis Lamb, dentist with the mobile unit.

Dr. Lamb, a dentist, was hired by the state to operate a mobile dental unit at various schools. Of course, he needed an assistant, and while it was his usual practice to have adults in the community to serve in this capacity, he agreed to let some of the more interested FHA girls take on the task.

This idea proved to be a success either way you look at it. It has given North Carolina at least one more future dental assistant and it also helped some of the girls to decide that they did not want this type of work.

ENRICH YOUR LIFE THROUGH READING

CAMELIA HOWELL
Statesville Sr. High School

Early last fall I became interested in many and varied subjects related to homemaking. Though some of the subjects are included in my homemaking classes, I needed to read from several sources in order to secure further information in each of the areas.

The subjects of particular interest were: beauty care, family relations, flower arranging, baking, knitting, and refinishing woods. I selected books and magazines in the local library that gave step-by-step directions and information on each of these subjects.



After studying the literature, I made flower arrangements, baked some foods for my family and even refinished some large antique picture frames which now hang in our living room. A long-term project I selected was knitting a sweater for a friend, which I hope to finish by Christmas 1962!

I would recommend a similar project for all girls who are interested in learning new techniques and ideas. Through this experience I have learned how to look for information I need and once I found the information I adapted it to my own interests and needs. Certainly the project will better equip me for my future role of a homemaker.

FHA'er Uses Home Economics To Bring in Profits

GLORIA REYNOLDS
Southern Pines High School

Are you wondering how you can finance invitations, cap and gown and all of the other necessities for graduation? I was faced with this problem last fall, and as I thought about it, I decided that I could put my home economics education to work for a profit!

After hearing some ladies in my community express a desire to know how to sew, I decided that I would teach an adult clothing class.

On November 6, my two pupils, Mrs. Talbert and Mrs. Boyette, and I met at Mrs. Talbert's home. There we discussed quality of cloth, the pattern, the guide sheet, and sewing terms. We also discussed the layout of the pattern on the fabric and how much extra fabric should be bought if it has a nap. I also explained that all pieces of a pattern should be cut running the same way on corduroy. Then they asked me questions and I answered them the best I could. This first lesson lasted approximately two hours, after which Mrs. Talbert served refreshments.

Our second lesson took place on November thirteenth. My pupils had their patterns already laid out on their fabric and I checked the layout. Mrs. Talbert had chosen a straight skirt and weskit of wool plaid. Mrs. Boyette chose purple corduroy slacks and white broadcloth blouse.

After I had checked the layouts,

they cut their fabrics, however, for the corduroy slacks, we had to make a slight hip alteration before cutting.

After cutting out their garments, I showed them how to mark their darts with tracing paper and wheel or tailor's tacks. This lesson also lasted approximately two hours.

Our third lesson together consisted of sewing. Mrs. Talbert and Mrs. Boyette took turns using Mrs. Talbert's machine, while I supervised.

On Saturday, I helped Mrs. Boy-



ette individually at her home. We completed her garments except hemming the blouse and slacks. I showed her how to clip the seams of the slacks and hem them.

The following Saturday, I helped Mrs. Talbert individually, and we completed her outfit.

My sewing classes were completed the first of December. I now had enough self-confidence to sew for the community. My greatest need was money for my graduation invitations. I began by making buttonholes for my neighbors. My homemaking teacher obtained a price list for machine and bound buttonholes from Singer Sewing Center. With only about four dollars earned from making buttonholes, I still needed money for invitations.

A neighbor wanted a coat renovated—so why not me! I removed the large collar—cut a smaller one and added a velvet upper collar. The coat became a lovely Chesterfield and I added four more dollars to my account.

The invitation money was due in one week—the day Christmas holidays began. A friend needed a dress for the holidays. I had just enough time to make a basic blue wool sheath, fully lined. With eight dollars for making the dress, I now had sixteen dollars which was exactly the price of my invitations.

The class and my other sewing experiences were fun and rewarding. Even though I have my invitations, I plan to continue making buttonholes and garments as a means of earning money for necessary graduation expenses.



North Carolina's nominee for the office of National Recorder is Ann Putnam from the Shelby Chapter.

Youth Asks Home Economists

LINDA EVANS
Chicod Chapter



I selected an experience which I called "Careers In Home Economics" for study and investigation last fall. The basic reasons for my choosing this experience were to better acquaint myself with the various careers in the field of home economics, and to analyze my own personal abilities, interests and characteristics, so that I might decide on which phase of the field I was the most interested.

I planned personal interviews with

seven home economists in the area around my home. These people represented college teachers, heads of departments, high school teacher, homemakers, and the Extension Service. I wrote letters to the home economist at Virginia Electric and Power Company, Colonial Stores and to the State FHA Adviser. Each of these people told me why they had majored in home economics and also why she enjoyed her work in her particular chosen field.

I secured references relating to my subject, and with the information I had gathered from various sources, I wrote an article on "Home Economics As A Profession" for our local newspaper and recorded an eight minute radio program.

I think the most important thing I learned from this experience is the new-found respect I have for the field of Home Economics and those people who are in it. Not only is it an interesting work, but also a very necessary and important work.

FOR NATURAL BEAUTY

(Continued from page 2)

4. Schools
 - a. Health classes after school for everyone
 - b. Wasted food displays used in lunchroom
 - c. Animal experiments used with white rats
 - d. Emphasis on nutritious snacks for teens such as collard sandwiches

What is our responsibility as Future Homemakers in this fitness program? With a little imagination and initiative, numerous ideas can be put to work!

Films such as: *America Learns to Fly* (with nutrition), *More Life in Living*, *Skimpy* and *a Food Breakfast*, and many more can be obtained from your local health department. Panels, debates, or discussions entitled: *A Good Diet Today*, *Investment Tomorrow*, *Food and Fads in Relation to Nutrition*, could be presented. Classroom groups could study menus at local restaurants. "Fads for Nutrition" could be started in school encouraging groups to serve milk drinks at parties and to eat lettuce, carrots, or fruit for

snacks. Posters entitled, "Are You Beautiful?" surveys on how many students eat breakfast, and displays showing food wastes could be used to remind us to eat properly.

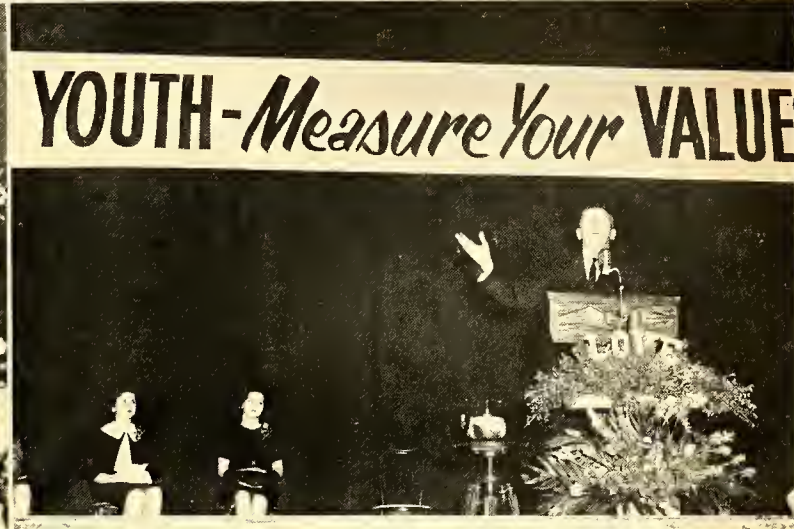
With the realization that good eating habits can improve natural beauty, it should make an impression on every good Future Homemaker to eat the proper foods in the proper quantity daily. All of us are patriotic and believe in helping our country to be strong — this is the way we as Future Homemakers of America, can help!

STATE HOMEMAKER OF TOMORROW

Miss Doris Elizabeth Holton, a senior at Thomasville High School, is North Carolina's 1962 Betty Crocker Homemaker of Tomorrow.

As state winner, Doris will receive a \$1,500 scholarship, which she will use as a home economics major at Woman's College in Greensboro.

Carolyn Sue Daggy of North Mecklenburg High School, Huntersville, rated second in North Carolina and will receive a \$500 scholarship.



CONVENTION HIGHLIGHTS

Memorial Auditorium, Raleigh, North Carolina was the site for the 16th annual convention of the North Carolina Association of Future Homemakers of America on March 31.

Even though April showers came in March, the spirits of 4,459 excited Future Homemakers showed no signs of being dampened, for this was the day we had eagerly awaited!

The Honorable Terry Sanford, Governor of North Carolina, spoke to the delegates on "Youth—Measure Your Values." The Governor challenged us to examine our values of education and good home and family life. "The youth of our state can do much to strengthen an educational system," he stated, "by realizing the value of an education now in order to prepare for a future vocation and a satisfying personal and family life." He further stated, "that it is not enough to provide beautiful schools and excellent faculty, that youth must strive for excellence in learning for a future based on rapid change and expanding opportunities."

Participating on the program in addition to the state officers, were representatives from Chase, Clayton and Hobbton chapters. The Moore County chapters

BRENDA TEMPLETON
1962-1963 State Reporter

presented a pageant "Salute to the Stars and Stripes" during the afternoon session.

Weldon Faircloth, vice-president of the North Carolina Association of Future Farmers, brought greetings from the FFA organization.

Mrs. Ernestine Frazier, State FHA Adviser, reviewed plans for the 1962 National Convention. These plans were especially exciting for those delegates who will be the official representatives from our state on July 12-15.

State Homemaker Degrees were awarded to 198 girls who have made outstanding contributions through their projects and experiences this year.

Honorary memberships into the association are awarded annually to those persons who have made outstanding contributions to the education of our youth. Memberships this year were awarded to The Honorable Terry Sanford, Governor of North Carolina; Mr. C. W. McCrary, President, Acme-McCrary Corporation; Dr. Gerald B. James, Director of Vocational Education, State Department of Public Instruction; Mrs. Helen L. Curry,

Assistant State Supervisor of Home Economics Education; and Mrs. Ernestine H. Frazier, State FHA Adviser.

Ann Putnam from Shelby, North Carolina was elected North Carolina's nominee for National Reporter.

Presentation of the district advisers and the installation of the 1962-1963 officers was conducted by our charming 1961-1962 president, Kacie Jordan. The 1962-1963 state officers are as follows: Mary Catherine Joyner, Secretary, District I; Judy Faye Smith, Vice President, District II; Ruth Guin, President, District III; Judy Horton, Recreation Leader, District IV; Kathy Bean, Historian, District V; Jackie Greene, Parliamentarian, District VI; Brenda Templeton, Reporter, District VII; Sandra Pendergrast, Treasurer, District VIII. The district advisers were introduced in order of district I-VIII: Mrs. Margaret Freeman, Miss Emily Lois Stephens, Mrs. Myrtle Stogner, Mrs. Nancy Darden, Mrs. Margie S. Eller, Mrs. Alice Forbis, Mrs. Arlene Patterson, and Miss Barbara Wise.

Our retiring president had remarks of gratitude for the entire group, after which time the incoming president, Ruth Guin, took charge of the closing ceremony.

Members of the **Beaufort** FHA achieved their last goal of the year when two totetray cabinets with seventy-two trays were installed in the homemaking department.

"Being Better Teen-age Consumers" has been the objective of the **Benson** Future Homemakers this year. Members have been very busy selling products, collecting clothes for overseas relief, planning a tea and banquet to honor their mothers and participating in the District IV Rally.

"Youth-Know Your Values" was the theme of the **Benvenue** chapter Mother-Daughter Banquet.

The dining hall was beautifully decorated with the clubs' colors. Each table, covered with a white cloth, had as a centerpiece, red styrofoam letters—"FHA"—used alternately with white candles and red net in crystal candle holders. Peppermint carnation corsages and favors were the group sounded a note of warning to at each of the guests place.

Dr. Catherine T. Dennis in speaking to the girls concerning the importance of obtaining all the education of which they are capable. She cited the limited number of jobs open to high school graduates. She also quoted figures showing the odds against the success of marriage among the very young.

Ninety-seven girls were presented certificates and pins in recognition of achievement in the degree program.

Mothers of the **Canton** High School members were entertained at a delicious buffet dinner in February. A valentine motif was used in the decorations. A skit, "Builders of Homes" was presented following the dinner hour.

Sale of the cookbook, "Favorite Recipes of America Home Economics Teachers," has been a successful project of the **Clarkton** chapter.

With the purpose being "to provide wholesome individual and group recreation," the FHA invited the FFA to help plan a Valentine Hop. This was a most enjoyable event and there are plans to make it an annual affair.

The home economics cottage, decorated with roses and azaleas, provided the setting for the **Farmville** Mother-Daughter Banquet. The guest speaker was Miss Alice Strawn from East Carolina College. The title of her talk was "You and Your Future." Miss Strawn encouraged the girls to at least finish their high school education and then take further training to be equipped for making a living. Miss Strawn gave good advice to her listeners with these words: "Keep morally sound. I know Pitt county and I know the type of background you have had. Keep those morals given to you when you go out on your own."

Miss Judy Cubberly, state secretary, gave a report on the national FHA convention held in St. Louis last summer at the **Fike** High School Mother-Daughter Banquet.

Mrs. Frazier, state adviser, then gave a talk, stressing the value of setting ones goals early so that they might measure their values.

An explanation of the purposes and aims of FHA was presented by Sylvia Vick.

A song and dance routine, "Through the Years," was given by several of the members.

Faye Jenkins was awarded the Betty Crocker Home Economics Award.

Chapter Chatter

A special treat was in store for the monthly meeting of the **Fuquay Springs** chapter held on Thursday, April 12. Because of the unusual and outstanding program, the entire high school was invited to attend the meeting.

The meeting opened with the FHA ceremony, presided over by Miss Jeanne Farabow. Mr. E. N. Farnell, principal of Fuquay Springs School, introduced Mrs. Sherrill Akins, the first state FHA president. Mrs. Akins commented on the beginning of the organization and expressed pride at being a member of the FHA. Miss Becky Capps introduced the special guest speaker, Mr. James Madhu of India. Mr. Madhu is principal of one of the largest mission schools in India. He is a dedicated Christian, and came to Duke Divinity School to become a more efficient lay preacher. He has a master's degree from Syracuse University. In June, he will return to India to his wife and four children and continue his work.

Mr. Madhu spoke to the audience on the role of a wife in India. He said most of them were uneducated, as the men in India did not believe in the woman working outside the home. He also said the women were very humble, and considered their husband the "god" of the household.

Mr. Madhu reminded the members several times that America was a "wonderful country," and urged them to uphold its strength and prosperity in the future. He said that Americans were intelligent, but they were also "lazy" and did not realize all the conveniences they had as compared to most countries. He urged the members to keep a close relationship with God, who he said has "chosen this wonderful country to bless with freedom, strength, and prosperity."

After his talk, he answered several questions brought up by the audience, and received warm applause. The FHA presented him with a donation to take back to India and help spread the cause of Christianity.

The **Garland** chapter of Future Homemakers have been very busy during the past year in demonstrating to their community, by their many and varied activities, the "Youth Can Do."

The first project for this year was to purchase a new sewing machine for the Home Economics Department. The money necessary for this project was raised by the members making and selling cakes.

In the social activity category, we held the Annual Christmas Party. As usual this event was thoroughly enjoyed by all. This spring the Mother-Daughter Banquet was another successful occasion.

Baby Sitting for parents who would otherwise have been unable to attend important PTA meetings was a worthwhile project, and one which we feel sure was appreciated by this Parent Teacher group.

Early this spring, we really went to work in earnest and we feel proud of the "face lifting" we gave to the Home Economics room. The cabinets have been painted a gleaming white which tends to give the room a more spacious appearance. New curtains purchased through

the special efforts of the younger members added the needed home-like atmosphere.

And still our plans for progress go on! Better and bigger projects are in the making. We know we will find much satisfaction in our accomplishments while showing others in our community the "YOUTH CAN DO".

The members of **Harding** FHA prepared a covered dish supper for one of their meetings. Tables were decorated in the national colors of red, white and blue and were arranged as two long tables, making the group appear to be two large families. At this supper each girl brought some special food that she prepared.

During the school year they have helped to prepare refreshments for the various programs given by the PTA, the faculty, the Piedmont Guidance Council, and the school secretaries.

"What Color Is Our World" was Mrs. Jessie Moye's topic at the **Havelock** Mother Daughter Banquet. She displayed souvenirs and showed slides which were taken on her world tour.

The cafeteria was decorated with bright Japanese lantern, souvenirs and colorful scarves. The waitresses wore authentic costumes from different countries to carry out the international theme.

The **Jones Central** chapter used "Education and World Peace" as the theme of the Mother-Daughter Banquet. The program was written and delivered by Brenda Parker. Included in the program was the singing of songs from many foreign countries.

The dining tables were lighted with red, white and blue candles. A large world globe was in the center of each table surrounded by miniature flags of the nations of the free world.

The **Jonesville** chapter presented a delightful program for the Parent Teacher Association. More than 100 elementary school children and FHA'ers combined their efforts in staging "Fashions and Tunes" which aptly described the presentation of music and lovely ensembles made and modeled by home economics students.

The **Oxford** chapter held their annual Mother-Daughter Banquet in November and invited Mrs. Rosa Tillett to be their speaker. Since her retirement, Miss Tillett has made traveling and sightseeing her hobbies. Her talk was based on a trip to Africa she made last summer. A United Nations theme was carried out in the program and the decorations by using flags and the traditional colors of red, white and blue.

A display contrasting the obsolete and modern methods of ironing entitled, "Do You Have the Ironing-board Blues?" won first prize for the chapter this year. Painted cigar boxes equipped with a needles, thread, pins and other small items were made and given to each teacher in the school.

In observance of National Egg Month the **Red Springs** chapter decorated eggs for the Rest Home and children's ward at the South Eastern Memorial Hospital.

Rutherford County chapters emphasized "Being a Good Teen-age Consumer" at a recent rally. Specialists in the areas of fabrics, design and selection of ready-made garments spoke to the group.

National FHA Week has been filled with many activities by the **Shelby** chap-



199 FHA'ers Receive State Homemakers Degrees

DISTRICT I

Bath Chapter: Judith Lee Sullivan, Sue Brinn, Marlene Wallace, Faye Foreman. West Edgcombe Chapter: Bettie Lee Eason, Evelyn Brake, Mary Catherine Joyner. Gatesville Chapter: Vivian Casper. Conway Chapter: Alice Kaye Pantton. Woodland Olney Chapter: Sarah Ann Joyner. Belvoir-Falkland Chapter: Sue Pierce. Chicod Chapter: Carol Ann Gaskins. Stokes-Pactolus Chapter: Judy Warren.

DISTRICT II

Beaulaville Chapter: Jo Ann Bostic, Kaye Mercer. B. F. Grady Chapter: Geraldine Faye Wiggins, Mary Linda Grady, James Kenan Chapter: Nell West, Shelby Batts, Betty Rouse, Linda Blanchard, Peggy Ruth Todd. Greene Central Chapter: Linda Harrlison, Dianne Beaman, Geraldine Moore, Windy Miles, Faye Frances Wooten, Barbara Moore. Jones Central Chapter: Cynthia Westbrook. Contentnea Chapter: Kay Shepherd, Judy Faye Smith, Jennifer West, Pamela Odham. Southwood Chapter: Emma Lee Rouse, Lane Waller. Jacksonville Chapter: Carolyn Simpkins, Patsy Ann Morton. Richlands Chapter: Sylva Batchelor. White Oak Chapter: Rebecca Lois Hardee, Peggy Collins, Mary Meadows. Grantham Chapter: Jane Lee. Mount Olive Chapter: Margaret Ann Sutton. Lucama Chapter: Sandra Simpson, Sallie Elizabeth Lucas, Mary Elizabeth Bass, Nancy McClenny, Judy Carol Bass. Lee Woodard Chapter, Frances Barnes, Betsy Campbell, Sarah Lewis, Carolyn Lucas, Judy Mercer, Rebecca Parrish, Linda Webb. Rock Ridge Chapter: Phyllis Nichols. Elm City Chapter: Dene Bottoms.

DISTRICT III

Bladenboro Chapter: Carolyn Singletary. Clarkton Chapter: Joyce Anne Baldwin. Whiteville Chapter: Ruth Ann

Angel. Stedman Chapter: Brenda Whitaker, Betty Lockamy, Sadie Lockamy, Ann McKnight, Dianna Tart, Becky Cain, Judy Smith, Ruth Guin. Seventy-First Chapter: Martha Penland. Central Chapter: Helen McPhail, Sandra Rayburn, Louise Blackman. Hamlet Chapter: Becky Brown, Carol Adamac. Red Springs Chapter: Ann Thomas, Norma McLeod, Nancy Brock, Hazel M. Hall.

DISTRICT IV

Durham Sr. Chapter: Ellen Pratt. Creedmoor Chapter: Carolyn Peace, Faye Beck, Betty O'Neal. Oxford Chapter: Sandra Day. Coats Chapter: Laura Johnson. Dunn Chapter: June Lee Mathis. Corinth-Holders Chapter: Jane Boykin, Alene Crocker. Benson Chapter: Joyce Whittenton, Rebecca Benson, Robin Vann. Benevue Chapter: Marie Stiltner, Libby Barnes, Laura Rowe, Judy Harrison, Wanda Smith, Mary T. Burnette, Judy Renee Bone, Laura Strickland, Jo Carol Alderson. Bailey Chapter: Rachel Farmer. Coopers Chapter: Linda Lamm, Judy Cone. Hillsboro Chapter: Dora Bradsher. Garner Chapter: Susan Ferrell. Needham Broughton Chapter: Rosina Coburn.

DISTRICT V

Bartlett Yancey Chapter: Barbara Blacklock, Nancy Newman, Becky Stephens, Marvyn Hooper, Carolyn White, Bento Kay Covington. North Davidson Chapter: Kathy Bean. Robert B. Glenn Chapter: Dianne Shugart, Lorita Smith. Southwest Chapter: Judy Lutz, Kay Howerton. Sumner Chapter: Sandra Smith. Summerfield Chapter: Phyllis Wilson, Mary Lou Barrow, Mildred Pope. Seagrove Chapter: Carol Hodgkin, Brenda Loggains, Linda Guthrie, Emilie Auman, Jean Frye, Linda Lou Thomas, Peggy Jean Wilson, Ruth Ann Davis, Norma Jean Greene, Martha Tedder. Randleman Chapter: Lucinda

Davis. Ramseur Chapter: Doris Hess. Trinity Chapter: Linda Johnson. Franklinsville Chapter: Judith Rodgers, Anne Vestal, Jean Simpson, Elizabeth Sower, Judy Vonnacannan, Jean Gatlin, Sarah Jane Maness, Rebecca Rich.

DISTRICT VI

Bethel Chapter: Joyce Simpson. Kings Mountain Chapter: Marian Plonk. Shelby Chapter: Jackie Greene, Sara Staley, Martha Spangler, Nancy Tedder, Ann Putnam, Cathy Alexander, Darlene Philbeck, Suzanne Ramsey, Brenda Crisp, Imogene Conley, Frances Allen. Endy Chapter: Patricia Radford. Oakboro Chapter: Larcenia Smith. New London Chapter: Peggy Maners, Carolyn Morton, Sue Thompson.

DISTRICT VII

Harmony Chapter: Linda Barker, Lynne Reid, Linda Wallace. East Wilkes Chapter: Sheldon Jolley, Pamela Barker, Gail Martin.

DISTRICT VIII

Charles D. Owen Chapter: Brenda Vess, Carolyn Moore. North Buncombe Chapter: Helene Bradley, Sylvia Pratt, Wanda Hawkins, Judy Freeman. Clyde A. Erwin Chapter: Gwen Self, Sandra Pendergrast. Lee H. Edwards Chapter: Robin Kirby, Leigh Stevens, Elizabeth Bagwell, Judy Chandler. Enka Chapter: Janet Moore. East Henderson Chapter: Sheila McMinn. Hendersonville Chapter: Johanna Wiggins, Page Bowden. West Henderson Chapter: Judy Drake, Linda Drake, Barbara McCall, Ruth Merrill. Cullowhee Chapter: Marilyn Owen, Rachel Bishop, Sandra Wood. Chase Chapter: Rebecca Hawkins, Edith Vickers, Mary Ann Burgess. Rutherfordton-Spindale Chapter: Phyllis Roberson, Pam Blankenship.

ter. Monday the chapter served the faculty refreshments. Tuesday a program on clothing was given in class to all the ministers' wives in Cleveland County. Later on in the afternoon some of the FHA girls went to the county home and presented a program. Wednesday was set

aside as Mrs. Wennie Laughridge Day and members of the chapter visited Mrs. Laughridge and another honorary member, Mr. J. B. Howell. On Thursday a play entitled "Careers in Home Economics" was given by ten of the members.

Highlight of Spring Hope High School's

participation in National FHA Week, was a Mother-Daughter Banquet. Barbara Miller, chapter president, opened the program with the ritual used for all meetings. A feature of the program was an explanation of the FHA organization and review of the eight FHA purposes.

CAROLINE SAYS:

FHA IN POETRY

FHA is a great organization;
Just ask girls all across the Nation.
It's a club which offers many benefits,
Not just a place to talk and sit.

FHA affords worthwhile advice—
"Where to go," and "how to look nice."
"How to cook and sew and clean";
FHA's really neat—see what I mean!

FHA's a great club to join;
I'm really proud that we have one.
Next club meeting, make sure you're there;
Then you, too, can say, "I'm an FHA'er."

Dorly Jackson
Dunn High School



"The homes of tomorrow are in
the hand of the youth
of today"



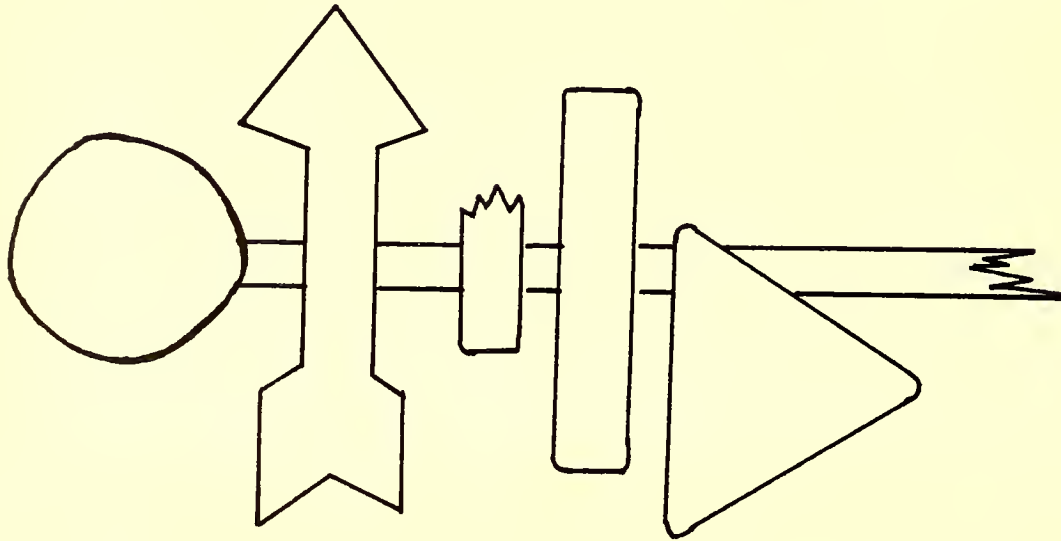
FUTURE HOME MAKERS

Vol. X



1963 CALENDAR

NORTH CAROLINA



GUIDEPOST FOR PROGRESS

Your program of work calendar may serve as a *Guidepost for Progress* during the year. It is designed to help you keep an accurate record of important events and dates of chapter activities. Record the program of work in the appropriate month and don't forget to state your responsibility on the left of each page under "plan of work."

National Objective: Strengthening my education for future roles.

Project : Stay in school.

State Objective : Understanding and helping the senior citizens in our community.

NORTH CAROLINA ASSOCIATION OF FUTURE HOMEMAKERS OF AMERICA

State Officers

1962-1963

President—Ruth Guin, Stedman III
 Vice-President—Judy Faye Smith, B. F. Grady II
 Secretary—Mary Catherine Joyner, West Edgecombe I
 Treasurer—Sandra Pendergrast, Clyde A. Erwin III
 Historian—Kathy Bean, North Davidson V
 Reporter—Brenda Templeton, Union Grove VII
 Parliamentarian—Jackie Greene, Shelby Sr. VI
 Recreation Leader—Judy Horton, Bailey IV

District Advisers

1962-1963

Mrs. Margaret S. Freeman, Ahoskie I
 Miss Emma Lois Stephens, Elm City II
 Mrs. Myrtle D. Stogner, Hamlet III
 Mrs. Nancy W. Darden, Durham Sr. IV
 Mrs. Margie S. Eller, Walkertown V
 Mrs. Alice P. Forbis, West Mecklenburg VI
 Mrs. Arlene S. Patterson, East Surry VII
 Miss Barbara Ann Wise, Enka VIII

State Adviser

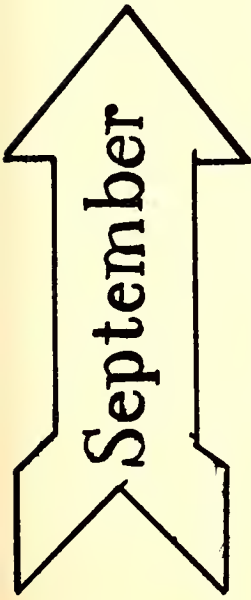
Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION

Division of Vocational Education

Raleigh, North Carolina

OUR COVER—Mary Catherine Joyner, Jackie Greene, Brenda Templeton, Judy Faye Smith, Ruth Guin, Judy Horton, Kathy Bean and Sandra Pendergrast, State officers for 1962-1963.



Start the year with good program planning

— Have a meeting of the executive council and program of work committee.

— Use the State Handbook, page 13, to help plan the program of work.

— Invite chapter parents to attend the meeting and help with program planning.

— Study the national objective “Strengthening My Education for Future Roles” and the project “Stay in School.”

— Discuss possible chapter activities for use in carrying out the national objective.

— Review the State objective “Understanding and Helping the Senior Citizens in Our Community” and select chapter activities and individual projects.

Plan for the district rally

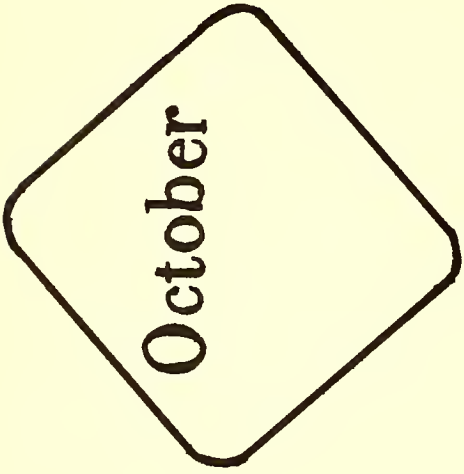
— Make plans for all members to attend the district rally.

— Appoint some members to record ideas gleaned from the meeting for use in chapter meetings.

— Encourage an outstanding member to be a candidate for a State office or a nominee for the office of national vice-president of the southern region.

Plan of Work:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29 Rallies District III District IV District V



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6 Rally District II
7	8	9	10	11	12	13 Rallies District I District V
14	15	16	17	18	19	20
21	22	23	24	25	26	27 Rallies District VI District VII
28	29	30	31 Halloween			

Appoint committees and secure resource materials on the program of work.

- Appoint a committee to study the chapter, State and national FHA Constitution.
- Appoint committees to plan chapter programs related to the national and State objectives.
- Appoint a public relations and publicity committee to report news of chapter activities to the school paper, local newspaper, and State and national FHA offices.
- Appoint a committee to keep a history book of chapter activities.

Plan of Work:

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November

Initiate the degrees of achievement program.

— Plan a chapter program to interpret the degrees of achievement program.

— Appoint a degrees committee which will help members plan, direct and evaluate their work in earning a degree.

— Remind members who are eligible to earn a State Homemaker Degree to send the declaration of intention and plan of work to the State office by November 15.

— Review the State Handbook, pages 15-20 on "Initiating the Degrees of Achievement Program."

Plan a chapter budget and money making projects.

— Set up a budget for the chapter.

— Review money-making projects of previous years and select projects for this year.

— Appoint committees to work on projects.

— Review the purpose and use of State and national dues.

— Set a date for the final collection of dues.

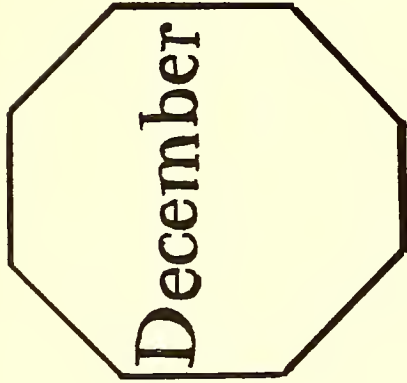
Plan of Work:

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15 Final date to file State degree application	16	17
18	19	20	21	22 Thanks- giving	23	24
25	26	27	28	29	30	



Remember the Senior Citizens in your community.

— Arrange an outing or social activity for the aging in your community.

— Plan to visit some senior citizens for the purpose of reading, listening or writing letters for them.

— Ask senior citizens in your community to plan a visit in your home.

— Visit rest homes and homes for the aging.

— Send holiday cards to senior citizens in your community.

Plan of Work:

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Final date for affiliation
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25 Christmas	26	27	28	29

January

Plan a chapter and community program on "Strengthening My Education for Future Roles."

— Enlist the support of the PTA in urging students to stay in school.

— Plan an assembly program related to the importance of education now and for the future.

— Make a study of prospective employers in the community to determine how much and what kind of education is required for employment.

— Invite an outstanding college student to a chapter meeting to relate some college experiences and their reasons for pursuing an education beyond high school.

Plan of Work:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

Develop a better understanding of family members and contribute to their happiness.

— Plan a special surprise for your family at dinner.

— Suggest a “family fun night” for your chapter.

— View a “family” TV show as “Father Knows Best” and discuss its problems and solution with your family.

— Plan an outing or party for the younger members of the family.

— Help some needy family in your community to find happiness through your kindness.

Plan to Work:

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Valentine's Day	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March

Make plans for celebrating National FHA Week.

- Appoint a committee to outline special activities to celebrate National FHA Week.
- Plan a display for a school exhibit case or a downtown store window.
- Plan a school improvement project.
- Plan to attend church on Sunday with your family.
- Report FHA Week activities to your local newspaper, school paper, State and National FHA offices.

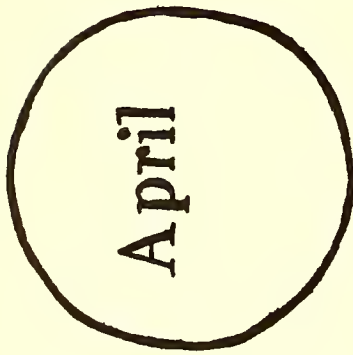
Plan of Work:

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20	21	22	23
24 31 Begin National FHA Week	25	26	27	28	29	30



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		NATIONAL FHA WEEK				
7	8	9	10	11	12	13
14 Easter	15	16	17	18	19	20 State Convention
21	22	23	24	25	26	27
28	29	30				

Select outstanding members to represent your chapter at FHA Camp.

— Select outstanding, dependable members to represent the chapter at the leadership training camp.

— Review the camp program, schedule and responsibilities carefully.

— Prepare individual schedule of classes and activities for camp.

— Plan individual reports based on ideas delegates received at camp.

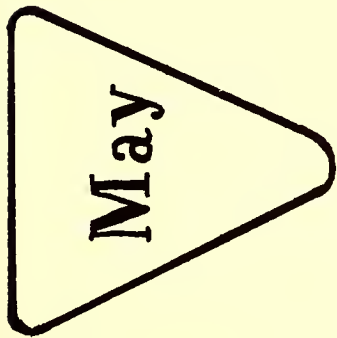
Attend the State Meeting.

— Plan for many delegates to attend the State Meeting in Raleigh.

— Discuss and evaluate the State meeting program.

Plan of Work:

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Evaluate the work accomplished in the 1962-1963 FHA year and begin plans for next year.

___ Check goals for the 1962-1963 year to determine progress.

___ Review duties and qualifications for 1963-1964 chapter officers.

___ Elect officers for 1963-1964.

___ Plan a meeting of old and new officers to acquaint the new officers with their responsibilities.

___ Plan an executive council meeting during the summer for pre-planning next year's goals and objectives.

Plan of Work:

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Mother's Day						
19	20	21	22	23	24	25
26	27	28	29	30	31	
			FHA CAMP			

CAROLINE SAYS:

Plan to continue FHA meetings through the summer months—

June—Leadership Training Camp—White Lake

July—Meeting of chapter executive council to plan program of work

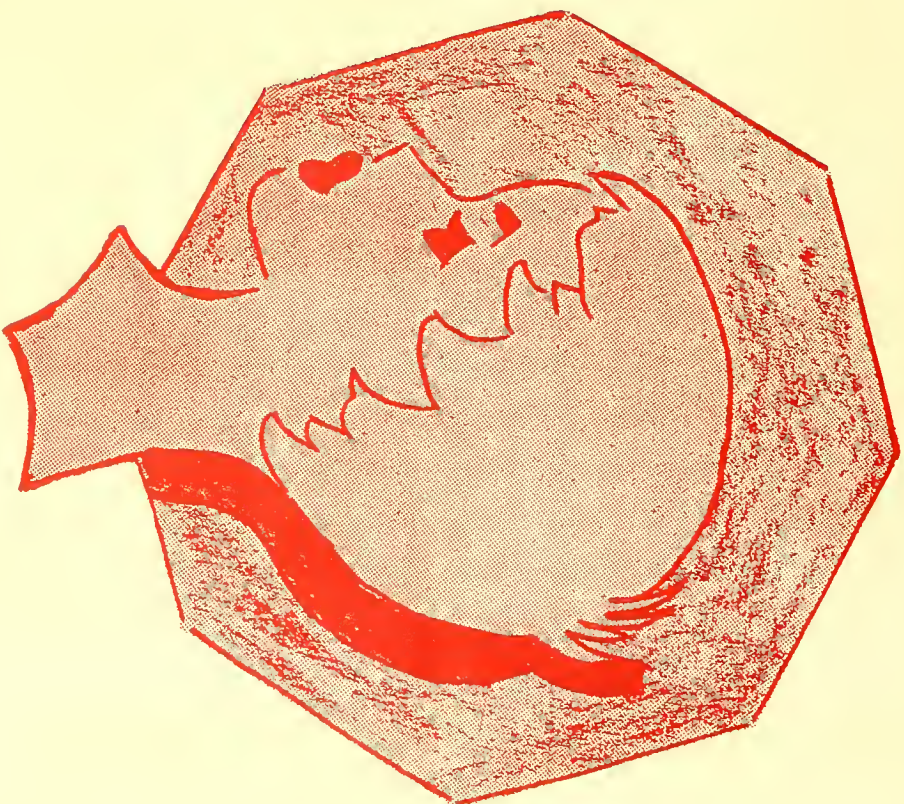
August—Leadership Training Workshop for chapter and district officers.

CREED

We are the Future Homemakers of America
We face the future with warm courage,
And high hope.

For we have the clear consciousness of seeking
Old and precious values.
For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything
That is good and fair.
Homes where truth and love and security and faith
Will be realities, not dreams.

We are the Future Homemakers of America
We face the future with warm courage
And high hope.





FUTURE HOMEMAKERS

★ North Carolina Association ★

VOLUME X

JANUARY 1963

NUMBER 2

EDITORIAL

WILSON DAILY TIMES

Two representatives of the "Wilson Daily Times" attended the District II FHA Rally at Charles B. Aycock School, Wayne County, on October 6, 1962. The following editorial appeared in the "Times" subsequently.

Our Answer to Russia

Isn't it unfortunate that CBS or any of the big television networks do not go to the grass roots and get some real pictures on how youth is taught in America. The day at Charles B. Aycock School on Saturday, when District II of the Future Homemakers of America held their meeting, would have been the perfect answer to the Russian film on education.

It would have taken only one side of the question, the young women's answer to Russian education and the future it holds. But so convincing were the projects and program that little is left to be added other than the scientific side of education.

The FHA program covered every area of living, with special emphasis on education, citizenship, as well as the most important of all professions, homemaking. We would gladly have offered the program Saturday as an answer to Russia on education without any change or coaching, and no added props were necessary.

It is unfortunate that the big networks do not get closer home to the subjects discussed. We sat there and thought of this angle as we watched the juniors and seniors speak with poise and assurance, with conviction and sincerity. And all were dressed in the latest fashion. In other words you do not have to be drab to be intelligent.

The fresh viewpoint, the assurance that they have something to offer the world, and the determination to make their contribution, sparked another thought.

Wouldn't it be an eye opener if the "dyed in the wool" politicians, the diplomats and the foreign affairs experts could forget all the intrigue, power politics and international protocol and listen to a fresh approach to living, from those who feel that there is more right with the world than there is wrong.

We are certain there are many areas in government that could have benefitted from attending the FHA day on Saturday, for these young people were discussing values on which there is no price, and without which life is not worth the effort—and before peace comes to this world, many of the goals the FHA members talked about must become realities.

OUR COVER

Becky Bagley, Durham chapter, observes Mary Catherine Painter at an easel in a local kindergarten.

NORTH CAROLINA ASSOCIATION OF FUTURE HOMEMAKERS OF AMERICA

State Officers 1962-1963

President—Ruth Guin, Stedman III
Vice-President—Judy Faye Smith, B. F. Grady II
Secretary—Mary Catherine Joyner, West Edgecombe I
Treasurer—Sandra Pendergrast, Clyde A. Erwin III
Historian—Kathy Bean, North Davidson V
Reporter—Brenda Templeton, Union Grove VII
Parliamentarian—Jackie Greene, Shelby Sr. VI
Recreation Leader—Judy Horton, Bailey IV

District Advisers 1962-1963

Mrs. Margaret S. Freeman, Ahoskie I
Miss Emma Lois Stephens, Elm City II
Mrs. Myrtle D. Stogner, Hamlet III
Mrs. Nancy W. Darden, Durham Sr. IV
Mrs. Margie S. Eller, Walkertown V
Mrs. Alice P. Forbis, West Mecklenburg VI
Mrs. Arlene S. Patterson, East Surry VII
Miss Barbara Ann Wise, Enka VIII

State Adviser

Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

Since the adoption of the National Objective, "Strengthening my education for future roles," by our State FHA Association, the reality of a loss of interest in learning has, to me, been more evident than ever before. The school drop-out rate has increased tremendously. Students are abandoning the confinement of attending school and are jumping "head-first" into the river of life—a river too wide for many of them to swim. "Why," the drop-outs say, "should I stay in school when I can be free and independent, making a living of my own." It is too true that a relief from studies and the liberties of self-sufficiency have a definite appeal. However, before embarking on such an enduring cruise as life's career, a student should ponder upon the loss he will suffer and the opportunities he will sacrifice if he leaves school without a diploma.

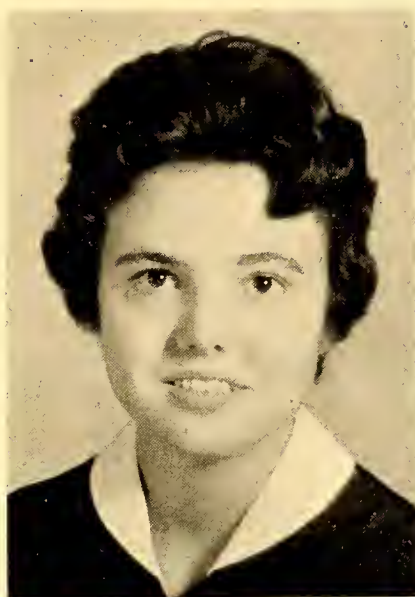
First is the factor of being capable of staying in tune with the times. Education has, in this new atomic age, become more essential than ever before. Men are leaving the boundaries of the earth and are exploring in the vastness of space. The human mind must be trained to meet the challenge of this new era of progress. The first step of preparation includes a high school education. Before man can even hope to understand the complicated scientific facts of modern America, he must have achieved this first goal.

Second is the matter of opportunity. As time progresses, the standards of living become higher, and the opportunities become greater. No rational person wants to render himself incapable of pursuing a worthwhile career which will satisfy his desires. Even a small child, when asked his vocational ambition, nearly always responds by naming some highly respected occupation. It seems though, that during the maturing process, the ambition becomes weaker, and the hopes fall. The student may belittle the opportunities afforded a graduate in comparison to the gaiety to be enjoyed for the moment in quitting school. Most drop-outs will finally become employed, but not in the type of work which they have hoped for, and with small opportunity for advancement. The wise student must conclude that opportunity upon opportunity is available for an educated person, while scarcely any desirable work is open to the drop-out.

Also to be considered is the very

Why Stress Education?

By MARY CATHERINE JOYNER
State Secretary



important idea of responsibility to one's country. How many times does today's youth hear, "Young people, your future looks dim." It is true—the future of youth does seem doubtful, but preparation must still be made for the future which they expect to enjoy. With the nations of the earth battling out their differences, and countries being threatened with

new ways of life, young people must keep informed and guard their minds against the insults of other peoples. In the hands of the youth lies the future of our America. Yes, the task facing young people is great, and only with thorough training and keen interest can they meet the challenge. To the future leaders of this nation is being entrusted a great responsibility—a responsibility which is their duty to uphold and which must be preceded by ardent learning.

Pride holds a very high position in the minds of everyone. Pride in family, pride in surroundings, and pride in work are all important. If one hopes to indulge in his chosen vocation, he must first realize the necessity of proper training, and must take the steps toward that end.

Not to be forgotten is the advantage of education to self. There are so many profits to be reaped from a good education. One should set his goals in accordance with his abilities and work earnestly to achieve them. If a person is capable of furthering his education in a higher learning institution, he would be very unjust to himself not to strive for a college degree. Whatever one's talents and abilities may be, he must use them wisely and get the "top price" from them.

These and other opportunities which go "hand-in-hand" with education must be considered when any temptation comes to desert school. On one occasion Aristotle was asked how much educated men are superior to those uneducated: "as much," said he, "as the living are to the dead." Youth must strive to be in the superior category, and to receive the best education possible.

Sharing Is Receiving

West Henderson Chapter

A pall of gloom hung over the West Henderson FHA chapter last fall as members gathered in the home economics department to plan their community projects for the year. It seemed to many of the girls that all of their ideas had been used so many times before—there was just nothing new to do!

The specific objectives to be accomplished in any project were: to give aid to citizens who were ill or handicapped; to gain some under-

standing of available institutional services; and to develop an awareness of other peoples needs and how personal contributions and services may make a happier life for them.

Soon several members suggested that some local health institutions be contacted in order to learn what was needed for their patients, and then committee groups could plan something for each institution. Immediately they discovered that they could work with the American Red Cross, retarded children of Hender-

Continued on page 8

"I Am a Part of All I Have Met..."—Tennyson

This quotation from Tennyson's *Ulysses* is certainly one that relates itself to the life of any individual. When a child is born, it enters the vast social and physical world. Eventually, the world presents to the individual all types of physical obstacles such as obtaining food, shelter, and a means of making a living, and a vast and intriguing social world. The social area concerns us here.

If we trace the social contacts of an average teen-age girl from birth until marriage we will find: mother, father, family, church, school, and many other expected social interactions. These are areas that all girls become a part of, but there are many others that are entered into by choice. By this I mean the many friends, clubs and other social activities that are available to the teenager. Some girls do not have the opportunity to make desirable selections because of the area of the world in which they live. Therefore, they become parts of very unattractive environments for personalities and social activities. In the United States, however, the average teen-age girl has opportunity to



Mrs. Crooke is a former Future Home maker and National Vice-President of the Southern Region. She attended Wingate College and graduated from the Woman's College in Greensboro. For the past two years she taught home economics at the Forest Hills High School in Union County and is presently teaching in Miami, Florida.

participate in wholesome activities of her choice.

There is one particular national organization that offers to girls in thousands of high schools, all over the United States, the choice to become a part of its tremendous program; a program that offers her the opportunity to grow in family, community, and individual living. This organization is Future Homemakers of America.

I, Frances Burris Crooke, have had the opportunity to be a part of its local, state and national levels. Through it I gained the opportunity of leadership growth, skills of homemaking, greater family understanding, and the realization of the importance of good community life. This early training in FHA has helped me to meet the social, physical, political, and economic world with preparedness and zeal.

At present I am teaching in the Dade County Public Schools, Miami, Florida. I am married to Thomas L. Crooke of Monroe, N. C., which is near my home town of Wingate. My teaching career has included teaching homemaking in Gastonia and in

Continued on page 5

See You at Grandma's

By KATHY BEAN
State Historian

What mental picture comes to your mind at the mention of the word "grandmother"? Pleasant? Heart-warming? Do you think of a little old gray-lady sitting beside the fireplace in her rocker knitting, spectacles perched on her nose? Or do you visualize a spry, quite chic, elderly lady of fashion dashing to and fro, hopping into her sports car and rushing madly about? Either description could apply, for the grandmothers of today fit into various categories of different personalities.

However, many grandmothers have tried to fit into our fast pace of living without actually wanting to change their leisurely way of doing things—they just don't want to be left out. Yet, however lovable grandmother may be, she is often neglected. The modern world seems to place a premium on youth and to dispute Robert Browning when he wrote:



"Grow old along with me,
The best of life is yet to be,
The last of life for which the first
was made."

How easy we make life for Grandma! No longer must she fire an old

wood stove, churn that rich yellow butter, bake those delicious pies and cakes, knead those homemade rolls. We have provided her with all the modern conveniences, thereby increasing her hours of leisure—hours sometimes filled with loneliness. Now with her family grown and living some distance away, how much she appreciates and loves the kindness of being remembered in little ways by her loved ones.

There are many young people today who resent the way Grandma has changed. True, it is only proper that life be made easier for our grandmothers—they are most deserving. At the same time, let us remember that all the material comforts will not compensate for birthdays overlooked, or our refusal to share ourselves with grandmother. These are small things indeed, but so important to her.

Do you make Grandmother feel needed? Is she included? When was the last time you visited her? Let's work on it together—and I'LL SEE YOU AT GRANDMA'S!!

Interpret New Program

By BRENDA TEMPLETON
State Reporter

The Hotel Utah Lodge Auditorium in Salt Lake City was the site for the 1962 National Meeting of the Future Homemakers of America. During this four day meeting, July 9-12, a series of seven sessions which centered around four main objectives adopted for our national program of work for the 1962-1965 period. Responsible for this program of work were: president of the national organization, the four regional vice-presidents, and the vice-president of national projects for 1961-1962, along with some state and local adult advisers. These people served on a special planning committee in October 1961 at national headquarters in Washington, D. C.

What were the results of this meeting in Washington and our meeting in

Utah? A national program of work was drawn up with the best interests and needs of youth in mind so that the over-all goal of Future Homemakers of America—to help individuals improve personal, family, and community living—could be carried out to its fullest. Members from their particular states were questioned on these three questions: What are the top concerns of high school boys and girls today? How can work through the organization of Future Homemakers of America help with these concerns? Do FHA members like the form of the present Program of Work? After dealing with these questions, the delegates in Washington, D. C., could better represent the FHA'ers across the nation for the betterment of the FHA organization.

Five priority concerns—education, family relations, early marriages,



social acceptance, and world and community affairs—were agreed upon as a basis for planning the objectives in the new national program of work.

We looked at each of the four objectives as a floor of a four story

Continued on inside back cover



The North Carolina Association presented the "Thought For The Day" at the National Meeting in Salt Lake City. Pictured are, (left to right): Mary Catherine Joyner of West Edgecombe; Kathy Bean of North Davidson; Sandra Pendergrast of Clyde A. Erwin; Judy Phillips of South Mecklenburg; and Brenda Templeton of Union Grove.

North Carolina: Dreamland

By ELAINE VIA
Madison-Mayodan Chapter



upon. It seemed as though I had walked only a few steps when I came to the scene of the Lost Colony. The fort was just as I had pictured it—deserted and forlorn-looking. Glancing around I noticed a baby's bonnet lying on the ground and I picked it up. Could this be the bonnet of Virginia Dare, the first English child born in America? Looking up, I saw that the bonnet had lain at the foot of a tree with the word "Croatoan" written on it. I would liked to have investigated further but once again, my magic carpet rolled forth. Almost instantly I came to a battleground. A soldier took me to his commanding officer, and introduced him as General Nathaniel Greene. I at once knew that this was a battle between Greene and Cornwallis at the Guilford Battleground during the Revolutionary War. After visiting awhile I stepped on my carpet for another mysterious journey.

This time my carpet rolled to Bath at the oldest church in North Carolina, the St. Thomas Episcopal Church erected in 1734.

From there my magic carpet rolled on to Orton Plantation. I was so enchanted by the beautiful scenery that I didn't notice someone standing beside me until he spoke. He introduced himself as the owner and began to tell me the history of Orton. Since the Civil War, Orton had been restored as the beautiful plantation that it once was.

He invited me to take a trip with him and his wife to Kitty Hawk. It seemed some men were planning to fly like birds. I could hardly believe my eyes. I knew I was witnessing a

rare historical event, the moment of the first airplane flight, which took place in 1903. I hated to leave, but my magic carpet started again.

This time my carpet ended at the University of North Carolina. As I entered the campus I remembered that this was the first State university in the United States, opening its doors to students in 1795. I attended class that day and learned that this was one of the years of the depression. It seemed that since World War I our economy had dropped, but now a new President had been elected and the country seemed on the rise upward again.

When my day at the University of North Carolina was over, I started on another journey which led me to Raleigh. From reading a newspaper, I learned that the date was January 1956, and Dwight Eisenhower had just been sworn in as President of the United States for a second term of peace and prosperity.

I was enchanted with the beautiful capital city of our state. From the museums and the capital building I learned the history of our state, the south, and our country. The capital building was beautiful. The grounds with its lovely scenery and statues added dignity to the already dignified building. Reluctant as I was to go, I knew it was time to leave for the last part of my journey.

My carpet rolled up into the beautiful mountains of the Cherokee Indians. All along the mountain trails was exquisite scenery. Mountain laurels grew up and down mountainsides and surrounded cabins of earlier years. The mountains seemed so refreshing and clean, as though a whole new life could be born.

At that moment I heard a voice telling me it was time to wake up, but the idea was not very pleasant. I would have liked to retrace all of my steps and learn more facts about our state. Above all, I would have wanted to see more. Although my dreamland was awakened, maybe you can find your dreamland and search for the rare interests of our state.

May I salute the State of Tar Heels, who got their name from having enough tar on their heels to "stick them" first at Bethel, farthest at Gettysburg, and last at Appomattox. In other words:

"I'm a Tar Heel born,
I'm a Tar Heel bred,
And when I die,
I'll be a Tar Heel dead."

I've often wondered what it would be like to go through the time barrier back into our early State history.

After thinking about this one night, I went to bed with these thoughts deeply embedded in my mind. I at once fell into a sound sleep with vivid dreams. I was drifting back into the early years of our history.

I found myself at a beautiful sandy shore, and before me was a beautiful red velvet carpet which I at once tread

FHA'ers Volunteer at Orthopedic Hospital

By SANDRA PENDERGRAST
State Treasurer

Six years? Did you say that the Clyde A. Erwin FHA chapter had been volunteering services at the Asheville Orthopedic Hospital for six years? Don't they get tired of devoting time to doing the same jobs over and over again?

Several years ago a request was made for youth to volunteer to help the doctors and nurses at the clinic for handicapped patients in western North Carolina. The chapter executive committee realized that this was an excellent opportunity for us to serve in our community and made plans for all chapter members to participate in the program.

On the second and fourth Saturdays of each month two or three



FHA'ers work at the hospital. Some of our duties are to help the patients prepare for the doctors, make sure the doctors' booths are always occupied, play with the children and talk with the parents, take appointments, and fill out X-ray cards.

This work has stimulated us to be concerned about the welfare of other people, to seek ways to meet the needs of these people and to assume responsibility. The varied experiences are often discussed in our home-making classes in order that we may learn how to meet situations with more assurance in the future.

When institutions in your community need volunteer workers, can your chapter come to their aid?

My Country Austria

By FRIEDERIKE BRUENNER
Ralph L. Fike

Austria is a small democratic republic in central Europe surrounded by the countries of Italy, Switzerland, Germany, Czechoslovakia, Hungary and Yugoslavia. Austria's history began in 803. It had to struggle and fight for its existence like so many countries had to do and still have to do through war, epidemic and revolution. Today Austria is a neutral country. After the second World War four nations possessed Austria—United States, Russia, England and France. The state of affairs in the country was lack of money, unem-

ployment, hunger, sickness, broken families, crime, and destruction of property. All of the countries except Russia left Austria. Russia had its troops in Austria until October 25, 1955, and on that day all Austrians could appreciate the privileges of freedom again. On the following day the neutrality law was signed, meaning that Austria was not allowed to make any political treaties to help other countries in case of War. Still Russia is paid in petroleum and machines but the people are free and they trust in the United States as the big nation of the west.

I have come to America as a student to make friends and to strengthen through these friendships the bonds between the peoples of the earth. The youth of today will be the leaders of tomorrow and we must pursue any ideas which could lead to an everlasting world peace. To be free, to worship freely, to live under democratic principles is a present of God and we should give our thanks daily.

My family in Austria is very large. My father is a principal of an elementary school and my mother works at home. My older brother goes to college and was an exchange student in Minneapolis three years ago. My sister is twelve and in the eighth grade

and my two little brothers are in the second and third grades.

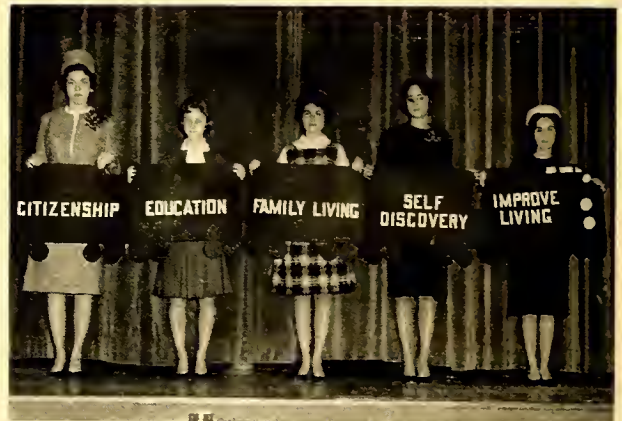
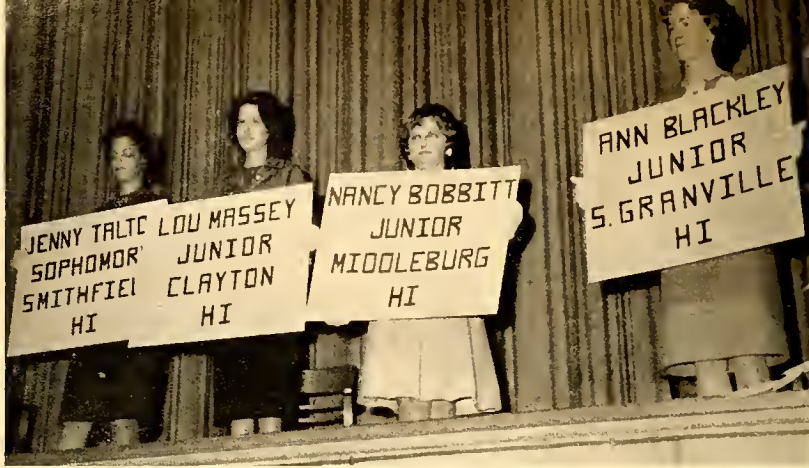
When I received the letter from the American Field Service stating that I had been chosen as an exchange student I was extremely happy. I am living in Wilson and I am in the twelfth grade at Fike High School. I am very happy here in America with my wonderful family and friends. I consider America my second home and I am eager to tell the Austrians about the American way of life.

"I AM A PART OF ALL I HAVE MET"

Continued from page 2

Union County, North Carolina.

I wish to each young Future Homemaker the ability to realize the opportunities that FHA offers to you. Take them—become a PART of the organization. Truly we become a PART of all we meet. It is our choice to select the type of social world we live in. Let FHA be a PART of YOU. This is the type of organization that can give you the true basic understandings of real living. It has done this for me and I salute this outstanding organization for young women — FUTURE HOMEMAKERS OF AMERICA.



District Rallies

Eight district rallies were held in North Carolina during September and October. The theme of the rallies was "Guideposts for Progress," adopted from the national meeting held in Salt Lake City, Utah, last July.

During the morning sessions outstanding speakers stressed the importance of education for women and encouraged the Future Homemakers to prepare for their home and occupation of the future.

During the afternoon sessions skits and panel discussions were presented by chapters.

8,404 FHA'ers, parents, advisers and guests attended the meetings.

Why Should I Stay In School?

By PATSY EVANS
Chicod Chapter

Why should I stay in school? Most of us have asked ourselves that question at one time or another. I think the person best qualified to answer that question is the student. Therefore, I'm going to look at it from a student's point of view. A lot of us girls, as FHA'ers, have already decided to become "just housewives" and so we wonder what is the purpose of remaining in school to become "just a housewife." Let us consider, for a moment, the term "housewife." This would limit the person as a "housewife" to being married, maybe having several children, and being in charge of the general care of the family and home.

As a rule, nobody is just a housewife anymore. There are also extra activities, probably an extra job. To include all the duties of this housewife plus money-earner, let us call her a "homemaker." Now to return to the original question, "Why should I stay in school if I plan to become a homemaker?" Statistics show that married women or homemakers account for more than 50 per cent of all women workers. About *one* out of every *five* of these working mothers has children under the age of *six*. Since most of us, in addition to our household duties will hold some type of job, we must be qualified for the job. Only by completing high school and possibly college years can we hope to accomplish this.

Even if you don't hold a job, as

a homemaker with a reasonable education you'll discover ways to a happier and more satisfying life. Your outlook is broader, your goals and ambitions are affected by the knowledge you possess. You become a more interesting person to others and life has more meaning for you.

In spite of all these things we still have drop-outs in school. Perhaps every drop-out has a feeling of complete security in the fact that he will be able to get a job and manage somehow. Have you ever read about people being in terrible accidents and felt that these things were so far from you, that nothing of that sort could possibly happen to you? The same principle applies in the case of drop-outs. Sometimes a drop-out does find a job, although it is usually a low-paying one. But, in most cases

employers will not hire school drop-outs. The first thing an employer asks to see is your high school diploma. Most drop-outs are left to depend on their parents. Studies show that a large percentage of children who drop out of school are children of drop-out parents. You wouldn't want this for your children, would you? For the sake of yourself, the people around you, and your children, remain in school, strengthen and further your education, and be prepared for the many future roles you will have. As FHA'er's our motto is "Toward New Horizons." Just over the horizon is certainly the home you will create, the family you will lead, and an entirely different world you will enter. Isn't it a good idea to be "equipped." Each of us should and can "strengthen our education for future roles."

Opportunities Unlimited

By NANCY TEDDER
Shelby Chapter

Doors are opened and opportunities are unveiled at the most unexpected times! Last fall, after noting that the window boxes in our home economics department needed new greenery, several FHA'ers met at a local florist and cleaned, rewired and arranged flowers for three window boxes. Later in October our chapter was faced with the responsibility to plan a booth for our county fair. Again we came to the rescue and made the floral arrangements. It was after this experience that I was offered a part-time job at the florist.

The Christmas rush saw me taking orders for poinsettias, wreaths, and table arrangements. Bookkeeping also became a part of my job, for bills had to be posted and statements mailed. Easter and Mother's Day were also busy holidays at the florist. We worked making and boxing corsages far into the morning hours. An hour or so later we were "bunny-hopping," or delivering corsages for customers to wear to the Easter sunrise services.

Work at the florist settled down for the summer but I appreciated the promise of a job through the fall, winter, and spring. Yes, I'll be working at the florist and enjoying every minute of it.

As a result of the job I have already saved \$140 toward my college education. Yes, FHA'ers when you participate in all your chapter activities, you too may find a part-time job as a result of your FHA work!



Nancy Tedder arranges flowers at a local florist

Chapter Chatter

FHA'ers in the **Berea** chapter prepared fruit, candy and cookies for 15 shut-ins in the community during the Thanksgiving holidays.

FHA'ers across America are noted for their hard-working efforts to improve group and community life, for their active participation in worthwhile projects, and for their interest in home economics.

The **Cullowhee** chapter is no exception. It is overflowing with enthusiastic members seeking to further these goals. Heading the list of this year's activities was a cake sale at one of the home basketball games. The mouth-watering items on sale showed the FHA'er's cooking abili-

ties. The members sold ten-cent chances during the game and distributed the cakes after a drawing at half-time. The chapter's most rewarding activity was a White Christmas project, co-sponsored by the FHA and the Student Council. The student body contributed clothing, food, toys, and money which were gift-wrapped and distributed to two needy families in a nearby community. For Easter the girls covered and decorated a large box filling it with oranges, apples, grapefruit, lemons, bananas, grapes, and Easter eggs. Several members delivered the box to the county old folks home before Easter.

Dropping out of high school has been called North Carolina's most senseless waste of energy and talent. The **Mooreville** Senior High School chapter sponsored an assembly program at which Mr. Jack Wood, chairman of Governor Sanford's

stay-in-school committee, spoke to the student body.

Those of you who may have passed the **Northern** High School in Durham prior to the opening of school may have been alarmed to see a number of FHA'ers hanging from the windows. These members were cleaning all of the windows in the school to bring in profits for the chapter. The long-term project of the chapter has been to purchase the national and state flags and this year to design and purchase the school flag for use in parades and at assemblies.

The **Pinehurst** chapter is lending a helping hand to two elderly ladies in the community who are sick and in need of nourishing food. Several of the FHA'ers stayed after school and prepared appetizing meals and delivered them to their homes. The glow on the faces of these ladies was reward enough for all of us.



FHA OUTING—Representatives from seven high schools turned out for the annual Cabarrus County FHA Workshop. Pictured (left to right) are Jeanett Hartsell of Bethel; Beverly Strawn, Winecoff; Theila Spong, Odell; Jackie Helms, Concord; Lineberger and Brenda Lineberger. The Dallas chapter dusted, rearranged and catalogued new books in the school library prior to the opening of school. Shown in the picture (left to right) are Ann Ogle, Linda Seism, Barbara Lineberger and Brenda Lineberger.

SHARING IS RECEIVING

Continued from page 1

son County, Broughton Hospital in Morganton, and the Mills River Community club.

In order to help each of these organizations and institutions, each member had to arrange a personal schedule to have time to do all that was planned. Realizing the importance of the project to themselves and to other people, the members allotted time for working on these projects in the afternoon, at night and during weekends.

The social committee decorated the Mills River Community Club building appropriately for the season and served as hostess for the mem-

bers and guests. About seventy-five young people attended the party.

Other committees learned that bedside bags were needed by patients in Veterans Hospitals. Sixty-five bags were made and given to the American Red Cross for use in these hospitals.

A bazaar was held in the home-making department and members made mints, aprons and other gifts and donated them for sale. The bazaar was delightfully successful and the proceeds were donated to the fund for retarded children in Henderson County.

Four hundred gifts were collected and wrapped by FHA members in Polk, Transylvania and Henderson counties. Near Christmas these gifts

were delivered to the Broughton Hospital in Morganton.

As we visited with the hospital personnel and patients we discovered the real joy of giving. Many patients reminded us that our thoughts and kindness had warmed their hearts and given them renewed faith and hope.

We know now how much joy there is in making other peoples lives happier and we believe that any personal sacrifice we may have made in order to help other people was worthwhile. We hope that other chapters may recognize the needs of people in their community and may work on projects similar to ours in order that they too may share our experiences this year.

What Freedom Means to FHA'ers

By WILMA SCOTT
Lucama Chapter

Because we have lived in a free country all our lives, we do not really appreciate "freedom" for its true value. The one thing which should be our most cherished possession is actually taken for granted. Our ancestors fought bravely and overcame many obstacles to give us this great gift. Such a precious heritage as this should never be belittled by any American.

To Future Homemakers, women leaders of tomorrow, freedom holds many promises which cannot be denied. It will be a major determining factor in our future life. Women before have fought hard to gain the social position now held by women in America today, and we Future Homemakers must help to advance that social position to even higher levels.

In careers, freedom offers us the choice of our vocation. We can enter any profession for which we are qualified. But we must work to attain high standards and our one great aim in life, success.

Our own FHA was organized because we Americans had access to our freedom. If you have ever stopped to think what FHA has done for you then you realize and really appreciate our wonderful gift of freedom. But if you haven't, you cannot fully appreciate either FHA or freedom. Do it soon. You'll be surprised to discover how many things you have gained. If you feel you haven't gained much, why not put more into FHA yourself. One must put his all into anything before he can receive the rewards it offers.

Long ago when a Greek lad became a citizen, he took an oath in which he promised to leave his country in a better state than he found it. If each Future Homemaker would use her great gift of freedom this way, not only would our Future Homemakers of America organization be a better one, but our country would offer even more rewards to American youth than it has before.

Helping your country means helping you, and helping you means paving the way toward a greater and



richer future. Can you pass up such an opportunity?

So you see, freedom means a great deal to all Future Homemakers. It offers us many opportunities that could not otherwise be had. America is truly the "land of opportunity." What better place than this can young people, such as we, develop our abilities to our own advantage?

INTERPRET NEW PROGRAM

Continued from page 3

building, each floor fundamental in the construction of this building. On the first floor we saw a very important objective—"Discovering myself and my worth to others," with the related project "You and Your Values." The second floor was "Contributing to the joys and satisfactions of family living," with the related projects "Focus on Family Friendship" and "Marriage Calls for Preparation." A third floor of the building was "Strengthening my education for future roles," with the related project "Stay in School." A fourth and final floor of the building and perhaps one of our most important objectives was "Launching good citizenship through homemaking," with the project "Action for Citizenship."

This National Program of Work can be used effectively in state associations, in local chapters, and can be put to good use on individual bases.

An organization with such objectives as the FHA is certain to achieve much good. May we all, as devoted FHA members, do our part to carry out our adopted program.

Leadership Workshop Is Held at Chase

Chase High School was the meeting place for the first Leadership Training Workshop of its kind ever held at the consolidated school. All officers of the home rooms and the various clubs met to discuss and learn more about their duties and responsibilities as leaders.

A good leader is a person who directs others in a wholesome direction, leads others for their good, and the good of society and who leads unselfishly—not for own personal benefit.

J. J. Tarlton gave these as attributes to the leaders of Chase High at a meeting sponsored by the Future Homemakers of America and Future Farmers of America at a workshop. Mr. Tarlton is former county superintendent of public schools.

He advised the students how to develop leadership—studying in that field; willing to work, plan; be per-

sonally interested; take advantage of the opportunity of leadership; study the methods of others.

"Leadership is largely instructing others," he said, and he advised the clubs' leaders to speak, act and dress accordingly.

"How can you recognize leadership in others? Reasonable, normal intelligence and the willingness to use it is one method, willingness to learn is another. It takes work. You must pay the price of leadership. You must be unselfish, be interested in your community and State. And it helps to have or develop a sense of humor."

He pointed out the great need for leadership. "No society or community can rise any higher than its leaders. The progress of a nation, State, community, church or school depends on its leaders. We need good leadership in these areas."

CAROLINE ASKS:

- Has your chapter studied the State Program of work for 1962-1963?
- Have you visited the senior citizens in your community?
- Have you sponsored a "stay in school" project in your community?



If you can think
About your work
As being help
To someone else,
You soon will find
That that alone
Will make your task
A happier one.
And if you add

To each task done
Some little touch
That goes beyond
What is required,
Your work becomes
A thing of art
And leads you out
Into a realm
Where pleasure lives

And drudgery dies.
And this domain
Of artistry
Has ample room
For hope and dreams
And spreading wings
And lilting song,
To make the day
Eternal dawn.

—W. P. KING



FUTURE HOMEMAKERS

★ North Carolina Association ★

Remember—June 1

Everyone knows that the 1962-63 school year is rapidly drawing to a close. This not only means working with plans for the Junior-Senior Banquet and compiling final records, but also filling out the FHA annual report and mailing it to the State office by June 1.

"Helping and Understanding the Senior Citizens in the Community" and *"Strengthening Our Present and Future Roles Through Education"* has been the two objectives on which we have planned programs this year. It is time for you, the chapter adviser, to call a meeting of your executive council and set up an evaluation form for chapter members to use in determining how much has been accomplished; which programs and activities have been the most meaningful, and why these programs have been outstanding and project what the program of work for next year should include.

A strong FHA program in any school must have a strong foundation upon which to build. This includes not only an interested, energetic adviser, but also officers who know the objectives for im-

proving personal, family and community living through FHA. Mind you, neither advisers nor officers can support a strong FHA, which does not also include members who are willing to think and work on projects and activities outlined in the chapter program of work.

Two annual report forms were included with the September issue of the FUTURE HOMEMAKER magazine. These forms suggest a general plan for submitting an evaluation of chapter activities. Arrange a meeting with the officers and committee chairmen to review these report forms and compile data to interpret your program. Mail a copy of your findings to the State office by the deadline—June 1.

ERNESTINE FRAZIER,
FHA State Adviser

OUR COVER: FHA member Ellen Luscher visits honorary member Mrs. Winnie Laughridge. The Shelby chapter is especially interested in helping the city's senior citizens. FHA concentrates on helping its members learn what democratic family living is and the importance of a healthy home atmosphere.

NORTH CAROLINA ASSOCIATION OF FUTURE HOMEMAKERS OF AMERICA

State Officers 1962-1963

President—Ruth Guin, Stedman III
Vice-President—Judy Faye Smith, B. F. Grady II
Secretary—Mary Catherine Joyner, West Edgecombe I
Treasurer—Sandra Pendergrast, Clyde A. Erwin VIII
Historian—Kathy Bean, North Davidson V
Reporter—Brenda Templeton, Union Grove VII
Parliamentarian—Jackie Greene, Shelby Sr. VI
Recreation Leader—Judy Horton, Bailey IV

District Advisers 1962-1963

Mrs. Margaret S. Freeman, Ahoskie I
Miss Emma Lois Stephens, Elm City II
Mrs. Myrtle D. Stogner, Hamlet III
Mrs. Nancy W. Darden, Durham Sr. IV
Mrs. Margie S. Eller, Walkertown V
Mrs. Harriette Holton, Shelby Sr. VI
Mrs. Arlene S. Patterson, East Surry VII
Miss Barbara Ann Wise, Enka VIII

State Adviser

Mrs. Ernestine H. Frazier

STATE DEPARTMENT OF PUBLIC INSTRUCTION
Division of Vocational Education
Raleigh, North Carolina

1962-63 Affiliated FHA Chapters in the North Carolina Association

434 chapters—27,454 members

Elm City Future Homemakers Adopt “Helping the Aging” Project

BY DENE BOTTOMS
Elm City Chapter

Barbara Joyner a freshman enrolled in home economics in the Elm City School, has found that the North Carolina Future Homemakers of America projects can be carried out effectively in home experiences. As a home experience Barbara chose the State project “Understanding and Helping the Aging in Our Community” because she is interested in helping people and progressing in her Chapter Homemaker Degree in which she must have a community and family relations home experience.

Before making her plans, she visited the Friendly Elm Nursing Home and talked with the head nurse about ways in which she could help the patients. She also discussed her plans with her home economics teacher and FHA adviser. Following her conferences, Barbara put the ideas she had formed into a plan and then began carrying them out.

On each Wednesday and Saturday, Barbara would spend two or more hours at the busiest time at the Nursing Home. Some of the duties she assumed were giving medicine to patients, giving them manicures, helping them to various places in the home, changing bed linen, putting bed linen and other things in their proper places, helping the patients with meals, and most important keeping the patients company. Through conversing with them Barbara could keep them interested in many things that were happening in the world beyond their contact. She was also there to listen to them recall things they had done in years past. Barbara became a link between yesterday and the modern world of today. Who could have carried out such an experience more successfully than a Future Homemaker?

Barbara enlisted the aid of other FHA'ers in the chapter in January and gave a birthday party for the people at the rest home with birthdays in January. All patients capable of enjoying the gala event attended. The girls presented corsages

to the ladies and boutonniere to the men. Each patient was presented a namecard in the shape of the FHA emblem. Refreshments, made by the members consisted of a beautiful red and white decorated birthday cake and punch.

Each patient looked upon Barbara and the other girls as a ray of sunshine and youth. The people of the rest home are assured that Barbara gained from her experience because she put much work and thought into it.



Are Senior Citizens Included in *Your* Summer Plans?

The national concern for many years to improve health standards and prolong life has resulted in an increasing number of senior citizens. Senior citizens frequently experience loneliness, ill health and are confined to the home, hospital or homes specially designed for the aging.

This year the North Carolina Association of Future Homemakers adopted as one of its' objectives to help senior citizens in the community. Many chapters have reported regular visits to hospitals, homes for the aging and visits by the senior citizens to home economics departments for meals. This thoughtfulness by FHA'ers has been appreciated and brought bright moments in the lives of senior citizens all across the state.

The approaching summer vacation season affords us with an excellent opportunity to continue to meet some of the needs of senior citizens. Our home economics train-

ing can be invaluable assistance as we seek ways to help these citizens.

Our understanding of human relationships, nutrition, home management and clothing construction can be put into immediate action.

Listed below are some suggestions for summer projects:

Pay regular visits to the homes of senior citizens.

Select appropriate books, newspapers, magazines or records to share.

Make attractive flower arrangements to share with your friends.

Accompany senior citizens on shopping trips.

Share gardening chores.

Make curtains or simple garments for elder citizens.

Plan sight-seeing tours.

Help can and freeze home-grown vegetables and fruits.

Share hobbies and interests.

Invite senior citizens to a cook-out with your family as hostess.

Please Come to Our Party . . .

BY DAPHNE CORBETT
Atkinson Chapter

"Who me? You really want me to go to a party with you?" This remark was one frequently heard by members of our chapter as we extended invitations to the senior citizens in our community to attend a Christmas party.

Aging does not necessarily mean a loss of interest in the things around us, a loss of a sense of humor, or even a loss of appreciating and enjoying the youth in the neighborhood. Rather our experiences this year have led us to believe that senior citizens are a real asset in any community. We may even say that they are the stabilizing forces within our society.

In our program of visitation we found that the primary interests of this group of people included sewing, cooking, horticulture, gardening, reading, watching TV, churchwork, collecting antiques and thinking about their favorite animals.

Enjoying Our Senior Citizens

BY LINDA WALLACE
Benson Chapter

When I read the State Program of Work while making plans to earn my State Homemaker Degree, I was very surprised and happy to find that one of the objectives was to help senior citizens in the community.

One of my best elderly friends is Mrs. Mollie Benson. Although Mrs. Benson is in her "golden years," she is a wonderful person to know. Because Mrs. Benson does not have good sight, I often read passages from the Bible to her. It was always a pleasure to help with the chores of housecleaning, too. The thing that we enjoyed most was just having a good, long conversation. I like to talk with her because she is a wonderful conversationalist and can give sound advice based on eighty years of experience.

Never have I had a more rewarding project for I was able to put a little "sunshine" in the lives of my senior citizen friends.

You know, these are the same interests we have!

At our "Senior Citizens Party" entertainment was planned for their enjoyment. Prizes were awarded to the oldest person present, to the one with the most children, to the one with the most grandchildren and even to the couple who had been married the longest length of time. Fifty-two senior citizens and members attended this party, and it would be our guess that it will become a traditional function.

During the year each FHA'er wrote a paper on "Grandmother — What She Means to Me." A special committee reviewed these papers and selected two grandmothers in each homemaking class. During Na-

tional FHA Week we prepared boxes of cake, cookies and mints wrapped in white paper tied with a red bow, and delivered them to the two grandmothers selected in each class.

The following letter is one we received from a grandmother in appreciation for the food:

Atkinson, N. C.
April 8, 1963

Dear FHA'ers of Atkinson High School:

You are most thoughtful, kind and generous to remember us grandmothers so beautifully this Easter season. And as one of those fortunate ones, I want to thank you for the lovely box of delicious cookies, cake, and candy Sylvia brought me on Friday afternoon. I enjoyed and appreciated very much the good food you prepared for me.

May each of you continue to work and reach the goal you most desire in life.

Sincerely,

ANNIE FAYE SHAW



Linda Wallace enjoys reading to Mrs. Mollie Benson.



Phyllis Allen helps a senior citizen, Mrs. Thad Barbour, in her grocery store.

The Value of . . .

Education for Employment

The days when girls are either a homemaker or work outside the home are a thing of the past. Today statistics indicate that 8 or 9 women out of every ten women will work outside the home at some time in their life.

According to Mrs. Esther Peterson, United States Department of Labor, married women account for more than fifty per cent of all women workers. If you think just women without children work this is a fallacy, for about two out of every five working mothers have children of pre-school age.

Economic necessity is given by most women as the reason for working outside the home. Many households are supported entirely from the income earned by the wife and mother. Rising standards of living, which includes modern homes and equipment, education for the children beyond high school, and longer life span are all contributing to the need for women to seek remunerative occupations outside the home.

The Bureau of the Census has

* What's An Education Worth? *Changing Times* 16, No. 11 (Nov., 1962), p. 32.

estimated lifetime incomes for men with different amounts of formal education:*

1 to 3 years of high school	\$211,193
4 years of high school	\$257,557
1 to 3 years of college	\$315,504
4 years of college	\$435,242

During the child-bearing and child - rearing years, a married woman is generally non - gainfully employed as homemaker and mother. For this reason women would probably not have the same level of lifetime income as men, but it is believed that the general range of income with formal education would be quite similar.

Girls who drop out of high school after reaching the legal age of sixteen must either accept a low paying job or become one in the ranks of the unemployed. Without proper education and training the girl finds herself in a position of bargaining for job opportunities when she has little to offer.

Dropping out of school makes more difference in the kinds of occupations for women than for men. Even 90 per cent of all clerks in the 5 and 10 cent store have a high school education. Women dropouts are more likely to be factory or service workers — occupations characterized by low salary, poor working conditions and lack of advancement.

It is becoming increasingly essential for the girl to take her home economics education seriously. Not only are new occupations becoming available for the girl with home-making skills, but also these skills will be most important as dual roles of mother and wage earner are assumed.

To assume dual roles the woman must be able to manage her time, energy and resources wisely. This is essential for the woman to find time to pursue her personal interests and responsibilities as well as those of her family.

Spending the family income wisely; providing food, clothing and shelter; and keeping the family well and happy will still be important roles for the mother. The scope of this responsibility is broad and requires educated women.

Take a second look at the census figures and plan your future so that you will be equipped for whatever comes along. Undoubtedly this includes getting the best possible education.

Throughout the year various agencies such as Civil Defense, Governor's Committee on Aging and the Youth Fitness Commission have called your State FHA Office to determine what FHA'ers in this State are doing for these respective programs. Future Homemakers and chapter advisers often request materials to help with programs for chapter meetings, rallies, banquets and P.T.A. meetings. Your chapter annual reports serve as the best sources for this information.

In planning the content of each issue of this magazine reports are reviewed. When interesting descriptions of activities relate to the emphases for the issue, a news story is written. The *Chapter Chatter* section often includes descriptions of many projects as stated in the annual report.

ANNUAL REPORTS

Don't Gather Dust

When planning a district or State rally the report is a useful resource. Frequently a statement about a meaningful program, or a talented FHA'er will give the cue for an effective rally program.

Information from the 1961-1962

annual reports was compiled for use in interpreting the State Program of Work to the Executive Council and the National FHA office. Over fifty per cent of the reports last year indicated a need by chapters to receive more program materials to include devotions, skits and suggestions for carrying out the State Program of Work. The Executive Council compiled a State Program of Work which included objectives, projects, activities and additional resources. Each chapter has received a variety of materials. Among these scripts was "A Backward Glance," which from all reports has been an invaluable aid in promoting the objective — "Strengthening My Education for Future Roles."

Annual reports don't gather dust, but are one of our most valuable resources.

CONVENTION HIGHLIGHTS

ordered from Mr. L. Altan Daniels, 1618 Sunrise Avenue, Raleigh, N. C. Include each picture by June 1. 1. Smithfield chapter encourages members to read 2. Shelby FHA'ers advise chapters to sponsor delegates to the National meeting summer. 3. 1963-64 State Officers: Miss Judy Faye Smith, President; Miss Sand dent; Miss Mary Jane Dillingham, Secretary; Miss Judy Harris, Treasurer; Miss parter; Miss Ann Newlin, Parliamentarian, Miss Jenny Taltan, Historian; and Mi Recreation Leader. 4. Members of the Camp Lejeune Marine Band present colors. 5. State Homemaker Degrees are conferred to 217 FHA'ers. 6. Marine Band pre 7. North Carolina's nominee for National office is Elaine Gibsan, Madison-Moyoc Matthews chapter present registration report. 9. FHA'ers quenched their thirst w Am An American" was topic of speech given by Sophia Svestka. 11. Business of really boomed. 12. Miss Ruth Jewell, music consultant, State Dept. of Public In singing. 13. Chapter advisers register delegates and delegates pin name tags. 14. honorary member, chats with FHA'ers from the John A. Wilkinsan Chapter. 15. were conferred on Mr. L. Y. Ballentine, State Commissioner of Agriculture; Mrs. lator from Wayne Ca.; Mr. Guy B. Phillips, State Board of Education; and Miss sistant State Supervisor, Home Economics Education. 16. 6,243 FHA'ers, advise into the Dorton Arena. 17. Seven candidates ran for national office.



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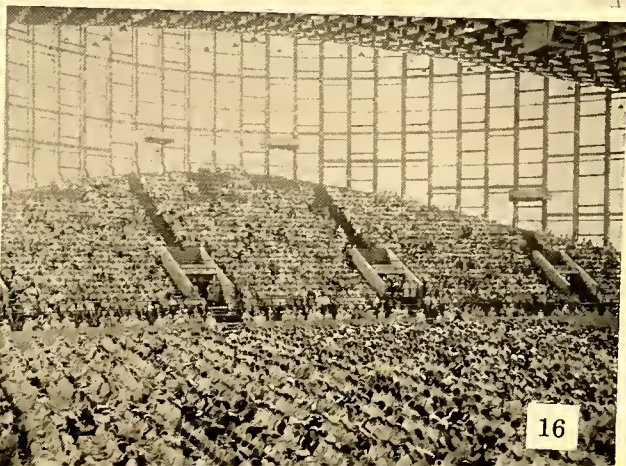


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for Leisure-Time Activities

When Mrs. Frazier asked me to write a short article about crafts for FUTURE HOMEMAKERS I could picture you giving it a quick glance and passing it over with—"Why, that's for young campers or oldsters!" And sadly enough that has been true to a very great extent—the homemakers-to-be have been taught how to select materials for clothing projects but little about the history or skill of weaving materials; how to determine color schemes for clothing and home decorations but little concerning the development and use of dyes from natural materials to the present chemical dyes; how to furnish the home but comparatively little about the qualities and true beauty of natural woods! So I could go on and on making a plea for our Future Homemakers to experience the creative satisfactions which come from the mature, practical, as well as artistic approach to the world of handicrafts.

The young people of North Carolina have a very rich heritage of craft skills as shown in Mr. Allen Eaton's fascinating book "Handicrafts of the Southern Highlands" published in 1937 by The Russell Sage Foundation—now, I believe is out of print but can be secured by your local library.

The households were busy with carding, spinning and dyeing the yarns before the cloth was woven. Their dyes came from tree barks, berries, grasses, walnut hulls, indigo and madder gathered by members of the family. The looms were made by the menfolk and showed great ingenuity in use of materials and construction. The spinning wheels were beautiful beside the fireplace and the rhythmic whirring sound added to the atmosphere of industry and achievement in those humble homes of earlier days. No wonder the family ties were so strong—every-

By GRACE WILSON
Beaufort, N. C.

(Miss Wilson is formerly an elementary supervisor in Carteret County.)

one from young to old had a share in making life abundant.

True, young people today would not think of living as those folks did but what beauty, individuality, to say nothing of the creativeness and thriftiness they could express in their homes by using some of the skills

popular by Queen Anne, brought to the colonies and has recently become popular with interior decorators as well as needle-women. A linen twill is used as a background for the crewel embroidery and the results are extremely pleasing when the traditional designs are used and crewels skillfully blended.

How smart of a young man to learn how to use his penknife and chisels to fashion things for the home! The wooden spoons, trays, bread boards, bowls, decorative animals are just a few of the additions he could make to his home.

Finally, if it is possible to use the facilities of a craft center where you can do some ceramic work, the possibilities for additional things of beauty for your home are legion — make the tiles for your fireplace and a lovely jar or bowl for the hearth or mantel; of course, a set of ash trays for your living room and perhaps, if you are very ambitious, ceramic place settings would be conversation pieces!

Many of our cities have craft centers where classes are



which their forebears bequeathed to them.

First of all, young weavers could plan and make draperies, place mats, rugs, runners made of grasses, pine straw or corn husk and if they are fortunate in having a loom large enough, they could weave beautiful coverlets or wall hangings.

Then hooked rugs could be delightful made with designs, colors and materials in keeping with the general plan of the home. Begin now to keep your woolen skirts, suits and dresses for the rugs which very likely will be cherished by posterity!

If any Future Homemakers like to work with color, I am certain they would love to make pillow tops, wall hangings, runners or bags using the crewel embroidery. This was made

held in these various fields; colleges have courses in some crafts and we are very fortunate in having internationally known craft schools here in North Carolina — The John C. Campbell Folk School at Brasstown, N. C. and Penland School of Handicrafts at Penland, N. C. Information concerning courses and fees may be secured directly from the schools.

Since it is impossible to elaborate on the various crafts, I am glad to share some references which have been valuable to me.

Weaving:

Handweaver and Craftsman Quarterly magazine, 246 Fifth Ave., New York 1, N. Y. \$5.00 per year. Excellent articles as well as places to secure looms and

(Continued on page 8)

Youthpower Project

BY KAY PARKER
Zeb Vance Chapter

It was a very exciting day for me when I received the letter advising me that I had been selected as North Carolina's official delegate to the National Youthpower Congress in Chicago.

Youthpower is a nationwide educational program designed to give high school students a better understanding of nutrition and good



eating habits. It provides additional opportunity to learn about the vital importance of food for everyday living, and the many opportunities in food related careers.

The North Carolina Youthpower Program is sponsored by the Farm Bureau. All organized youth groups in the State are invited to participate in the program.

Last fall application forms were distributed to all FHA chapters. In order to apply members were requested to plan and carry out a project in their family, school or community dealing with improving nutrition. Upon completion of the project, the applications were returned to the FHA office to be reviewed.

My most rewarding experience was preparing lunch box menus featuring appetizing and nutritious food. I experimented with foods not usually included in lunchboxes and discovered new ways of preserving their freshness.

The Palmer House was the site for the Youthpower Congress. Twenty-one States were represented by two hundred and ten delegates. Outstanding people representing agriculture and related business, retailing and distribution, professional food careers, processing and manufacturing were speakers or leaders for workshops. All of the workshops were organized for small groups and individual participation.

Surveys indicate that at least fifty per cent of the American people have poor dietary habits. A large percentage of the twenty-one million teenagers in our nation eat an inadequate breakfast. These facts are astounding for the average homemaker makes her selection of food for the family in a grocery store stocked with approximately 2,-200 varieties of food.

Research studies on adolescent nutrition indicate that the teenage girl obtains insufficient iron, calcium, protein, and vitamins B and C. Emotional needs and strains frequently preclude nutritional needs at this age. Adolescents are more prone to change their eating habits if decisions are made by the group, rather than by individual pressure. The food industry knows how to present attractive foods, but teenagers need more basic knowledge concerning food and nutrition.

Looking for Something To Do This Summer?

How are you going to spend your summer vacation? Talking on the telephone, dating and just "having fun?" Doubtless the whirl of social activity may become a bit tiring for many of you and you'd like to find a new hobby and be creative.

You may find a wonderful leisure time activity in the recreation center right in your own community! In addition to organized recreational activities many centers provide classes in arts and crafts.

Competent craftsmen and artists are employed to teach these classes. In most of the centers instruction is free but the student is required to pay the cost of supplies.

Contact the recreation department in your community and learn what types of classes are offered this summer.

The North Carolina Recreation Commission compiled the following list of recreation departments in which arts and crafts is a part of the program.

Asheville, Burlington, Charlotte, Concord, Durham, Fayetteville, Goldsboro, Greensboro, Hickory, High Point, Kingston, New Bern, Raleigh, Roanoke Rapids, Rocky Mount, Salisbury, Statesville, Wilson, Winston-Salem.

A Miracle Will Happen

BY SHARON McDONALD
Pinehurst Chapter

Have you ever watched a stream glide lazily along its way? The stream is not always so slow of course. Like the people of today the stream rushes through many places in its bed but it always comes to a quiet pool to rest.

We live in a world ruled by time. There is a time for this and a time for that. Time! Time! Today there



is so much to do, and so little time to do it in. It doesn't have to be this way though. How easy it would be just to stop for a moment and gaze around at our beautiful world. These little moments would add up to years of peace.

Once on television a Chinese picture was shown. It showed a man in a raft with his ear held close to the water. It wasn't such a remarkable picture, but from it came a remarkable thing. The man showing this picture stated that the man on the raft was not thinking of worthless ideas, or even of great truths. The man was listening. Many times we only half hear the sounds around us. Who knows what could be learned from complete listening.

We all need moments alone. We need to take these moments and forget all our dreams and cares and become one with the world. After times spent like this we might be able to more easily become one with our fellowman.

The **Asheboro Chapter** of the Future Homemakers of America has really been busy this year. The new year began with a reception for teachers on the first day of school.

Our girls really enjoyed the District V Rally. It gave us several ideas which we carried out including having secret Grandmothers. This is a way of doing a good deed by selecting an elderly lady and doing something for her each week. The lady doesn't know who her friend is until later when a party is given to reveal the identity of the girl.

For our Christmas project this year we made candy and distributed it to the teachers. We also brought gifts which one of our committees took to a nursing home for the aged. The committee reported that the patients enjoyed the FHA'ers visit very much.

We have also started a new FHA Girl-of-the-Month program. To be eligible for the award, a member must help someone in her community and help her family. Each Girl-of-the-Month Candidate must write a report of her activities. The reports are studied and judged by people outside of the FHA. The winner gets her picture in the school paper and the local paper.

The **Asheboro Chapter** also helped the Lions Club with the March of Dimes this year. We did this because we felt it was our duty to fight against the crippling disease of polio, and for the other work of March of Dimes.

During FHA Week we had a dance party, an assembly program, and we used the bulletin boards for FHA and school announcements.

A Mother-Daughter Banquet was the last big event of our year.

The **Beulaville FHA** girls had their busiest season in December with the cracking of nuts and the cutting of fruits. These young homemakers completed beautiful miniature fruit cakes for the Duplin General Hospital and the Whaley Boarding Home for the Aged in Kenansville.

Candies were also made and packed for others in the Beulaville School District.

The students derived much enjoyment from this project, and those who benefitted as a result of their generosity and culinary arts were very pleased with the delicious sweets.

In December, the **Celesta Henkel Chapter**, went to the Glenn Lee Home for the aged, to decorate a Christmas tree. To do this, each member was requested to make a decoration and we had more decorations than we needed. We sang Christmas carols and old hymns which the senior citizens requested.

Before leaving, we presented each person with a candy Santa Claus, which was made of Peppermint stick candy, covered with net and a little red bow tied at the end. The face was made of cotton with a hat made of red construction paper.

An illustrated talk on Japan by Robert Bruce was a fitting climax to the Mother-Daughter Banquet given by the **Farmville Chapter**. Far Eastern culture motivated the program and decorations in minute detail to tie in with the club objective of "Getting to know your neighbor at home and abroad."

Chapter Chatter

FHA hostesses and honored guests gathered at the home economics cottage for appetizers, after which they were invited to the lunchroom for the main event. An oriental garden had been created by colorful and extensive arrangements to provide the appropriate atmosphere. Hanging lanterns, gay umbrellas, wall prints, a center fountain and table favors highlighted the decoration. The club colors of red and white blended well with the motif.

Chopsticks were at each place and were used in a rice eating contest, won by Mrs. Wilbur Avery and her daughter, Janice. Four members of the Future Farmers of America dressed as coolies served the dinner.

Mr. Bruce, a member of the high school faculty, showed beautiful color slides of scenes taken while serving in Japan with the U. S. Army a number of years ago, and reported interesting observations made regarding the life of the people of that country. Mount Fujiyama, snow capped the year around, figured prominently in the pictures as it does in the Japanese culture. The ex-soldier told of going to the orient in 1954 and spending about 17 months in Japan. Rice and fish constitute the main sources of food for these island people, it was stated. Houses are similar in appearance to one another and are kept very clean. Buddhism is the dominant religion and resembles Christianity Temples and shrines to Buddha are numerous.

In a family group, the man would customarily walk ahead of the wife who may be carrying more than one child. This custom and the style of dress is being influenced by western habits. Mr. Bruce described Japan as a beautiful country and recommended it as a place to visit.

Is the degree program in your FHA dead or is it alive with enthusiasm? We at **Garner High** are happy to say that our degree program is very much alive. The main reason for our interest and enthusiasm is our "Big Sister" Degree Program that we began this year. We have surpassed other years with our record of 52 girls who have filed intentions for their Junior Homemaker Degree, 8 girls who have filed intentions for their Chapter Homemaker Degree, and 2 girls who have filed intentions for their State Homemaker Degree. We wish you would try our formula for an enthusiastic degree program and watch your degree work get on it's feet. Our formula is:

$$\text{IAP} + \text{DC} + \text{FHAM} + \text{DB} = \text{EDP}$$

(Interested and Active Parliamentarian plus Degree Committee plus FHA members plus Degree Books equals Excellent Degree Program.)

Our Parliamentarian began the year by selecting a girl from each grade in high school to serve on the degree committee. She chose girls who were interested in working on a degree or who had already earned a degree. They un-

derstood the degrees and the work it required to earn them.

It was decided that the intentions for the Junior and Chapter Degrees would be due on November fifteenth, the same as the State Degrees.

The next step was to list the names of all of the girls who had already earned a degree and were willing to help with the new degree program. Then, each of these girls became a "Big Sister" to two girls who were beginning work on a degree. The big sister met with the little sisters and explained to them how to fill in their degree books. Two weeks after mid-term exams, all degree books were collected by the big sisters. Each girl was to have completed her plans and passed the degree books on to the Degree Committee who also evaluated the girl's work. The Parliamentarian then went through each book and evaluated them herself. We believe that if an FHA'er has good plans she will have a good degree.

Several times in the following three months each big sister met with her little sister and worked with her on her degree.

Degrees are awarded each year at our annual Mother-Daughter Banquet. We have our hopes high for an interesting degree presentation with all of the girls who have filed for a degree getting one.

Our Big Sister degree program is

Something new;

We gave it a try—why don't you!

In December the **Lee Woodard FHA Chapter** had a combined Christmas Party with the Future Farmers of America chapter in the school cafeteria. Dancing in the early evening was followed by a talent show by sophomore and junior girls. Junior girls did the "Hula" to the song, "Island of Love" as recorded by Elvis Presley. The sophomore girls did a Western number and others. Group singing, more dancing, and refreshments were enjoyed by FHA members and their guests.

At Christmas this year, the chapter packed cheer baskets. Different members delivered them to shut-ins and needy families in our community.

The **Madison-Mayodan Chapter** observed National FHA Week in the following ways:

Sunday — *Church Day*: Went to church as a group.

Monday — *Publicity Day*: This was our *kickoff* day. We launched a big campaign. Starting with the teachers of our school. We did something for the teachers each day. We prepared daily activities announcements each day on the local radio. It was published in our local newspaper.

Tuesday — *No Gripe Day*: All FHA'ers were urged to count to ten before griping about something.

Wednesday — *Clean-up Day*: We helped the faculty prepare for the coming of the Southern Association Committee to evaluate our school for admission to the Southern Association.

Thursday—*School Appreciation Day*: We welcomed all the members of the Southern Association committee. We urged the students to be on their best behavior for this committee.

Friday — *Self - Improvement Day*:

☆ Happy FHA'ers Receive State Homemaker Degrees ☆

District I

Bath Chapter: Carolyn Faye Cutler, Linda Gaylord, Carolyn Lilley, Glendia Wallace, Thelma Wallace, Jannie Woolard. *West Edgcombe Chapter:* Sandra Brake, Helen Stein, Carol Sumerlin, Marcia Turner, Nancy Williams. *Aurelian Springs Chapter:* Alice Lucas. *East Hyde Chapter:* Ruth Anne Jolly. *Jamesville Chapter:* Gwendolyn Mae Blount. *Conway Chapter:* June Tyler. *Chicod Chapter:* Linda Gray Coward. *Grimesland Chapter:* Nelda Hudson. *Junius H. Rose Chapter:* Brenda L. Thigpen. *Stokes-Pactolus Chapter:* Margaret Lee. *Creswell Chapter:* Edith Oliver.

District II

Havelock Chapter: Mary Ann Hall. *B. F. Grady Chapter:* Beverly Brady, Judy Smith, Tennelia Smith, Peggy Tyndall. *Beulaville Chapter:* Linda Kay Kennedy, Tiny Maready, Carol Ann Quinn. *Chinquapin Chapter:* Linda Rose Cavanaugh, Connie Sloan. *James Kenan Chapter:* Judy Hill, Brenda Carol Sullivan, Mary Alice Thomas, Nellie Gray Tucker. *Greene Central Chapter:* Mary Roberson. *Jones Central Chapter:* Ann Jarman, Jasmine Jones, Jo Ann Smith. *Contentnea Chapter:* Sue Carraway, Shirley Daniel, Alice Faulkner, Jeannette Hinson, Carolyn Lea Hollis. *Pink Hill Chapter:* Sandra Smith. *Southwood Chapter:* Kay Rivenbark, Linda Carol Smith. *Burgaw Chapter:* Cheryl McNeill. *Brogden Chapter:* Susan Carr, Kay Daughtry, Dudie Smith, Josephine Wiggins. *Charles B. Aycock Chapter:* Grace Sasser, Jane Sasser, Patsy L. Strickland. *Grantham Chapter:* Peggy E. Altman, Judy Cotton, Dixie Ruth Flowers. *Mount Olive Chapter:* Johnnie R. Whitman, Rebecca Ann Britt, Gayle Williams. *Eln City Chapter:* Kay Durham. *Lee Woodard Chapter:* Velma Aycock, Helen Ruth Barnes, Doris C. Bass, Shirley Ann Braswell, Bobbie Lee Davis, Rebecca Ann Davis, Alice Lucas, Lois Reason. *Lucama Chapter:* Jeanette Lamm, Catherine Moringo, Judy Scott, Marilyn Watson. *Rock Ridge Chapter:* Gloria Daphne Deans.

District III

Bladenboro Chapter: Nancy Burney, Sarah Elam, Phyllis Hester, Brenda Johnson. *Clarkton Chapter:* Judy Ellis, Patsy Evans. *Elizabethtown Chapter:* Dottie Adams, Linda Daniel. *Tabor City Chapter:* Martha Wright. *Whiteville Chapter:* Sandra Clifton, Ann Davis. *Williams Chapter:* Linda Duncan, Peggy Faye Hardie, Sonja Todd, Glenda Williams, Sandra Wright. *Central Chapter:* Jean Barnes, Mary Davis. *Stedman Chapter:* Marilyn Autry, Bobbie Lee Beard, Kathy Bulla, Loretta Jean Flannigan, Linda Hall, Judy Frances Horne. *Cameron Chapter:* Darlene Cole. *Elise Chapter:* Linda Jane Maness. *Barnesville Chapter:* Ann Leggett, Faye Walters. *Red Springs Chapter:* Marilyn McGoogan.

District IV

South Granville Chapter: Betty Dennis, Linda May. *Boone Trail Chapter:* Faye Cameron, Carol Gentry. *Dunn Chapter:*

Janet Kirby. *Lillington Chapter:* Sandra Cannady, Peggy McNeill, Brenda Milton, Jo Ann Temple, Patricia Yow. *Benson Chapter:* Phyllis Allen, Barbara Ann Byrd, Linda Ann Wallace. *Corinth-Holders Chapter:* Carole Boykin, Margaret Creech, Jeannine Green, Nellie Rose Johnson, Daphne Wilson. *Four Oaks Chapter:* Blenda Boyette, Peggy Massengill, Julia Thomas. *Kenly Chapter:* Martha Anne Long. *Smithfield Chapter:* Jenny Hill, Kay Jones, Jenny Olive. *Sanford Central Chapter:* Mary Woodley. *Middlesex Chapter:* Doris Lancaster. *Benvenue Chapter:* Carolyn Blackwell, Carol Elizabeth Boseman, Cathy Bucknam, Judy Hayes, Patricia Owens, Margaret Suiter, Valoria Todd, Mae Walker. *Henderson Chapter:* Carolyn Riggsbee. *Cary Chapter:* Patricia Ann Boyd, Nancy Stephens, Kathy Woodall. *Garner Chapter:* Pat Johnson, Charlotte Watson. *John Graham Chapter:* Becky Ellis, Joan Short, Joyce Weaver. *Norlina Chapter:* Dinah Clarke.

District V

Bartlett Yancey Chapter: Barbara Gunn, Mary Vernon. *East Forsyth Chapter:* Bonnie Fesperman, Nevel Johnson. *Southwest Chapter:* Leona Carol Binkley, Janet Hunter, Joyce Shields, Carol Stilley, Patricia Anne Milhous. *Asheboro Chapter:* Wanda Flenniken. *Franklinville Chapter:* Janice Carter, Ruth King, Jane Nance, Phorbe Collicutt. *Grays Chapel Chapter:* Julia Anderson, Martha Sue Fields. *Liberty Chapter:* Ann Newlin, Sandra Wrenn, Janet Reynolds. *Ramseur Chapter:* Gwyn Pell. *Seagrove Chapter:* Emma Sue Cole, Wanda Cole, Genevieve Hoover, Anna Garner, Sharon Graves, Glenda Johnson, Frances Loflin, Nancy Lucas, Julia Maness, Evelyn Marley, Norma McCaskill, Linda McNeill, Ann Richardson, Marilyn Trogon, Brenda Sue Vancannon. *Madison-Mayodan Chapter:* Karen Susan McCollum, Elaine Via.

District VI

W. R. Odell Chapter: Linda J. Sills. *Shelby Chapter:* Beth McBrayer, Lynda Williams. *East Mecklenburg Chapter:* Carole Coyle. *North Mecklenburg Chapter:* Jane Bates. *West Stanly Chapter:* Glendel Huneycutt.

District VII

Harmony Chapter: Linda Brown, Roberta Sue Kinder, Glennie Overman, Ruth Vanstory. *North Surry Chapter:* Betty Lou Evans, Brenda J. Marion. *East Wilkes Chapter:* Jane Flynn, Rebecca Sparks, Ann Waddell, Kathy Wikle.

District VIII

Enka Chapter: Margaret Jones. *Lee H. Edwards Chapter:* Sandi Duncan. *North Buncombe Chapter:* Ann Kirby, Rosie Wilburn, Elizabeth Wilson. *Salem Chapter:* Janice Poteat. *East Henderson Chapter:* Peggy Newman. *West Henderson Chapter:* Dewena Fowler, Frances Gash, Linda Scarborough. *Judith Ann Sweeney. Rutherfordton-Spindale Chapter:* Cheryl Coffey, Linda Dick, Susan Eskridge, Mary Alice Huss, Mary Carole Walker.

Each girl was urged to improve a quality about herself. We gave an assembly program for the student body on FHA and School Spirit.

Saturday — *Community and Family Day:* Each girl planned a surprise event for her family or helped to promote a community project.

The **North Buncombe Chapter** held a Sweetheart Prom on February 2. Club members and their dates, faculty members and their husbands and wives and a few special guest attended.

An election was held at one of the regular meeting to elect a queen and her court. The principal of the school crowned Hattie Jo Arrowood as Sweetheart Queen. Members of the court were: Mary Jane Dillingham, Pat Hensley, Wanda Hawkins, Nancy Pike, Laura Sheeford and Ann Kirby.

FOR LEISURE-TIME

(Continued from page 6)

weaving materials.

American Fabrics Magazine, 24 East 38th St., New York City. Number 59 winter issue 1962 has an outstanding article on the history of weaving.

New Key to Weaving, Mary E. Black, 1957, The Bruce Publ. Co.

Hooking:

You Can Hook Rugs, Pearl K. McGown 1951, West Boylston, Mass.

Vegetable Dyes:

The Katherine Pettit Book of Vegetable Dyes, Wilmer Stone Viner and H. E. Scrope Viner, Saluda, N. C. The Excelsior Printers 1946.

Vegetable Dyeing, Mrs. Emma Couley, Penland School of Handicrafts, Inc., Penland, N. C.

Whittling and Woodcarving:

Whittling and Woodcarving, E. J. Tanagerman, McGraw-Hill Book Co., New York.

General Books on Handicrafts:

Handbook of Crafts, Fawcett Book 152, Fawcett Publishing Co., Greenwich, Conn.

Complete Book of Handicrafts, Ruth Zechlin 1959, Branford, Boston 59, Mass.

Handicraft, Lester Griswold, Prentice-Hall.

Stitchery:

Encyclopedia of Needlework, Revised Edition, Th. De Dillmont (Obtainable from principal booksellers and Needlework Shops.)

May these few seed fall in some fertile soil!

Caroline Says:

Never use a charcoal grill or hibachi indoors without adequate ventilation. Burning charcoal gives off almost pure carbon monoxide, and the deadly gas can reach a dangerous level in a short time.

Don't light a match while using a hair spray. Some of the sprays are highly flammable.

Keep talcum powder containers out of the reach of young children. If inhaled, the powder can cause death.



AS YOU GO

As you travel along in your daily toil
Keep love in your heart—in your eyes a smile.
Give a word of cheer to those who are blue,
A warm handclasp will help some, too;
A wave of the hand, a cheery “Good day”
To those you may meet, or pass by the way—
As you travel along.

Start in the day with a word of prayer,
As the birds trill their notes to the morning air.
Let your prayer be to God, like their songs to
Heaven,
Thankful for life and the blessings given;
Thinking those thoughts that are right and good,
Doing those deeds that you feel you should—
As you travel along.

Anon.

